GROWING BOYS AND GROWING GIRLS

Need Dr. Williams' Pink Pills to Give Them Health and Strength.

Growing boys as well as girls need such a tonic as Dr. Williams' Pink Pills to keep the blood rich, red and pure and give them health and strength. Mrs. Edward Koch, postmistress at Prince's Lodge, N. S., tells the great benefit her little son has derived from the use of this world famous medicine. Mrs. Koch says:—"My little son, Reginald, had been troubled with anaemia almost since birth. He was always a sickly looking child, with no energy and little or no appetite. His veins showed very plainly through his skin and he had several serious attacks of stomach and bowel trouble, and on one occasion his life was dispaired of by two doctors who were attending him. His little body was slowly wasting away until he was nothing more than a skeleton. He was peevish and fretful and a misery to himself. Having read and heard so much of Dr. Williams' Pink Pills I determined to try them in his case, and after giving them to him for a couple of months they certainly worked wonders with him. T-day he is fat and healthy looking; he has a hearty appetite, is able to play like other children, and is bright and energetic, instead of dull and listless as he used to be. Dr. Williams' Pink Pills have changed my puny, sickly child, into a rugged, hearty boy."

Dr. Williams' Pink Pills cured this sickly boy because they went down to the root of the trouble in his blood. That is why they never fail. Bad blood is the cause of all common diseases like anaemia, (bloodlessness) eczema, paleness, headaches, indigestion, kidney trouble, neuralgia, rheumatism and the special ailments that only growing girls and womenfolk know. Dr. Williams' Pink Pills don't bother with mere symptoms, they cure diseases through the blood. They don't cure for a day—they cure to stay cured. Do not take any pills without the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around each box. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

BABY PRINCES OF SPAIN

ELDER ENGLISH IN LOOKS, YOUNGER SPANISH IN TYPE.

English Ways Introduced Into the Spanish Court and Royal Nursery.

Queen Victoria of Spain, who is still Princess Ena to the English, is contemplating another visit to London. This time she will bring the latest baby Prince with her and will leave her eldest son, the heir to the throne, in Spain.

Queen Victoria seems unable to tear herself away from English traditions and associations. English is the language she speaks to her immediate attendants, English are some of the nurses who are in charge of the Prince of the Asturias and Don Jaime, the latest arrival, and very English in all their appointments are the nurseries where her two small sons spend most of their lives at present.

Yet the Spanish people do not seem to resent the Queen's loyalty to the language and customs of her own country. They are so proud of her and so proud of the two Princes she has given them that they are quite willing she and the young King should revolutionize Spanish social life and overthrow traditions of generations past.

KING ALFONSO

is cosmopolitan in ideas and tastes. He takes King Edward of England as his model and insists upon going about as England's King does, unostentatiously and freely. He tries also an anglicize his court and his home life and in appearance he has converted himself into as near an approach to a British citizen as is possible for one so distinctly Latin in type as he is.

English suits, hats, ties, waistcoats, an English way of wearing his hair and the long stride and vigorous outdoor air of the English gentleman—all this does the young King struggle to achieve, and in part he has succeeded. The gilded youth of Spain follow his example, so that English styles and English manners prevail in Madrid, and an English bulldog is considered the very latest touch to this effort to be Anglo-Saxon.

King Alfonso remains a boy in looks and view of life, notwithstanding he is the father of two princes. Spain regard him with affection tinged with respectful toleration. England, on the contrary, frankly admires him as the most romantic figure of present royalty. The whole country rang with his ingenuousness the other day when he refrained from going for a short flight in the Wilbur Wright airship because, as he naively informed those around him, he had "promised the Queen he would not." England loved that little story. All the sentiment in the seemingly phlegmatic Briton rose to applaud it, while Spain, the land of sentiment, received it but coldly.

QUEEN VICTORIA

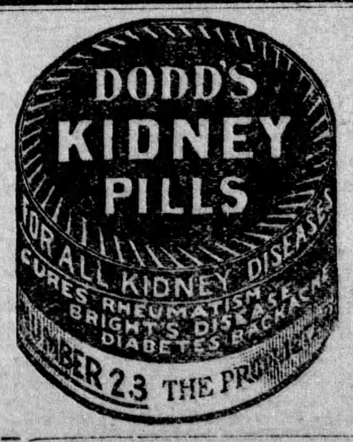
is a devoted mother and spends more time with her two children than is usual with royal parents. She has become so matured in manner and appearance that any trace of the Princess Ena of only three years ago is hard to find.

The two little princes are fine boys and she has every reason to be proud of them. Spanish photographers have tried to picture them to her liking, but with small success, so she "command" the presence of the English photographer who had taken her portrait many times as a girl.

The Prince of the Asturias grows more English in appearance every day. He is very blond, blue eyed and rosy cheeked and very like his golden haired mother in features. He has also her placid temperament.

Don Jaime is a direct contrast to his brother. Though only a few months old he shows already a Spanish type and has all the nervous energy and vitality of King Alfonso, of whom in appearance he is a small counterpart.

The older and more conservative members of the Spanish court have openly wondered if Queen Victoria will realize that Spanish Princes must be brought up according to Spanish traditions, but all young Spain is heart and soul with the young Queen.



ISSUE NO. 19—03.

DELICATE LITTLE CHILDREN MADE WELL AND STRONG

The little ones are frail. Their hold on life is slight. A slight disorder may become serious if not promptly attended to. At the very first symptom of trouble Baby's Own Tablets should be given. This medicine promptly cures indigestion and all stomach troubles, constipation, diarrhoea, and brings the little teeth through painlessly. You can give the Tablets with equally good results to the new born baby or well grown child. Mrs. R. G. Flewell, Uxbridge, Ont., says:—"I have used Baby's Own Tablets and find them a perfect medicine for stomach and bowel troubles." Sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

BELLS OF THIN IRON PLATES.

Curfew in Middle Ages—An Early Pearl of Bells.

There are several old bells in Scotland, Ireland and Wales; the oldest are often quaurangular, being made of thin iron plates which have been hammered and riveted together. At the monastery of St. Gall in Switzerland the four sided bell of the Irish missionary St. Gall, who lived in the seventh century, is still preserved; but more ancient still is the bell of St. Patrick in Belfast, which is ornamented with gold and gems and silver filigree work, says the London Globe.

The curfew bell is that about which most has been written and said. It has been thought that it was only used in England, but it was quite common on the Continent in the Middle Ages.

The ringing of bells by rope is still very popular in England, especially in the country, where almost every hamlet, however small, has its church with its peal of bells, which are often remarkably well rung. The first real peal of bells in this country was sent by Pope Calixtus III. to King's College, Cambridge, and was for 300 years the largest peal in England. About the beginning of the year 1500 sets of eight bells were hung in a few of the large churches.

In the middle of the seventeenth century a man named White wrote a famous work on bells in which he introduced the system of numbering them 1, 2, 3, 4, etc., on slips of paper in different orders, according to the changes intended to be rung. It is calculated that to ring all the changes upon twenty-four bells at two strokes a second would take 117 billion years!

One of the most famous bells in the world is the first great bell of Moscow, which now stands in the middle of a square in that city and is used as a chapel. This bell was cast in 1733, but was in the earth for over a hundred years, being raised in 1836 by the Emperor Nicholas. It is nearly twenty feet high, has a circumference of sixty feet, is two feet thick and weighs almost two hundred tons. The second Moscow bell which is the largest bell in the world that is actually in use, weighs 128 tons. There are several bells extant which weigh ten tons and over, of which Big Ben, the largest bell in England, weighing between thirteen and fourteen tons, is one. Big Ben is unfortunately cracked.

GRAND NEWS FOR OLD FOLKS

WHAT DODD'S KIDNEY PILLS DID FOR HIRAM BROWN.

Cured His Aches and Pains and Gave Him Restful Slumber — Known as the Old Folks' Friend.

East Mapleton, Cumberland Co., N. S., May 10 (Special).—Though well past the alloted span of life Mr. Hiram Brown of this place is still one of the grandest sights in life, a hale and hearty old gentleman. And like many another Canadian veteran he gives Dodd's Kidney Pills the credit for his abundant health.

"I am seventy-two years of age," Mr. Brown said in an interview, "and I want to say that Dodd's Kidney Pills cured me of Gravel and Kidney Trouble. I was troubled with Backache, Headache and Dizziness, Cramps in the Muscles and Stiffness of the Joints. My sleep was broken and at times my limbs would swell.

"But since taking Dodd's Kidney Pills, all these troubles have gone. I consider Dodd's Kidney Pills a wonderful medicine."

The aged man or woman who has healthy Kidneys can afford to laugh at the ills of life. For healthy Kidneys keep the blood pure and ensure good restful sleep. Dodd's Kidney Pills always make healthy Kidneys. That is why they are known as the Old Folks' Best Friend.

HER APOLOGY.

Little Lester was trying to fix a broken toy when five-year-old Beatrice came into the room and said: "I am older than you. You are too little to do much of anything. Let me fix it."

Her papa told her it was not kind to speak that way, and to ask her brother to excuse her.

Throwing her arms around his neck she said, "Oh, Lester, please excuse me but you see it was just this way—I had to be born first."

PLAGUE IN INDIA.

The plague in India first made its appearance in Bombay, where the disease during the last ten years has wrought havoc, but at this time the mortality is one per day. The health department of the city is doing its utmost to keep down the disease. To this end about 10,000 rats are being killed each week.

Are you a sufferer with corns? If you are, get a bottle of Holloway's Corn Cure. It has never been known to fail.

"King" is the most ancient of titles. It, or its equivalent, is found in every known language.

"A Little Cold, You Know," will become a great danger if it be allowed to reach down the throat to the lungs. Nip the peril in the bud with Allen's Lung Balsam, a sure remedy containing no opiates.

MORE THAN ONE WAY.

"John, dear," purred his wife, "what do you think I ought to wear to Mrs. Highmore's party week after next?"

"Oh, wear anything you like," impatiently answered John.

"That's awfully good of you, dear. I shall like to wear a new silk gown, trimmed with old-point lace, and I thank you ever so much."

Do You Want Money?

Have you a little knowledge of Farm Stock? Then write us AT ONCE. $5 to $50 weekly, salary or commission. No experience. Do part of the work on your own farm, or act as agent. Something absolutely new. Greatest easy money making opportunity.

FARM STOCK VETERINARY CO., Toronto.

HOW PRINCE PROPOSED.

Learned "I Love You" in Dutch, Won Holland's Queen.

A very pretty story is told of how the Queen of Holland was proposed to by her present husband. Before she was married she caused it to be known that only a prince who had a good knowledge of Dutch would be entertained as a suitor.

Prince Henry of Mecklenburg, who was very much enamoured, immediately set to work to learn the language. One day he and the young Queen were together, and she casually asked him if he knew much Dutch.

"Yes," he replied, "I am working very hard at it," and taking from his pocket a much-used primer he handed it to her.

Greatly pleased, she opened it, and found scribbled all over the front page the words "I love you" in Dutch. It was a novel way of proposing, but it was eminently successful, and from that moment the two young people considered themselves engaged.

There can be a difference of opinion on most subjects, but there is only one opinion as to the reliability of Mother Graves' Worm Exterminator. It is safe, sure and effectual.

ABSENT-HEADEED.

Mr. Dolan—What did Oi do wid me hat, Bridget?

Mrs. Dolan—Yez lift it on yer head, Moike.

Mr. Dolan—Begorra the nixt thing Oi will be leaving me head in me hat.

EVERY HOUSEKEEPER—must often act as a family physician. Painkiller for all the little ills, cuts and sprains as well as for bowel complaints, is indispensable. Avoid substitutes, there is but one "Painkiller"—Perry Davis', 25c and 50c.

When a Bank of England note returns to the Bank, it is never reissued. It is cancelled by having the signature of the chief cashier torn off.

A Pill That Proves its Value. — Those of weak stomach will find strength in Parmelee's Vegetable Pills, because they serve to maintain the healthful action of the stomach and the liver, irregularities in which are most distressing. Dyspeptics are well acquainted with them and value them at their proper worth. They have afforded relief when other preparations have failed, and have effected cures in ailments of long standing where other medicines were found unavailing.

One hundred and five thousand pounds of ostrich-feathers, the largest quantity ever sold in London at once, was disposed of at a recent sale.

After a Cold Drive don't fail to take a teaspoonful of Painkiller mixed with a glass of hot water and sugar. It surely prevents chills. Avoid substitutes, there is but one "Painkiller"—Perry Davis'—25c. and 50c.

There are few able-bodied paupers in Holland. A tract of public land, containing 5,000 acres, is divided into six model farms, to one of which a person applying relief is sent.

It Needs No Testimonial.—It is a guarantee in itself. If testimonials were required they could be furnished in thousands from all sorts and conditions of men in widely different places. Many medicines are put forth every year which have but an ephemeral existence and then are heard of no more. Dr. Thomas' Eclectric Oil has grown in reputation every day since it first made its appearance.

BAFFLED BY BILLIONS.

What is a billion? Can you conceive it? "Oh, yes!" you reply. "A billion is a million times a million. I can conceive it easily." Well, granted—for the sake of argument—that you can conceive it, can you count it? No! No man is able to count it. You may be able to count, say, 160 to 170 a minute; but let us suppose that you go up as high as 200 a minute hour after hour. At that rate, you would count 12,000 an hour, 288,000 a day, and 105,120,000 in a year. To count a billion would thus require a person to count 200 a minute for over 9,512 years!

HELPING THEM OUT.

"Your cousin's medical practice, I suppose, doesn't amount to much yet?"

"No, I'm sorry to say. We relatives do all we can, however; but, of course, we can't be ill all the time!"

NO ROOM FOR ARGUMENT.

"Yes," said the young wife proudly, "father always gives something expensive when he makes presents."

"So I discovered when he gave you away," rejoined the young husband.

And with a large, open-faced sigh he continued to audit the monthly bill of his alleged better half.

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. B CURRAH, Windsor, Ont.

GET THERE!

There's room enough on top for you,
So keep a-going;
It is the mediocre ground
That's full to overflowing.

A Cure for Rheumatism.—A painful and persistent form of rheumatism is caused by impurities in the blood, the result of defective action of the liver and kidneys. The blood becomes tainted by the introduction of uric acid, which causes much pain in the tissues and in the joints. Parmelee's Vegetable Pills are known to have effected many remarkable cures, and their use is strongly recommended. A trial of them will convince anyone of their value.

MUST FIB SOMETIMES.

"Does he always speak the truth?"

"I guess not. All his friends praise his judgment."

FOR RHEUMATISM—it is not necessary to go to Hot Springs. Just use "The D. & L" Menthol Plasters and results will be satisfactory. 25c at druggists. Davis & Lawrence Company, manufacturers.

A BAD MISTAKE.

"I made a terrible mistake yesterday."

"What was that?"

"I inadvertently asked Green how his baby was getting on, and he kept me an hour and a half answerthe question."

Used according to directions, Dr. J D. Kellogg's Dysentery Cordial will afford relief in the most acute form of summer complaint. Whenever the attack manifests itself no time should be lost in seeking the aid of the Cordial. It will act immediately on the stomach and intestines and allay the irritation and pain. A trial of it will convince anyone of the truth of these assertions.

GLASS INSURANCE AGENTS WANTED

National Provincial Plate Glass Insurance Company, Limited. Head Office, London, England. Established 1854. Capital, Fifty Thousand Pounds sterling. For Agencies at unrepresented points, Province of Ontario, address

J. H. EWART, Chief Agent,
No. 18 Wellington Street East, Toronto.
Send for booklet "Glass Insurance."

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Cleaning and Curling and Kid Gloves cleaned. These can be sent by post, 1c per oz. the best place is
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We are now specializing in **COBALT** Stocks. Write us for information.

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PUMP YOUR WATER
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Do all the other odd jobs around the farm at a cost of 3 cents per hour. Simplest, Cheapest, easiest to operate on the market.—No valves, no pumps, starts at a single turn of the wheel. A child can operate it. Write for free Catalog. and name of nearest agent.
Empire Cream Separator Company, of Canada, Limited
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Here it is, Grab it!
We want to give away **(absolutely free)** to every woman in Canada, **one Pair of 8 Inch**
Silver Plated TENSION SHEARS
In order to do so, we require your help for which we will pay you. Write us for full particulars.
Atlantic Soap Co.,
TORONTO, ONT.

BELL PIANOS
WHY DO
So many Institutions devoted to the higher Education select Bell pianos? The fact that they use and prefer the Bell is evidence of distinct merit!
One follows professional advice in acquiring an education, why not follow professional custom in buying Bell pianos?
The only pianos with the Illimitable Quick Repeating Action.
ART
Send for (free) Catalogue No. 75.
The BELL PIANO & Organ Co., Limited GUELPH, ONTARIO.

Canadian Wheat Best

Among cereals that are commonly used for human food, such as rice, corn, oats, barley, etc., there are none to compare with the whole wheat. Canadian wheat thoroughly cooked and taken with milk is a perfect food for the human system. Bread and milk make a good food, but usually bread is not cooked enough to get the best results. By chemical analysis there is found a great difference between the bread crumb and bread crust. Owing to the action of heat the bread crust contains about one-third less moisture than the crumb; six times more fat; 40 per cent. more proteid; twice the quantity of soluble matter; 60 per cent. more maltose and three times more dextrine, all due to heat action.

Orange Meat (which contains the whole wheat) is so prepared that every ounce will be affected like the bread crust. No kitchen with ordinary apparatus can produce this effect.

To persistent users of Orange Meat a large reward is offered. See their private postcard enclosed in every package of Orange Meat detailing particulars of how to win a cash prize of seven hundred dollars or a life annuity of fifty-two dollars.

If you enter this contest, send post card to Orange Meat, Kingston, giving full name and address, and mention the paper in which you saw this advertisement.

Zam-Buk
SURE CURE FOR SKIN INJURIES & DISEASES.

A purely herbal balm; best thing for the tender skins of children, yet powerful enough to heal an adult's chronic sore; highly antiseptic; eases pain and smarting soon as applied—that is Zam-Buk. Remember it is purely herbal—no mineral poisons, no animal fats. Power and purity combined!

All druggists and stores sell at 50c. a box.