ST. VITUS DANCE IN YOUNG CHILDREN

A Striking Example of its Cure By the Tonic Treatment

St. Vitus dance is the commonest form of nervous trouble that afflicts young children, because of the great demand made on the body by growth and development, and there is an added strain caused by study. It is when these demands become so great that they impoverish the blood, and the nerves fail to receive their full supply of nourishment, that the nervous debility which leads to St. Vitus dance begins.

The remarkable success of Dr. Williams' Pink Pills in curing St. Vitus dance should lead parents to give this great blood-building medicine to their children at the first signs of the approach of the disease. Pallor, listlessness, inattention, restlessness and irritability are all symptoms which early show that the blood and nerves are failing to meet the demand upon them. Here is proof of the power of Dr. Williams' Pink Pills to cure this trouble. Mrs. J. W. Towns, Oshawa, Ont., says:—"At the age of eleven my daughter was attacked with St. Vitus dance, and despite all we did for her the trouble grew rapidly worse. Soon she was scarcely able to walk, her body and limbs jerked and trembled so, and she was quite unable to feed herself. When she would lie down she would be unable to rise without assistance. As nothing was helping her I wrote a friend whose daughter had been similarly affected, and she advised the use of Dr. Williams' Pink Pills, which had cured her child. I at once got a supply of the Pills, and even the use of the first box seemed to show an improvement. By the time five boxes were used she was completely cured and has had no return of the trouble since." Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

WHALE BOAT CATCHES SHARK

Monster Harpooned Off Vancouver Coast.

While scouring the ocean for whales one of the little steamers working from the Kyuquot station landed a thirty-foot shark, says the Vancouver Sun.

The "wolf of the sea" is claimed to be one of the largest ever seen in northern waters and weighed approximately eight tons.

The whaling steamer had been searching vainly for whales for several days and the look out had grown tired of scanning the surface of the ocean. He was suddenly aroused to action by observing the dorsal fin of a monster shark cutting the water about 200 yeards on the port bow. As the big sharks yield considerable oil, the ship's officers decided to try for this one in view of the lack of whales.

Running to within thirty yards of the shark with the boat, the gunner fired the harpoon from the gun and struck the monster at the first shot. After a terrific fight to hold the struggling sea animal it was hauled aboard and cut up, the steamer resuming her search for the larger mammals.

Officers of the Tees declare that the shark was the largest they had ever seen. It was of the species common to the Pacific coast, but not quite so far north.

Baby's Rash Became a Mass of Humor

Parents Decided He Could Not Be Cured. "Cuticura" Soon Made His Skin Perfectly Clear.

A Toronto man, Mr. Robert Mann, of 758½ Queen St. East, says: "Our boy was born in Toronto on Oct. 13, 1908, and when three months old a slight rash appeared on his cheek. What appeared to be a water blister would form. When it broke, matter would run out, starting new blisters until his entire face, head and shoulders were a mass of scabs and you could not see a particle of clear skin. We did not know what to do for him and tried about every advertised remedy without avail, indeed some of them only added to his suffering and one in particular, the —— Remedy, almost put the infant into convulsions. The family doctor prescribed for him. This did not do any good, so we took him to a hospital. He was treated as an out-patient twice a week and he got worse, if anything. We then called in another doctor and inside of a week the boy was, to all appearances, cured and the doctor said his work was done. But the very next day it broke out as bad as ever.

"We decided that it could not be cured and must run its course and so we just kept his arms bandaged to his side to prevent his tearing his flesh. The Cuticura Remedies were recommended. We started using them in May, 1909, and soon the cure was complete. Cuticura made his skin perfectly clear and he is entirely free from the skin disease." (Signed) Robert Mann, May 3, 1910.

In another letter, dated June 29, 1911, he adds: "My boy has never had any more trouble since using Cuticura."

For more than a generation Cuticura Soap and Ointment have afforded the most successful treatment for skin and scalp troubles of infants, children and adults. A single set is often sufficient. Although sold by druggists and dealers throughout the world, a liberal sample of each, with 32-p. book on the skin, will be sent free, on application to Potter Drug & Chem. Corp., 38 Columbus Ave., Boston, U. S. A.

A MASTER OF FICTION.

Mr. Thomas Hardy is the grand old man of literature. Though he is no longer able to do much creative work he maintains a very keen interest in current problems, and is alive to the literary tendencies of the age. He is undoubtedly England's greatest living novelist, and at least one of his novels is likely to endure as long as the English language.

Originally intended for an architect, he devoted his attention to literature, and soon created a great impression by his wonderful delineations of Dorset life. Such books as "Tess of the D'Urbervilles," "Far From the Madding Crowd," and "The Return of the Native," are treasured by lovers of literature throughout the civilized world, and Thomas Hardy enjoys an international reputation.

King George is a very great admirer of Mr. Hardy's works, and i[illegible]

Mr. Thomas Hardy.

was largely owing to his influence, when Prince of Wales, that the novelist was enabled to obtain the Crown lands near Dorset upon which he erected his house. Every spot of the surrounding country has been rendered famous by his novels, and enthusiastic admirers come from all parts of the globe to view the original sites which are depicted with such masterly skill in the novels.

OUTDOOR LIFE

Will Not Offset the Ill Effects of Coffee and Tea When One Cannot Digest Them.

A farmer says:

"For ten years or more I suffered from dyspepsia and stomach trouble, caused by the use of coffee, (Tea contains caffeine, the same drug found in coffee) until I got so bad I had to give up coffee entirely and almost give up eating. There were times when I could eat only boiled milk and bread; and when I went to the field to work I had to take some bread and butter along to give me strength.

"I doctored steady and took almost everything I could get for my stomach in the way of medicine, but if I got any better it only lasted a little while. I was almost a walking skeleton.

"One day I read an ad for Postum and told my wife I would try it, and as to the following facts I will make affidavit before any judge:

"I quit coffee entirely and used Postum in its place. I have regained my health entirely and can eat anything that is cooked to eat. I have increased in weight until now I weigh more than I ever did. I have not taken any medicine for my stomach since I began using Postum.

"My family would stick to coffee at first, but they saw the effects it had on me and when they were feeling bad they began to use Postum, one at a time, until now we all use Postum." Name given by Canadian Postum Co., Windsor, Ont.

Ten days' trial of Postum in place of tea or coffee proves the truth, an easy and pleasant way.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

OUR LITTLE ONES' TEETH.

Why and How We Should Take Care of Them.

In these days children's teeth are not given quite that amount of attention they ought to receive.

It is a common idea that the first teeth—the milk-teeth—are of no importance. You will hear a mother say: "We will have to watch Jack's second teeth. They're the one's that count." Very true; but unless the first teeth be properly tended, the second set won't be of great service to the owner.

The first teeth are often no sooner through than a child is given something hard to bite at or gnaw. No greater mistake could be made. Certainly give a child something hard to bite so long as the teeth are beneath the level of the gums—that only soothes; but once the teeth are in view, no hard substance should be given to a child. The enamel is very easily broken, and once that is done the tooth is liable to decay quickly. It is then, so to speak, deprived of its natural protection.

The seeds of indigestion are usually sown quite early in life. We who are adults know very well how faulty teeth affect our digestion. ery well; bad teeth in children do the very same thing, and if the milk-teeth are allowed to go bad through neglect and so forth, indigestion lays its horrible hand on a child, and the grip is never released throughout life.

It sometimes happens that the second set of teeth make their appearance before the first set are out. In a case of the kind there is but one thing to do—take the child to a good dentist, and get him to open up the way for the second set. Unless this is done the second teeth have no chance, and must push their way out as best they can, with the result that in the end they are quite irregular, sometimes positively horrible-looking.

But granted the first set—the milk-teeth—are through, and in good condition, still that is not enough. They must be attended to carefully. A mother should procure a brush with quite soft bristles, and with this and a nice tooth-paste the child's teeth should be cleaned morning and evening—especially evening. Before a child is put to bed at night the teeth should be cleaned with care; that removes any particles of food that may be adhering to them, and that is an important point.

If a mother does this regularly, it becomes a habit, and the child later on will just as soon think of going out without his face being washed as without his teeth being brushed. The practice has become a fixed habit; and it is a good habit.

What parents ought to remember is this—if teeth are attended to during childhood, they are liable to cause very little trouble later on, and carefully attended to teeth in childhood often stand sound throughout a lifetime.

It is often asked: Why do teeth begin to go so soon nowadays? Our food is chiefly to blame. We do not eat a sufficiency of bone-forming foodstuffs. We take too little of those materials that are body building. Teeth reared on Scottish oatmeal bannocks are usually good teeth, and for two excellent reasons: bannocks are made of oatmeal—that grand bone-maker and body-builder—and oatmeal, well masticated, is one of the best-known teeth-cleaners and polishers.

Safeguarding Investors

It is only the wealthy investor who can afford to jeopardize his principal in the hope of securing unusually large returns. To the man whose investment represents all or most of his available capital, security of principal is a prime necessity.

The value of a Bond de-

1383.

AUCTION SALES

An auction sale of household furni will be held at Feversham on Satur June 15, the property of Mrs. Li who is going west. The furnitur practically new and must be sold, bills for list. Wm. Kautting, auctio

LOST AND FOUND

Strayed—To the premises of the u signed, lot 5, concession 4, Osprey, spotted yearling heifer. Owner p prove property and pay expenses take away. Louis Hil', Maxwell, On

Horse Astray—Came to the prem of the undersigned, one sorrel horse two white hind feet and white st down face. The owner is requested pay expenses and remove the animal. D. McLachlan, Ceylon.

Lost—Between John Adams' Ceylon one bag of McGowan's bean a

OTTAWA LONDON, ENG.

SUMMER SKIN TROUBLES.

Sunburn, blistering, and irritation are the commonest form of summer skin troubles, and Zam-Buk ends these very quickly. It works in two ways. As soon as applied, its antiseptic powers get to work and kill all the poison in a wound, a sting or a sore. This generally ends the smarting and the pain. Then Zam-Buk begins the healing process, and fresh healthy tissue is built up. For sore, blistered feet, sore hands, heat rashes, baby's heat spots, sore places due to perspiration, etc., you can't equal Zam-Buk. Druggists and stores everywhere sell Zam-Buk, 50c. box. Use Zam-Buk Soap also, 25c. per tablet. All stores, or Zam-Buk Co., Toronto.

The man who paddles his own canoe to-day may own a steam yacht to-morrow.

SOLDIERS DRINK LESS.

Generals Agree That Best Fighting Is Done by Sober Army.

The changes that a century has wrought in respect to the use of strong liquor were illustrated during the recent meeting in London, England, of the Royal Army Temperance Association, which now has 67,433 members, of whom 38,405 are in the Indian army.

According to the figures presented there are now 28,380 total abstainers in the British army and 2,795 in the temperance section. Earl Roberts said a great change had come over the morality of the army in India since the days when it was the custom to provide every soldier with "a tot of arrack" every morning.

Earl Curzon recalled that in 1812, when the Peninsula war was in progress, the Duke of Wellington's force was "a drinking if not a drunken army." The idea then was that the hard drinking man was the best fighting man and there was a direct ratio between whiskey consumed and courage displayed. The Duke himself while extolling the bravery of his men deplored their drunkenness and social vices.

Nowadays all recognize that the old idea was a ludicrous fallacy. Every general who had commanded troops in the last quarter of a century would say that the best marching army and the best fighting army was a sober army.

ABSOLUTELY SAFE FOR LITTLE ONES

Mrs. Nelle Steeves, Hill Grove, N.B., writes:—"I know Baby's Own Tablets are an absolutely safe medicine for little ones and they are the only medicine I would give a child without first consulting a doctor." The Tablets are guaranteed by a government analyst to be absolutely safe and free from opiates and narcotics and cannot possibly do harm—but always good. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

NOT WORTH IT.

"I hear Cholly has lost his mind."

"Has he? Then don't offer a reward to anybody to find it."

It is a Liver Pill.—Many of the ailments that man has to contend with have their origin in a disordered liver, which is a delicate organ, peculiarly susceptible to the disturbances that come from irregular habits or lack of care in eating and drinking. This accounts for the great many liver regulators now pressed on the attention of sufferers. Of these there is none superior to Parmelee's Vegetable Pills. Their operation though gentle is effective, and the most delicate can use them.

A girl isn't half as humiliated to make her own dresses as she is to wear them.

Keep Minard's Liniment in the house.

EASILY REMEDIED.

Cashier—"I cannot cash this check, madam. You have overdrawn your account."

Haughty Lady—"Oh, that is all right! Just make me out a new account."

For years Mother Graves' Worm Exterminator has ranked as the most effective preparation manufactured, and it always maintains its reputation.

Most people count the chicks not only before they are hatched, but before the eggs are laid.

Ask for Minard's and take no other.

ARTISTIC STYLE.

"That girl's face is a chromo."

"I beg your pardon—it's hand-painted."

If attacked with cholera or summer complaint of any kind send at once for a bottle of Dr. J. D. Kellogg's Dysentery Cordial and use it according to directions. It acts with wonderful rapidity in subduing that dreadful disease that weakens the strongest man and that destroys the young and delicate. Those who have used this cholera medicine say it acts promptly, and never fails to effect a thorough cure.

"A multi-millionaire in a fashionable restaurant," she said, "pointed to a line on the menu and said to the waiter: 'I'll have some of that, please.' 'I'm sorry, sir,' the waiter answered, 'but the band is playing that.'"

The ease with which corns and warts can be removed by Holloway's Corn Cure is its strongest recommendation. It seldom fails.

But a bird in the hand doesn't annoy the early worm.

Think this over!
Is there any beverage that costs you less per cup than
LIPTON'S TEA
GOES FARTHEST FOR THE MONEY

STOPS SHOES CREAKING.

Every woman knows how annoying it is when her shoes begin to creak. Probably she has hardly noticed it in her usual walking, but just as soon as she would walk quietly they set up a most distressing squeak. To remedy this soak the sole in linseed oil, using a plate or shallow pan, allowing the sole only to come in contact with the oil. The creak will disappear after a few hours and the shoe will last much longer on account of this treatment.

CURE FOR CONSUMPTION.

Such is the recuperative power contained in Copeland's Cure for Consumption that even the most advanced cases have been cured by its beneficial action. It can be taken by the weakest patient, to whom it gives a fighting strength as nothing else will. The appetite comes back. That weakening perspiration is stopped. The lungs and respiratory organs are healed at the same time. Its efficacy to fight consumption, weak or bleeding lungs, lingering coughs and bronchitis is proven beyond doubt not by what I state, but by what is stated by those who have taken it for those ailments and have been cured. Copies of testimonials of those who, after being given up by doctors and specialists, as only having a few days to live, and are alive and well to-day, are sent on request. Price $1 per bottle at your druggist, or direct from Wm. Copeland, 511 Pape Ave., Toronto, Canada.

VACATION.

Vacation is a term of woe—
We should be glad to end it;
For, till it's over, none can know
How, when or where to spend it.

A Cure for Fever and Ague.—Disturbance of the stomach and liver always precede attacks of fever and ague, showing derangement of the digestive organs and deterioration in the quality of the blood. In these ailments Parmelee's Vegetable Pills have been found most effective, abating the fever and subduing the ague in a few days. There are many who are subject to these distressing disturbances and to these there is no better preparation procurable as a means of relief.

NOT ON HAND.

Student—"I told you last night to wake me at 7 this morning. Why the dickens didn't you do so?"

Landlady—"Well, sir, at 7 o'clock you hadn't come home."

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT.
MRS. A. LIVINGSTONE.
Lot 5, P. E. I.

I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT.
Mahone Bay. JOHN MADER.

It was cured of a severely sprained leg by MINARD'S LINIMENT.
JOSHUA A. WYNACHT.
Bridgewater.

OCCASIONALLY HAPPEN.

"The age of miracles has past."

"No, it hasn't. My wife told me last night she would be ready in a minute and so she was."

When Your Eyes Need Care — **Try Murine Eye Remedy**

No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. MURINE is compounded by our Oculists—not a "Patent Medicine" but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c-50c per bottle. Murine Eye Salve in Aseptic Tubes, 25c-50c. Murine Eye Remedy Co., Chicago

A FACT.

About the hardest man in the world to control is the man who is too easily led.

For Burns and Scalds. — Dr. Thomas' Eclectric Oil will take the fire out of a burn or scald more rapidly than any other preparation. It should be at hand in every kitchen so that it may be available at any time. There is no preparation required. Just apply the oil to the burn or scald and the pain will abate and in a short time cease altogether.

Bad advice is the only kind heeded.

Minard's Liniment used by Physicians.

ITS ONLY PURPOSE.

"O, Willie, Willie," cried a teacher to a hopelessly dull pupil, "whatever do you think your head is for?"

Willie, who evidently thought this another of the troublesome questions that teachers were always asking, pondered it deeply. "Please, Miss," he replied at length, "to keep my collar on!"

Of the States, New York is the most densely populated; its population exceeds nine millions. The population of Pennsylvania exceeds seven millions.

H. W. DAWSON, Ninety Colborne Street, Toronto.

EIGHT THOUSAND DOLLARS WILL buy beautiful hundred acres in Northumberland County, including Stock and Implements. There is in the stock 4 horses, 10 cows, etc. This is a snap, and can be had on easy terms. Possession at once.

GOOD FARMS IN LINCOLN, WELLAND, Halton, Peel, York, Durham, Northumberland, Prince Edward counties at reasonable prices.

ALBERTA, SASKATCHEWAN AND Manitoba lands in large or small blocks.

FRUIT FARMS—ALL SIZES, IN THE Niagara Fruit Belt.
H. W. DAWSON, Toronto.

MALE HELP WANTED.

RAILWAY AGENTS, TELEGRAPHERS and Clerks in great demand throughout Ontario and North West. Six months will qualify you. Day and Mail courses. Positions secured. Free Book tells explains. Dominion School Telegraphy, Toronto.

MISCELLANEOUS.

LIVE FOXES WANTED—YOUNG OR old. Wm. Pearson, Guelph, Ont.

HAY AND FARM SCALES. Wilson's Scale Works, 9 Esplanade, Toronto.

CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

6 TON SCALE GUARANTEED. Wilson's Scale Works, 9 Esplanade, Toronto.

PROBATIONERS TO TAKE THREE years' course in training at Aultman Hospital, Canton, Ohio. Address, Supt.

LISTEN!—MANY CHAUFFEURS EARN $30.00 a week. Special reduced rates to learn automobiling and repairing. Campbell College of Motoring, 426 Bloor Street West, Toronto.

PURIFICO CURES **CANCER AND TUMOR** — WRITE FOR PROOF
Canadian Branch: Purifico Co., Bridgeburg, Ont.

CLEANING LADIES' WALKING OR OUTING SUITS
Can be done perfectly by our French process. Try it.
British American Dyeing Co.
Montreal, Toronto, Ottawa and Quebec.

LANGMUIR'S CREOSOTE **Shingle Stains**
Protect — Preserve — Beautify
Samples and Booklets on Application
JAMES LANGMUIR & CO., Limited
1374 Bathurst Street TORONTO

COW COMFORT
is guaranteed to keep Flies off your Cattle
$2.00 PER GALLON
Dilute with 4 gallons of water.
Write for a gallon now to
THE MACLAREN IMPERIAL CHEESE CO., LTD., WOODSTOCK, ONTARIO.
Sole Mfrs.—The Sapho Manufacturing Co., Limited, Montreal.

SHE WILL SOMETIMES ADMIT.

"Does your wife ever admit that she is wrong in an argument?"

"No, the nearest she ever comes to it is to say that I'm not as big a chump as I look."

Minard's Liniment Lumberman's Friend.

HER PERFECT WORK.

The pretty trained nurse bent over her patient, a young man who was beginning to get better.

"Shall I turn your head, sir?" she asked, in her low, kind voice.

"No, thank you, Miss Angel," returned the convalescent. "You have turned it already."

Constipation is an enemy within the camp. It will undermine the strongest constitution and ruin the most vigorous health. It leads to indigestion, biliousness, impure blood, bad complexion, sick headaches, and is one of the most frequent causes of appendicitis. To neglect it is slow suicide. Dr. Morse's Indian Root Pills positively cure Constipation. They are entirely vegetable in composition and do not sicken, weaken or gripe. Preserve your health by taking

Dr. Morse's Indian Root Pills