LA GRIPPE'S VICTIMS

Left Weak, Miserable and Prey to Disease in Many Forms

One of the most treacherous diseases afflicting the people of Canada during the winter months is la grippe, or influenza. It almost invariably ends with a complication of troubles. It tortures its victims with alternate fevers and chills, headaches and backaches. It leaves him an easy prey to pneumonia, bronchitis, and even consumption. Indeed the deadly after-effects of la grippe may leave the victim a chronic invalid. You can avoid la grippe entirely by keeping the blood rich and red by an occasional use of Dr. Williams' Pink Pills. If you have not done this and the disease attacks you, you can banish its deadly after-effects through the use of this same great blood-building, nerve-restoring medicine. Here is proof of the wonderful power of Dr. Williams' Pink Pills over this trouble.

Mr. Emmanuel Laurin, St. Jerome, Que., says: "I was seized with a severe attack of la grippe. I was obliged to stop work and remain in my bed for several weeks, and while I appeared to get over the first stages of the trouble, I did not regain my usual health. I suffered from headaches, loss of appetite and extreme weakness. I did not sleep well at nights, and would arise in the morning feeling tired and worn out. This continued for about two months during which time I was taking treatment, but apparently without avail. Then I was advised to try Dr. Williams' Pink Pills, and I got a half dozen boxes. By the time I had taken three boxes there was a decided improvement, and actually before I had completed the sixth box I was enjoying my old-time health. I was strong as ever, could sleep well and eat well, and no longer suffered from lassitude and headaches. I have proved the value of Dr. Williams' Pink Pills for the pernicious after-effects of la grippe, and can therefore recommend them to other sufferers."

Dr. Williams' Pink Pills cure by going to the root of the trouble in the blood, which they enrich and make red and pure. These pills cure all troubles due to bad blood, and if you are ailing you should start to cure yourself to-day by taking this great medicine. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Grains of Gold.

He that falls into sin is a man; at grieves at it a saint; that asteth of it a devil.—Fuller.

Great men do not play stage cks with the doctrines of life and th; only little men do that.—kin.

hen a man is his own enemy he y unreasonable if he expects men to be his benefactors.—

first condition of human ss is something to love; the something to reverence.—Eliot.

men I ask little from, I try der them much, and to expect ing in return, and I get very l out of the bargain.—Fenelon.

we live a life of faith in the of God then we shall assuredly a life of holiness. In as far as o not live a life of faith, in so e shall live a life of unholi- It is through faith that God s the heart, and there is no way.—McCheyne.

ew Imitation Sandstone.

Prussian government has ted at Stettin a building composed of imitation sandstone, granite and marble. The sandstone forms the greater part of the exterior. The framework is of brick. All the blocks, windows frames, sills, columns, roof, balcony and portal ornaments are of imitation stone, and they were so exactly cast and numbered that they were fitted together and set with little or no chiseling. The pressing or stamping of the moulded pieces was done by hand. From three to four weeks were required for drying. The cost is said not to have exceeded half that of natural stone, and the durability is believed to be equal.

CONSTIPATION CURED BY BABY'S OWN TABLETS

Baby's Own Tablets are the best edicine a mother can use to relieve r little ones from constipation d all other stomach and bowel oubles. They act as a gentle xative, are pleasant to take and re absolutely safe. Concerning om Mrs. Philippe St. Pierre, St. petue, Que., says: "My baby as badly constipated and was all the time. Nothing I gave med to do any good till I hild's Own Tablets. They fine medicine in the world

Changeling quickly relieved Moore's bull, [illegible] sold daughters now w[illegible] full sister, Ready Change, [illegible] milk in a day, 31.16 lbs. but[illegible] days, and is a show cow of merit. [illegible] Changeling, also a show cow of [illegible] 100 lbs milk in a day [illegible] seven days. His [illegible] was brother to

A DUKE'S DUTIES.

The Duke of Devonshire has the heavy, drowsy appearance which was so characteristic of his uncle. But, as in the case of his famous relative, this appearance is deceptive, for it conceals shrewd commonsense and a ready wit.

The Duke on one occasion took a Chicago heiress into dinner. The lady was astonished at his clever conversation and ventured to remark: "I can scarcely believe that in your maiden speech in the House of Commons you paused three times and yawned heavily."

"Oh, but you'd have believed it," was the reply, "if you'd heard the speech."

Despite an abundance of worldly wealth the present Duke has always

The Duke of Devonshire.

been a hard-working man, with a conscientious view of his responsibilities. For three years he acted as Treasurer of the Royal Household, and for two he was Financial Secretary to the Treasury. He is High Steward of the Borough of Derby, Chairman of the Board of Trade Arbitration Court, and a vice-president of the Liberal-Unionist Council. He has represented Derbyshire West in the House of Commons, and has acted as Mayor of Eastbourne, and of Chesterfield. In addition he has close upon two hundred thousand acres to look after as well as several magnificent residences in various parts of the country.

A GOOD BREAKFAST.

Some Persons Never Know What it Means.

A good breakfast, a good appetite and good digestion mean everything to the man, woman or child who has anything to do, and wants to get a good start toward doing it.

A Southern man tells of his wife's "good breakfast" and also supper, made out of Grape-Nuts and cream. He says:

"I should like to tell you how much good Grape-Nuts has done for my wife. After being in poor health for the last 18 years, during part of the time scarcely anything would stay on her stomach long enough to nourish her, finally at the suggestion of a friend she tried Grape-Nuts.

"Now, after about four weeks on this delicious and nutritious food, she has picked up most wonderfully and seems as well as anyone can be.

"Every morning she makes a good breakfast on Grape-Nuts eaten just as it comes from the package with cream or milk added; and then again the same at supper, and the change in her is wonderful.

"We can't speak too highly of Grape Nuts as a food after our remarkable experience." Name given by Canadian Postum Co., Windsor, Ont.—Read the little book, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

All About Newspapers.

The first newspaper in the world was probably the Roman "Acta Diurnae," which, it is said, was published in 691 B.C. Later, there came the "Acta Senatus," containing an account of the various matters brought before the Senate, the opinions of the chief speakers, and the decisions of the House, which was published regularly every day by command of Julius Caesar. This formed the earliest approach to the modern journal. The first London newspaper was issued in the time of the Stuarts. This was the "Weekly News," and the date of its birth about 1622. The "Post Boy" was the first daily, and it began some seventy years later. London used to possess the cheapest journal ever published. It was called the "Six-a-Penny," and subscribers of one penny per week had the paper delivered to them every day, while single copies were sold [illegible] farthing. Nowadays, Ger- [illegible] of newspapers is the

HE FOUND THEM NO FAITH CURE

BUT DODD'S KIDNEY PILLS CLEANED OUT W. F. BLACK'S SCIATICA.

He was in an agony when a friend gave him a box. Now he recommends them to everybody.

Newcastle, N.B., Jan. 20. (Special).—In these cold fall days when the chill winds crystallize the uric acid in the blood and cause the pangs of Rheumatism and Sciatica to bring sleepless nights to many a home, a man's best friend is he who can tell his neighbor of a sure cure for his tortures. Such a friend is Wm. F. Black, of this place. He suffered from Sciatica and lame back. He was so bad that he could not lace his boots or turn in bed. Dodd's Kidney Pills cured him and he wants all his neighbors to know of the cure.

"Yes," Mr. Black says, in an interview, "I was so bad with Sciatica and Lame Back that I couldn't lace my shoes or turn in bed, when a friend gave me about a third of a box of Dodd's Kidney Pills. I started taking them without much faith in their curative powers, and found them all they were recommended.

"Now I am recommending Dodd's Kidney Pills to all sufferers from Kidney Disease."

Dodd's Kidney Pills are no faith cure. They're a simple but sure cure for diseased kidneys.

The P(e)ace Maker.

Village Grocer—What are you running for, sonny?

Boy—I'm trying to keep two fellers from fightin'.

Village Grocer—Who are the fellows?

Boy—Bill Perkins and me.

Minard's Liniment Co., Limited.

Sirs,—I have used your MINARD'S LINIMENT for the past 25 years, and whilst I have occasionally used other liniments I can safely say that I have never used any equal to yours.

If rubbed between the hands and inhaled frequently, it will never fail to cure cold in the head in twenty-four hours.

It is also the Best for bruises, sprains, etc.

Yours truly,

Dartmouth. J. G. LESLIE.

Tip to the Waiter.

Patron (to very slow waiter)—Bring me some salad, please. And you might just send me a post card every now and then while you're away.

TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

A Present.

He—What are you going to give Kitty and Jack for a wedding present?

She—Oh, I guess I'll send Kitty the bunch of letters Jack wrote me when we were engaged.

SPEND THE WINTER IN CALIFORNIA.

Attractive rates will be quoted via variable routes, affording the finest scenery. The Los Angeles Limited, leaving Chicago daily 10:15 p.m. for Southern California, the San Francisco Overland Limited, leaving Chicago 8:30 p.m., less than three days en route, provide the best of everything in railway travel. The China and Japan Mail leaves Chicago daily at 10:45 p.m. for San Francisco and Los Angeles. Illustrated literature on application to B. H. Bennett, G. A., Chicago and North Western Ry., 46 Yonge St., Toronto, Ont.

Willie—Paw, what is a stable Government? Paw—When the party in power displays horse sense, my son.

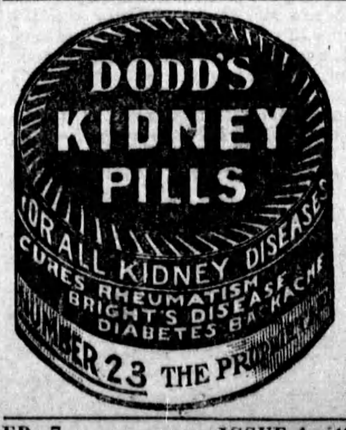
Minard's Liniment Cures Diphtheria.

Her Ailment.

Blobbs—Your wife suffers from nervous prostration, doesn't she?

Slobbs—Well, sometimes I think she suffers and sometimes I think she positively enjoys it.

"Captain," said a wealthy passenger who was about to take his first trip across the ocean, "I understand this ship has got several water-tight compartments?" "Yes, sir," was the reply. "Captain," the passenger went on decidedly, "I want one o' those compartments—I don't care what it costs!"



Catarrh Brands You An "Undesirable',

So Loathsome is the Disease That Few Will Associate With a Catarrhal Victim.

Is Your Trouble Catarrh?

Poor remedies have given Catarrh the reputation of being incurable. But it is curable, easily and quickly, if the right method is employed. Snuffing a powder or ointment up the nose won't cure Catarrh, neither will tablets, douching, or stomach medicines cures. These treatments fail because they only affect local conditions, they do not remove the cause which is germ life established in the lungs, bronchial tubes, and nasal passages. Ordinary remedies do not reach these remote parts, but Catarrhozone does, for it is breathed through the inhaler into every air cell in the lungs, into every air passage in the head and throat. No matter where the Catarrh is Catarrhozone will reach it. It kills the germs, heals sore spots, clears the nose and throat instantly. Universally used; pleasant and clean; guaranteed to cure or money refunded.

Don't be an object of aversion to everyone you meet—get Catarrhozone to-day and use it regularly; it will cure your Catarrh, Bronchitis, Throat Trouble, spitting and gagging. Large size 50c. All dealers or the Catarrhozone Co., Buffalo, N. Y., and Kingston, Canada.

THE UNION JACK.

If Properly Named Would Be Called the "Union."

The origin of the Union Jack is well-known but it may be surprising to many to learn that the "Union Jack" is in reality a misnomer, and that, if properly named, the flag is the "Union." It can only be called the "Union Jack" when it is flying from a "jack staff" at the bowsprit or forepart of a ship, and never when it is flown on land.

The first Union flag, consisting of St. George and St. Andrew, was decided to be the national flag or Great Britain by James I. (April 12th, 1606.) In 1801, when Ireland came into the Union, a change was made in the flag, Ireland being represented on it by the red saltire of St. Patrick.

The other three flags are purely maritime, and ought never to be flown ashore. They had their origin as follows:—"For two hundred years prior to 1864 the British Navy was divided into three divisions, the Red, the White and the Blue, each having a flag of corresponding color, the white flag only having the addition of a red St. George's cross. In 1707 the small Union device was introduced into the upper corner. In 1864 these divisions of the navy were abolished, but the three ensigns were retained in use, and it was decreed that the Red Ensign should be retained for the merchant service, the White Ensign for the Navy and Royal Yacht Squadron, and the Blue Ensign for ships commanded by officers of the Royal Naval Reserve and certain Royal Yacht Clubs."

Don't Cut Your Corns, This Way Better

It's a fool trick to gouge out corns, and dangerous too. Don't wear loose boots—remove the corn by applying Putnam's Corn Extractor. The result is magical. This remedy works wonders, eases the pain, lifts out the corn, brings comfort and sound feet at once. You buy a 25c. bottle of Putnam's Painless Corn Extractor, recommended by druggists.

Worth Fighting For.

Memmandham—I learned to-day that it has long been a subject of controversy as to whether Scotland or Ireland originated the bagpipes.

Hemmandham — Yes; Scotland blames Ireland, and Ireland blames Scotland.

When Your Eyes Need Care

Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c.

Murine Eye Remedy Co., Chicago

"Money, you know, is man's worst enemy." "I suppose that's why some folks like it for the enemies it has made."

Minard's Liniment Cures Colds, Etc.

"Well, what long-felt want are you supplying?" "Lady, th[illegible] clamp for clamping th[illegible] house, [illegible] the table when [illegible] made [illegible]

[illegible] ch month, from 8 to [illegible] Dundalk, 1st Thursday of each month.

THEFTS COMMON BY "HELP."

English Servants Think It No Wrong to Steal Things.

Food of all kinds, soap, powdered scent, ribbons, coal and firewood are looked upon by "daily servants" in England—servants who work out during the day and sleep at home—as their just perquisites.

Most persons with servants who go home to sleep are victims of petty thefts, chiefly in the form of food, which their employes take away, not considering that they are thus guilty of theft.

"I find," writes a householder to a London newspaper, "that my dripping always disappears from the pantry, and although seven bundles of wood are sold for three pence only six are left in my cupboard.

"In the matter of food the servant usually takes home just what one counts upon for the next day's use. For instance, if there are six mince pies, which are sufficient to put upon the table, three of them are taken. I am quite sure that the servants do not think they are doing anything wrong."

"I gave a dinner party," writes "A. B.," "and there were seven people at the table. Although my daily girl had had plenty of food, the next day I found that as much turkey had been taken as had been eaten at the dinner.

"A servant I had recently," said a business woman, "often would come to me before she prepared breakfast to say there was no butter in the pantry. On these occasions I had been out all the previous evening. I have at times found little parcels of sugar and tea tied up on the kitchen dresser ready for her to take away when her time came to go home.

"Many maids do not look upon the taking of handkerchiefs and stockings as theft. There are plenty of servants who do this who would never dream of touching their employers' money."

A WONDERFUL DISCOVTRY.

An eminent scientist, the other day, gave his opinion that the most wonderful discovery of recent years was the discovery of Zam-Buk. Just think! As soon as a single thin layer of Zam-Buk is applied to a wound or sore, such injury is insured against blood poison!

Then again. As soon as Zam-Buk is applied to a sore, or a cut, or to skin disease, it stops the smarting. That is why children are such friends of Zam-Buk.

Again. As soon as Zam-Buk is applied to a wound or to a diseased part, the cells beneath the skin's surface are so stimulated that new healthy tissue is quickly formed. This forming of fresh healthy tissue from below is Zam-Buk's secret of healing. The tissue thus formed is worked up to the surface and literally casts off the diseased tissue above it. This is why Zam-Buk cures are permanent.

Only the other day Mr. Marsh, of 101 Delorimier Ave., Montreal, called upon the Zam-Buk Company and told them that for over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that he had to sleep in gloves. Four years ago Zam-Buk was introduced to him, and in a few months it cured him. To-day—over three years after his cure of a disease he had for twenty-five years—he is still cured, and has had no trace of any return of the eczema!

All druggists sell Zam-Buk at 50c. box, or we will send free trial box if you send this advertisement and a 1c. stamp (to pay return postage). Address Zam-Buk Co., Toronto.

Little Cordelia's Request.

Little Cordelia's grandmother had an old-fashioned way of measuring a yard by holding one end of the goods to her nose and then stretching the piece at arm's length. One day Cordelia found a bit of ribbon. Carrying it to her grandmother, she gravely requested:

"Grandma, smell this and see how long it is."

A lot of people waste their valuable time in trying to get rid of the useless things they don't want.

PILES CURED IN 6 TO 14 DAYS

Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

Men are like trees; they grow either crooked or straight.

Minard's Liniment Cures Distemper.

Paw Knows.

Willie—Paw, what is the difference between a political job and any other job?

Paw—You have to work hard to get a political job, my son, and you have to work hard to hold the other kind.

A Backbiter.

Maud (angrily)—I can't tell you what I think of you.

Alice—No, but you have told everybody else.

Young men should remember that

DISFIGURED WITH ERUPTIONS ON FACE

Body Covered With Running Sores. Could Not Sleep from Itching and Pain. Cross and Fretful. Tried Fifty Remedies Without Result. Cured in Nine Days by Cuticura Soap and Ointment.

30 Champagne St., Montreal, Quebec.—"I have a five-year-old boy who was suffering from what the doctor said was "[illegible] gratella." His body was [illegible] covered with running sores. The trouble started with pimples and opened up into sores. Of course scratching made it worse. The eruptions appeared on his face and disfigured him awfully. The boy could not sleep at night from the itching and pain, and I did not know what to do with him. It made him cross and fretful. If I have tried one, I have tried fifty remedies without result. At last I got samples of Cuticura Soap and Ointment, and after using them two days I noticed a change. I then bought a full-sized cake of Cuticura Soap and one box of Cuticura Ointment and I used to give the boy a hot bath daily using Cuticura Soap freely, and then applied the Cuticura Ointment. He had suffered three months with the horrible disease before I started to use the Cuticura Soap and Ointment, and nine days after the boy was cured and has not been troubled since." (Signed) E. Cloutier, Dec. 12, 1911.

Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. A single set is often sufficient. Liberal sample of each mailed free, with 32-p. Skin Book. Address post card Potter Drug & Chem. Corp., Dept. 40D, Boston, U. S. A.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

HUNDRED ACRES—COUNTY HALTON; Good House; Buildings; Orchard. Cheap and on easy terms.

SEVENTY-SIX ACRES WITH GOOD buildings and apple orchard; about five miles from Hamilton.

H. W. DAWSON, Toronto.

FIFTY ACRES IN KENT COUNTY—Soil, sand and clay loam; buildings in good repair; close to market and railway station. Price two thousand. The Western Real Estate, London, Ont.

STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFferent Foreign Stamps, Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

GALL STONES, KIDNEY AND BLADder Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German Remedy, "Sanol," price $1.50. Another new remedy for Diabetes-Mellitus, and sure cure, is "Sanol's Anti-Diabetes." Price $2.00 from druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

YOUR OVERCOATS

and faded Suits would look better dyed. If no agent of ours in your town, write direct to Montreal, Box 33. Gold Medalist.

British American Dyeing Co.

The Soul of a Piano is the Action. Insist on the

"OTTO HIGEL"

Piano Action

BOILERS New and Second-hand, for heating and power purposes. TANKS AND SMOKE STACKS. Agents for Sturtevant Ventilating and Heating Systems.

POLSON IRON WORKS LIMITED TORONTO

Engines and Shipbuilders

FREE TRIAL To Color Grey Hair And Make It Grow.

Nothing quite so nice as a beautiful head of hair. Let us send you absolutely free one treatment of Luxurine, if it is only to prove to you that it colors grey hair and makes it grow, stops itching, removes dandruff and makes the hair of man or woman or child heavy and beautifully glossy. You have only to send us your address, with 10c. enclosed for mailing and packing, and we will send you anywhere our treatment, at our own expense. Write to-day. Address DR. PROSSE, Dept 2 203 Commissioner Street, Montreal.

Sure.

"Don't you think that we should have a more elastic currency?" asked the Old Fogy.

"It is elastic enough," replied the Grouch. "Why don't they make it more adhesive."

Minard's Liniment Cures Garget in Cows.

Toilers' Meagre Diet.

Complaints are heard on all sides in Paris that tomatoes, melons, cucumbers, squashes—nearly everything except potatoes—have become luxuries beyond the reach of the vast multitude of working people whose daily earnings do not exceed 80 cents or $1.

S. Rand, Agent, [illegible] Cnt.