# SPRING BLOOD IS BAD BLOOD

## How to Get New Health and New Strength in the Spring.

Even the most robust find the winter months trying to their health. Confinement indoors in often overheated and nearly always badly ventilated rooms—in the home, the office, the shops and the school—taxes the vitality of even the strongest. The blood becomes thin and watery, or clogged with impurities. Sometimes you get up in the morning just as tired as when you went to bed. Some people have headaches and a feeling of langour; others are low spirited and nervous; still others have pimples and skin eruptions. These are all spring symptoms that the blood is out of order. Many people rush to purgative medicines in the spring. This is a mistake. You can't cure these troubles with a medicine which gallops through your system, and is sure to leave you weaker still. What you need to give you health and strength in the spring is a tonic medicine and the one always reliable tonic and blood-builder is Dr. Williams' Pink Pills. These pills not only banish spring ills, but guard you against the more serious ailments that follow, such as anaemia, nervous debility, indigestion, rheumatism, and other diseases due to bad blood. Dr. Williams' Pink Pills actually make new, rich blood which strengthens every nerve, every organ and every part of the body. Try this medicine this spring and you will have strength and energy to resist the torrid heat of the coming summer.

Mr. Geo. W. Johnson, Hemford, N. S., says: "A couple of years ago when I came home from a lumbering camp where I had been employed my blood was in such a condition that my whole body broke out in boils—some six and eight in a nest. These were so painful that I was confined to the house and for three months was treated by my family doctor. I got no better; in fact the sores began to eat into my flesh, and at times were so offensive that I refused to sit at the table with my family. A friend asked me one day why I did not give Dr. Williams' Pink Pills a trial and I decided to do so. I got six boxes and before they were all gone the sores began to disappear and my system was much strengthened. I continued using the pills until I had taken twelve boxes, when every boil and sore had disappeared, and I have since enjoyed the very best of health."

Sold by all medicine dealers or by mail at 5 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont

### NO BENDING.

The village Sunday School treat was in full swing, and after a rollicking time, the youngsters were now engaged on a heavy tea.

Little Johnny, though unaccustomed to very rich fare, had been eating until he could not accommodate another mouthful, and he was consequently feeling slightly uncomfortable.

"Shall I lift you down, my little man?" was the gentle inquiry of a lady helper who had noticed the youth wriggling about on the seat.

"Yus, please, mum," assented Johnny, whose distended anatomy made him hold himself as stiff as a poker. "Yer can lift me down," and here his look was truly pathetic, "but please don't bend me!"

### HE FAILED TO SEE IT.

Mr. Closecoyne (during his wife's reception).—She gives 'em lights; she gives 'em music; she gives 'em food, flowers, champagne, and that's what she calls receiving!

The never failing medicine, Holloway's Corn Cure, removes all kinds of corns, warts, etc.; even the most difficult to remove cannot withstand this wonderful remedy.

Too many mistake their own pathology of humanity for a system of divinity.


**Only One "BROMO QUININE"**
That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the world over to Cure a Cold in One Day. 25c.


"You have an enormous appetite," said a thin man enviously. "What do you take for it?" "In all my experience," replied his plump friend, "I have found nothing more suitable than food!"


Try this Sure Way To Dye Your Clothes

DY-O-LA
ONE DYE FOR ALL KINDS OF GOODS.
You don't have to know what KIND of cloth your Goods are made of. SAME Dye for ALL. No chance of Mistakes. All colors 10 cents from your Druggist or Dealer. Sample Card and Booklet Free. The Johnson-Richardson Co., Limited, Dept. O., Montreal, Que.


### INTERESTING OLD MAN.

**106 Years Old—Accompanied Napoleon on Trip to St. Helena.**

There is a man in a Sydney, New South Wales, institution, presided over by the French Sisters of the Little Company of Mary, who was 106 on March 26. He is William Johnstone and in 1815 he was cabin boy on H. M. S. Northumberland, the British warship that took Napoleon to St. Helena. For a time afterward he remained on the island as one of the personal attendants of the fallen Emperor.

His story has been sifted by the sisters and less unworldly folk, and they have no doubt that it is genuine. It is certain, at any rate, that a William Johnstone was cabin boy on the Northumberland when Napoleon took that memorable voyage

Johnstone loves to tell anecdotes of the Emperor, and of course, never lacks listeners. He generally begins: "I was cabin boy under Mr. Wilson and I used to look after the Emperor's cabin. We used to have many talks and I think he got rather fond of me."

When the play "A Royal Divorce" came to Sydney, Johnstone was taken to see it and thoroughly approved of it. He said the man who played the part of Napoleon was just like him—"same stand, same walk, same face and he had a mark on his neck like Napoleon."

### WARNS THE ENGINEER.

**Safety Device Being Tested on British Railroads.**

At a Midland Railway siding out in Kettering, England, last week an ingenious mechanism for warning locomotive engineers was tried. It not only warns the engineer 800 yards before he reaches it whether a signal is at "danger" or "clear," but prints a record on a tape machine in the cab showing how each signal has stood during a run.

The inspectors first ordered a signal to be set at danger. Then, leaning from the engine cab, they directed the engineer to approach the signal at a fast pace. At a point far enough away from the signal for a train to have been pulled up without overrunning it, a small wheel projecting from a lever below the engine touched a rod on the permanent way. Immediately a red label with the word "Danger" upon it appeared in a small brass box before the driver's eyes, a small red lamp above flashed out, and the whistle of the engine sounded.

The label showed, the lamp remaining lighted, and the whistle continued to blow until the engineer touched a lever and released the mechanism. Again, when the engine approached the lowered signal a green label marked "Clear" came into view, in the engine, a green light showed, and an electric bell rang.

# A MODERN MEDICINE FOR YOUNG CHILDREN

No sane mother would wish herself treated under the condition of medicine or surgery of half a century ago. Why then should she give her tender little child the old-fashioned medicines that have not changed in half a century, and which more likely than not contain poisonous opiates that will not cure the child, but merely drug it into temporary insensibility. Baby's Own Tablets is a modern medical science. This medicine cures all stomach, bowel, teething and other ailments of childhood and babyhood. And the mother has the guarantee of a government analyst that it contains no opiate or poisonous drug. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

You may have noticed that people with big hearts usually have small pocket books.

**Minard's Liniment Relieves Neuralgia.**

Hatred is never so loathesome as when it assumes a holy name.

Mother Graves' Worm Exterminator does not require the help of any purgative medicine to complete the cure. Give it a trial and be convinced.

Foreman (explaining the accident to the owner of the building)—"Barney was working on the roof, sir, and he slipped and fell the whole four storeys, bringing the cornice down with him, sir, and breaking both his legs and four ribs." Owner—"Oh, well, never mind. I intended that cornice to come down in any case."

A doctor prescribed rest and change for a small boy, saying that his system was quite upset. After he had gone the little boy said:—"I knew I was upset, mamma, because my foot's asleep, and things must be pretty bad when you go to sleep at the wrong end."

# CURE WAS QUICK AND COMPLETE

### DAME PARENT'S HEART DISEASE CURED BY DODD'S KIDNEY PILLS.

**She Suffered for Two Years but Now Advises all Troubled as She Was to Give Dodd's Kidney Pills a Trial.**

St. Robert, Richelieu Co., Que., Mar. 28.—(Special).—"I recommend Dodd's Kidney Pills to all my friends." These are the words of Dame Joseph Parent of this place. And the good dame gives excellent reasons why she does so. "For two years," she says, "I suffered from Heart Disease, Headache, Backache and a dragging sensation across the loins. Seven boxes of Dodd's Kidney Pills cured me. I hope all who are troubled as I was will give Dodd's Kidney Pills a trial."

Some people may ask how Dodd's Kidney Pills, which are purely a Kidney remedy, can cure Heart Disease. And the answer is simple. Diseased Kidneys fail to drain the impurities out of the blood. If these impurities are left in the blood they not only increase the work of the heart in propelling the blood through the body, but act on the valves causing disease. Pure blood removes the cause of the disease. Dodd's Kidney Pills make pure blood by putting the Kidneys in condition to strain all the impurities out of it.

### INVISIBLE.

Old Lady—"What is the title of the picture, dear?"

Daughter—"'Dogs,' after Sir Edward Landseer."

Old Lady—"I can see the dogs, but where on earth is Landseer?"

# COUGHED ALL NIGHT

**Till This Recipe Was Tried, Cure Followed in 5 Hours.**

A prominent medical man, who suffered with a severe cough and cold on the lungs, often being kept awake all night, and weakened by loss of sleep, finally discovered a simple formula which will cure any cough in five hours by the clock. It is a laxative tonic cough syrup which can be made at home by anyone and the formula is here given for the benefit of those who pass sleepless nights in painful paroxysms. Those who have tried it say it is magical, and beats any high-priced, slow-acting cough medicine ever sold.

Mix in a bottle one-half ounce fluid wild cherry bark, one ounce compound essence cardiol and three ounces syrup white pine compound. Take twenty drops every half hour for four hours. Then take one-half to one teaspoonful three or four times a day. Give children less according to age. This will tone up and rid the system of deep-seated coughs every time.

### SHE MEANT VIRAGO.

"I never dare to look down when I'm standing on a high place," said Mrs. Lapsling. "It always gives me an attack of verdigris."

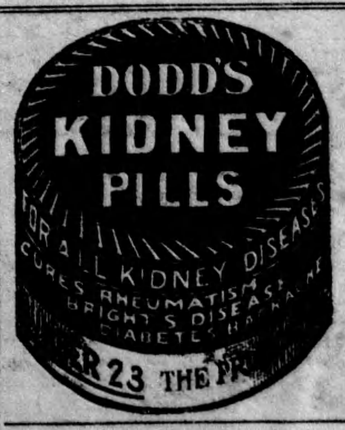
A Pleasant Purgative.—Parmelee's Vegetable Pills are so compounded as to operate on both the stomach and the bowels so that they act along the whole alimentary and excretory passage. They are not drastic in their work, but mildly purgative, and the pleasure of taking them is only equalled by the gratifying effect they produce. Compounded only of vegetable substances the curative qualities of which were fully tested, they afford relief without chance of injury

Sit down and wait for things to come your way, and the first thing that comes will be the wagon to haul you off to the county infirmary

**As Fire Spreads** in dry grass, so does an inflammation in the throat grow down into the lungs. Deal promptly with a cold as with a fire, and when you begin to cough use Allen's Lung Balsam.

### CONSERVATION IN CONVERSATION.

If people only said what they thought, there wouldn't be so much talking.







**Dr. Morse's Indian Root Pills**

cure many common ailments which are very different, but which all arise from the same cause—a system clogged with impurities. The Pills cause the bowels to move regularly, strengthen and stimulate the kidneys and open up the pores of the skin. These organs immediately throw off the accumulated impurities, and Biliousness, Indigestion, Liver Complaint, Kidney Troubles, Headaches, Rheumatism and similar ailments vanish. Dr. Morse's Indian Root Pills

**Save Doctor's Bills**

STOCKS.

Edward CRONYN & Co.
Members Toronto Stock Exchange.
Safe Investments Write for our weekly circular on securities.
Refer as to standing to any bank.
We have moved to our new building, 90 Bay St., Toronto.

EDUCATIONAL.

LEARN THE BARBER TRADE—NEW system—constant practice; careful instruction; few weeks complete course; tools free; graduates earn twelve to eighteen dollars weekly; write for catalogue. Moler Barber College, 221 Queen East, Toronto.

CALVES Raise Them Without Milk Booklet Free. Steele, Briggs Seed Co., Ltd., Toronto, Ont.

THE LINDMAN TRUSS will hold any reducible hernia. Endorsed by foremost medical men. Write for particulars. B. LINDMAN, (Reg'd), Montreal.

HOPE FOR THE DEAF—IN ACOUSTICON—one of the marvels of the electrical age. In use throughout the world. Write for catalogue. General Acoustic Co., of Canada, Ltd., 468 Yonge Street, Toronto.

**Marlatt's Hair Promoter**
Grows Hair on any Bald Head
On sale at the Robt. Simpson's Drug Department, Toronto, Can., or the Marlatt Hair Promoting Co., Toronto, Canada.


Farmers admire a cut-rate grocer until he cuts the price of butter and eggs.

**Allen's Lung Balsam** is especially intended to break up neglected coughs, and many hopeless cases have been saved by its use. Contains no opium in any form.

The hedgehog and the porcupine are truly a prickly pair.

**PILES CURED IN 6 TO 14 DAYS.**
PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Never judge a man's worth by the amount of insurance he carries.

**Minard's Liniment Cures Dandruff.**

### THE JOLLIER.

He doesn't always mean it,
When he comes along each day
With a cheery bit of smiling
And a pleasant word to say.
I know he has his troubles
And life isn't all a song,
But he's trying to forget 'em
As he jollies folks along.

He isn't all unselfish
As he greets his fellow-man;
He's quick to ask a service,
But he'll do one if he can.
His kindness is something
That ill fortune cannot budge;
It's only just a jolly,
But it's better than a grudge.


To whom it may concern: This is to certify that I have used MINARD'S LINIMENT myself as well as prescribed it in my practice where liniment was required and have never failed to get the desired effect.
C. A KING, M. D.


When a man fails in all his undertakings he blames his parents for the way they brought him up.

Pains Disappear Before It.—No one need suffer pain when they have available Dr. Thomas' Eclectric Oil. If not in the house when required it can be procured at the nearest store, as all merchants keep it for sale. Rheumatism and all bodily pains disappear when it is applied, and should they at any time return, experience teaches the user of the Oil how to deal with them.

The trouble with trouble is that it usually swoops down on us before we have a chance to sidestep it.

**What is the Best Thing** to strengthen weak back? "The D & L" Menthol Plaster. It will cure lumbago and rheumatism. $1 rolls make seven 25c. plasters. Davis & Lawrence Co., Montreal.

No man believes in any real heaven who does not sweat to make it real here.

In its initial stages a cold is a local ailment easily dealt with. But many neglect it and the result is often the development of distressing seizures of the bronchial tubes and lungs that render life miserable for the unhappy victim. As a first aid there is nothing in the handy medicine line so certain in curative results as Bickle's Anti-Consumptive Syrup, the far-famed remedy for colds and coughs.

The better the cause the greater the mischief of a base method.

**Minard's Liniment Cures Burns, Etc.**

### GENEROUS.

The Doctor—"Mrs. Murphy, you must be at your husband's sick bed constantly, as you will need to hand him something every little while."

Mrs. Murphy—"Niver, doctor! Fur be it from me to hit a man whin he's down."

Kitty—"Harry Dix says you are as pretty as a picture." Clara—"Nonsense! He didn't mean it." Kitty—"Oh, yes, he did. But, of course, you know Harry's taste in pictures isn't anything to brag about."

A Thorough Pill.—To clear the stomach and bowels of impurities and irritants is necessary when their action is irregular. The pills that will do this work thoroughly are Parmelee's Vegetable Pills, which are mild in action but mighty in results. They purge painlessly and effectively, and work a permanent cure. They can be used without fear by the most delicately constituted, as there are no painful effects preceding their gentle operation.

Few men appreciate freedom until they view it from the other side of the bars.

**Painkiller** in winter checks chills, breaks up colds and thus prevents Bronchitis, Lagrippe and Rheumatism. Unequalled as a liniment for frost bites, chilblains, bruises, sprains. Sold by all druggists. Only one Painkiller—Perry Davis'.

One-half the world doesn't lie awake at night worrying about how the other half lives.

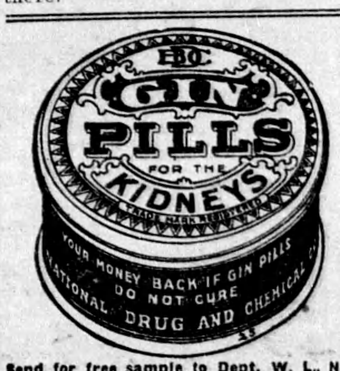
**Minard's Liniment for Sale Everywhere.**

The limit of satisfaction has been reached when you beat the other fellow at his own game.

**Free to Our Readers.**

Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about Your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes, Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation.

The Sentimental One—"Alas, many a smiling face conceals an aching heart." The Literal Idiot—"It seems to me that an aching tooth would be more likely to be there."

Send for free sample to Dept. W. L., National Drug & Chemical Co., Toronto.

CLEANING LADIES' . . . WALKING OR OUTING SUITS
Can be done perfectly by our French Process. Try it
BRITISH AMERICAN DYEING CO.
MONTREAL, TORONTO, OTTAWA & QUEBEC

Is Your Hearing Good?
The HEAR-O-PHONE will give you the benefits of good hearing. Send for free booklet, giving particulars and names of satisfied users. Also
Special Offer for a Month's Home Trial.
THE BRAND ELECTRO OZONE LIMITED,
334 Spadina Avenue, Toronto.

APPENDICITIS
Cured without operations. All who are afflicted with this disease and wish to be cured permanently, safely and quickly with this great Homeopathic remedy, which will be sent post-paid anywhere in the world with full instructions for using so as to effect a permanent cure. Price $2. Address
John T. Walt, Homeopathic Pharmacy, Arnprior, Canada.

IODINOL
The famous new discovery of the age, positively, quickly, completely relieves and cures Goitre, Thick Neck, Sciatica, Swellings, Bunions, Quinsy, etc. $1.00, or 6 for $5.00, mailed on receipt of price by
LYLE MEDICINE CO., Toronto.

When You're Hoarse Use
PISO'S CURE
THE BEST MEDICINE FOR COUGHS AND COLDS
Gives immediate relief. The first dose relieves your aching throat and allays the irritation. Guaranteed to contain no opiates. Very palatable.
All Druggists, 25c.

R R R

BACKACHE, LUMBAGO, PAIN IN THE KIDNEYS and ALL ACHING ORGANS
Radway's Ready Relief cures the worst pains in from one to twenty minutes. For Headache (sick or nervous), Toothache, Neuralgia, Rheumatism, Lumbago, pains in the back, spine or kidneys, pains around the liver, pleurisy, swellings of the joints, and pains of all kinds, use
RADWAY'S READY RELIEF.

SAVED HER FINGER.

Mrs. B. E. Bedwell, of 337 Provencher Ave., St. Boniface, Winnipeg, says:—"Some time ago my children took diphtheria, and while attending them the poison entered a small scratch on the second finger of my left hand. This became very sore and blood-poisoning soon set in. For months after the children were quite well I was suffering from a shockingly bad finger. The scratch was caused originally by a pin, and in itself, was not at all serious. The consequences, however, of neglecting this scratch, were very serious to me.
"When the blood-poisoning set in I tried poultices and a salve I had in the house. These, however, did not have the desired effect. Quite on the contrary the finger became more and more swollen and discolored. It then began to fester, and I had to call in a doctor. He lanced the finger to let out the pus, and you can imagine how painful the finger was! Despite his care, however, it again festered and the ointments, liniments, and other preparations which the doctor gave me seemed absolutely unable to bring about any relief.
"The doctor thereupon advised me to go into the St. Boniface Hospital. I feared that if I went to the Hospital the finger would be amputated. We were told of a case similar to my own in which Zam-Buk had effected a cure when everything else had failed and the doctor had said that only amputation could save the person's hand.
"We, therefore, decided to give Zam-Buk a trial. A supply was procured, and we commenced the Zam-Buk treatment. It only needed a few days to show the wisdom of this step. The blood-poisoning and inflammation were reduced, the pain became less acute, and it was evident very shortly that the trouble was being reduced to a less and still less area. We persevered with the Zam-Buk and in the end the festering sore was thoroughly cleaned, then healed. In under three weeks from first commencing with Zam-Buk, the finger was entirely well; and had we applied Zam-Buk in the first place, instead of trying ordinary preparations, no doubt I should have saved myself hours and hours of acute agony."
All mothers should note this case. Zam-Buk is a sure cure for blood-poisoning, festering, cuts, scratches from barbed wire, bruises, eczema, rashes, tetter, salt rheum, face sores, ulcers, piles, bad leg, varicose veins, and all skin injuries and diseases. 50c a box, all druggists and stores or post free from Zam-Buk Co., Toronto, for price. Send 1c stamp for postage of free trial box. Refuse all imitations.


ARTICLES FOR SALE.

SOUTH AFRICAN VETERANS WARrants bought and sold, 320 acres. Dickinson, Room 20, 43 Scott St., Toronto.

WANTED — SOUTH AFRICAN WARrants. Highest price paid. Fox & Ross, Scott St., Toronto.

MACHINERY

MACHINERY HEADQUARTERS.—Iron and wood-working machinery, engines, boilers, steam pumps, gasoline engines, electric motors, contractors' machinery, etc. Send for catalogue of over 1400 machines. H. W. PETRIE, Limited, Toronto, Montreal, Vancouver.

AGENTS WANTED.

AGENTS—$5 A DAY EASY. NO EXperience needed. Sells on sight. Absolute necessity to farmers. Does work of 50 men. Pays for itself in one hour. Write to-day. C. R. Adams Co., Sarnia, Ont.

THE NORTHERN LIFE ASSURANCE Company have good openings for experienced insurance writers, also for young men who desire to make money. Address, John Milne, Managing Director Northern Life, London, Ont.

FARMS FOR SALE.

NO. 6289—100 acres in the Township of Caradoc, in the County of Middlesex, soil, rich sandy loam, 3 1-2 acres orchard, 1 1-2 storey frame house, 2 frame barns and other outbuildings, a few rods to public school, and close to church, 4 miles from Strathroy market and R. R. Station.

NO. 6272—50 ACRES IN THE TOWNSHIP of Blandford, in the County of Oxford, soil, black clay loam, 2 storey concrete house, frame bank barn with stabling under, other outbuildings, buildings nearly new and in good repair, situated on Gravel road, 4 miles from Woodstock market and R. R. Station. This advertisement appears in over 200 newspapers. Inquirers will please state the paper in which they saw this advertisement. The Western Real Estate Exchange, Limited, 78 Dundas St., London, Ont.

BRITISH COLUMBIA—FORT GEORGE lands, 50,0000 acres fertile wheat and mixed farming lands. Send for photographs and surveyors' reports. The Wright Investment Co., Dominion Trust Building, Vancouver, B. C.

FOR SALE OR EXCHANGE, BUILDING lots and farm lands on easy payments. Will buy western property. S. M. Mathews, Room 11 1-2 75 Yonge Street, Toronto.


INVIGORATING TONIC
FOR RUN-DOWN PEOPLE
Your blood has become thin and weak. The drain upon your system the past few months has been very great. You are consequently feeling "all out of sorts" and "run down." Your appetite is bad and you hardly have enough energy left to do your daily duties. You should take PSYCHINE, the greatest of Tonics, without delay. This will put you on your feet at once.
Gentlemen:—"I have used PSYCHINE and I do think it is the greatest tonic and system builder known. I would advise all who are run-down or physically weak to use PSYCHINE." Yours truly, Mrs. Jas. Bertrand, West Toronto.
If you are weak PSYCHINE will make you strong.
For Sale by all Druggists & Dealers, 50c. & $1 per bottle.
Dr. T. A. SLOCUM LIMITED, TORONTO
PSYCHINE
PRONOUNCED SI-KEEN