USING PURGATIVES INJURES HEALTH

What You Need in Spring is a Blood Building Tonic

A spring medicine is an actual necessity to most people. Nature demands it as an aid in carrying off the impurities that have accumulated in the blood during the long winter months of indoor life. Unfortunately thousands of people who recognize the necessity for a spring medicine do not know what is best to take and dose themselves with harsh, griping purgatives.

This is a serious mistake. Ask any doctor and he will tell you that the use of purgative medicines weakens the system, but does not cure disease. In the spring the system needs building up—purgatives cannot do this—they weaken you still more. The blood should be made rich, red, pure and only a tonic medicine can do this. The best blood building, nerve restoring tonic medical science has yet discovered is Dr. Williams' Pink Pills. Every dose of this medicine actually makes new, rich blood. This new blood strengthens every organ, every nerve and every part of the body. This is why Dr. Williams' Pink Pills cure headaches and backaches, rheumatism and neuralgia, banish pimples and eruptions, and give a glow of health to pale and sallow cheeks. Men, women and growing boys and girls who take Dr. Williams' Pink Pills eat well, sleep well, and feel bright, active and strong. If you need a medicine this spring—and most likely you do—try this great reviving tonic and feel the new life, new health, and new strength it will put into you.

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

THE MAYOR OF OLDHAM.

Third Englishwoman to be Given This Office.

Mrs. Lees, lately appointed Mayor of Oldham, Eng., is the third Englishwoman to be given this office. The reason why in her case is not far to seek, for all accounts of Mrs. Lees unite in unstinted praise of her. The newspaper accounts said of her installation: "The ceremony of her installation is a scene that will never be forgotten by those who witnessed it. A small room is usually all that is required on these occasions, but this time it was the big Town Hall, and it was crowded long before the hour. Behind the seats people stood, packed like sardines, and they seemed to be clinging like flies around the walls. The nomination and election take place before the future Mayor enters, and a rather regrettable scene of party bickering and recrimination was witnessed. But it was almost worth it for the contrast, when, with the woman Mayor, harmony seemed to enter—and abide. The tall, dignified figure entered, with the calm, beautiful humorous face, crowned with hair, upon which the black velvet bonnet was a graceful substitute for the ugly, three-cornered hat which the Mayor usually wears.

Her entrance was the signal for an outburst of enthusiasm. The robe and chains were donned, and Mrs. Lees rose to speak. Then she thanked her colleagues for the honor they had done her, with a little allusion to those who disapproved of the election of a woman. "They have a perfect right to their opinion, and they also have a perfect right to change that opinion." When her speech was ended the whole audience rose to their feet to cheer and applaud. There was a beauty in the spirit of the whole thing which must be felt to be understood. One can only say that she seemed like the mother of a great family, before whom her children rise up and call her blessed.

A BOOK FOR MOTHERS.

Every mother is naturally anxious for information that will enable her to keep the little ones in good health. The Dr. Williams' Medicine Co., have issued a little book which contains a great deal of information on the care of babies and young children that every mother ought to know. The book will be sent free to any mother who will send her name and address, with the name of this newspaper, to The Dr. Williams' Medicine Co., Brockville, Ont.

Mrs. Aristocrat—"Did you hear what Mrs. Nouveau Riche said to me at the concert this evening?" Mrs. Wellborn—"No, my dear; do tell me all about it." Mrs. Aristocrat—"Well, she informed me that she had decided to have a non de plume in her hat."

"I never deny my wife a wish." "Indeed?" "No; I let her wish. It doesn't cost anything."

AS THE KING DECIDES.

In Spain Every One Must Do As the King Does.

When the Spanish provinces entertain guests from the court, provincial society is at its best. Secure in their traditions, the provincials make even royalty welcome with a beautiful symplicity which no doubt royalty enjoys very much. Mary F. Nixon-Roulet gives the old adage, "The King is my cousin," in "The Spaniard at Home," as explaining the very simple Spanish way of looking at the situation. One thing only must be strictly observed according to Spanish etiquette, and that is, that every one is compelled to do exactly as the king does. Amusing situations sometimes appear as a result of this, as in the case of a banquet given in an Andalusian town.

The late King, Alphonso XII., was a great jester. But his jests were such merry ones that even those who felt the point forgave and laughed. A banquet was given in honor of the king, and to it were invited the mayors of all the neighboring villages.

There were on the tables olives stoned, and stuffed with pimentoes, the first ever seen by one of the local officers. The king tasted them, putting one into his mouth and swallowing it with evident enjoyment. The mayor's eyes opened wide with horror. Etiquette demanded that he do the same, but he hesitated. His majesty had swallowed a stone. He himself would die were he to do such a thing. His majesty saw the man's hesitation, and in an instant had grasped the situation.

"These olives, they are most delicious," he said. "From your province, I believe, senor," and he popped another into his mouth. The mayor was forced to follow suit. Horrible! He felt the stone going down his throat.

"Another of these excellent olives!" How his majesty's eyes twinkled as he praised them! The corregidor saw himself a dead man!

"I have four olive stones in my stomach, and I am a dead man!" he moaned to himself. "Well, I may, then, as well enjoy my last meal on earth," and he fell to with a will to eat and drink. The wines of the province were excellent. Of them he drank more freely than usual, hoping to drown the terrifying thought which assailed him. Then he went home to be received both skeptically and unsympathetically by his wife.

But thereafter he would never taste an olive, and to this day he wonders at his majesty's digestion. He is wont to relate the tale of the dinner in the evenings when his cronies gather round his fireside.

"His Majesty Alphonse XIII. is a fine King, yes, but his father! There was a man! I assure you I have never seen his like. A man with a smile in his eye and a jest on his lips, even with death in his heart," and always he concluded, "and the stomach of an ostrich."

Shiloh's Cure
quickly stops coughs, cures colds, heals the throat and lungs . . . 25 cents.

"The edge on a razor," said the garrulous barber, "improves by lying it aside for a time." "That being the case," rejoined the victim in the chair, "I'd advise you to lay aside that one you are using for about 2,000 years."

Corns cannot exist when Holloway's Corn Cure is applied to them, because it goes to the root and kills the growth.

She—"Yes, I rather like Harry Fairfax. I think he's got a soft spot in his heart somewhere." He—"Don't know about his heart. I always thought it was in his head."

Minard's Liniment for sale everywhere.

HIS CRIMES.

An old plasterer was called upon to give evidence in a law case. The opposing counsel tried to bully him.

"Your name is John Dobbs?"

"Yes."

"Are you the same John Dobbs who was sentenced to eight days' imprisonment for using bad language?"

"No."

"Are you the same John Dobbs who was sentenced to a couple of years' hard labor for theft?"

"No, that wasn't me, either."

"Then you have never been in prison?"

"Yes, twice."

"Ah! and how long the first time?"

"One whole afternoon."

"What!—and the second time?"

"Only one hour."

"And pray, what offence had you committed to deserve so small a punishment?"

"I'm a house decorator, and I was sent to prison to whitewash a cell to accommodate a lawyer who had cheated one of his clients."

Father (after a long search for a book)—"Well, here it is. I wonder why one always finds a thing in the last place in which one hunts?" Son—"I expect it's because when we find what we're looking for we stop hunting."

FROM EVERY CORNER OF THE DOMINION

COME REPORTS OF CURES MADE BY DODD'S KIDNEY PILLS.

Magdalen Islands, Quebec, tell of Mrs. Cormier, a sufferer for six years, who was made a new woman by Dodd's Kidney Pills.

Amherst Island, Havre Aubert, Magdalen Islands, Que., March 27 (Special).—That suffering women in all corners of Canada are being restored to health by Dodd's Kidney Pills is shown in the press every day, and this island is not without its striking examples. Mrs. Peter C. Cormier, a well known and estimable resident, tells the following story of her cure:

"For six years I suffered with Rheumatism, Backache and Nervousness. I could not sleep nor eat, and I was always tired. My limbs were heavy and I had a dragging sensation across the loins.

"Hearing of cures by Dodd's Kidney Pills I decided to try them. Seven boxes made a new woman of me."

For a score of years Dodd's Kidney Pills have been in use in Canada. They have been tried in thousands of cases and there is not on record a single case where they have failed to cure diseased Kidneys. Thousands of Canadian men and women will tell you they **owe their good health to Dodd's Kidney Pills.**

Judge—"Why did you strike this man?" Prisoner—"What would you do, your honor, if you kept a grocery store, and a man came in, and asked if he could take a moving picture of your cheese?"

An Oil That is Famous.—Though Canada was not the birthplace of Dr. Thomas' Eclectric Oil, it is the home of that famous compound. From here its good name was spread to Central and South America, the West Indies, Australia and New Zealand. That is far afield enough to attest its excellence, for in all these countries it is on sale and in demand.

Mrs. J.—"John, there must be a lot of iron in your system." Mr. J.—"Why do you think so?" Mrs. J.—"Because you invariably lose your temper when you get hot."

Household troubles: **Headache,** Toothache, Earache, Stomach **ache.** Hamlins Wizard Oil cures **these** aches and pains, so why don't **you** keep a bottle in the house.

Anxious Mother—"Oh, professor, don't you think my dear little Reginald will ever learn to draw?" Professor Crayon—"No, madam; not unless you harness him to a truck."

TRY MURINE EYE REMEDY for Red, Weak, Weary, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, $1.00. Murine Eye Salve in Aseptic Tubes, 25c, $1.00. Eye Books and Eye Advice Free by Mail. Murine Eye Remedy Co., Chicago.

"Did you ever have appendicitis?" asked the insurance man. "Well," answered the sceptic, "I was operated on, but I never felt sure whether it was a case of appendicitis or a case of professional curiosity."

No child should be allowed to suffer an hour from worms when prompt relief can be got in a simple but strong remedy—Mother Graves' Worm Exterminator.

Beware of the man who is ashamed to admit that he earns his bread by the sweat of his brow.

PILES CURED IN 6 TO 14 DAYS
Your druggist will refund money if PAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

A student of human nature declares that most men like to be jollied and are willing to pay for it.

Minard's Liniment Cures Dandruff.

PROOF.

The visitor was touring round Dublin.

"Oh, Pat," he said to his driver, "I've often heard of your poteen, d'ye know, but I've never seen any of it. On the Q.T., now—I'm safe, of course—could you take me to a private still?"

Pat's face darkened. "No wan bitter, sor," he said.

They drew up opposite the nearest military barracks.

"We're in luck, sor," Pat said. "D'ye see that big spalpeen at drill there—the wan on the roight iv the front rank, Oi mane?"

The visitor nodded in the affirmative.

"That's me big brother, sor," Pat explained. "Tin years he's bin in the arrumy, and, bedad, sor, he's a private still!"

TAKE A DOSE OF **PISO'S** THE BEST MEDICINE for COUGHS & COLDS

LOW COLONIST RATES TO THE PACIFIC COAST.

Via the Chicago, Union Pacific and North Western Line, daily from March 10th to April 10th from all points in Canada.

Personally conducted California tours in Pullman tourist sleeping cars on through trains leave Chicago Tuesdays and Thursdays of each week.

Pullman tourist sleeping cars daily. For full particulars apply to B. H. Bennett, General Agent, 46 Yonge Street, Toronto, Ont.; F. H. Terry, Travelling Agent, Toronto, or S. A. Hutchinson, Manager Tours Dept., 212 Clark St., Chicago, Ill.

FORCE WOMEN TO WORK.

Compulsory Domestic Service Proposed in Germany.

Compulsory domestic service for girls and women as an equivalent to the universal military service incumbent upon man is a novel proposal put forward by Fraulein Pauline Worner, a leading German feminist, in the current number of Die Deutsche Prau of Berlin.

Fraulein Worner points out that compulsory military training has contributed enormously both to the mental and physical development of German manhood, and declares that similar benefits would be inevitable if the women subjects of the Kaiser were compelled to undergo the training for which nature best fits them.

She explains that it could be enforced without burdening the national Budget, and that it is man who would benefit most from the system, because the state would thus assure them competent and experienced housewives. Fraulein Worner thinks the marriage institution would also become more popular if men knew they could select wives who had done service with the "colors" in kitchen, laundry, nursery and sewing-room."

"When it became necessary through the stress of war," concluded Fraulein Worner, "to introduce compulsory military service there were many protests against such a 'limitation of personal liberty,' but Germans have lived to appreciate the incomparable blessings of male conscription. Would it be otherwise in the case of girls and women?

"There might be less of the craze for higher education for women, but fewer girls of our lower classes would be compelled to enter industrial occupations."

Shiloh's Cure
quickly stops coughs, cures colds, heals the throat and lungs . . . 25 cents.

To mend an umbrella take a small piece of black sticking-plaster and soak it in water until quite soft. Place this carefully under the hole inside and let dry. This will be found to be better than darning, as it closes the hole neatly without stitches.

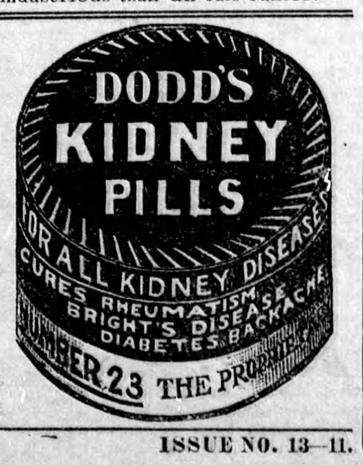
Faultless in Preparation.—Unlike any other stomach regulator, Parmelee's Vegetable Pills are the result of long study of vegetable compounds calculated to stimulate the stomachic functions and maintain them at the normal condition. Years of use have proved their faultless character and established their excellent reputation. And this reputation they have maintained for years and will continue to maintain, for these pills must always stand at the head of the list of standard preparations.

Father (meditating on Time's changes)—"Ah, yes, the fashion of this world passeth away." Daughter—"Indeed it does, papa! I shall want a new hat next week!"

Minard's Liniment Cures Burns, Etc.

Visitor—"Well, son, what will you be when you grow up?" Tommy (aged nine)—"A soldier." Visitor—"But you will be in danger of getting killed." Tommy—"Who'll kill me?" Visitor—"Why, the enemy." Tommy—"Then I'll be the enemy."

Probably there is nothing more industrious than an idle rumor.



GIBRALTAR'S CAVERNS.

Wonderful Stalactite Cave Over 200 Feet Long.

Gibraltar is the only place in Europe where monkeys live wild. But apart from the monkeys, Gibraltar has wonderful attractions, as in her fossils and her great stalactite caverns, opening into recesses of the rocks a thousand feet above the sea. One of these caverns is over 200 feet long and 70 feet high, and, as the stalactite pillars extend from floor to ceiling, the effect resembles the interior of a cathedral. The name of the rock has undergone a change since that distant day in 711 when Tarik the Moor first built his castle on it in order to begin the conquest of Spain. It was then Gebel el Tarik (the rock of Tarika). But the change to "Gibraltar" is not serious if one pronounces the Moorish name quickly.

CANADA'S CHAMPION DANCER

Cured of Piles by Zam-Buk.

Mr. Thomas J. Hogan, Champion Clog and Pedestal Dancer of Canada, who resides at 59 Chambord St., Montreal, writes: "It gives me much pleasure to let you know my opinion of your wonderful Zam-Buk. For some time past I have ben troubled with piles, but this year I suffered so much that I was obliged to cancel a number of engagements. I tried all the so-called remedies that were recommended, but they seemed to do me no good. Having been advised to try Zam-Buk I purchased a box, and after applying it a few times I felt marked relief. I continued with the Zam-Buk treatment, and the relief was extended into a permanent cure. I gladly permit you to use my experience as an illustration of the great value of Zam-Buk."

Mr. William Kenty, of Upper Nine Mile River, Hants Co., N.S., says: "I suffered terribly from piles, the pain at times being almost unbearable. Zam-Buk was recommended to me. So I procured a supply, and after a very short time Zam-Buk effected a complete cure."

Zam-Buk is also a cure for ulcers, abscesses, eczema, cold sores, chapped hands, varicose ulcers, rashes, blood-poison, ringworm, cuts, burns, bruises, children's abrasions, tetter, salt rheum, etc. All druggists and stores sell at 50c. box, or post free from Zam-Buk Co., Toronto, for price. Zam-Buk Soap, which may be had from any druggist at 25c. per tablet, should be used instead of ordinary soap in all cases of eruptions and skin diseases and for baby's bath.

MUST MOVE.

"Going to move this spring?"

"I guess so. I heard my wife telling one of the neighbors that she doesn't like the wall paper in the back bedroom."

To whom it may concern: This is to certify that I have used MINARD'S LINIMENT myself as well as prescribed it in my practice where a liniment was required and have never failed to get the desired effect.

C. A. KING, M.D.

DEFINED.

Tommy—Pop, what is ennui?

Tommy's Pop—Ennui, my son, is a disease that atta[illegible] people who are so lazy that th[illegible] get tired of resting.

"A Grand Medic[illegible] the encomium often passed [illegible]e's Anti-Consumptive Syru[illegible] hen the results from its u[illegible] sidered, as borne out by [illegible] ns who have employed [illegible] opping coughs and era[illegible], it is more than gr[illegible] in the house it is alv[illegible] and it has no equal a[illegible] dy. If you have not tr[illegible] once.

"I hear your [illegible] ing out this season [illegible] the bills for it are [illegible]

Mrs. Winsl[illegible]
Has been used f[illegible] MILLIONS of MO[illegible] TEETHING, wit[illegible] the CHILD, SOI[illegible] CURES WIND [illegible] DIARRHŒA. [illegible] world. Be su[illegible] Syrup," and t[illegible] bottle. G[illegible] June 30th, 190[illegible]
AN OLD [illegible]

Judge [illegible] say bef[illegible] soner [illegible] "Yes. [illegible] have [illegible] sente[illegible]

The [illegible] ironin[illegible] ing ou[illegible] half, th[illegible] the ironi[illegible] iron. Now [illegible] clothes on t[illegible] occasionally [illegible] part, then fol[illegible] other sheet. In [illegible] are ironed with ve[illegible] ects [illegible] uble.

reaches you just fifteen weeks after being picked in far-off Ceylon—the world's chief tea-garden—over 10,000 miles away.

FARMS FOR RENT AND SALE.

H. W. DAWSON, Ninety Colborne St., Toronto.

HUNDRED ACRES, County Peel, good buildings. Seven thousand.

THREE HUNDRED ACRES, County Peel, fine situation, good buildings. Thirty-one thousand.

THIRTEEN ACRES, fruit, good buildings. Eight thousand.

FIFTY ACRE FRUIT FARM, Niagara District. Ten thousand.

FRUIT, STOCK, GRAIN, DAIRY FARMS, all sizes and all prices. See me before buying.

ALBERTA, SASKATCHEWAN, and MANITOBA LANDS.

H. W. DAWSON, Ninety Colborne St., Toronto.

ALL KINDS OF FARMS—Fruit farms a specialty. W. B. Calder, Grimsby.

50 ACRES, 4 1-2 miles to London market, soil dark clay loam, 1 1-2 acres orchard, brick house, good out-buildings, owner anxious to sell. The Western Real Estate Exchange, Ltd., London, Ont.

HUNDRED ACRES; Peaches twenty-five; Grapes four; Gravel Road; Village conveniences; City close; Electric and Steam Shipping. W. P. Gonder, Niagara Falls, Canada.

ONE HUNDRED ACRES, County of Kent, splendid clay and sand loam, forty acres good timber. Good brick house, bank barn, other out-buildings. Splendid gas well on farm for fuel and light. Owner wishes to retire. Bargain for quick sale. Address 41 Emilie St., Brantford.

AGENTS WANTED.

AGENTS WANTED.—$5.00 a day easy. No experience needed. Sells on sight. Absolute necessity to farmers. Does work of thirty men. Pays for itself in one hour. Write to-day. MODERN MACHINERY CO., (Dept. 5), Sarnia, Ont.

FOR SALE.

FARM SCALES, special price. Wilson's Scale Works, 9 Esplanade, Toronto.

5 TON SCALE, special price. Wilson's Scale Works, Esplanade, Toronto.

GIRLS' White Lawn or Blue Dotted Muslin Dress, 2 to 8; postpaid 38c. Standard Garment Co., London, Canada.

BARRED ROCK EGGS from Prize Winning Stock. One Dollar for thirteen; utility stock seventy-five cents. Nelson Smith, Jerseyville, Ontario.

LEARN THE BARBER TRADE—NEW system—constant practice — careful instruction—a few weeks' complete course—tools free. Graduates earn twelve to eighteen dollars weekly. Write for catalogue. Moler Barber College, 221 Queen East, Toronto.

CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

EXPLAINED.

Teacher (to new scholar)—"How does it happen that your name is Allen and your mother's name is Brown?"

Little Lad (after a moment's thought)—"Well, you see, it's this way. She married again and I didn't."

Impurities of the Blood Counteracted—Impurities in the blood come from defects in the action of the liver. They are revealed by pimples and unsightly blothes on the skin. They must be treated inwardly, and for this purpose there is no more effective compound to be used than Parmelee's Vegetable Pills. They act directly on the liver [illegible] by setting up healthy processes have a beneficial effect upon the blood, so that impurities are eliminated.

A small boy looks forward to the time when he will be a man and can do as he pleases—and perhaps he will if he doesn't get married.

Only one "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c

The Professor—"I want you children to go to my lecture to-night." Robert—"Couldn't you whip us instead, just this once, papa?"

Minard's Liniment Relieves Neuralgia.

IF HE ONLY WOULD.

Husband—"Now, Mary, you don't believe all those unpleasant things you are saying. You know I would die for you."

Wife—"Oh you aggravate me so; I like men who do things, not merely say them."

Send for free sample to Dept. W. L., National Drug & Chemical Co., Toronto.