TOO MANY WOMEN SUFFER IN SILENCE

When the Blood is Weak or Out of Order Disease is Inevitable.

Many women go through life suffering in silence—weak, ailing and unhappy. The langour and bloodlessness of girls and young women, with headaches, dizziness and fainting spells; the nervous ailments, back pains and failure of strength of wives and mothers; the trials that come to all women at the turn of life, are caused usually by impoverished, watery blood. Dr. Williams' Pink Pills for Pale People have helped more women to the joy of good health and robust strength than any other medicine in the world. These Pills actually make new, rich, red blood, which reaches every part of the body, feeds the starved nerves, strengthens every organ, and makes weak girls and women bright and well. Mrs. A. Eagles, Dundas, Ont., says:—"I am writing this letter out of gratitude to let you know the great benefit Dr. Williams' Pink Pills have been to me. From the time I was a girl I suffered from weakness and fainting spells—was always doctoring, but it did not help me. As I grew older I seemed to grow worse. My blood seemed literally turned to water. Sometimes I would faint as often as twice a day. I suffered from indigestion. I could not walk upstairs without stopping to rest on the way, and my heart would palpitate so violently as to produce a smothering sensation. I grew so weak that people thought I was in consumption. I was in this dreadful condition when Dr. Williams' Pink Pills were brought to my attention and I began taking them. The first sign of benefit I noticed was an improvement in my appetite. Then I began to grow stronger, the color began to return to my face; the fainting spells disappeared and gradually I was brought to a condition of more perfect health than I had ever enjoyed before. This is what Dr. Williams' Pink Pills have done for me, and that they have been of lasting benefit is proved by the fact that it is several years since they restored my health, and I have remained strong and well ever since."

Dr. Williams' Pink Pills are a cure for all troubles due to impure or watery blood, such as anaemia, rheumatism, neuralgia, headaches and backaches, indigestion, St. Vitus' dance, paralysis, etc. Sold by medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

WHY THE SALESMAN SUCCEEDED.

He was neat in appearance.

He had dignity of bearing.

He was never late in keeping his appointments.

He had no conceited and arrogant manner.

He believed in his proposition.

He never disgusted his prospect with gross flattery.

He knew all the fine points of his own goods.

He never offended the prospect by undue familiarity.

He never attacked his competitor's goods.

He never ridiculed his prospect's ideas and methods.

He made a careful preliminary study of his prospect's case.

He relied on solid argument based on facts, and not on bluff.

He never got lost in a forest of details, and could stick to essentials.

He had not been out with "the boys" the night before, showing the effects.

He never talked too much. He gave his prospect a chance to explain his needs and position.

He could answer questions and objections intelligently, concisely and convincingly.

He did not try to close his prospect before he had worked him up to a point of conviction.

He never lost his nerve because the prospect presented such an unyielding front, and did not forget that battles are won by hard rallies at the finish.

He knew his business when he made the approach; talked clean-cut business after he got in, made it his business to fight all the way through, and do business before he left.

A GUARANTEE OF SAFETY

Most of the "soothing" syrups and powders advertised to cure the ills of babies and young children contain poisonous opiates, and an overdose may kill the child. Baby's Own Tablets are sold under the guarantee of a government analyst that they contain no opiate or harmful drug. They can be given with absolute safety to a new born child. They cure all those minor ailments originating in disordered stomach or bowels. Mrs. F. Young, River Hebert, N. S., says:—"I have used Baby's Own Tablets for constipation and stomach trouble and when my baby was teething, and have found them the best medicine I know of for these troubles." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SCIENCE OF WORN BOOTS.

Cothurnology is Latest Means of Judging Character.

Palmistry, phrenology graphology and all other methods of judging character seem destined henceforth to take second place to cothurnology—the science of worn boots.

According to a Swiss doctor, worn shoes give far more reliable indications than the lines of the hand, the features of the face, or the style of the handwriting.

If heel and sole of the shoe are equally worn after two months' wear, the wearer is an energetic business man, a trusty employe, or an excellent wife or mother.

If the sole is worn on the outer edge, the wearer has a marked tndency for adventures, or abold, obstinate spirit.

If the wearing is on the inside edge, it is a sign of irresolution and weakness in a man, modesty in a woman.

The inventor of the method has put his views to practical test, and on one occasion, having closely observed a stranger entering his house, noticed that his shoes were worn on tho outside edge the tip of the sole being roughened, while the rest was still as good as new. He was convinced that the man before him was a scroundel, and on the very same day the individual was arrested for theft.

IT HAD ITS LIMITATIONS.

"Madam," said the young man who had called at the door, "I have the pleasure of introducing to you our new automatic house-cleaning machine—a simple little thing which does the whole work of house-cleaning, leaving you merely the general supervision."

"Does it do all, eh?" demanded the woman of the house. "Will it wash the outside of the upstairs windows?"

"Why, no, madam, but——"

"Will it take down, wash, stretch to dry, iron, and hang up the parlor curtains?"

"Well, of course, this machine—"

"Will it paint the kitchen, and make my daughter help with the dishes?"

"Oh, madam, this machine——"

"Will it wash the winter bedding and put it away, lay down the furs with moth balls, sew on buttons, set three meals a day, and pacify the household?"

"No, madam. You have misunderstood the limitations of my machine."

"Limitations! It will be a long time before any man will get up a machine to do all a woman has to do in her house."

The agent silently faded away.

A MINISTER'S GRATITUDE.

Zam-Buk Cured a Face Sore which Defied all other Remedies for Two Years.

Rev. Charles E. Stafford, of Bridgeburg, Ont., says:—

"I had been much troubled for over two years with a sore on my left cheek. I tried all kinds of salves and lotions, but nothing I procured seemed to have the least bit of effect towards healing the sore. Hearing of Zam-Buk, I decided to give it a trial, and see if it would bring about a cure, as so many other things had failed. I purchased a supply, and commenced with the treatment. After several applications, to my great joy, Zam-Buk has effected what for two years I tried in vain to bring about—a complete cure."

Case after case could be quoted in which, as in the above instance, Zam-Buk has worked cures when everything else tried had failed. There is a reason for this. Zam-Buk is the ideal remedy because of its unique ingredients for all skin injuries and diseases.

Away back in the days of the Roman gladiators, secret balms were used for the healing of cuts and injuries sustained in the arena and in battle. Then came a period during which external balms were neglected, followed by a period in which all the salves and embrocations had as their base animal fats and oils. Zam-Buk marks a new epoch. It is absolutely devoid of all animal fats, all mineral colouring matters, and is composed entirely of rich medicinal herbal extracts. Zam-Buk is a combination of Nature's rich healing herbal juices by the most modern scientific methods, and the result is a balm which cures when others fail.

Skin diseases, such as eczema, ringworm, salt rheum, and prairie itch, are speedily overcome by it. For piles it is fine!—easing the pain and inflammation, and hastening a cure. It also cures burns, scalds, cuts, ulcers, children's sores and eruptions, blood-poisoning, scratches, old wounds, varicose ulcers, &c. All Druggists and Stores sell at 50c. a box, or post-free for price from Zam-Buk Co., Toronto. Refuse harmful and cheap imitations, sometimes represented as "Just as good."

THOUGHT HE EARNED IT.

Mrs. Croxton was opposed, on principle, to giving money or food to professional beggars, but there was something so forlorn in the aspect of the dilapidated vagabond at her kitchen door that she hesitated to turn him away.

"Haven't you any occupation?" she asked.

"Nothing that you'd call an occupation, ma'am," he answered.

"Didn't you ever try to learn a trade of any kind?"

"Nothing that you'd call a trade."

"And you have never tried to earn your own living?"

"Lady," said the tramp, straightening himself up with something resembling dignity, "I earn my living every day. At least, I'm earning the right to live."

"How?"

"Dodging automobiles."

Mrs Croxton decided that he had earned a plateful of chicken hash.

LAY FOR WEEKS AT DEATH'S DOOR

BUT DODD'S KIDNEY PILLS CURED MRS. THOMPSON'S DROPSY.

It Started with Backache and grew Worse till the Doctor said She Must Die.

Holt, Ont., May 17. (Special).—All the countryside here is ringing with the wonderful cure of Mrs. Samuel Thompson, who lay at the point of death for weeks, swollen with Dropsy so that the doctor five different times decided to tap her, but desisted because, as her husband said, "It might be better to let her die in peace." After the doctor had given her up Dodd's Kidney Pills cured her.

Mrs. Thompson's terrible trouble started with a pain in the back. She grew worse, and the doctor treated her for jaundice for eight weeks. Then her feet and legs began to swell, and it was realized that Dropsy was the trouble. For seven months she suffered. The doctor said there was no hope; she must die.

As a last resort Dodd's Kidney Pills were tried. The improvement was slow but gradually her strength came back. To-day Mrs. Thompson is a well woman. She says, and the countryside knows, she owes her life to Dodd's Kidney Pills.

If the disease is of the Kidneys, or from the Kidneys, Dodd's Kidney Pills will cure it.

HAD LEARNED SIGNS.

Landlady—"That new boarder needn't try make me think he is a bachelor. He's either married or is a widower."

Milling—"How can you tell?"

Landlady—"He always turns his back when he opens his pocket-book to pay his board."

The transition from winter's cold to summer's heat frequently puts a strain upon the system that produces internal complications, always painful and often serious. A common form of disorder is dysentery, to which many are prone in the spring and summer. The very best medicine to use in subduing this painful ailment is Dr. J. D. Kellogg's Dysentery Cordial. It is a standard remedy, sold everywhere.

UNCLE EBEN SAYS:

"It's true when the ol' cat's away the little mice will sport an' play, but one or more gits taken in when the ol' cat shows up ag'in."

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

The average man no sooner does a kind act that he begins to feel big over it.

There is No Such Thing as a harmless cough. The trouble goes from bad to worse unless checked. Allen's Lung Balsam cures the worst of colds. It allays inflammation and clears the air passages.

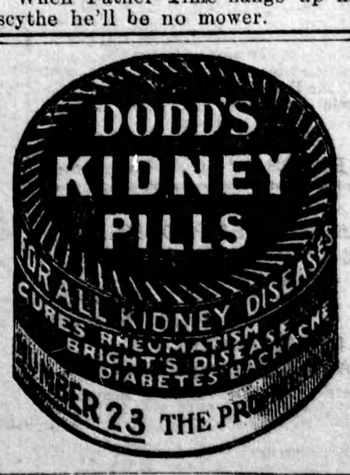
It takes a good neighbor to appreciate a neighbor who thinks he is better.

Are your corns harder to remove than those that others have had? Have they not had the same kind? Have they not been cured by using Halloway's Corn Cure? Try a bottle.

Minister's Wife — "Wake up! There are burglars in the house, John." Minister—"Well, what of it? Let them find out their mistake themselves."

"That, sir," said the jeweller, triumphantly, pointing to a marble timepiece, "is a magnificent specimen of the clockmaker's art. That clock will go for eight weeks without winding." "And how long," asked the customer, "will it go with winding?"

When Father Time hangs up his scythe he'll be no mower.



ISSUE NO. 21—09.

MAN HATERS IN ENGLAND.

Would Not Receive Letters With King's Head on Stamp.

There died at Hackney, England, the other day an elderly spinster named Harriet Evans, who possessed the distinction of being probably the bitterest man-hater that ever lived.

So far, indeed, did she carry her destestation of the opposite sex, that she refused to receive letters because the stamps bore the King's head. For the same reason, she would only use coins with Queen Victoria's effigy upon them. All other money she threw into the fire as soon as she received it. She declined to deal at shops where male assistants were employed, and, when advertising for apartments, she invariably stipulated that there should be no man in the house.

The papers alluded to her case as a unique one. But in reality women holding similar views are far from uncommon, although comparatively few carry their man-hating mania to such extreme lengths.

There was, however, a lady who quite recently advertised her abhorrence for the opposite sex by publicly refusing to accept a legacy which had been left her by a male relative. Her servants, too, were all females, including her "coachman," who was, up till the middle of last year, a quite well-known figure in the West End of London.

In Bloomsbury, again, there lived, not long ago, a woman shopkeeper, who declined to supply men customers, or, rather, would-be men customers, on any terms whatever. Her establishment was a small one, of the kind usually known as a "general shop," and the eccentric proprietor used to sit in a little parlor in the rear.

If a man, not knowing her rule, entered, repeated knockings on the counter failed to elict any reply. But to one of her own sex, no matter how uninviting her appearance might be, or how shabby her dress, she was graciousness and punctuality personified.

They Cleanse While They Cure.—The vegetable compounds of which Parmelee's Vegetable Pills are composed, mainly dandelion and mandrake, clear the stomach and intestines of deleterious matter and restore the deranged organs to healthful action. Hence they are the best remedy for indigestion available to-day. A trial of them will establish the truth of this assertion and do more to convince the ailing than anything that can be written of these pills.

Country Doctor—"Well, Silas, your wife has gastric fever." Silas (much concerned)—"Don't see how that can be, sir, seeing as how we've never burned gas, but always used lamps."

A LONG RECORD OF SUCCESS in curing all sorts of cuts, burns and bruises, as well as all bowel complaints, is held by "Painkiller"—over 60 years. Avoid substitutes, there is but one "Painkiller"—Perry Davis', 25c. and 50c.

Sentinel (on guard)—"Halt! Who comes there?" The Colonel—"Idiot!" Sentinel—"Advance, idiot, and give the countersign."

THE "BURLINGTON ROUTE"

will inaugurate, May 23rd, two through trains Chicago to Seattle, Wash., via St. Paul, daily. Low rates to all North and South Pacific Coast points. A forty page folder descriptive of the Alaska-Yukon Exposition free for the asking. For information in regard to rates and train service write or call on

J. A. YORICK, 54 King St. East, Toronto, Ont.

Free church seats might be appreciated more if they were less uncomfortable.

It Keeps the Muscles Pliant.—Men given to muscular sports and exercises and those who suffer muscular pains from bicycle riding will find Dr. Thomas' Eclectric Oil something worth trying. As a lubricant it will keep the muscles pliable and free from pains which often follow constant use of them, without softening them or impairing their strength. For bruises, sprains and contusions it is without a peer.

There is one chance in 64,000,000,000 of one person's finger-tip being identical with that of another.

Missionaries in All Lands are friends of Painkiller. Hundreds of letters testify to the fact. For accidents and sudden emergencies, such as sprains, cuts and bruises, they find it invaluable. Avoid substitutes, there is but one "Painkiller", —Perry Davis'—25c and 50c.

THE WORLD'S WEALTH.

To possess all the gold in the world would appear, to most people, a terible burden; but, providing it was sufficiently insured, it would be little or no trouble. A rough estimate places the value of a cubic yard of gold at $10,000,000; so that all the gold in the world, if melted into ingots, could be contained in a cellar twenty-four feet square and sixteen feet high. All the wealth so far obtained from Australia and California could be comfortably tucked away in your office. All that would be required would be an iron safe nine feet square and nine feet high. To give an idea of how small is the little cube of yellow metal, it may be stated that the gold with which Solomon overlaid the "most holy place"—a room only thirty feet square—amounted to more than $100,000,000.

A BOOK FOR MOTHERS.

Every mother is naturally anxious for information that will enable her to keep little ones in good health. The Dr. Williams' Medicine Co., have issued a little book which contains a great deal of information on the care of infants and young children, that every mother ought to know. The book will be sent free to any mother who will send her name and address to the Dr. Williams' Medicine Co., Brockville, Ont.

Lawyer—"Now, I want you to answer this question very carefully—Was your father (when your mother struck him with a rolling pin) under the influence of drink?" Juvenile Witness—"No, sir; he was under the kitchen table."

The healthy glow disappearing from the cheek and moaning and restlessness at night are sure symptoms of worms in children. Do not fail to get a bottle of Mother Graves' Worm Exterminator; it is an effectual medicine.

Wise men lose a lot of valuable time explaining some of the things they know of other people.

TRADING on a good name and deceiving the public is what the imitators of the well-known "The D. & L." Menthol Plaster are doing. Don't be fooled, insist on the genuine, "The D. & L."

"I see that your smaller sister took the smaller apple," said an experienced mother. "Did you let her have her choice, as I told you?" "Yes, mother," her son replied, brightly, "I told her, if she didn't choose the smaller, she wouldn't get any at all. She chose the smaller, mother!"

Eyes Are Relieved By Murine

when Irritated by Chalk Dust and Eye Strain, Incident to the average School Room. A recent Census of New York City reveals the fact that in that City alone 17,928 School Children needed Eye Care. Why not try Murine Eye Remedy for Red, Weak, Weary, Watery Eyes, Granulation, Pink Eye and Eye Strain? Murine Doesn't Smart; Soothes Eye Pain. Is Compounded by Experienced Physicians; Contains no Injurious or Prohibited Drugs. Try Murine for Your Eye Troubles; You Will Like Murine. Try It in Baby's Eyes for Scaly Eyelids. Druggists Sell Murine at 50c. The Murine Eye Remedy Co., Chicago, Will Send You Interesting Eye Books Free.

"That was a dreadful tough steak you sent me yesterday, Mr. Beefleigh," said a lady to her meat purveyor. "Was it, madam? You should have sent it back." "Yes, I meant to, but my husband was too quick for me. Before I knew what he was going to do he cut it up into strips and used it for hinges on the henhouse door."

Pills of Attested Value.—Parmelee's Vegetable Pills are the result of careful study of the properties of certain roots and herbs, and the action of such as sedatives and laxatives on the digestive apparatus. The success the compounders have met with attests the value of their work. These pills have been recognized for many years as the best cleaners of the system that can be got. Their excellence was recognized from the first and they grow more popular daily.

STOCKWELL, HENDERSON Co. Established 30 Years. Limited
78 King St, West, Toronto.
DYERS AND CLEANERS
MODERN MACHINERY HANDSOME BUILDING
BEST HOUSE IN CANADA
Express paid One Way on Goods From a Distance

CALVES Raise Them Without Milk. Booklet Free. Steele Briggs Seed Co., Ltd., Toronto

YOUR OVERCOATS
and faded Suits would look better dyed. If no agent of ours in your town, write direct Montreal, Box 158
BRITISH AMERICAN DYEING CO.

BAULD'S PERFECT CORN SALVE
SURE CURE - MAILED 25¢
E. H. Bauld 878 YONGE ST. TORONTO, ONT.

Here It Is—Grab It
We want to give away (absolutely free) to every woman in Canada, one pair of 8 inch
Silver Plated Tension Shears
In order to do so we require your help, for which we will pay you. Write us for full particulars.
ATLANTIC SOAP CO., Toronto, Ont.

GLASS INSURANCE AGENTS WANTED
National Provincial Plate Glass Insurance Company, Limited. Head Office, London, England. Established 1854. Capital, Fifty Thousand Pounds sterling. For Agencies at unrepresented points, Province of Ontario, address
J. H. EWART, Chief Agent,
No. 18 Wellington Street East, Toronto.
Send for booklet "Glass Insurance."

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(Late treasurer Presbyterian Church in Canada)
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STOCKS AND BONDS
We are now specializing in COBALT Stocks. Write us for information.

AGENTS MEN OR WOMEN
WE GIVE FREE SAMPLE CASE

WRITE FOR CATALOGUE
Make three dollars a day and establish permanent business on our capital. Our high class goods sell on sight in every home, are quickly used up and repeat orders come fast. Exclusive territory given.
THE HOME SUPPLY CO.,
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CRUISING AND SPEED
LAUNCHES
in all sizes, complete or in knock down form.
Knock Down Frames and Semi-Finished Hulls. Dingys and Yacht Tenders.
ROBERTSON BROS.,
Foot of Bay Street, Hamilton Canada.
Send for Catalogue.

MUSIC $10,000 worth of Sheet Music, Vocal and Instrumental, Popular Comic, Standard, Classic and Sacred Songs, Marches, Waltzes, Two-Steps, Lancers and all kinds of Dance, Comic Opera and Educational Instrumental Music.
The stock of the late Canadian-American Music Co. purchased from the Liquidator at a very low rate on the dollar. We are prepared to sacrifice the entire stock for Quick Sale at prices never before offered. This is not old shelf-worn stock. BUT ALL NEW, modern and handsomely illustrated title pages, and works that sell in the regular way from 15c. to 75c. per copy.
Our price, postpaid, while the stock lasts, Single Copies 5c., 6 for 25c. 15 for 50c.; 35 for $1.00
Special prices in Larger Quantities. Stamps accepted as cash. We have no catalogue of this music. When ordering state class of music required. With our many years experience and business responsibilities, you can safely entrust the selection of your orders to us. Try one lot and you will order more.
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WHY DO
So many Institutions devoted to the higher Education select Bell pianos? The fact that they use and prefer the Bell is evidence of distinct merit!
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The only pianos with the Illimitable Quick Repeating Action.
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Send for (free) Catalogue No. 75.
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ORANGE MEAT LEADS

IN a long series of digestive experiments carried on by Professor Harcourt, of the Guelph Agricultural College, with the Human Subject, taking all the necessary precautions to insure accuracy, he determined the digestibility of various cereals and furnished the following oesults:

Percentage of the constituents digested:

	Organic Matter.	Calories per gram.
Orange Meat	93.4	3,733
White Bread	98.1	2,468
Entire White Bread	94.8	2,256
Graham Bread	92.5	2,296

According to his determination ORANGE MEAT is 50 per cent. more valuable as a food than bread.

To persistent users of ORANGE MEAT a large reward is offered. A private postcard in every package of ORANGE MEAT gives details of how to get a cash prize of Seven Hundred Dollars, or a life annuity of Fifty-two Dollars.

If you enter this contest, send post card to Orange Meat, Kingston, giving full name and address, and mention the paper in which you saw this advertisement.