SPRING REMINDERS OF RHEUMATISM

Raw, Damp Weather Starts the Pain, But the Trouble Lies in the Blood.

Changeable spring weather, often raw, cold and damp, is pretty sure to bring a time of misery to people who suffer from rheumatism. But it must be borne in mind that it is not the weather that causes rheumatism, the trouble is rooted in the blood—the damp, changeable weather merely starts the aches and often almost unbearable pains going The trouble must be reached through the blood, and the poisonous rheumatic acids driven out. This is a medical truth every rheumatic sufferer should realize. Liniments, outward applications and so-called electric appliances, never did, and never can, cure rheumatism. The sufferer is only wasting valuable time and money with this sort of treatment, and all the time the trouble is becoming more firmly rooted—and harder to cure. There is just one sure way to cure rheumatism—Dr. Williams' Pink Pills. They act directly on the impure, weak, acid-tainted blood. They purify and strengthen it and so root out the cause of rheumatism. Mr. John Finnamore, Marysville, N. B., says:—"I was laid up with rheumatic fever for a year, and for eight months of that time I could not go about. My blood had seemed to turn to water, and the pain I endured was at times almost unendurable. Notwithstanding I was under the doctor's care I was not regaining my strength and I decided to give Dr. Williams' Pink Pills a trial. I took altogether nine boxes and they simply worked wonders in bringing back my lost strength. I still take the Pills occasionally as I am working in a saw mill where the work is pretty heavy."

Not only rheumatic sufferers, but all who have any trouble due to weak, watery blood, will find a cure through Dr. Williams' Pink Pills. It is because of their direct action on the blood that these Pills cure such troubles as anaemia, indigestion, general weakness, neuralgia, and the aches, pains and secret troubles women folk alone know. Give Dr. Williams' Pink Pills a fair trial, and they will not disappoint you. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

"I always was lucky," said a tramp to his pal. "I don't see," replied the other, "how you can say that. Here you are, all run down, and not knowin' where your next meal's comin' from." "That's wot I tell you. It's just plain good luck. Wot if I was healthy, and had a big appetite?"

A WORD TO MOTHERS.

No matter whether baby is sick or well, Baby's Own Tablets should be kept in the home always. They not only cure the minor troubles to which babyhood and childhood is subject, but will prevent them coming on if the child is given an occasional dose of the medicine. Mrs. Geo. T. Walker, Mascouche Rapids, Que., says:—"I have used Baby's Own Tablets for constipation and other disorders of childhood and am so pleased with them that I always keep the Tablets in the house." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A practical joke is never funny when it's on the first person singu-

By Bribing the Nerves with opium you may stop a cough, but the inflammation goes from bad to worse. Allen's Lung Balsam, containing no opium, goes to the root of the trouble and cures deep-seated affections of throat and lungs.

The small streams that feed a river make its smooth water.

Holloway's Corn Cure is the medicine to remove all kinds of corns and warts, and only costs the small sum of twenty-five cents.

THE NATURAL PLACE.

"Where should a vessel encounter the teeth of a gale?'

"I don't know, unless it is in the mouth of a river."

Try this Sure Way To Dye Your Clothes

DY-O-LA

ONE DYE FOR ALL KINDS OF GOODS.

You don't have to know what KIND of cloth your Goods are made of. SAME Dye for ALL. No chance of Mistakes. All colors 10 cents from your Druggist or Dealer. Sample Card and Booklet Free. The Johnson-Richardson Co., Limited, Mont. G. Montreal, Que.

THE DOCTOR'S DIAGNOSIS.

Abnormal Sense of Duty and Supernormal Conscience.

"The trouble, madam," the doctor said to the lady who was thought to be somewhat run down, "the trouble is that you have permitted yourself to become a slave to your sense of duty. You have also, I venture to say, a supernormal conscience. These two make a combination whose insidious wear it would take a cast iron man to withstand.

"Your abnormally developed sense of duty prompts you to overwork, to leave nothing undone, and your supersensitive conscience is all the time prodding you to sacrifice yourself for others. You will have to learn to harden yourself a little; there is no danger that you will swing too far in the other direction. Learn to let things go.

"If my diagnosis is correct you worry yourself quite unduly over your household work; you think that everything must be done just so; besides being a slave to your sense of duty you have become also a slave of habit, which is the hardest of all taskmasters.

"You must learn to cut out something when occasion requires; learn to skip. This by itself is a beautiful art, to know what and when to skip; but even if you should, as we might say, madam, bungle a little in your skipping at the start, still it will do you good and you must learn the art. You will soon discover that the world will not go all to pieces if on a certain date you fail to dust in a certain way in a certain corner.

"As to your supernormal conscience I hesitate to speak as freely, for its development to its present pitch is due to your maternal love. I imagine that your life is one of constant, unflinching devotion to your children and I am sure that this devotion prompts you to do for them many things that you ought not to do.

"You think that if you fail in any duty to them you will be lacking, and this leads you to do for them many things that really they should do for themselves. This leads them more and more to lean on you and so steadily increases the load that you have to bear and which you think you must carry, which is bad for you and likewise bad for them, for thereby they learn to lean on others, whereas what they really need to learn is how to do for themselves.

"But upon this phase of your trouble, madam, I will not dwell; I should not seek to lessen the pleasure I know you find in doing for those you love; but as to your abnormal sense of duty regarding things in general I would say you must learn your duty to yourself.

"You must cease to grind arduously in all circumstances over every detail. You must learn that there are times when it is better to leave things undone than to do them, times when it is better far to skip some corner and pass serenely on.

"I am writing here,' the doctor said, as he paused for a moment in his talk, "a prescription for a tonic which I think will benefit you, but, madam, what you really need most of all is to learn the lovely art of occasionally letting something go."

BRUIN'S BUTTONS.

The inspector in a certain school asked the boys he was examining: "Can you take your warm overcoat off?"

"Yes, sir," was the response.

"Can the bear take his warm overcoat off?"

"No sir."

"Why not?"

There was silence for a while, and then a little boy spoke up:

"Please, sir, because God's made him without any buttons."

CURED OF LAME BACK WHEN 84.

Mr. Samuel Martin, of Strathroy, Ont., passed twenty years of his life in misery, suffering tortures from lame back. He tried nearly all advertised remedies and household recipes, but received no benefit from any of them.

Some months ago, seeing Gin Pills advertised, Mr. Martin purchased a box. The relief which Mr. Martin experienced after he had taken one box, was so great that he knew he had found the right remedy at last. He used two more boxes and is now completely cured.

50c. a box, 6 for $2.50. At all dealers. Free sample if you write National Drug & Chemical Co., (Dept. W. L.) Toronto.

A gentleman travelling stopped at the house of a pious old woman, and, observing her fondness for a pet dog, ventured to ask the name of the animal. The good woman answered by saying that she called him "Moreover." "Is not that a strange name" inquired the gentleman. "Yes," said the pious lady; "but I thought it must be a good one as I found it in the Bible." "Found it in the Bible!" quoted the gentleman. "Pray, in what part of the Bible did you find it?" The old lady took down her Bible with the utmost reverence, and, turning to the text, read as follows: "Moreover, the dog came and licked his sores."

Minard's Liniment for Sale Everywhere.

RHEUMATISM WEATHER THIS

BUT DODD'S KIDNEY PILLS ALWAYS CURE RHEUMATISM.

What They Did for W. H. Craine, and Why They Always Cure Rheumatism—They Remove the Cause.

Toronto, Ont., Mar. 21 (Special).—In these days of sudden changes of temperature known to so many suffering people as Rheumatism weather the experience of W. H. Craine, of 103 Gladstone Ave., this city, is of widespread interest. Mr. Craine suffered from Rheumatism. He is cured and he knows the cure. It was Dodd's Kidney Pills.

"Yes, I know Dodd's Kidney Pills cured my Rheumatism," Mr. Craine states. "For after I started taking them I used no other medicine. I never cease recommending Dodd's Kidney Pills to my friends."

Dodd's Kidney Pills cure Rheumatism by putting the Kidneys in condition to strain the uric acid out of the blood. It is uric acid in the blood that causes Rheumatism. Cold or damp causes it to crystallize at the muscles and joints and then comes those tortures every rheumatic knows only too well Dodd's Kidney Pills cure Rheumatism by curing the Kidneys. The cured Kidneys remove the cause of the Rheumatism.

Mamma—"I am delighted at the interest my boy is taking in his writing. He spends two hours a day at it." Visitor—"Really? How strange! How did you get him to do it?" Mamma—"Oh, I told him to write me out a list of everything he wants for his birthday, and he's still at it."

Family Cough Syrup

Cures Any Cough in Five Hours.

NEW PRESCRIPTION HERE.

Here is given the most effective cough prescription known to the medical world. It is a mild laxative, too, and this is what a body needs when suffering with cough and cold on the lungs. A cough or cold indicates poisons in the system, causing inflammation and congestion. Nearly all cough syrups relieve, but make the trouble worse by their constipating effects. This prescription not only relieves quickly, but it cures any cough that is curable. Get one-half ounce fluid wild cherry bark, one ounce compound essence cardiol and three ounces syrup white pine compound. Mix in a bottle. Take for acute cough or bronchitis twenty drops every half hour for four hours. Then one-half to one teaspoonful three or four times daily. Give children less according to age. A few hours' treatment will cure and heal the throat and lungs of all but consumptives. Cut this out and give it to some friend who may need it to be saved from an early death by consumption.

The man who respects the law need not fear it.

Marion Bridge, C. B., May 30, '02.

I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of Liniment I handle.

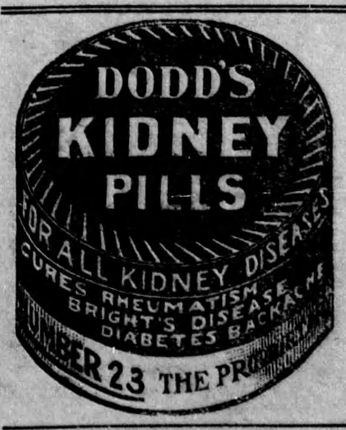
NEIL FERGUSON.

A man is never a man until he is married, and then he ceases to be one.

Welcome as Sunshine after a storm is the relief when an obstinate, pitiless cough has been driven away by Allen's Lung Balsam. No opium in it. The good effect lasts. Take a bottle home with you this day.

"I say," asked Jenks, as he walked into Bink's shop, sample-case in hand, "can a cowhide in a boot shop?" Binks wasn't at all slow. "No," he said; "but calf-skin."

"I wonder if that rich uncle of Wilson's remembered him when he made his will? Wilson used to sing to him." "He must have; he didn't leave Wilson a penny."



ISSUE NO. 13—10.

STOCKS.

Edward CRONYN & Co.

Members Toronto Stock Exchange.

Safe Investments Write for our weekly circular on securities.

Refer as to standing to any bank.

We have moved to our new building, 90 Bay St., Toronto.

Dyeing! Cleaning!

For the very best send your work to the "BRITISH AMERICAN DYEING CO."

Look for agent in your town, or send direct.

Montreal, Toronto, Ottawa, Quebec.

UNCLE EZRA SAYS:

"Some men listen so intent to hear opportunity knock at their doors that they don't hear their wives luggin' in the wood."

The merits of Bickle's Anti-Consumptive Syrup as a sure remedy for coughs and colds are attested by scores who know its power in giving almost instant relief when the throat is sore with coughing, and the whole pulmonary region disordered in consequence. A bottle of this world-famed Syrup will save doctor's bills, and a great deal of suffering. Price 25 cents, at all dealers.

"What's the use of searching for the North Pole, anyway?" "Why, it would save thousands of dollars if it were found. It wouldn't be necessary to send any more expeditions to look for it."

Free to Our Readers.

Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about Your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes, Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation.

They who are candid over little faults often have big ones in the closet.

As the Oil Rubs in, the Pain Rubs Out.—Applied to the seat of a pain in any part of the body the skin absorbs the soothing liniment under brisk friction and the patient obtains almost instant relief. The results of the use of Dr. Thomas' Eclectric Oil have surprised many who were unacquainted with its qualities, and once known it will not be rejected. Try it.

One form of pious gymnastics is to walk one way and point the other.

We Make the Emphatic Statement that "The D & L" Menthol Plaster will do more to relieve neuralgia, lame back, lumbago and kindred troubles than any other plaster. 25c tins and $1 yd. rolls. All druggists.

The empty head is always eloquent on the subject of a full heart.

Minard's Liniment Relieves Neuralgia.

Smith—"I'm not very well, thank you Nasty pain in my temples—" Jones—"Oh, that must be neuralgia." Smith—"No; can't be neuralgia—I've had it quite a month."

Trial is Inexpensive.—To those who suffer from dyspepsia, indigestion, rheumatism or any ailment arising from derangement of the digestive system, a trial of Parmelee's Vegetable Pills is recommended, should the sufferer be unacquainted with them. The trial will be inexpensive and the result will be another customer for this excellent medicine. So effective is their action that many cures can certainly be traced to their use where other pills have proved ineffective.

Beautiful Widow—"Do you know, I am forty years old to-day?" Gallant Bachelor—"Madam, you are just twenty. I never believe more than half of what I hear."

PILES CURED at HOME by New Absorption Method

If you suffer from bleeding, itching, blind or protruding Piles, send me your address, and I will tell you how to cure yourself at home by the new absorption treatment; and will also send some of this home treatment free for trial, with references from your own locality if requested. Immediate relief and permanent cure assured. Send no money, but tell others of this offer. Write to-day to Mrs. M. Summers, Box P. 720, Windsor, Ont.

Suffragist—"We believe that a woman should get a man's wages." Married Man—"Well, I know one woman who gets mine."

There is nothing equal to Mother Graves' Worm Exterminator for destroying worms. No article of its kind has given such satisfaction.

Great story about rubber prices going still higher. This yarn is not stretched.

TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box 25c.

Grace has no time to groan.

Minard's Liniment Cures Burns, Etc.

AN AWFUL FALL.

"Spearing of bad fallsrdl ladadu

"Speaking of bad falls," remarked Jones, "I fell out of a window once, and the sensation was terrible. During my transit through the air I really believe I thought of every mean act I had ever committed in my life."

"Hum!" growled Thompson; "you must have fallen an awful distance."

SPRING SKIN TROUBLES.

Are Cured by Zam-Buk.

At this season, scores of people—girls and young women especially—find their faces disfigured by pimples, dark spots, eruptions, etc. The skin needs attention.

Just think what it has gone through! You have been out in rain and sleet and snow. You have been at one moment perspiring from skating, or some other exertion. Then you have stood to "cool off." You have spent hours of the day indoors at a temperature equal to summer heat. Then you have covered up your skin—except your face—and gone out into a temperature away below zero!

Don't forget that the skin has to do work just as any other organ of the body, and if you overwork it, it gives out. Zam-Buk is the remedy. Smear it lightly over the spots, the eruptions, the sallow patches, at night, and notice how quickly your appearance improves. As the rich, refined, herbal essences sink deep into the tissue, the hard, scurvy-like patches are removed. Better color results. The cells of the skin become transparent, and the delicate bloom of health replaces the sallowness and pallor of disease.

Zam-Buk also cures eczema, ulcers, chaps, ringworm, cuts, burns, bruises, children's rashes, piles, etc. All druggists and stores at 50c. box, or Zam-Buk Co., Toronto, for price. Refuse harmful substitutes and imitations.

You might do worse than exaggerate the goodness of your friends.

These Pills Cure Rheumatism.—To the many who suffer from rheumatism a trial of Parmelee's Vegetable Pills is recommended. They have pronounced action upon the liver and kidneys and by regulating the action of these organs act as an alternative in preventing the admixture of uric acid and blood that causes this painful disorder. They must be taken according to directions and used steadily and they will speedily give evidence of their beneficial effects.

It doesn't take much work to convince a man that he needs a rest.

A Sudden Chill often means sudden illness. Painkiller is all that is needed to ward it off. Unequalled for cramps and diarrhoea. Avoid substitutes, there is but one "Painkiller"—Perry Davis'.

Few men have the courage to admit they are cowards.

"Only One "BROMO QUININE"

That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the world over to Cure a Cold in One Day. 25c.

Cold cash is responsible for many a hot old time.

Minard's Liniment Cures Dandruff.

Some people's only aim in life is to look for a larger target.

Children Like PISO'S CURE

THE BEST MEDICINE FOR COUGHS AND COLDS

It is so pleasant to take—stops the cough so quickly. Absolutely safe too and contains no opiates.

All Druggists, 25 cents.

APPENDICITIS

Cured without operations. All who are afflicted with this disease and wish to be cured permanently, safely and quickly with this great Homeopathic remedy, which will be sent post-paid anywhere in the world with full instructions for using so as to effect a permanent cure. Price $2. Address

John T. Wait, Homeopathic Pharmacy, Arnprior, Canada.

Is Your Hearing Good?

The HEAR-O-PHONE will give you the benefits of good hearing. Send for free booklet, giving particulars and names of satisfied users. Also

Special Offer for a Month's Home Trial.

THE BRAND ELECTRO OZONE LIMITED,

334 Spadina Avenue, Toronto.

A GREAT DEMAND FOR

PAPER STOCK

WASTE PAPER OF ALL GRADES.

Also Rags, Iron, Metals, Rubbers, Etc.

E. PULLAN, Adelaide and Maud Sts., Toronto, Ont.

Phone for particulars. Main 460

IODINOL

The famous new discovery of the age, positively, quickly, completely relieves and cures Goitre, Thick Neck, Sciatica, Swellings, Bunions, Quinsy, etc. $1.00, or 6 for $5.00, mailed on receipt of price by

LYLE MEDICINE CO., Toronto.

Kidneys Wrong?

If they are, you are in danger. When through weakness or disease the kidneys fail to filter the impurities from the blood, trouble comes at once. Backache, Rheumatism, Sciatica, Gravel, Diabetes, Gall Stones and the deadly Bright's Disease are some of the results of neglected kidneys. Dr. Morse's Indian Root Pills contain a most effective diuretic which strengthens and stimulates the kidneys so that they do their work thoroughly and well. Try

Dr. Morse's Indian Root Pills

EDUCATIONAL.

LEARN THE BARBER TRADE—NEW system—constant practice; careful instruction; few weeks complete course; tools free; graduates earn twelve to eighteen dollars weekly; write for catalogue. Moler Barber College, 221 Queen East, Toronto.

ARTICLES FOR SALE.

AFRICAN WARRANTS BOUGHT AND sold, good for 320 acres Western lands, immediate delivery. Rogers & Co., 30 Toronto St., Toronto. College 1989.

SOUTH AFRICAN VETERANS WARrants bought and sold, 320 acres. Dickinson, Room 20, 43 Scott St., Toronto.

WANTED — SOUTH AFRICAN WARrants. Highest price paid. Fox & Ross, Scott St., Toronto.

BUY YOUR PIANOS BY MAIL, AMONG our cash bargains in used upright Pianos, some in use less than six months are Heintzman, $125. Nordheimer, $140. Schumann, $165. Bell, $175. Milton, $185. Mason & Risch, $195. Leach, $195. Each instrument warranted. $5 extra for boxing. Write immediately for particulars. The Leach Piano Co., Limited, Montreal.

MACHINERY

MACHINERY HEADQUAREERS. — Iron and wood-working machinery, engines, boilers, steam pumps, gasoline engines, electric motors, contractors' machinery, etc. Send for catalogue of over 1400 machines. H. W. PETRIE, Limited, Toronto, Montreal, Vancouver.

AGENTS WANTED.

AGENTS—$5 A DAY EASY. NO EXperience needed. Sells on sight. Absolute necessity to farmers. Does work of 30 men. Pays for itself in one hour. Write to-day, C. R. Adams Co., Sarnia, Ont.

WANTED—LOCAL AND GENERAL Agents—Liberal contracts to good men; apply by letter. Continental Life Insurance Company, Toronto. Correspondence confidential.

FARMS FOR SALE.

NO. 6265—90 ACRES IN THE TOWNSHIP of West Flamboro, in the County of Wentworth, soil, sand and clay loam, 3 storey brick house, frame bank barn, stone foundation, stabling under, 40x70, other outbuildings, situated 1-4 mile to public school, 1-2 mile to church, 1 1-2 miles to Dundas R. R. Station, and 6 miles to Hamilton. Price $9,000.

NO. 6228—100 ACRES IN THE TOWNSHIP of Metcalfe, in the County of Middlesex, soil, clay and sand loam, 1 1-2 storey brick house, frame barn, on cement walls, stabling under barn, drive barn and other outbuildings, telephone and rural free mail delivery, school on farm, on Gravel road, 2 miles to R. R. Station. Will exchange for smaller farm, or for City or Town property.

This advertisement appears in over 200 newspapers. Inquirers will please state the paper in which they saw this advertisement.

The Western Real Estate Exchange, Limited, 78 Dundas St., London, Ont.

CALVES Raise Them Without Milk Booklet Free. Steele, Briggs Seed Co., Ltd., Toronto, Ont.

THE LINDMAN TRUSS will hold any reducible hernia. Endorsed by foremost medical men. Write for particulars. B. LINDMAN, (Reg'd), Montreal.

HOPE FOR THE DEAF—IN ACOUSTICON—one of the marvels of the electrical age. In use throughout the world. Write for catalogue. General Acoustic Co., of Canada, Ltd., 453 Yonge Street, Toronto.

Marlatt's Hair Promoter

Grows Hair on any Bald Head

On sale at the Robt. Simpson's Drug Department, Toronto, Can., or the Marlatt Hair Promoting Co., Toronto, Canada.

DO YOU WANT TO KNOW

1001 curious (mostly untold) facts about Human Nature? Read Dr. Foote's "Wonder" book on the delicate subjects of Love, Marriage, Parentage, Health, Disease, and Freaks. It is the fruit of 50 years' experience of a successful author and practitioner. Full of advice necessary to every man and woman. Contains more vital facts than your doctor would give you for ten dollars. In 3 sections, 240 pages and 40 illustrations. Price 10c. L. L. Hill Book Co., 129 E. 28 St., New York

R R R

SPRAINS, BRUISES, BURNS, SCALDS, CUTS and CONTUSIONS

For Croup, Diphtheria, Influenza, Cramps, Spasms, Burns, Scalds, Accidents, Bruises, Falls, Gunshot Wounds, Poisonous Bites of Dogs, Snakes, Stings of Insects, etc., use

Radway's Ready Relief.

BRONCHITIS

If Neglected, it soon reaches the Lungs and may Prove Fatal.

Mr. G. L. Garrow of 116 Millicent St., Toronto, writes under date of September 13, 1908, "One year ago this spring I contracted a severe cold in the chest, which developed into Bronchitis. I took three kinds of medicine and found no improvement. A friend of mine advised me to try PSYCHINE and in three days I felt like a new man again. I desire to let others know what a valuable cure you have in PSYCHINE for it cured me where all other medicines had failed. I am more than thankful to be well again, and for the sake of others who may be ill, you may publish this testimonial."

Stop that cold or the results will be serious. You can do this by toning up the system with PSYCHINE.

For Sale by all Druggists, 50c. & $1 per bottle

Dr. T. A. SLOCUM LIMITED, TORONTO

PSYCHINE

PRONOUNCED SI-KEEN