NERVOUS DISEASES IN THE SPRING

Cured by Toning the Blood and Strengthening the Nerves

It is the opinion of the best medical authorities, after long observation, that nervous diseases are more common and more serious in the spring than at any other time of the year. Vital changes in the system, after long winter months, may cause more trouble than the familiar spring weakness and weariness from which most people suffer as the result of indoor life, in poorly ventilated and often overheated buildings. Official records prove that in April and May neuralgia, St. Vitus dance, epilepsy and other forms of nerve troubles are at their worst, and that then, more than any other time, a blood-making, nerve-restoring tonic is needed.

The antiquated custom of taking purgatives in the spring is useless, for the system really needs strengthening, while purgatives only gallop through the bowels, leaving you weaker. Dr. Williams' Pink Pills are the best medicine, for they actually make the new, rich, red blood that feeds the starved nerves, and thus cure the many forms of nervous disorders. They cure also such other forms of spring troubles as headaches, poor appetite, weakness in the limbs, as well as remove unsightly pimples and eruptions. In fact they unfailingly bring new health and strength to weak, tired and depressed men, women and children.

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

INDIA'S MARBLE GATEWAY.

Structure to Mark Spot of King George's Landing.

Lord Sydenham, the Governor, recently laid the foundation stone of the building, the symbolical gateway of India, which is to mark the spot where King George landed on Indian soil on his way to the Delhi Durbar.

The structure will be of shining white marble, and the style of architecture chosen is mixed Hindu and Moslem. The total cost of the building will be about $300,000, of which the Government of India is contributing two lakhs of rupees, the Bombay Government three lakhs, Sir Jacob Sassoon three lakhs, and the Bombay Corporation one lakh.

Referring to the happy combination of the Hindu and the Moslem styles, Lord Sydenham said he earnestly hoped that this would be of good augury for the advance of the great Indian communities hand in hand towards nationhood under the guidance of British rule.

Old Winter Coughs Now Easily Cured

A New Remedy Now Cures Without the Use of Cough Syrups or Drugs.

Just think of it—you can clear away that hard, racking cough, drive it completely out of the system, make yourself perfectly well by the new breathing cure that employs no medicine at all.

You wonder how; very simple, indeed; you simply breathe in through a **Catarrhozone Inhaler** rich balsamic essences that heal and soothe away the cough in a few hours' time.

In using Catarrhozone you bathe the lining of the nose and throat with that powerful antiseptic of the Blue Gum Tree of Australia, which is probably the surest cold and cough cure in the world today.

Clarence E. Cromwell, writing from Medicine Hat, says: "To cure a sneezing cold in about ten minutes the one thing I know of to do it is Catarrhozone. To relieve an irritated throat quickly, nothing can excel Catarrhozone. It simply eats up a cough or cold of any kind. I know of colds that have hung on for months that Catarrhozone cured quickly. Nearly every man I know carries a Catarrhozone Inhaler with him day and night, and in this country it makes a wonderful protection against all winter ills."

Get the dollar outfit, including the hard rubber inhaler, and medication to last two months; medium size 50c., sample size 25c., at all storekeepers and druggists or The Catarrhozone Co., Buffalo, N. Y., and Kingston, Canada.

The Lawyer's Turn.

"Now, have you given me all the facts exactly as they occurred?"

"Oi have, sorr, the plain truth, an' ye will be able to put in all the rest yerself."

Minard's Liniment Co., Limited.

I was very sick with Quinsy and thought I would strangle. I used MINARD'S LINIMENT and it cured me at once.

I am never without it now.

Yours gratefully,
MRS. C. D. PRINCE.

Nauwigewauk, Oct. 21st.

The trouble about taking a chance is that you can't always put it back where you found it.

A new picture of Crown Prince Michi of Japan in a uniform of sub-lieutenant of the Imperial navy.

Usually.

When one neighbor tells another neighbor that a new family is about to move in next door these four questions are asked within the next minute or two:

"What's their names?"
"Got any children?"
"Do they own a phonograph?"
"What's his business?"

BABY'S OWN TABLETS USED FOR TEN YEARS

When one medicine is used in a home for a number of years it is the strongest testimony as to the value of that particular remedy. Thousands of mothers have been using no other medicine but Baby's Own Tablets for years—in fact many of them say they would have no other medicine in the house. Concerning them Mrs. Jas. H. Konkle, Beamsville, Ont., says: "I have used Baby's Own Tablets for ten years and would not be without them as long as there are children in the house." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

THE KAISER'S MAXIM.

Always Do Your Best, Even Though Not Thanked.

In a golden frame on the German Emperor's desk in his study is to be found the following code of ethics:

"Be strong in pain; don't long for what is unattainable or worthless; be satisfied with the day as it comes; look for good in all things; be satisfied with one hour of happiness for a thousand bitter ones; always do your best even though you may not be thanked.

"He who learns to do these things will be a happy man. We must consider every one an equal or superior till the contrary is clear. The world is so great and we men so small; thus everything cannot be happening about us. When we suffer an injury or are harmed, who knows but that it is for the good of creation. In everything on earth, dead or alive, lives the great white will of the Creator, only we little beings don't realize it. Everything is for the best in the eyes of the Creator."

The words are those of the Emperor's favorite author, Ludwig Ganghofer, a Bavarian.

Anyway, a man need not fear competition when he is in love with himself.

"So you've been to France, again, Mrs. Comeup?" "Yes; seems like we can't keep away from dear Paris. Indeed, my daughter says we're regular Parasites."

Only One "BROMO QUININE"

That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a Cold in One Day. Cures Grip in Two Days. 25c.

Buildings of Asbestos.

Asbestos plaster, used in the same manner as concrete at the present time, will, so a western construction concern believes, solve several problems. It is claimed not only that buildings constructed of such material would be absolutely fireproof, no matter how hot a fire might be raging on either side, but that the use of such plaster, which is a poor conductor of heat, would save fuel in winter and keep interiors cool in summer. Asbestos is also sound-proof, which is an additional feature of importance, particularly in the construction of hotels, factories and the like.

Minard's Liniment Cures Colds, Etc.

Found the Cause The Rest Was Easy

DODD'S KIDNEY PILLS QUICKLY CURED HIS KIDNEY DISEASE.

How Hudson Marchbank, After Suffering for Five Years, Found Quick Relief and Permanent Cure in the Greatest of Canadian Remedies.

Marchbank, King's County, N.B., April 28 (Special).—After suffering for five years from kidney disease, brought on by a strain, Hudson Marchbank, Esq., the well-known farmer of this place, is again a strong, healthy man, and another grand cure for Dodd's Kidney Pills has been put on record. In an interview, Mr. Marchbank says:

"About five years ago I hurt my back from lifting, and it developed into kidney disease. My back pained me all the time, and I was very much troubled with headaches. My appetite was fitful: I had a bitter taste in my mouth in the mornings; I perspired freely, and my perspiration had a disagreeable odor.

"I used liniments and plasters, but they did not do me any good, and as there were other symptoms that my kidneys were affected, I decided to try Dodd's Kidney Pills. After using two boxes, my back was completely cured, and my kidneys have not troubled me since."

When Mr. Marchbank decided that his kidneys were the cause of his troubles the rest was easy. Almost any of his neighbors could tell him that Dodd's Kidney Pills always cure diseased kidneys.

Saved Old Boxes for Hobby.

The death has occurred at Surbiton, England, of Thomas Sutton, aged 84, who had made thousands of children happy by converting discarded match boxes, cigar and cigarette boxes, chocolate boxes and tobacco tins into attractive receptacles for sweets and giving them away every Christmas to children of public institutions. Last Christmas Mr. Sutton broke his previous best record for a year with more than 8,000 boxes. Since taking up his hobby he had covered and lined nearly 40,000 boxes, all of which he had given away.

Due Warning.

Germany is being blamed for the story of a factory notice now going the rounds. Prominently displayed near all the live wires, it reads: "To touch these wires means instant death. Anyone failing to respect this warning will be prosecuted and fined."

No one has, up to the present, had to be prosecuted.

ISN'T THIS ROMANTIC?

Two toes loved by four corns for five years and sentenced to die by five applications of Putnam's Corn Extractor. If you want to cure corns, "Putnam's" is the only thing—try this painless remedy, 25c. at all dealers.

Defined.

"What is strict economy, Pa?"

"Strict economy, my boy, is the kind your mother makes me practice."

PILES CURED IN 6 TO 14 DAYS.

Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

Insult to Injury.

A barber has nerve to cut you one day, ask you the next day if you don't shave yourself.

When Your Eyes Need Care

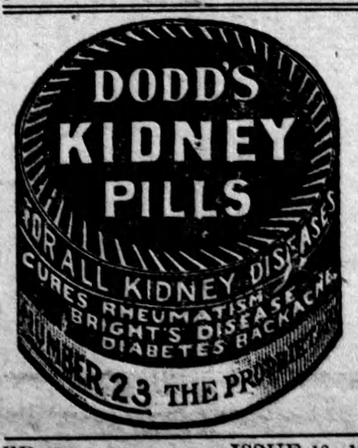
Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c.

Murine Eye Remedy Co., Chicago

If you have reason for an act you won't need an excuse.

Minard's Liniment Cures Distemper.

A Jew took his son Ikey to the theatre. He bought one ticket. When he started in the doorkeeper said: "You will have to have a ticket for the boy." The Jew replied: "I give you my word as a gentleman he won't look."



WHY ENDURE PIMPLES

CUTICURA Soap and Ointment

Do so much for pimples, blackheads, red, rough hands, and dry, thin and falling hair, and cost so little that it is almost criminal not to use them.

Cuticura Soap and Ointment are sold throughout the world. A liberal sample of each, with 32-page booklet on the care and treatment of the skin and scalp, sent post-free. Address Potter Drug & Chem. Corp., Dept. 28D, Boston, U. S. A.

TOMB OF JONAH.

Sacred Place That Visitors Must View From a Distance.

The site of Nineveh is almost perfectly level. But adjoining the western wall are two huge mounds concealing the palaces of the greatest kings of Assyria. The lower or southern mound is occupied by a mosque and a village of considerable size.

Its name is Nebi Yumus, or the Prophet Jonah, for in the mosque is the tomb in which Jonah is said to have been buried. The age of the tomb is uncertain, yet probably it dates from long after the Hebrew prophet's time. However, the place is now sacred, so sacred that pilgrims visit it from afar.

I rode up the steep, narrow streets of the village to the mosque, writes a correspondent of the Christian Herald, and to the amazement of the natives I dismounted and entered the mosque yard. A crowd of excited men quickly surrounded me. To a priest I explained that I had come to see the grave of Jonah, and with a motion of the hand I made it understood that he would be rewarded. Removing my shoes, I followed the priest through a dark passageway.

There he pointed to a wall and said that the tomb was just beyond. I wished to enter the prayer room from which the tomb itself might be seen, but the place was considered far too sacred for my profane feet. However, the few Christians who have been permitted to see the tomb may look only through a small window into a dark chamber in which a cloth covered mound is scarcely discernible. It is said that no Moslem even will enter the inner shrine.

Ever Have Cramps, Nausea, Vomiting?

THEN USE NERVILINE.

For Stomach Pains and Cramps, No Remedy so Prompt as Nerviline.

A Westerner's Experience Related.

"It's in an unsettled part of the country like our far West that proves how valuable Nerviline is in the home," writes Mr. Patrick M. Dehaney, from Fort Saskatchewan. "Chills are frequent—a hot drink of Nerviline sends life circulating through the body in three minutes. Cramps or sudden illness at night is one of our terrors. No druggist or doctor is near, but if Nerviline is handy you can get relief. The worst cramps Nerviline has cured in my children in half a minute. I don't think any farmer's wife has any right to be without the protection of Nerviline. In our family we use it for a hundred ills, and it cures them all. One night one of my kiddies had earache and another toothache. Without Nerviline no one could have slept—I applied it as directed, and the childrens' pains disappeared. My husband uses Nerviline for lame back, rheumatism, aching joints and all sorts of muscular pains. It is as good inside as outside, and is as much a part of my home as my kitchen stove."

You find a thousand uses for a good family remedy like Nerviline. Get the 50c. family size bottle; it's more economical than the 25c. trial size. Sold by all storekeepers and druggists, or The Catarrhozone Co., Buffalo, N. Y.

The best definition of a demagogue will always remain with the little girl of seven who said: "A demagogue is a vessel containing beer and other liquids."

The man who is buying his house on the instalment plan now wishes he could redecorate it in the same way.

Minard's Liniment Cures Diphtheria.

FRANCE LEADS IN AIRSHIPS

Has 48 Different Makes to 47 of Other Nations Combined.

An analysis of the existing makes of aeroplanes and hydro-aeroplanes made by a French newspaper shows that France alone possesses forty-eight compared with forty-seven credited to all other nations combined. Numbers alone, it is pointed out, do not prove much, but the chief records give France also the first place.

The non-stop record has been beaten twenty-three times, three times by foreign machines, twenty times by French. The speed record has been held twice by foreign machines and eighteen times by French. The height record has been beaten twenty-five times, four times by foreign machines, the rest by French.

In the list drawn up America is credited with two makes of biplanes (Wright and Curtiss) and three of hydro-aeroplanes (Burgers-Wright, Wright and Benoist); Great Britain with nine makes of biplanes, eleven of monoplanes and one hydro-aeroplane; Germany with six makes of biplanes, seventeen of monoplanes and two hydro-aeroplanes; France with twenty makes of biplanes, twenty-four of monoplanes and twenty-four of hydro-aeroplanes. The remaining countries do not reach double figures. Italy has nine, Austria, three, Japan, Russia and Switzerland one each.

Bright, Ruddy Cheeks For Pale Girls

No Longer Any Need to be Pale, Weak or Anaemic.

By Following the Advice of Miss McEwen You Can Quickly Become Strong Again.

The pallid girl always lacks appetite. What little she eats is badly digested.

At night she is restless, she dozes, but doesn't sleep soundly.

Vital force must be increased, new blood must be supplied and a general rebuilding take place before she will feel like she ought.

Dr. Hamilton has invaluable experience in these cases and found nothing so prompt in building up young women as his vegetable pills of Mandrake and Butternut.

Dr. Hamilton's Pills begin by cleansing the system and purifying the blood; they also improve digestion and render food ready for absorption. Additional nourishment is quickly supplied and the patient is fast strengthened and invigorated.

Full of spirit, ruddy and strong is the girl that assists her system by the use of Dr. Hamilton's Pills.

The following recent letter from Miss Etta McEwen, of Haliburton, speaks for itself:

"In using Dr. Hamilton's Pills I find my system is wonderfully built up. It is certainly the most effective remedy I ever used. I have now a good appetite, sleep more soundly, and awaken in the morning feeling quite refreshed.

"Formerly I felt tired and depressed. I looked as if a severe illness were hanging over my head.

"Nothing could give quicker results than Dr. Hamilton's Pills and I strongly advise every young woman to use them."

All dealers sell Dr. Hamilton's Pills, 25c. per box or five boxes for $1.00, by mail from The Catarrhozone Co., Buffalo, N. Y., and Kingston, Ont.

KNEW BIBLE BY HEART.

Wonderful Memory of Presbyterian Minister.

Of the many examples of prodigious memories which have been recorded from time to time none, perhaps, have been so remarkable as the case of Rev. Thomas Threlkeld, who was Presbyterian minister at Rochdale, England, for 28 years and died there in April, 1806, at the age of 67. Threlkeld's memory first attracted attention when he attended the Grammar School at Daventry, where he began to make a close study of the Bible. When a passage was recited to him he could immediately give it, chapter and verse, and, on the other hand, if a chapter and verse were given he could at once repeat the passage.

Both at Daventry and Warrington, where he went to finish his education, his fellow-students delighted in putting his memory to the test, and never once was it known to be at fault.

"In later years," says Mr. Frank Hird, in "Lancashire Stories," "Threlkeld was looked upon as a living concordance to the Bible in Rochdale and the neighborhood, and he was constantly asked the most puzzling questions by his brother ministers, sometimes actually for information, but generally for mere amusement. He was never known to be wrong."

Threlkeld's powers of memory, however, were not solely concerned with theology. He was also a linguist, and knew nine or ten languages, while dates were a passion with him, no matter how unimportant. His knowledge of historic dates, of chronology, heraldry and genealogy was encyclopaedic, and one of his favorite amusements was to go through the succession in the Episcopal Sees and trace the pedigrees of families.

Clark's

A nourishing, tasty, economical meal.
A time and money saver.
A strength producer.

Pork & Beans

W. Clark, M'f'r, Montreal

HBK

GLOVES By The Year

If you want the best and longest-wearing gloves or mitts ever turned out of a factory be sure and ask for the famous

PINTO SHELL

These gloves are specially tanned for hard service and will save you money and reduce your glove expense by the year. Send for our descriptive pamphlet—**The Pinto's Shell.**

HUDSON BAY KNITTING CO.
Canada's Expert Glove and Mitt Makers,
MONTREAL.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

GOOD STOCK FARM OF 500 ACRES with Three Houses; large Bank Barn. Must be sold quick. Price is very low.

SEVERAL DESIRABLE FARMS IN Manitoba, Alberta and Saskatchewan that can be bought. Worth the money for quick sale.

I HAVE OVER ONE HUNDRED GOOD farms in different sections of Ontario on my list. If you want a farm consult me.

H. W. DAWSON, Toronto.

66 ACRES IN MIDDLESEX COUNTY—Soil clay loam; 2 acres fruit; new brick house; number of outbuildings; 3 miles to market and Railway Station. This is a cheap farm. The Western Real Estate Exchange, London, Ont.

MALE HELP WANTED.

AT ONCE—MEN TO LEARN BARBER trade; expert instruction; constant practice; tools free; always sure employment for barber. Write for catalogue. Moler College, 221 Queen E., Toronto.

STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFferent Foreign Stamps, Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

When buying your Piano insist on having an
"OTTO HIGEL"
Piano Action

BOILERS New and Second-hand, for heating and power purposes. TANKS AND SMOKE STACKS. Agents for Sturtevant Ventilating and Heating Systems.
POLSON IRON WORKS LIMITED TORONTO
Engines and Shipbuilders

Maypole Soap

DYES SO EASILY

With Maypole Soap there is no trouble and no muss in home dyeing. Dyes cotton, wool, silk or mixtures. 24 colors—will give any shade. Colors 10c. Black 15c—at your dealer's or postpaid with booklet "How to Dye" from

108

F. L. BENEDICT & CO. Montreal

Too Busy to Brag.

"Is he making good?"

"He must be. He never seems to have time to stop and tell anybody about it."

Minard's Liniment Cures Garget in Cows.

Denied.

Judge (to notorious bank robber)—They say you were in politics on the other side.

Accused (with offended dignity)—Never, your honor! Politics would have ruined my character.

Sample free if you write National Drug & Chemical Co. of Canada, Limited, Toronto.