Weak Women

To weak and ailing women, there is at least one way to help. But with that way, two treatments must be combined. One is local, one is constitutional, but both are important, both essential.

Dr. Shoop's Night Cure is the Local.
Dr. Shoop's Restorative, the Constitutional.

The former—Dr. Shoop's Night Cure—is a topical mucous membrane suppository remedy, while Dr. Shoop's Restorative is wholly an internal treatment. The Restorative reaches throughout the entire system, seeking the repair of all nerve, all tissue, and all blood ailments.

The "Night Cure", as its name implies, does its work while you sleep. It soothes sore and inflamed mucous surfaces, heals local weaknesses and discharges, while the Restorative, eases nervous excitement, gives renewed vigor and ambition, builds up wasted tissues, bringing about renewed strength, vigor, and energy. Take Dr. Shoop's Restorative—Tablets or Liquid—as a general tonic to the system. For positive local help, use as well

Dr. Shoop's Night Cure

"ALL DEALERS"

THE MARKETS.

Carefully Corrected Each Week

Oats	50 to 55
Peas	90 to 90
Barley	60 to 60
Hay	7 00 to 8 00
Butter	17 to 19
Eggs, fresh	18 to 20
Potatoes per bag	75 to 75
Geese	10 to 10
Ducks	10 to 10
Chickens	6 to 8
Turkeys	14 to 14
Wool	20 to 22

New Readers FOR Public School AT RICHARDSON'S, Flesherton.

FALL TERM COMMENCES SEPTEMBER 1ST at Canada's Leading School of Business

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Graduate of the Veterinary Science Association Residence, Durham street, opposite Boyd, Hickling's hardware.

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Dr. E. C. MURRAY L. D. S., dental surgeon honor graduate of Toronto University and Royal College of Dental Surgeons of Ontario, as administered for teeth extraction office at redence, Toronto Street Flesherton

SOCIETIES

A O U W meets on the last Monday in each month, in their lodge room Norris' block. Flesherton, at 8 p.m. M. W., Miles Thistlethwaite; Rec., C. B. Munshaw; Fin., W.J. Bellamy. Visiting brethren invited

PRINCE ARTHUR LODGE, No. 333, A.F.& A.M, meets in the Masonic hall, Armstrong's Hall Flesherton, every Friday on or before the full moon. Thos. Blakely, W.M.; Herb. Smith, Secretary.

COURT FLESHERTON, 995. I. O. F. meets in Clayton's Block the last Wednesday evening of each month. Visiting Foresters heartily welcome. H. R., Dyson; R. S., T. Henry; Fin. Sec., C. N. Richardson.
Please pay dues to Fin. Sec. before the first day of the month.

CHOSEN FRIENDS—Flesherton Council of Chosen Friends meets in Clayton's hall first and third Wednesday of each month 8 p. m Pay assessments to the Recorder on or before the first day of each month. Chief Councillor T. Blakeley; Recorder, W. H. Bunt.

LEGAL

W H. WRIGHT, Barrister, Solicitor, Conveyancer, etc.,—Owen Sound, and Flesherton, Residence Flesherton office, Sproule's Block every Saturd

RUDD MATHEWS, Markdale. Licensed auctioneer for the county of Grey. Good service at reasonable rates. Dates can be made at The Advance. 1o 09

A Hair Dressing

If you wish a high-class hair dressing, we are sure Ayer's Hair Vigor, new improved formula, will greatly please you. It keeps the hair soft and smooth, makes it look rich and luxuriant, prevents splitting at the ends. And it keeps the scalp free from dandruff.

Does not change the color of the hair.

Ayer's — Formula with each bottle. Show it to your doctor. Ask him about it, then do as he says

At the same time the new Ayer's Hair Vigor is a strong hair tonic, promoting the growth of the hair, keeping all the tissues of the hair and scalp in a healthy condition. The hair stops falling, dandruff disappears. A splendid dressing.

—Made by the J. C. Ayer Co., Lowell, Mass.—

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Is something that is within the reach of every young man and woman who has the ambition to succeed in life. It can be secured in a short time and at a comparatively small cost, by attending the

Collingwood Business College

Fall Term opens Sept. 1st, 1909. Write now for free Catalogue.

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The largest and best stock of Furniture ever shown in Flesherton. This without fear of contradiction. Come and see some of the nice things in Side Boards, Dining Room Chairs, Parlor Setts, Bed Room Setts. A special reduction just now on everything, in order to reduce the stock. . . .

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Builder and Contractor
For Brick, Stone and frame residences. Estimates cheerfully furnished, Flesherton P O Ontario.

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Do a general banking business. Money loaned at reasonable rates Call on us.

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D. McPHAIL, Licensed Auctioneer for the County of Grey. Terms moderate and satisfaction guaranteed. The arrangements and dates of sales can be made at THE ADVANCE office. Residence and P.O., Ceylon, Telephone connection. Dec. 6.07.

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TIME OF THE NATION.

How It Is Kept at the Naval Observatory In Washington.

THE SIGNAL FOR HIGH NOON.

It Is Flashed Out Over Nearly a Million Miles of Telegraph Wires Every Day In the Year—The Finely Adjusted Instruments That Are Used.

A few minutes before 12 o'clock noon every day in the year a young man walks into a certain room of the main building at the naval observatory, which is set up on a hill in the northwestern part of the District of Columbia. He glances at the various clocks in the room and then goes over to a table which is covered with electric apparatus.

He watches the clocks to his left closely and waits for the hands to reach 11:55. As the second hand approaches the 60 on the dial he prepares to shift a switch. The clock is so finely adjusted that when the second hand points to 60 it exactly marks the beginning of a new minute.

As it touches the 60 the switches are thrown on. That starts a signal that goes out instantaneously over 900,000 miles of telegraph lines. In Washington, New York, Buffalo, Cleveland, Newport, Baltimore, Newport News, Norfolk, Savannah, New Orleans, Key West, Galveston, Chicago and elsewhere the time balls go up on their poles. People know that it is five minutes to noon, Washington time.

The clock which keeps the time in the observatory ticks on. With each tick there is a contact of electric points. A circuit is closed, and an instrument on the table similar in appearance to a telegraph sounder ticks away loudly.

It goes on to the twenty-ninth second, then skips one tick, then resumes its steady sounding until the last five seconds; then there is another gap. These gaps are for the purpose of giving listeners at the other ends of the great system of wires a chance to know what part of the minute the clock is on. So it goes up to the last minute.

At the twenty-ninth second there is again the skipping of one second. Finally the clock gets around to the fiftieth second. Then the circuit remains open for ten seconds. There is silence all along the telegraph wires.

At the other end, where there are time balls or merely train operators, the long pause indicates that noon is almost there. The second hand makes on toward 60 and finally reaches the mark. Then there is another click; in about a second the sounder is down, and that tells hundreds of thousands of people that it is noon in Washington.

It is a wonderful operation, this getting the time, and highly technical. Finely adjusted clocks, chronographs and other instruments of great value are used, and the taking and recording of the time have reached a point where the human equation is practically eliminated.

The results obtained are of great value, particularly to mariners. The time is not only flashed to hundreds of points in the United States, but it is sent far out to sea by wireless. A cable carries the flash to Havana; another to Panama and Callao, Peru.

The observatory here does not send the time much farther west than the Rockies, but they have an observatory at the Mare Island navy yard, and from there the time is sent up and down the Pacific coast, just as it is from here to the eastern part of the United States. In the cities where the central time is used the flash marks 11 o'clock. An hour later local operators drop the time balls.

The mean time is determined by astronomical observations. When certain stars pass the seventy-fifth meridian, called the meridian of Washington, it is a certain time. The operator watches for the stars through a telescope, the field of which is covered with fine wires.

As the stars reach a certain point in transit the operator presses a key in his hand. A contact is made and recorded on a chronograph. The chronograph consists of a cylinder covered with paper. A fountain pen rests on the paper. It is held by an arm attached to the mechanism. The cylinder revolves once a minute, and the pen moves along the surface of the paper, making a spiral line.

A sidereal clock of the finest make is running in a vault underneath the observatory. With each tick of the clock there is a contact of two points. These two points are attached to wires that lead to an electro-magnet attached to the arm that holds the pen of the chronograph. The clock is so adjusted that each minute the pen jumps to one side. Consequently there is a break in the line.

There are other breaks, too, when the observer watches the stars cross the lines in the field of the telescope. The mean time thus recorded for each star, after being corrected for errors, is the clock time of the star's transit. Whatever difference there is between the clock time and the sidereal time marked by the transit of the stars is the error of the clock. From these astronomical observations the sidereal time is obtained. The error amounts to but little, rarely being more than from five one-hundredths to ten one-hundredths of a second.

The time of sending a flash over the wires is practically nothing. A flash has reached Greenwich, England, in three-tenths of a second.—Washington Cor. Chicago Inter Ocean.

For the next ten months the rural schools of Ontario will have to nerve themselves for a temporary sacrifice. Six hundred teachers holding third class certificates are this year entering the Normal schools to prepare for a higher grade. That means that about 600 schools will have to look about for instructors. The sudden dearth of teachers in rural parts is but for one year, and is a consequence of the new regulations governing the Provincial Normal schools by which special inducements are offered teachers holding third class certificates to spend a term in qualifying for second and first grades. The result has been such an exodus from the rural schools into the Normal that the task of filling the vacancies thus created is by no means a simple one. The unwelcome condition in many rural localities is only for the fall and spring term, for by that time the graduating Normal classes will be prepared to take up their work again, and with greater efficiency. The Education Department has prepared to surmount the temporary difficulty as best they are able by issuing special permits to teachers at present unqualified in districts where it is found impossible to fill vacancies in the regular way.—News.

A somewhat tragic occurrence took place recently in the township of East Garafraxa. Two farmers of the same surname and quite nearly related, occupy adjoining farms in the 12th concession. In the forenoon while the son of one of these farmers and the hired man were working at one end of the field, the greater part of which was in oats nearly ripe, a horse belonging to the other farmer jumped the fence into the field. The young man had a shot gun and let fly at the horse, apparently to frighten it. His aim, however, was too good, for he peppered the animal from the flank to the neck. One of the shots must have cut a main artery, for the animal bled to death inwardly in a short time. The young man went on with his work and did not know of the disastrous results of his shooting until he went home to his dinner. The animal killed was a fine young mare.—Hillsburg Beaver.

The 3-year-old daughter of Mr. and Mrs. John Barnes of Kincardine was nearly smothered to death at the home of Hugh Black, con. 2, Bruce, where the child's parents were visiting. She was playing in a barn when a loose board allowed her to fall into a bin of unslaked lime. Her eyes were burned and her lungs affected but the child may recover.

Living Over Catacombs

Paris, in many of its districts, is built over the catacombs, says Harper's Weekly. These vast subterranean chambers and galleries produce that peculiar cavernous sound which is heard in the Luxembourg, Montparnasse, Vaugirard, Montrouge and Montsouris quarters when heavy carts pass rapidly along the coarsely metaled roads. The streets are then like monstrous drums beating funeral marches to the grave over that vast common grave of ten centuries of Parisians with its millions of skeleton dead. That quaint little Gothic house at the corner of the Boulevard Raspail, which many an American artist must remember from his student days, actually has a private staircase leading to the catacombs from beneath a hermetically closed stone slab just in front of the doorstep.

Lincoln as He Knew Him.

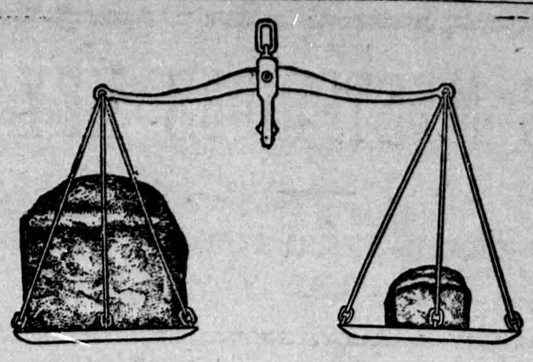
Asked under the civil service rules to write what he knew about Abraham Lincoln, an applicant for the police force of New York wrote:

"Abraham Lincoln was born in Kentucky at a very early age. His father moved the family to Ohio, floating down the Mississippi. If he had not been killed by a murderer he might be living today. He was an intelligent man and could easily have been president of New York city."—Ladies' Home Journal.

Needed Airing.

"What's the matter with you?" demanded Borem hotly. "I've got a right to air my opinions, haven't I?"

"Oh, of course," replied Brightly. "They're so stale and musty they certainly need something of that sort."



The light bread or the leaden loaf is a matter of *choice*—not luck. Choice of method—choice of yeast—but, above all, the choice of the *flour*.

Royal Household Flour

is made from the finest, selected Manitoba wheat, which contains more gluten (that quality which makes bread light) than any other wheat.

It is milled under the most sanitary conditions,—there is no other flour in Canada upon which so much is spent to insure its perfect quality.

Ask your grocer for Ogilvie's Royal Household—the flour that makes light bread and perfect pastry.

Ogilvie Flour Mills Co., Limited, Montreal. 15

Jas. Pattison, Ceylon, Ont.

General Merchant.

Ceylon's Busy Store.

Saving money is making money. That is what you do when you go to JAS. PATTISON'S, Ceylon, to buy your goods.

Come along and ask the prices on St. Lawrence or Red Path granulated sugars, preserving pots, sealers, vinegar, pickling spices, binder twine, oatmeal, flour, and in fact almost anything you can think of in dry goods, groceries, boots and shoes, and especially on CEMENT; our prices are always right, not down one day and up the next, only as the market changes our prices change.

Give us a trial, those who have not done so, and we are sure you will come again.

REMEMBER OUR MOTTO: "*Small Profits and Quick Returns.*"

Norris Bros.
Hardware and Tinsmiths

FLIES NOT GONE (YET)

Better come and get a new screen door at these exceptionally low prices. The balance of our screen doors must be cleared at once. The only remedy is to cut the price. Doors that were good value at

90c	now	65	
at $1.10	"	85	
at 1.35	"	$1.00	
at 1.65	"	1.25	
at 2 15	"	1.76	

With hinges, hook and door pull, complete

YES. You will need Harvest and Plough Mitts. We have high grade goods at right prices.

We take pleasure in procuring for you any special order on the shortest possible notice. TRY US

Remember our special quality when it comes to oils. We have made a study of oils and are prepared to give you the high grade goods just as cheap as the ordinary oils. Try our machine oil, cylinder oil, castor oil, separator oil, raw and boiled linseed oil, coal oil and motor gasolene. For the thresher—cup grease, belt dressing and lace leather.

Have you a shingle roof which is leaking, yet too good to tear off? We have four barrels of Roof Paint which will stop leaking roofs and preserve the shingles on new roofs—paint which adds ten years to the life of shingles. Get our price on this paint. It will be interesting to you.

Don't forget to get that roof (Paroid Roofing)

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Located in Our Own Office Building.

Successors to DRS. KENNEDY & KERGAN

NERVOUS DEBILITY CURED

Excesses and indiscretions are the cause of more sorrow and suffering than all other diseases combined We see the victims of vicious habits on every hand the sallow, pimpled face, dark circled eyes, stooping form, stunted development, bashful, melancholic countenance and timid bearing proclaim to all the world his folly and tend to blight his existence. Our treatment positively cures all weak men by overcoming and removing the effects of former indiscretions and excesses. It stops all drains and quickly restores the victim to what nature intended—a healthy and happy man with physical, mental and nerve power complete.

For over 20 years Drs. K. & K. have treated with the greatest success all diseases of men and women.

If you have any secret disease that is a worry and a menace to your health consult old established physicians who do not have to experiment on you.

We guarantee to cure NERVOUS DEBILITY, BLOOD DISEASES, STRICTURE, VARICOCELE, KIDNEY AND BLADDER DISEASES. Consultation Free. If unable to call, write for a question Blank for Home Treatment.

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Thompson's Bakery

Having secured Mr. E Armstrong of Peterboro, a first class baker, we are prepared to turn out the best of everything in our line.

Fresh Bread always on hand A trial solicited.

Ed. Thompson, Flesherton.

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A Reliable Local Salesman TO REPRESENT

Canada's Oldest and Greatest Nurseries In Flesherton And Adjoining Country.

The demand for Nursery Stock is increasing yearly, and if you become one of our salesmen you will realize there is good money in the business for you.

Write at once for particulars.

Pay weekly ; Free Outfit.

STONE & WELLINGTON
Fonthill Nurseries (850 acres
TORONTO.....Ontario

For Sale

One span of Lightning Colts coming three matched. Ready to work. Also one Shorthorn Bull eighteen months old, bred by Geo. Bristow, Rob Roy, number 58445, in volume 24. Name—Village Captain. ALBERT E. HANLEY, Lot 4, Con. 10, Osprey, Feversham P. O.

Pure Bred English Berkshires and Tamworths.

I have a fine lot of young pigs bred from prize winning stock, for sale. Write me for prices. I can give a bargain also guarantee satisfaction on all mail orders.

Geo. W. ROSS, Maxwell P. O.

Good Farm For Sale.

Lot 19, con. 6, Osprey containing 100 acres, 8 cleared, frame house, frame barn, stone foundation; orchard, well watered. On thousand down and balance to suit purchaser Immediate possession Apply to

R. N. KINNEAR, Maxwell P. O.

Bull for Service

The thoroughbred Shorthorn Bull, "Earl Grey," 71452, will be for service on lot 38, con. 8, Artemesia. The pedigree of this fine animal can be seen on application. Tems $1

ANDREW DOW, Proprietor.