Do You Feel Moody, Irritable, Depressed?

When That Languid, Laggy, Easily-Tired Feeling Comes, Your Liver is Slow.

Tells How to Cure Quickly.

"Even when I was young I was not robust and healthy like other girls. I suffered from headaches, and had sort of blue feelings that deprived me of the joyful spirits and pleasures other girls seemed to get. After I married I found I could not throw worries off like other women, and those full feelings of despondency and weariness made me very unhappy. There was no cause to feel so, and my doctor said my liver was sluggish, and this accounted for my poor color, my tiredness, langour and despair. The pills the doctor gave me were too purgative, made me weaker because they were too active for my constitution. Dozens of my friends recommended Dr. Hamilton's Pills, and they were so mild and helpful. Well, I never used a pill that acted so quietly as Dr. Hamilton's. They were so comfortable to use, I was afraid they might not help. But in a week I knew they had been actively engaged in cleaning up my system. They did the work of a tonic and blood medicine combined. I improved to a marvelous degree with Dr. Hamilton's Pills, and I now maintain the most perfect kind of health by using them just once or twice a week."

It is Mrs. E. V. Erlanger, well known at Gloucester, who relates the above experience. She proved what you and all others, men and women, can prove—that Dr. Hamilton's Pills are best for restoring health and best for keeping the system in perfect running order. Don't be misled into using anything but Dr. Hamilton's Pills, 25c. a box, five for $1.00, at all druggists and storekeepers, or postpaid by the Catarrhozone Co., Buffalo, N. Y., and Kingston, Canada.

FAINT-HEARTED V.C. DEAD.

Hero of Lucknow Who Feared the Sight of Blood.

Colonel H. Gore-Brown, the "faint-hearted" V.C. who went through all the scenes of slaughter during the Indian Mutiny, won the Victoria Cross in the defence of Lucknow, and yet swooned at the sight of blood from a cut finger, died suddenly at his home at Shanklin, Isle of Wight, recently. He was an uncle of Colonel Seely, the secretary for war.

He was one of the defenders in the siege of Lucknow by the mutineers and was shut up in the residency from June 30, 1857, to Aug. 31. It was in August that he performed the deed of valor for which he received the Victoria Cross. He led a sortie in order to spike two guns that were laying the defences of Lucknow in ruins.

Placing himself at the head of his men, Captain Gore-Brown—as he then was—sprang first and alone into the rebel battery. He shot the sentry dead with his revolver. Over one hundred of the enemy were slain by the captain and a few of his men. The guns were successfully put out of action, and Captain Gore-Brown brought his men safely back to the Residency.

Yet his own words prove that his heroism was not the simple daring of a reckless man, but a triumph of will over a nature inherently sensitive. In an interview in a London paper three years ago, he said:

"My fear of blood is a fact I am wholly unable to explain. Notwithstanding all the terrible slaughter during the mutiny I live in fear of the sight of blood. My feelings in the calm events of life are such that if you cut your finger in my presence I should be so overcome as to be unconscious. I can not explain it except by supposing that in the height of warfare a man's personal sensitiveness is completely overshadowed.

"Though I shot many a rebel in the defence of Lucknow and was several times smothered with the blood of men killed beside me, yet I am too faint-hearted to see even an animal led to the slaughter. On one occasion I was working a gun when a bullet went right through the head of the man on the opposite side of the breech. On another occasion I was commanding a position when a bullet came through a loophole and struck the man beside me right in the neck. His blood gushed all over me. Yet I was quite calm and undisturbed in the discharge of my duty."

HARD FOOT CALLOUSES REMOVED QUICKLY

Anything on your feet that shouldn't be there—whether corns, callouses or sore lumps—they can all be removed in short order by Putnam's Corn Extractor. Think of the pain you are saved when that sore corn goes. It is foolish to experiment with untried remedies—better use Putnam's Extractor and the work will be done quickly and without pain. Putnam's Extractor costs 25c. per bottle, sold and recommended by druggists.

AFFLICTION OF THE CZAR.

Russia Is Shocked Over His Haggard Appearnce.

The Czar has made his first public appearance since the tragedy of his son's illness and the people are shocked at his changed looks, writes a St. Petersburg correspondent.

At the anniversary of St. George's feast it is the Czar's custom to attend a dinner given to ex-soldiers who have won the St. George cross for bravery in war. He tastes their food, embraces the feet of the older men and moves among the tables with kingly words of greeting.

At the recent celebration of the anniversary, however, he seemed so haggard and broken down with deep grief that the people forebore to utter a sound. He sat in a bent attitude near the head of the table for a few minutes then bowed sadly and withdrew.

The Czar's grief-stricken attitude over his son's affliction is weighing upon the whole country. Next February is the third centenary of the Romanoff dynasty. It was announced last summer, during the celebrations of the centenary of the Moscow campaign, that the Czar was to inaugurate national rejoicings for his dynasty and there would be amnesty for many grades of prisoners and acts of benevolence to the poor. But the programme just issued is of a most melancholy character for the four successive days. There are to be church services in memory of the dead Romanoffs preceding and succeeding Peter the Great, and then a service of intercession for the present generation.

The mass of people who have been looking forward to feasting and holidays are grumbling deeply at the turn the Czar and court are giving the forthcoming celebrations.

Fresh revelations of the disreputable methods of the Novoe Vremya have been made. Its present furious campaign against Jews and foreigners fails to cover up the evidences of corruption.

For a long time the Vremya conducted a bitter campaign against giving any contracts for rebuilding the Russian fleet to Vickers & Maxim. Then came a significant interval of silence. Now the Vremya is printing a series of enthusiastic articles in favor of giving Vickers the lion's share in the enormous naval programme of $125,000,000.

THE BEST TEACHER.

Old Experience Still Holds the Palm.

For real practical reliability and something to swear by, experience—plain old experience—is able to carry a big load yet without getting swaybacked.

A Western woman found some things about food from Old Experience a good, reliable teacher.

She writes:

"I think I have used almost every breakfast food manufactured, but none equal Grape-Nuts in my estimation.

"I was greatly bothered with weak stomach and indigestion, with formation of gas after eating and tried many remedies for it, but did not find relief.

"Then I decided I must diet and see if I could overcome the difficulty that way. My choice of food was Grape-Nuts because the doctor told me I could not digest starchy food.

"Grape-Nuts food has been a great benefit to me for I feel like a different person since I begun to eat it. It is wonderful to me how strong my nerves have become. I advise everyone to try it, for experience is the best teacher.

"If you have any stomach trouble—can't digest your food, use Grape-Nuts food for breakfast at least, and you won't be able to praise it enough when you see how different you feel." Name given by Canadian Postum Co., Windsor, Ont. Read the little book, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

HIS WIFE'S MESSAGE.

The Next Door Neighbor—I say, this infernal row you are making—I—er—my wife's head—er—can't stand it.

Merrymaking Paterfamilias (fixing him)—Oh, and what have you to say about it?

The Next Door Neighbor—I—oh, nothing whatever. Enjoy yourselves by all means; but I—er—thought I'd give you my wife's message!

PIMPLES THICKLY SCATTERED ON FACE

In Bad Condition. Pimples Large, Face Sore and Itchy. Looked Badly. Cuticura Soap and Ointment Cured in Two Weeks.

Muncey, Ontario.—"Some time ago my face was in a very bad condition with some kind of pimples. The pimples were thickly scattered. The tops of them were white; matter was in them. They were quite large and my face was sore and itchy and looked badly. I had to scratch to be comfortable and sometimes lost my sleep. The sores lasted about two months and I tried some ointments but didn't like them. Then I sent for some Cuticura Soap and Cuticura Ointment, used them for two weeks and I was completely cured." (Signed) Alex. R. Oke, April 2, 1912.

SCALY ECZEMA ON FACE

Clarkson, Ontario.—"My little girl, aged two years, started with a skin disease on her face, so I called in the doctor and he said it was eczema. The skin was quite red and all scaly. I washed the parts well with the Cuticura Soap and then I put the Cuticura Ointment on. You ought to see her now—as fair as a lily!

"I suffered a great deal with piles. I had them very bad, and they itched and burned so I could hardly bear it. When I got the Cuticura Ointment I tried it. Now it has entirely cured me." (Signed) Mrs. Cyrus Ward, Jan. 1, 1912.

Cuticura Soap and Cuticura Ointment are sold throughout the world. Send to Potter D. & C. Corp., Dept. 53D, Boston, U.S.A., for free sample of each with 32-page book.

A Serious Question.

"Has Jobkins any money?" asked Hickenlooper.

"Oh, he must have," said Garroway.

"Oh, we all must have—but have we?" said Hickenlooper.

Minard's Liniment Co., Limited.

Gentlemen,—I have used MINARD'S LINIMENT from time to time for the past twenty years. It was recommended to me by a prominent physician of Montreal, who called it the "great Nova Scotia Liniment." It does the doctor's work: it is particularly good in cases of Rheumatism and Sprains.

Yours truly,
C. G. DUSTAN,
Chartered Accountant.

Halifax, N. S., Sept. 21, 1905.

Do not dwell too much upon your failures. Do not look back too much. Life will not bear this retrospection and indulgence in vain regret is not a fitting luxury for those who have their fortunes to make.

TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

"Why, Willie, you don't seem to be enjoying yourself." "No, uncle, I'm having a miserable time. Auntie told me to eat as much as I wanted—and I can't."

Minard's Liniment Cures Colds, Etc.

"That bride across the way is the laziest woman I ever saw. She never does any work about the house." "Why doesn't her husband make her?" "Oh, he simply worships her." "That accounts, then, for her leading an idol existence."

When Your Eyes Need Care

Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c.

Murine Eye Remedy Co., Chicago

A pretty girl always knows at least two or three girls who are jealous of her.

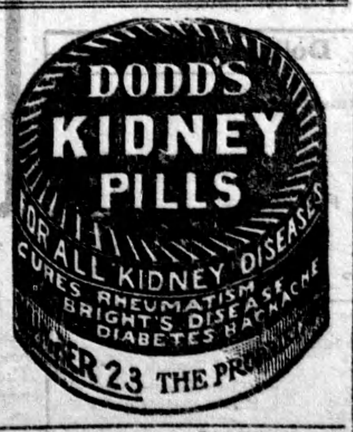
Minard's Liniment Cures Diphtheria.

In some communities the heaviest demand is for light literature.

An idle rumor never spends much time in the office of a busy man.

Not having coal is no disgrace. We've been in that condition numerous times.

There are spots on the sun, yet some people expect a small boy to be perfect.



A MODERN MIRACLE

He Had Eczema 25 Years and Doctors Said "No Cure."

Yet Zam-Buk has Worked Complete Cure.

This is the experience of a man of high reputation, widely known in Montreal, and whose case can readily be investigated. Mr. T. M Marsh, the gentleman referred too, lives at 101 Delorimier Avenue, Montreal. For twenty-five years he has had eczema on his hands and wrists. The disease first started in red blothes, which itched, and when scratched became painful. Bad sores followed, until his hands were one raw, painful mass of sores. This state of affairs continued for twenty-five years!

In that time four eminent medical men tried to cure him, and each gave up the case as hopeless. Naturally, Mr. Marsh tried remedies of all kinds, but he, also, at last gave it up. For two years he had to wear gloves day and night.

Then came Zam-Buk! But he soon found out that Zam-Buk was different. Within a few weeks there were distinct signs of benefit, and a little perseverance with this great herb balm resulted in what he had given up all hope of—a complete cure. And the cure was no temporary cure. It was permanent. He was cured nearly four years ago. Interviewed the other day, Mr. Marsh said: "The cure which Zam-Buk worked has been absolutely permanent. From the day that I was cured to the present moment I have had no trace of eczema, and I feel sure it will never return."

If you suffer from any skin trouble, cut out this article, write across it the name of this paper, and mail it with one cent stamp to pay return postage, to Zam-Buk Co., Toronto. We will forward you by return a free trial box of Zam-Buk. All druggists and stores sell this famous remedy, 50c. box, or three for $1.25. Refuse harmful substitutes.

MORE SCHOOLS IN RUSSIA.

Education Making Rapid Strides Under Czar's Policy.

Popular education in Russia is making rapid strides in advance, so much so that the next statistics of people who can neither read nor write, not long ago officially estimated at 60 per cent. of the total population, will certainly indicate a notable decrease. In the last fifteen years public instruction has immensely improved.

The existing system of State schools was founded in the second half of the nineteenth century, when the edict of the abolition of serfdom appeared. Until the year 1860 Russia only had 4 077 public schools. When in 1864 the zemstvos were established, the number of schools increased rapidly, and at the end of the '60s there were in Russia 22,770 schools with 1,490,915 pupils.

Under Alexander III. popular education made further advances, and at the end of his reign the number of schools had reached 43,385 with 2,970,000 pupils. Under the present Czar educational matters have received increased attention. Thus the schools opened by the zemstvos were granted a State subsidy of $190 for every fifty schools, while the teachers got increases in salary.

At the present time there are in Russia 100 295 elementary schools with 154,177 male and female teachers and 6,180,510 pupils. Of these schools 56,910 have been opened under the reign of Nicholas II., the present Czar. During the same period the number of industrial schools has risen from 1,223 to 2,748. A teacher in the State schools now begins on a salary of $172 a year. After five years he draws $200 after ten years $220 and the maximum is only $270 a year.

She—"Now you must admit that women are better than men." "Oh, I don't know. History doesn't say anything about seven devils being cast out of man." She—"No, of course not; he has every one of them still!"

Minard's Liniment Cures Distemper.

He Admitted It.

"English as she is Japped" is the title of an article in a recent number of the Oriental Review.

The Oriental capacity for using our mother tongue with strange twists of unconscious humor is well known, but few examples are equal to this delicious sign on a Japanese baker's shop:

"A Karinura, Biggest Loafer in Tokyo."

PILES CURED IN 6 TO 14 DAYS

Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

Possible Reason.

"Why do you suppose he has such a vacant expression?"

"Well, he thinks of himself a good deal."

Minard's Liniment Cures Garget in Cows.

"That's a well-bred child." "You bet she is. Never corrects her parents publicly, no matter what the exigencies of the case may be."

MODERNIZING JERUSALEM.

Bids Fair to Become Again the Chief City of the Hebrews.

The latest indication of the progress going on in Jerusalem was the arrival a short time ago of a massive motor road roller, and the decision to equip the city with an efficient tramway system, says the American Hebrew. The walls enclose 209 acres, of which 35 acres are occupied by the temple enclosure. But owing to the impossibility of housing the thousands of Jewish immigrants who still continue to arrive, building has been proceeding outside the walls to a very considerable extent.

The consequence of the presence of this external population is that first one and then another of the gates was left open by night, until to-day they are all perpetually open. Indeed, two of the gateways have no gates at all. Meanwhile the Mohammedan population is not by any means keeping pace with the Jewish, and the Holy City seems in a fair way to become once more in fact as well as in name the capital city of the Hebrew race.

Jerusalem is soon to have its own tramway service, as a concession for the purpose has already been granted to a French company, which will start laying the tram lines in the course of the summer. An English company has applied for a concession to illuminate the city with water by the construction of large reservoirs near wells situated at a distance of about sixteen miles from Jerusalem. The municipality is also considering proposals for paving the streets and constructing sewage works. A modern fire-extinguishing apparatus and a telephone installation are also to be provided. The project of constructing a harbor in Jaffa, which has been discussed for the last thirty years, is likely to be realized at last. A French-Belgian company, with the co-operation of the Jaffa-Jerusalem Railway Company, is said to have applied for a concession to carry out the project, for which it has raised a capital of nearly one million pounds sterling. The Government is reported to have come to an agreement with the company about the conditions of the concession, and only the consent of Parliament is now necessary.

Lumbago Cured Every Ache Gone

Thousands Still Suffering That Can be Quickly Cured by "Nerviline."

The Case of Harold P. Bushy.

"Three years ago I discovered that a man subject to lumbago might just as well be dead as alive." These words open the sincere, straightforward letter of H. P. Bushy, a well-known man in the plumbing and tinsmithing business.

"One attack came after another, and lumbago got to be a chronic thing with me. I could scarcely get in a day's work before that knifing cruel pain would attack my back. I used a gallon of liniments; not one of them seemed penetrating enough to get at the core of the pain. I read in the Montreal Witness about Nerviline, and got five bottles. It is a wonderful medicine—I could feel its soothing, pain-relieving action every time it was applied. When I got the disease under control with Nerviline, I built up my strength and fortified my blood by taking Ferrozone at meals. This treatment cured me permanently, and I urge everyone to give up the thick, white, oily liniments they are using, and try an up-to-date, penetrating, pain-destroyer like Nerviline.

"Please publish my letter the world over. I want all to hear of Nerviline."

Don't be cajoled into receiving anything from your dealer but "Nerviline." Large family size bottles 50c., trial size 25c., all dealers, or The Catarrhozone Co., Buffalo, N. Y., and Kingston, Canada.

BULGARIA IS PRIMITIVE.

Cattle, Horses and Wine Are All Inferior.

The Balkan war has shown the efficiency of the Bulgarian army and the modern methods of the Bulgarians themselves, and to believe all the stories written about the Bulgars one would think the State as enterprising as any American state of similar size. This, say the correspondents, is far from being the case.

The Bulgarian peasant is very primitive and his primitiveness limits his prosperity. If he exports in large quantities wheat, barley and corn, his wine, on the other hand, is mediocre and his tobacco much inferior to Turkish tobacco; his cattle are of an inferior breed, his horses are small and his hogs thin.

Then, in direct contrast, as if to balance the inferiority, the Bulgarian roses are magnificent and their perfume, captured and condensed into "attar," contributes considerably to the prosperity of the country.

A GOOD HABIT

Tea when you are tired, particularly if it's

LIPTON'S TEA

Goes farthest for the money

FARMS FOR SALE

H. W. DAWSON, Ninety Colborne Street, Toronto.

HUNDRED ACRES—COUNTY HALTON; Good House; Buildings; Orchard. Cheap and on easy terms.

SEVENTY-SIX ACRES WITH GOOD buildings and ample orchard; about five miles from Hamilton.

H. W. DAWSON Toronto.

3 ACRES—CLOSE TO LONDON MARKET; new frame cottage, stable. Would exchange for farm. 5 cent fare to city. The Western Real Estate, London, Ont.

AGENTS WANTED.

HOME WORK, $7 TO $10 PER WEEK—We want reliable parties to knit for us at home, whole or spare time. We furnish machine, yarn, etc. Send your name and address at once for full particulars. The Canadian Wholesale Distributing Co., Dept. W., Orillia, Ont.

STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFferent Foreign Stamps, Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

GALL STONES, KIDNEY AND BLADder Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German Remedy, "Sanol," price $1.50. Another new remedy for Diabetes-Mellitus, and sure cure, is "Sanol's Anti-Diabetes." Price $2.00 from druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

The Heart of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

DYEING! CLEANING!

For the very best, send your work to the "BRITISH AMERICAN DYEING CO." Look for agent in your town, or send direct. Montreal, Toronto, Ottawa, Quebec.

BOILERS New and Second-hand, for heating and power purposes. TANKS AND SMOKE STACKS. Agents for Sturtevant Ventilating and Heating Systems. POLSON IRON WORKS LIMITED TORONTO. Engines and Shipbuilders.

Send your Raw FURS to John Hallam

Sixty Thousand trappers now send us their Raw Furs. Why not you? We pay highest prices and express charges, charge no commission and send money same day goods are received. Millions of dollars are paid trappers each year. Deal with a reliable house. We are the largest in our line in Canada.

FREE Our "Up to the minute" Fur quotations and the last Edition of HALLAM'S TRAPPERS GUIDE, a book of 96 pages, mailed FREE. Write to-day to John Hallam, Mail Dept 83 TORONTO, 111 Front St. E.

Cremation is Popular.

There has been a marked increase in Europe in the use of cremation as a method of disposing of the dead. Last year there were 7,555 cremations in Germany, as against 6,500 in 1910. At present there are 30 crematories in Germany, and almost as many in Italy. In England there were 1,033 cremations in 1911, as against 810 in 1910. Recently Switzerland has passed a law which practically makes interment exceptional.

It is more blessed to give useful gifts than to receive.

A bore is a man who will insist upon talking about himself when you want to talk about yourself.

WAS A CONFIRMED DYSPEPTIC

Now Finds it a Pleasure to Enjoy Meals

Here is a case which seemed as bad and as hopeless as yours can possibly be. This is the experience of Mr. H. J. Brown, 384 Bathurst St., Toronto, in his own words:

"Gentlemen—I have much pleasure in mentioning to you the benefits received from your Na-Dru-Co Dyspepsia Tablets and can cheerfully recommend them. I simply had confirmed dyspepsia with all its wretched symptoms, and tried about all the advertised cures with no success. You have in Na-Dru-Co Dyspepsia Tablets the best curative agent I could find. It is now such a pleasure to enjoy meals with their consequent nourishment that I want to mention this for the benefit of others."

The fact that a lot of prescriptions or so-called "cures" have failed to help you is no sign that you have got to go on suffering. Try Na-Dru-Co Dyspepsia Tablets and see how quickly this sterling remedy will give you relief and start your stomach working properly. If it doesn't help you, you get your money back. 50c a box at your druggist's. Compounded by the National Drug and Chemical Co. of Canada, Limited, Montreal. 141