WHEN FOOD TAXES YOUR STRENGTH

You Need the Tonic Treatment of Dr. Williams' Pink Pills

When the food you take fails to nourish, when it causes you pain and often a feeling of extreme nausea, the cause is indigestion. Your stomach is too feeble to do its work and you will continue to suffer until you strengthen your digestive powers. Your digestion has failed because your stomach is not receiving the pure, red blood of health to give it strength for its work.

The tonic treatment of indigestion by Dr. Williams' Pink Pills for Pale People succeeds by building up and enriching the blood supply, so that the feeble digestive organs are strengthened, appetite is restored and tone given the whole system. Thousands have proved this by personal experience, as is shown by the following typical instance. Mrs. James Boyle, Dartmouth, N.S., says: "For years I was a sufferer from indigestion. I could not take food without feeling terrible distress afterwards, and in consequence I was badly run down. Sometimes after eating I would take spells of dizziness with a feeling of numbness throughout my body, and at other times my heart would palpitate so violently that I feared I would die. Naturally I was doctoring continually, but without getting better. Then my husband got me a supply of Dr. Williams' Pink Pills, and before long I found they were helping me, and I continued to take them until I was restored to health. I was never in better health than I am now, and I owe it all to Dr. Williams' Pink Pills."

These Pills are sold by all medicine dealers or you can get them by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

CORSETS OF TELEGRAPH WIRE

"Ladies" in Half Civilized Countries Use the Material.

The telegraph, pioneer of electrical invention in all new countries, has had many remarkable experiences in linking up the outposts of civilization ,and nowhere more than in the still half-savage islands of Malaysia, says a writer in the Wide World Magazine. In Sumatra, for instance, the rebellious Achines took the wires to hammer into slugs for their muskets; in Celebes unprotected lengths of the early lines were torn down and improvised into fish traps, while in Dutch Borneo the white porcelain insulators gave such a striking effect as necklace beads for the dusky jungle belles that the natives still steal them whenever opportunity offers.

But it has remained for the Dyaks of Sarawak—Rajah Brooke's remarkable little state in North Borneo—to cap the climax by stripping many miles of telegraph poles of their wire in order to turn the latter over to their tribal "modistes" to manufacture into "clothes" for their ladies. Long before the telegraph wire came, the principal article of trade with the Dyaks of Borneo was house wire, some of which was used for the making of bracelets and anklets, but the bulk was worked up into a remarkable corset for the women folk. The "garment," beginning a little below the waist—where it taxes the bedang, a strip of cotton cloth falling to the knees—ascends in broadening spirals to the shoulders. The spirals are connected with other pieces of wire, which have the effect of depriving them of all elasticity, and rendering the contrivance quite as rigid as its modern prototype of the enlightened Occident.

Under foreign influence it is becoming the custom to make these "cages," so that they may be removed at will, for bathing and even for sleeping, but in the remote Dyak villages this reform has not yet begun to make itself felt. There a girl, on reaching maidenhood, has a loose wire corset or fashionable shape built upon her, and to this her figure must grow, whether it chances to be along its natural lines of expansion or not. Only extreme illness—usually only the shadow of death itself—gives warrant for the removal of the galling grill, though it is also occasionally done in other cases.

Wire is wire in Borneo, and though brass trade wire was more refulgent and "dressy" than telegraph wire, as long as the former cost a picul of damar or five piculs of copra for the requisite number of spirals, while a dress length of the latter could often be had at the expense of a little climbing, there was no question which was going to be the more in demand. The flexibility of the telegraph strand admitted of a great variety of treatment, and very chic effects in weaves and twists were obtained with it that could never have been approached with the stiff brass trade wire.

WHY THE CZAR MOBILIZED.

And Gave Germany an Excuse for Bringing on the War.

Why did Czar Nicholas of Russia mobilize his troops when Austria declared war on Servia, and thus give Germany the excuse for precipitating the general European war?

Nicholas II. remembered with bitterness the long succession of defeats which Russian diplomacy, directed chiefly by him, has sustained at the hands of the Austrian Foreign Office. The Czar, in accordance with the traditional tinge of Russian opinion, was convinced that a struggle for life or death was impending between Russia, as representing the Slavic race, and Germany, as representing the Teutonic peoples. Austria-Hungary he regarded as the advance post of the German invasion of Slavic lands.

It is recalled distinctly at the Imperial palace at Tsarskoe-Seo that in 1909, when Russia sought to intervene in the Austrian annexation of Bosnia and Herzegovina, it was the appearance of the German Kaiser, "In shining armor," beside the Austrian Kaiser that frustrated the attempt to prevent the consummation of the act of annexation.

For the past century Russian statesmen have regarded Austria-Hungary as the chief obstacle to the success of the Russian design to obtain an open port on a southern sea, such as the port of Salonika or Constantinople.

In their attempt to reach the goal the Russians have been convinced by experience that it is inconceivable that Europe will permit the direct extension of Russia to the warm waters of the Adriatic or the Aegean. Therefore, Russian statescraft has contented itself with indirect method of approach—that is, by helping some other Slavic nation, such as Servia, to acquire the -ort for which Russia has been hankering.

The desirability of such an acquisition from the Russian point of view is based upon the assumption that in the ripeness of time the small Slavic nation, so enriched, will turn over its possession, willy-nilly, to the colossus of the north. Therefore, when in the first Balkan war Austria compelled the relinquishment of the Adriatic coast of Servia and Montenegro, the Czar regarded the act as a blow, not so much at Servia as at Russia.

When the Archduke Francis Ferdinand, whom Russian statesmen regarded as the author of this reputed plot against Russia, was assassinated recently. the comments of the Russian press, authorized by official sanction, breathed an unmistakable sense of satisfaction at the tragic outcome of events. When Austria demanded an abject apology from Servia for the crime of Sarajevo, Czar Nicholas, who has every reason to abhor attempts upon the lives of royal and Imperial personages, backed Servia in its unwillingness to grant full satisfaction to its powerful neighbor.

The Czar was determined to avoid the fiasco of 1909, when Austria seized the Turkish provinces of Bosnia and Herzegovina without so much as consulting Russia in advance, and the disaster of 1912, when Vienna prevented the placing of the Adriatic ports in escrow for Russia by Servian occupation.

DISAPPEARED

Tea and Coffee Ails Vanish Before Postum.

It seems almost too good to be true, the way headache, nervousness, insomnia, and many other obscure troubles vanish when tea and coffee are dismissed and Postum used as the regular table beverage.

The reason is clear. Tea and coffee contain a poisonous drug—caffeine—which causes the trouble, but Postum contains only the food elements in choice hard wheat with a little molasses.

An Eastern man grew enthusiastic and wrote as follows:

"Until 18 months ago I used coffee regularly every day and suffered from headache, bitter taste in my mouth, and indigestion; was gloomy and irritable, had variable or absent appetite, loss of flesh, depressed in spirits, etc.

"I attribute these things to coffee, because, since I quit it and have drank Postum I feel better than I had for 20 years, am less susceptible to cold, have gained 20 lbs. and the symptoms have disappeared—vanished before Postum." (Tea is just as harmful as coffee, because they both contain the drug, caffeine.)

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs.

Postum comes in two forms:

Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage **instantly.** 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers.

Magical Effect on Neuralgia Throbbing Pain Goes Quickly

A YEAR'S SUFFERER CURED BY "NERVILINE."

No person reading this need ever again suffer long from Neuralgia.

Nerviline will quickly cure the worst Neuralgia, and Mrs. G. Evans, in her strong letter written from Russel post office, says: "One long year, the longest of my life, was almost entirely given up to treating dreadful attacks of Neuralgia. The agony I experienced during some of the bad attacks was simply unmentionable. To use remedies by the score without permanent relief was mighty discouraging. At last I put my faith in Nerviline; I read of the wonderful pain-subduing power it possessed and made up my mind to prove it valuable or useless. Nerviline at once eased the pain and cured the headache. Continuous treatment cured me entirely, and I have ever since stayed well."

Mrs. Evan's case is but one of hundreds that might be quoted. Nerviline is a specific for all nerve, muscular or joint pain. It quickly cures neuralgia, sciatica, lumbago, lame back, neuritis and rheumatism. Forty years in use, and to-day the most widely used liniment in the Dominion. Don't take anything but "Nerviline," which any dealer anywhere can supply in large 50c. family size bottles, or in a small 25c. trial size.

KING ALBERT OF BELGIUM.

His Stand Against Germany Forced Britain to Intervene.

King Albert of Belgium, whose determination to fight Germany, rather than allow his country to be used as a base of operations against France, and whose appeal to Great Britain to help him preserve Belgian neutrality and independence was the concluding factor which determined Great Britain to plunge into the European war, is intensely popular with his own subjects.

He has none of the vices of his late uncle, King Leopold, and, in fact, is in almost every respect the direct opposite of the late monarch.

King Albert is the second son of the Count of Flanders, who was the younger brother of Leopold. Albert's elder brother died, and as Leopold had no son, he became the heir to the throne, as women are debarred under the Belgian laws. On the death of his father, several years ago, Albert inherited a large fortune.

The King's full name is Albert Leopold Clement Maria Mainrad. His mother was the Princess Maria of Hohenzollern, and he was born April 8, 1875. His paternal grandmother was a daughter of Louis

King Albert of Belgium.

Philippe, King of France. He is finely educated, and is thoroughly unostentatious. Stubbornness of purpose is the chief characteristic he inherited from his Hohenzollern mother.

He is fond of athletics, and because of this has changed a naturally delicate constitution into one much more robust.

At the time of his elder brother's tragic and mysterious death a few years ago his delicate health gave rise to universal fears that he would not live to grow to manhood. He is tall and soldierly looking, well set up, and always had the reputation of being of a far more studious temperament than his brother, Prince Baudouin.

A Mysterious Death.

The latter met his death under circumstances still shrouded with mystery, in a house situated in one of the most fashionable thoroughfares of the Belgian capital, which has remained untenanted ever since, and is pointed out to strangers as the scene of a tragedy which, according to popular rumor, bore many striking analogies to that at Meyerling, which cost the Crown Prince of Austria his life.

The King has been an extensive traveller, He has visited every country in Europe, and visited the United States in 1898. A devotee of the bicycle, he has always preferred that to horseback riding.

Queen Elizabeth became the wife of King Albert fourteen years ago, their wedding having been celebrated in royal state on Oct. 1, 1900. Their union was described at the time as a genuine love match, and it was said they had similar and congenial tastes. Both are highly educated and fond of literature, music and art.

Queen Elizabeth, who was a Bavarian princess, is a strikingly handsome woman. She has a long, oval face, with fine features, and boasts of hair of a pale golden tint that surrounds her head like an aureole. She has travelled extensively with her father and mother, one of her trips extending into the interior of Siberia. Music is a passion with her, and she is an accomplished violinist. As a horsewoman she is without fear, and is said to ride as well and gracefully as her aunt, the late Empress of Austria. A few years ago she developed talent as a dramatist and wrote a play entitled "Romunda," which was produced in Brussels in March, 1908, causing a stir in the Belgian capital.

HEAD GOT BALD IN PLACES

Very Itchy. When Brushed, Dandruff All Over. Hair Came Out in Great Bunches. Cuticura Soap and Cuticura Ointment Cured Head in Three Weeks.

15 Hallam St., Toronto, Ont.—"About two years ago the dandruff began. My head got worse and scabs formed on it which made it bald in places. It was very itchy and gave me a tendency to scratch it which made it worse. I always had to wear my hat whether in the house at work or out. Whenever I brushed my hair it sent the dandruff all over. The hair came out in great bunches until I was nearly bald and when it was at its worst it came out roots and all.

"I tried —— which made it worse than before. I tried several things after that but they were no good. After nine months like this I had hardly any hair left when one day I happened to see the advertisement of Cuticura Soap and Ointment in the paper. I straightway sent for a sample. After first washing with the Cuticura Soap I applied some Cuticura Ointment and I could feel a great relief. After finishing the sample I went and got a cake of Cuticura Soap and a box of Cuticura Ointment. In three weeks they had cured my head." (Signed) B. Horn, May 16, 1913.

Cuticura Soap and Ointment do so much for poor complexions, red, rough hands, and dry, thin and falling hair, and cost so little, that it is almost criminal not to use them. A single set is often sufficient. Sold everywhere. For liberal free sample of each, with 32-p. book, send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

How She Won.

"Why are you so pensive?" he asked. "I'm not pensive," she replied. "But you haven't said a word for twenty minutes." "Well, I hadn't anything to say." "Don't you ever say anything when you have nothing to say?" "No." "Will you be my wife?"

Stopped There.

"Did you have your salary raised last year"

"No, but my hopes were raised several times."

HOW TO POP CORN

It is done in different ways, but the most approved method is to pop your corns with Putnam's Corn Extractor—corns pop out for fair, and stay out, too, when removed by "Putnam's." Try this painless remedy yourself, 25c. at all dealers.

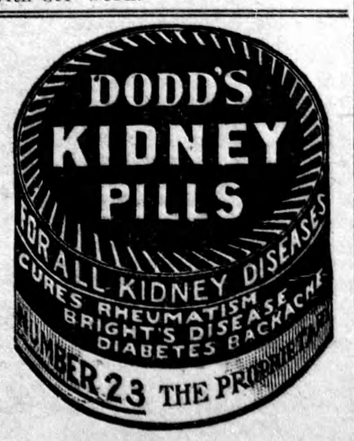
Out West.

Western Official—"Do you take this woman, whose hand you're a-squeezin', to be your lawful wife in flush times and skimp?" "I reckon that's about the size of it, squire." "Do you take this man you've j'ined fists with to be your pard through thick an' thin?" "Well, you're about right for once, old man." "All right, then. Kiss in court, an' I reckon you're married about as tight as the law can j'ine you. I guess four bits 'ill do, Bill, if I don't have to kiss the bride. If I do it's six bits extra."

Minard's Liniment Cures Colds, Etc.

She Gave Her Answer.

A widow posted in her front yard a rudely-painted sign, "For Sail." A party of students from a near-by college strolled past, and laughed uproariously at the little sign. One boldly called out to the widow working in her garden—"Hello, old woman, when does this house sail?" "Whenever the feller comes along that can raise the wind," calmly replied the old lady, and went on with her work.



PROVIDING A WATER SUPPLY.

Natives of the Soudan Utilize a Hollow Tree.

Surely the strangest use to which a growing tree can be put is to turn it into a reservoir. Yet this is what the people of Korodofan, in the Soudan, do with the trees which the botanists call "Adansonia Digitata."

The tree, which is known to the natives by the name of "Home," groups being called "Tebeldi," attains a considerable height. The trunk, which measures from 20 to 30 feet in circumference is, like so many of the bamboo family, hollow, and the natives have discovered that it makes an excellent cistern for storing water, for the arid season. Should the cavity not be large enough the natives scoop it out still further.

The Soudanese have also a method of cutting the opening for the reception of the water just at the top of the trunk, where the branches begin, so that during the rainfall the great off-shoots of the tree act as gutters and guide the water into the trunk. At the same time pools are dug at the foot of the tree to collect the rain, and from these the water is transferred to the trunk by buckets.

Sometimes, though rarely, the tree cracks under the weight of the water, after which the trunk is of little use. However, the natives have found that cracks can be successfully stopped with cement, and recently a number of broken-down trees have been thus repaired.

Curiously enough, the presence of large quantities of water in the trunks in no way impairs the growth of the trees, whose use in this way is undoubtedly an ingenious solution of the water supply problem.

A Nova Scotia Case of Interest to All Women

Halifax Sends Out a Message of Help to Many People.

Halifax, N.S., Dec. 15.—When interviewed at her home at 194 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, felt weak, languid and utterly unfit for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. Upon my druggist's recommendation I used Dr. Hamilton's Pills.

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's Pills."

Dr. Hamilton's Pills strengthen the stomach, improve digestion, strengthen the nerves and restore debilitated systems to health. By cleansing the blood of long-standing impurities, by bringing the system to a high point of vigor, they effectually chase away weariness, depression and disease. Good for young or old, for men, for women, for children. All dealers sell Dr. Hamilton's Pills of Mandrake and Butternut.

Brilliant Idea.

Customer—I want something for fleas.

Drug Clerk—Why don't you get a dog?

This is to certify that I have used MINARD'S Liniment in my family for years, and consider it the best liniment on the market. I have found it excellent for horse flesh.

(Signed) W. S. PINEO.

"Woodlands," Middleton, N.S.

"So you want to marry my daughter? What are your expectations?" "We expect to elope if you refuse your consent to our marriage, and we expect forgiveness when we get back. Then we expect you to make us an allowance."

Minard's Liniment Cures Diphtheria.

Two Meanings.

The different meanings that a simple turn of expression can give a word are often curious and sometimes amusing. An anecdote of Charles Lamb, the famous English author, illustrates this very pleasantly.

On a wet, miserable, foggy day, in London, he was accosted by a beggar with:

"Please, sir, bestow a little charity upon a poor, destitute woman. Believe me, sir, I have seen better days."

"So have I," said Lamb, handing the poor creature a shilling, "so have I. It's a miserable day, even for London."

A similar illustration is of the man who saw some mischievous boys carrying off his fruit from his orchard.

"What are you about?" he called lustily.

"About going!" called one of them, as the marauders disappeared over the fence.

Minard's Liniment Cures Garget in Cows.

CLARK'S
POTTED MEATS—
Full flavored and perfectly cooked make delicious sandwiches.
The child's delight. The picnicker's choice. Everybody's favorite.

Take Good Care Of The Colts

It's cheaper to *raise colts* than to *buy horses*. But it's *costly* if you *lose* the colts. Keep a bottle of Kendall's Spavin Cure handy. For thirty-five years has proved it the safe, reliable remedy for spavin, splint, curb, ringbone, bony growths and lameness from many causes.

Kendall's Spavin Cure

is sold by druggists everywhere at $1 a bottle, 6 bottles for $5. Get a free copy of our book "A Treatise on the Horse" at your druggist's or write us. 85

Dr. B. J. KENDALL CO., Enosburg Falls, Vt.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only $4,000. Terms liberal. Wilson Publishing Company, 7a West Adelaide Street, Toronto.

MISCELLANEOUS.

FOR SALE.—TEN PAIRS BREEDING Foxes. Correspondence solicited. Reid Bros. Bothwell, Ont.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited. Collingwood, Ont.

FACTORY CLEARANCE SALE
ROOFING
98c Per Roll
108 Square Feet
Regular $2.00 Quality.

ASPHALT FELT ROOFING
100 per cent. Saturation
Contains no Tar or Paper

Lowest price for Government Standard Roofing ever offered in Canada. Sale necessitated by business conditions.

Send for Free Sample
THE HALLIDAY CO., LTD.
Formerly Stanley Mills & Co.
HAMILTON, CANADA

Forgot the Details.

"What's the matter now?"

"My wife told me to be sure and bring home some powder."

"Well, you haven't forgotten."

"No; but was it tooth, talcum, baking, insect or face?"

Minard's Liniment Cures Distemper.

Queer.

"They say the people who are married get to look alike."

"Yes; but it's a queer thing that they rarely get to think alike."

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

Very Precise.

Boston is noted in America as the place where everybody is very, very "cultured" and very precise in their use of words. The latest Boston story is about a small child who fell out of a window. A kind-hearted lady came hurrying up with the anxious question, "Dear, dear! How did you fall?" The child looked up at the questioner and replied in a voice choked with sobs, "Ventically, ma'am."

PILES.
You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? All Druggists and Stores.—50c box.
Zam-Buk
FOR ALL SUMMER SORES.