FORTIFIED AT FIFTY.

Dr. William's Pink Pills Bring Health and Strength to Women at a Critical Time.

Few women reach the age of fifty without enduring much suffering and anxiety. Between the years of forty-five and fifty health becomes fickle, and acute weaknesses arise with rheumatic attacks, pains in the back and sides, frequent headaches, nervous ailments and depression of spirits.

The secret of good health between forty-five and fifty depends upon the blood supply. If it is kept rich, red and pure, good health will be the result, and women will pass this critical stage in safety. Dr. Williams' Pink Pills help women of mature years as no other medicine can, for they make the rich, red blood that means good health, and brings relief from suffering. Mrs. C. Donavon, Newcastle, N. B., says: "About two years ago I was greatly run down and very miserable. I did not know what was wrong with me. I was hardly able to drag myself about, had severe headaches and no appetite. I felt so wretched that I hardly cared whether I lived or not. I had often read of what Dr. Williams' Pink Pills had done for others and I decided to try them, and I can now truthfully say I found them all they are recommended to be. Under their use my health gradually came back; I could eat better, sleep better and felt stronger in every way, and before long I was enjoying as good health as ever I had done."

Dr. Williams' Pink Pills cure by going to the root of the trouble in the blood. They actually make new blood. That is why they cure such troubles as rheumatism, neuralgia, indigestion, kidney troubles, headaches, sideaches and backaches, and the ailments of growing girls and women of mature years. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

DIETING ON DEADLY DRUG.

Arsenic Is Taken to Beautify the Complexion.

Arsenic-eating is indulged in in England to-day to a considerable extent. There are dainty dames in London mansions who swallow the poison in profusion. So, too, do the foreign-born East London artificial-flower makers; the object in both cases being the same, namely, the beautifying of the complexion.

Very minute quantities of the drug, taken daily for long periods, give the skin a dazzling purity and delicacy of coloring obtainable in no other way. Even a coarse, blotchy face is transfigured and beautified by it.

The girls and women in the factories—mostly aliens—are fully aware of these facts, and not only make use of the poison themselves for that purpose, but smuggle it outside, and give or sell it to their friends and acquaintances.

Not long since a Polish Jewess was prosecuted for this at a London police-court, when it transpired that she had for years been a victim to the arsenic habit, her average daily dose being half a grain. Her system, the police surgeon explained, had undoubtedly become inured to the effects of the poison, since such a quantity introduced daily into the system of an unimmune person would very quickly be followed by serious symptoms, and probably death.

Opium, in the form of laudanum, is largely used in the factory districts of England and in certain of the counties. Laudanum is a poison, but it is also an ordinary article of commerce, and there is, therefore, nothing to prevent a chemist from selling any quantity of it to any person giving anything like a plausible explanation of the purpose for which he requires it. Some victims of the habit will consume as much as three ounces daily; yet a single drachm has been known to cause death.

Ether drinking is common amongst the natives of Connemara, Ireland; who are also in the habit of dosing themselves with tartar emetic, probably the most loathsome of all toxic drugs. This they do under the impression that it is a preventative of—some say a cure for—consumption.

HEALTHY LITTLE CHILDREN.

A mother should not expect that her children will escape all the ills to which babyhood and childhood are subject, but she can do much to lessen their severity and make baby's battle for health easily won. Baby's Own Tablets should be kept in every home where there are little ones. They are mothers' ever-ready help and Baby's best friend. The action of the Tablets is gentle but thorough. They cure colic, indigestion, constipation, diarrhoea, allay the irritation at teething time, destroy worms and promote healthy, natural sleep. And the mother has the guarantee of a government analyst that this medicine contains no opiate or narcotic. Sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

MONARCHS' GOOD DEEDS

WHEN KINGS AND QUEENS ARE GRACIOUS.

Great Britain's Royal Family Are Continually Doing Kindly Acts.

Very difficult it is for Royalty to step down from the eminence of their high position. The reigning family of Great Britain, however, has provided many instances where high rank has been forgotten.

A few days ago, for example, the Prince of Wales arrived unexpectedly at St. Mary's Hospital, Paddington, of which he is president, and spoke kindly to each patient. But there was a tiny gentleman of five, who was playing with a box of bricks, and it happened that he was in the middle of a failure at a difficult building feat when his Royal Highness came to his assistance. The merry laughter that came from the pair showed that each was thoroughly enjoying the pastime.

Queen Alexandra is patron of numerous charitable institutions, and her acts of kindness are innumerable, and easily called to mind. In the early 'nineties, when she was Princess of Wales, she was appealed to by an East End woman, whose only child was dying. The simple, illiterate letter roused all the motherly sympathies of the august lady, and she set to work to get the child the best medical attention, and

ITS LIFE WAS SAVED.

How practical the Queen is was shown a few years ago by an incident that occurred whilst she was being conducted over a huge block of flats, intended to kill the slum tenement system. The rooms were bright, cheerful, and cheap; but the Queen had not been in the building many minutes before she pointed out to the officials that there was not sufficient cupboard and shelf accommodation. The defects were remedied.

When King Edward was Prince of Wales he could walk about London without being inconvenienced by gaping crowds. One afternoon, near Pall Mall, his Royal Highness went over to a hesitating blind man, and gently conducted him across the street. Someone, whose name is unknown to this day, saw the kindly act, and recognized the august guide. Next day a silver cigar-box arrived at Marlborough House, bearing an inscription recording the Prince's deed, and signed "One Who Saw It." It remains one of the most treasured of his Majesty's possessions.

The Queen has had many amusing experiences in the course of her visits of mercy to children's hospitals. The mites lose all their awe at the sight of her Majesty's reassuring smile, and they follow up their shyness with demonstrations of affection that have become alarming before now In. the children's ward of a famous London hospital one of the patients set the example of

HUGGING THE QUEEN,

which was enthusiastically adopted by the rest of the ward.

Last year the Queen announced that she would be responsible for the upbringing of a little girl in one of the schools on the Royal estates who had lost both her parents. The girl's future is thus assured, and she has already started on a training that will fit her for her future life.

Queen Alexandra once complimented an old Scottish woman upon her skill in darning socks.

"Eh, I ken see, ma lady, that ye knaw haw to mend yer husband's socks yersel'," said the dame, with a smile; "an' it's we marrit wimmen who know these things!"

Her Majesty smilingly left the housewife fully convinced that the Queen of England darned her husband's socks!

The Tsar of Russia is a man who would rather pass the time with his children than rule an empire. On one occasion a diplomat found the Tsar on his hands and knees carrying two of his children round the room on his back. Nicholas laughingly invited him to join, but the starchy uniform of the official prevented his doing so.

Then there was the daily promenade in Kensington Park of the infant heir to the Spanish throne. One day the Queen of Spain was seen talking to another fond mother, who happened to be taking her baby out for an airing; and in the scene, recorded for us by the camera, one got a practical illustration of the saying that "love levels all."—London Answers.

A traveller passing through the Broad Top Mountain district in northern Bedford County, Pennsylvania, last summer, came across a lad of sixteen cultivating a patch of miserble potatoes. He remarked upon their unpromising appearance and expressed pity for anyone that had to dig a living out of such soil. "I don't need no pity," said the boy, resentfully. The traveller hastened to soothe his wounded pride. But in the offended tone of one who has been misjudgel the boy added: "I ain't as poor as you think. I'm only workin' here. I don't own this place."

GOOD BUTTER IN DENMARK.

Butter in Danish Kingdom Said to be Best in World.

The wealthy women who have gone in for dairy farms should take notice of the fact that the butter of Denmark is considered superior to any other in the world, and consequently cast about to find Danish dairy maids. The butter packed in Denmark sells for $1 a pound, and is shipped in two and three-pound tins to such warm regions as South America, South Africa, Egypt, India and the East and West Indies, standing the climatic changes perfectly. It is said that no preservatives are used, and that the remarkable properties are due solely to the care taken in the scientific sterilizing of the milk and cream. It is also maintained that there is no secret process, but, nevertheless, says the New York Tribune, American dairymen who journey to the most famous Danish dairies, and even travellers on pleasure bent, are all refused admission to the butter-packing establishments. The Danish packers import from America 1,000,000 pounds of butter annually, which they re-pack and ship to the ports mentioned, the same butter not standing these trips when sent directly from this country.

YOUNGEST GREAT-GRANDMA.

Mme. Edna Bertonelle, a seamstress in the Quartier Montmartre, Paris, is held to be the youngest great-grandmother in the world. She was married at the age of fourteen, and her first child, a girl, married at the same early age. When Edna was thirty-one she was a grandmother. Her grandson married at seventeen a young woman a few days his junior. On her forty-eighth birthday Mme. Bertonelle was a great-grandmother.

"LAKE OF BAYS" COUNTRY.

A handsome brochure, artistically illustrated, has been issued by the passenger department of the Grand Trunk Railway System, telling of the beauties of the Lake of Bays district, in the "Highlands of Ontario." A new feature of this district is the new hotel—the Wawa—at Norway Point. The hotel itself has a page illustration reflecting the summer glories of woodland and water, with a brood of seven wild geese soaring skyward beyond the tower. The concise description embodies the story of a charming resort.

A copy can be obtained free on application to J. D. McDonald, Union Station, Toronto, Ont.

"PONY UP."

If you owe the corner grocer,
Pay him now!
Do not ask for credit—no, sir,
Pay him now!
If you owe the landlord rent,
Or the butcher a red cent,
Don't wait longer—be a gent,
Pay him now!

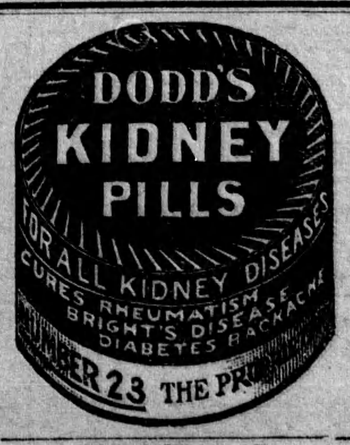
A Medical Need Supplied.—When a medicine is found that not only acts upon the stomach, but is so composed that certain ingredients of it pass unaltered through the stomach to find action in the bowels, then there is available a purgative and a cleanser of great effectiveness. Parmelee's Vegetable Pills are of this character and are the best of all pills. During the years that they have been in use they have established themselves as no other pill has done.

"I wish you would give me that gold ring on your finegr," said a village dandy to a country girl, "for it resembles the duration of my love for you—it has no ending." "Excuse me, sir; I choose to keep it as emblematic of my love for you—it has no beginning."

Red, Weak, Weary, Watery Eyes Relieved by Murine Eye Remedy. Compounded by Experienced Physicians. Murine Doesn't Smart; Soothes Eye Pain. Write Murine Eye Remedy Co., Chicago, for Illustrated Eye Book. At Druggists.

ANIMALS APPOINT SENTINELS.

It is well known that many animals appoint one or more of their number to act as sentinels to guard against surprise while the rest are asleep, or feeding, or at play. Among the animals—using the word in its widest sense—that are thus prudent may be named the following: Wasps, ants, chamois and other antelopes, prairie-dogs, wild horses, rooks, swans, Australian cockatoos, zebras, quails, certain monkeys, flamingoes, New Zealand silver-eyes, shags and other birds, marmots, mouflon and other sheep, esals, African wild cattle, huancoes, elephants, etc.



ISSUE NO. 25—09

ARE A FRIEND TO THE FISHERMEN

DODD'S KIDNEY PILLS CURED MR. C. WILLIAMS' RHEUMATISM.

He Took the Terrible Disease in Time and a Single Box Made Him a Well Man.

South Ingonish, Cape Breton, June 7. —(Special).—How easily and quickly Dodd's Kidney Pills banish Rheumatism and other symptoms of Kidney Disease is well known in the case of Michael C. Williams, a fisherman living in this place.

"My kidney disease started from a strain," Mr. Williams says, "and I suffered from it for about three months. I had backache, stiffness in the joints and Rheumatism. When I got up in the morning I had a bad taste in my mouth; I perspired freely with the least exertion, and I was always tired and nervous.

"One box of Dodd's Kidney Pills cured me and I believe they will cure others who are suffering from Kidney Disease."

If you have any two of the symptoms mentioned by Mr. Williams you may be sure of two things. One is that your kidneys are sick, and the other that Dodd's Kidney Pills will cure you.

Dodd's Kidney Pills have proved in thousands of cases all over Canada that they never fail to cure Kidney Disease of any kind or stage.

FAME AT LAST.

"I suppose the Jimsons must feel terribly about their son being arrested for stealing?"

"Not at all. On the contrary, they are very much elated. All the papers spoke of them as the highly respected family."

Pleasant as syrup; nothing equals it as a worm medicine; the name is Mother Graves' Worm Exterminator. The greatest worm destroyer of the age.

EXCLUSIVE.

"Where do the Hottentots live, Mary?" a public-school teacher asked one of her pupils.

"I don't know, 'm," said Mary, primly. "Ma won't let me visit an' of the people in this neighborhood."

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

Wife: "What do you think? The cat has eaten every bit of the meat that I have just cooked!" Husband: "The poor thing! But never mind; I will get you another cat!"

Trial Proves its Excellence.—The best testimonial one can have of the virtue of Dr. Thomas' Eclectric Oil is the treatment of bodily pains, coughs, colds and affections of the respiratory organs, is a trial of it. If not found the sovereign remedy it is reputed to be, then it may be rejected as useless, and all that has been said in its praise denounced as untruthful.

The Lawyer's Wife: "What does the paper say about this season's suits?" The Lawyer (absently): "Large cheques will be the correct thing in law suits this season."

IMITATIONS ABOUND, but insist upon getting the genuine, "The D. & L." Menthol Plaster, which has stood the test of years. It cures; imitations don't. "The D. & L." is made by Davis & Lawrence Co.

SOUND REASONING

An old sea captain was visiting a certain exhibition, and was greatly interested in the mechanical section, where a fine array of steam whistles was on show.

"How far can that one be heard?" he asked, pointing to a huge "buzzer."

The young man in attendance was only a deputy, but he promptly replied, "Sixteen miles."

"Sixteen miles?" said the old salt incredulously.

"When I say sixteen miles," elaborated the youth, "I mean eight miles this way and eight miles that way."

OWED HIM A GRUDGE.

Tommy had been punished. "Mamma," he sobbed, "did your mamma, whip you when you were little?"

"Yes, when I was naughty."

"And did her mother whip her when she was little?"

"Yes, Tommy."

"And was she whipped when she was little?"

"Yes."

"Well," inquired the child, his brain cleared by the position he had just occupied, "who started it, anyway?"

WHAT BIRDS ARE WORTH.

Superior to the Best Spraying Machine Ever Invented.

An English farmer with a taste for statistics has made a calculation of the value of the forest bird to the farmer and gardener.

He computes that on the average each bird nest contains about five fledglings, and that during the period of four to six weeks, when the young birds are fed by their parents, each nestling consumes about fifty worms, flies, or other insects every day. Now, suppose that the consumption lasts a month. During that time one brood will eat about 7,500 insects.

Suppose that each insect destroys during its naural life only one apple, pear, peach, or plum, the farmers will save 7,500 individual fruits by labors of one pair of parent birds. This estimate he considers very moderate, for there are some insects, each one of which does a great deal more damage than he estimates.

One small fly, for example, causes the florists great loss every year by piercing the young buds of the chrysanthemum, and thus causing the flowers to come deformed and worthless. One of these flies has been known to bore into sixty chrysanthemum buds in a single day, and thus cause the florist a loss of $25 to $30. By protecting the bird nests and eggs the ravages of insects would not indeed be stopped, but they might be lessened in such a degree as would greatly increase the income of the farmer and gardener, for, as insect destroyers, a robin is superior to the best spraying machine ever invented, and what is more to the purpose, they work without pay, begin before the sun is up, and keep on until dark.

Give Holloway's Corn Cure a trial. It removed ten corns from one pair of feet without any pain. What it has done once it will do again.

NIGHT WEAR.

Customs Officer (after searching trunk)—"I thought you said you had only wearing apparel? What are these?" (pointing to some bottles of brandy).

Tourist—"Oh, they're my nightcaps."

THE "BURLINGTON ROUTE"

will inaugurate, May 23rd, two through trains Chicago to Seattle, Wash., via St. Paul, daily. Low rates to all North and South Pacific Coast points. A forty page folder descriptive of the Alaska-Yukon Exposition free for the asking. For information in regard to rates and train service write or call on

J. A. YORICK, 54 King St. East, Toronto, Ont.

Hostess: "It's beginning to rain; you'll get wet; I think you'd better stay to dinner." Departing Guest: "Oh, dear, no. It's not raining so badly as all that!"

The change of dietary that comes with spring and summer has the effect in weak stomachs of setting up inflammation, resulting in dysentery and cholera morbus. The abnormal condition will continue if not attended to and will cause an exhaustive drain on the system. The best available medicine is Dr. J. D. Kellogg's Dysentery Cordial. It clears the stomach and bowels of irritants, counteracts the inflammation and restores the organs to healthy action.

NEVER WOULD BE MISSED.

A commercial traveller was bragging about the magnitude of the firm he represented.

"I suppose your house is a pretty big establishment?" said the customer.

"Big? You can't have any idea of its dimensions. Last week we took an inventory of the employees, and found out for the first time that three cashiers and four bookkeepers were missing. That will give you some idea of the magnitude of our business."

"Mother, when did you first get to know papa?" "Several years after I married him. Why?"

Zam-Buk

is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

All Druggists and Stores.—50c.

Peak's Hair Grower

Has never failed to stop Falling Hair, positively kills the Dandruff Germ. Try it and be convinced for yourself.

YOUR MONEY REFUNDED IF IT FAILS.

Write for Descriptive Pamphlet

The Peak Mfg Co., 129 Victoria St., Toronto, Ont.

WE GIVE FREE SAMPLE CASE

WRITE FOR CATALOGUE

AGENTS MEN OR WOMEN.

Make $3 a Day and establish permanent business on our capital. Our high class goods sell on sight in every home, are quickly tried up and repeat orders come fast. Exclusive territory given.

THE HOME SUPPLY CO., Dept. 50, Toronto, Ont.

ALEXANDER WARDEN,

(Late treasurer Presbyterian Church in Canada)

BONDS AND STOCKS

Cobalt stocks bought and sold on commission.

18 TORONTO STREET, TORONTO, CANADA

Long Distance Phones—Main 2370, Main 2371.

FOR SALE.

A number of reg. dark red Shorthorn Bulls, 12 to 14 months, by imp. sire, some out of imp. dams, at right prices. Also seed Peas.

JOHN McFARLANE, Dutton, Ont.

GROCERIES, Harness, Buggies, Proprietory Medicines, (including The Dr. Evans Prescriptions,) and Miscellaneous Supplies, at prices to save you large margin of profit. Absolute satisfaction guaranteed. State goods you want prices on. THE CLEMENT BROWN TRADING CO., TORONTO, ONT.

WANTED.

PANTRY WOMAN, liberal wages, and girls for dining-room work, wages $15.00 per month. Apply "The Welland," St. Catharines.

WANTED.—Ladies to do plain and light sewing at home, whole or spare time, good pay; work sent any distance, charges prepaid; send stamp for full particulars. National Manufacturing Company, Montreal.

THE GENIUS.

An all-round genius is a fellow who does everything exceptionally well except making a living.

Pills for Nervous Troubles.—The stomach is the centre of the nervous system, and when the stomach suspends healthy action the result is manifest in disturbances of the nerves. If allowed to persist, nervous debility, a dangerous ailment, may ensue. The first consideration is to restore the stomach to proper action, and there is no readier remedy for this than Parmelee's Vegetable Pills. Thousands can attest the virtue of these pills in curing nervous disorders.

"Why, Tommy, how you do grow!" "Yes, auntie, I think they water me too much. Why, I'm bathed night and morning."

A SPRAINED ANKLE is not an uncommon accident. Painkiller relieves and cures almost as if by magic. The greatest household remedy. Avoid substitutes, there is but one Painkiller, Perry Davis', 25c. and 50c.

The ships of the world are insured for a total of 950 millions of pounds.

Stockwell, Henderson & Co.

Established 30 Years. Limited

78 King St. West, Toronto.

DYERS AND CLEANERS

MODERN MACHINERY HANDSOME BUILDINGS

BEST HOUSE IN CANADA

Express paid One Way on Goods From a Distance

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Instruments, Drums, Band Music, Etc.

EVERY TOWN CAN HAVE A BAND

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BAULD'S PERFECT CORN SALVE

SURE CURE. MAILED 25c

E. H. Bauld 878 YONGE ST. TORONTO, ONT.

CLEANING LADIES' . . . WALKING OR OUTING SUITS

Can be done perfectly by our French Process. Try it

BRITISH AMERICAN DYEING CO.

MONTREAL, TORONTO, OTTAWA & QUEBEC

GLASS INSURANCE AGENTS WANTED

National Provincial Plate Glass Insurance Company, Limited. Head Office, London, England. Established 1854. Capital, Fifty Thousand Pound sterling. For Agencies at unrepresented points Province of Ontario, address

J. H. EWART, Chief Agent,

No. 18 Wellington Street East, Toronto.

Send for booklet "Glass Insurance."

WARREN GZOWSKI & CO.

Members Toronto Stock Exchange.

Traders Bank Building, TORONTO. 25 Broad Street NEW YORK

STOCKS AND BONDS

We are now specializing in COBALT Stocks. Write us for information.

BELL

WHY DO

So many Institutions devoted to the higher Education select Bell pianos? The fact that they use and prefer the Bell is evidence of distinct merit!

One follows professional advice in acquiring an education, why not follow professional custom in buying Bell pianos?

The only pianos with the Illimitable Quick Repeating Action.

ART PIANOS

Send for (free) Catalogue No. 75.

The BELL PIANO & Organ Co., Limited GUELPH, ONTARIO