GOOD BLOOD GOOD HEALTH

Just a Little More Rich, Red Blood Cures Most Ailments.

The lack of sufficient red, health-giving blood doesn't end merely in a pale complexion. It is much more serious. Bloodless people are the tired, languid, run down folk who never have a bit of enjoyment in life. Food does not nourish, there's indigestion, heart palpitation, headache, backache, sometimes fainting fits and always nervousness. If anaemia or bloodlessness be neglected too long a decline is sure to follow. Just a little more blood cures all these troubles. Just more rich, red blood; then abounding health and vitality and pleasure in life. To get more blood the remedy is Dr. Williams' Pink Pills. No other medicine increases the blood supply so quickly or so surely. The cure actually begins with the first dose, though naturally it is not noticeable. This is not a mere claim. Dr. Williams' Pink Pills have been doing this over and over again in Canada for years. This is why thousands of people always have a good word to say about this medicine. The following is the experience of one of the many who praise this medicine. Mrs. J. J. Thibodeau, Bathurst Village, N. B., says: "Some years ago while teaching school I became so run down that I could hardly walk. My breath was short and I had failed in weight and lost color. I had to rest several times on my way to school and during school hours it took more than all my strength to fulfil my duty. My doctor advised me to give up teaching and take a long rest. But at this time a friend persuaded me to try Dr. Williams' Pink Pills and I got six boxes. I hadn't finished the first box when I felt a little better and by the time I had used the six boxes I was fully recovered and enjoying the best of health. At a later date I was troubled with eczema and my faith in Pink Pills led me to try them again, and I was not disappointed, as they cured this trouble also. I can't praise Dr. Williams' Pink Pills too much for they have done me a power of good."

Dr. Williams' Pink Pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for $2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

LONDON ORGAN GRINDERS.

One pound a day is said to be the most that an organ-grinder ever takes, while, with some exceptions, 5s is about the least, so that a London organ-grinder may be regarded as a fairly prosperous man. An organ can be hired from the makers for 1s. 6d. a day, while the price of a new organ is £25. The cost of setting an organ to new tunes is about £4, and, since novelty is essential, this is a frequent source of expense.

MICROBES IN MAIL BAGS.

At a conference of Irish post-office clerks in Dublin recently it was stated that the germs of consumption and other disease were in mail bags by thousands, and a resolution was passed that all mail bags should be washed and disinfected fortnightly.

I cured a horse of the Mange with MINARD'S LINIMENT.
CHRISTOPHER SAUNDERS.
Dalhousie.

I cured a horse, badly torn by a pitch fork, with MINARD'S LINIMENT.
St. Peter's, C.B. EDW. LINLIEF.

I cured a horse of a bad swelling by MINARD'S LINIMENT.
THOS. W. PAYNE.
Bathurst, N.B.

ANOTHER QUEER SMOKE.

The Potato Stem a Source of Danger to Those Addicted to It.

"Even worse than opium smoking is the smoking of the dried stems of the ordinary field potato," said the doctor. "The potato vine is a poisonous growth. The apple, or seed, which grows on the potato and looks like a small, undergrown green tomato, which it is in fact, for the potato and tomato are blood cousins, is especially potent in its baleful effects if one smokes it.

"Usually the vice starts in boyhood days on the farm, when the youngster of the family steals his father's pipe and hides with it and some matches down behind the garden fence or behind the barn next to the field potatoes. He doesn't dare to take up the straight tobacco, but he tries out some dried potato stem in the pipe.

"The smoke sets the experimenter into a delicious dreamy state at first, but the heart action accelerates in a minute or two in an effort to throw off the poison through the lungs and skin. The dreamy state quickly disappears, the face gets flushed and the heart action rapidly increases to severe palpitation.

"If the dose has been large the victim feels a wild, fierce elation that impels him to action of any kind. In this state he may do anything, but the stage is reached much more quickly than with alcoholic liquors.

"The eyes become blind and clouded. The pupil dilates as though belladonna had been applied. The motor centres are affected and there is paralysis of the lower limbs, and the smoker's face gets pale, while drops of sweat stand out.

"At this stage the heart action weakens and there is either stupor or syncope, in which the victim of the potato poison lies practically paralyzed and unable to move, while his brain is in an insane whirl. This represents the height of the intoxication, and it is followed by acute depression and melancholia and a slow return of the physical powers.

"The potato stem smoke speedily draws a victim down. He grows pale, is gaunt and emaciated, ends up with violent acute mania, usually with homicidal tendencies.

"I only had one case of the kind. A lad of 16 caught the habit trying to find a substitute for tobacco. He only lasted about three years. There wasn't anything that could be done for him.

"This young chap couldn't be restrained or changed from the potato stem craving, by any of the usual drugs. He was kept in bed, roped down, during the maniacal stage that he went through. Morphine didn't seem to do any good. The moment he was freed, after recovering somewhat, he would make a rush for the nearest potato vines, trying to get and smoke the stems, which he secreted in many places cunningly hidden."

To Use THIS Dye Means Perfect Results

DY-O-LA

ONE DYE FOR ALL KINDS OF GOODS.

You don't even have to know what kind of cloth your goods are made of. SAME Dye for ALL. Mistakes are IMPOSSIBLE. Fast and Beautiful Colors. 10 cents. Don't fail to try it. Sample Card and Booklet Free.
The Johnson-Richardson Co., Limited, Montreal.

HARDEST FOR HIM.

"What was the hardest question the teacher asked you to-day?" asked the serious-minded pupil.

"Whether I preferred to take a licking or a note home," answered the scapegoat.

FOR LITTLE BABIES AND WELL GROWN CHILDREN

Baby's Own Tablets are good for all children, from the feeble baby whose life seems to hang by a thread to the sturdy well grown child whose digestive organs occasionally get out of order. These Tablets promptly cure all stomach and bowel troubles and make sickly, ailing children, well and strong. Mrs. H. Greenfield, Embro, Ont., says:—"Baby's Own Tablets are a wonderful medicine for children. I have used them for several years and always keep them in the house for my little ones going to school." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

LONDON'S WATER SUPPLY.

The Metropolitan Water Board of London, Eng., is considering a scheme to extend the water supply at a cost of thirty million dollars. It is proposed to construct enormous reservoirs in the Upper Thames Valley. These works when completed will afford thirty-five gallons per head per day for a population of twelve million souls, which London is expected to reach in 1941.

CURED HIS RHEUMATISM.

Yarmouth, N. S., June 2, 1908.—"I have been bothered with Rheumatism for the past year and have taken a good many kinds of medicine and found no relief for it.

"One day a friend advised me to try Gin Pills, so I did, and after taking only one box of them, I felt like a new man.

"I thought I would write you a few lines to let you know how thankful I feel for the relief they gave me, and would advise all sufferers from Rheumatism to get Gin Pills."

WM. CONTY.

Sample free if you write National Drug & Chemical Co., (Dept. W.L.), Toronto. All dealers have Gin Pills at 50c. a box—6 boxes for $2.50.

FORCE OF HABIT.

"Why did you break your engagement with that school teacher?" asked the friend.

"If I failed to show up at her house every evening, she expected me to bring a written excuse signed by my mother."

"Halloa, James, what an enormous cigar you are smoking! It must be a foot long!" "Over a foot. I have this kind specially made for me. My doctor has ordered me to smoke only one cigar a day, and I always do as he tells me."

Even if a dollar doesn't go far it is difficult to induce it to return.

LAY FOR WEEKS AT DEATH'S DOOR

BUT DODD'S KIDNEY PILLS CURED MRS. THOMPSON'S DROPSY.

It Started with Backache and Grew Worse Till the Doctor Said She Must Die.

Holt, Ont., May 16. (Special).—All the countryside here is ringing with the wonderful cure of Mrs. Samuel Thompson, who lay at the point of death for weeks, swollen with Dropsy so that the doctor five different times decided to tap her, but desisted because, as her husband said, "It might be better to let her die in peace." After the doctor had given her up Dodd's Kidney Pills cured her.

Mrs. Thompson's terrible trouble started with pain in the back. She grew worse and the doctor treated her for jaundice for eight weeks. Then her feet and legs began to swell, and it was realized that Dropsy was the trouble. For seven months she suffered. The doctor said there was no hope; she must die.

As a last resort Dodd's Kidney Pills were tried. The improvement was slow, but gradually her strength came back. To-day Mrs. Thompson is a well woman. She says, and the country-side knows, she owes her life to Dodd's Kidney Pills.

If the disease is of the Kidneys, or from the Kidneys, Dodd's Kidney Pills will cure it.

HIS REASON.

"Why do you always leave the house, James, when I begin to sing the old songs?" pouted Mrs. Howlit

"Fresh air," said Howlit.

BANKS AS ROAD BUILDERS

Time and time again in the last two years information has come from the Canadian West indicating that the Chartered Canadian Banks are playing no small part in the development of our Western territory.

Repeatedly we have heard of the Banks going into new Districts with the first settlers—opening up and fostering business connections which have resulted in the rapid growth of the community.

Two of the latest instances of this have been shown in the establishment of Branches of the Traders Bank at Fort George, B. C., and Stewart, B. C. Fort George is half way between Prince Rupert and Edmonton on the projected line of the Grand Trunk Pacific. It is attracting attention on account of its favorable location, and present indications would point to its being one of the large cities of Northern British Columbia. Stewart, B. C., is within two miles of Portland City, the place in British Columbia where the recent wonderful Silver strike was made.

The latter town is attracting people from the Western Coast States in large numbers, and a small rush of prospectors into the district is now under way.

Don't kick if people distrust you. Who's to blame?

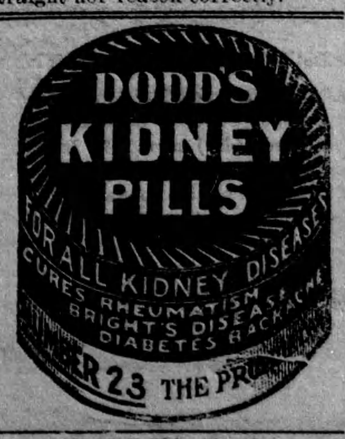
Pills of Attested Value.—Parmelee's Vegetable Pills are the result of careful study of the properties of certain roots and herbs, and the action of such as sedatives and laxatives on the digestive apparatus. The success the compounders have met with attests the value of their work. These pills have been recognized for many years as the best cleansers of the system that can be got. Their excellence was recognized from the first and they grow more popular daily.

ANGLING NOTE.

It is better to have fished and lost than never to have lied at all.

Minard's Liniment used by Physicians.

Lady—"You say, professor, that tobacco is an aid to thought and a stimulant to the reasoning faculties; but Professor Greathead says tobacco is in every way injurious. How do you account for that difference. The Professor—"Easily enough, madam. Professor Greathead does not smoke, and consequently he can neither think straight nor reason correctly."



ISSUE NO. 21—10.

Paint Without Oil

By using **Powdr Paint** you can turn out as good work as a contracting painter. Write to **POWDR PAINT CO.**, Toronto, Ont., for full information and Catalogue with Color Card and Price List.

STOCKS.

STOCK BONUS OF 25%
MAPLE LEAF MILLING COMPANY
Look at the record of The Lake of the Woods, Ogilvie, and Western Canada Milling Companies.
Edward CRONYN & Co.
Our own building **90 Bay Street, Toronto**

COBALT SILVER AND PORCUPINE Gold Stocks bought and sold. Engineers' Reports on Porcupine. Write for particulars. P. S. Hairston, 25 Manning Arcade, Toronto, Ont.

MINNICOGANASHENE.

A hard name to pronounce, called locally "Minnicog." This is a picturesque summer resort on one of the largest islands of the Georgian Bay, only 3½ hours run by the Grand Trunk Railway System from the City of Toronto, Canada, and beautifully situated among the 30,000 islands of that territory. Splendid hotel accommodation, good fishing, fine boating and no hay fever. Bass, trout, pickerel and pike abound. For illustrated descriptive matter and all information, write to Mr. J. D. McDonald, District Passenger Agent, Union Station, Toronto, Ont.

We feel sorry for a man who hasn't sense enough to make use of his good judgment.

They Cleanse While They Cure.—The Vegetable compounds of which Parmelee's Vegetable Pills are composed, mainly dandelion and mandrake, clear the stomach and intestines of deleterious matter and restore the deranged organs to healthful action. Hence they are the best remedy for indigestion available to-day. A trial of them will establish the truth of this assertion and do more to convince the ailing than anything that can be written of these pills.

AS HIS NEIGHBORS SEE HIM.

If he is poor, he is a bad manager. If he is rich, he is dishonest.

If he needs credit, he can't get it. If he is prosperous, every one wants to do him a favor.

If he's in politics, it's for what he can get. If he is out of politics, you can's place him, and he's no good for his country.

If he doesn't give to charity, he's a stingy cuss. If he does, it's for show.

If he is actively religious, he is a hypocrite. If he takes no interest in religion, he's a hardened sinner.

If he shows affection, he's a soft specimen. If he seems to care for no one, he is cold-blooded.

If he dies young, there was a great future ahead of him. If he lives to an old age, he has missed his calling.

Your Druggist Will Tell You
Murine Eye Remedy Relieves Sore Eyes, Strengthens Weak Eyes. Doesn't Smart, Soothes Eye Pain, and Sells for 50c. Try Murine in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation.

Judge—"I don't think that women have always been vain; you know women were made before mirrors." Fudge—"And they've been before them ever since."

Ask for Minard's and take no other.

"This carpet is the best there is, madam," said the clerk. "It cannot be beaten." "Then I don't want it," replied the shrewd customer. "I want one that can stand beating once or twice a year."

'Tis a Marvellous Thing. — When the cures effected by Dr. Thomas' Eclectric Oil are considered, the speedy and permanent relief it has brought to the suffering wherever it has been used, it must be regarded as a marvellous thing that so potent a medicine should result from the six simple ingredients which enter into its composition. A trial will convince the most skeptical of its healing virtues.

"Pa, what is writer's cramp?" "It's being cramped for money, my son. All writers suffer from it."

TRADING on a good name and deceiving the public is what the imitators of the well-known "The D. & L." Menthol Plaster are doing. Don't be fooled, insist on the genuine, "The D. & L."

"Don't be afraid of the bacon, Mr Jenkins," said the landlady to the new lodger. "Not at all, madam. I've seen a piece twice as large and it did not frighten me a bit."

There can be a difference of opinion on most subjects, but there is only one opinion as to the reliability of Mother Graves' Worm Exterminator. It is safe, sure and effectual.

AN ERA OF GOOD FEELING.

My heart's so full of love to-day
For all my fellow men,
I'd gladly knock somebody down
To help him up again.

Minard's Liniment Lumberman's Friend.

HE KNEW A THING.

"So you think you can dress my shop window so that all the ladies will stop to look at it?" asked the master of a large business establishment of an applicant for work.

"Yes, sir, I do."

"Well, what is the first thing you would do?"

"Why, I'd put a large mirror in the window, and——"

"Quite enough, young man; I don't want you as an employee, I'll take you on as partner."

The transition from winter's cold to summer's heat frequently puts a strain upon the system that produces internal complications, always painful and often serious. A common form of disorder is dysentery, to which many are prone in the spring and summer. The very best medicine to use in subduing this painful ailment is Dr. J. D. Kellogg's Dysentery Cordial. It is a standard remedy, sold everywhere.

Some men seem to have a grudge against themselves, and we don't blame them.

Keep Minard's Liniment in the house.

Every time a man makes a serious mistake it lessens his confidence in himself—and others.

A LONG RECORD OF SUCCESS in curing all sorts of cuts, burns and bruises, as well as all bowel complaints, is held by "Painkiller"—over 60 years. Avoid substitutes there is but one "Painkiller"—Perry Davis', 25c. and 50c.

Some men have many possessions while others are not even self-possessed.

Are you a sufferer with corns? If you are, get a bottle of Holloway's Corn Cure. It has never been known to fail.

A lad who was being quizzed about his father's lack of accomplishments was asked: "What does your father know?" There was no hesitation in the answer: "I don't believe he knows anything except his own business; but he knows that—and minds it!"

Apply Zam-Buk to all wounds and sores and you will be surprised how quickly it stops the smarting and brings ease. It covers the wound with a layer of protective balm, kills all poison germs already in the wound, and prevents others entering. Its rich healing herbal essences then build up from the bottom, fresh tissue; and in a wonderfully short time the wound is healed!

Zam Buk's popularity is based on merit. Imitations never work cures. Be sure and get the real thing. "Zam-Buk" is printed on every packet of the genuine. Refuse all others, 50c all druggists and stores or Zam-Buk Co., Toronto.

ZAM-BUK

THE LINDMAN TRUSS will hold any reducible hernia. Endorsed by foremost medical men. Write for particulars. B. LINDMAN, (Reg'd), Montreal.

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

Is Your Hearing Good?

The HEAR-O-PHONE will give you the benefits of good hearing. Send for free booklet, giving particulars and names of satisfied users. Also
Special Offer for a Month's Home Trial.
THE BRAND ELECTRO OZONE LIMITED,
334 Spadina Avenue, Toronto.

APPENDICITIS

Cured without operations. All who are afflicted with this disease and wish to be cured permanently, safely and quickly with this great Homeopathic remedy, which will be sent post-paid anywhere in the world with full instructions for using so as to effect a permanent cure. Price $2. Address
John T. Wait, Homeopathic Pharmacy, Arnprior, Canada.

Biliousness

is certainly one of the most disagreeable ailments which flesh is heir to. Coated tongue—bitter taste in the mouth—nausea—dizziness—these combine to make life a burden. The cause is a disordered liver—the cure Dr. Morse's Indian Root Pills. They go straight to the root of the trouble, put the liver right, cleanse the stomach and bowels, clear the tongue and take away the bitter taste from the mouth. At the first sign of biliousness take

Dr. Morse's Indian Root Pills

AGENTS WANTED.

AGENTS WANTED IN EVERY TOWN to sell a six-dollar Vacuum Carpet Cleaner; rapid seller; big commission. Hills, 556 Dovercourt Rd., Toronto.

EDUCATIONAL.

LEARN THE BARBER TRADE—NEW system—constant practice; careful instruction; few weeks complete course; tools free; graduates earn twelve to eighteen dollars weekly; write for catalogue. Moler Barber College, 221 Queen East, Toronto.

MACHINERY

MACHINERY HEADQUARTERS. — Iron and wood-working machinery, engines, boilers, steam pumps, gasoline engines, electric motors, contractors' machinery, etc. Send for catalogue of over 1400 machines. H. W. PETRIE, Limited, Toronto, Montreal, Vancouver.

FARMS FOR SALE.

WESTERN FARM LANDS—CITY LOTS on easy terms. If you are going west, send for my list, it will pay you. S. M. Mathews 75 Yonge St., Toronto.

150 ACRES FOR SALE OR EXCHANGE —a very choice 150-acre farm, situated three miles northeast of Embro, 10 miles northwest of Woodstock, half mile to school; a very choice, even-tempered clay loam soil; no stiff soil; easily worked; a very rich, productive soil; 125 cultivated; 15 acres timber; good size brick cottage house, 9 rooms, cellar, furnace; new barn, 48 x 80; barn 27 x 55; all on stone basements; cement floors in stable; lots of water pumped by steel windmill; taps in house and barnyard; a first-class cheese factory section; price $9,500; might take a house in city or small farm in exchange; $2,700 down, as I have other properties and wish to reduce. Apply to R. Waite, Paris.

CARPET DYEING and Cleaning. This is a specialty with the **British American Dyeing Co.** Send particulars by post and we are sure to satisfy. Address Box 158, Montreal.

THE LARGEST NICKEL TIN
BERRY'S DIAMOND BOOT POLISHES
Best Materials of absolute purity — Waterproof and preserve your boots

RRR
SORE THROAT, BRONCHITIS, TONSILITIS AND ALL INFLAMMATIONS

NEGLECTED COLDS run into the "GRIP" and PNEUMONIA. Lose no time, but get at once a bottle of RADWAY'S READY RELIEF and prevent pneumonia, or cure it if already manifested. Is the Unfailing Household Remedy for Coughs, Colds, Sore Throat, Bronchitis, "Grip," Pneumonia and Pains of all kinds.

STYLES IN HAIR

Braids, 30 in., $3.50
Switches, 22 to 30 in. long, $3.50 to $5.50
Puffs and Curls, 18 in cluster, $2.50
Turban Style, complete, $1.50
Braid, by the yard, $1.00
Ladies and Gent's Wigs, from $17.50
Gent's Toupees, from $12.50
Hair Nets, extra large, 3 for 25c.
Turban Pads, 35 to 75c.

Rare shades extra. Orders over $1.00, post free. Send sample of hair and cash with order.
DAY & MOHLER,
115 King St. West, Toronto.

DEAF, LISTEN!

You have used Horns, Trumpets, and other Mechanical Devices in the hope of being able to hear, but always found the expected satisfaction was spelled
D-I-S-A-P-P-O-I-N-T-M-E-N-T
If you write to
ERNEST PRATT,
468 Yonge Street, Toronto,
you will learn some GOOD NEWS.
Do it to-day—better still.

DO IT NOW!

The Lenox Hotel

BUFFALO, N. Y.

Highest Grade. *Fireproof.*

The ideal hotel for tourists and visitors to Buffalo, Niagara Falls, and points on the Great Lakes and St. Lawrence River.

EUROPEAN PLAN
$1.50 per day and up.

Patrons may take Taxicabs or Carriages from depots or wharves to hotel, charging same to The Lenox.

When in Buffalo stop at The Lenox. The accommodations and service are sure to please.

C. A. MINER Manager

$200 IN CASH And Numbers of Valuable Premiums GIVEN AWAY FREE

LPAPE	NREOGA	UPML
OPAHE	ROYREH	ERPA

Can you arrange the above sets of jumbled letters into the names of six well known fruits. If so, you can share in the distribution of the above prize. It is no easy task. But by patience and perseverence you can probably make out 4 or 5 of them. To the person who can make out the largest number we will give the sum of One Hundred Dollars. To the person making out the second largest number the sum of Fifty Dollars. To the person making the third largest number the sum of Thirty Dollars. To the person making the fourth largest number the sum of Twenty Dollars. Should two persons send answers equally correct, the first two prizes will be divided between them, (each receiving $75.00). Should three send in equally correct answers, the first three prizes will have to be divided, (each receiving $60.00). Should four persons send equally correct answers, the whole sum of $200.00 will be equally divided (each receiving $50.00), and so on in like proportions, provided they comply with a simple condition about which we will write as soon as answers are received. **We do not want a cent of your money when you answer this advertisement.** If you can find any of the names, write us today enclosing stamp for our reply. Do not delay. To help you we have put a mark under the first letter of each name. Address, CANADIAN MEDICINE CO., Dept., J3, Montreal, Que.