THE STAIRCASE TEST

If You Cannot Pass It Your Health is Failing.

When you suffer acute palpitation of the heart, dizziness or faintness every time you go up stairs; when exertion of any kind leaves you breathless and trembling, it is a warning that your blood is defective—that you are anaemic. If these warnings are neglected worse disorders will follow—perhaps decline and deadly consumption. If you are in this condition you need the new, good blood of health that has been given to thousands of sufferers by Dr. Williams' Pink Pills. These pills banish all the ailments arising from poor blood, tone up the system and make weak men and women well and strong. Miss Elizabeth Campbell, Almonte, Ont., says: "I was living in Pembroke at the time my health failed me. I kept growing weaker every day until I at last grew so weak I could not walk up stairs without help, and I could not go down street without sitting down and resting. My mother got quite anxious about me and took me to a doctor who said he was quite sure he could restore my health. He gave me a little bottle of medicine, and I continued its use until I had taken four bottles, but instead of getting stronger I was growing weaker all the time, and was only a mere shadow of my former self. My parents believed I was in a decline and could not get better. My mother had heard so much about Dr. Williams' Pink Pills that she decided I ought to try them. I did not notice much change until I had taken five or six boxes, when a decided improvement set in, and from that on I grew stronger and stronger each day, until through a continued use of the pills I was back to my old-time health and strength. I believe Dr. Williams' Pink Pills the best remedy on earth for sick people, and cannot too strongly urge other weak girls to give them a trial."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

DEPENDS ON WHERE HE IS

"How old would you say she is?"

"To her face or behind her back?"

Away With Depression and Melancholy.—These two evils are the accompaniment of a disordered stomach and torpid liver and mean wretchedness to all whom they visit. The surest and speediest way to combat them is with Parmelee's Vegetable Pills, which will restore the healthful action of the stomach and bring relief. They have proved their usefulness in thousands of cases and will continue to give relief to the suffering who are wise enough to use them.

HEARTLESS.

Cholly—"Miss Jones, life without you would be, for me, a desert. What is your answer?"

Ethel—"Buy a camel!"

TRY MURINE EYE REMEDY

For Red, Weak, Weary, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, $1.00. Murine Eye Salve in Aseptic Tubes, 25c, $1.00. Eye Books and Eye Advice Free by Mail.

Murine Eye Remedy Co., Chicago.

above all the mammals save man himself.

Minard's Liniment Cures Diphtheria.

A FULL REPORT.

One day an 8-year-old girl, who had been taught to report her misdeeds promptly, sought her mother with an aspect of grief denoting great penitence.

"I broke a brick in the fireplace," the youngster explained, between sobs.

"Well, that isn't beyond remedy," smiled the parent, "but how on earth, child, did you do it?"

"I was pounding it with father's watch?"

DON'T LET THAT COUGH ROB YOU OF SLEEP

You probably know all too well how it goes. Just as you doze off, the tickling starts in your throat. A gentle cough, still asleep. A harder cough, and then another. First thing you know, you're wide awake, coughing your head off.

A few nights of that and you're so worn out and weakened that the cough takes a tight grip on you.

But why endure it?

Na-Dru-Co Syrup of Linseed, Licorice and Chlorodyne will soothe that exasperating tickling, loosen the phlegm and cure the inflammation of the mucous membrane. It not only stops the cough quickly, allowing you to get sound, refreshing sleep, but it goes to the root of the trouble and drives out the cold completely. Children willingly take Na-Dru-Co Syrup of Linseed, Licorice and Chlorodyne, because it tastes so good. Your Druggist has it or can quickly get it for you in 25c. and 50c. bottles. The National Drug & Chemical Co. of Canada, Limited. 115

LONDON'S STREETS.

Polished Surface of Thoroughfares Show Great Care.

After a spell of dry weather the streets in London, England, paved with wood and asphalt, become polished to a very high degree, and the sheen upon Victoria street and Piccadilly, and some other roads, is so remarkable that at night they shine almost like ice in the glare of the lamps, writes Lord Montague in London Car.

If an unused section be observed over which motors do not run, no plush will be seen, but in the middle of the street the surface, though curiously enough, not slippery in its dry state, is polished like the floor of a ball-room, the natural effect, when one comes to think of it, of rubber and steel in juxtaposition, and the slight but continual slipping of wheels over a surface of hardwood. One effect of this polish is to make it impossible for any light or loose matter to rest upon it when there is any wind at all.

The centre of the streets has become marvellously clean, and all the horse refuse is blown into the gutters near the pavement, which, being often flushed with a trickle of water, collects most of this light and dangerous detritus which would otherwise be blown farther afield. I have often written of the Ebony Way down the Champs Elysees in Paris. We have now in London many ebony ways, but not being given as a nation to so much overlubrication as our Gallic neighbors, our roads are not as black, owing to dripping oil on the surface. The surface of our streets is becoming more like polished ivory than polished ebony. The effect of the Road Board and its grants is already to be seen all over England in regard to the making of main roads dustless.

A WARNING TO MOTHERS

No mother can expect her little one to escape all the ills of childhood, but every mother who accepts fair warning as to the treatment of these little ills can save her baby such suffering. Thousands of mothers of young children keep Baby's Own Tablets in the house—all mothers should do so. The Tablets are a never-failing cure for all the minor ills of babyhood and childhood. They can be given with perfect safety—they always do good; never harm. Constipation, indigestion, colic, simple fevers, colds, etc., all rapidly disappear under treatment with the Tablets. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SURPRISE 'EM.

"He makes a fine appearance."

"Yes. You'd never guess he'd come to borrow money until he makes the touch."

A Simple and Cheap Medicine.—A simple, cheap and effective medicine is something to be desired. There is no medicine so effective a regulator of the digestive system as Parmelee's Vegetable Pills. They are simple, they are cheap, they can be got anywhere, and their beneficial action will prove their recommendation. They are the medicine of the poor man and those who wish to escape doctors' bills will do well in giving them a trial.

GOOD.

"He has a good wife, hasn't he?"

"I should say so. He can always borrow money from her when he goes broke himself."

Minard's Liniment Co., Limited.

Gentlemen,—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of LaGrippe, and I have frequently proved it to be very effective in case of Inflammation.

Yours,
W. A. HUTCHINSON.

BURGLAR-PROOF SAFES NOW.

It is stated that Messrs. Krupp, of Essen, Germany, are now manufacturing a type of steel for safes which resists the action of quick-cutting drills and breaks the best bits like glass. It is equally proof against the blow-pipe. To cut it in this way a length of time is required not at the disposal of the burglar. To cut a plate 40 mm. thick with a blow-pipe it takes six to fourteen hours, 12,000 litres of hydrogen and 13,000 of acetylene. This would involve the conveyance of six steel cylinders of compressed gas, each weighing 70 kilos., which is presumably beyond the resources of the average burglar at any rate.

QUITE NICE FOR THEM.

Tall Miss—"Are the Youngbomes going to take a big house?"

Little Maiden—"Just a five room house for themselves and a warehouse for their wedding presents."

GRIPPE LEFT HIM A CONFIRMED INVALID

BUT HE FOUND CURE IN DODD'S KIDNEY PILLS.

Quebec Postmaster was confined to bed when he started to use Dodd's Kidney Pills—They cured him.

Tippins, Pontiac Co., Que., Nov. 27 (Special).—Postmaster F. Tippins, of this place, who for three years has been more or less of an invalid, and who for some time was confined to his bed, is up and around again, a healthy and hearty man. Dodd's Kidney Pills cured him.

"After recovering from an attack of Grippe," the Postmaster says in telling the story of his cure. "I took a pain in my back and I suffered for nearly three years, finally getting so bad that I was confined to my bed.

"One day I told my wife to go and get me some Dodd's Kidney Pills, as that would be the last medicine I would try. After using about half the box I began to feel better, so I kept on taking them. When I had taken two boxes I was able to get up, and ten boxes cured me completely."

The principal danger of Grippe is the after effects. The way to guard against this is to strengthen the Kidneys so they can strain all the dregs of the disease out of the blood. Dodd's Kidney Pills are always the last medicine anyone takes for Kidney Disease. It always cures and no other medicine is needed.

A WARNING.

"Why, Mandy," said old Mammy Dinah, "what's diss I hyah about yo' marryin' dat good-fur-nuthin' Sam Johnsing?"

"Ya'as, Mammy, I suttingly am," said Mandy, blushing a rich ochre.

"Why, dat man's de naterales'-born flirt dere ever was on dis yeare earth, chile," said Mammy. "Why, dey done flashed him f'm de barber shop' caaze ebbery time he lok in de klass he'd wink at himsel'f!"

CARTE AND PIERCE.

He—"What do you women do at you club?"

She—"Talk about the faults of you men. What do you do at yours?"

He—"Try to forget the faults of the women."

Often what appear to be the most trivial occurrences of life prove to be the most momentous. Many are disposed to regard a cold as a slight thing deserving of little consideration, and this neglect often results in most serious ailments entailing years of suffering. Drive out colds and coughs with Bickle's Anti-Consumptive Syrup, the recognized remedy for all affections of the throat and lungs.

Ninety per cent. of the cycles imported into Japan are supplied by British manufacturers.

Minard's Liniment Cures Distemper.

AWFUL THOUGHT.

Neil—"Won't it be grand when women can vote?"

Belle—"But suppose election should come on a day when you have a fitting at your dressmaker's."

A Power of Its Own. — Dr. Thomas' Eclectric Oil has a subtle power of its own that other oils cannot pretend to, though there are many pretenders. All who have used it know this and keep it by them as the most valuable liniment available. Its uses are innumerable and for many years it has been prized as the leading liniment for man and beast.

MEAN THING.

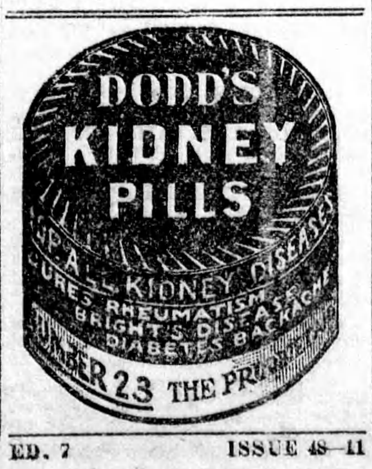
He—"I suppose, wifey, you wouldn't care to go to the theatre in your old dress?"

She—"Oh, dear, no. Of course not."

He—"That's what I thought, so I—"

She—"Yes, dear—"

He—"So I only bought one ticket for myself."



HINTS FOR THE HOME.

A great convenience when cleaning house is a stick with a notch in the end that will lift picture cords off from hooks without so much stepping up and down.

When patching wall paper tear the edges of the piece about to be used. When pasted upon the wall a tear in paper shows less than a cut with knife or scissors.

If a meal has been taken within two or three hours of going to bed to sleep on the left side is to give the stomach a task which is difficult in the extreme to perform.

Pillow slips should be a half inch narrower than the pillows they are to cover. This snugness in fit insures the pillows standing upright when the bed is made up.

A clean brick represents an excellent makeshift stand for a flat-iron. Brick retains heat better than the perforated metal rests which are usually employed for the purpose.

If cooked meat is ready for the table before it is required, place in a dish and set over a pan of boiling water placed on the back of the range and covered with cloth.

If baby has swallowed a fish-bone and is in danger of choking, use your forefinger in the form of a hook, and even at the risk of considerable pain relieve the little sufferer.

A little kerosene added to warm water when washing windows, especially outside, will remove the sticky condition often found better than alcohol, ammonia, or whiting.

Try washing of the hands with a little sugar added to the soap. This greatly increases the lather and cleansing power, and will remove dirt and chemical stains in a wonderful manner.

A never failing rule to follow in placing sleeves is to measure one-inch back of the shoulder seam, measure one-half of the arm hole, and place the underseam of sleeve at this point.

Shiloh's Cure

QUICKLY STOPS COUGHS, CURES COLDS, HEALS THE THROAT AND LUNGS. 25 CENTS

PERSONAL.

Cholly—"How much chloroform will it take to kill a puppy?"

Druggist—"Tut, tut! Stop smoking cigarettes and you'll think better of it."

FREE TO BOYS

Splendid Magic Lantern (with twelve slides); Steam Engine (nearly one foot high); with whistle, fly wheel and everything complete for running; Guaranteed "Starr" double-ender Hockey Skates; or guaranteed Watch free to any boy.

Send in your name and we will send you 80 sets of Sarnia views and Christmas post cards to sell at 10 cents a set. When sold send us the money and we will send you whichever prize you choose. We prepay all charges. Address, HOMER-WARREN CO., Dept. 29, Toronto.

HAD GOOD CAUSE.

"He never seemed to have any friends."

"Yet the heirs seemed unusually mournful."

"Well, most of his money went to charity."

Hard and soft corns both yield to Holloway's Corn Cure, which is entirely safe to use, and certain and satisfactory in its action.

LEGAL LORE.

"As a lawyer, how would you advise me to sue for a girl's hand?"

"Take the case to court and ask for immediate trial."

Quick-spoken Customer — You keep everything for the piano, don't you? Salesman—Yes, sir. We do, sir. Quick-spoken Customer—Give me an axe.

Government Municipal and Corporation Bonds

Correspondence Invited.

CANADA SECURITIES CORPORATION, Limited.

Hon. C. J. Doherty, K.C., M.P., President.

Rodolphe Forget, M.P., Vice-President.

Geo. H. Goederham, M.P.P., Vice-President.

HEAD OFFICE:
179 ST. JAMES STREET
MONTREAL.

BONDS PAY BETTER INTEREST ON YOUR MONEY

¶ In point of security and interest return, the small investor in bonds is on the same footing as the institution or individual with thousands or tens of thousands to invest.

¶ Until Bonds in their present form were devised, it was not an easy thing to find an investment, safe, easily convertable into cash, and simple in form, and yielding as high as 6 per cent. interest.

¶ It is a matter of importance to you to know that we generally have on hand bonds in denominations of $100 and upwards, paying interest of from 4½ to 6 per cent.

¶ These are seasoned securities, bonds that have demonstrated their ability to pay interest and principal.

¶ If you have any money, no matter what the amount, earning less than this, you should ask us how to re-invest it in a way to afford better interest with as good, or better security.

ROYAL SECURITIES CORPORATION LIMITED

BANK OF MONTREAL BUILDING - - - YONGE AND QUEEN STREETS
R. M. WHITE, Manager — TORONTO
MONTREAL-QUEBEC-HALIFAX-OTTAWA LONDON (ENG.)

The Ideal Reading Lamp

Opticians agree that the light from a good oil lamp is easier on the eyes than any other artificial light.

The Rayo Lamp is the best oil lamp made.

It gives a strong, yet soft, white light; and it never flickers. It preserves the eyesight of the young; it helps and quickens that of the old.

You can pay $5, $10, or $20 for other lamps, but you cannot get *better light* than the low-priced Rayo gives.

Made of solid brass, nickel-plated. Easily lighted, without removing shade or chimney. Easy to clean and rewick.

Dealers everywhere; or write for descriptive circular direct to any agency of

The Queen City Oil Company, Limited

When buying your Piano insist on having an "OTTO HIGEL" Piano Action

H. H. NIGHTINGALE
STOCK BROKER
Member Standard Stock and Mining Exchange
LISTED STOCKS CARRIED ON MARGIN
Correspondence invited.
33 MELINDA ST., TORONTO

Twenty-First Withrow Tour.

MEDITERRANIAN — Feb. 3. LACONIA New York to Madeira, Gibraltar, Algeria, Nice, Monte Carlo, Naples. Then cruise to Sicily, Greece, Turkey, Asia Minor, Syria, Palestine, Egypt on DUNOTTAR CASTLE, 100 A., auspices of Sir Henry Lunn. Naples to London. Illustrated Program. F. Withrow, B.A., Methodist Book Room, Toronto, Canada.

EUROPEAN

Harduppe—Is Wigway honest? Borrowwell—Well, he came around to my house the other day and stole an umbrella I had borrowed from him.

Minard's Liniment Cures Colds, &c.

There are eighty thousand kinds of beetles.

Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Exterminator to drive out the parasites.

Oats contain a larger amount of flesh and bone forming substances than any other cereal.

You will sneeze; perhaps feel chilly. You think you are catching cold. Don't wait until you know it. Take a dose of Hamlins Wizard Oil and you just can't catch cold.

Man at birth is the most helpless of all living things.

Minard's Liniment Cures Garget in Cows.

NEW ATLANTIC NAVAL BASE.

Harbor for British Home Fleet in The Firth of Clyde.

It is stated on good authority at Glasgow, Scotland, that the admiralty has decided to make a new naval base at Lamlash Bay, in the Isle of Arran, in the Firth of Clyde. Heavy moorings are being laid down there, and everything points to the intention of the Admiralty to provide safe accommodation for a complete squadron. This new Clyde base is to become the headquarters of the third division of the home fleet.

Hitherto, the east coast has for obvious reasons been the scene of the most vital changes in the disposition of Britian's Naval strength. At Rosyth, on the Forth, there are, as is well known, immense works going forward which will make this place a very important and strong naval base for the largest ships.

At Dundee smaller craft, including submarines are concentrated, while Scapa Flow, in the Orkney Islands, has also of late received considerable attention from the admiralty.

Lower down the coast, at Harwich, in Essex, is the very important headquarters of the destroyer flotillas.

nearest point, the sun is 91,250,000 miles from the earth.

FARMS FOR RENT AND SALE.

ASK DAWSON, HE KNOWS.

IF you want to sell a farm, consult me.

IF you want to buy a farm, consult me.

I HAVE some of the best Fruit, Stock, Grain or Dairy Farms in Ontario, and prices right.

H. W. DAWSON, Ninety Colborne Street, Toronto.

AGENTS WANTED.

AGENTS WANTED. — A LINE FOR every home. Write us for our choice list of agents supplies. We have the greatest agency proposition in Canada to-day. No outlay necessary. Apply B. C. I. Co., 223 Albert St., Ottawa.

HELP WANTED.

SALESMEN—$50 PER WEEK SELLING one hand Egg-beater. Sample and terms 25c. Money refunded if unsatisfactory. Collette Mfg. Company, Collingwood, Ont.

AT ONCE—MEN TO LEARN BARBER trade; expert instruction; constant practice; tools free; always sure employment for a barber. Write for catalogue. Moler Barber College, 221 Queen East, Toronto.

MISCELLANEOUS.

HAY and FARM SCALES. Wilson's Scale Works, 9 Esplanade, Toronto.

SAWMILL MACHINERY, PORTABLE or heavy Lathe Mills, Shingle Mills, Engines and Boilers, Mill Supplies. The E. Long Manufacturing Co., Ltd., West Street, Orillia, Ontario.

DELHI TANNERY—CUSTOM ROBE and Fur tanning. Cattle and Horse hides make best Robes and Coats when properly tanned. Send them to me and have them dressed right. You will be well satisfied. F. Schell, Delhi, Ont.

CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

6 TON SCALE GUARANTEED. Wilson's Scale Works, 9 Esplanade, Toronto.

AGENTS WANTED. — A STUDY OF other Agency propositions convinces us that none can equal ours. You will always regret if you don't apply for particulars to Travellers Dept., 225 Albert St., Ottawa.

SPECIALISTS ADVICE FREE. Consult us in regard to any disease. Lowest prices in drugs of all kinds. Trusses fitted by mail. Send measurement. Glasses fitted by age. Write to-day for anything sold in first-class drug stores to Dr. Bellman, Collingwood, Ont.

CHENILLE CURTAINS
and all kinds of house hangings, also
LACE CURTAINS DYED AND CLEANED LIKE NEW.
Write to us about yours.
BRITISH AMERICAN DYEING CO., Box 168, Montreal

The fact that a mule didn't know any better than to kick you doesn't add to the enjoyment of your stay in the hospital.

DR. DOW'S

STURGEON OIL LINIMENT

External application for man or beast. Everyone knows of the wonderful qualities in the oil of the STURGEON for sprains, lameness, etc.

Dr. Dow's formula has it in its best form. For Rheumatism, Lumbago, Neuralgia, Swellings, etc., it cannot be equalled.

Try it once and you will be satisfied. Price 25 cents.

ASK YOUR DEALER. HE SELLS IT.

The Brayley Drug Co., Ltd., Sole Props. St. John, N. B.