CRIPPLING PAINS OF RHEUMATISM

Cannot be Cured by Liniments —Must be Reached Through the Blood

Thousands of men and women suffer severely from rheumatism. Cruel, crippling pains in the muscles and joints make every movement a torture. Many people think rheumatism is due to cold or wet weather, and they try to cure themselves by rubbing liniments on the painful parts. This is a great mistake—[illegible] in the blood [illegible] and rubbing cannot give more than the most temporary relief. If you are a victim of rheumatism or lumbago you can only rid yourself of it by making your blood rich and pure, for only in this way can the poisons of rheumatism be driven from the system. Dr. Williams' Pink Pills have cured more cases of rheumatism than any other disease except anæmia, because they make the rich, red blood that goes right to the root and cause of rheumatism. You cannot be well when your blood is impure, therefore, begin curing your rheumatism to-day with Dr. Williams' Pink Pills. The following are the particulars of one of the many thousands of cures to the credit of this health-giving medicine:

Mr. Jeremie Nadou, St. Jerome, Que., says: "A few years ago I was seized with a severe attack of rheumatism. The pains in my back, arms and legs were terrible. I treated with several doctors, but they did not help me, and as time went on I was unable to work, and began to think that I would be a cripple for life. While in this trying condition a friend who had been cured of rheumatism by the use of Dr. Williams' Pink Pills advised me to try this remedy, and I got a supply of the Pills. I had taken the Pills for several weeks before any improvement was noticed, but once signs of relief came the improvement from that time on was rapid, and I joyfully continued taking the Pills until every vestige of the trouble disappeared. No one but a similar sufferer can imagine the gratitude I feel for this relief from pain, and because I have since enjoyed perfect health I urge other rheumatic sufferers to give this medicine a trial."

You can get Dr. Williams' Pink Pills from any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

BACTERIA IN DUST.

Heat of the Sun and Bright Light Keeps Them Down.

That there is a surprising scarcity of bacteria in dust has been shown by recent experiments. By means of the Aitken dust counter, one scientist discovered that in the open suburbs of London there are 40,000 particles in every cubic inch of air. The same investigator found in London but one microbe to every 38 cubic inches of air.

When air is constantly floating about and man is constantly moving about, he comes in contact with a great deal of air space, and so in the course of a day runs a chance of breathing many microbes into his lungs. If, however, every dark and damp place could suddenly be dried up and stirred up, the micro-organisms would be found in terrifyingly large numbers. It is the heat of the sun and the bright light that keep down these micro-organisms, and so, even on a dusty day, there is a poverty of microbes in the air, and if the sun be bright and hot.

How a Sick Woman Can Regain Health

Read This Very Carefully.

"For years I was thin and delicate. I lost color and was easily tired; a yellow pallor, pimples and blotches on my face were not only mortifying to my feelings, but because I thought my skin would never look nice again I grew despondent. Then my appetite failed. I grew very weak. Various remedies, pills, tonics and tablets I tried without permanent benefit. A visit to my sister put into my hands a box of Dr. Hamilton's Pills. She placed reliance upon them and now that they have made me a well woman I would not be without them whatever they might cost. I found Dr. Hamilton's Pills by their mild yet searching action very suitable to the delicate character of a woman's nature. They never once griped me, yet they established regularity. My appetite grew keen—my blood red and pure—heavy rings under my eyes disappeared and to-day my skin is as clear and unwrinkled as when I was a girl. Dr. Hamilton's Pills did it all."

The above straightforward letter from Mrs. [illegible] Y. Todd, wife of a well-known miller in Rogersville, is proof sufficient that Dr. Hamilton' Pills are a wonderful woman's medicine. Use no other pill but Dr. Hamilton's, 25c. per box. At dealers or The Catarrhozone Co., Kingston, Ontario.

MR AND MRS. HARCOURT.

Mrs. Harcourt Loves Home.

Interest in the personality of the Colonial Secretary, Lewis Harcourt, and his family is revived by the instruction which he is reported to have sent to all British Dominions and dependencies directing that oil leases be made only to companies registered and having their chief place of business under the British flag. This is intended to ensure a world-wide oil supply for the oil fuel-burning ships of the Imperial Navy in time of war. Mrs. Harcourt is a charming woman who loves her home and children.

Bashful Barrie.

Ralph Connor once attended a reception at Free St. George's, Edinburgh. It was given by the young people of the church in honor of the rising novelist. Coming in late he met the later Henry Drummond.

"Have you seen Barrie?" Drummond asked.

"No, but I should like to," replied Connor.

"Well," advised Drummond, "you just look around until you find a hole, look down that hole and you will find Barrie."

Connor found Barrie later in a quiet corner evidently looking for a hole and somewhat distressed at not finding it.

BABIES OWN TABLETS CURE INDIGESTION

Indigestion is one of the most common ailments of childhood, and no other ailment is more dangerous. Indigestion paves the way to many other complaints. Baby's Own Tablets never fail to remove childhood indigestion. They act as a gentle laxative, sweeten the stomach, regulate the bowels, and make the baby healthy and happy. Concerning them Mrs. Alphonse Pellitier, St. Philippe de Neri, Que., writes: "I have used Baby's Own Tablets for indigestion with great success. They have also proved successful in breaking up colic and simple fevers." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Hobbies and Their Patrons.

It is said that a hobby should be chosen to provide a complete change from the regular work of life, and apparently many well-known people have borne in mind this maxim when selecting their spare-time pastime. For instance, it is difficult to imagine two more widely different things than diving and Sanscrit, and the former is the favorite hobby of Professor Rockwell, the eminent Sanscrit scholar. The Earl of Aberdeen finds relaxation in landscape gardening when affairs of State do not demand his attention. Lord Charles Beresford makes a hobby of carpentering, at which he is an adept, while Ysaye turns from his violin to a well-beloved pipe. Another musician—Mark Hambourg—seeks change of occupation in numismatics; and Thomas Hardy turns from book-writing to dance-music as a pastime. The most famous of modern logicians, Professor Abbott, has croquet as his pet hobby.

A certain minister was greatly disturbed by a number of women in his congregation who persistently gossiped in a loud tone during service. One Sunday morning he executed a plan which he had devised to stop this annoyance. At a given signal the choir stopped on a certain word in the middle of a hymn. Then one of the gossipers, unable to check herself, was heard all over the church to say: "I always fry mine in lard." "As we know," announced the minister, "that she always fries hers in lard, we will proceed with the singing."

He Was Helpless For Two Years

Why Mrs. Baldwin Recommends Dodd's Kidney Pills.

She Could Find Nothing to Cure Her Rheumatism Till On a Neighbor's Advice She Tried Dodd's Kidney Pills.

St. Walburg, Sask., Feb. 16. (Special).—"I can truly recommend Dodd's Kidney Pills for any suffering from Rheumatism." These are the words of Mrs. W. A. Baldwin, a highly respected resident of this place. And Mrs. Baldwin gives her reasons.

"I was nearly helpless with rheumatism for two years," she says. "I got medicine from the doctor, and tried several other remedies, but nothing helped me. Then one of my neighbors advised me to try Dodd's Kidney Pills. I bought four boxes, and they helped me from the first. I have used nearly two dozen boxes and am nearly cured."

That rheumatism is one one of the results of diseased kidneys is again shown in Mrs. Baldwin's case. She had headaches, stiffness of the joints and backache, her sleep was broken and unrefreshing, and she was always tired and nervous. Her limbs swelled and she was always thirsty. These are all symptoms of diseased kidneys. When she cured her kidneys with Dodd's Kidney Pills the symptoms vanished and so did the rheumatism.

HOW TO SHAVE.

Some Valuable Hints on How to Use a Razor.

Safety razors have been but a mixed blessing; they have made men forget how to shave. Apart from that, even a safety razor can only be used in one way if the best results are to be obtained.

Which ever kind of razor you use, you should be careful always to shave with the run of the beard. Never shave against the grain; it is bad for the skin, the beard, and the razor.

A safety razor should be pressed flat against the face, and the action of a scythe should be imitated. That is to say, instead of running the razor straight down the face, use a semi-circular motion.

Perhaps the most important part of a shave is the lathering. The more the beard is lathered the softer it will become; it is false economy to scamp this part of the performance in order to save time or trouble.

An ordinary razor should always be stropped before and after use, and the soap should be thoroughly taken off it by hot water. A razor is all the better for a rest occasionally.

Learn how to use a strop properly. The razor-strop should hang from a point not higher than the waist-line. Shaving, and the care of a razor, is a science; and the man who can keep his razor in good condition is a man to be envied, especially in the winter.

Oooh!

"The silk hat is one hundred years old," observed the Boob, as he laid down his newspaper.

"Is that all," mused the Grouch. "Some of them look a lot older than that."

Magic "Nerviline" Cures Toothache, Earache

IT RELIEVES EVERY EXTERNAL PAIN

Cures Colds, Coughs, Sore Throat Tight Chest and Hoarseness.

It's when sickness comes at night, when you are far from the druggist or the doctor, that's when you need Nerviline most. Experienced mothers are never without it. One of the children may have toothache. Without Nerviline—a sleepless night for the entire household. With Nerviline the pain is relieved quickly. It may be earache, perhaps a stiff neck, or one of the kiddies coughing with a bad chest cold. Nothing can give quicker results than vigorous rubbing with this old-time family remedy.

Nerviline is too useful, too valuable to be without. For lumbago, lame back, sciatica or neuralgia there is no liniment with half of Nerviline's power to penetrate and ease the pain.

As a family safeguard, as something to ward of sickness and to cure the minor ills that will occur in every family, to cure pain anywhere, you can find nothing to compare with old-time Nerviline, which for forty years has been the most widely used family remedy in the Dominion. The most economical size is the large 50c. family size bottle, small trial size 25c. All dealers sell Nerviline.

Equal to the Emergency.

Her Father—Young man, I shut up the house at 11.30 prompt!

Her Beau—Very well, sir—I'll begin saying good-night at 10.30.

Only One "BROMO QUININE"

To get the genuine, call for full name, LAXATIVE BROMO QUININE. Look for signature of E. W. GROVE. Cures a Cold in One Day. 25c.

Clark's

All ready baked to a nicety, whole, mealy and full flavored. Heating only is necessary.

Pork & Beans

INFLUENCE OF GHOSTS.

The West African Bushmen Have Strange Belief.

In the minds of most of the West African bush people no hard and fast line seems to exist between the living and the dead, writes T. A. Talbot in The Wide World Magazine. Ghosts are thought to exercise great influence over those who still dwell on earth. At all ceremonies of importance the names of the principal ancestors are invoked, and at feasts part of the food is always laid aside for them, in such words as the following:

"Listen, my family! Here is the offering (goat, sheep or cow) which we have killed for him who has died. Here is your portion. It is time for us to eat." A libation is also poured out in order that the dead may drink with the living.

By a beautiful fancy, any stranger who dies in a town is buried on the road by which he entered it, so that his spirit may easily find the way back to his home, or at least watch the road thither and listen for the coming of friends.

Among many tribes those objects most used by the dead man while in life are broken and laid around his grave, so that their spirit, set free by the breaking of their earthly forms, may be borne by their owner into the world of ghosts.

Lost His Happy Home.

"I once had a comfortable home, ma'am."

"Poor man, how did you lose it?"

"Me wife lost her job, ma'am."

THE AGONIES OF HADES

Aren't supposed to be worse than a bad corn. For years the standard remedy has been Putnam's Corn Extractor. It painlessly removes the worst corn in 24 hours; try Putnam's Extractor, 25c. at all dealers.

But the man with money to burn may not love the smell of smoke.

Minard's Liniment Cures Distemper.

Psychological Moment.

Crawford—What's the best time for a man to get home at night?

Crawshaw—When his wife is asleep.

Fairville, Sept. 30, 1902.

Minard's Liniment Co., Limited.

Dear Sirs,—We wish to inform you that we consider your MINARD'S LINIMENT a very superior article, and we use it as a sure relief for sore throat and chest. When I tell you I would not be without it if the price was one dollar a bottle, I mean it.

Yours truly,

CHAS. P. TILTON.

Learning that his friend had fallen off a roof on which he was at work, the scientific chap hastened to his bedside. "I have an opportunity to prove an old theory here," he said, after obtaining all the details. "They say that when a man falls from a great height he thinks of all his sins before he hits the ground. Now, is that true? Did you do that?" "Well, I didn't have time to think of quite all of them. You see, I only fell five stories."

Minard's Liniment Cures Garget in Cows

ETHERIZING PLANTS.

A French Horticulturist Has Obtained Excellent Results.

Forcing plants by the vapor of ether seems to have proven one of the most successful methods yet tried. A French horticulturist, G. Bultel, has experimented with ether as a means of obtaining early strawberries, and reports berries much in advance of those obtained by any other method.

In the winter of 1911-12 M. Bultel compared a lot of 300 plants treated with ether with an equal number submitted to hot baths. Of the first lot, 107 were in bloom on Jan. 8, and blooming ended on Jan. 16, while the first berries were matured on Feb. 21, and the last on March 15. In the second lot, with only thirty-three in bloom on Jan. 8, blooming ended on Jan. 29, maturity being reached from March 6 to April 15.

The best time of exposure to the ether fumes seemed to be about forty-eight hours. Of the treated plants, 150 were exposed for this length of time, and 150 for sixty hours, and the earliness of the latter was only slightly greater than that produced with the shorter exposure.

Regularity

of the bowels is an absolute necessity for good health. Unless the waste matter from the food which collects there is got rid of at least once a day, it decays and poisons the whole body, causing biliousness, indigestion and sick headaches. Salts and other harsh mineral purgatives irritate the delicate lining of the bowels. Dr. Morse's Indian Root Pills—entirely vegetable—regulate the bowels effectively without weakening, sickening or griping. Use

Dr. Morse's Indian Root Pills

A WONDERFUL DISCOVERY

An eminent scientist, the other day, gave his opinion that the most wonderful discovery of recent years was the discovery of Zam-Buk. Just think! As soon as a single thin layer of Zam-Buk is applied to a wound or sore, such injury is insured against blood poison. Not one species of microbe has been found that Zam-Buk does not kill.

Then again, As soon as Zam-Buk is applied to a sore, or a cut, or to skin disease, it stops the smarting. That is why children are such friends of Zam-Buk. They care nothing for the science of the thing. All they know is that Zam-Buk stops their pain. Mothers should never forget this.

Again, As soon as Zam-Buk is applied to a wound or to a diseased part, the cells beneath the skin's surface are so stimulated that new healthy tissue is quickly formed. This forming of fresh healthy tissue from below is Zam-Buk's secret of healing. The tissue thus formed is worked up to the surface and literally casts off the diseased tissue above it. This is why Zam-Buk cures are permanent.

Only the other day Mr. Marsh, of 101 Deforimier Ave., Montreal, called upon the Zam-Buk Co. and told them that for over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that he had to sleep in gloves. Four years ago Zam-Buk was introduced to him, and in a few months it cured him. To-day, over three years after his cure of a disease he had for twenty-five years, he is still cured, and has had no trace of any return of the eczema.

All druggists sell Zam-Buk at 50c. box, or we will send free trial box if you send this advertisement and 1c. stamp (to pay return postage) to Zam-Buk Co., Toronto.

The Sinner.

The Magistrate (to offending motorist)—You are fined ten dollars.

The Motorist—Alright, old man. You must take it out of this $20.

The Magistrate—You are now fined $20. Anything more to say?

The Motorist—By jove, Sir, no! You're too quick at repartee.

Piles Cured in 6 to 14 Days

Druggists refund money if PAZO OINTMENT fails to cure Itching, Blind, or Protruding Piles. First application gives relief. 50c.

Smart.

"How old are you, Johnny?"

"Seven."

"And when were you seven?"

"On me last birthday."

Minard's Liniment Cures Colds, Etc.

His Trouble.

The Caller—You say your son dislikes the country and wants to go to the city. Does he seem restive at home?

Mrs. Tungtwist—Yes, he's awful restive. He ain't done nothin' but rest since he graduated from college.

Try Murine Eye Remedy

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. Murine Eye Remedy Co., Chicago

Supply and Capacity.

The Teacher (at a school treat)—What's the matter with Horace, Mrs. Jones? Is he ill?

Mrs. Jones—Oh no, Miss. 'E ain't exactly ill, but no stummick can stand nine buns.

Minard's Liniment Cures Diphtheria.

Dr. Guthrie said:—I am in good spirits because I take no spirits. I am hale because I take no ale. My reasons for being an abstainer are—My health is stronger, my head clearer, my heart lighter, and my purse heavier.

A banker was in the habit of wearing his hat a good deal during business hours, as in summer the flies used his bald pate for a parade ground, and in winter the cold breezes swept over its polished surface. A negro workman on the railroad each week presented a cheque and drew his wages, and one day, as he put his money in a greasy wallet, the banker said: "Look here, Mose, why don't you let some of that money stay in the bank and keep an account with us?" The negro looked toward him, and with a quizzical look at the derby the banker wore, answered confidentially: "Boss, I's afeard. You look like you was always ready to start somewhere."

FINGER NAILS DROPPED OFF

Skin Beneath Lifeless, Fingers Painful. Sleepless Nights. Used Cuticura Soap and Cuticura Ointment. Complaint Gone.

70 Agricola St., Halifax, N. S.—"Some time ago my finger nails began to drop off, the result it was believed of lead poisoning. The nails themselves were brittle and dry, the skin beneath being lifeless looking. My fingers were excessively painful causing sleepless nights. I was treated for about three months and the nails grew again, but away from the flesh of the fingers and then fell off again.

"Having heard a great deal of Cuticura Soap and Ointment I sent for a sample of both in the hope of their healing my fingers which were very painful. At night after washing my hands well with the Cuticura Soap I rubbed the Cuticura Ointment all around the finger ends and wore gloves to prevent the Ointment from being rubbed off, then again in the morning washed my hands with the Cuticura Soap. The Cuticura Soap and Ointment had a cooling effect and after using them for a short while I was surprised to feel fingers much less sore and beginning to assume a more healthy appearance, the fungus which had grown under the old nails disappeared and then new strong nails formed. This trouble had lasted about eighteen months before using Cuticura Soap and Ointment yet after using same for three months my finger nails had grown strong and complaint had entirely gone." (Signed) Ernest Beckford, Oct. 12, 1912.

Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. A single set is often sufficient. For a liberal free sample of each, with 32-p. book, send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

FARMS FOR SALE.

D. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain, or Dairy Farm write D. W. Dawson, Brampton, or 90 Colborne St., Toronto.

D. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

WE HAVE SEVERAL GOOD NEWSpaper properties for sale in Ontario, at right prices. Apply quickly as subscription revenue time is just opening. Will [illegible] Publishers' Company, [illegible] Toronto.

NURSERY STOCK.

STRAWBERRIES, RASPBERRIES, FIFTY Varieties. Free Catalog. McConnell & Son, Grovesend, Ontario.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured with out pain by our home treatment. Write us before too late. Dr. Bellmas Medical Institute, Collingwood, Ont.

The Heart of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

350 SHOT AIR RIFLE, repeater, hammerless, lever action, gun metal finish, FREE for selling 24 of our beautiful drawn work handkerchiefs at 10 cents each. Order at once. No money required. Cash commission if you wish. Chief Mfg. Co., 45 Chief Bldg., Beebe, Quebec.

MIST PROOF

Prevents Steaming or Blurring of lenses in passing from cold to warm room

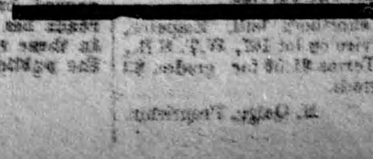
Removes grease or finger marks giving the lens a brilliant polish. Postpaid 25cts. THE HUYRO CO. Hamilton, Ont.

DOES YOUR MAPLE GROVE PAY?

What's the use of working hard, wasting time and fuel every Spring by using out of date boiling contrivances that make poor syrup? Invest in a "Champion" Evaporator. Take a little comfort and make better syrup, which means more money for you. Made in 22 different sizes. Write at once for our free booklet and catalogue.

THE GRIMM MFG. CO., LIMITED 88 Wellington St., Montreal, Que.

Canadian Hair Restorer



Before and After Using.

Restores Grey Hair to original color. Two might use from same bottle, hair of one becomes black, the other blond or other color as they were in youth. Stops Falling Hair, Dandruff, Itching. Cures all Scalp Diseases. Produces New Growth. Satisfaction guaranteed or money back.

Price 75 cents or two for One Dollar (postage paid.) Not sold in stores, address

Canadian Hair Restorer Co., WINDSOR, ONT.

Be Safe!

Don't take too many chances with spavin, splint, curb, ringbone, bony growths, swellings and of lameness. Use the old reliable remedy—

KENDALL'S Spavin Cure

It has been used by horsemen, veterinarians and farmers for 35 years—and it has proved its worth in hundreds of thousands of cases.

Bickerdike, Alta., Jan. 29, 1913.

"I have been using Kendall's Spavin Cure for a good many years with good results. In fact, I am never without it."

H. NEUDORF.

$1 a bottle—6 for $5, at druggists—or write for copy of our book "Treatise on the Horse" free.

Dr. B. J. KENDALL COMPANY Enosburg Falls, Vermont, U.S.A.