## NERVOUS SYSTEMS

### Always Follows a Run Down Condition of the Blood.

It is an old story now that nervous people tell of how the blood becomes poor and thin, and then the nervous symptoms followed. How many really know that the thin blood was responsible for the nervous disorders? The nerves get all their nourishment from the blood, and as thin blood is deficient in nerve-building material, the nerves become starved and pain and nervous breakdown is the result. Dr. Williams' Pink Pills are a tonic for the blood that supply it with the necessary elements to nourish and tone up the nerves and, the cause being removed, nature does the rest and health is fully restored. Mrs. Harry Patterson, Dauphin, Man., tells how she was cured of nervousness and general debility through the use of Dr. Williams' Pink Pills. She says: "A few years ago I was all run down, and my nervous system apparently all broken up. I was weak, tired and nervous all the time. When I got up in the morning I seemed to be more tired than when I went to bed. I could not walk up an ordinary flight of stairs without sitting down panting for breath, and my nerves trembled like a leaf. I got so that it was almost impossible to do any housework, and so nervous that I wanted to cry about everything I did. I took several different medicines without the least benefit; then I read of Dr. Williams' Pink Pills and decided to try them. After taking two boxes I felt a little better and I got a further supply which I continued taking for about a month when I was as well as ever; could do all my housework without difficulty, and could walk for a long distance without being all tired out. In view of the wonders Dr. Williams' Pink Pills have done for me I sincerely recommend them to all weak nervous, run-down people."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

TOO DANGEROUS.

Mr. Church—Whew! how it's raining. Lend me your umbrella, dear? I've go to run over to the vestry meeting.

Mrs. Church—But why not use that umbrella you've been carrying all week?

Mr. Church—What! to the vestry meeting? Why, that's where I got it

PROBABLY.

"With you for my wife I am sure that I could succeed in becoming a new man."

"Yes, and as soon as you had become a new man you would probably think you were good enough for some other woman."

A Good Medicine requires little advertising. Dr. Thomas' Eclectric Oil gained the good name it now enjoys, not through elaborate advertising, but on its great merits as a remedy for bodily pains and ailments of the respiratory organs. It has carried its fame with it wherever it has gone, and it is prized at the antipodes as well as at home. Dose small, effect sure

DISOWNED.

"To what family does the prune belong?"

"I don't think it belongs to any family. It's a boarding house product."

**Minard's Liniment Cures Diphtheria.**

A CATCH.

"How did you and your wife first meet?"

"We didn't meet," replied the meek little man; "she overtook me."

START A TEA ROUTE TO-DAY. SEND postal for circulars, or 10c. for samples and terms. Alfred Tyler, London, Ont.

KENDALL'S SPAVIN CURE

**Kills Bone Spavin**

Rich Valley, Alta, May 20th, 1909
"I have used your Spavin Cure for a long time and would not be without it. Have killed a Bone Spavin by its use."
OLE CARLSON.

That tells the whole story. And hundreds of thousands have had the same experience in the past 40 years.

**For Spavin, Ringbone, Curb, Splint, Swellings and all Lameness,**

Kendall's Spavin Cure cures the trouble—makes the horse sound and well—and saves money for the owner because it removes the cause of the trouble.

Keep a bottle always at hand—$1 or 6 for $5. Good for man and beast. Ask your dealer for free copy of our book "A Treatise On The Horse" or write us. 54

DR. B. J. KENDALL CO. Enosburg Falls, Vt.

## FROM ERIN'S GREEN ISLE

### NEWS BY MAIL FROM IRELAND'E SHORES.

**Happenings in the Emerald Isle of Interest to Irishmen.**

A revival of cattle-driving is taking place in the Midland and Western counties.

A large twin-screw steamer, the Pakeha, was launched recently by Harland & Wolf, Ltd., Belfast.

Contrary to St. Patrick's legend, a live snake was found recently near Ballymena.

The Registrar-General reports that the number of emigrants (natives of Ireland) who left Irish ports during last month was 5,459 (3,157 males and 2,312 females).

The Wexford town tenants on the Colclough estate are negotiating for the purchase of the property with the receiver in chancery.

Michael Donnelly, Lisnacrieve, aged about forty years, died suddenly in a field near his home from heart failure.

Mrs. Mary Brien, of Frankfort, Dundrum, has attained the great age of 108 years.

According to the Anglo-Celt, a cow owned by a County Cavan farmer has yielded during the last four years an average of 1,031 gallons of milk yearly. In 1909 her total yield was 1,239 gallons.

James Lalor recently shot a fine specimen of an otter in the Nore, at Threecastles. The animal's length from snout to tip of tail was exactly four feet and it scaled 28 pounds.

Annie Meehan, 30, a farmer's wife at Ballyconnell about ten miles from Sligo, has died of injuries believed to have been sustained by a kick of, or crushing by, a cow which she was milking.

Postal orders valued at $5,000 were stolen from the sub-postoffice in Nassau street, Dublin.

Some forty cats were found by a relieving officer, running about the house of two old women at Gortmore, Tyrone. Six were sitting on a stove beside a goat, while numbers were lying dead or dying in a field near by.

There has just died at Ballynafeigh, Belfast, Mrs. Mary Toner, who was born in Lurgan in November, 1807, and was thus over 102 years old.

Mr. Andrew Carnegie has written to Belfast Corporation intimating his acceptance of the freedom of the city.

Mohill can now lay claim to being one of the most up-to-date country towns in Ireland. Electric lighting was recently installed and the entire town as well as the majority of the stores and residences are brilliantly illuminated in the evenings.

A Tyrone farmer, while cutting turf, found a small wooden keg embedded in the bogland fourteen feet below the surface. The vessel crumbled away on being lifted out, but the contents, about 28 pounds of cream-colored butter, were in an excellent state of preservation, without a y sign of decay or moisture. It is believed that the keg is several centuries old.

## TEA AND COFFEE DRUNKARDS

### More Common Among Women than Men.

Moderation in tea and coffee drinking is as essential as moderation in the drinking of alcoholic liquors, if one wishes to keep body and nerves in good condition. As a matter of fact, there are medical men who assert that excessive tea and coffee drinking has the same effect upon women as is experienced by men who over-indulge in intoxicants.

Dr. Menas S. Gregory, head of the psychopathic ward at Bellevue Hospital, New York, advises the brain worker, the sick mother, and the laboring man to be moderate in the use of tea, coffee, and intoxicants as stimulants. They play a most important part in the causing of nervous diseases, he says. Tea and coffee tipplers are more common amongst women than men. Fifteen per cent. of all who come under observation at Bellevue can trace their trouble to the free use of these stimulants.

"In 50 per cent. of the cases that come before me," says Dr. Gregory, "these stimulants are found to be the contributing cause of their mental illness. Not a few women I have examined here from time to time have admitted to drinking ten or twelve cups of tea or coffee a day. Many of them tell me they just keep the coffee-pot on the stove all day to have it handy. Such habits, of course, must eventually spell ruin to even a pretty strong constitution.

"Almost half of the 3,500 patients examined at Bellevue last year for insanity were women. The number of these mentally-deficient women have increased considerably in the past few years. Excessive tea and coffee drinking, it is certain, has a tremendous ill-effect upon women possessing a neurotic taint."

BLISTERS AND SUNBURN? TRY ZAM-BUK.

Blisters from any cause, painful sunburn patches, stings of insects, and chafed places, are all eased instantly by Zam-Buk. Don't have your vacation spoiled by pain from any sore, which Zam-Buk could cure in quick time!

This wonderful balm is made from herbal juices and is highly antiseptic. Poison from insect sting, barbed wire scratch, or thorn prick is immediately rendered harmless as soon as Zam-Buk touches it. Stops the stinging, smarting pain. Mothers with young babies should use it for chafing sores caused by perspiration, clothes-rubbing, etc. Also good for piles, ulcers, and festering sores. All druggists and stores sell at 50c. box, but refuse harmful imitations.

LIKELY.

Uncle—"What are you going to be when you're a man, Bobbie?"

Bobbie—"Well, papa wants me to be a 'lectrician, and mamma would like me to be a preacher, but I think I'll be just a common married man."

One of the greatest blessings to parents is Mother Graves' Worm Exterminator. It effectually expels worms and gives health in a marvellous manner to the little one.

PREPARED FOR A FALL.

"What are you crawling along like that for? Come along, get up, sir," said a policeman, discovering an elderly gentleman proceeding cautiously homeward on all fours.

"Evening, pleeceman," was the hardly-heard reply. "It's wearly not (hic!) matter (hic!) of necessity, my man, but precautishon! (hic!)"

**Minard's Liniment Cures Colds, Etc.**

GREAT SHEEP COUNTRY.

One great feature is the large lambing yield, which enables New Zealand farmers to export about a quarter of their flocks annually without decreasing the total number. Nearly $15,000,000 worth of frozen mutton and lamb is exported per annum while the meat canning industry is rapidly growing, and has reached a value of over $500,000 a year.

Relief for the Depressed.—Physical and mental depression usually have their origin in a disordered state of the stomach and liver, as when these organs are deranged in their action the whole system is affected. Try Parmelee's Vegetable Pills. They revive the digestive processes, act beneficially on the nerves and restore the spirits as no other pills will. They are cheap, simple and sure, and the effects are lasting.

REVISED VERSION.

This little pig to market went
Without a howl;
And later to the trade was sent
As potted fowl.

**GRIEVOUS ERRORS** made nowadays. For instance when a person buys an imitation of "The D. & L." Menthol Plaster said to be the genuine. Be careful to see that they are made by Davis & Lawrence Co.

PUT TO PRACTICAL USE.

A lawyer advised a judge to weigh his words carefully, to do which he no doubt used the scales of justice.

Only those who have had experience can tell the torture corns cause. Pain with your boots on, pain with them off—pain night and day; but relief is sure to those who use Holloway's Corn Cure.

THE FLAME OF FAME.

Still we are of the opinion that the fame of oxalic acid will continue to rest on its usefulness in making last year's straw hat as good as new.

**Minard's Liniment Cures Garget in Cows.**

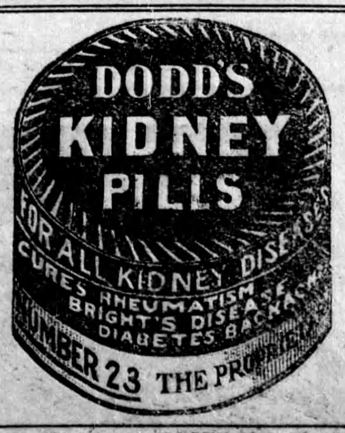
KINDRED SPIRITS.

"John, what kept you so late?"

"Didn't I tell you, Maria, that I had to go to a meeting of the True Knights of the Mystic Brotherhood?"

"Now that you mention it, I believe you did."

"Well, we had a long wrangle, as usual."






MISTRESS OF THE ROBES.

**Duchess of Devonshire Appointed by Queen Mary.**

The Duchess of Devonshire, whom the Queen has appointed Mistress of the Robes, is the elder daughter of Lord Lansdowne and niece of the Duchess of Buccleuch, whom she succeeds in office.

The Mistress of the Robes is the only lady of the Queen's household who goes out of office on any change of Ministry. In earlier days the theory was that all the Queen's ladies held political appointments, but Queen Victoria early in her reign succeeded in changing the custom as regards all but the Mistress of the Robes. At the present pay, of course, the appointment has no political significance, for the Duchess of Buccleuch had held it except for two short intervals, from 1886.

The duties of the Mistress of the Robes are confined to State occasions. She accompanies the Queen to any State ceremony and goes behind her in any procession. The post is always held by a Duchess, who is technically "mother of the Queen's maids." She no longer acts, of course, as tiring woman to the Queen.

Costiveness and Its Cure.—When the excretory organs refuse to perform their functions properly the intestines becomes clogged. This is known as costiveness and if neglected gives rise to dangerous complications. Parmelee's Vegetable Pills will effect a speedy cure. At the first intimation of this ailment the sufferer should procure a packet of the pills and put himself under a course of treatment. The good effects of the pills will be almost immediately evident.

LATE KING'S NAME IN PARIS.

Paris is to have a street named after King Edward VII. Two municipal councillors, MM. Lemarchand and Le Corbeiller, have proposed to their colleagues that the late King's name should be given to a part of the Rue Saint Martin. Thus the Rue Edouard VII. would be quite appropriately close to the Avenue Victoria.

Digby, N.S.

**Minard's Liniment Co., Limited.**

Gentlemen,—Last August my horse was badly cut in eleven places by a barbed wire fence. Three of the cuts (small ones) healed soon, but the others became foul and rotten, and though I tried many kinds of medicines they had no beneficial result. At last a doctor advised me to use MINARD'S LINIMENT and in four weeks' time every sore was healed and the hair has grown over each one in fine condition. The Liniment is certainly wonderful in its working.

JOHN R. HOLDEN.

Witness, Perry Baker.

FROM WOMAN'S VIEWPOINT.

Knicker—What is a self-made man?

Mrs. Knicker—One whose wife doesn't have to wear a self-made hat

**EVERY HOME NEEDS** a remedy that is adapted for use in case of sudden accident or illness. Such a one is "Painkiller." 25c. a bottle. Avoid substitutes, there is but one "Painkiller"—Perry Davis—25c. and 50c.

USES OF A DICTIONARY.

"What led to the quarrel between Tom and Lil?"

"He told her she was the most pulchritudinous girl in the world, and she broke with him rather than ask him what he meant by it."

In the causes of infant mortality cholera morbus figures frequently, and it may be said that complaints of the bowels are great destroyers of child life. If all mothers would avail themselves of so effective a remedy as Dr. J. D. Kellogg's Dysentery Cordial many a little one could be saved. This Cordial can be given with safety to the smallest child, as there is no injurious substance in it.

THE HOPE THAT FAILED.

"But why in the world did you want to elope?"

"Well, I was in hopes that her family would never forgive us—but they did!"

**Red, Weak, Weary, Watery Eyes.** Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. 50c At Your Druggists. Write For Eye Books. Free. Murine Eye Remedy Co., Toronto

BY INTENTION.

When a Scotchman has no argument at his tongue's end to defend his own line of conduct which another may have criticised, it may safely be inferred that his ancestry has a strain from some other nation.

A man who has an estate in Scotland took his new plowman to task for the wavering furrows which were the result of his work.

"Your drills are not nearly as straight as those Angus made," he said severely. "He would not have left such a glebe as this."

"Angus didna ken his work," said Tammas, calmly, contemplating his employer with an indulgent gaze. "Ye see, when the drills is crookit the sun gets in on all sides, an' 'tis then ye get early 'taties."

**Minard's Liniment Cures Distemper.**

SHREDDED WHEAT

Keeps the Brain Clear and Keen, Because it Promotes Health.

To serve—heat in oven, pour hot milk over it and salt to taste. Sold by all grocers, 13c. a carton; two for 25c. 1418

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Civil Engineering.
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Electrical Engineering.
Biology and Public Health.
Power Development. 12

Many Women who are Splendid Cooks

dread having to prepare an elaborate dinner because they are not sufficiently strong to stand over an intensely hot coal range. This is especially true in summer. Every woman takes pride in the table she sets, but often it is done at tremendous cost to her own vitality through the weakening effect of cooking on a coal range in a hot kitchen.

It is no longer necessary to wear yourself out preparing a fine dinner. Even in the heat of summer you can cook a large dinner without being worn out.

New Perfection
WICK BLUE FLAME
Oil Cook-stove

Gives no outside heat, no smell, no smoke. It will cook the biggest dinner without heating the kitchen or the cook. It is immediately lighted and immediately extinguished. It can be changed from a slow to a quick fire by turning a handle. There's no drudgery connected with it, no coal to carry, no wood to chop. You don't have to wait fifteen or twenty minutes till its fire gets going. Apply a light and it's ready. By simply turning the wick up or down you get a slow or an intense heat on the bottom of the pot, pan, kettle or oven, and nowhere else. It has a Cabinet Top with shelf for keeping plates and food hot, drop shelves for coffee, teapot or saucepan, and even a rack for towels. It saves time, worry, health and temper. It does all a woman needs and more than she expects. Made with 1, 2, and 3 burners; the 2 and 3-burner sizes can be had with or without Cabinet.

Every dealer everywhere; if not at yours, write for Descriptive Circular to the nearest agency of the

The Queen City Oil Company, Limited,
Toronto.

COBALT STOCKS

Northern Crown Bank. Home Bank Stock.
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The Soul of a Piano is the Action. Insist on the
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Is Your Hearing Good?

The HEAR-O-PHONE will give you the benefits of good hearing. Send for free booklet, giving particulars and names of satisfied users. Also
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PUTS A
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POLISH ON BOOTS AND SHOES
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ANTICOR
THE SAFETY CORN SHAVER FOR FEET ONLY
The SURE way to FOOT COMFORT
"ANTICOR"
Shaves Away the Corn Wafer after Wafer
NO DANGER NO PAIN
TRY IT
STOP using dangerous Knives and Razors. Next time may be fatal.
IT IS GUARANTEED
Price $1.25
with 5 Double-Edge Blades

Ask your dealer or send for sample and circular to Canadian Merchandise, Limited, Hunter Rose Building, Toronto.

RRR
Relieves Colds, Etc., Pneumonia, Pleurisy and all Inflammatory Diseases

When one is "chilled through," or suffers from Rheumatic Pains, Sore Throat, Lumbago, Toothache, Neuralgia, Sciatica, Pneumonia, Tonsilitis, Inflammation of the Bronchial Tubes, Bowels or Lungs, Cramps, Sore Muscles, or Pains of any kind, use Radway's Ready Relief.

CANCER, Tumors, Lumps, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

IMPROVED FARM FOR SALE. 480 acres heavy black loam (District Hargrave, Man.). 300 acres under Cultivation, 100 acres fallow. House 26x30, 9 rooms. Granary 10,000 Bush. Stable 40x66. Well and Pump inside stable, including Windmill and Crusher. Excellent pasturage. Buildings practically new. Two miles from market. Possession any time. Bargain at $25.00 per acre. $3,000.00 down, balance to suit purchaser. Apply J. E. C. BILTON, Hargrave, Man.

Flies on Your Stock
DECREASE THE MILK YIELD.
COOPER'S
FLY KNOCKER
will keep cows free from flies at a cost of less than one cent a day.
$1.75 GALLON 50c. QUART
Ask your Hardware Dealer, or
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