LIFE'S SUNSHINE

Gladdens Those Who Regain New Health and Strength

When the glow of health comes back to sallow cheeks; when languid weakness gives place to vigor; when you notice some pale, exhausted invalid restored to active health—enquire. More than likely you will find the cure to have been yet another of the thousands already wrought by Dr. Williams' Pink Pills. Headache and neuralgia, St. Vitus dance and twitching of the limbs, indigestion and rheumatism, eczema and disfiguring eruptions, and the ailments of growing girls and women all disappear when the veins are filled with the new, rich blood Dr. Williams' Pink Pills actually make. Here is one instance among thousands; Mr. F. Ashford, Haileybury, Ont., says: "Some years ago I completed a lengthy term of service in India, the last three years being spent in the beautiful but treacherous Poshawar Valley. Ague and dengue fever were rife, and although I was fortunate enough to escape a severe attack of either, on my return home it soon became apparent that the enervating climatic conditions had left their ravages on my constitution. In short the reaction had set in, and inexhorable nature was exacting a severe toll from years of strenuous labor. My first warning of the impending breakdown were severe pains in the back of the head and eyes, insomnia, irritability, a general anaemic condition and an indefinable nervousness. Life had lost its zest, work became impossible and companionship intolerable. It really seemed that I was swiftly passing to that stage where nervousness ends and insanity begins, when by chance I read an advertisement of Dr. Williams' Pink Pills. I confess I was skeptical of them doing what doctors had failed to do, but concluded that the cost was small, and perhaps, the chance in their favor, and so decided to try them. To my joy there was soon an improvement, and a continuance of the treatment effected a complete cure. I was now as fit and healthy as any man and am grateful that the lucky perusal of an advertisement brought to my notice the wonderful curative properties of Dr. Williams' Pink Pills."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

HOW TO BE REALLY HAPPY.

Arnold Bennet Thinks All That Is Needed Is To Try.

Is Arnold Bennett a happy man? The question may seem superfluous and even impertinent, but it is prompted by a little book called "The Plain Man and His Wife" which he has just published. He points out that the plain man tends to make his life all means and no end; to become too busy to examine the treasures of his soul; to grind away doggedly without experiencing the joys of consciousness.

We do not clap our friends often enough on the back, or if we do it becomes just a habit which annoys them and gives us no satisfaction; there are those among us who spring out of our beds shouting Hurrah! but after a time this becomes as much a part of the routine as shaving.

Mr. Bennet asks whether there is not a remedy, and though his own principles would not permit him to go so far, he tells us that his plain man will presently become explosive and even relinquish his fortitudes in favor of a little fun. Of course there is not a simple remedy, but we are invited to acquire some kind of self-knowledge and to determine which things really interest and which bore us. It may be objected that one cannot be happy by trying, but it is Mr. Bennett's point that you can, and he has a way of being right.

BABY'S OWN TABLETS

Baby's Own Tablets are the best medicine a mother can give her little ones. They are absolutely safe, being guaranteed by a government analyst to contain neither opiates, narcotics or other harmful drugs. They are good for all children from the newborn babe to the growing child. They cure constipation, indigestion, expel worms, break up colds and make teething easy. In fact they are a cure for all the minor ills of little ones and a box should always be kept in the house as a safeguard against sudden attacks of stomach or bowel troubles. Mrs. J. P. Richard, St. Norbert, N.B., says: "I have found Baby's Own Tablets all that is claimed for them. My baby suffered from his stomach and bowels and the Tablets certainly did him good." They are sold by all medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

MALAY TIGERS.

An Exciting Time in a Singapore Hotel.

As late as 1869, an authority on sport in the Malay Archipelago wrote that in Singapore there were always a few tigers roaming about, and that, on an average, they killed a Chinaman every day—generally one of the men who worked in the gambier plantations, which are made in newly cleared jungle. Although there is no danger to-day that tigers will spring upon unwary travelers about Singapore, write Messrs. Arnold Wright and T. H. Reid in "The Malay Peninsula," there is a certain excitement about living in a place where the following incident occurred, and where its repetition is not impossible.

It is now several years since a tiger was shot within the precincts of the town. The honor of this particular kill belong to Mr. C. M. Phillips, the head master of Raffles Institution. The tiger had not swum the straits from Johore, but had escaped from a cage in which it was awaiting shipment from Singapore. It caused consternation by walking into the compound of Raffles Hotel, and seeking refuge under the billiard-room in a detached building.

The billiard-players at once made a hurried exit. Mr. Phillips having been summoned, took post a few yards from the uninvited guest, whose eyes he could see shining in the darkness of its hiding-place, and was lucky to kill it.

The peninsula in its wilder parts, indeed, is a veritable paradise for big game. In its vast, wide-spreading forests range many noble species that are worthy of the skill of the keenest of hunters. The annual report of the railway department for 1906 contained a photographic reproduction of a scene that quite amusingly illustrated the perils that await the railway pioneer when he intrudes into the domain of wild nature. The picture reveals a wrecked railway-train, a locomotive completely off the rails, its tender reduced to scrap-iron, and its wheels off to one side, buried deeply in the dirt. The cause of all this mischief is shown in another picture. It was a wild elephant, a tusker of imposing size.

Illuminated Fish.

A new species having the appearance of an electrically lighted ferry boat, has been secured in the Australian Bight at the great depth of 2,100 feet. This curious fish, which has fifty-three brilliant light organs on either side of its body, which itself shines like a mirror, has been named the tudor. It was hauled to the surface by a trawler and will be placed on exhibition at the Australian Museum at Sydney, N.S., Wales. More than a hundred other entirely new varieties were obtained, all the specimens inhabiting these submarine depths being more or less luminous. Several fish of a jet black color, with a skin like velvet studded all over with scintillating encrustations of bluish light were also obtained, some being shaped like a pair of bellows.

Cramps at Night Require Prompt Remedy

Agonizing Pain Prevented by Keeping Nerviline Handy On the Shelf.

A Case in Point Illustrated.

Deadly cramps—the symptoms are not to be mistaken. Suddenly and without warning the patient experiences such agony in the stomach as to contort the countenance and cause him to cry aloud for help.

Then it is that the wonderful power of Nerviline can make itself felt—it cures so quickly.

"Last summer I was stricken with a frightful attack of cramps. I feared the pain in my stomach would kill me.

"My eyes bulged out and the veins in my forehead stood out like whipcords.

"My cries attracted a neighbor, who came to my assistance, and in a moment or two handed me half a teaspoonful of Nerviline in some sweetened water.

"It seemed as if an angel had charmed away the pain. In ten seconds I was well. Nerviline has a wonderful name in this locality, and is considered best for cramps, diarrhoea, flatulence, stomach and bowel disorders. I urge all my friends to use Nerviline.

"MANLEY M. LEGARDE,
"Williamsburg."

No home is safe or can afford to miss the manifold advantages of having Nerviline on hand in case of accident or emergent sickness. Large family size bottles of Nerviline, 50c.; trial size, 25c., all dealers, or The Catarrhozone Co., Buffalo, N.Y., and Kingston, Canada.

Both Waiting For It.

"At last," he sighed, "we're alone. I've been hoping for this chance."

"So have I," she said, very frankly.

"Ah! you have guessed, then, that I wanted to tell you that I love you?"

"Yes; and I want to say 'No,' and get it over with."

Pat Won It.

"Look here, Pat," said an old gentleman to his Irish servant, "to-morrow evening if you bring my tea without spilling a drop in the saucer I will give you a shilling to yourself." "Right, sir," said Pat, and the following evening he won the shilling by bringing the cup in one hand and the saucer in the other.

Nearly every man is true to his first love—himself.

It is better for a girl to be given in marriage than it is for a man to be sold.

WATERY BLISTERS INTENSELY ITCHY

Between Fingers. Spread to Tips. Would Swell Up, Itch and Burn. Did Not Dare Put Hands in Water. Cuticura Soap and Cuticura Ointment Cured.

Carman, Manitoba.—"A breaking out between my fingers was the first trouble. It was very itchy and spread to my finger tips affecting the nails. It first appeared in watery blisters and they were so intensely itchy I scratched them and let the water out making sores. They would swell up, itch and burn and finally the nails would loosen and come off. I spent many sleepless nights. I did not dare to put my hands in water except to wash them.

"I kept using ointments, ——, —— Ointment, but was not cured. Sometimes the remedies would help a little but I was not free from it altogether. I was that way for nine years trying everything. I heard of Cuticura Soap and Ointment and sent for them and before I had used them half a dozen times I noticed an improvement. By washing with the Cuticura Soap and applying the Cuticura Ointment frequently I was cured in three months." (Signed) Miss Florence E. Sanderson, May 20, 1913.

For more than a generation Cuticura Soap and Ointment have afforded the most economical treatment for affections of the skin and scalp that torture, itch, burn, scale and destroy sleep. A single set is often sufficient. Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 32-p. book, send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

"TRACTS" TOWARDS DOOR.

Book agents have become such a nuisance that most business men give orders that they are not to be admitted to their private offices. One persistent man, however, by one pretext or another, gained interviews with the various influential citizens. He reached the head office of the Bank of Toronto, and when the clerk was engaged, he walked into the office of the president, Mr. Duncan Coulson. Mr.

Mr. Duncan Coulson.

Coulson was earnestly engaged in conversation with a business friend, but stopped and asked the man his business. He was agent for a series of religious books, and when Mr. Coulson told him his library was already well filled, the agent persisted in exploiting the merits of his wares and, thinking he might at some future time make a sale, asked if he might leave some tracts. "Yes," replied Mr. Coulson, "with the toes towards the door."

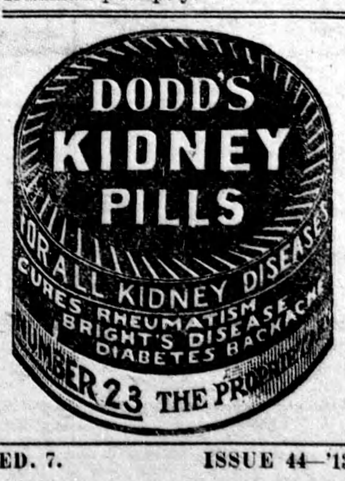
Skin diseases yield to LIQUID SULPHUR.

The law of the harvest is to reap more than you sow. Sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny.

Minard's Liniment Cures Colds, &c.

What He Thought.

An Irish M.P. was telling a story of a man who complained to three friends, an Englishman, a Scotchman, and an Irishman, that his servant was constantly breaking china. "What do you think I ought to do with her?" he asked. The Englishman said, "Dismiss her." But as she was otherwise an excellent servant her master was unwilling to do that. "Then take it out of her wages," suggested the thrifty Scot. "That wouldn't do much good," was the reply, "for her wages are less than the amount of damage she does." "Then raise her wages," said the Irishman promptly.



Weary Tiredness Changed to Vigor

That Played-Out Feeling Was Quickly Remedied and Health Restored.

Story of a Merchant Who Almost Lost His Business and His Health Through Neglecting Early Symptoms of Disease.

"My life for years has been of sedentary character," writes T. B. Titchfield, head of a well known firm in Buckingham. "Nine hours every day I spent at office work and took exercise only on Sunday. I disregarded the symptoms of ill-health, which were all too apparent to my family. I grew thin, then pale, and before long I was jaundiced—eyes and skin were yellow, my strength and nerve energy were lowered, and I was quite unfitted for business. In the morning a lightness in the head, particularly when I bent over, made me very worried about my health. Most of the laxative medicines I found weakening, and knowing that I had to be at business every day I neglected myself rather than risk further weakness. Of course I grew worse, but by a happy chance I began to use Dr. Hamilton's Pills. I was forcibly struck by the fact that they neither caused griping nor nausea, and it seemed incredible that pills could tone, cleanse and regulate the system without causing any unpleasant after effects. Dr. Hamilton's Pills acted with me just as gentle as nature—they gave new life to my liver, strengthened my stomach, and won me back to perfect good health. My skin is clear, dizziness has disappeared, and my appetite, strength, spirits are perfect."

Refuse anything offered you instead of Dr. Hamilton's Pills, which are sure to cure. Sold in 25c. boxes, five for $1.00, at all druggists and storekeepers, or postpaid from the Catarrhozone Co., Buffalo, N.Y., and Kingston, Canada.

Politeness.

Tommy's Aunt—Won't you have another piece of cake, Tommy?

Tommy (on a visit)—No, I thank you.

Tommy's Aunt—You seem to be suffering from loss of appetite.

Tommy—That ain't loss of appetite. What I'm suffering from is politeness.

We believe MINARD'S LINIMENT is the best:
Mathias Foley, Oil City, Ont.
Joseph Snow, Norway, Me.
Charles Whooten, Mulgrave, N.S.
Rev. B. O. Armstrong, Mulgrave, N.S.
Pierre Landers, senr., Pokemouche, N.B.
Thomas Wasson, Sheffield, N.B.

Bibber's Beak.

"Many judge from Bibber's red nose that he's a heavy drinker, but he's not. His nose is like a gas meter."

"How so?"

"It registers more than is consumed."

Try Murine Eye Remedy

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. Murine Eye Remedy Co., Chicago

"We're not going to have much of a wedding. Jack and I want to have everything as simple as possible." "Well, you will have it all right. You'll have each other, won't you?"

Minard's Liniment Cures Diphtheria.

SUICIDES AND DIABETES.

The Chief Causes of Death, Says Dr. Jacques Bertillon.

Dr. Jacques Bertillon, the well-known statistician for the Department of the Seine, Paris, has prepared tables relative to the rate of mortality and causes of death in different occupations.

The principal causes of death noted are intemperance, disease of the chest, heart, liver and nerves, diabetes, suicide and accidents.

The most healthy occupations are naturally those followed in the open air, but there must be movement, otherwise the constant exposure is bad for health. Thus gamekeepers and park and forest keepers live long, while drivers, who are exposed to the air without movement, are not long lived.

M. Bertillon claims that engine drivers, men employed in wood cutting and in malting, school teachers, lawyers and clergymen live the longest. The mortality amongst doctors, employees of the post office, commercial travellers, grocers, fruiterers, hatters and some other trades, such as watchmaking and tanning, is low. Domestic servants and coachmen employed in private families also represent a low death rate.

The mortality surpasses the average among functionaries, tramway and gas workers, itinerant fish and poultry sellers, drapers, saddlers, bakers, millers, butchers, boatmen, carters, sailors, cycle dealers, &c.

Finally, day laborers are bad lives, so are doctors, miners, stone cutters, shop assistants, drivers, grooms and jockeys, newspaper venders and pavement merchants, printers, blacksmiths, messengers, chimney sweeps, barbers and musicians.

Suicide and diabetes are two principal causes of death. Generally, it is only persons of a certain social position who are affected by this malady, such as functionaries, teachers, doctors, lawyers, wine merchants, farmers and the clergy. The clergy are particularly subject.

Suicide has also its high and its low rates of occurrence, though it appears in all professions. It is rare among the clergy and functionaries and just those classes which follow the healthiest occupation. It is more often found among grocers, hardware dealers, drapers, coopers, polishers, tobacconists, lawyers' clerks and architects. But it is frequent amongst "camelots," shop assistants, cutlers, coiffeurs, domestic servants, costers, lawyers, doctors and chemists.

But suicides are by far the most often met with among the drink sellers and persons in their employ, chimney sweepers, butchers, fruiterers and musicians.

Made These People.

"Clothes don't make the man," quoted a sage.

"They made me!" said a retired tailor.

"Where should I be if it wasn't for suits?" chimed in a young lawyer.

His Only Opportunity.

"Does your wife talk in her sleep, major?"

"No, I talk in her sleep. It's the only chance I get."

Lord's Day Alliance Active.

Very busy with the good work, but no more efficient than the old reliable Putnam's Corn Extractor, which cures corns and warts in one day. Fifty years use proves the merit of Putnam's. Use no other, 25c. at all dealers.

The Tactless One.

"I will confess to you," she said, "that I am older than I look. I will be thirty-one my next birthday."

"Really?" he replied. "Hardly anyone would guess that you were more than about twenty-nine."

"That's the last time," she said when he had departed, "that I'll ever try to be nice to a brute."

Blood troubles yield to LIQUID SULPHUR

Fact.

Some men temptation can exile,
You can't get them to flinch;
But most of us preach by the mile,
And practice by the inch.

Minard's Liniment Cures Distemper.

Worse.

Before I married my wife I could listen to her voice for hours and hours."

"And now?"

"Now I have to."

LIQUID SULPHUR cleanses the blood.

Keeping Up.

Doctor—Remember, Mrs. Malone, I told you that your husband is failing rapidly and we must keep him up as long as we can.

Mrs. Malone—Sure, Oi'm doing it, sor. Oi haven't let him have a wink av slape now for three days.

A Vancouver man awoke from his slumbers and heard a man trying to get in his front door. He turned loose at the man with a shotgun, and a policeman chased the stranger who took to flight. He was caught and spent the night in a cell. In the morning it was found that the supposed house-breaker was a neighbor, who had mistaken the other man's door for his own while in a bibulous condition.

ZAM-BUK

MRS. A. SAICH, of Cannington Manor, Sask., Writes:—"My brother suffered severely from eczema. The sores were very extensive, and burned like coals into his flesh. Zam-Buk took out all the fire, and quickly gave him ease. Within three weeks of commencing with Zam-Buk treatment, every sore had been cured."

This is but one of the many letters we are constantly receiving from people who have proved the healing powers of Zam-Buk. For eczema, piles, sores, burns, cuts and all skin troubles there is nothing like this wonderful balm. No skin disease should be considered incurable until Zam-Buk has been tried.

All Druggists, 50c. per Box.
Refuse Substitutes.

ECZEMA

1 ELECTRIC DYNAMO OR GENERATOR FOR SALE

30 K.W., 110 VOLTS, D.C., 675 R. P. M.

At a Very Reasonable Figure for Immediate Sale.

S. FRANK WILSON & SONS,
73 Adelaide St. West, TORONTO.

Education.

Father—Well, what did you learn in school to-day?

Johnny—Nothin', but I guess the teacher learned sumpin'.

LIQUID SULPHUR cures ECZEMA.

Paw Knows Everything.

Willie—Paw, is man an animal?

Maw—Yes, my son, most of them are brutes.

Paw—You go to bed, Willie.

Minard's Liniment Cures Garget in Cows.

The Difference.

"There is one essential difference between the activities of a fireman and of a policeman.

"What is it?"

"While the fireman runs out, the policeman 'runs in.'"

EDUCATION.

ELLIOTT'S BUSINESS COLLEGE, Toronto. Canada's Popular Commercial School. Magnificent Catalogue free.

AGENTS WANTED.

WANTED—PERMANENT MEN OR Women locally. Salary and Commission. Make Five to Ten Dollars day, spare time accepted. Samples free. J. L. Nichols Co., Publishers, Toronto, Canada.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

FRUIT, STOCK, GRAIN AND DAIRY Farms in all sections of Ontario. Some snaps.

FACTORY SITES, WITH OR WITHOUT Railway trackage, in Toronto, Brampton and other towns and cities.

RESIDENTIAL PROPERTIES IN Brampton and a dozen other towns.

H. W. DAWSON, Colborne St., Toronto.

NEWSPAPER FOR SALE.

COUNTRY WEEKLY NEWSPAPER FOR Sale in good Ontario town. Excellent opening for man of energy. Write Wilson Publishing Company, Toronto.

STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFferent Foreign Stamps. Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.

MISCELLANEOUS.

FOR SALE—SILVER PATCHED FOXES, also dark reds. Wish to buy 100 pair of Mink for breeding purposes. Graham Bros., R. R. No. 1, Strathroy, Ont.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

GALL STONES, KIDNEY AND BLADder Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German remedy, "Sanol," price $1.50. Another new remedy for Diabetes-Mellitus, and sure cure, is "Sanol's Anti-Diabetes." Price $2.00 from druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

The Heart of a Piano is the Action. Insist on the
"OTTO HIGEL"
Piano Action

Why we pay more for your
RAW FURS
We are the oldest RAW FUR HOUSE as well as the largest collectors of CANADIAN RAW FURS in Canada. That means larger experience, larger markets and a LARGER PRICE to you.
Ship direct to us. Returns made same day furs are received.
Shipments held separate on request.
Fall price list now ready. Write for it.
HIRAM JOHNSON LIMITED,
494 St. Paul St.
Mail Dept. "C" Montreal.

FOR SALE

Pulleys & Shafting

Suitable for Mills, Manufacturing Plants, Printing Houses, Etc.
2 Wood Split Pulleys, 12½ x 48 in. for 3 15/16 in. shaft.
1 Wood Split Pulley, 12½ x 48 in. for 2 15/16 in. shaft.
1 Wood Split Pulley, 12½ x 28 in. for 3 7/16 in. shaft.
1 Wood Split Pulley, 10½ x 36 in. for 3 7/16 in. shaft.
Pulleys of smaller sizes and Shafting of various lengths and sizes to be sold at very low figures.
Box 23,
Wilson Publishing Co., Toronto.