The Canadian Order of Foresters

The Thirty-First Annual Session of High Court

The Year 1909 Was the Most Prosperous in the History of the Order—A Large Delegation in Atendance.

The thirty-first annual session of the High Court of the Canadian Order of Foresters opened in the City of Montreal, Tuesday afternoon, 14th inst., with a large number in attendance, including High Court Officers and delegates representing every Province of the Dominion.

After the usual opening ceremonies and the appointment of the several standing committees, the High Court Officers submitted their reports which showed the Order to be in a most flourishing condition.

The High Chief Ranger, J. A. Stewart, of Perth, Ont., after extending a hearty welcome to the representatives present, submitted his report, which was replete with facts and figures relative to the growth and extension of the Order during the past year.

On the 1st of January, 1909, the Order had a membership of 70,759, and there were initiated during the year 7,369 new members, being an increase of 772 over the previous year. During last year 3,652 members lapsed and 459 died, leaving the net membership at the close of the year 73,985.

The increase in the Insurance Reserve of the Order during the year amounted to $273,367.75. On January 1st, 1909, the amount on hand in this Branch was $2,728,940.54, and at the close of the year $3,002,308.29. The amount paid in death claims was $463,979.66.

The Sick and Funeral Benefit Branch is also in a flourishing condition. During the year no less a sum than $144,321.20, covering 5,950 claims, was paid in this Branch. The amount to the credit of this fund at the close of the year was $170,773.82.

The Report of Geo. Faulkner, High Secretary, covering the general work of the Society, was next in order, and showed in detail the large volume of business transacted through the Head Office at Brantford.

The amount of Insurance premiums received during the year was $616,017.62, which with the large sum of $121,329.79, derived from interest on investments, made the total receipts in this Branch $737,347.41. There were 459 death claims paid, amounting to $463,979.66, leaving the sum of $273,367.75 to carry to the Reserve Fund, which at the close of the year was $3,002,308.29.

The Sick and Funeral Benefit Branch of the Order also showed a marked advance. The amount of fees received during the year was $165,592.50, and interest $6,695.82, making the total receipts in this Branch $172,288.32. There were 5,950 claims paid, amounting to $144,321.20, leaving $26,967.12 to carry to the Reserve, which at the close of the year amounted to $170,773.82.

There were 73,985 members in good standing at the close of the year carrying $74,161,000.00 Insurance

There were issued from the High Secretary's office 7,538 Insurance Certificates, and 7,334 Membership Certificates, or a total of 14,872, and in addition there were endorsements made in 1,512 Insurance Certificates.

The report of Robert Elliott, High Treasurer, showed the funds of the Order to be in the most satisfactory condition. The income in the several funds were, Insurance $737,347.41, Sick and Funeral Benefit Fund $172,288.32, and General Fund $92,712.01. Total income $1,002,347.74. The total expenditure in these funds was $704,345.65. The surplus income over expenditure amounted to $298,002.09.

The Insurance Reserve Fund at the close of the year was invested as follows:

Municipal and School Debentures ..	$2,753,816.47
Dominion of Canada Stock.....	150,000.00
Deposits in Chartered Banks.....	20,000.00
Current Accounts in Chartered Banks	78,491.82
	$3,002,308.29

The total assets of the Order amounted to $3,235,037.57, and its liabilities $25,136.72. Assets over liabilities $3,209,900.85.

The report of Dr. U. M. Stanley, Chairman of the Medical Board, showed the average death rate since the commencement of the Order to be 5.17 per 1,000 of membership. There were submitted to the Medical Board during the year 8,816 applications, of which 8,280 were accepted, and the remaining 536 rejected. The number of applications was 930 more than for the previous year, and was the second largest in the history of the Order.

The report of W. G. Strong, Superintendent of organization, showed that during the year there were 7,369 initiations, as against 6,597 for the previous year, an increase of 772.

At the close of the year there were 1,065 Courts in the order, representing a membership of 73,985. There were 515 Courts in Ontario, 178 in Quebec, 58 in Nova Scotia, 70 in New Brunswick, 15 in Prince Edward Island, 110 in Manitoba, 65 in Saskatchewan, 38 in Alberta and 16 in British Columbia.

Among those in attendance were the following: J. A. Stewart, High Chief Ranger, Perth, Ont.; D. Allan, High Vice-Chief Ranger, Grimsby, Ont.; Geo. Faulkner, High Secretary, Brantford, Ont.; Robt. Elliott, High Treasurer, Brantford, Ont.; Dr. U. M. Stanley, Chairman Medical Board, Brantford, Ont.; C. E. Britton, P.H.C.R., Gananoque, Ont.; J. A. A. Brodeur, Montreal, Que.; Alf. P. van Someren, McLeod, Alta.; W. M. Couper, Montreal, Que.; R. W. Wigmore, St. John N.B.; Members of the Executive Committee, W. L. Roberts, High Auditor, Brantford, Ont.; J. P. Hoag, High Auditor, London, Ont.; W. Walker, High Registrar, Montreal, Que.; W. G. Strong, Superintendent of Organization, Brantford, Ont.; Lyman Lee, Solicitor High Court, Hamilton, Ont.; J. B. O'Regan, Chief Agent for Province of Quebec, Quebec, Que.; Hon. Colin H. Campbell, High Court Solicitor for Manitoba, Winnipeg, Man.; F. H. Davidson, D.H.C.R., Winnipeg; D. E. McKinnon, D.H.S., Winnipeg, and G. E. Anderson, P.D.H.C.R., Griswold, Man.

HIGHER CRITICISM.

Georgiana was making preparations for her doll's birthday party and her brother stood by helplessly, receiving instructions. "Oh, Palmer," she exclaimed suddenly, "first we must take this child over to church and have her criticised."

A Sure Corrective of Flatulency.—When the undigested food lies in the stomach it throws off gases, causing pains and oppression in the stomachic region. The belching or eructation of these gases is offensive and the only way to prevent them is to restore the stomach to proper action. Parmelee's Vegetable Pills will do this. Simple directions go with each packet and a course of them taken systematically is certain to effect a cure.

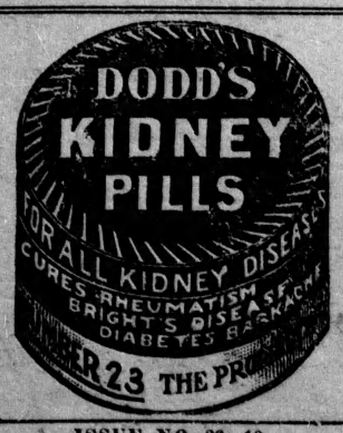
Sweet Child—"Say, pa, you must be a pretty strong man!" Pa—"Fairly so, my dear. Why?" Sweet Child—"'Cause uncle said when he went out with you the other night you carried the biggest load of any man he ever saw without showing it!"

RICH AND POOR ALIKE use Painkiller. Taken internally for cramps, colics and diarrhoea. Applied externally cures sprains and swollen muscles, etc. Avoid substitutes, there is but one "Painkiller"—Perry Davis—25c and 50c.

TRUSTWORTHY.

"Rufus, you old loafer, do you think it's right to leave your wife at the wash-tub while you pass your time fishing?"

"Yassah, jedge; it's all right. Mah wife don' need any watching. She'll sholy wuk jes' as hard as if I was dah."



ISSUE NO. 26—10.

"Well, did he pay you?" asked the wife of a dentist who had been to collect a bill for a full set of false teeth that he had made for a man almost a year before. "Pay me!" growled the dentist. "Not only did he refuse to pay me but he actually had the effrontery to gnash at me—with my teeth!"

Your Druggist Will Tell You Murine Eye Remedy Relieves Sore Eyes, Strengthens Weak Eyes. Doesn't Smart, Soothes Eye Pain, and Sells for 50c. Try Murine in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation.

Biddle—"Gashan is about as thoughtful a man as I ever met in all my travels." Darton—"Is that so?" Biddle—"Yes; the other night, before knocking a fellow down who had insulted him, he rang the night-bell of a doctor, so that the fellow should not want for surgical attendance."

Ask for Minard's and take no other.

It has been suggested that men ought to be allowed to join women's clubs. In that case, who would take care of the babies

Time Has Tested It.—Time tests all things, that which is worthy lives; that which is inimical to man's welfare perishes. Time has proved Dr. Thomas' Eclectric Oil. From a few thousand bottles in the early days of its manufacture the demand has risen so that now the production is running into the hundreds of thousands of bottles. What is so eagerly sought for must be good.

THE GOOSE'S BABIES.

Dolly had just returned from a visit to her grandfather's farm, and was simply bubbling over with news of all the wonderful things she had seen.

Aunty came in for the greatest share, having more time and patience than busy mother.

"And were there any chickens and ducklings?" she asked, amused

"Oh, yes, hundreds of them," was Dolly's enthusiastic reply. "And also the sweetest little—little—oh! you know what I mean, aunty."

"Lambs," prompted aunty.

"No—oh, no!" exclaimed Dolly, impatiently, "little—little—little—dear me! What are a goose's babies called?"

TONIC TREATMENT FOR INDIGESTION

The Process of Digestion is Controlled by the Blood and Nerves

If you have indigestion and you begin a course of treatment to make your stomach stronger, you are on the right track for a real cure. You can never cure yourself by eating predigested foods, or by taking purgative medicines. The stomach is not doing its own work under these treatments, and there can be no real cure until the stomach is strong enough to digest all the food necessary to maintain the body in normal health. The great aim of the tonic treatment for indigestion in all forms, is to strengthen the stomach to a point where all foods eaten will digest easily and nourish the body. A tonic that will strengthen the stomach is what is needed, as the process of digestion is controlled by the blood and nerves. Dr. Williams' Pink Pills are an ideal tonic. They actually make new, rich blood, and thus bring strength and tone to the stomach. This has been proved over and over again, and thousands of grateful people have not hesitated to say so. Here is an instance:—Miss Eva Tocher, Balmoral, Man., says:—"I am writing this letter on behalf of my mother who wishes you to know how much Dr. Williams' Pink Pills have done for her. For several years she had been greatly troubled with indigestion and notwithstanding the medicine she was taking the trouble was growing worse. Every meal was dreaded, and left behind it a feeling of nausea and severe pains. As this continued she began to lose strength and energy, and was hardly able to do any housework. Acting on the advice of a friend she began to take Dr. Williams' Pink Pills, and soon began to feel better. She continued taking the Pills until she had used ten boxes, when her health was fully restored and she could take any kind of food without the least discomfort. Since that time she has not had the slightest return of the trouble."

Thousands of cured men and women speak from experience of the benefits derived from Dr. Williams' Pink Pills in cases of indigestion, anaemia, rheumatism, general weakness, pains in the back and side, neuralgia, St. Vitus dance, and the troubles that afflict women and growing girls. These pills are sold by all medicine dealers or by mail at 50 cents a box, or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A JAPANESE COMPLIMENT.

The Japanese have ever the instinct of politeness. It may happen, however, as in the case recorded below, that their idea of a compliment is not precisely that of the one to whom they wish to show courtesy. The story is told by Inspector-General Hornaday.

"I remember a little Japanese who attended one of our banquets," he said, "and a queer compliment that he paid to a colonel's wife.

"I sat between the two, and the lady said across me:—

"'Mr. Takashiru, you compress the ladies' feet in your country, don't you?'

"'Oh, no, madam; that is a Chinese custom,' said Takashiru. 'We Japanese allow our ladies' feet to grow to their full size. Not that—'

"And he bowed and hissed in the polite Japanese way:—

"'Not that they could ever hope to rival yours, madam!'"

How we dislike the dentist who spares no pains!

Help your children to grow strong and robust by counteracting anything that causes ill-health. One great cause of disease in children is worms. Remove them with Mother Graves' Worm Exterminator. It never fails.

A pessimist defies society as a lot of nobodies who talk about nothing.

Minard's Liniment Lumberman's Friend.

Chambers—"I think a man should never miss an opportunity of improving his mind. I don't wish to boast, but I can truthfully say that I began to improve my mind as a young man, and have gone on doing so ever since." Chubbs (reflectively) — "Great Scot! What a state your mind must have been in when you started on it!"

Bad Blood

is the direct and inevitable result of irregular or constipated bowels and clogged-up kidneys and skin. The undigested food and other waste matter which is allowed to accumulate poisons the blood and the whole system. Dr. Morse's Indian Root Pills act directly on the bowels, regulating them—on the kidneys, giving them ease and strength to properly filter the blood—and on the skin, opening up the pores. For pure blood and good health take

Dr. Morse's Indian Root Pills

BEST FED RACE ON EARTH.

Savant Commends Hebrew Diet, but Fruitarian Differs.

The people of Britain, especially town workers, can do a great deal toward stamping out tuberculosis by copying the Jewish prescriptions with regard to food, says Dr. Allison, a prominent English physician and an authority on food values. In a lecture, Dr. Allison set up the example of the Hebrews, a race which was, he said, practically immune from consumption.

The Jewish people, he maintained, through centuries of oppression had survived because it was the best fed race on earth. Jewish mothers were greatly to be commended for bringing up their children on fatty foods.

Professor R. A. Sampson does not agree with Dr. Allison on this point. In the Fortnightly Review he makes this plea for the fruitarian diet.

"Perfect fruit alone can meet the demands of the human system, perfect fruit alone can stimulate the intellect, perfect fruit alone can calm the passions, perfect fruit alone can control the feverish activity of the arterial pulsations, which otherwise, engendered by the consumption of inflammatory foods and drinks, wear out the human machine long before its natural time."

EGYPTIANS WORE "RATS."

Wore Modern Headgear When Pyramids Were Building.

In fashions there is absolutely nothing new under the sun—not even in coiffures. All that the modern hair-dresser can invent to improve the appearance of his fair customers is but a reproduction of what hairdressers were making long before Cleopatra, with her scented tresses, won Caesar and Mark Antony, or the Queen of Sheba dazzled Solomon with her marvellous headdress and bewildering robes.

The "rat" on which the present day woman of fashion pins her faith—and her masses of store hair—was also one of the first aids to beauty employed by Egyptian women when the pyramids were still in the hands of builders.

Recently there has been placed on exhibition in the Metropolitan Museum of Art one of the original "rats" designed for Egyptian women of fashion centuries ago. In shape it is exactly like the "rat" worn by 20th century beauties, but it differs in material, being made from leather, heavily ornamented.

It was excavated at Akin, upper Egypt, a very ancient city, once noted for its weaving and stone cutting industries.

A SAFE MEDICINE FOR ALL CHILDREN.

The mothers whose little ones are ill not only wish for a medicine that will make their babies better but one that positively cannot do any harm. Such a medicine is Baby's Own Tablets. They are sold under the positive guarantee of a government analyst to contain no opiate, narcotic or other harmful drug. They always do good; they cannot possibly do harm—not even to the new born baby. Concerning them Mrs. J. E. Z. Marchand, Ste. Anne de la Perade, Que., writes:—"I find Baby's Own Tablets indispensible. As soon as I find one of my children not feeling well I administer the Tablets and I am never disappointed in the result. I would not be without them and am enclosing fifty cents for two more boxes." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A young man wishing to have a bit of fun at a farmer's expense passed a few remarks about his cattle and his garden, and then said he had set some lettuce and cabbages had grown up. Then the farmer said:—"Oh, that's nothing. I set some carrot seeds, and what do you think came up?" "Don't know," replied the young man. Farmer—"Why, old Brown's donkey, and ate the lot."

A certain sergeant was drilling a dozen recruits, and after a few days' drilling and teaching he found that he had not made any impression on them whatever. He decided to tell them a tale, which ran as follows:—"When I was a boy my mother bought me a dozen wood-soldiers, which I drilled and tried to instruct, but without any result, of course. Then I lost them one by one, and now I have found you again, you wooden duffers!"

PILES.

You will find relief in Zam-Buk! It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this? *All Druggists and Stores.—50c box.*

Zam-Buk

FOR ALL SUMMER SORES.

SHREDDED WHEAT

A meat diet is too heating

Shredded Wheat is the natural summer food. Cooling, yet full of rich nourishment. All the strength-giving elements of the whole wheat. A biscuit covered with fresh fruit is enjoyable. Serve with cream and sugar.

Sold by all grocers, 13c. a carton, two for 25c. 2225

MUSKOKA THE BEAUTIFUL.

Do you know the place? If not, your pleasure has suffered. Ask for that handsome Muskoka Folder issued by the Grand Trunk Railway System. It contains a large map, lots of views, and a fund of facts. Less than a day's journey from principal American cities. For all particulars apply to Mr. J. D. McDonald, District Passenger Agent, Union Station, Toronto, Ont.

She—"Oh, Tom, papa's going to give us a cheque at our wedding instead of a present." He—"All right; we'll have the ceremony at noon instead of four o'clock." She—"But why, dear?" He—"Banks close at three."

The Foe of Indigestion.—Indigestion is a common ailment and few are free from it. It is a most distressing complaint and often the suffering attending it is most severe. The very best remedy is Parmelee's Vegetable Pills taken according to directions. They rectify the irregular action of the stomach and restore healthy action. For many years they have been a standard remedy for dyspepsia and indigestion and are highly esteemed for their qualities.

Mamma—"Yes, dear, the angels can hear everything; they heard your prayers last night." Effie—"That's funny; I didn't say them."

I was cured of Bronchitis and Asthma by MINARD'S LINIMENT.
MRS. A. LIVINGSTONE.
Lot 5, P. E. I.

I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT.
Mahone Bay. JOHN MADER.

I was cured of a severely sprained leg by MINARD'S LINIMENT.
JOSHUA A. WYNACHT.
Bridgewater

Medical Professor—"What is the result, young gentleman, when a patient's temperature goes down as far as it can?" Student—"Why—er—he gets cold feet!"

When going away from home, or at any change of habitat, he is a wise man who numbers among his belongings a bottle of Dr. J. D. Kellogg's Dysentery Cordial. Change of food and water in some strange place where there are no doctors may bring on an attack of dysentery. He then has a standard remedy at hand with which to cope with the disorder, and forearmed he can successfully fight the ailment and subdue it.

Lawyer—"What is your occupation?" Witness—"I'm a piano finisher." Lawyer—"Be a little more definite. Do you polish them or move them?"

DEAF, LISTEN!

You have used Horns, Trumpets and other Mechanical Devices in the hope of being able to hear, but always found the expected satisfaction was spelled "Disappointment." If you write to Ernest Pratt, 468 Yonge Street, Toronto, you will learn some good news. Do it to-day—better still—do it now!

The man who marries for money should be willing to take the humiliation that goes with it.

MAKE A NOTE when you are leaving home to buy "The D. & L." Menthol Plaster. Guaranteed to cure the worst case of backache, headache, stitches. Avoid the "just as good" goods. Get the genuine.

Popularity depends a good deal on a man's ability to be right and agreeable at the same time.

Minard's Liniment used by Physicians.

TRANSFIGURATION.

One morning Jenkins looked over his garden wall and said to his neighbor:

"Hey, what are you burying in that hole?"

"Oh," he said, "I'm just replanting some of my seeds; that's all."

"Seeds!" shouted Jenkins angrily. "It looks more like one of my hens."

"That's all right. The seeds are inside."

"So you want to marry my daughter, young man?" "Y-e-s, s-s-i-r!" "Well, can you support a family?" "H-how many are there of you, s-sir?"

CANCER, Tumors, Lumps, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

CARPET DYEING and Cleaning. This is a specialty with the **British American Dyeing Co.** Send particulars by post and we are sure to satisfy. Address Box 158, Montreal.

Is Your Hearing Good?

The HEAR-O-PHONE will give you the benefits of good hearing. Send for free booklet, giving particulars and names of satisfied users. Also Special Offer for a Month's Home Trial. THE BRAND ELECTRO OZONE LIMITED, 334 Spadina Avenue, Toronto.

Queen's University and College KINGSTON ONTARIO.

ARTS
EDUCATION
THEOLOGY
MEDICINE
SCIENCE (Including Engineering)

The Arts course may be taken without attendance, but students desiring to graduate must attend one session. There were 1517 students registered session 1909-10.

For Calendars, write the Registrar,
GEO. Y. CHOWN, B.A.
14 Kingston, Ontario.

Flies on Your Stock

DECREASE THE MILK YIELD.

COOPER'S FLY KNOCKER

will keep cows free from flies at a cost of less than one cent a day.

$1.75 GALLON 50c. QUART

Ask your Hardware Dealer, or

WM. COOPER & NEPHEWS TORONTO.

Probably the easiest kind of easy mark is a man who labors under the delusion that he understands women.

You cannot be happy while you have corns. Then do not delay in getting a bottle of Holloway's Corn Cure. It removes all kinds of corns without pain. Failure with it is unknown.

Magistrate (to prisoner)—"Did you really call this gentleman an old fool last night?" Prisoner (trying to collect his thoughts)—"The longer I look at him the more probable it seems to me that I did."

Keep Minard's Liniment in the house.

FOOLISH QUESTIONS.

"Were you ever arrested before?" asked the magistrate, whose principal business is imposing fines for speeding.

"What do you think I've been doing all these years?" said the chauffeur, "pushing a wheelbarrow?"

Send for free sample to Dept. W. L., National Drug & Chemical Co., Toronto.