THE REMINDERS OF RHEUMATISM

Cold, Wet Weather Starts the Pain But the Trouble is in the Blood.

Cold, damp weather brings on the twinges and pains of rheumatism, but is not the real cause of the complaint. The trouble is rooted in the blood and can only be cured by enriching the blood and driving the poisonous acid out of the system. This is a great medical truth, which every rheumatic sufferer should realize. Liniments and outward applications can't cure the trouble—they can't reach the blood. The sufferer is only wasting valuable time and good money in experimenting with this sort of treatment—and all the time the trouble is becoming more firmly rooted,—harder to cure. There is just one sure way to cure rheumatism—Dr. Williams' Pink Pills They act directly on the impure, weak blood. They purify and strengthen it, and so root out the cause of rheumatism.

Mrs. S. Bailey, Newcastle Creek N.B., says:—"In the summer of 1906 I became lame in my ankles, but thinking I would soon get over the attack I did not seek medical aid, but used liniments to ally the pain and swelling. Instead of getting better the trouble increased and I then consulted a doctor who pronounced it articular rheumatism, and treated me for this trouble. Instead of getting better the pain and the swelling became worse until I was hardly able to hobble about the house. On rising in the morning I was unable to bear my weight, except with extreme pain. Having tried so much medicine without benefit I began to think I was doomed to be a cripple. One day a cousin advised me to try Dr. Williams' Pink Pills. She said, 'I take them every spring as a tonic for my blood, and they make a new person of me.' After some persuasion I decided to try them. I had taken three or four boxes before I noticed any change, and then it seemed my ankles were less painful. By the time I had used a few more boxes there was a wonderful improvement in my condition. Not only did my ankles get well, but I felt like a different woman and had not been as well in years. In speaking of this to a doctor afterward he said that no doubt Dr. Williams' Pink Pills had enriched the blood thus driving out the painful disease."

Not only rheumatic sufferers, but all who have any trouble due to weak, watery blood or impure blood can find a cure through the fair use of Dr. Williams' Pink Pills. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

THE ENGLISH COMPLEXION.

The Despair of the Smart Ladies in Paris.

Outdoor exercise and the "simple life" are for the moment the fad of the fashionable Parisienne.

A leading French actress when recently in London so greatly admired the complexions of the Englishwomen she saw that she and a number of her friends determined to cultivate, by means of walking and plain living, "English complexions."

The experiment is declared to have had wonderful effects, and now every fine morning one may see quite a number of ladies, both of the theatrical and social worlds, indulging in "footing" round the lakes in the Bois de Boulogne. Some of the more athletic have adopted a practical costume resembling that worn by lady mountaineers. Stout, square-toed boots are considered necessary for "footing," and veils are discarded.

Together with the morning walk, the morning cold "tub" is an English custom more and more widely practised. If it rains, seekers after a "British complexion" indulge in gymnastics at home. The devotees of the new fad dispense with the now more than ever fashionable corset during their morning exercise.

DOES NOT NEED A DOCTOR

Mrs. F. Porier, Valleyfield, Que., says:— "I always use Baby's Own Tablets for my little one, and therefore never need a doctor. When my baby is feverish or restless I give her a Tablet and in a couple of hours she is all right. They have been of the greatest benefit to her when teething, and are just the thing in all emergencies." These Tablets promptly cure colic, indigestion, constipation, diarrhoea, destroy worms, break up colds, and make teething easy. Good for children of all ages. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

SET A VITROL TRAP.

French Pair's Cruel Scheme to Catch a Thief.

Owing to the shortcomings of French servants, numerous families in Paris are giving up housekeeping and adopting the plan of taking apartments in residential hotels.

Conflicts between servants and their mistresses make ever-increasing demands on the time of the Judges of the Civil and Criminal Courts in Paris.

A few days ago a man and his wife living in the Rue de la Grosse Horloge, in Rouen, suspecting their domestic of dishonesty, laid an abominable trap. In a metal cashbox they placed a shallow vessel containing vitrol. They then fixed a spiral spring inside the box and locked it. Next morning the servant, seeing no one about, opened the box with a duplicate key. The lid sprang open and she was cruelly burned by the vitrol.

Her employers had her arrested, and in her room the police found over £70 in cash, a superb pair of earrings, a gold watch and chain, and a handsome necklace. The jewellery is supposed to have been stolen from previous employers.

SUDAN ARABS' DUELS.

Pastoral Life Doesn't Always Lead to Peace and Quiet.

The country to the southeast of Tekar is the home of the Hasas; the Hadendoas occupy the khors to the southwest. Both of these are black Arabs, speaking different languages.

The Hasas live almost entirely on sour milk, while the Hadendoas are agricultural as well as pastoral. Their dokhn and durra, milletlike grains, were ripening in February and being protected from countless swarms of small birds by men who stood on elevated platforms, from which they cracked loudly large whips with palm leaf lashes twenty feet long.

The dress of these Arabs is a cotton sheet held in by a belt in which they carry crooked knives. For other weapons they use sticks, spears and swords. Firearms are prohibited. Judging by the many scars borne by the men the pastoral life is by no means so peaceful as the poets would lead us to think. Many of the scars come from duels, in which the men stand face to face and cut each other alternately in the back till one cries "Enough!"

CONSERVATIVE PROGRESS

Annual Report of the Excelsior Insurance Company.

The annual statement of the Excelsior Life Insurance Company. which is published in this paper, shows this young Canadian Company to be in an exceptionally strong position at the close of the year's business. The management of the Company is to be heartily congratulated on the progress made in the past year and the growth and splendid standing of the Company maintains its previous praiseworthy traditions.

It is a very noteworthy fact that the death rate in the past year was 44 per cent. less than expected, and 9 per cent. less than the previous year, which shows very careful selection of risks. Expenses have also decreased 6½ per cent., illustrating watchful management.

The increase of insurance in force amounting to 10 per cent., and the addition of 16 per cent to assets and 17 per cent to income undoubtedly show a most commendable activity coupled with a wise conservatism.

People who are too old to learn have outlived their usefulness.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

We have our opportunities, but most of us manage to dodge them.

No Substitute for "The D & L" Menthol Plaster, although some unscrupulous dealers may say there is. Recommended by doctors, hospitals, clergy and everybody for pleurisy, stiffness, etc.

Some people make a specialty of killing time for others.

The never failing medicine, Holloway's Corn Cure, removes all kinds of corns, warts, etc.; even the most difficult to remove cannot withstand this wonderful remedy.

"BY ALL MEANS!" SAID PAPA.

"Yes, sir," said the pale, youthful suitor; "I have come to ask you for your daughter's hand. She is fair as lilies, sweet as honeysuckle, tender as a violet, charming——"

"Is that Mary you are talking about?" asked papa.

"Yes, sir. It is a mere formality, I know, this asking for your daughter's hand; but we thought it would be pleasing to you if it were observed."

Mary's papa stiffened.

"And may I inquire," he asked, "who suggested that asking my consent to Mary's marriage was a mere formality?"

"You may, sir," replied the young man, simply. "It was Mary's mother."

Your orthography is twisted, Alonzo. A woman is not a padded cell.

Need no Longer Fear the Knife

Gravel Easily and Naturally Cured by Dodd's Kidney Pills.

Joseph Pelrine who Suffered the Tortures of this Terrible Complaint for Nine Months tells how the old Reliable Kidney Remedy Cured Him.

Port Felix East, Guysboro Co., N.S., March 22 (Special). — That you need no longer fear the knife if troubled with gravel or other urinary troubles is the glad news that Joseph Pelrine, a well-known young fisherman here is telling his friends.

"I suffered intense pain from gravel and other urinary troubles for nine months," Mr. Pelrine says. "But seven boxes of Dodd's Kidney Pills cured me completely. I heartily recommend Dodd's Kidney Pills to anyone who is suffering from gravel or urinary troubles."

Dodd's Kidney Pills cure gravel by curing the kidneys. The urinary organs are entirely dependent on the kidneys. If the kidneys are not in good working order they cannot filter out the uric acid and it combines with other products of the body and causes gravel. Healthy kidneys dissolve the stones and they pass off in the urine. That's why Dodd's Kidney Pills always cure gravel.

"Your dead husband wor a good man," declared the sympathetic Mrs. Casey to the bereaved widow. "He wor!" exclaimed Mrs. Murphy, dashing the tears from her eyes. "No two policemin cud handle him."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

"And now that you are of age," said the anxious father, "I want to give you a few pointers on how to keep money." "Say, dad," rejoined the son of his father, "hadn't you better begin by giving me a few pointers on how to get it?"

Pills That Have Benefitted Thousands.—Known far and near as a sure remedy in the treatment of indigestion and all derangements of the stomach, liver and kidneys, Parmelee's Vegetable Pills have brought relief to thousands when other specifics have failed. Innumerable testimonials can be produced to establish the truth of this assertion. Once tried they will be found superior to all other pills in the treatment of the ailments for which they are prescribed.

Lady—"Do you know where Johnny Tucker lives, my little boy?" Little Boy—"He ain't home, but if you give me a penny I'll find him for you." Lady—"All right. Now, where is he?" Little Boy—"Thanks. I'm him."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

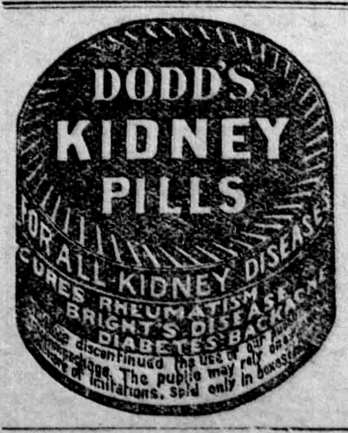
Run over the list of your friends and you will be surprised at the number you could dispense with.

A Hagging Cough drives sleep and comfort away. You can conquer it with Allen's Lung Balsam, which relieves hard breathing, pain in the chest and irritation of the throat. Give it freely to the children.

The successful man is the first to recognize his own mistakes.

A Pill That is Prized.—There have been many pills put upon the market and pressed upon public attention, but none has endured so long or met with so much favor as Parmelee's Vegetable Pills. Widespread use of them has attested their great value, and they need no further advertisement than this. Having firmly established themselves in public esteem, they now rank without a peer in the list of standard vegetable preparations.

The Jew is not more particular about the preparation of his food than the high-caste Indian. In September last, his Highness Shere Jung, Prime Minister of Nepaul, came to England, and two cows had to be procured from a farm, and milked by a member of the prince's own suite, before their master could enjoy a meal.



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COMING DOWN.

Mrs. Parvenu—"Oh, yes—we can trace our ancestry back—to—to—well, I don't know who, but we've been descending centuries."

Repeat it;—"Shiloh's Cure will always cure my coughs and colds."

"What a grasping fellow you are, Hawkins! You've bothered me about this bill fifty times in ten days." "You wrong me, Jarley. I'm not grasping. I've bothered you about the bill, I admit, but I haven't been able to grasp anything yet."

If a cough makes your nights sleepless and weary, it will worry you a good deal, and with good cause. To dispel the worry and give yourself rest try Bickle's Anti-Consumptive Syrup. It exerts a soothing influence on the air passages and allays the irritation that leads to inflammation. It will subdue the most stubborn cough or cold, and eventually eradicate it from the system, as a trial of it will prove to you.

Mrs. Gramercy—"What do we need for dinner?" Bridget—"Shure mum, I tripped over the rug an' we need a new set of dishes."

Children Will Go Sleighing. They come home covered with snow. Half a teaspoonful of Painkiller in hot sweetened water will prevent any ill effects. Avoid substitutes, there is but one "Painkiller"—Perry Davis'—25c. and 50c.

Many a man who knows what not to say hasn't sense enough not to say it.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

EASY.

Mrs. Flynn—An' phat's yer son Moike doin' now, Mrs. Casey?

Mrs. Casey—Shure, Moike ain't doin' anything, Mrs. Flynn. He's got a Government job!

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

"The house that you finished a few weeks ago is the biggest of the lot," said the real-estate agent. "Perhaps that's why it's so hard to find a tenant." "Yes," answered the builder; "it's last but not leased."

Its Power Grows with Age. — How many medicines loudly blazoned as panaceas for all human ills have come and gone since Dr. Thomas' Eclectric Oil was first put upon the market? Yet it remains, doing more good to humanity than many a preparation more highly vaunted and extending its virtues wider and wider and in a larger circle every year. It is the medicine of the masses.

The fellow who begs a girl for a lock of her hair doesn't necessarily turn thief just because he picks a lock.

There is No Such Thing as a harmless cough. The trouble goes from bad to worse unless checked. Allen's Lung Balsam cures the worst of colds. It allays inflammation and clears the air passages.

Brown—"I hear you are the happy father of twins?" Jones—"You are mistaken. I am the father of twins."

Repeat it:—"Shiloh's Cure will always cure my coughs and Colds."

Even the people who want the earth may be weighed and found wanting.

Mother Graves' Worm Exterminator does not require the help of any purgative medicine to complete the cure. Give it a trial and be convinced.

THE UNKINDEST CUT.

The German Emperor Must Now Pay an Income Tax.

By a vote of fourteen to thirteen, the Finance Bill Commission of the Reichstag has decided to abrogate the privilege of exemption from taxation hitherto enjoyed by the Kaiser and members of other German reigning houses.

These august personages, provided the Reichstag confirms the commission's action, will henceforth be obliged to pay exactly the same direct taxes as are collected from private citizens, including the income tax, inheritance duties, real estate imposts and taxes on income-producing property.

Herr Sydow, Imperial Secretary to the Treasury, pleaded in vain that exemption from taxes was an historical privilege of crowned heads, and also that the constitution made it optional for royal persons to avail themselves of exemption. The argument that the civil lists, which would be taxable under the new conditions, are freely used for public purposes also carried no conviction with the majority, which consisted of Radicals, Socialists, National-Liberals, Poles and Catholics.

The **Excelsior Life Insurance Company**

HEAD OFFICE, EXCELSIOR LIFE BUILDING, TORONTO.

Business for 1908 Most Satisfactory Ever Experienced

Insurance in Force,	Increase $1,079,485.00.	$12,236,064.18
New Insurance Written,	Increase $359,728.00.	2,433,906.00
Assets for Security of Policyholders,	Increase $227,428.71.	2,020,102.72
Cash Income	Increase $35,235.04.	454,790.94
Reserve Funds	Including Special Reserve $39,997.86.	1,465,664.63
Surplus on Policyholders' Account,		168,436.55

INCREASES—Insurance in force 10 per cent., Assets 16 per cent., Income 17 per cent., Reserves 15 per cent., Net Surplus 23 per cent.

DECREASES—Death Rate 44 per cent less than expected, 9 per cent. less than preceding year; Expense ratio 6.5 per cent.

INTEREST INCOME—More than sufficient to pay Death Losses and all expenses of the Company excepting Agents' salary expenses.
Interest earned on mean Net Assets 6.72 per cent.

A Good Company to Insure with, Consequently a Good Company for Agents to Represent

BELL PIANOS

WHY DO
So many Institutions devoted to the higher Education select Bell pianos? The fact that they use and prefer the Bell is evidence of distinct merit!
One follows professional advice in acquiring an education, why not follow professional custom in buying Bell pianos?
The only pianos with the Illimitable Quick Repeating Action.

ART PIANOS

Send for (free) Catalogue No. 75.

The BELL PIANO & Organ Co., Limited GUELPH, ONTARIO.

RAW **FURS and HIDES**

Write for Weekly Price Lists. Shipments Solicited.

JOHN HALLAM - TORONTO, ONT.

TOO MUCH ROOM.

At first sight it would seem that it must be an unreasonable man who would find fault with a house because it had one more room than was mentioned in the advertisement; but first sight is not always best sight. An estate agent sent a customer to look at a five-roomed house, that being just the size he professed to want. The house proved to be sadly out of repair, and the prospective tenant went back to the agent's office.

"I didn't want a six-roomed house," he said.

"That isn't a six-roomed house," answered the agent.

"Yes it is."

"But I say it is not," and the agent began counting. "There's the kitchen, dining-room, parlor, and two bedrooms. That's five, isn't it?"

"Yes, but there's room for improvement, and that's bigger than any of the others," said the facetious customer. "Can't you show me something else?"

Tourist—"What are those bells ringing for?" Urchin — "'Cos somebody's pulling 'em!"

CALVES Raise Them Without Milk. Booklet Free. Steele Briggs Seed Co., Ltd., Toronto

LOCAL AGENTS WANTED

Enlarged Portraits, Frames and Art Specialties. Big profits. Full instructions. Catalogue and samples free.
PORTRAIT SUPPLY CO., 74 BUNDAS ST., TORONTO

FEATHER DYEING

Cleaning and Curling and Kid Gloves cleaned. These can be sent by post. 1c per oz. the best place is
BRITISH AMERICAN DYEING CO.
MONTREAL

Every Individual Automobile Owner

in United States and abroad should join International Automobile League. Pamphlet showing dealers' prices of automobile tires, also application blank, mailed upon request. Home Office, Buffalo, N. Y.

Departing Guest—"We've had a simply delightful time!" Hostess—"I'm so glad. At the same time, I regret that the rain kept all our best people away."

A War Correspondent's Exciting Adventures

WHAT HE OWES TO ZAM-BUK.

Mr. Frank Scudamore, the great war correspondent, who sent many of the Canadian despatches during the late Boer War, owes his health to Zam-Buk. He has passed unscathed through 29 battles, but a scratch which turned to blood-poisoning nearly ended his days. Zam-Buk saved him and he writes as follows:—

"I have proved Zam-Buk such a blessing that I want others to know of its merits. The poisonous dye in some underclothing I was wearing got into a scratch I had sustained and blood-poisoning set up. Inflammation was followed by great pain and swelling, and then ulcers broke out on my legs. For some time I could not walk a few steps nor even put my feet to the ground. On my left leg below the knee I had seventeen ulcers which caused holes, into which I could put my thumb. On the right leg I had fourteen ulcers. Medical treatment failed to relieve, homely remedies were applied in vain. Week followed week and I gradually got worse, until I was worn out with pain and lack of sleep. On the advice of a friend I obtained some Zam-Buk and left off everything else while I tried it. It seemed to give me almost instant relief from the pain, and in a few days I noticed that it was healing some of the ulcers. This was cheering indeed, and gladly I persevered with the Zam-Buk treatment. Bit by bit the poisonous matter was drawn out. The ulcers were healed, and new healthy skin grew over the previously diseased places. I am now quite cured, and in gratitude, I mention these facts that other sufferers from skin disease may know of something which will cure them.

Zam-Buk differs entirely from ordinary ointments and salves, as the above facts clearly prove. For all skin diseases ulcers, abscesses, scalp sores, ringworm, children's sore heads cuts, burns, bruises, etc., it is a speedy cure. It also cures eczema, itch, piles, blood-poisoning, face-blemishes, barber's rash, etc., cold sores, chapped hands, and frost bite. Rubbed well into the parts affected, it cures rheumatism, neuralgia, and sciatica. All druggists and stores sell at 50c a box, or post free from Zam-Buk Co., Toronto, for price 3 boxes for $1.25.

ZAM-BUK

THE GREAT SKIN-CURE.