THE DARK DAYS OF STOMACH TROUBLE

Obstinate Indigestion Can be Cured by a Fair Use of Dr. Williams' Pink Pills.

No trouble causes more widespread suffering and discomfort than indigestion. The ailment takes various forms. Some victims are ravenous for food; others turn sick and faint at the sight of meals; but as a rule every meal is followed by intense pains in the chest, heartburn, sick headaches, dizziness and shortness of breath. Indigestion assumes an obstinate form because ordinary medicines only subdue its symptoms—but do not cure. So-called predigested foods only make the digestion more sluggish, and ultimately make the trouble take a chronic form.

Dr. Williams' Pink Pills cure indigestion because they go right to the root of the trouble. They make new, rich blood that invigorates weakened organs, thus strengthening the digestive system so that the stomach does its own work. That is the Dr. Williams' way—the rational way—to cure indigestion and the ailments that arise from it. This has been proved time after time in the published cures wrought by Dr. Williams' Pink Pills. Miss Blanche Wallace, Dartmouth, N. S., says:— "I suffered greatly with my head and stomach, and often took fainting spells. I could not retain anything on my stomach and while I naturally craved food I really dreaded mealtime with the pain and discomfort that followed. I tried a number of remedies, but got no relief. My mother was using Dr. Williams' Pink Pills at the time with so much benefit that she induced me to try them. The result was that soon the trouble had passed away, and I have since enjoyed the best of health."

Dr. Williams' Pink Pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for $2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

WHO CARED.

A traveller relates a singular and unpleasant experience he had on one occasion when, in a district unknown to him, he strayed from the right path. To make matters worse, a heavy rain set in. He wandered on through the wet and darkness, and finally in a narrow road came to a house, which was in darkness. He thumped loudly on the door. There was no answer, so he tried again. This time a window went up.

"Well, who is it?" came in a growling voice.

"A friend," the traveller replied.

"Well, what do you want?"

"I would like to stay here all night."

"Well, stay there, then!" And the window fell with a bang.

CROSS, SLEEPLESS BABIES ARE SICKLY BABIES

When little ones are sleepless and cross it is a sure sign that they are not well. Probably the little stomach or the bowels is out of order, or the child may be suffering from teething troubles. Give Baby's Own Tablets and see how quickly the child grows well and happy and sleeps soundly—not the drugged sleep of "soothing" medicines, but the natural sleep of health. Mrs. Edward Sicord, Maskinonge, Que., says: "I have used Baby's Own Tablets for indigestion and other troubles of childhood, and they always work like a charm. They always keep my little one well." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The part of the average man's life that isn't spent getting into trouble is spent trying to get out.

PILES CURED IN 6 TO 14 DAYS.
PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

A GENTLE HINT.

Visitor (at the table)—"So you are a good little girl, Mamie, and always mind mamma, your papa says."

Mamie (in the proud consciousness of virtue)—"Yeth, thir; the told me not to ath for another pieth o' pie, and I ain't never done it."

Constipation

is an enemy within the camp. It will undermine the strongest constitution and ruin the most vigorous health. It leads to indigestion, biliousness, impure blood, bad complexion, sick headaches, and is one of the most frequent causes of appendicitis. To neglect it is slow suicide. Dr. Morse's Indian Root Pills positively cure Constipation. They are entirely vegetable in composition and do not sicken, weaken, or gripe. Preserve your health by taking

Dr. Morse's Indian Root Pills

"DOWN UNDER."

Many Vessels Entirely Disappear Every Year.

Sailors, whose superstitions proverbially outnumber other people's, consider that every lost vessel from which no wreckage is recovered goes to join the great army of phantom vessels that, like the Flying Dutchman, for ever cruise around, captain, crew, passengers, and all, to the danger of honest seamen and the detriment of shipping. Really, this belief is easily understood—the sea holds so many secrets.

In the year 1899 alone no less than 107 vessels totally disappeared, and are to-day registered as "Fate unknown"; and Lloyd's reports reveal the astounding fact that, on the average, sixty ships with their entire crews, are annually blotted out from human ken. Historic instances abound. In May, 1850, the Lady Nugent left Madras with 400 souls on board, never to be heard of again. The City of Glasgow, carrying 550 people, met a similar fate in March, 1854; while in the January of '41 the English-American liner President left Maderia for Liverpool, but never arrived. The stories of all these human beings united together in one last hour of agony may well be imagined, but can never be known.

The ships have gone; that is all.

CLEANING LACE CURTAINS.

Lace curtains will not bear rubbing. All the work must be done carefully and gently.

For two pairs of curtains half fill a large tub with warm water and add to it half a pound of soap, which has been shaved fine and dissolved in two quarts of boiling water; add also about a gill of household ammonia.

Let the curtains soak in this over night. In the morning sop them well in the water and squeeze it all out, but do not wring the curtains.

Put them into another tub of water, prepared with soap and ammonia, as on the night before; sop them gently in the water, and then, after squeezing out the water, put them in a tub of clean warm water.

Continue to rinse them in fresh tubs of water until there is no trace of soap; next rinse them in water containing bluing.

CURED HIS RHEUMATISM.

Yarmouth, N.S., June 2nd, 1908.

"I have been bothered with Rheumatism for the past year and have taken a good many kinds of medicine and found no relief for it.

"One day a friend advised me to try Gin Pills, so I did, and after taking only one box of them, I felt like a new man.

"I thought I would write you a few lines to let you know how thankful I am for the relief they gave me, and would advise all sufferers from Rheumatism to get Gin Pills." WM. CONTY.

Sample free if you write National Drug & Chem. Co., (Dept. W.L.), Toronto. All Dealers have Gin Pills at 50c. a box—6 for $2.50.

WON £40,000 IN LOTTERY.

Three Men of Poictiers Drew the Winning Ticket.

The first prize of £40,000 in the second drawing of the French State lottery was won by a baker, his assistant, and a barber, of Poictiers.

A ticket had been bought by the three, who had agreed that if they won less than £2 they should spend it on a Christmas Eve banquet.

The hairdresser only started business eight months ago, when he married the daughter of a police sergeant. He states that his first care will be to provide liberally for his aged father for the rest of his days.

The baker's assistant, an ex-soldier, was extremely excited by the good news, and rushed off to his sweetheart to propose they should be married at once.

Mothers, Give the Children a Chance.

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W 720, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

The man who does his best will hold his job longer than the man who could do better, but doesn't.

He—"I suppose if I kissed you, you would never speak to me again?" She—"Why do you always look on the dark side of things?"

We are told that two heads are better than one, but we believe one is better than a dozen of some brands.

Many a man is apt to feel that you are not treating him right when you steer him up against a soda fountain.

The power of an argument may depend on the compressed air back of it.

Too many eye openers are apt to make a man see double.

HE IS THANKFUL HE HEARD OF THEM

THAT'S WHAT ANTOINE COTTENOIRE SAYS OF DODD'S KIDNEY PILLS.

They Cured His Diabetes After the Doctors Had Failed to Give Him Relief—What Dodd's Kidney Pills Do and Why.

St. Pie de Guire, Yamaska Co., Que., Jan. 24 (Special).—That there is one sure cure for deadly Diabetes, and that cure is Dodd's Kidney Pills is proved once more in the case of Mr. Antoine Cottenoire, a well known resident of this place.

"I am thankful I ever heard of Dodd's Kidney Pills." Mr. Cottenoire states. "They cured me of Diabetes. I suffered with Backache. I always felt drowsy. I had severe headaches and my limbs would cramp. I had a dizzy feeling and felt tired in the region of the kidneys, with a dragging heavy sensation across the loins.

"I was treated by the doctors, but got no benefit from them. Then I heard of cures made by Dodd's Kidney Pills, and made up my mind to try them. I took in all three dozen boxes of Dodd's Kidney Pills. To-day I am free from Kidney trouble of all kinds.

"Dodd's Kidney Pills also cured me of stomach trouble from which I suffered for twenty-five years."

Diabetes is one of the most deadly forms of Kidney Disease. But Dodd's Kidney Pills cure any form of Kidney Disease. They also by curing the Kidneys cure all those diseases that come from disordered Kidneys, such as Rheumatism, Lumbago and Heart Disease.

ACCOMPLISHED.

Bleeker—"Your wife is a college graduate isn't she?"

Meeker—"Rather. She can give me pieces of her mind in three languages."

UNCLE EZRA SAYS:

"They're just ez good fish in the sea ez they is in the market, an' a hull lot fresher."

Connie—"She told me you told her that secret I told you not to tell her." Gladys—"The mean thing! I told her not to tell you I told her." Connie—"I promised her I wouldn't tell you she told me, so don't tell her I told you."

FIRE DESTROYS CASH AND VALUABLES.

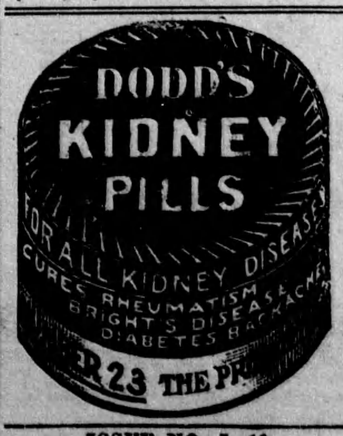
Quite frequently a heading such as the above strikes one's attention in the papers. How foolish it is of people to keep money in the house that may be destroyed by unexpected fire.

Fire is not the only way in which your money may disappear if kept in the house. Thieves may break through and steal and there are numerous ways in which your hard earned cash may be lost to you forever.

The Traders Bank of Canada, with over One Hundred Branches in Canada, offers special facilities to Savings Bank Depositors. People who live in the country or some distance from a Bank may easily transact all their business by mail. Write to Advertising Department, The Traders Bank of Canada, Toronto, mentioning this paper and they will send you a handsome booklet entitled, "Banking by Mail," explaining how you may easily do your banking safely and promptly through the mail.

It Has Many Offices.—Before the German soldier starts on a long march he rubs his feet with tallow, for his first care is to keep his feet in good condition. If he knew that Dr. Thomas' Eclectric Oil would be of much better service he would throw away his tallow and pack a few bottles of the Oil in his knapsack. There is nothing like it.

"Pa, what does it mean to be tried by a jury of one's peers?" "It means, my son, that a man is tried by a jury composed of men who are his equals, or on equality with him, so that they will have no prejudice against him." "Then, pa, I s'pose you'd have to be tried by a jury of baldheaded men?"



ISSUE NO. 5—10.

AN EXCELLENT REMEDY.

Will Break Up a Cold in Twenty-four Hours and Cure Any Cough That is Curable.

The following mixture is often prescribed and is highly recommended for coughs, colds and other throat and bronchial trouble: Mix two ounces of Glycerine, a half ounce of Virgin Oil of Pine compound pure, and eight ounces of pure Whisky. These can be bought in any good drug store and easily mixed together in a large bottle. The genuine Virgin Oil of Pine compound pure is prepared only in the laboratories of the Leach Chemical Co., Cincinnati, and put up for dispensing in half-ounce vials.

"Where is the girl of long ago?" sings Joaquin Miller. We saw her the other day, Joaq. But she isn't a girl any more. She had grey hair, and a wart on her nose, had no teeth, and wore specs.

A Sudden Chill often means sudden illness. Painkiller is all that is needed to ward it off. Unequalled for cramps and diarrhoea. Avoid substitutes, there is but one "Painkiller"—Perry Davis'.

OATMEAL COOKIES.

Oatmeal Cookies.—One cupful of lard, or one-half cupful of each lard and butter, one cupful of brown sugar, two eggs, seven tablespoonfuls sour cream, one teaspoonful soda, one teaspoonful cinnamon, one-fourth teaspoonful nutmeg, one cupful oatmeal, two cupfuls flour, salt, one cupful chopped raisins, one-half cupful chopped nut meats, add oatmeal last; they are drop cookies; do not bake too quickly.

Another Recipe.—One cupful of sugar, one-half cupful of butter, one-half cupful of lard, two eggs, one-quarter teaspoonful of soda dissolved in two-thirds cupful of milk, two cupfuls of oatmeal, one cupful of chopped English walnuts, one cupful of chopped raisins, two cupfuls of flour. Drop in pan and cook in slow oven.

EASE FOR PILES.

"I Used To Suffer, But——"

This is the experience of a lady who used to suffer from this terrible ailment, but found a cure. The writer is Mrs. E. Boxall, of 97 Scott street, St. Thomas. She says: "I consider it my duty to write of the benefits derived from using Zam-Buk. For some months I was a constant sufferer from bleeding piles. I used a great many ointments, but got no relief until I tried Zam-Buk. It cured me, and I have had no return of the trouble. Since my cure I have advised several others suffering from piles to use Zam-Buk, and in each instance have had satisfactory results."

If you suffer from this ailment apply Zam-Buk at night before retiring, and you will be satisfied with the trial! A contributory cause of piles is often constipation, and a mild laxative will greatly aid the operation of Zam-Buk. For fistula, inflamed patches, and sores due to blood poisoning, etc., Zam-Buk is equally effective.

Zam-Buk is also a cure for eczema, ulcers, cuts, burns, bruises, rashes, chapped hands, frost bite, cold sores, bad leg, etc. All druggists and stores sell at 50c box, or post free for price from Zam-Buk Co., Toronto.

A man who is serving a life sentence in prison has written a book—probably to demonstrate the power of the pen.

One trial of Mother Graves' Worm Exterminator will convince you that it has no equal as a worm medicine. Buy a bottle and see if it does not please you.

Kindly mention the name of this paper in writing to advertisers.

There are lots of happy married people, but they are seldom heard of because of the noise made by the unhappy bunch.

Welcome as Sunshine after a storm is the relief when an obstinate, pitiless cough has been driven away by Allen's Lung Balsam. No opium in it. The good effect lasts. Take a bottle home with you this day.

People who feel that nothing is too good for them are naturally dissatisfied when they get nothing.

It is Wise to Prevent Disorder.—Many causes lead to disorders of the stomach and few are free from them. At the first manifestation that the stomach and liver are not performing their functions, a course of Parmelee's Vegetable Pills should be tried, and it will be found that the digestive organs will speedily resume healthy action. Laxatives and sedatives are so blended in these pills that no other preparation could be so effective as they.

She (sighing)—"Oh, I met such a lovely polite man to-day." He—"Where was that?" She—"In the street. I must have been carrying my umbrella carelessly, for he bumped his eye into it. I said, 'Pardon me,' and he said, 'Don't mention it; I have another eye left.'"

More Like Business.

The three large railway systems are now said to be willing to put up a half million each toward the cost of the Selkirk Centennial if the event is postponed until 1913. That looks more like business. It also looks as though the railways had held off until they found out whether the Federal Government could be let in for the whole cost of the spree.—Edmonton Bulletin.

Canada Is Only Beginning.

The United States is cutting down army expenditure by $38,000,000 and navy expenditure by $45,000,000. This shows a wise appreciation of a fortunate position. Our neighbors are too strong to fear aggression, and should be too just to practice it.—Toronto Globe

Always Serviceable.—Most pills lose their properties with age. Not so with Parmelee's Vegetable Pills. The pill mass is so compounded that their strength and effectiveness is preserved and the pills can be carried anywhere without fear of losing their potency. This is a quality that few pills possess. Some pills lost their power, but not so with Parmelee's. They will maintain their freshness and potency for a long time.

LOVE.

"I know a man," said Uncle Eben, "dat says he loves nature. But he never goes out in de woods wifout a shotgun. Dat's de way some folks loves deir neighbors."

Free to Our Readers.

Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about Your Eye Trouble and they will advise as to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Sore Eyes, Strengthens Weak Eyes, Doesn't Smart, Soothes Eye Pain, and sells for 50c. Try It in Your Eyes and in Baby's Eyes for Scaly Eyelids and Granulation.

DISCOVERED.

Too Skilful Palmist—"This deep line of destiny is most remarkable. It shows that something connected with the sea has made a strong impression on you."

The Subject—"You are right; that is the scar from a gash I made when opening oysters."

By Bribing the Nerves with opium you may stop a cough, but the inflammation goes from bad to worse. Allen's Lung Balsam, containing no opium, goes to the root of the trouble and cures deep-seated affections of throat and lungs.

GOOD ENOUGH.

George—"Do you think that I'm good enough for you, darling?"

Darling—"No, George; but you're too good for any other girl."

TO CURE A COLD IN ONE DAY
Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

SATISFYING HER.

A Modern Maid—"Am I the first girl you ever loved?"

Modern Youth—"I cannot tell a lie. You are not. You are simply the best of the bunch."

Bickle's Anti-Consumptive syrup is the result of expert chemical experiments, undertaken to discover a preventive of inflammation of the lungs and consumption, by destroying the germs that develop these diseases, and fill the world with pitiable subjects hopelessly stricken. The use of this Syrup will prevent the dire consequences of neglected Colds. A trial, which costs only 25 cents, will convince you that this is correct.

ALL SHE NEEDED.

"I love you! Will you marry me?"

"This is so sudden!"

"Well?"

"Give me a little time."

"How much time?"

"Enough to go into the library and ask papa."

We Make the Emphatic Statement that "The D & L" Menthol Plaster will do more to relieve neuralgia, lame back, lumbago and kindred troubles than any other plaster. 25c tins and $1 yd. rolls. All druggists.

DEFINED.

Teacher—"What is a barbarian?"

Pupil—"A man who cuts hair, sir!"

Hard and soft corns cannot withstand Holloway's Corn Cure; it is effectual every time. Get a bottle and be happy.

"What's the matter, dear?" asked Mr. Justwed as he came into the house and found his wife crying as if her heart would break. "I am so discouraged," she sobbed. "What has bothered my little wife?" "I worked all the afternoon making custards, because I knew you were so fond of them, and—and——" here she began weeping hysterically again. "And what, darling?" "And they turned out to be sponge cakes."

HORSE OWNERS! USE GOMBAULT'S CAUSTIC BALSAM.

A safe, speedy and positive cure. The safest, Best BLISTER ever used. Removes all bunches from Horses. [illegible] Send for descriptive circular. [illegible]

THE LAWRENCE-WILLIAMS CO., TORONTO, ONT.

For Asthma, Bronchitis and all Throat Troubles Take

PISO'S CURE

THE BEST MEDICINE FOR COUGHS AND COLDS

The relief is as quick as it is certain. Pleasant to take and guaranteed absolutely free from opiates.

All Druggists, 25 cents.

THE BISHOP'S HAT.

The Bishop of London was calling a few days ago at the house of a friend, and after he left the hostess explained to her little son something about the duties and the honourable post of a bishop. "Is not the bishop a very poor man, mother?" inquired the little boy. "Certainly not; why should you think so?" "Because, mother, I noticed that his hat was all tied up with string."

When papa wants to get an extra half-hour's sleep in the morning some of the children are sure to give a voluntary imitation of an alarm clock.

LA GRIPPE

Arrested, and Consumption Cured

Mr. G. D. Colwell, of Walkerville, Ont. was stricken down with La Grippe in 1906 and it left him in very bad condition. He says: I was all run down and bordering on Consumption. I could not sleep at nights, had awful sweats, and coughed nearly the whole time. This is how I was when I began to take Psychine, in a low nervous state; but from the first bottle I began to improve. It did marvels for me and brought me back to health in no time, making a new man of me. It fortifies the body against the attacks of La Grippe and is a sure preventative. I always take Psychine if I feel a cold coming on and it puts me right in no time."

NO HOME SHOULD BE WITHOUT PSYCHINE

For Sale by all Druggists and Dealers, 50c. & $1 per bottle.

Dr. T. A. SLOCUM LIMITED, TORONTO

PSYCHINE

PRONOUNCED SI-KEEN

AGENTS WANTED.

WANTED — RELIABLE PARTIES TO do machine knitting for us at home; $7 to $10 per week easily earned; wool, etc., furnished free; distance no hindrance. For full particulars address the Dominion Knitting Co., Dept. W., Orillia, Ont.

AMBITIOUS representation wanted in every locality to sell "Modern" specialties. Secure your territory now. "Turn time into gold." $5.00 to $10.00 a day can be easily made. Write to-day. Modern Goods Co. of Canada, Owen Sound, Ont.

CALVES Raise Them Without Milk Booklet Free. Steele, Briggs Seed Co., Ltd., Toronto, Ont.

HOPE FOR THE DEAF—IN ACOUSTICON—one of the marvels of the electrical age. In use throughout the world. Write for catalogue. General Acoustic Co., of Canada, Ltd., 468 Yonge Street, Toronto.

Increase Your Yield of Oats and Barley.

Geo. Keith & Sons, Seed Merchants, Toronto, offer Scotch grown, Regenerated Banner Oats, and O. A. C. No. 21 Mandscheuri Barley in 5 bushel lots, bags free, at $1.25 per bushel. Send for samples and see for yourselves. Also catalogue.

CLEANING LADIES' . . . WALKING OR OUTING SUITS

Can be done perfectly by our French Process. Try it

BRITISH AMERICAN DYEING CO.

MONTREAL, TORONTO, OTTAWA & QUEBEC

FURS Do you trap or buy Furs? I am Canada's largest dealer, I pay highest prices. Your shipments solicited. I pay mail and express charges; remit promptly. Also largest dealer in Beefhides, Sheepskins, etc. Quotations and shipping tags sent free. 6

JOHN HALLAM, TORONTO

Marlatt's Hair Promoter

Grows Hair on any Bald Head

On sale at the Robt. Simpson Co., Toronto, Canada, or the Marlatt Hair Promoting Co., Toronto, Canada.

IODINOL

The famous new discovery of the age, positively, quickly, completely relieves and cures Goitre, Thick Neck, Sciatica, Swellings, Bunions, Quinsy, etc. $1.00, or 6 for $5.00, mailed on receipt of price by

Lyle Medicine Co., 718 Queen W., Toronto.

A GREAT DEMAND FOR

PAPER STOCK

WASTE PAPER OF ALL GRADES, Also Rags, Iron, Metals, Rubbers, Etc.

E. PULLAN, Adelaide and Maud Sts., Toronto, Ont.

Phone for particulars. Main 5[illegible]

R·R·R

Radway's Ready Relief

Grip, Colds, Etc., Pneumonia, Pleurisy and all Inflammatory Diseases

When one is "chilled through," or suffers from Rheumatic Pains, Sore Throat, Lumbago, Toothache, Neuralgia, Sciatica, Pneumonia, Tonsilitis, Inflammation of the Bronchial Tubes, Bowels or Lungs, Cramps, Sore Muscles, or Pains of any kind, use Radway's Ready Relief.

Kindly mention the name of this paper in writing to advertisers.