DISEASE IS DUE TO BAD BLOOD

To Cure Common Ailments the Blood Must be Made Rich and Red.

Nearly all the diseases that afflict humanity are caused by bad blood—weak, watery blood—poisoned by impurities. Bad blood is the cause of headaches and backaches, lumbago and rheumatism; debility and indigestion, neuralgia and other nerve troubles, and disfiguring skin diseases like eczema and salt rheum show how impure the blood actually is. No use trying a different remedy for each disease, because they all spring from the one cause—bad bood. To cure any of these troubles you must get right down to the root of the trouble in the blood, and that is just what Dr. Williams' Pink Pills do. They make new, rich blood and thus cure these diseases when common medicine fails. Mrs. John Jackson, Woodstock, Ont., suffered from both nervous troubles and a run-down condition and experienced a complete cure through the use of Dr. Williams' Pink Pills. She says: "I was a sufferer for a number of years from neuralgia, and a general debility of the nerves and system. I had tried several doctors and many medicines, but to no avail until I began Dr. Williams' Pink Pills. At the time I began the Pills I had grown so bad that I could hardly be on my feet, and was forced to wear elastic bandages about the ankles. The pain I suffered at times from the neuralgia was terrible. I had almost given up hope when I began the use of Dr. Williams' Pink Pills. In the course of a few weeks I felt an improvement, and I gladly continued the use of the Pills until I was once more quite well and able to attend to all my household duties."

If you are ailing begin to cure yourself to-day with Dr. Williams' Pink Pills. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

SURE OF IMMORTAL FAME.

Man Who May Succeed in Recapturing Metz.

Ever since Marshal Bazaine surrendered the capital of Lorraine certain keys of the gates of Metz, says the Boston Herald, have been held in Paris awaiting the time when France should reclaim the city, which up to that disastrous day in 1870 had never been conquered as a fortress by an enemy.

One of the centres of conflict today is the region between Metz and Verdun, and French aviators are scouting over the city and dropping bombs upon its great circle of forts. La Pucelle, as the city has been called because of its impregnability, is far stronger to-day than half a century ago, yet the forts were intact when the capitulation yielded 175,000 prisoners of war to the Germans and left the road to Paris open without obstacle to their troops. A new chain of forts has been built since 1899, and Metz and Strassburg are now the chief fortresses of the western frontier of the German empire.

The man who succeeds in taking Metz will insure for himself an immortality of fame measurable only by the depths of chagrin and the furious anger into which its loss plunged the people of France. Gambetta had escaped from Paris in a balloon and was earning the admiration of the world by his superhuman exertions at Tours. Bazaine had fought well in Algeria, Spain and the Crimea, and had been the leader of the French in Mexico in the time of Maximilian. Opinions will always differ as to the degree of his culpability for the surrender of October 27, 1870.

Three years after he was tried by courtmartial and sentenced to degradation and death. The sentence was commuted to imprisonment for twenty years. But the condemnation was doubtless due in part to the necessity of making some concession to the popular cry for vengeance and a victim. Through all these intervening years the French people have cherished the memory of that fallen capital, and, characteristically, they have draped monuments for its fall and treasured the keys that were brought safely away when the army of the Rhine marched out of the gates. No event would cause such a frenzy of rejoicing throughout France as the capture of Metz.

A MOTHER'S PRAISE OF BABY'S OWN TABLETS

Mrs. Fred Tinkham, South Canaan, N.S., writes:—"Please send me another box of Baby's Own Tablets as I do not care to be without them. I have used them repeatedly and consider them the best medicine in the world for little ones." Thousands of other mothers say the same thing. The tablets cure all the minor ills of childhood such as constipation, sour stomach, colic, colds, simple fevers, etc., and are guaranteed to be absolutely safe. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

ELIZABETH OF BELGIUM.

Stays With King Albert at the Battlefront.

"Long live Queen Elizabeth, a great sovereign, but above everything else, a great, a good, and a true woman," was the toast drunk to Belgium's Queen at a banquet of the Municipality of Brussels, long before the war became a reality.

"A great, a good, and a true woman." It is a phrase which is in no sense an exaggeration of the virtues of the Queen, whose heroic deeds since the War of the Nations broke out were only to be expected from one who was idolized by her husband's subjects, and known among them as the "Angel Queen."

It is fourteen years ago since King Albert wooed and won the daughter of Duke Charles Theodore of Bavaria, who was so famous as an oculist. Inheriting that kindliness of heart and consideration for the weaknesses of others which led her father to establish a free hospital at Munich, where he performed over 5,000 operations on the poor, Queen Elizabeth has always striven to ameliorate the lot of those in distress.

When still in Antwerp, King Albert said to the Belgian Prime Minister: "If necessary, you, my dear Minister, and I will take our rifles and go into the battle." "So will I," added the Queen, "and with me all the Belgian women.' Queen Elizabeth has kept this pledge, for she is constantly on the battlefield aiding the wounded, cheering the fighters, and comforting her husband.

Kept Her Pledge.

No sooner had she placed her three children — Prince Leopold, born in 1901, Prince Charles, born in 1903, and Princess Marie-Jose, born in 1906—in the care of Lord Curzon of Kedleston, at Basingstoke, when the Kaiser and his

Queen Elizabeth of Belgium

Huns, violating the neutrality of her husband's country, invaded Belgium, than she hurried back to the King's side, insisting on sharing his dangers and discomforts. "I am not a Queen at present. I am a fellow-sufferer and helper," she replied, in a simple, dignified tone, when her husband and his officers urged her to leave the zone of danger.

As a nurse and the organizer of hospital equipment, Queen Elizabeth has rendered invaluable aid. Before her marriage she gave serious attention to the study of medicine, and after some years obtained a degree of M.D. at Leipsic, being of great service to her father in his many good works, and herself gaining experience in surgical affairs.

Is Practical-Minded.

Apart, however, from hospital and nursing work, Queen Elizabeth has given further evidence of her practical-mindedness by her interest in the industries of the people, and her endeavors to further their work. After the funeral of King Leopold, who died in 1909, Queen Elizabeth did a patriotic thing in a characteristically womanly way. She gave orders for large quantitiets of Brussels lace to be used for her robes of State when she came out of mourning, and for her ordinary dresses. This was at a time when, for various reasons, Brussels lace had ceased to please its own country, and the industry required a fillip. And it was Queen Elizabeth who provided that fillip in a manner which gladdened the hearts of the lace-makers of the country.

The home life of the King and Queen of Belgium has always been of the happiest description. Their favorite hobby is the study of the violin, of which they are both extremely fond, and one of the most popular pictures in Belgium is that which depicts King Albert reading while his wife helps Prince Leopold to master the violin.

Revenge.

A contributor to Pearson's Weekly tells us that after Jimmy's tooth was drawn, he rose from the chair, held out his little hand and said:

"Give it to me, please."

With an accommodating smile, the dentist wrapped the tooth in paper, and extended it to Jimmy.

"But what are you going to do with is " he asked.

"I am going to take it home, ' was the reply, "cram sugar into it, and watch it ache!"

Magical Effect on Neuralgia Throbbing Pain Goes Quickly

A YEAR'S SUFFERER CURED BY "NERVILINE."

No person reading this need ever again suffer long from Neuralgia.

Nerviline will quickly cure the worst Neuralgia, and Mrs. G. Evans, in her strong letter wrftten from Russel post office, says:—"One long year, the longest of my life,was almost entirely given up to treating dreadful attacks of Neuralgia. The agony I experienced during some of the bad attacks was simply unmentionable. To use remedies by the score without permanent relief was mighty discouraging. At last I put my faith in Nerviline; I read of the wonderful pain-subduing power it possessed and made up my mind to prove it valuable or useless. Nerviline at once eased the pain and cured the headache. Continuous treatment with this magic-working remedy cured me entirely and I have ever since stayed well."

Mrs. Evan's case is but one of hundreds that might be quoted. Nerviline is a specific for all nerve, muscular or joint pain. It quickly cures neuralgia, sciatica, lumbago, lame back, neuritis and rheumatism. Forty years in use, and to-day the most widely used liniment in the Dominion. Don't take anything but "Nerviline," which any dealer anywhere can supply in large 50c. family size bottles, or in a small 25c. trial size.

BELGIANS TO SHOW ENGLISH.

Refugees Will Instruct in Secrets of Intensive Cultivation.

England is to reap benefits from the agricultural skill of the Belgian farmers who are exiles in Great Britain. As a token of their appreciation of English hospitality, the Queen of the Belgians has suggested that the agriculturalists from her country instruct English farmers in the system of intensive cultivation which has made Belgium famous the world over.

A committee headed by Sir Richard Paget has been appointed, and arrangements are being made to delegate Belgian experts who will direct their fellow-countrymen in preparing English land for intensive cultivation. The English and Belgians alike are eager to have all Belgians return to their homes as soon as possible, but, meantime, there is a desire to make the Belgians as little burden as possible on England and the agricultural colony plan has been hit upon as a desirable means of employing Belgians where they will not be in direct competition with Englishmen.

As many as five crops of vegetables are grown in a single year by the Belgians on tracts under glass. Only rough frames with ordinary glass are required for this work. The Belgian farmers are able to make these themselves, and, in many places in England they are already employed preparing the frames.

The Belgian knowledge of soil culture is the secret of the great success the farmers of the little kingdom have achieved. A tiny tract of land is sufficient to support a Belgian family in comfort, and the refugees are willing to impart their knowledge of soil treatment to their English hosts, who are in no sense competitors in the Continental markets dominated by the Belgian gardeners.

SOUND SLEEP

After Change to Postum.

"I have been a coffee drinker, more or less, ever since I can remember, until a few months ago I became more and more nervous and irritable, and finally I could not sleep at night for I was horribly disturbed by dreams of all sorts and a species of distressing nightmare." (The effects on the system of tea and coffee drinking are very similar, because they each contain the drug, caffeine.)

"Finally, after hearing the experience of numbers of friends who had quit coffee and were drinking Postum, and learning of the great benefits they had derived, I concluded coffee must be the cause of my trouble, so I got some Postum and had it made strictly according to directions.

"I was astonished at the flavour and taste. It entirely took the place of coffee, and to my very great satisfaction, I began to sleep peacefully and sweetly. My nerves improved, and I wish I could wean every man, woman and child from the unwholesome drug-drink—coffee.

"People do not really appreciate or realize what a powerful drug it is and what terrible effect it has on the human system. If they did, hardly a pound of coffee would be sold. I would never think of going back to coffee again. I would almost as soon think of putting my hand in a fire after I had once been burned. Yours for health."

Postum comes in two forms:

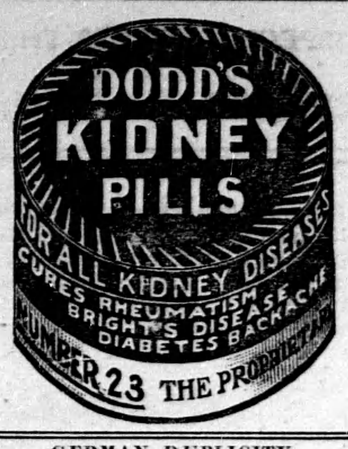
Regular Postum — must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage **instantly.** 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers.



GERMAN DUPLICITY.

Military Orders at Liege Were Dated "Liege 1906."

At the University of Liege, which was all knocked to pieces, I ran into something that convinced me beyond doubt of the responsibility for this war, writes A. E. Cantrell, an American who recently escaped from Belgium.

Yellow German military orders were pasted up in a good many places. They had the German arms at the top, and were dated from the city of Liege; "1906," printed on the orders, had been crossed out and "1914" written in with pencil.

The posters were all the same color, a kind of dark yellow, and of different shapes and sizes. I saw them principally around the Place de l'Opera. They were on regular bulletin boards and in some cases pasted to the walls of buildings. Some were long and narrow, some broader than they were long, and some were about the size of a sheet of paper for typewriting. The posters included orders, such as that no drinks other and stronger than beer and wine should be sold. I remember one that said persons having horses for sale might bring them to a certain place. Every one of the posters was headed, in German, "City of Liege." And every one had the printed date "1906" crossed out in blue pencil and "1914" written with the same pencil.

The Kaiser was eight years late getting to Liege.

$5,000 Limerick Prize

The winning of it can't ease the pain of the corn, but "Putnam's" will ease, cure and prevent corns and warts. Guarantee goes with every bottle of "Putnam's." Use no other, 25c. at all dealers.

Continuous Performance.

Gorman—We were at the dinner table from one till five.

Dyser—And what did you do after dinner?

Gorman—Why, it was so late we had supper.

INFORMATION FOR INVENTORS

Messrs. Pigeon, Pigeon & Davis, The Patent Solicitors of 71a St. James St. Montreal, report that 156 Canadian Patents were issued for the week ending December 29th, 1914, 108 of which were granted to Americans, 34 to Canadians, 10 to residents of Great Britain and Colonies, and 4 to residents of foreign countries.

Of the Canadians who received patents, 15 were of Ontario, 5 of British Columbia, 5 of Quebec, 3 of Manitoba, 3 of Alberta, 2 of Saskatchewan, and 1 of Nova Scotia.

French Endure War Well.

The French people are enduring the emotional shock and strain of the war well, said Prof. Anatole Chauffard, an eminent member of the French Academy of Medicine. The early closing of wine shops and cafes, the prohibition of the sale of absinthe, and physical education, Prof. Chauffard said, were among the things which explained the strength of the race supporting the shock, and these, he contended, also would contribute to the restoration of the birth-rate and to the moral and physical condition of the nation.

Minard's Liniment Cures Garget in Cows.

The Later the Better.

Husband (firmly) — Understand me, madam, your extravagance will have to cease sooner or later.

Young Wife — Well, then , we'll make it later.

Minard's Liniment Cures Colds, Etc.

"Here I am breakin' stones by the roadside," said Patsy Bryan to his friend, "when I'm heir to half of a splendid estate under my father's will, so I am. When the ould man died he ordered my brother Phil to divide the house with me, and by St. Patrick so he did—for he took the inside himself and gave me the outside."

Dr. Morse's Indian Root Pills

are just the right medicine for the children. When they are constipated —when their kidneys are out of order —when over-indulgence in some favorite food gives them indigestion —Dr. Morse's Indian Root Pills will quickly and surely put them right. Purely vegetable, they neither sicken, weaken or gripe, like harsh purgatives. Guard your children's health by always keeping a box of Dr. Morse's Indian Root Pills in the house. They

Keep the Children Well

Dangerous Wood Alcohol.

There is an enormous amount of wood alcohol used in the trades — about 8,000,000 gallons per annum. About 4,000,000 workers are more or less exposed to inhalation of it, and it has been shown by investigators to be exceedingly dangerous. Heretofore we have thought of wood alcohol as dangerous chiefly in relation to its effects when taken into the stomach, but it also is very injurious when inhaled. Legislation is urgently called for providing for better than ordinary ventilation in establishments handling the wood alcohol, and also for the labelling of all articles containing it. Regulation has been strongly resisted by manufacturers, particularly those interested in the making of perfumes, into which deodorized wood alcohol enters largely.

Will Quickly Cure Any Sour Stomach

Relieves Fullness After Meals

"When I was working around the farm last winter, I had an attack of inflammation," writes Mr. E. P. Dawkins, of Port Richmond. "I was weak for a long time, but well enough to work until spring. But something went wrong with my bowels for I had to use salts or physic all the time. My stomach kept sour, and always after eating there was pain and fulness, and all the symptoms of intestinal indigestion. Nothing helped me until I used Dr. Hamilton's Pills. Instead of hurting, like other pills, they acted very mildly, and seemed to heal the bowels. I did not require large doses to get results with Dr. Hamilton's Pills, and feel so glad that I have found a mild yet certain remedy. To-day I am well—no pain, no sour stomach, a good appetite, able to digest anything. This is a whole lot of good for one medicine to do, and I can say Dr. Hamilton's Pills are the best pills, and my letter, I am sure proves it."

Refuse a substitute for Dr. Hamilton's Pills of Mandrake and Butternut, sold in yellow boxes, 25c. All dealers, or The Catarrhozone Co., Kingston, Ont.

Georgie's Leash.

Mother (at the breakfast table)—You always ought to use your napkin, Georgie.

Georgie—I am usin' it, mother; I've got the dog tied to the leg of the table with it.

Sore Eyes

Granulated Eyelids, Eyes inflamed by exposure to **Sun, Dust and Wind** quickly relieved by **Murine Eye Remedy.** No Smarting, just Eye Comfort. At **Your Druggist's** 50c per Bottle. **Murine Eye Salve in Tubes** 25c. For **Book of the Eye Free** ask **Druggists or Murine Eye Remedy Co., Chicago**

His Final Threat.

Driver O'Flannagan (to his horse which refuses to get up after falling)—Well, of all the lazy spalpeens. Get up, will yez, or Oi'll drive right over yez!

Minard's Liniment Cures Distemper.

Foot-and-Mouth Trouble.

Clinton—Did you get in without your wife hearing you last night?

Clubleigh—No; nor without my hearing her, either.

Minard's Liniment Co., Limited.

Sirs,—I have used your MINARD'S LINIMENT for the past 25 years and whilst I have occasionally used other liniments I can safely say that I have never used any equal to yours.

If rubbed between the hands and inhaled frequently, it will never fail to cure cold in the head in 24 hours. It is also the Best for bruises, sprains, etc.

Yours truly,

J. G. LESLIE.

Dartmouth.

On Exhibition.

Briggs—We are coming around to see you this evening.

Griggs—That's right; but do me a favor, old man. Don't let your wife wear her new suit; I don't want my wife to see it just now.

Briggs—Why, man alive, that's just why we are coming.

LOW FARES TO THE CHICAGO EXPOSITIONS.

Via Chicago & North Western Ry.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego Choice of scenic and direct routes. Double track. Automatic electric safety signals all the way.

Let us plan your trip and furnish folders and full particulars.

B. H. Bennett, Gen. Agt., 46 Yonge St., Toronto, Ont.

A man who doesn't exaggerate a little is seldom an interesting talker.

Minard's Liniment Cures Diphtheria.

His Report.

"What did they say to you?" asked little Henry's mother after his first visit to the new Sunday School.

"The teacher said she was glad to see me there."

"Yes?"

"And she said she hoped I would come every Sunday."

"And was that all she said?"

"No; she asked me if our family belonged to that abomination."

The owner of a barking dog is always the first to complain about the noise made by the neighbor's children.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

FOR SALE.

REGISTERED SHORTHORN AND Holstein Calves. T. J. Morrison, Durham.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

PATENTS

OF INVENTIONS

PIGEON, PIGEON & DAVIS

71a St. James St., - Montreal

Write for information

BOILERS

New and Second-hand, for heating and power purposes. Water Flumes. TANKS AND SMOKE STACKS.

POLSON IRON WORKS LIMITED TORONTO

Engineers and Shipbuilders.

Machinery For Sale

Engine, shafting, belting, pulleys, etc. from large factory for sale. Wheelock engine, 18 by 42, complete with cylinder frame, fly wheel, bearings, etc., all in good condition. Shafting from one inch to three inches, pulleys thirty inches to fifty inches, belting six inches to twelve inches. Will sell entire or in part.

NO REASONABLE OFFER REFUSED.

S. Frank Wilson & Sons, 73 Adelaide Street West, Toronto.

The First of ALL "Home Remedies"

"VASELINE," in its many forms with their innumerable uses, is the foundation of the family medicine chest.

Vaseline

Trademark

It keeps the skin smooth and sound. Invaluable in the nursery for burns, cuts, insect bites, etc. Absolutely pure and safe.

AVOID SUBSTITUTES. Insist on "Vaseline" in original packages bearing the name, CHESEBROUGH MANUFACTURING CO., Consolidated. For sale at all Chemists and General Stores.

Illustrated booklet free on request

CHESEBROUGH MF'G CO. (Consolidated)

1880 CHABOT AVE., MONTREAL

Hard Work.

"I should think you would work, instead of begging for your living."

"I do, mum."

"You do? Then why are you asking me for money?"

"That's my profession, mum. But if you knew how hard it is to pry a dime out of some folks you'd never accuse me of not working."

PILES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? *All Druggists and Stores.—50c box.*

Zam-Buk