BANISH PIMPLES AND ERUPTIONS

In the Spring Most People Need a Tonic Medicine

One of the surest signs that the blood is out of order is the pimples, unsightly eruptions and eczema that come frequently with the change from winter to spring. These prove that the long indoor life of winter has had its effect upon the blood, and that a tonic medicine is needed to put it right. Indeed there are few people who do not need a tonic at this season. Bad blood does not merely show itself in disfiguring eruptions. To this same condition is due attacks of rheumatism and lumbago; the sharp, stabbing pains of sciatica and neuralgia; poor appetite and a desire to avoid exertion. You cannot cure these troubles by the use of purgative medicines—you need a tonic, and a tonic only, and among all medicines there is none can equal Dr. Williams' Pink Pills for their tonic, life-giving, nerve-restoring powers. Every dose of this medicine makes new, rich blood which drives out impurities, stimulates every organ and brings a feeling of new health and energy to weak, tired, ailing men, women and children. If you are out of sorts give this medicine a trial and see how quickly it will restore the appetite, revive drooping spirits, and fill your veins with new, health-giving blood.

You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

GRAINS OF GOLD.

Only he who can appreciate blame will find praise useful.—Ruskin.

Trust that man in nothing who has not a conscience in everything.—Sterne.

It is hope alone which purifies; to be without hope is to be without God in the world.—F. D. Maurice.

Feckless people are no use to themselves and no use to their neighbors.—Lord Strathclyde.

It makes the mind very free when we give up wishing, and only think of bearing what is laid upon us and doing what is given us to do.—George Eliot.

Our life is but a span, our journeying not unlike feeling our way through the dark. Were we Arguses, able to read fifty books at once, still would the great bulk of the Unread rise like a mist-covered mountain peak before us.—The Academy.

The very gnarliest and hardest of hearts has some musical strings in it. But they are tuned differently in every one of us, so that the selfsame strain which wakens a thrill of sympathetic melody in one may leave another quite silent and untouched.—James Russell Lowell.

HAPPY NOW

Family of Twelve Drink Postum.

"It certainly has been a blessing in our home," writes a young lady in regard to Postum.

"I am one of a family of twelve, who, before using Postum, would make a healthy person uncomfortable by their complaining of headache, dizziness, sour stomach, etc., from drinking coffee." (Tea is just as injurious because it contains the same drug, caffeine.)

"For years mother suffered from palpitation of the heart, sick headache and bad stomach, and at times would be taken violently ill. About a year ago she quit coffee and began Postum.

"My brother was troubled with headache and dizziness all the time he drank coffee. All those troubles of my mother and brother have disappeared since Postum has taken the place of coffee.

"A sister was ill nearly all her life with headache and heart trouble, and about all she cared for was coffee and tea. The doctors told her she must leave them alone, as medicine did her no permanent good.

"She thought nothing would take the place of coffee until we induced her to try Postum. Now her troubles are all gone and she is a happy little woman enjoying life as people should."

Name given by the Canadian Postum Co., Windsor, Ont.

Postum now comes in two forms:

Regular Postum— must be well boiled. 15c. and 25c. packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c. and 50c. tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum. —sold by Grocers.

WORLD'S RAREST STAMP.

Issued in the Colony of British Guiana in 1856.

Pride of place among the many valuable and unique specimens belongs to a singularly unpretentious and sorry-looking stamp issued in the colony of British Guiana in 1856, for provisional use pending the arrival of a fresh consignment of the regular postage stamps from England, writes D. B. Armstrong in the Strand Magazine. It is of the denomination one cent, the design being crudely set up from ordinary printer's type at the office of the Official Gazette, with the central device of a sailing ship taken from the heading to the shipping announcements in the paper.

The single known copy of this rarity was discovered by a young collector in the colony among some old family papers stored away in an attic. Knowing nothing of its scarcety and not being favorably impressed by its appearance, he sold it to another collector for a trifling sum, the buyer also being ignorant of his great bargain. Ultimately it found its way to Europe, and now reposes in the collection of M. Philippe de la Renotiere of Paris, the distinguished owner of the world's greatest stamp collection, who bought it many years ago for an amount that has never been disclosed, but it is believed to have been at that period a record one. Its intrinsic value to-day, in the very unlikely contingency of it ever coming into the market, is certainly in excess of 2,000 pounds.

A report on this famous stamp by a celebrated expert states that "the copy is a poor one, dark magenta in color, and somewhat rubbed. It is initialed 'E.D.W.' and dated April 1st, the year not being distinct enough to read." Nevertheless, it is the rarest stamp in the world.

BABY'S OWN TABLETS GUARANTEED SAFE

Baby's Own Tablets are the only medicine for little ones that are absolutely guaranteed to be strictly free from opiates, narcotics and other harmful drugs. They carry the guarantee of a government analyst to this effect, so the mothers whose little ones are ailing need have no fear in using the Tablets. They cannot possibly do harm, and never fail to do good. The Tablets cure all childhood ailments such as constipation and indigestion, worms, colds, colic, simple fevers, etc. Thousands of mothers throughout Canada say they would use nothing else for their babies. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Why Soup is First.

It was a very youthful class in physiology.

"Why," asked the teacher, "is it best to eat soup first when one is hungry?"

The pupils stared at her blankly. Then Jamie enlightened them from the depths of his experience.

"You can get it down faster," he announced.

Minard's Liniment Lumberman's Friend

NEW TUBERCULOSIS CURE.

Intra-Muscular Injections of Antigenic Solutions and Ferments.

A new treatment for tuberculosis which, in the opinion of some of the principal experts in the disease, gives greater hope for a cure of the scourge than anything yet discovered, was described to the Academy of Medicine, Paris, at a recent sitting. The new method for combating the disease is the discovery of a young Swiss biologist, Henry Spahlinger.

The treatment, as ascribed to the academy, consists of combined intramuscular injections of antigenic solutions and of ferments, which are modified according to the condition of each patient. The treatment, it is claimed, causes the drying up of lung cavities and the disappearance of bacili and stops the fever—three results which never have been obtained by any previous method for the cure of tuberculosis. The action of the infections is said to be extremely rapid on incipient cases.

In several cases described to the academy the patients were said to have been able to follow their usual occupations. Of 54 persons treated seventeen were said to have virtually been cured. Most of the other cases were still being treated.

The report on the new treatment was read by Professor Maurice Letulle. It was prepared by Professor Edmond Lardy of Geneva and Drs. Edmund H. Colbeck and Leonard L. B. Williams of London, all of them experts in lung diseases.

Spahlinger is not a doctor. Originally he was a lawyer, but abandoned law for science. He spent four years in work and $100,000 of his private fortune in the research which led to his discovery.

People can enjoy living close to nature if they don't have to.

Debtor—"I want to pay that little bill of yours." Creditor—"Very well, sir." Debtor—"But I can't."

Best Money He Has Ever Spent

WAS WHAT C. HANSEN PAID FOR DODD'S KIDNEY PILLS.

Had Been Ailing for Six or Seven Years when He Took a Neighbor's Advice and Found a Complete Cure.

Mona, Man., May 4th (Special)—Mr. Cornelius Hansen, well known and highly respected here, is telling his friends of his simple but complete cure from a protracted illness. The facts in brief are: He had Kidney Disease; he took Dodd's Kidney Pills; they cured him. But let Mr. Hansen tell his own story.

"I was troubled with my Kidneys for six or seven years," he says. "My back was so sore I couldn't get out of bed in the mornings. I tried medicines, but they did me no good. Then I met a neighbor, and he advised me to try Dodd's Kidney Pills. He said he had used them in his family for a long time and they were a great medicine.

"I bought six boxes of them, and by the time I had taken three of them I was feeling much better. Now I am quite well, and I think the best money I ever spent in my life was what I paid for Dodd's Kidney Pills."

Dodd's Kidney Pills are no cure-all. They simply cure sick Kidneys. But they do all that is claimed for them.

NIGERIAN TRIBES.

Quaint Superstition Rules Tribe of African Natives.

P. Amaury Talbot of the Nigerias political service, who has travelled much through Africa studying the various tribes, says the Ibibios, natives of southern Nigeria, who are of such a low type that they are called mudfish, rank among the most ancient of southern Nigerian tribes, and speak different dialects of a very old and primitive tongue.

Witch doctors dominate the life of the race. As a protection against farm thefts, certain spells are received over the long hoe used for breaking up the ground, and a medicine poured over it, after which it is given back to its owner to be hung up in some conspicuous place on the plantation. No sooner does the thief creep over the boundary than the magic hoe springs to his hand. Unconsciously his fingers clasp themselves around the haft. He is bent down by a power there is no resisting, and finds himself forced against his will to hoe and hoe.

Not for a moment can he pause, even to straighten his back, so long as a single weed remains on the farm, a single yam needs baking or a single clod would be the better for breaking. So long must the evildoer continue to work for the man he had intended to rob. Only when the owner arrives on the scene, should he so wish, can the magic hoe be released from the hand of the thief. It is not said whether the magic has ever worked.

Quaint burial customs prevail. Slaves are frequently sacrificed at the death of a chief and buried with him. Until prohibited by the government, chiefs were buried in their homes with strange ritual and sacrifice. A burial chamber was prepared underneath one of the rooms, and in this the chief's body was placed. His best loved wife and two of the most beautiful of his slaves entered the room, and seated themselves at a table opposite their lord. After some ceremonial all but the women withdrew, the chamber was sealed up, and the unfortunate women were left to a lingering death.

A Nova Scotia Case of Interest to All Women

Halifax Sends Out a Message of Help to Many People.

Halifax, N.S., Dec. 15.—When interviewed at her home at 194 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, felt weak, languid and utterly unfit for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. Upon my druggist's recommendation I used Dr. Hamilton's Pills.

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's Pills."

Dr. Hamilton's Pills strengthen the stomach, improve digestion, strengthen the nerves and restore debilitated systems to health. By cleansing the blood of long-standing impurities, by bringing the system to a high point of vigor, they effectually chase away weariness, depression and disease. Good for young or old, for men, for women, for children. All dealers sell Dr. Hamilton's Pills of Mandrake and Butternut.

SCREAMED WITH PAIN OF SCALDED LEG

And Foot. In Bad State. Inflamed and Festered. Could Not Sleep. Completely Cured by Cuticura Ointment in Short Time.

Middle La Have, N. S.—"My sister scalded her leg and foot very badly with a pan of boiling water. She suffered very much and her leg was in a bad state. The skin was red and inflamed and it festered. She suffered dreadful pain. She scalded it in the evening and could not sleep that night and could not bear to have anything near it.

"We tried —— and —— and then some ——[but everything seemed to make it worse and she just screamed for pain. I told my mother about Cuticura Ointment and we got a box immediately and bandaged up her foot and leg. Two applications made quite a difference and we kept on using it and in a short time her leg and foot were completely cured." (Signed) Miss L. Parks, May 17, 1913.

TO REMOVE DANDRUFF

Prevent dry, thin and falling hair, allay itching and irritation, and promote the growth and beauty of the hair, frequent shampoos with Cuticura Soap, assisted by occasional dressings with Cuticura Ointment, are usually effective when other methods fail. Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. A single set is often sufficient. For a liberal free sample of each, with 32-p. book, send post-card to Potter Drug & Chem. Corp., Dept D, Boston, U. S. A.

HOW THE WORLD SLEEPS.

Most people sleep on their sides, with their knees drawn up.

Elephants always and horses commonly sleep standing up.

Birds, with the exception of owls and the hunting parrots of India, sleep with their heads turned tailward, over their back, and the beak thrust among the feathers between the wing and body.

Storks, gulls, and other long-legged birds, sleep standing on one leg.

Ducks sleep on open water. To avoid drifting shoreward they keep paddling with one foot, thus making them move in a circle.

Sloths sleep hanging by their four feet, the head tucked in between their fore legs.

Foxes and wolves sleep curled up, their noses and the soles of their feet close together and blanketed by their bushy tails.

Hares, snakes and fish sleep with their eyes wide open.

Owls, in addition to their eyelids, have a screen that they drew sideways across their eyes to shut out the light, for they sleep in the daytime.

Warts Disfigure the Hands

But can be painlessly removed in twenty-four hours by the use of Putnam's Wart and Corn Extractor. Fifty years in use and still the best. Insist on getting "Putnam's" Extractor, 25c. at all dealers.

The Beauty of Unselfishness.

The story is told of a famous lady, who once reigned in Paris society, that she was so very homely that her mother said one day. "My poor child, you are too ugly for any one ever to fall in love with you." From that time Madame de Cincourt began to be very kind to the pauper children of the village, the servants of the household, even the birds that hopped about the garden walks. She was always distressed if she happened to be unable to render a service. This good-will toward everybody made her the idol of the city. Though her complexion was sallow, her grey eyes small and sunken, yet she held in devotion to her the greatest men of her time. Her unselfish interest in others made her, it is said, perfectly irresistible. Her life surely furnishes a valuable lesson.

Terrible Scalding Accident

ZAM-BUK GAVE QUICK RELIEF.

For taking the pain out of a burn or scald there is nothing equal to Zam-Buk. Mrs. Eugene Demers, of Pembroke, Ont., who was the victim of a painful scalding accident, proved this. She says: "I was carrying a boiler of steaming water from the stove to the wash-tub, when suddenly my strength failed. As the boiler was falling in spite of my efforts, I heard my babies cry, and to avoid scalding them I gave the vessel a quick turn. The effect of this was that every drop of the boiling water poured over my feet and limbs, scalding me from my waist down.

"As soon as I saw the children had escaped, I told my oldest boy to bring the Zam-Buk (which we always keep in the house). I applied Zam-Buk freely, and the pain was soon eased. I continued using Zam-Buk, and in a wonderfully short time the sores were completely healed."

Zam-Buk is equally good for cuts, bruises, eczema, ulcers, piles, pimples, etc. Price 50c. per box, at all druggists and stores, or post free from the Zam-Buk Co., Toronto, on receipt of price. Refuse substitutes and imitations. There is nothing "just as good!"

The Transformation of the Inn.

The Saxon word "inn," taken in its present sense, was probably in use before the Conquest, whereas the purely French word "hotel," as generally applied to "an inn of style and pretension," dates only from about the time when officers of the British army of Occupation returned from Paris with enthusiastic accounts of Meurice's and a dozen other hostelries of the Rue de Rivoli and the Rue St. Honore which quite threw the humbler accommodation offered by the average British inn of that period into the shade. At the commencement of the nineteenth century Frenchmen taught the London innkeeper the science of hotel keeping; before the beginning of the twentieth the Englishman had begun to return the compliment, and now the most luxurious and well appointed Parisian hotels owe their origin to British enterprise.

Suicide Epidemic In Naples.

The number of suicides, especially among young women, has been increasing to such an extent recently in Naples, Italy, that the doctors describe it as an epidemic of suicide. Five attempted suicides by poisoning, all of young women, the youngest being a girl of 16, were reported in one day. The police ascertained that in the case of two women the motive was disappointment in love, in two others the reproaches of parents, and in the fifth inability to write a love letter.

Rheumatism Goes Quickly Its Virus Forever Destroyed

EVERY CASE IS CURABLE.

Good-bye to Rheumatism!

Your aching joints, your stiff, sore muscles, those sleepless nights and suffering days—good-bye forever—your day is gone.

Sufferer, cheer up, and read the good news below.

"A man met me a month ago, and said, 'don't stay crippled, quit complaining, limber up.' My answer was, 'I'm rheumatic, I can't do it.' He looked me over in a pitying sort of way and told me to go to the nearest drug store for Nerviline and Ferrozone. The combination had cured him. I was convinced of his sincerity and followed his instructions. I rubbed on Nerviline three times every day—rubbed it right into my aching joints. The pain quickly lessened. and I became more limber and active. To draw the virus of the disease from my blood I took two Ferrozone Tablets with every meal. I am well today, not an ache, not a pain and no sign of stiffness at all."

What Nerviline can do in a case like this it can do for you too. For nearly forty years Nerviline has been recommended for Rheumatism, Lumbago and Sciatica and Lame Back. It is the one remedy that never disappoints.

Our Picturesque Language.

Extract from Japanese letter:

"Our markets do not improve yet, but as I working hard as twice than last year our business do not much decay than other person, which I am glad."

We share this gentleman's joy.

Piles Cured in 6 to 14 Days
Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, or Protruding Piles. First application gives relief. 50c.

One Answer.

Teacher (drawing two parallel lines on the blackboard)—What relation are these lines to each other?

Head of the Class—Twins!

Try Murine Eye Remedy
If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail.
Murine Eye Remedy Co., Chicago

Poisoning a Lost Art.

Poisoning may be regarded as a lost art. The most successful practitioner on record startled the seventeenth century with the magnitude of her labors. This was Tofania, an Italian lady who gave her name to a deadly poison—aqua tofano, a few drops of which were sufficient. She sold her potion in small phials to disillusioned women who were tired of their husbands. In this way, as she confessed, 600 persons were accounted for. After her confession the public executioner was exeremely busy with her customers. What the drugs was nobody has ever been able to say. The Pope described it as aquafortis distilled into arsenic—an unsatisfactory definition.—London Daily Chronicle.

Lord Strathcona Maxims.

Be content with your lot, but always be fitting yourself for something higher. Only cheerful perseverance will bring you to a better position; grumbling won't help you an inch. Do the work yourself; Don't depend upon the influence of friends on your behalf. Opportunity comes to some men more frequently than to others, but there are very few it does not visit at some time or another.

Ask for Minard's and take no other.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain, or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only $4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

MISCELLANEOUS.

ONION GROWERS, GET LITERATure re onion weeders. R. G. Bruner, Olinda, Ont.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

Happiness.

He—Do you think that money is necessary to happiness?

She—Not if one has unlimited credit.

Minard's Liniment used by Physicians.

Appealing.

Mrs. Muggins—Does your husband appeal to you as a vocalist?

Mrs. Buggins—Not exactly. In fact, it's the other way. When he begins to sing I appeal to him.

Minard's Liniment Co., Limited.
Dear Sirs,—Your MINARD'S LINIMENT is our remedy for sore throat, colds and all ordinary ailments.
It never fails to relieve and cure promptly.
CHARLES WHOOTEN.
Port Mulgrave.

The Family Cashier.

Mudge—Here's a man figured out that if all the money in the world were divided equally, each adult would get about thirty dollars.

Meek—He's wrong. My wife would get sixty dollars.

To Cure a Cold in One Day
Take LAXATIVE BROMO QUININE Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

Identified.

Howard—A fool and his money are soon parted.

Mrs. Howard (clapping her hands)—Oh, John! How much are you going to give me?

Keep Minard's Liniment in the house.

Easy For Him.

An Irishman who was one day engaged at stone-breaking on the roadside, and not being used to the work, could not get on very fast. A friend of his who chanced to pass by as Pat was belaboring a huge stone with renewed vigor tried to show him the right way, and, taking the hammer from him, broke the stone with ease. Said Pat, "Sure now, and it be easy for you to break the stone afther I have been softening it for the last half hour."

It costs some people a lot to live because their neighbors are afflicted with the borrowing habit.

"NA-DRU-CO DYSPEPSIA TABLETS

Proved of Great Value to Me"

There is only one explanation for the numbers of enthusiastic letters that we receive praising Na-Dru-Co Dyspepsia Tablets, and that is that these tablets certainly do cure any kind of stomach trouble.

Here is a typical letter from Miss Eliza Armsworthy, Canso, N.S.:

"It is with pleasure I write to inform you that your Na-Dru-Co Dyspepsia Tablets have proved of great value to me. I tried remedy after remedy but without any lasting good. Having heard of your tablets curing such cases as mine I decided to give them a fair trial. They proved satisfactory in my case."

The remarkable success of Na-Dru-Co Dyspepsia Tablets is such a success as can only come to an honest remedy, compounded according to an exceptionally good formula, from pure ingredients, by expert chemists. If you are troubled with your stomach just ask your Druggist about Na-Dru-Co Dyspepsia Tablets, compounded by the National Drug and Chemical Co. of Canada, Limited, and sold throughout the Dominion at 50c. a box. 142