A GRATEFUL MOTHER

Tells of the Remarkable Cure Dr. Williams' Pink Pills Wrought in Her Case—Had Undergone Four Operations Without Help.

When women approach that critical period in their lives known as the turn of life, they do so with a feeling of apprehension and uncertainty for in the manner in which they pass that crisis determines the health of their after life. During this most important time in the life of a woman, her whole aim should be to build up and strengthen her system to meet the unusual demands upon it. Devotion to family should not lead to neglect of self. The hard work and worries of household cares should be avoided as far as possible. But whether she is able to do this or not, no woman should fail to take the tonic treatment offered by Dr. Williams' Pink Pills, which will build up her blood and fortify her whole system, enabling her to pass this critical period with safety. We give the following strong proof of what Dr. Williams' Pink Pills are constantly doing for suffering women.

Mrs. Maragaret Wood, Southfield, N.B., says:—"Some years ago I became a victim to the troubles that afflict so many of my sex, in the very worst form. The doctor in charge neither through medicine nor local treatment gave me any help, and he decided that I must undergo an operation if I was to have any relief. During the next two years I underwent four successive operations. During this time I had the attention of some of the best physicians. From each operation I received some benefit, but only of short duration, and then I drifted back into the same wretched condition as before. During all this time I was taking medicine to build up my system, but with no avail. I was reduced to a mere skeleton; my nerves were utterly broken down. My blood was of a light yellowish color, and I was so far gone that I took spells in which my lips, fingers and tongue would seem paralyzed. I cannot begin to express what I suffered and went through in those two years. I was completely discouraged and thought I could not live long. Then on the urgent advice of friends I began to take Dr. Williams' Pink Pills, and after some weeks perceived a change for the better. I continued to take the Pills for several months gradually growing stronger and suffering less, and in the end found myself once more a well woman and enjoying the blessing of such good health as I had not known for years. I now always keep these Pills in the house and after a hard day's work take them for a few days and they always seem to put new life and energy in my body. I sincerely hope my experience may be of profit to some other suffering women."

Dr. Williams' Pink Pills are sold by all dealers in medicines or will be sent by mail at 50 cents a box or six boxes for $2.50 by addressing The Dr. Williams' Medicine Co., Brockville, Ont.

A MARVELLOUS MACHINE.

A counting machine that is reported to be an improvement over anything of the kind yet produced, the invention of a Swedish engineer, was recently applied to the counting house of the Bank of England for experimental purposes, and its performance was highly successful in point of rapidity. The machine is operated by electricity, and is capable of counting up and sorting money into paper bags or tubes at the phenomenal rate of 72,000 coins an hour.

NOW.

And just about now wifie announces that she can't keep house this summer unless she gets:

A new rug for the parlor;
New curtains for front and back bedrooms;
A new sofa;
A new ice box;
And a few new records for the phonograph.
Oh, it's a gay life.

USE BABY'S OWN TABLETS ONLY

Mrs. Wm. Bell, Falkland, B.C., says:—"I have five little ones ranging from one to eleven years of age, and when any of them are ailing I always give them Baby's Own Tablets, which always brings prompt relief. I do not think there is anything you can keep in the home as good as "Baby's Own Tablets." Thousands of other mothers speak just as warmly of this medicine, which never fails to cure all stomach, bowel and teething troubles. Guaranteed by a government analyst to be perfectly safe. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

DUKE BECOMES A MONK

COUSIN OF CZAR ENTERS A MONASTERY.

The Girl He Loved Becomes the Wife of a Village Schoolmaster.

Unrequitted love for a girl of matchless beauty is given as a reason for the decision of Grand Duke Dementrius Constantinovitch, a cousin of the Czar, to enter a monastery. The Grand Duke's plan became known a few days ago and occasioned great surprise.

In going to the cloister of the Monks of St. Basil, on the outskirts of Moscow, he follows the example of his august relative, the Grand Duchess Elizabeth, who has entered a convent.

DAUGHTER OF OVERSEER.

The girl with whom he fell in love is the daughter of an overseer of one of his estates. She rejected his overtures. A few months ago she married a village schoolmaster, and this, it is said, broke the Grand Duke's heart. He straightway determined to renounce the cruel world.

The Grand Duke's intimates refuse to accept this version, however, and assert that the real reason for his determiantion to enter the cloister of monks is far removed from disappointment in love. They say his change of heart was brought about by despair over the state of his country.

TOWARD REVOLUTION.

It is his fixed idea, they aver, that Russia is slowly but surely steering toward a revolution that will shake its foundations and disrupt the empire.

The Grand Duke used to be a colonel in the Sixteenth Regiment of Grenadiers, but it was an open secret that he cared nothing for the army. From one year's end to the other he never saw his regiment. In his youth he was a patron of the race course and a passionate admirer of blooded horses. He also made an unsuccessful attempt in the reign of the late Czar to introduce the prize ring and imported two famous English boxers to illustrate the manly art of self-defence. But the present Dowager Empress set her foot down and would have none of it. After this the Grand Duke seemed to take little interest in life.

WENT ON PILGRIMAGE.

About a year ago he surprised every one by setting out on a pilgrimage to the Russian holy city of Kieff, where he visited the catacombs and stayed on his knees an hour before the high altar of the great Lavra. When he returned to St. Petersburg he ordered a new altar for a Russian church in Jerusalem and sent the Russian Consul at that place $5,000 to be spent in entertaining Russian pilgrims visiting the Holy Sepulchre. From that time he has been attentive to religious obligations.

"My life has been empty," he said recently to a confidant. "I want to prepare to meet my Maker. I can't be useful to mankind. I'm going to hide myself away."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Women should remember that men can't be convinced by scolding.

"By Medicine Life May be Prolonged."—So wrote Shakespeare nearly three hundred years ago. It is so to-day. Medicine will prolong life, but be sure of the qualities of the medicine. Life is prolonged by keeping the body free from disease. Dr. Thomas' Eclectric Oil used internally will cure coughs and colds, eradicate asthma, overcome croup and give strength to the respiratory organs. Give it a trial.

By trying to teach others you will learn a few things yourself.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

CROSS-EXAMINING A KING.

On one occasion, when the King and Queen of Italy were out motoring, they passed beyond the frontier and, on reaching the boundary again, were accosted by an extra smart Customs officer.

"Where do you come from?" he asked. "Modane," was the reply. "Where is the number of your car?" "There is none." "A-ha! And yet you enter Italy! Now, then, what's your name?" "Victor," said his Majesty smiling. "And your other name?" "Emanuel." "Your profession?" "Well," replied the Royal motorist, "I have hitherto enjoyed the reputation of being the only Victor Emanuel in my kingdom."

The great are those who can bear discipline.

Most of the burdens for which we blame heaven are simply our own needless baggage.

A man would rather be held up by strangers than thrown down by his friends.

EVERY WOMAN WHO SUFFERS

CAN FIND SURE RELIEF IN DODD'S KIDNEY PILLS.

Mrs. J. Oliver Tells How She Lost Her Pains and Weakness When She Used the Old Reliable Kidney Remedy.

Elgin, Ont., May 3 (Special).—Women who suffer, and there are thousands of them in Canada, will bear with interest the experience of Mrs. J. Oliver of this place. She has suffered and found a cure and she has no hesitation in saying that cure is Dodd's Kidney Pills.

"I suffered for over a year from Backache and Fainting Spells," Mrs. Oliver states. "I was tired and nervous all the time and the least exertion would make me perspire freely. My feet and ankles would swell and I had a dragging sensation across the loins. I saw Dodd's Kidney Pills advertised and bought some. Twelve boxes cured me."

All women who suffer should use Dodd's Kidney Pills. They make healthy Kidneys and healthy Kidneys are the first rule of health for woman. The female organs depend almost entirely on the Kidneys for their health. No woman can hope to be healthy and happy unless her Kidneys are right. The Kidneys need occasional help or they must become tired or sick. And almost any woman can tell you out of her own experience that Dodd's Kidney Pills are the help they need.

NOT HIS.

Yeast—"I think I came up in the train with your wife yesterday."

Crimsonbeak—"Did you notice her teeth?"

"No, she didn't open her mouth once."

"Oh, well, it wasn't my wife, then."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

NOT WHAT HE MEANT TO ASK.

A young man went on one occasion to call at a country farmhouse to make inquiries after his sweetheart, who had charge of the dairy. Her master opened the door, and the lover asked him timidly: "How is the milkmaid?"

"How is the milk made?" the farmer angrily asked, as he slammed the door in the stranger's face. "Our milk isn't made; it's got from the cow."

Why go limping and whining about your corns when a 25 cent bottle of Holloway's Corn Cure will remove them? Give it a trial and you will not regret it.

Poverty prevents a lot of people from getting the gout.

Does Your Back Ache? Don't experiment with imitations but get the genuine, the "D & L" Menthol Plaster. It cures. Davis & Lawrence, Co., makers.

No, Cordelia, a man doesn't necessarily bait his breath for the purpose of catching it.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

The average female likes to pose as the reformer of some man.

"Perfectly Trustworthy" is the character of Bickle's Anti-Consumptive Syrup. It can be used with the utmost confidence that it will do what is claimed for it. It is sure in its effects, as the use of it will clearly demonstrate, and can be relied upon to drive a cold out of the system more effectively than any other medicine. Try it and be convinced that it is what it is claimed to be.

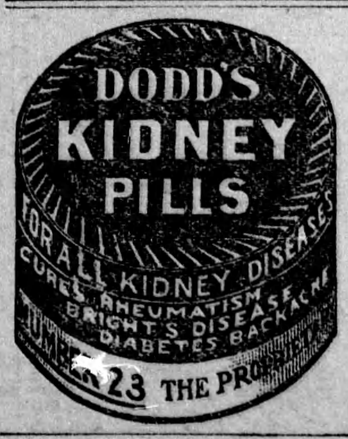
Free speech is all right if you don't get too free with it.

Perry Davis' Painkiller. It's effects are almost instantaneous. Cures cuts, burns and bruises. Taken internally cures cramps, diarrhœa and dysentery. Avoid substitutes. There is but one "Painkiller"—Perry Davis—25c. and 50c.

SELFISH.

"Would you advise a young woman to get married?"

"By all means, I should advise every young woman to marry, excepting, of course, our hired girl, I want to keep her."



ISSUE NO. 18—03.

SMALLEST BIRD.

The golden-crested wren is the smallest, not only of British, but of all European birds. Its average weight is only about eight grains troy, so it would take seventy-two of the birds to weigh a pound. The length of the feathers is about 3 1-2 inches, and the stretch of the wings about 5 inches, but when the feathers are taken off the length of the body does not exceed 1 in.

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

MARVELS OF SURGERY.

Dr. Alexis Carrel, of the Rockefeller Institute, in an address to the American Philosophic Society, draws attention to some of the marvels of modern surgery. Among the cases cited was that of a man whose injured knee-point had been successfully replaced by a sound one taken from a dead body. Another was that of a cat whose kidneys had been replaced by those of another. A fox-terrier, again, having lost a leg, this was replaced by one taken from a dead companion. The dog was able to run about as usual. And Dr. Carrel finds that the parts of the dead organism can be kept for an indefinite time, and still be successfully substituted for those of the living. They must be put in refrigerators and kept in hermetically sealed tubes a little above freezing.

ZAM-BUK CURED HER BABY.

Mothers will find the following statement of more than passing interest, showing, as it does, how Zam-Buk ends the skin-disease of children, even when ordinary remedies have completely failed. Mrs. C. W. Bowerbank, of 1[illegible] Denison Avenue, Toronto, says:—

"Not long ago my baby's face broke out in an eruption. The spots would crack and be very irritating and sore. At other times they itched fearfully, and caused the child to scratch and rub, thus making the sores very inflamed and painful. I tried all sorts of ointments and salves, but they somehow did not seem able to remove the trouble. Zam-Buk proved very different, and a few applications gave the child relief. The sores are now healed completely.

"Since that time my little daughter has had occasion to use Zam-Buk for skin trouble. She broke out in blotches on her hands and arms, and in her case also Zam-Buk effected a cure.

It is a sure cure for pimples and eruptions, eczema, ring-worm, ulcers, cuts, burns, bruises, poisoned sores, chronic wounds, bad leg, piles, festering sores, and all skin injuries and diseases. Druggists and stores everywhere sell at 50c. a box, or post fre for price from Zam-Buk Co., Toronto; 3 boxes $1.25. You are warned against cheap and harmful imitations sometimes represented to be "just as good."

PUZZLE.

Doctor—No, I shouldn't advise you to take whiskey for the grip.

Guzzler—Well, I don't believe I've got the grip. It must be something else. Say, Doc., what disease is whiskey good for?

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Fortune smiles on some men one day and gives them the laugh the next.

Mother Graves' Worm Exterminator is pleasant to take; sure and effectual in destroying worms. Many have tried it with best results.

A wise man never calls another a fool—no matter what he may think.

An Inheritance of weak lungs is a serious handicap, but Allen's Lung Balsam, taken at the first sign of a cough will ensure immunity from this dangerous defect. Don't trifle with unknown cure-alls.

It takes a whole legislature to change a man's name, but one minister can change a woman's.

A Pill for Brain Workers. — The man who works with his brains is more liable to derangement of the digestive system than the man who works with his hands, because the one calls upon his nervous energy while the other applies only his muscular strength. Brain fag begets irregularities of the stomach and liver, and the best remedy that can be used is Parmelee's Vegetable Pills. They are specially compounded for such cases and all those who use them can certify to their superior power.

This is a fast age, everything goes fast—especially money.

The heads of some people are capable of generating more noise than a brass drum.

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IS LIQUID LIFE.

BOVRIL is pure concentrated Beef and to ensure supplies of prime Beef for our needs we have just recently acquired 438,082 acres of the finest grazing land in the world, in the Argentine Republic, and 9,000,000 acres in North West Australia.

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ART PIANOS

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The BELL PIANO & Organ Co., Limited GUELPH, ONTARIO.

Thoroughly Cooked Food

ALL cereals should be thoroughly cooked to get the best results for food purposes. In our Canadian Agricultural Colleges they have tested the effect of cooking on the solubility of foods:

Read this table:

ROLLED OATS	P. C. Solids Soluble in Water.	WHEAT FLOUR	P. C. Solids Soluble in Water.
Time Cooked.		Time Cooked.	
Uncooked	8.43	Uncooked	6.97
30 minutes	14.95	20 minutes	37.40
2 hours	18.79	2 hours	37.19
5 hours	29.93	5 hours	38.37
8 hours	34.30	8 hours	39.99

You will notice the gradual rise in percentage due to long cooking. Very few homes are equipped to spend the time or fuel necessary to properly prepare cereals. By a system of steam pressure and heavy machinery the ORANGE MEAT people thoroughly clean and steam cook the wheat, then malt and flake each grain, after which it is dried and toasted. This produces the largest percentage of solubility; a process totally impossible in ordinary kitchen.

This company are giving away a cash prize of Seven Hundred Dollars. See post-card in every package.

AGENTS If the firms from whom you order your supplies are giving satisfaction, stick to them. If not, try our goods. We supply pure teas, coffees, spices, perfumes, toilet requisites, etc., at the lowest prices. The Home Specialties Co., Dept. A, Toronto, Ont.

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EVERY TOWN CAN HAVE A BAND
Lowest prices ever quoted. Fine catalogue, over 500 illustrations, mailed free. Write us for anything in Music or Musical Instruments.
WHALEY, ROYCE & CO., Limited
Toronto, Ont., and Winnipeg, Man.

Man puffs his pipe,
But woman fair
Abhors the weed
And puffs her hair.

Repeat it;—"Shiloh's Cure will always cure my coughs and colds."

When a stingy man is in love he is apt to loosen up—but not for long.

Allen's Lung Balsam, in which there is no opium, cures sore throat and sore lungs, as it allays the inflammation and rids you of the mucous that stops up the air passages. 25c, 50c, $1.00 bottles.

DRUGGERY.

Money may be a drug on the market, but some of us have got to wait a long time to get our prescriptions filled.

The Beauty of a Clear Skin.—The condition of the liver regulates the condition of the blood. A disordered liver causes impurities in the blood and these show themselves in blemishes on the skin. Parmelee's Vegetable Pills in acting upon the liver act upon the blood and a clear, healthy skin will follow intelligent use of this standard medicine. Ladies, who will fully appreciate this prime quality of these pills, can use them with the certainty that the effect will be most gratifying.

A HAPPY MARRIAGE.

"Are they happily married?"

"Yes, indeed. I understand they're actually out of debt."

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Have you a little knowledge of Farm Stock? Then write us AT ONCE. $5 to $50 weekly, salary or commission. No experience. Do part of the work on your own farm, or act as agent. Something absolutely new. Greatest easy money making opportunity.
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