WOMEN WHO SUFFER

Dr. Williams' Pink Pills Give Regularity and Good Health.

Every woman at some time needs a tonic. At special times unusual demands are made upon her strength. Where these are added to the worry and hard work which falls to her lot, weakness will result unless the blood is fortified to meet the strain.

Weak women find in Dr. Williams' Pink Pills the tonic exactly suited to their needs. Most of the ills with which they suffer are due to bloodlessness—a condition which the Pills readily cure. These Pills save the girl who enters into womanhood in a bloodless condition from years of misery, and afford prompt and permanent relief to the woman who is bloodless, and therefore weak. Mrs. R. Fisher, Coates Mills, N. B., says: "Sometime ago my system was in a very anaemic condition as the result of an internal hemorrhage caused by an accident. Though I had the services of a skilled doctor for a time, I did not recover my strength, and gradually I grew so weak that I could not do any house-work. As I seemed to grow steadily weaker I became much discouraged, for previous to my accident I had always been a healthy woman. About this time I received a pamphlet telling me of the strengthening powers of Dr. Williams' Pink Pills. I procured a box at once and began using them, when they were gone I got three boxes more, and by the time I had used these I found myself somewhat stronger and my appetite much better. Before I began the Pills I could scarcely walk up stairs, and could do no work at all. Now after taking three boxes I was able to walk out in the open air. I kept on with the Pills, and after using six boxes was delighted to find that I could again attend to my household affairs. I took two more boxes of the Pills, and I felt that I was as well as ever I had been, and equal to any kind of exertion. I have since recommended Dr. Williams' Pink Pills to friends with beneficial results."

Dr. Williams' Pink Pills are sold by all medicine dealers or will be sent by mail at 50 cents a box or six boxes for $2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

CANADA DRINKS TEA.

Only Two Countries in the World Which Consumes More.

It has been supposed that the English nation drank more tea than any other, but recent staistics show that the average consumption in Australia is 7.11 pounds a person a year, while in England it is only 5.03 pounds. Next to England comes Canada, with 4 pounds. Then there is a remarkable gap, as Holland, the next country on the list, only accounts for 1.4 pounds a head annually. The United States record is only 1.3 pounds. The smallest consumers of tea in the civilized world are Germany and France.

BABY'S OWN TABLETS A SMILE IN EVERY DOSE

Smiling, happy, healthy little ones are found in every home where Baby's Own Tablets are used. An occasional dose regulates the stomach and bowels and keeps little ones well, or will speedily restore health if sickness comes unexpectedly. Ask any mother who has used this medicine for her children and she will tell you there is nothing else so safe and sure. Mrs. N. Paquin, St. Wenceslas, Que., says:—"I have used Baby's Own Tablets for most of the little ailments of childhood, and have not known them to fail. From my own experience I can recommend them to all mothers." Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"Do you find poultry keeping pays?" "Well, no; I can't say that it pays me, but I think that it pays my boy Jim." "How's that?" "Well, you see, I bought him the fowls. I have to pay for their keep and buy the eggs from him, and he eats them."

Why go south and undertake a long expensive journey to rest your tired nerves or overworked body? In the Niagara Peninsula is a place provided by nature and art for your special trouble. Nature has provided the saline waters of the "St. Catharines Well" and art has equipped the "Welland" with the needed appliances for treatment, rest and comfort. St. Catharines, on the line of the Grand Trunk Railway System, is Canada's great winter health resort.

A booklet with full information will be sent by addressing Manager, "The Welland," St. Catharines, Ont.

Kindly mention the name of this paper in writing to advertisers.

A CENTS WORTH OF POWER.

Things That Can be Done With a Pinch of Electricity.

Probably few people have ever stopped to think what a power electricity is. If you have never thought the matter over it will be surprising as well as interesting to know what can be done with one cent's worth of this marvellous power.

On the average rate and discounts of the ordinary consumer, says Harper's Weekly, a cent's worth of electricity will operate a 12-inch fan for 90 minutes.

Will operate a sewing machine motor for three hours.

Will keep a 6-pound electric flat-iron hot for fifteen minutes.

Will make four cups of coffee in an electric coffee percolator.

Will keep an 8-inch disc stove hot for seven minutes, or long enough to cook a steak.

Will operate a luminous radiator for eight minutes.

Will bring to a boil two quarts of water or operate the baby milk-warmer twice.

Will make a Welsh rarebit in an electric chafing dish.

Will operate a 7-inch frying pan for twelve minutes.

Will keep a heating pad hot for two hours.

Will operate an electric griddle for eight minutes.

Will run the electric broiler for six minutes.

Will run a massage machine for nearly four hours.

Will keep the dentist's electric hammer and drill going for 90 minutes.

Will keep the foot-warmer hot for a quarter of an hour.

Will run an electric pianola for one hour.

Will vulcanize a patch on an automobile tire.

Will heat an electric curling iron once a day for two weeks.

Will pump 250 gallons of water 100 feet high.

Will keep a big glue pot hot for an hour.

Will drive the electric clipper while shearing one horse.

Will raise ten tons twelve feet high with an electric crane in less than one minute.

Will raise a large passenger elevator five storeys a minute.

Will brand electrically 150 hams.

AN EXCELLENT REMEDY.

Will Break Up a Cold in Twenty-four Hours and Cure Any Cough That is Curable.

The following mixture is often prescribed and is highly recommended for coughs, colds and other throat and bronchial trouble: Mix two ounces of Glycerine, a half ounce of Virgin Oil of Pine compound pure, and eight ounces of pure Whisky. These can be bought in any good drug store and easily mixed together in a large bottle. The genuine Virgin Oil of Pine compound pure is prepared only in the laboratories of the Leach Chemical Co., Cincinnati, and put up for dispensing in half-ounce vials.

THE SAFE COURSE.

Mrs. Wilson's husband was often obliged to travel on business, and frequently did not reach home till after midnight. His wife had been in the habit of sleeping peacefully at these times, but a number of burglaries in the neighborhood during one of Mr. Wilson's trips had disturbed her calm.

On one night of his return Mr. Wilson was stealing carefully up the front stairs, so that his wife would not be awakened, when he heard her voice, high and strained.

"I don't know whether you are my husband or a burglar," came the excited tones, "but I am going to be on the safe side and shoot, so if you are Henry you'd better got out of the way!"

If your children moan and are restless during sleep, coupled, when awake, with a loss of appetite, pale countenance, picking of the nose, etc., you may depend upon it that the primary cause of the trouble is worms. Mother Graves' Worm Exterminator effectually removes these pests, at once relieving the little sufferers.

A tourist at a country hotel asked the girl who waited at table if he could have some poached eggs. "We haven't any eggs, sir," she replied; then, after a moment's reflection, she added, "but I think I could get ye some poached salmon."

Dr. Morse's Indian Root Pills

are not a new and untried remedy—our grandfathers used them. Half a century ago, before Confederation, they were on sale in nearly every drug or general store in the Canada of that day, and were the recognized cure in thousands of homes for Constipation, Indigestion, Biliousness, Rheumatism and Kidney and Liver Troubles. To-day they are just as effective, just as reliable as ever, and nothing better has yet been devised to

Cure Common Ills

HIS PAINS AND ACHES ALL GONE

DODD'S KIDNEY PILLS CURED CHAS. N. CYR'S RHEUMATISM.

Statement of a Man who Suffered for a Year From Different Forms of Kidney Disease and Found a Speedy Cure.

New Richmond Station, Que., Nov. 29.—(Special).—In these cold fall days when Rheumatism, Sciatica, Backache and other Kidney Diseases are working havoc in every corner of Canada, thousands will be interested in the statement of Mr. Chas. N. Cyr, the well-known barber of this place.

"I had been a sufferer from Rheumatism and Backache for a year," Mr. Cyr states. "My head also troubled me and it was hard to collect my thoughts. I heard of cures made by Dodd's Kidney Pills and made up my mind to try them. The marvellous effect of the first box on my system at once raised my hopes and by continuing to take them I am now a sound and well man. All my pains and aches are gone and I am able to do my work without pain."

Mr. Cyr is only one of thousands whom Dodd's Kidney Pills have cured of Rheumatism, Sciatica and Backache. For Dodd's Kidney Pills always cure sick or disordered Kidneys. And if your Kidneys are well you can't have Rheumatism, Sciatica or Backache.

A witty as well as a soft answer will sometimes turn away wrath. A candidate, in the midst of a stirring address, was struck with a rotten egg, full in the face. Pausing to wipe away the contents of the missile, he calmly continued:—"I have always contended that my opponent's arguments were very unsound." The crowd roared, and he was no longer molested.

Many inherit weak lungs, and as disease usually assails the weakest point these persons are continually exposed to attacks of cold and pulmonary disturbances. The speedy use of Bickle's Anti Consumptive Syrup will be found a preventive and a protection, strengthening the organs so that they are not so liable to derangement from exposure or abrupt atmospheric changes. Bickle's Syrup is cheap and good.

HIS CHOICE OF EVILS.

Magistrate—"You are accused of being drunk and disorderly. Are you guilty or not guilty?"

Prisoner—"I'll plead guilty, your honor, if you'll send me up for ten days."

Magistrate—"Why do you want to be sent up for ten days?"

Prisoner—"My wife is cleaning house."

TORTURED BY PILES.

Could Not Rest! Could Not Work! Could Not Play!

How Zam-Buk Brought Relief.

Mr. Julius Glacier of Denbigh, Ont., says:—"I was so tortured by piles that I could not get ease whether lying down, sitting, or standing. The ailment robbed me of strength, of appetite, and of all desire to live! I had suffered so long and so acutely that I came to think there was no ease for me, but one day I found out that I was wrong!

"I was told that Zam-Buk cured piles, and that this balm was altogether different to ordinary ointments, scores of which I had proved useless for so bad a case as mine was. I got a supply of Zam-Buk, and began to use it regularly.

"Without going into unnecessary detail, in a few weeks I found myself cured. I owe my cure to Zam-Buk entirely, and I trust my experience will be the means of leading other sufferers to try this great herbal balm."

Nothing need be added to this plain, powerful testimony save one question—if you suffer like Mr. Glacier did, why not get relief from the same source as he did?

Zam-Buk is a proved cure for inflamed areas (as in piles) erysipelas, eczema, ulcers, sores, abscesses, cold cracks, chapped hands, burns, cuts, scalp sores, and all skin injuries and diseases. It is the most suitable balm for children's rashes. All Druggists and Stores at 50c. box or post-free from Zam-Buk Co., Toronto, for price.

A FATAL OVERDOSE.

"I hope you won't encourage our Nellie's latest admirer," said simple-minded Mrs. Featherston to her husband, continuing, with an unconscious pun—"you know the old saying: 'Give him an inch and he'll take a Nell.'"

"Don't you worry about my giving him an inch," remarked her husband. "I'll do better than that; I'll give him a foot."

Why is it that a man can never find a pin in a pincushion?

We never think of looking for microbes in the milk of human kindness.

DIRECTORS WHO TRULY DIRECT.

It is a well known fact that the men usually selected to act on Directory Boards of Banks, Insurance Companies and other Financial Institutions are men more or less in the public eye men of large ability and wide experience.

The very fact of their recognized business ability and breadth of outlook makes them very desirable acquisitions to such institutions, and their sound conservative wisdom on matters constantly arising have resulted in the substantial growth of most of our leading Institutions.

Criticisms have been made in the past that some Directors, owing to the fact of their many and varied interests, are not really as thoroughly conversant with the details of the Institutions for which they act as thew should be, and to meet criticisms some of our leading Canadian Institutions are attaching a new Officer to their Boards of Directors, called the Directors' Auditor.

The Traders Bank of Canada was perhaps the first institution to adopt this new method. Their Directors' Auditor is Mr. J. L. Willis, a man for many years connected with the Bank as a Branch Manager and who is possessed of exceptional ability and experience.

Mr. Willis's duties, as Directors' Auditor, are to act for the Bank's busy Directors in the way of overseeing, investigating and reporting on all matters that come before them in the regular way of business. He is responsible only to the Board of Directors and his work has done a great deal in facilitating the deliberation of the Board at all times.

The progress made by the Traders Bank in the last few years has been very gratifying indeed, both to their Shareholders and many customers. The Traders Bank has now 160 Branches in Canada, mainly in Ontario and the West, although it is reported that they are shortly to open in Montreal and extend their operations to the East.

PHYSIOLOGICAL.

"Effie," said Margie, who was laboriously spelling words from a first reader, "how can I tell which is a 'd' and which is a 'b'?"

"Why," replied Effie, wisely, "the 'd' has its tummy on its back."

Mothers, Give the Children a Chance.

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W 720, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

WORK!

The watchmaker says he is not the only man who should be expected to make his good works tell.

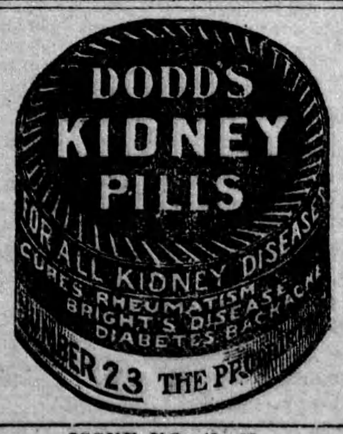
Nothing looks more ugly than to see a person whose hands are covered over with warts. Why have these disfigurements on your person when a sure remover of all warts, corns, etc., can be found in Holloway's Corn Cure.

NOT YET, BUT—

Twinkle, twinkle, little star!
Oft I've wondered what you are;
But with airships, there's no doubt
That ere long I will find out.

Pills for Nervous Troubles. — The stomach is the centre of the nervous system, and when the stomach uspends healthy action the result is manifest in disturbances of the nerves. If allowed to persist, nervous debility, a dangerous ailment, may ensue. The first consideration is to restore the stomach to proper action, and there is no readier remedy for this than Parmelee's Vegetable Pills. Thousands can attest the virtue of these pills in curing nervous disorders.

Anxious Mother—"I want an order to send my daughter to an insane asylum for treatment. She is going to marry a man thirty years older than herself." Judge—"Why, madam, girls marry old men every day, and are not considered insane." Anxious Mother—"Yes, but the old man my daughter wants to marry is poor."



ISSUE NO. 49—09.

Mr. Poultry Producer

When year after year finds our Poultry business growing, there must be some good reasons for it. It is not luck—neither is it advertising—but it is

BECAUSE

We pay HIGHEST spot cash on delivery.
We are ALWAYS buyers.
We are the largest distributors in Canada.
We make daily cash returns.
COMPETITION at your door demands that we become your confidential agents on this market.

GUNN, LANGLOIS & CO., Limited, MONTREAL

CARPET DYEING and Cleaning. This is a specialty with the British American Dyeing Co. Send particulars by post and we are sure to satisfy. Address Box 158, Montreal.

R·R·R

SORE THROAT, BRONCHITIS, TONSILITIS AND ALL INFLAMMATIONS

NEGLECTED COLDS run into the "GRIP" and PNEUMONIA. Lose no time, but get at once a bottle of RADWAY'S READY RELIEF and prevent pneumonia, or cure it if already manifested. Is the Unfailing Household Remedy for Coughs, Colds, Sore Throat, Bronchitis, "Grip," Pneumonia and Pains of all kinds.

Kindly mention the name of this paper in writing to advertisers.

CONVINCING HER.

"Say," growled the boss, "you've got to stop chatting with giggling girls over the 'phone. That telephone is for business purposes only."

"That's all right," replied the young man. "I was just trying to convince that young lady that I really mean business."

POULTRY.

We call the attention of our readers to the advertisement of Gunn, Langlois & Co., Montreal, which appears elsewhere in this paper. If you have any poultry to place on the market during the holiday season, take their advice and communicate with them before rushing goods to market. It is a good plan to write to these people if you have eggs, butter, poultry or honey to dispose of at any time, as they are known to be a very reliable house.

A Requisite for the Rancher. — On the cattle ranges of the West, where men and stock are far from doctors and apothecaries, Dr. Thomas' Eclectric Oil is kept on hand by the intelligent as a ready made medicine, not only for many human ills, but as a horse and cattle medicine of surpassing merit. A horse and cattle rancher will find matters greatly simplified by using this Oil.

"How do you do, sare?" said a Frenchman to an English acquaintance. "Rather poorly, thank you," answered the other. "Nay, my dear sare," said the Frenchman; "don't thank me for your illness. I cannot help it."

Try Murine Eye Remedy

For Red, Weak, Weary, Watery Eyes, Granulation, Pink Eye and Eye Strain. Murine Doesn't Smart; Soothes Eye Pain. Is Compounded by Experienced Physicians; Contains no Injurious or Prohibited Drugs. Try Murine for Your Eye Troubles. You Will Like Murine. Try it in Baby's Eyes, for Scaly Eyelids. Druggists Sell Murine at 50c. The Murine Eye Remedy Co., Chicago, will send You Interesting Eye Books Free.

COURTSHIP POINTERS.

When she says the clock's correct,
She is neutral, we suspect.
When she says the clock is fast,
You are making time at last.
When she says the clock is slow,
You are done for. Better go.

C. A. KING, GLOBE TROTTER

Is walking from Montreal to Vancouver, 2,896 miles, on CATSPAW RUBBER HEELS. Left Montreal 1 o'clock Oct. 23rd, passed Sudbury, Ont., 430 miles, Nov. 16th. When will he reach Vancouver? 133 prizes offered nearest guessers. Contest is free. Write guess on postal card and receive prize list. Address, WALPOLE RUBBER CO., LTD., Dept. B., Montreal.

WE'LL PULL THROUGH.

Though up go the prices,
Soaring just as high
As the ambitious airships
Headed for the sky,
The record of the world is
We'll live until we die.

A Medical Need Supplied.—When a medicine is found that not only acts upon the stomach, but is so composed that certain ingredients of it pass unaltered through the stomach to find action in the bowels, then there is available a purgative and a cleanser of great effectiveness. Parmelee's Vegetable Pills are of this character and are the best of all pills. During the years that they have been in use they have established themselves as no other pill has done.

Teacher—"You notice that boy who stands at the foot of the class? Well, last summer he was the smartest boy in the school." Examiner—"He is now. I notice the foot of the class is nearest the fire."

EDUCATIONAL.

Bookkeeping

Our course in this subject is unsurpassed. It gives the student a training worth many times the cost to take it. Write for particulars to BRITISH AMERICAN BUSINESS COLLEGE, Y.M.C.A. B'ld'g, Toronto.
T. M. WATSON, Principal.

LEARN THE BARBER TRADE—NEW system—constant practice; careful instruction; few weeks complete course; tools free; graduates earn twelve to eighteen dollars weekly; write for catalogue. Moler Barber College 221 Queen East, Toronto.

AGENTS WANTED.

MANUFACTURING COMPANY WANTS man to sell direct to farmers. Quick seller. Every farmer wants one. 70% profit. Experience valuable but unnecessary. Postal to-day brings particulars. Charles Adams, Sarnia, Ont.

STOCKS.

TO INVESTORS—YOUR ORDERS TO buy or sell Stocks will receive my personal attention. S. M. Mathews, Broker, 43 Scott St., Toronto.

DEFECTIVE HEARING overcome by the Acousticon—one of the marvels of the electrical age. In use throughout the world. Write for catalogue. General Acoustic Co., of Canada, Ltd., 468 Yonge St., Toronto.

CALVES Raise Them Without Milk. Booklet Free. Steele, Briggs Seed Co., Ltd., Toronto, Ont.

BOYS WANTED

to work for us, selling Xmas cards. You can make Five dollars per week. Send twenty cents' deposit, which will be returned to you at Xmas. We will start you with a good stock. The American News Agency, 569 1-2 Bloor W., Toronto.

RAW FURS

Consignments Solicited. Write for Price List.
Canadian Hide & Skin Co.
86 FRONT ST. EAST, TORONTO, ONT

FURS Do you trap or buy Furs? I am Canada's largest dealer, I pay highest prices. Your shipments solicited. I pay mail and express charges; remit promptly. Also largest dealer in Beefhides, Sheepskins, etc. Quotations and shipping tags sent free. 9
JOHN HALLAM TORONTO

Dressed Poultry
ANY QUANTITY.
Market Prices Guaranteed
REMITTANCES DAILY
Ship by Express and Advise
THE J. A. McLean Produce Co. LIMITED,
74 to 76 Front St. East, Toronto

ECONOMIZE IN YOUR **'XMAS JEWELERY**
By Ordering From Us By Mail.
SEND FOR ELLIS' RED BOOK NO. 9
A COMPLETE CATALOG OF DIAMONDS, WATCHES, JEWELERY, SILVERWARE, etc., etc.
SENT FREE ON REQUEST.
ELLIS BROS., DIAMOND IMPORTERS, Yonge St., Toronto.

WEAK LUNGS
RESTORED BY PSYCHINE.

"PSYCHINE" has restored thousands of people to buoyant health and strength whose condition had been regarded as hopeless. It is a tonic and flesh-builder, containing remarkable properties as a blood purifier and germicide. It will strengthen and heal the weak lungs, force out the phlegm, and drive away the cough, no matter of how long standing.

"PSYCHINE" tones up the whole system and drives out disease, heals the decayed tissue and restores lost energy. Its use daily will prevent and ward off that most subtle disease consumption.

Write for a Free Sample.

For Sale by all Druggists & Dealers, 50c. & $1 per bottle.

Dr. T. A. S UM LIMITED, TORONTO

PSYCHINE
PRONOUNCED SI-KEEN