SPRING IMPURITIES IN THE BLOOD

A Tonic Medicine is a Necessity at This Season.

Dr. Williams' Pink Pills for Pale People are an all year round tonic, blood-builder and nerve-restorer. But they are especially valuable in the spring when the system is loaded with impurities as a result of the indoor life of the winter months. There is no other season when the blood is so much in need of purifying and enriching, and every dose of these pills helps to make new, rich, red blood. In the spring one feels weak and tired—Dr. Williams' Pink Pills give strength. In the spring the appetite is often poor—Dr. Williams' Pink Pills develop the appetite, tone the stomach and aid weak digestion. It is in the spring that poisons in the blood find an outlet in disfiguring pimples, eruptions and boils—Dr. Williams' Pink Pills speedily clear the skin because they go to the root of the trouble in the blood. In the spring anaemia, rheumatism, indigestion, neuralgia, erysipelas and many other troubles are most persistent because of poor, weak blood, and it is at this time when all nature takes on new life that the blood most seriously needs attention. Some people dose themselves with purgatives at this season, but these only further weaken themselves. A purgative merely gallops through the system, emptying the bowels, but it does not cure anything. On the other hand Dr. Williams' Pink Pills actually make new blood, which reaches every nerve and organ in the body, bringing new strength, new health and vigor to weak, easily tired men, women and children. Try Dr. Williams' Pink Pills this spring—they will not disappoint you.

Sold by all medicine dealers or sent by mail at 50 cents a box or six boxes for $2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

THE COURT TRAIN.

Queen's Regulations Not So Severe as at First Reported.

The rules and regulations regarding the exact length and breadth of Court trains recently issued by the Lord Chamberlain has again called forth the manifestly absurd statement that those who purpose attending these functions must beware of following the present fashion too closely if they would avoid the risks of being turned back from the doors of the throne room, says the Pall Mall Gazette.

The so-called new regulations differ in no way from those which have been in force since time immemorial. That the Queen does not approve of the exaggerated fashions of the present day is sufficiently indicated by her Majesty's own style of dress, but between that and any definitely expressed opinion on the subject, except as regards the ladies of her household, there is a wide margin; and the statements that the Queen has set her face firmly against this or that fashion where the general public is concerned are incorrect, and gave so much offence in high quarters some time ago as to call forth an official contradiction.

It is to be hoped, however, that the majority of the ladies attending the Courts will avoid that monstrosity, the hobble skirt, even in its modified evening form, as it is an absolute impediment to grace of movement.

When passing the presence, every woman has, so to speak, the stage to herself, and to have to proceed up the strip of crimson carpet as though she were endeavoring to win a sack race, under the gaze of hundreds of critical eyes, must be the reverse of gratifying.

Something

Extra Good

For Breakfast, Lunch or Supper—

Post Toasties

Served direct from package with cream.

Surprises
Pleases
Satisfies

"The Memory Lingers"

Sold by Grocers

Canadian Postum Cereal Co., Ltd., Windsor, Ontario, Canada.

MR. W. ABRAHAM, M.P.

Welsh miners' agent, and veteran member of Parliament.

FOUNTAIN TOOTH BRUSH.

Hollow Handle Carries Cleansing Fluid to Bristles.

No longer will it be necessary to carry a bottle or box of tooth wash, or tooth paste, when you go away from home. All you will need will be your tooth brush—that is, if it is the tooth brush devised by a Georgia man. This little implement has a hollow handle and a hollow brush frame with slits on the under side. The handle, which has a screw cap at the outer end, is designed to contain the cleansing preparation, whether fluid or powder, and the flow of this stuff into the brush frame is controlled by a valve. When the fluid is allowed to run the frame it trickles down the bristles and the brush is all ready for use without a drop of the preparation being wasted. With the handle of this brush loaded and a clean collar a man is ready for a trip.

BABY THIN — HAD NO APPETITE

Mrs. Ulderic St. Georges, St. Mathias, Que., writes: "I am writing to say I am well satisfied with Baby's Own Tablets. My baby was ill and I tried several remedies, but the result was discouraging. He became very thin, had no appetite, hardly slept at all and was extremely weak. I got Baby's Own Tablets and they soon set him right again, till at the age of eleven months he was able to walk and was a strong, healthy child. I do not think there is anything to equal Baby's Own Tablets for little ones." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The lace trade of France is said to afford employment for 200,000 persons.

To Men Who Live Inactive Lives.—Exercise in the open air is the best tonic for the stomach and system generally; but there are those who are compelled to follow sedentary occupations and the inactivity tends to restrict the healthy action of the digestive organs and sickness follows. Parmelee's Vegetable Pills regulate the stomach and liver and restore healthy action. It is wise to have a packet of the pills always on hand.

Many a true word is spoken by mistake.

Minard's Liniment Relieves Neuralgia.

GOOD MARKSMEN.

A Yankee entered a hotel in the Highlands, when he overheard a party of gentlemen speaking about shooting.

"Gentlemen," he said, "I guess I have seen some good shotting in my time. I have seen a fly killed on a flagpole at 300 yards."

An Irishman, who was one of the party, said: "Begorra, it's purty good, but I believe I've seen better. When I was in the army the major used to roll an empty beer barrel down the hill, and every time the bung hole turned up we put a bullet in. Any man who couldn't do it was discharged."

A SCOTSMAN BLOWING.

An Englishman and a Scotsman, both commercial travellers, were bragging about the firms they represented. "You may judge of the extent of our business," said the Englishman, "from the fact that we spend £215 a year in ink for our correspondence." "That's nothing," said the Scotsman. "My firm saves twice that amount yearly by not dotting its 'i's' and not crossing its 't's.'"

ON THE PLATFORM.

"Don't you see that sign 'No smoking'?" asked the car conductor.

"Yes," replied the inconsiderate and obstinate passenger. "And all I have to say is that the man who wrote that sign was no prophet."

ALONG THE LINE OF C.N.O. RAILWAY

DODD'S KIDNEY PILLS WORK WONDERFUL CURE.

Mrs. Ed. Lloyd, Weak and Worn and Wracked with Pain Found Relief and Cure in Dodd's Kidney Pills.

Ardbeg, Ont., March 18 (Special)—"Dodd's Kidney Pills have done wonders for me," so says Mrs. Ed. Lloyd, wife of a well-known farmer living on the line of the C. N. O. Railway near here.

"I was so weak I could hardly walk around," Mrs. Lloyd continues, "I suffered from female weakness and kidney trouble. My heart troubled me so that at times I would almost pant with the palpitations. I was treated by the doctor, but he could give me no relief.

"I was sick all over when I started to use Dodd's Kidney Pills, Rheumatism, Lumbago and Neuralgia adding to my sufferings. But Dodd's Kidney Pills helped me almost at once. After taking eight boxes I was completely cured."

Naturally Mrs. Lloyd wants other suffering women to know how she found a cure, and Dodd's Kidney Pills will do for other sufferers just what they did for Mrs. Lloyd, make new women of them.

LIVELY WEDDING GIFTS.

Exciting Honeymoon Caused by "Useful" Presents.

No one ever received a more curious consignment of wedding presents than the famous lion-trainer Bidel. "We spent our honeymoon at Lyons, France," he once told a friend, "and we had some queer presents from the ordinary point of view, as all my friends were anxious to give 'something useful.' Among other gifts were three boa-constrictors and five alligators. I shall never forget how annoyed I was and how frightened my wife was when during the night two of the alligators broke out of their boxes in our bedroom and began exploring. I could not find the matches, and my wife and I remained on top of the bed canopy till morning. Luckily my wife did not think of the thing that was worrying me. I was deadly afraid that the alligators would waken up the boa-constrictors."

CLINCHED.

Lawyer—"You are charged with steaming the chicken on Thursday night."

Prisoner—"I kin prove an alibi on dat night."

Lawyer—"What were you doing?"

Prisoner—"I wuz eating de chicken."

Bill—"How's his business going?" Jill—"Like clockwork." "Why, I heard he'd failed?" "So he has. They've just wound up his business."

An Oil That is Famous.—Though Canada was not the birthplace of Dr. Thomas' Eclectric Oil, it is the home of that famous compound. From here its good name was spread to Central and South America, the West Indies, Australia and New Zealand. That is far afield enough to attest its excellence, for in all these countries it is on sale and in demand.

Sister—So Willie Jones kicked you, did he? And did you kick him back? Bobby—No, I didn't. If I had, then 'twould have been his turn again.

Why buy mixtures known as alum baking powder when you can just as well, and at no more expense, get Magic Baking Powder? The ingredients are plainly printed on each package. See if this is on the others. All Grocers are authorized to guarantee that "Magic" does not contain alum.

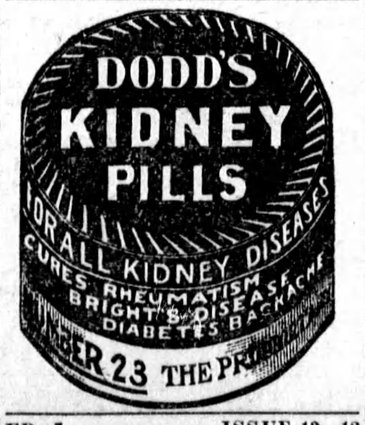
GOSSIP.

"I heard the missus talking about us," said the cook.

"What did she say?" inquired the chambermaid.

"She said we was neither of us any good."

"Ain't it terrible the way ladies talk about one another now-a-days!"



WEE BIT SECRETS.

They're ainly wee bit secrets
My sweetheart telt tae me,
An' so they've a' bin rooted
Doon deep in memory;
The warl' no cares fer greetin'
Aboon the little grave
Whaur sleeps as pure a lassie
As iver secrets gave.
Hooch ay! the warl' no cares.

They're ainly wee bit secrets,
An' yet nae but or ben
O' ony mem'ry, hes yin
That's half sae prized as them.
They're wi' me when I'm lonely,
An' loom up when I'm glad;
There's naething else sae cheerfu'
When life's nichts are maist sad.
Hooch ay! the warl' no cares.

They're ainly wee bit secrets,
An' yet my hairt kens weel
Hoo aften they've bin needed
Tae licht some gloomy spell.
They mak' an auld man hopefu',
Though ivery time fer years
I've placed a rose on Jean's grave
It's leaves were moist wi' tears.
Hooch ay! the warl' no cares.

They're ainly wee bit secrets
That keep life's ingle bricht,
They maun be winter's fuel
An' simer's sunshine licht.
I've keepit them frae neebors,
Nae frien' hes iver speired,
I ken they'll a' gang wi' me
Afore a soul hes heird.
Hooch ay! the warl' no cares.

—Mac Mactavish.

BABY TERRIBLY SCALDED.

Relieved by Zam-Buk.

Doctor Agreed Zam-Buk was "Best Possible Treatment."

Mrs. Albert Sawyer, of Midland (Ont.), says: "While living in Brantford last winter my little son spilled a vessel of boiling water over his neck. He was terribly scalded, and we immediately called in a doctor. The treatment did not seem to give the child ease or heal the terrible scalds, so after a week's trial we got some Zam-Buk and applied it. It gave the child ease almost immediately, and after a few days' use the scalds seemed to be getting along finely.

"To make quite sure that all was right, however, we called in a second doctor. He said everything was going along splendidly, the scalds were healing and the little one would soon be quite recovered. Then we told him we were using Zam-Buk, and he said we could use nothing better. Zam-Buk worked a complete cure."

Mrs. S. Smith and Mrs. J. H. Teakle, of 73 Brock St., Brantford, who knew of the above accident, and what followed, write: "We certify that these facts are true in every detail."

Mothers should know that for burns, cuts, scalds, bruises, eczema, piles, and all skin diseases, there is nothing to equal Zam-Buk. Zam-Buk is obtainable from all druggists and stores 50c box, or Zam-Buk Co., Toronto.

A BRIDE'S TRIAL.

One of the greatest trials a girl has to encounter when she marries is that she has to discharge her mother and depend on a hired girl.

The merits of Bickle's Anti-Consumptive Syrup as a sure remedy for coughs and colds are attested by scores who know its power in giving almost instant relief when the throat is sore with coughing, and the whole pulmonary region disordered in consequence. A bottle of this world-famed Syrup will save doctor's bills, and a great deal of suffering. Price 25 cents, at all dealers.

When a man wins $5 on a huge race he is apt to tell everybody he won $50—except his wife, who would want to spend it.

Minard's Liniment Cures Burns, Etc.

GAMBLING MANIA IN POLAND.

Doctor Rose at Four A.M. to Evade Wife Who Kept Him Home.

The trial at Krakow of a Polish doctor named Steinfeld, who has come to grief through gambling, has been the occasion of some curious revelations about the hold which this vice has on business men in Austrian Poland. Dr. Steinfeld's wife, in her endeavor to keep her husband out of temptation, tried the plan of never leaving him out of her sight, even when a practice of going to bed early and rising at four in the morning, before his wife was awake, in order to hurry off to the so-called "Monte Carlo" at Krakow, which he would find still in full swing at that hour. When staying at hotels during the summer he would arrange meetings with other players in the bathroom, and play there for hours, while he told his wife that he was taking a cold water cure.—London Standard.

The longest canal in the world is in Russia. It extends from St. Petersburg to the frontier of China, and its total length is close on 4,500 miles.

Worth ten Cents a pound more

LIPTON'S TEA

GOES FARTHEST FOR THE MONEY

A WISE MAN.

She—"He is the most popular man I know."

He—"Yes; he never tells the truth about anybody."

A Remedy for Bilious Headache.—To those subject to bilious headache, Parmelee's Vegetable Pills are recommended as the way to speedy relief. Taken according to directions they will subdue irregularities of the stomach and so act upon the nerves and blood vessels that the pains in the head will cease. There are few who are not at sometime subject to biliousness and familiar with its attendant evils. Yet none need suffer with these pills at hand.

FILLED WITH MUSIC.

"That cat made an awful noise in the back garden last night."

"Yes, father. I suppose that since he ate the canary, he thinks he can sing."

Marion Bridge, C. B., May 30, '02.
I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of Liniment I handle.
NEIL FERGUSON.

NOTHING NEW.

"I am disappointed in this seed catalogue."

"As to how?"

"I don't see any improvements in beets or tomatoes. These look like 1911 models to me."

When Your Eyes Need Care

Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c.
Murine Eye Remedy Co., Chicago

Mr. Crawford—Keep the kid quiet! Mrs. C.—All right, my dear. I'll give him his drum and tin whistle.

Corns cannot exist when Holloway's Corn Cure is applied to them, because it goes to the root and kills the growth.

Even a forgetful man seldom forgets about that $5 you owe him.

Minard's Liniment Cures Dandruff.

Matrimony transforms the poetry of life into an itemized expense account.

PILES CURED IN 6 TO 14 DAYS. Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

MAKING HOME HAPPY.

He never grumbles at his wife
Nor has to hook the waists she wears;
He lives a peaceful, happy life,
Absolved from all domestic cares;
When he gets home at 1 a.m.
No terror lingers in his heart;
Contentment dwells with both of them—
They live a thousand miles apart.

Well, Well!

THIS is a HOME DYE that ANYONE can use

I dyed ALL these DIFFERENT KINDS of Goods with the SAME Dye.
I used
DY-O-LA
ONE DYE FOR ALL KINDS OF GOODS
CLEAN and SIMPLE to Use.
NO chance of using the WRONG Dye for the Goods one has to color. All colors from your Druggist or Dealer. FREE Color Card and STORY Booklet 10. The Johnson-Richardson Co., Limited, Montreal.

NO SUNSHINE REQUIRED

Botts—I see that electricity is playing a part in agriculture. But what crop would flourish most under electric lights?

Motts—Wild oats.

No child should be allowed to suffer an hour from worms when prompt relief can be got in a simple but strong remedy — Mother Graves' Worm Exterminator.

Many a man uses a crowbar for the purpose of prying into the affairs of others.

TO CURE A COLD IN ONE DAY
Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

No matter where you go, you'll find some one anxious to separate you from your hard-earned wealth.

Minard's Liniment for sale everywhere.

H. W. DAWSON, Ninety Colborne Street, Toronto.

FORTY ACRE FRUIT FARM—NEAR Niagara River, well planted. Revenue 1911 nearly thirty per cent. on price asked.

A BEAUTIFUL FARM OF TWO HUNdred and ninety acres on St. Joseph's Island, with fine house, up-to-date barn and outbuildings. Owner wishes to devote his time to other business, so will sell cheap for quick sale. Full particulars furnished on application.

HUNDRED AND FIFTY-SEVEN ACRES in Norfolk County; six acres fruit; up-to-date house; new bank barn; a very desirable property at a bargain.

HUNDRED AND FIFTY ACRES—WITH good house; two barns; ten acres orchard; in County Peel. A real snap.

ONE HUNDRED ACRES—GOOD HOUSE and outbuildings; near Teeswater. A first-class farm worth the money.

AN IDEAL FARM OF TWO HUNDRED acres in County of Wellington, with fine brick house; good outbuildings; can be bought on easy terms.

FOUR HUNDRED ACRES IN COUNTY of Simcoe, with Hundred Acres Good Timber; 20 acres apple orchard; good Frame House; two Barns. Can be bought right.

TWENTY-FIVE ACRE FRUIT FARM—Near St. Catharines; Brick House; Barn; twenty acres planted. Can be bought very reasonable.

ONE OF THE BEST FRUIT FARMS IN St. Catharines District—Fifty acres, thirty of which are planted; Elegant House, also Cottage and fine outbuildings. Will be sold on easy terms.

FORTY ACRES — ST. CATHARINES — Bungalo and Cottage and good outbuildings. Thirty-four acres planted in fruit, and a money maker. The owner wishes to retire and anxious to sell.

I HAVE MANITOBA, ALBERTA, SASkatchewan and British Columbia lands, both improved and unimproved, in quarter, half or whole sections, also in larger lots up to five hundred thousand acres. If thinking of investing in Western lands it is to your interest to consult me.

'Phones: Main 6990, Park 527. H. W. DAWSON, Toronto.

THREE ACRES, FRAME COTTAGE, city water in house, stable, henhouse, orchard and small fruit, two blocks from London street railway, soil gravelly loam, good buildings, one and a half miles to London market. Will exchange for farm. The Western Real Estate, London.

MALE HELP WANTED.

GOOD POSITIONS WAITING FOR young men as Telegraphers, Station Agents, Freight and Ticket Clerks. We qualify for any Canadian railway. Regular railway books and forms in school. Free Book 18 explains. Dominion School Telegraphy, Toronto.

MISCELLANEOUS.

HUMBOLDT, SASKATCHEWAN, WANTS this Spring, settlers for 4,000 free homesteads. Best mixed farming territory in West. Also improved farms $15 to $30 per acre. Write commissioner, Board of Trade, Humboldt.

HAY and FARM SCALES. Wilson's Scale Works, 9 Esplanade, Toronto.

CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

6 TON SCALE GUARANTEED. Wilson's Scale Works, 9 Esplanade, Toronto.

FREE

As a special introductory offer we will send a beautiful hand-painted view of Niagara Falls with each 10c. package containing 10 Easter or other Embossed Post Cards. Send 10c. to-day. Overland Merchandise Co., Dept. 202, Toronto.

CLEANING LADIES' WALKING OR OUTING SUITS
Can be done perfectly by our French process. Try it.
British American Dyeing Co.
Montreal, Toronto, Ottawa and Quebec.

PURIFICO CURES CANCER AND TUMOR
WRITE FOR PROOF
Canadian Branch: Purifico Co., Bridgeburg, Ont.

LANGMUIR'S CREOSOTE Shingle Stains
Protect — Preserve — Beautify
Samples and Booklets on Application
JAMES LANGMUIR & CO., Limited
1374½ Bathurst Street TORONTO