Laughs With Joy! No More Indigestion

Montreal Man So Ill, Thought He Would Die of Stomach Trouble.

Found a Simple Remedy That Has Kept Him Well Ever Since.

The experience of Mr. Larose is one very common to-day:

"I suffered from dyspepsia and indigestion for five years. I suffered so much that I could hardly attend to my work. I was weak and lost all courage. I enjoyed no rest until I decided to follow your treatment. To my great surprise I immediately began to feel better. I am now using the second box of Dr. Hamilton's Pills, and I feel so well that I want to tell you that I owe this great change to your famous pills. I recommend Dr. Hamilton's Pills to every person who is suffering from dyspepsia. Your grateful servant, D. R. Larose, 338 Joliette street, Montreal, P.Q.

All who have weak stomachs, and those who suffer with indigestion, headaches, biliousness, can be perfectly cured by Dr. Hamilton's Pills, 25c. per box, at druggists and storekeepers, or the Catarrhozone Co., Kingston, Ont., and Buffalo, N.Y.

THE ROBIN'S FOOD.

Chiefly Moths, Butterflies, Earthworms and Cutworms.

Once upon a time some one got the notion that the common robin is a foe to the orchardist and berry-grower. The alleged discovery was promptly published broadcast, and the fruit-grower loaded his shotgun and went forth to slay the robin.

Since the robin redbreast is the commonest of our song-birds, extremely sociable in his habits and unsuspecting in his disposition, he naturally fell an easy victim. The fruit-grower felt himself perfectly justified, for did not the bird destroy the early cherries, pick the young apples from the trees, and help himself to any number of quarts of berries? He had been caught in the act again and again.

The fruit-grower's investigation into the food habits of the robin went no further than observing that he sometimes ate cherries. It never occurred to the man with the shotgun to examine the contents of his victim's stomach. If he had done so with a mind open to conviction, a surprise would have met him. The robin does eat fruit, but the quantity is small in proportion to the number of insects he destroys.

His diet consists chiefly of moths, butterflies, caterpillars, earthworms, cut worms, and other creatures that the farmer can very well spare. The small fruit that the bird consumes is only his dessert after meat.

If the robin plucks small apples from your trees, would it not be well to examine the apple before killing the bird? He may be doing you a great service. Probably you will find that he has not eaten the young apple, after all, but has dropped it on the ground. A little further investigation will show that it contained a larva of the destructive codling-moth; the bird was not after the apple, but the larva.

Nestling birds live wholly on insect food. The writer once watched a pair of robins that had their nest on a porch cap. From the time the young were hatched until they were ready to leave the nest the parents visited them on the average once every fifteen minutes, and brought at each visit from one to three insects. Cut worms and army-worms were the chief of the youngsters' diet.

Another brood, reared in an apple-tree, near a large orchard, were fed almost exclusively upon codling-moths.

Could Lawyer Defend Him Better.

"What do you mean, Robert, by taking more cake than I said you might have?"

"I was just making believe, mother, that another little boy was spending the day with me."

NO RHEUMATISM LAST WINTER

Montreal Man Conquered his Old Enemy by using GIN PILLS

Mr. A. Beaudry of 597 Panet Street, Montreal, thus expresses his great satisfaction with GIN PILLS.

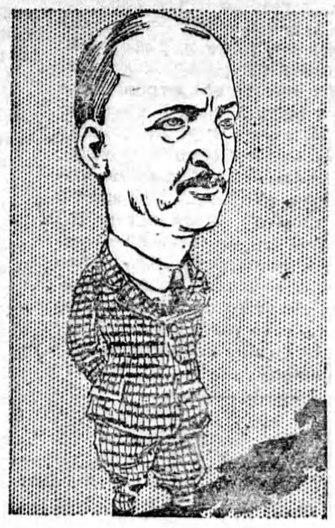
"It affords me great pleasure to inform you that I have used GIN PILLS for about six months, and that they have done me a great deal of good. I have had Rheumatism for a couple of years, and last winter I saved myself from it by using GIN PILLS."

50c. a box, 6 for $2.50. Sample free if you write National Drug and Chemical Co. of Canada, Limited, Toronto. 135

DUKE OF MARLBOROUGH.

Despite the efforts made by influential persons to heal the breach between the Duke of Marlborough and his wife, no success has been achieved in this direction, and the Duke's sister, Lady Lilian Grenfell, acted as hostess. Their two sons, who are rapidly growing out of boyhood, spent their Christmas at Blenheim and then joined their mother on the Continent.

The Duke is the head of the powerful Marlborough family, to which Mr. Winston Churchill is related. The first Duke was the famous soldier who gained the great victories of Blenheim, Ramillies, Oudenard, and Malplaquet, and the family have always figured conspicuously in military annals. The present Duke was born forty-two years ago at Simla. In 1895 he married Consuelo, the daughter of Mr. W. K. Vanderbilt, the New York millionaire. He served with the Yeomanry in South Africa, and acted as A.D.C. to Lieutenant-General Ian Hamilton. He has always maintained a keen interest in politics, and from 1903-1905 he was Under-Secretary of State for the Colonies.



Duke of Marlborough.

GOOD NATURED AGAIN.

Good Humor Returns with Change to Proper Food.

"For many years I was a constant sufferer from indigestion and nervousness, amounting almost to prostration," writes a Western man.

"My blood was impoverished, the vision was blurred and weak, with moving spots before my eyes. This was a steady daily condition. I grew ill-tempered, and eventually got so nervous I could not keep my books posted, nor handle accounts satisfactorily. I can't describe my sufferings.

"Nothing I ate agreed with me, till one day I happened to notice Grape-Nuts in a grocery store, and bought a package out of curiosity to know what it was.

"I liked the food from the very first, eating it with cream, and now I buy it by the case and use it daily. I soon found that Grape-Nuts food was supplying brain and nerve force as nothing in the drug line ever had done or could do.

"It wasn't long before I was restored to health, comfort and happiness.

"Through the use of Grape-Nuts food my digestion has been restored, my nerves are steady once more, my eye-sight is good again, my mental faculties are clear and acute, and I have become so good-natured that my friends are truly astonished at the change. I feel younger and better than I have for 20 years. No amount of money would induce me to surrender what I have gained through the use of Grape-Nuts food." Name given by Canadian Postum Co., Windsor, Ont. "There's a reason." Read the little book, "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Pat's Remedy.

Irish wit is a well-head that has never been known to run dry. Pat Maguire had been misbehaving, and appeared before his commanding officer, charged for the third time with drunkenness.

Pat stated his side of the case with all the eloquence at his command, but the colonel was unmoved.

"Eight days in the guard-house!" he said, sternly.

But in writing the "8" on Pat's defaulter-sheet the pen spluttered. Pat noticed this, and leaned forward.

"Thry if 'twill make a '3' anny aisier, sorr," he suggested, in a persuasive whisper.

All Headliners.

"Our family is most interesting. John dances divinely, Tom sings like an angel, Dave is a famous football player, and Susanne paints with great taste."

"And Henry."

"Oh, Henry; he's rather a dull fellow, you know. He only works and supports the others."

AFTER EFFECTS OF LONG ILLNESS

SPEEDILY VANISH WHEN YOU USE DODD'S KIDNEY PILLS.

Loren G. Ladd only found complete relief after using the Great Canadian Kidney Remedy.

Ladd's Mills, Stanstead Co., Que., Feb. 24 (Special).—That the seeds of disease left in the body after an illness are sure to cause trouble is the experience of Loren G. Ladd, a well known young man in this community. Mr. Ladd has also learned that those seeds can be cleared out of the body and perfect health restored by Dodd's Kidney Pills.

"At the age of six I had Scarlet Fever," Mr. Ladd states. "At twelve I had Typhoid Fever, and at fourteen I had Measles. About a year later I began to be troubled by swellings of the face, feet and hands. The doctor told me I had Kidney trouble. He gave me medicine but the swellings continued to come at intervals of a week to a month.

"Two years ago one box of Dodd's Kidney Pills stopped the swellings. Last winter the swellings returned and again I was cured by using Dodd's Kidney Pills."

Healthy Kidneys strain the seed of disease out of the blood. Dodd' Kidney Pills make healthy Kidneys.

DOGS FOR SENTRY WORK.

British Officer Tells How They are Used in Balkans.

Lecturing in London, Major E. H. Richardson, who has just returned from a visit to Montenegro, strongly urged the use of dogs in the army for scouting and sentry work, for searching for the wounded, and as messengers and ammunition carriers.

In peace times the dogs could be trained at a central establishment and drafted to the various regiments, where, as is done abroad, they could be used with the sentries in forts, aeroplane sheds, magazines, etc., and incidentally reduce the number of sentries required.

Major Richardson also gave his audience the very latest details of the employment of dogs by foreign armies. The whole of the Bulgarian frontier is guarded by dogs, which are with the pickets and detached posts.

The French Government has built a training establishment at Fontainebleu, and the dogs are largely used for messengers.

Low Colonist Rates to Pacific Coast

Via Chicago and North Western Railway. On sale daily. March 15th to April 15th inclusive, from all points in Canada to Los Angeles, San Francisco, Portland, Salt Lake City, Seattle, Victoria, Vancouver, Nelson, Rossland, and many other points. Through Tourist sleepers and free reclining chair cars from Chicago. Variable routes. Liberal stop overs. For full information as to rates, routes and literature, write or call on B. H. Bennett, General Agent, 46 Yonge Street, Toronto.

Gets Table Supplies Free.

The French President enjoys some petits benefices apart from the $240,000 he draws yearly as salary and allowances. Supplies of vegetables for his table come from the kitchen gardens at Versailles, fruit from the orchards of Fontainebleau, game from the State forests, and hay for his horses from the meadows at Rambouillet. Moreover, the State pays the wages of his stable hands and his coachman, but not his chauffeur's.

TO CURE A COLD IN ONE DAY

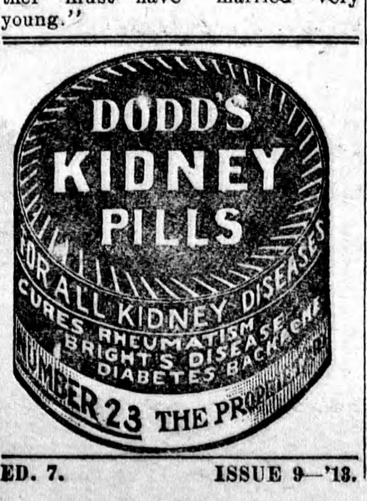
Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

It's the interior of a man's head that counts.

Minard's Liniment Cures Distemper.

Married Young.

An amusing story happened some time ago in one of the Paris courts of justice. A vain, haughty, woman was called as a witness, when the magistrate inquired her age. "Twenty-five last August," promptly replied the lady. The next witness was a young man, who at once acknowledged that he was twenty-seven years of age. "Are you related to the last witness?" queried the magistrate. "Yes; I am her son," he replied. "Ah!" mused the magistrate, "your mother must have married very young."



Is Fatal Catarrh in Your Family?

It Runs Hand in Hand With Bronchitis, Weak Throat, Pneumonia, Consumption.

Doctors state that 95 per cent. of the Canadian people suffer from Catarrh. Few escape it. You can easily recognize it from the bad taste in the mouth and from lack of appetite in the morning. In bad cases the mucous drops from the throat into the stomach and causes nausea. The throat fills with phlegm, the patient sneezes and coughs continually, not infrequently there is lassitude and chilliness and aching in the limbs.

Doctors recommend Catarrhozone, it is nature's own cure. It drives out the germs, heals sore spots, cleans away every vestige of Catarrhal taint.

You send the soothing vapors of the pine woods, the richest balsams and healing essences, right to the cause of your cold by inhaling Catarrhozone. Little drops of wonderful curative power are distributed through the whole breathing apparatus by the air you breathe. Like a miracle, that's how Catarrhozone cures bronchitis, catarrh, colds, and irritable throat. You simply breathe its healing fumes, and every trace of disease flees as before fire.

So safe, infants can use it, so sure to relieve, doctors prescribe it, so beneficial in preventing winter ills that no person can afford to do without Catarrhozone. Used in thousands of cases without failure. Complete outfit $1.00, lasts three months, and is guaranteed to cure; smaller size 50c, all dealers or the Catarrhozone Co., Buffalo, N.Y., and Kingston, Ont.

EXTRAORDINARY FREAK.

Tramp Obtained Luxury of the Workhouse Infirmary.

The master of the Cirencester (England) Workhouse has reported the case of an extraordinary human freak to the guardians. The man was a tramp, giving the name of John Kelly. He was found on the morning after his admission to the workhouse with his face and neck badly swollen, and his ailment was diagnosed as mumps. He was isolated at once, and spent three or four glorious days in the infirmary.

Then it was discovered that Kelly had the remarkable power of causing swellings similar to those which are typical of mumps at will, and he was turned out.

The British Medical Journal printed a letter from Dr. R. W. H. Meredith, of Wellington, Somerset, warning workhouse officials against Kelly. Mr. Meredith writes:"

"He has the power of inflating his parotid glands and causing a subcutaneous emphysenm—inflation—extending from the temples to the middle of the chest. He takes about a quarter of an hour to inflate himself, and about two or three days to absorb."

Sentenced to Immediate Death

It happens every time you treat a corn with "Putnam's"—Corn dies—never returns. Nothing so certain and painless as Putnam's Corn Extractor—try it. Fifty years' success guarantees its merit. 25c. bottles at all dealers.

The Other Doctor.

An old negro, taken ill, called in a physician of his own race. There being no signs of improvement he at last asked for a white doctor. The doctor came, felt the old man's pulse and examined his tongue. "Did your other doctor take your temperature?" he asked. "I don't know, sah," replied the negro; "I ain't missed anything but my watch so far."

When Your Eyes Need Care — **Try Murine Eye Remedy**

No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. MURINE is compounded by our Oculiste—not a "Patent Medicine" but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c-50c per bottle. Murine Eye Salve in Aseptic Tubes, 25c-50c. Murine Eye Remedy Co., Chicago

"Why does your servant go about the house with her hat on?" "Oh, she's a new girl! She only came this morning, and hasn't made up her mind whether she'll stay yet!"

Minard's Liniment Cures Garget in Cows.

Limitations.

"Is your wife a suffragette?"

"Yes," replied Mr. Meekton, "to a certain extent. She thinks she ought to have the ballot, but she knows a lot of women who she is sure do not deserve it."

Don't expect your ship to come in when the tide is out.

For Quick Sale

130 acre farm, good location, with half mile frontage on Shuswap lake, 3 1-2 miles from C. P. R. main line. About 15 acres cleared, about 5 acres bearing orchard, some young orchard, house, barn, sheds, spring water, fencing, timber, some furniture and implements. A good buy, suitable for fruit or mixed farming, and will make a good sub-division. Price $9,000; half cash, balance easy terms, or will trade for good securities or real estate. Write Owner, Drawer 16, Salmon Arm, B. C., or Salmon Arm Realty Co., Ltd., Salmon Arm, B. C.

SLUMBER SALOON NOW.

German Firm Is Building One with Sixty Bunks.

An attempt to counteract the evil effects of the "hustle" of modern business life is about to be made by an enterprising Berlin (Germany) company, which will shortly open a "Slumber Saloon" for Berlin workers.

The German, despite the tremendous amount of work he is able to get through in the day is very fond of his afternoon nap. Until quite recently practically every business firm in Berlin although the working hours were from eight in the morning until eight in the evening, allowed its employees two and a half or three hours for lunch. Everybody from the chief to the office boy had time to journey comfortably to his home in the suburbs, partake of lunch in the bosom of his family and enjoy a sound "forty winks" before waking up for coffee and cakes and returning to his labors in town.

But with the adoption of what is generally known here as the "English lunch hour" the beloved siesta became a thing impossible, and the clerk and his chief after eating lunch in a restaurant could only spend their spare half hour in a crowded cafe or on the streets.

The "Slumber Saloon," however, is to give the Berliner his beloved midday nap again, in spite of his shortened lunch time. In a quiet little side street in the heart of the city the Palace of Morpheus is being erected. The building will contain sixty little cells or cubicles, each one furnished with a broad ottoman and a freshly covered head cushion for each visitor. The floors of the building will be covered in thick noise-muffling carpets and deep and unbroken silence will be the imperative rule of the place.

For Croupy Children Keep 'Nerviline' Handy

It Positively Brings Children Out of Danger and Relieves at Once.

A MOTHER TELLS HER EXPERIENCE.

"Bringing up young children has its responsibilities under the best of circumstances," writes Mrs. E. G. Fagan, of Holmes' Corners, "but croupy colds add considerable to the worry. My little family of four all went through the croupy era, but I always had Nerviline on hand and never felt nervous. I just followed the directions, and I can tell you that nothing I know of is surer to cure croupy colds than Nerviline.

"In our home we use Nerviline frequently. For cold in the chest, pleurisy, hoarseness, etc., it is simply wonderful. My husband uses it for rheumatism, and I often employ it for neuralgia and sick headache. Nerviline has so many uses that no mother can afford to be without it."

The large family size bottle, which sells at 50c., is the most economical; trial size, 25c. Your storekeeper or druggist sells Nerviline, which is prepared by The Catarrhozone Co., Buffalo, N. Y.

Another Ananias.

A magazine writer who has gone "back to the farm," tells about "sixteen hours of nothing but play." We'll leave it to any three farmers picked from any community to determine just what kind of a liar that writer is.

Minard's Liniment Co., Limited.

Gentlemen,—My daughter, 13 years old, was thrown from a sleigh and injured her elbow so badly it remained stiff and very painful for three years. Four bottles of MINARD'S LINIMENT completely cured her and she has not been troubled for two years.

Yours truly,
J. B. LIVESQUE.

St. Joseph, P. O., 18th Aug., 1900.

An Advantage.

"There's one advantage in the high cost of living."

"What's that?"

"It takes all that I earn to live, so that I can never get enough ahead to invest in worthless stock."

Only One "BROMO QUININE"

That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a Cold in One Day. Cures Grip in Two Days. 25c.

You can judge what a man hasn't done by what he is going to do.

Minard's Liniment Cures Diphtheria.

Sure He Did It.

While carrying a ladder through the crowded streets of a busy city a big Irishman had the misfortune to break a plate-glass window. Dropping the ladder he started off at a run. The shopkeeper, who had witnessed the mishap, dashed after him and caught him by the collar. "See here," he cried angrily, "you have broken my window!" "Sure I have!" assented the Irishman. "And didn't you see me running home to get the money to pay for it?"

Before starting on the road to ruin a man should secure a return ticket.

Beauty Purity and Health Of Skin and Hair

Promoted by

Cuticura Soap and Ointment

Cuticura Soap and Ointment are sold throughout the world. A liberal sample of each, with 32-page booklet on the care and treatment of the skin and scalp, sent post-free. Address Potter Drug & Chem. Corp., Dept. 27D, Boston, U. S. A.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

GOOD STOCK FARM OF 500 ACRES with Three Houses; large Bank Barn. Must be sold quick. Price is very low.

SEVERAL DESIRABLE FARMS IN Manitoba, Alberta and Saskatchewan that can be bought. Worth the money for quick sale.

I HAVE OVER ONE HUNDRED GOOD farms in different sections of Ontario on my list. If you want a farm consult me.

H. W. DAWSON, Toronto.

TWENTY ACRES—FIVE MILES FROM London market; soil clay loam; farm house; barn. Would exchange for city, town or village property or for larger farm. The Western Real Estate, London, Ont.

STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFferent Foreign Stamps, Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.

BILLIARDS.

EVERYBODY ENJOYS BILLIARDS — Barbers and Live Men in towns only 100 population make big money. Be first to write for book, "How to Start a Billiard Room"—Cost, Easy Terms, etc. Catalogues of tables for Home and Club free. If you have a table ask for our supply catalogue. Brunswick-Balke-Collender Company, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

GALL STONES, KIDNEY AND BLADder Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German Remedy, "Sanol," price $1.50. Another new remedy for Diabetes-Mellitus, and sure cure, is "Sanol's Anti-Diabetes." Price $2.00 from druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

Just a Minute Sufferers from protruding or bleeding piles can be cured by using nature's own remedy—no medicine—no operation. This remedy does not profess to cure internal piles, but is a certain cure for protruding piles. Discovery was made by sufferer of 20 years' standing, who is now quite well. Full instructions on receipt of $1.00. WM. B. OXLEY, 294 Berkeley St., Toronto.

CLEANING LADIES' WALKING OR OUTING SUITS

Can be done perfectly by our French process. Try it.

British American Dyeing Co.

Montreal, Toronto, Ottawa and Quebec.

Not Balanced Right.

"I'm a self-made man," said the proud individual.

"Well, you are all right, except as to your head," commented the other part of the conversation.

"How's that?"

"The part you talk with is out of proportion to the part you think with."

Minard's Liniment Cures Colds, Etc.

The Difference.

"The unfortunate peasant women of Europe carry burdens on their heads."

"So do the fortunate society women of this country, but they call them hats."

"I never could understand why people dock their horses' tails," said Dubbleigh. "High cost of living," said Jorrocks. "Got to dock something these times."

Constipation

is an enemy within the camp. It will undermine the strongest constitution and ruin the most vigorous health. It leads to indigestion, biliousness, impure blood, bad complexion, sick headaches, and is one of the most frequent causes of appendicitis. To neglect it is slow suicide. Dr. Morse's Indian Root Pills positively cure Constipation. They are entirely vegetable in composition and do not sicken, weaken or gripe. Preserve your health by taking

Dr. Morse's Indian Root Pills