TO THE MOTHERS OF PALE GIRLS

A Case Showing How the Tonic Treatment Restores Lost Health.

Anaemia is simply lack of blood. It is one of the most common and at the same time most dangerous diseases with which growing girls suffer. It is common because the blood so often becomes impoverished during development, when girls often overstudy, over-work and suffer from lack of exercise. It is dangerous because of the stealthiness of its approach and because of its tendency to grow so steadily worse, if not promptly checked, that it may run into consumption. Every growing girl should take an occasional tonic to ward off the insidious trouble; and in all the world there is no tonic that can equal Dr. Williams' Pink Pills. Every dose of this medicine helps to make new, rich blood, which promptly makes weak, pale, listless girls bright, rosy and strong. Miss A. M. Dugay, Lower Cove, N.S., says: "I believe I owe my life to Dr. Williams' Pink Pills. My blood seemed to have turned to water. I was pale as a sheet; I suffered from headaches, and floating specks seemed to be constantly before my eyes. As the trouble progressed my limbs began to swell, and it was feared that dropsy had set in and that my case was hopeless. Up to this time two doctors had attended me, but notwithstanding I kept growing worse. It was at this juncture I began using Dr. Williams' Pink Pills, and after taking a few boxes I was much improved. I kept on using the Pills until I had taken eight boxes, when my health was completely restored."

Dr. Williams' Pink Pills cure cases like this because they go to the root of the trouble in the blood. That is why they cure rheumatism and indigestion, nervous headaches and racking neuralgia, and all those troubles from which growing girls and women of mature years so often suffer in hopeless silence. If Dr. Williams' Pink Pills are given a fair trial they will not disappoint you. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

GREAT TEMPLES OF ICE.

Discoveries of the Ill-Fated Erichsen Expedition.

Changeless Arctic temples of ice amid the icy deserts of Greenland were found by the survivors of the ill-fated Erichsen expedition to the North Pole. A crystal palace of superhuman architecture vaster than a dozen cathedrals and Egyptian temples, resplendent with jewels and endless decorations of ice, is described.

Created by nature in a forbidding wilderness, it frightened and awed the explorers. The dreams of poets and the fancies of epic bards were surpassed by this vision of colossal loveliness, which the painter Achton Fries, a member of the expedition, endeavored to carry away for the benefit of the dwellers in civilization.

More than a mile in length, the lofty nave of this timple was pierced at intervals with windows through which the gleaming sun rays sparkled on columns and cubes and immense clusters of stalactites like pendent jewels. Through the centre of the ice palace flowed a stream of water whose occasional ripple and splashing fall broke the majestic silence.

Far north it is possible that ice palaces and temples should endure without change longer than human structures of stone. The carcases of prehistoric monsters have remained involate in Arctic tombs for thousands of years, while granite pyramids have worn away and Babylonian civilization has been buried deep in the earth.

A STRENUOUS HINT.

He had been a regular Sunday caller for six months, when one evening he dropped in arrayed in a new suit.

"That's a lovely wedding suit you have on," remarked the dear girl.

"Why," gasped the astonished young man, "this is a b-business suit!"

"Well," rejoined the d. g. calmly. "I meant business."

And the very next day he put up $19.98 of his hard-earned wealth for a solitaire.

The best seems to be a little too good for some people; at least, they are always looking for the worst of it.

Don't Grow Old.

By going around with gray hair when Dr. Tremain's Natural Hair Restorative will bring it back to its natural color, even though it has been gray for years. Two persons might use from the same bottle and the hair of one become black and the other blonde, just as they were in youth. So it is not a hair-dye; it will not injure the scalp, and is no trouble to apply. We guarantee satisfaction or money returned. Price one dollar (Postage paid).

THE TREMAIN SUPPLY CO.,
15 Wood St., Toronto.

THE NEW GARTER KNIGHT

THE HONOR HAS GONE TO LORD SELBORNE.

Reward for His Services in Bringing About the South African Union.

The blue ribbon of the Order of the Garter left at the disposal of the British Crown by the recent death of the aged Marquis of Ripon has been bestowed on the Earl of Selborne. It comes to Lord Selborne as a reward for his work during the last five years as High Commissioner for South Africa, especially in bringing to a successful conclusion the very delicate and difficult negotiations for the federation of the various colonies south of the Zambesi into one commonwealth, which is henceforth to be known as the Union of South Africa. Difficult as it was to bring about the federation of the various Provinces of Canada into a dominion, and of the diverse colonies of Australia into a commonwealth, it has been an even

STILL MORE ARDUOUS TASK

to accomplish this in South Africa, owing to the troublesome question of native franchise.

What renders the appointment of Lord Selborne to the Order of the Garter all the more remarkable is that he does not belong politically to the party now in power, and that it comes to him on the nomination of political adversaries. He was one of the principal members of the Balfour Liberal-Unionist Cabinet, in which he held the office of First Lord of the Admiralty, when, in the spring of 1905, he surrendered his portfolio in order to become Lord High Commissioner of South Africa, with emoluments to the extent of about $70,000 a year in salary and allowances, as compared to the $25,000 which he received as a Cabinet Minister. Lord Selborne did so well in South Africa in the way of conciliation and in the reorganization of the various branches of the administration there, that he won the good-will even of his political adversaries, and when the Balfour administration came to grief and the Liberals succeeded to office the Campbell-Bannerman Cabinet urged him to remain on, its request being strongly

ENDORSED BY THE KING.

When the administration was reorganized, after the death of Campbell-Bannerman, and Herbert Asquith became Premier and Lord Crewe succeeded to the Secretaryship of State for the Colonies in England in the place of Lord Elgin, Lord Selborne again tendered his resignation, but was asked to continue in office, and has now reaped his reward.

It is doubtful whether Lord Selborne will return to South Africa, where he feels that he has completed the work which he set himself out to perform, namely, the reconciliation of the Boers to British rule and to their English fellow-colonists and the construction of the Union of South Africa.

SOME LARGE SALARIES.

Some interesting inside facts are occasionally divulged in regard to the enormous salaries earned by some insurance agents.

It is reported that two agents recently appointed by the National Insurance Company in one of our large western cities have earned over Two Thousand Dollars ($2,000.00) a month from the time they started to get business for this Company.

Of course, these men are hustlers, and are well equipped in every way, possessing even small motor cars to cover the territory more rapidly.

We understand, however, that any man who has real ability in this line could do as well.

One of the reasons for the success of National Life agents is the splendid standing of the Company which is shown in their advertisement elsewhere in this paper. If it has ever occurred to you to take up the Life Insurance business you cannot make arrangements with an easier Company to secure business for than the National Life. And they need an Agent right in this territory. Communicate with the head office.

REASONABLE REQUEST.

Little Tommie had been put to bed alone. It was upstairs, and the thunder rolled and the lightning flashed unmercifully. He lay quietly until he could no longer stand it, and then his little night-gowned figure appeared at the head of the stairs.

"Ma!" he cried.

"Yes, my son," came the calm rejoinder.

"I'm afraid, ma. It thunders so, and I'm all alone."

"Go back to bed, Tommie," came his mother's voice. "Don't you know nothing can hurt you?"

Tommie went back to bed, but not to stay. "Ma!" he cried again, and this time the little figure was half-way downstairs.

"Tommie," called his mother, "don't you know I have told you nothing can hurt you? The angels are always with you."

"Then, ma"—and this time there came an audible sniff from the weeping Tommie—"you come up and sleep with the angels, and let me sleep with pa."

Mr. Popp—"By Jove! For once in my life I know where my cuff links are!" Mrs. Popp.—"Where are they now?" Mr. Popp — "The baby's swallowed 'em!"

ELIAS ROGERS, President. ALBERT J. RALSTON, Managing Director
F. SPARLING, Secretary.

National Life Assurance Co.
OF CANADA.

HEAD OFFICE: NATIONAL LIFE CHAMBERS, 25 Toronto St., Toronto.

Business in Force	$10,457,281.00
Daily Income over	$13,000.00
Invested in high grade securities	$1,266,211.17
Surplus to Policy Holders' Account	$329.190.62

The only Company reporting to Canadian Insurance Dep't, Ottawa, no arrears of interest or principal on any investment.

A splendid opening in this county for an active, energetic agent possessing good character.

Apply direct to head office, 25 Toronto St., Toronto.

NEXT.

Caller—"Nellie is your mother in?"

Nellie—"Mother is out shopping."

Caller—"When will she return, Nellie?"

Nelli (calling back)—"Mamma, what shall I say now?"

A Remedy for Bilious Headache.—To those subject to bilious headache, Parmelee's Vegetable Pills are recommended as the way to speedy relief. Taken according to directions they will subdue irregularities of the stomach and so act upon the nerves and blood vessels that the pain in the head will cease. There are few who are not at sometime subject to biliousness and familiar with its attendant evils. Yet none need suffer with these pills at hand.

Chaplain—"What brought you here?" Prisoner—"Youth, sir." Chaplain—"Youth! Why, you look to be fifty if a day!" Prisoner—"I'm past that. It was the youth of my lawyer that did it."

If allowed to roam over your house those few innocent-looking house flies may cause a real tragedy any day, as they are known to be the principal agents for the spread of those deadly diseases, typhoid fever, diphtheria and smallpox. No other fly killer compares with Wilson's Fly Pads.

A lad who was being quized about his father's lack of accomplishments, was asked: "What does your father know?" There was no hesitation in the answer. "I don't believe he knows anything except his own business; but he knows that—and minds it!"

Red, Weak, Weary, Watery Eyes. Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. 50c At Your Druggists. Write For Eye Books. Free. Murine Eye Remedy Co., Toronto.

"There are at least two things that a woman is ever ready to jump at," remarked the thoughtful thinker. "What are they?" queried the innocent bystander. "A mouse and an offer of marriage," answered the T.T.

There is nothing equal to Mother Graves' Worm Exterminator for destroying worms. No article of its kind has given such satisfaction.

There is a time in every man's life when the softly-breathed "Yes" of a pretty woman sounds as loud to his ears as the notes of Gabriel's trumpet. Afterwards there comes a time when she has to yell at the top of her voice, "John, John, it's time to get up," seventeen times before he becomes aroused enough to hear it.

In the treatment of summer complaints, the most effective remedy that can be used is Dr. J. D. Kellogg's Dysentery Cordial. It is a standard preparation, and many people employ it in preference to other preparations. It is a highly concentrated medicine and its sedative and curative qualities are beyond question. It has been a popular medicine for many years and thousands can attest its superior qualities in overcoming dysentery and kindred complaints.

"Well, old man, I've spent every penny of money I have made in the world on my doctor." "Does he know it?" "He must know it. He has pronounced me perfectly well now."

FOR THE LITTLE ONES in trouble Painkiller comes with quick relief. The bumps and the bruises, the pains from green apples, and such things are quickly cured by its use. Avoid substitutes, there is but one "Painkiller"—Perry Davis'—25c. and 50c.

Kindly mention the name of this paper in writing to advertisers.

Investor—"What do you mean by falsely representing the property? The notice stated that there was a view of fifty miles, and I couldn't see fifty yards. Agent—"No deception at all, sir. Which way did yer look?" Investor — "Why, I looked all round me, and I could not see out of the valley." "Well, mister," returned the agent, "yer didn't look right. If yer had gazed up, thar'd bin no trouble. I reckon yer can see more'n fifty miles up. I tell yer, mister," he added, as the investor walked off, "we don't misrepresent the facks down here."

And many a lovelorn maid imagines she is heartbroken when in reality her liver isn't working just right.

NO WONDER.

"How did Blinkin become insane?"

"He slept three months under a crazy quilt."

Holloway's Corn Cure is the medicine to remove all kinds of corns and warts, and only costs the small sum of twenty-five cents.

Canvasser—"Are you single?" Man at the door—"Yes." "Why, the people next door told me you were married." "So I am." "Yet you told me just now you were single." "Yes, so I did." "Well, what is the matter with you?" "Nothing, sir. My name is Single, and I'm married. Good day, sir."

After making a most careful study of the matter, U. S. Government scientists state definitely that the common house fly is the principal means of distributing typhoid fever, diphtheria and smallpox. Wilson's Fly Pads kill the flies and the disease germs, too.

"Now," said the physician, "you will have to eat plain food and not stay out late at night." "Yes," replied the patient, "that is what I have been thinking ever since you sent in your bill."

An Unusual Opportunity to Make Money.

Exclusive sales agencies now being placed in every city of the United States and Canada, for patented article which for many years has been sold by mail. Well advertised and thousands now in use and highly recommended. No canvassing, our advertising and announcements bring the buyers to our door. Write to-day if you have the ambition to earn big profits. Don't hesitate as only one agency placed in each City. Address, W. E. D. Co., 1311 Majestic Bldg., Detroit.

DRAWING THE LONG BAMBOO

An Englishman was once rallying a native of India upon his faculty in lying. The native at once replied, "Why, sahib, we are all more or less liars in my country, and if one tells a story, another immediately cops it. There were two young men of my country who had a boasting match, and one said, 'My father is so rich and has so many horses that his stable is of such extent as to take a horse eleven months to go from one end stall to the other.' 'Shabash, brother,' replied the second boaster, 'that is very good. My father has a bamboo so long that he can sweep the clouds away with it when they obscure the sun in harvest time 'Hi! hi!' exclaimed the first. 'That is very wonderful; but, pray, brother, where does your father keep such a long bamboo?" 'Why, you stupid,' was the answer, 'in your father's stable, to be sure!'"

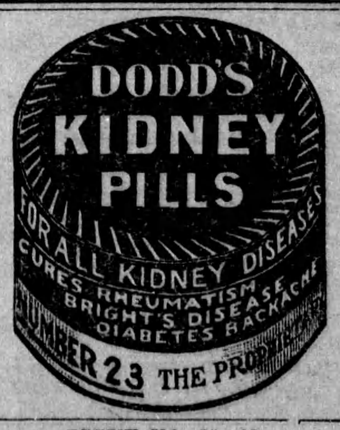
TRADING on a good name and deceiving the public is what the imitators of the well-known "The D. & L." Menthol Plaster are doing. Don't be fooled, insist on the genuine, "The D. & L."

First Burglar—"Halloa, Jim! Why, you look as if you had been in a railway accident since I saw you last. What's wrong?" Second Burglar—"I got into a house where the woman was waitin' up for her husband, and she mistook me for him."

Great Medicine.—Tonti, one of the pioneers of French Canada, lost a hand and wore an iron hook as a substitute. He was in the habit of boxing the ears of refractory Indians with this iron hand, and they have remarked that it was "great medicine." Dr. Thomas' Eclectric Oil is great medicine; it takes hold of pain with an iron hand and knocks it out of the system.

Kindly mention the name of this paper in writing to advertisers.

A man, praising porter, said it was so excellent a beverage that taken in great quantities it always made him fat. "I have seen the time," said another, "when it made you lean." "When, I should like to know?" said the eulogist. "Why, no longer ago than last night—against the wall."



ISSUE NO. 34—09.

JUST THE SAME.

Pat (waking up)—"An' pwhat happened to me?"

Ambulance Surgeon—"You were asphyxiated."

Pat—"Faith, I had it done wance before—in my lift arrum—but it didn't take thot time."

THE "LAKE OF BAYS" COUNTRY.

A handsome brochure, artistically illustrated, has been issued by the passenger department of the Grand Trunk Railway System, telling of the beauties of the Lake of Bays district, in the "Highlands of Ontario." A new feature of this district is the new hotel—The Wawa—at Norway Point. The hotel itself has a page illustration reflecting the summer glories of woodland and water, with a brood of seven wild geese soaring skyward beyond the tower. The concise description embodies the story of a charming resort.

A copy can be obtained free on application to Mr. J. D. McDonald, Union Station, Toronto.

FINE!

It's enough to take
Your breath away
To meet a person
Who doesn't say,
"Is it hot enough
For you to-day?"

To Men Who Live Inactive Lives.—Exercise in the open air is the best tonic for the stomach and system generally; but there are those who are compelled to follow sedentary occupations and the inactivity tends to restrict the healthy action of the digestive organs and sickness follows. Parmelee's Vegetable Pills regulate the stomach and liver and restore healthy action. It is wise to have a pocket of the pills always on hand.

SCOTCH A' RIGHT.

A Scottish laird overheard some lowland cattle dealers discussing the use of "England" in stead of "Britain" in Nelson's famous signal, "England expects that every man will do his duty." According to one patriotic Scot, there was no question of the admiral's forgetfulness, and when a companion expressed surprise at the "injustice" the patriot reassured his. "Nelson," he explained, "only 'expects' of the English; he said naething of Scotland, for he kent the Scotch would do theirs!"

Sore Feet.
CHAFED PLACES, BLISTERS, &c.

Are your feet hot, sore and blistered? If so, try Zam Buk.

As soon as Zam-Buk is applied it cools and soothes injured smarting skin and tissue.

Its rich, refined herbal essences penetrate the skin; its antiseptic properties prevent all danger of festering or inflammation from cuts or sores; and its healing essences build up new healthy tissue.

For stings, sunburn, cuts, burns, bruises, etc.—just as effective.

Mothers find it invaluable for baby's sores!

All Druggists and Stores.—50c. box.

TELEGRAPHY

is a sure passport to a good salary. You can learn it easily and quickly at the CENTRAL TELEGRAPH SCHOOL, 3 Gerrard St. East, Toronto. Particulars Free. Write.
W. H. SHAW, Pres.

WE GIVE FREE SAMPLE & CASE

WRITE FOR CATALOGUE

AGENTS MEN OR WOMEN.

Make $3 a Day and establish permanent business on our capital. Our high class goods sell on sight in every home, are quickly used up and repeat orders come fast. Exclusive territory given.

THE HOME SUPPLY CO., Dept. 50, Toronto, Ont.

The Rapid Needle Threader

A practical eye-saving, time-saving device, used for any size needle or thread. It threads quickly, easily, and will last a lifetime. Mailed to your address, postpaid for 25c.

AGENTS WANTED.

The Rapid Needle Threader Co.,
Box 1307. Orillia, Ontario

VANZANT & WARING'S GUARANTEED **"SPAVIN CURE"** Mailed on receipt of $1.00. Send for booklet—FREE.

The Veterinary Remedy Company, Limited, Box A, 75 Adelaide St., E. Toronto, Canada.

AGENTS WANTED.

ONE RELIABLE MAN WANTED IN EVERY town to take orders for best custom made clothes in Canada. Highest commission. Rex Tailoring Co., Toronto.

HELP WANTED.

WANTED—Ladies to do plain and light sewing at home, whole or spare time; good pay; work sent any distance; charges prepaid. Send stamp for full particulars. National Manufacturing Company, Montreal.

CLEANING LADIES'... WALKING OR OUTING SUITS

Can be done perfectly by our French Process. Trade BRITISH AMERICAN DYEING CO.

MONTREAL, TORONTO, OTTAWA & QUEBEC

HIGH CLASS
Custom Made Clothes
BEST VALUES IN CANADA.

EXHIBITION VISITORS

cordially invited to call and inspect our stock.

AGENTS WANTED
in every locality.

REX TAILORING COMPANY,
172 King St. West Toronto
(Opposite Princess Theatre.)

OMEGA
PRIZE WINNERS

WE beg to announce that the prizes offered for solution of our Omega Watch "Count the Dots" puzzle were won as follows:—

1st Prize—Miss Mary G. Smith, Little Sands, P.E.I.
2nd Prize—Mr. E. M. Broughton, Olds, Alberta.
3rd Prize—Mr. John Gillespie, Cedarville, Ont.

The correct number of dots was 599.

If your answer was within 20 of the 599, and you have not received one of the Consolation Prizes, it is because there has been some error, or perchance your name and address was not legibly written. If there are any such, we hope they will write to us at once, as we want to send a Prize to all who are entitled to it.

ELLIS BROS. 103 Yonge St. Toronto

Utilization of Surplus Funds

A fundamental principle of a successful business is the proper utilization of surplus funds—to earn the greatest interest returns. Financial institutions and individuals of wealth do not permit large accumulations of money earning nothing, or only a low rate of interest.

Why, then, should not the investor of moderate means avail himself of the same opportunities afforded to Insurance Companies, Trust Corporations and similar institutions? The services of our organization are available to anyone who inquires.

Issues offered by us are recommended only after a thorough investigation by experts—and purchased in entirety by us.

The distribution of many of our recent issues is significant of their strength of security—of their favorable interest return — of their acceptability to intelligent investors.

Some of the issues suitable for the general investor are:

—Canadian Northern Railway Co. Equipment Bonds yielding 5 p.c.
—Duluth, Rainy Lake and Winnipeg Railway Bonds yielding 5 1-4 p.c.
—Western Canada Flour Mills Company, yielding nearly 5 3-4 p.c.
—P. Burns and Company, Ltd., bonds, (Ranchers, Meat-packers and distributors of packing products)—yielding over 5 3-4 p.c.

We should like to tell you of these bond issues and others which we recommend.

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