HOW TO CURE STOMACH TROUBLE

The Common Cause is Lack of Blood—Therefore You Must Build up the Blood

There is the most intimate relation between the condition of the blood and the activity of the stomach. The blood depends upon the stomach for a large part of its nourishment, while every act of digestion, from the time the food enters the stomach and is assimilated by the blood needs plenty of pure well-oxidized blood. The muscles, glands and nerves of the stomach work only according to the quality of the blood.

The most common cause of indigestion is lack of rich, red blood. Not only does impure blood weaken the muscles of the stomach, but it lessens the product of the glands of the intestines and stomach, which furnish the digestive fluids. Nothing will more promptly cure indigestion than plenty of pure blood. Dr. Williams' Pink Pills are the safest and most certain blood-builder. A thorough trial of these pills gives a hearty appetite, perfect digestion, strength and health. Here is proof of the value of these Pills in cases of indigestion. Mrs. Alfred Austin, Varna, Ont., says: "My system became run-down and my stomach very weak. I had no desire for food and what I did take caused me great distress, and did not afford me nourishment, and I was gradually growing weaker, and could scarcely do any work at all. I did not sleep soundly at night, and would wake up not at all refreshed and with a feeling of dread Some years previously I had used Dr. Williams' Pink Pills with much benefit, and this decided me to again try them. My confidence was not misplaced, as by the time I had used six boxes I was again feeling quite well."

Dr. Williams' Pink Pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for $2.50 by sending to The Dr. Williams' Medicine Co., Brockville, Ont.

FLOATING NAVAL STATION

Can Be Sunk Out of Sight On Approach of Hostile Fleet.

For nations that need naval coaling stations in different parts of the world where they have no colonial possessions, a Rusian inventor has designed a floating storehouse for fuel and other supplies. Manned by a small crew of men, the floating naval base can be towed to any advantageous position and anchored, ready to receive supplies from colliers and distribute them to warships. On the approach of a hostile fleet the entire naval base, crew and all, can be sunk out of sight, to reappear again as soon as danger is past. As patented, the floating storehouse is very much like a huge diving-bell, cylindrical in shape, with double walls and roof containing compressed-air tanks for regulating its height in the water. It has no bottom, except a wire netting, and is usually partly filled with water. All coal, petroleum and other naval supplies are received and stored in small water-tight drums. From the receiving cranes on the roof the drums are moved to a well in the centre, lowered to the proper depth and shunted off through windows in the well upon concentric tracks, where they remain suspended in the water until needed. All the handling is done by automatic machinery.—Popular Mechanics.

Tortures of Rheumatism Yield to This Remedy

A Marvel of Speed, An Unfailing Cure For Old Chronic Cases.

GET A TRIAL BOTTLE TO-DAY.

With reliable old Nerviline you can rub out the pain of rheumatism, Sciatica, Lumbago, or Neuralgia—rub it away so completely that you feel like new all over.

It matters not how deeply seated the pain is, or how long you have had it—rubbing with the king of all liniments "Nerviline" will cure you.

Nerviline is highly concentrated—about five times stronger than the ordinary white ammonia liniment—therefore it penetrates quickly—sinks in deeply—and gets right at the core of the pain at once—draws out the lameness, takes away the stiffness—eases the joints that have hurt you so much.

Out comes the pain every time you rub on Nerviline, which contains some of the most valuable pain-subduing remedies known to science. Worth its weight in gold to every family in the land, and sure to cure the emergent and minor ills of a hundred kinds that constantly arise. Get the large 50c. family size bottle; small trial size 25c. Nerviline is sold by every dealer, everywhere.

He Was Qualified.

"I believe," said the beautiful heiress, "that the happiest marriages are made by apposites."

"Just think how poor I am!" argued the young man.

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—just Eye Comfort. Write for Book of the Eye by mail Free. Murine Eye Remedy Co., Chicago.

Brown—"How is it you let your wife have her own way so entirely?" Jones—"Because I once tried to stop her."

Minard's Liniment used by Physicians.

Rescued After Two Weeks at Sea in Open Boat.

Survivors of the SS. Columbian, which exploded and burned off the coast of Halifax, in the open boat in which they drifted about for two weeks before being rescued by the revenue cutter Seneca. First Officer Tiere is at the steering oar. The photo was taken as the boat came alongside the Seneca. When rescued the men had just enough food to last another day. This consisted of a few crumbs of bread and leather from their boots carefully tied in a handkerchief.

A Success.

"Was the dear girl happily married?" asked the friend.

"Yes, indeed," answered Miss McGabble; "it was one of the happiest weddings I ever saw. I never saw so few duplicates among the presents of cut glass and silverware."

TEETHING BABIES

Teething time is usually a time of worry to mothers. It is usually accompanied by nervousness, stomach trouble and extreme fretfulness. The mother can avoid all this; she can have her baby pass through the dangerous teething time without pain or crossness. Baby's Own Tablets are the mother's greatest friend at this time. They sweeten the stomach, regulate the bowels, allay feverishness which usually accompanies the coming of new teeth, and in this way make teething easy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

FOUND HAY FEVER CURE?

Toxin Remedy of Western Physician Proves Successful.

A cure for hay fever?

Out of the despised ragweed, the loved and feared golden rod and the honey-bearing Spanish needle—the pollen bearing trio that set the world to sneezing—is made the remedy that was proposed as a cure before the convention of homeopathic physicians of Missouri, held recently.

Dr. E. J. Burch of Carthage, Mo., a widely-known homeopath, made the announcement. It caused a sensation at the closing session of the convention.

The remedy, he explained, was the result of his wife's severe case of hay fever. He conceived the idea of a toxin from the weeds that cause the trouble, and after many experiments prepared a toxin which he used as a hypodermic injection. That was last summer. His wife was completely relieved of all symptoms, he reported, and out of twenty who took the toxin either as a cure or as a preventive, nineteen cases were successful.

"I am not announcing this as a cure," he said. "I certainly hope that it will prove as successful on further trials as it has so far, and if it proves the cure we have sought so long, I want the entire medical fraternity to have it.

"The process of preparation requires great care. The pollen must be gathered early in the morning before the sun rises, for the toxin found in the pollen in the heat of the day is a different thing from that found in early morning or late night. I shook the pollen from the ragweed, two varieties of golden rod and two varieties of Spanish needle on a plate of glycerin and prepared and strained a toxin with water that I injected into the bodies of the patients. It carried the active poison or principles of the pollen. For a cure I used four doses two days apart.

"For a preventive I began before the time for the patient's hay fever to appear and used an injection each week for five weeks.

"The toxin has shown its virility by hastening the hay fever season of patients in an overdose."

Found the Cause The Rest Was Easy

DODD'S KIDNEY PILLS QUICKLY CURED HIS KIDNEY DISEASE.

How Hudson Marchbank, After Suffering for Five Years, Found Quick Relief and Permanent Cure in the Greatest of Canadian Remedies.

Marchbank, King's County, N.B., June 1st (Special).—After suffering for five years from kidney disease, brought on by a strain, Hudson Marchbank, Esq., the well-known farmer of this place, is again a strong, healthy man, and another grand cure for Dodd's Kidney Pills has been put on record. In an interview, Mr. Marchbank says:

"About five years ago I hurt my back from lifting, and it developed into kidney disease. My back pained me all the time, and I was very much troubled with headaches. My appetite was fitful: I had a bitter taste in my mouth in the mornings; I perspired freely and my perspiration had a disagreeable odor.

"I used liniments and plasters, but they did not do me any good, and as there were other symptoms that my kidneys were affected, I decided to try Dodd's Kidney Pills. After using two boxes, my back was completely cured, and my kidneys have not troubled me since."

When Mr. Marchbank decided that his kidneys were the cause of his troubles, the rest was easy. Almost any of his neighbors could tell him that Dodd's Kidney Pills always cure diseased kidneys.

KING TRAINS LEPHANTS.

Royal Hobby of Ferdinand of Bulgaria.

The Sovereigns of Europe have, and have had, some curious hobbies. The classic instance is, of course, "Citizen" Capet, who made watches and locks better than he could rule; and to-day, amongst others, the Kaiser has a distinct penchant for carpentry, while what King Christian does not know about the printer's craft is not worth knowing, says a despatch from Sofia to the London Standard.

It has remained, however, for King Ferdinand, of Bulgaria, to take up the strangest pastime of all—animal training. A little while ago the King, tiring of the ordinary methods of relieving his mind from the cares of State, invested in four elephants. And now he spends all his spare time teaching his giant pets all that an educated elephant is required to know. The four beasts are housed at a farm on the outskirts of Sofia, and every day King Ferdinand spends an hour or so with them, superintending their toilet and training them.

The King has brought his usual zeal and enthusiasm to bear on his hobby, and the consequence is that his elephants would do credit to a professional trainer. Not only do the pachyderms recognize their royal master when he visits them, but they can do several tricks at his bidding. The King is very proud of his pets, and whenever his Court is visited by anyone of distinction the royal guest is sure to be taken to the farm to admire the great beasts at their work and play.

HER MOTHER-IN-LAW

Proved a Wise, Good Friend.

A young woman found a wise, good friend in her mother-in-law, jokes notwithstanding. She writes:

"I was greatly troubled with my stomach, complexion was blotchy and yellow. After meals I often suffered sharp pains and would have to lie down. My mother often told me it was the coffee I drank at meals. But when I'd quit coffee I'd have a severe headache." (Tea contains the same poisonous drug, caffeine, as coffee).

"While visiting my mother-in-law I remarked that she always made such good coffee, and asked her to tell me how. She laughed and told me it was easy to make good 'coffee' when you use Postum.

"I began to use Postum as soon as I got home, and now we have the same good 'coffee' (Postum) every day, and I have no more trouble. Indigestion is a thing of the past, and my complexion has cleared up beautifully.

"My grandmother suffered a great deal with her stomach. Her doctor told her to leave off coffee. She then took tea, but that was just as bad.

"She finally was induced to try Postum, which she has used for over a year. She travelled during the winter visiting, something she had not been able to do for years. She says she owes her present good health to Postum."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs.

Postum now comes in two forms:

Regular Postum — must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage **instantly.** 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.
—Sold by Grocers.

BABY COVERED WITH RASH

From Head to Foot. Itched and Burned. Disfiguring. Face and Arms Worst. Cuticura Soap and Cuticura Ointment Cured.

Legere Corner, Moncton, N. B.—"When my baby was five months old he had a rash which used to trouble him very much. The rash was very bad and he was covered from head to foot. I got no rest day or night with him. It would itch and burn so much that he used to scratch till he used to bring the blood and then it would turn to a mattery sore which disfigured him. The worst was his face and arms.

"I tried a good many different salves and soaps but to no use; he got no better. But after a while I thought I would try Cuticura Soap and Ointment and had only used them two or three times when I saw a great change. The sores dried up and came off and he was cured." (Signed) Mrs. George French, May 26, 1913.

For pimples and blackheads the following is a most effective and economical treatment: Gently smear the affected parts with Cuticura Ointment, on the end of the finger, but do not rub. Wash off the Cuticura Ointment in five minutes with Cuticura Soap and hot water and continue bathing for some minutes. This treatment is best on rising and retiring. At other times use Cuticura Soap freely for the toilet and bath, to assist in preventing inflammation, irritation and clogging of the pores. Cuticura Soap and Ointment are sold everywhere. For a liberal free sample of each, with 32-p. book, send postcard to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

CAUSE OF THUNDER

Thought to be Due to the Intense Heating of Gases.

For a long time it was supposed that the noise of thunder was caused by the closing up of the vacuum created by the passage of the lightning, the air rushing in from all sides with a clap; but the intensity of the noise is rather disproportionate, and it is now thought that thunder is due to the intense heating of gases, especially the gas of water vapor along the line of electric discharge, and the consequent conversion of suspended moisture into steam at enormous pressure. In this way the crackle with which a peal of thunder sometimes begins might be regarded as the sound of steam explosion on a small scale caused by discharges before the main flash. The rumble would be the overlapping steam explosions, and the final clap, which sounds loudest, would be the steam explosion nearest to the auditor. In the case of rumbling thunder the lightning is passing from cloud to cloud. When the flash passes from the clouds to the earth the clap is loudest at the beginning. One investigator has given substance to these suppositions by causing electric flashes to pass from point to point through terminals clothed in soaked coarse wool, and he succeeded in magnifying the crack of the electric spark to a startling extent. It is quite possible that further experiments will add to his findings.

The Death Warrant Delivered

No defence can be offered when you apply Putnam's to a sore corn—the offender has to die. Nothing so certain to quickly cure corns as Putnam's Corn and Wart Extractor; try Putnam's, it's free from acids, and painless. 25c. bottles sold by all dealers.

A True Optimist.

Percival—Mr. Hemmandhaw is the most optimistic person I ever saw.

Penelope—Cheerful, eh?

Percival—Yes; even now, when he is slowly recovering from a fever, he sees a humorous side to everything.

Penelope—Which surely is fortunate.

Percival—I asked him what he was eating, and he told me the physician permitted him to have the water from two boiled eggs—

Penelope—The idea!

Percival—And he hoped soon to be able to add the holes out of a few doughnuts.

Minard's Liniment Lumberman's Friend

Not Legal Tender.

Grateful Patient—Doctor, I owe my life to you.

Doctor—That's all right sir; but I cannot take it in payment of my services.

Minard's Liniment Co., Limited.
Gents,—I have used your Minard's Liniment in my family and also in my stables for years and consider it the best medicine obtainable.
Yours truly,
ALFRED ROCHAV.
Proprietor Roxton Pond Hotel and Livery Stables.

A Lady Bountiful.

"Do you like Miss Prattle?"

"Yes; she's so generous. Never keeps anything to herself, and is always ready to give away even her best friend."

Keep Minard's Liniment in the house.

"Ma," said the five-year-old, "do they call sailors tars because they're so used to the pitching of the ship?"

DATE FROM SOLOMON.

Jewish Tribe in Abyssinia Were Severely Persecuted.

How a small Jewish tribe lived for centuries in the heart of Abyssinia separated from the outside world and ignorant of its existence, and how, in the face of severe persecution, it managed to preserve its traditions and worship, was told to an audience in London by Dr. Jaques Faitlovitch, a well-known Abyssinian traveller.

Legend has it that the tribe first entered the country in the time of King Solomon, having migrated from Palestine in the train of the Queen of Sheba. They quickly adapted themselves to their new surroundings, married Abyssinian wives, whom they converted to Judaism, and lived on quite good terms with their neighbors. But from the beginning of the thirteenth century the Falashas, as the Jews were called, endured severe persecution until at last they dispersed in groups and families all over Abyssinia. Their existence was only revealed to the outside world 150 years ago by explorers. The object of the lecture was to arouse the sympathy of their co-religionists in England on their behalf.

Mother Told Him.

Edith was entertaining Mr. West, and little Sydney was hanging about. At last Edith told him it was time for him to retire. "Oh, can't I stay up a little longer, sister?" pleaded Sydney. "What do you want to sit up for?" asked Edith. "Why, I want to see you and Mr. West play cards," answered Sydney. Mr. West laughed. "But we are not going to play cards," said Edith. "Why," said Sydney, surprised, "mother said you were. I heard her tell you that everything depended on the way you played your cards to-night."

When a Woman Suffers With Chronic Backache

There Is Trouble Ahead.

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with nervous exhaustion.

In the stores, factories, and on a farm are weak, ailing women, dragged down with torturing backache and bearing down pains.

Such suffering isn't natural, but it's dangerous, because due to diseased kidneys.

The dizziness, insomnia, deranged menses and other symptons of kidney complaint can't cure themselves, they require the assistance of Dr. Hamilton's Pills which go direct to the seat of the trouble.

To give vitality and power to the kidneys; to lend aid to the bladder and liver; to free the blood of poisons, probably there is no remedy so successful as Dr. Hamilton's Pills. For all womanly irregularities their merit is well known.

Because of their mild, soothing, and healing effect, Dr. Hamilton's Pills are safe, and are recommended for girls and women of all ages. 25 cents per box at all dealers. Refuse any substitute for Dr. Hamilton's Pills of Mandrake and Butternut.

Some Job.

Mrs. Crabshaw — Haven't I taught you to put things in their right places?

Willie—Yes, mamma; but you never told me how I could find them afterward.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain, or Dairy Farm, write H. W. Dawson, Brampton, or 36 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto

AGENTS WANTED.

AGENTS WANTED, $6 TO $10 A day. Write Peerless Cooker & Specialty Co., Berlin.

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book business in connection. Price only $4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

Sorry He Spoke.

Peck—I'm surprised that you should lose your self-control, Maria. That's something you never saw me do.

Mrs. Peck—You lost control of yourself the day I married you. Now hold your tongue.

Ask for Minard's and take no other.

Druid Catacombs Near London.

Eleven miles south-east of London, in Kent, a few years ago were discovered the catacombs of the ancient Druids, which are now much visited by sightseers and are lighted, for a part at least, by electric lights. Over fifty miles of chambers cut in the chalk cliffs have already been explored. The Druids lived in these catacombs when attacked by their northern enemies, and here they buried many of their dead. The stone on which the human sacrifices were made is still to be seen, and also the well, from which water is drawn to this day.

Kidneys Cured or Money Back

There is no risk in buying GIN PILLS. They are sold on a positive guarantee that they will cure all Kidney and Bladder Troubles, Rheumatism and Sciatica, Pain in the Back, etc. If, after taking 6 boxes, you can honestly say that Gin Pills have not cured you, take the empty boxes to your dealer and he will refund the money. That shows how certain we are that Gin Pills will cure you. 50c. a box; 6 for $2.50. Sent on receipt of price if your dealer can't supply you. Sample free if you mention this paper. 186

NATIONAL DRUG AND CHEMICAL CO., OF CANADA LIMITED. - TORONTO.

You Can Buy Cheaper At Home

Ask Your Local Merchant for the "HOME TRADE CATALOGUE" and Save Money

There is a HOME TRADE MERCHANT near you.

Better Quality. Lower Prices. Satisfaction Guaranteed.