TOO LITTLE BLOOD.

Responsible for Nearly all of the Misery Women Endure.

Anaemia is written on the features of ninety women out of a hundred. Unmistakable are the signs of "too little blood." The weaker sex is assailed at all ages by the evils resulting from bloodlessness, from the girl who is weak and languid, with dull eyes, pale lips, fitful appetite and palpitating heart, to the woman who feels "never well," with pains in the back and across the shoulders, fainting fits and aching limbs. And later at life's turning point, nervous disorders and heart troubles make great calls on a woman's strength.

At all ages Dr. Williams' Pink Pills are especially valuable to the female sex, for they alone possess the power of making in abundance the rich, red blood of health. They fill the starved veins with new blood so that enfeebled bodies are strengthened, weak nerves are fortified, and robust health is restored.

Mrs. E. Smith, Windsor, N. S., says: "A few years ago my health began to fail. I suffered greatly from inward troubles, and in about a year's time my whole system was almost a wreck. My blood had turned to water, and my heart had become so badly effected that I could scarcely go about. In fact life had almost become a burden, and there seemed little hope for me. One day a friend asked me if I had tried Dr. Williams' Pink Pills, and told me that she had been in almost the same condition I was and that the Pills had restored her to her present splendid health. I took courage from what my friend told me and began to take the Pills. I took them regularly for several months, constantly growing stronger, and the internal troubles from which I had been afflicted were disappearing, and my whole system seemed to have gained new strength. I wanted to make certain that there would be no return of the trouble and I continued to take the Pills for a time after I had really fully recovered. Since I have proved for myself what Dr. Williams' Pink Pills can do, I have recommended them to a number of suffering people, and those who have given them a fair trial have proved with me that Dr. Williams' Pink Pills are just what they are recommended to be."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

KILLED IN RIOTS.

Regular Pitched Battles Between Rival Processionists.

The average man is rarely very tolerant of street demonstrations with whose principles he disagrees. Frequently, as a result, bricks are thrown, or even more dangerous missiles, says an English paper.

At Barcelona, for instance, on June 7th, 1896, certain anti-clericals went to the length of pitching dynamite bombs into the ranks of a religious precession, killing fifteen persons and wounding fifty.

No longer ago than July, 1851, a procession of Orangemen in Liverpool raised so fierce a riot that the thoroughfares through which it passed were strewn thick with the dead and dying on both sides. A similar march of Orangemen through the streets of Belfast, too, led to the frightful conflicts of August, 1864, in the course of which nine persons were killed outright and 150 wounded.

Old residents in East London, again, will remember the dreadful riots directed against the ritualistic processions in what was then Ratcliffe Highway, nearly half a century ago; while, at a later date, the open-air processions of the Salvation Army aroused even fiercer resentment in many parts of England.

At Gravesend, Guildford, and elsewhere, "Skeleton Armies" were enrolled, and regular pitched battles took place between the rival processionists. At Worthing firearms were brought into requisition, and many people were badly hurt. At Brighton the casualties in connection with a fortnight's fighting amounted to over 100; while at Tredegar, the rioting, that followed the breaking up of a procession by Irish rought, resulted in the en- by Irish roughs, resulted in the ensacked and demolished, with loss of life, and many minor casualties.

BABY'S OWN TABLETS WILL CURE YOUR BABY

If your little ones are subject to colic, indigestion, constipation, worms, simple fevers, or the other minor ailments of childhood, give them Baby's Own Tablets and see how quickly the trouble will disappear. But better still, an occasional dose of Tablets given to well children will keep these troubles away. Mrs. Allan A. MacDonald, Island River, N. B., says: "My baby suffered greatly from constipation and stomach trouble and Baby's Own Tablets cured him. I always keep the Tablets in the home now." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

BACK TO THE LAND.

Question Will be Settled About the Year 2100.

Sir William Ramsay is of opinion that the "back to the land" question will be settled, somewhere about the year 2109, by the compulsory return of the great mass of the people of England to agricultural pursuits. The prime factor in the case is the diminishing coal supply, which, according to this eminent authority, would not last more than from 500 to 800 years.

The chief source of energy at the present moment are coal, oil, wood and water. Long before the coal supply becomes exhausted there will be diminished production with higher prices, and within 200 years, or even less, the high price of coal will render the conditions of living very difficult.

A supply of heat might be obtained in the form of steam by drilling a hole in the earth's crust at least ten miles deep. Such a protect has been considered from a practical point of view by Hon. Mr. Parsons, of turbine fame, and his verdict is that the execution of the project would cost $4,800,000, and could not be accomplished in less than eighty years. It is conceivable that such a project might be undertaken, but it is highly improbable that it will be.

Sir William urged that the present generation should exercise thought for the generations to come by conserving the stores of coal existing in England, otherwise in two hundred years he foresaw a general emigration from England to other countries and the decay of the industries dependent on coal for their energy.

RUSSIAN MARRIAGE REFORMS

Ceremonies Abroad to be Recognized in the Empire.

Important reforms in the marriage laws are impending. Russia is about to recognize the validity of civil marriages and to remove divorce cases from the jurisdiction of the religious to that of the civil courts.

At present a Russian who contracts a civil marriage in England, France, or Germany can, on returning home, marry again without any hindrance, his first marriage being considered invalid. Many women have been wronged through ignorance of this fact.

The Government has now presented proposals to the Douma greatly facilitating divorce cases—which will be tried before a civil judge instead of a religious synod or consistory—and also elaborating a scheme for civil marriages.

Once More from The Great West

Comes Evidence of the Great Work Dodd's Kidney Pills Are Doing.

Cyrille Maginel Cured of his Rheumatism and Diabetes by the old Reliable Kidney Remedy.

Findlay, Man., Mar. 8. (Special).—Cyrille Maginel, a well known farmer living near here, furnishes further evidence of the great work Dodd's Kidney Pills are doing in the west.

"I suffered from Rheumatism and Diabetes," Mr. Maginel says in telling the story of his cure. "My sleep was broken and unrefreshing, and I was tired and nervous all the time. I was treated by a doctor but he failed to cure me. Reading that Dodd's Kidney Pills were good for brick sediment in the urine, led me to try them, and after using twelve boxes I am as well as I can possibly be. Dodd's Kidney Pills have made a new man of me and I am thankful."

Dodd's Kidney Pills are no cure-all. They cure sick kidneys and that is all that is claimed for them. But sick kidneys are the root of numerous diseases caused by impure blood. For you can't have pure bood with sick kidneys. It is the work of the kidneys to strain the impurities out of the blood. Dodd's Kidney Pills cure Diabetes because it is a kidney disease; they cure Rheumatism because it is caused by sick kidneys failing to strain the uric acid out of the blood.

DISCRETION.

Valor is often taken for discretion. During a certain battle the colonel of an Irish regiment noticed that one of the men was extremely devoted to him. Everywhere the colonel went, the soldier followed faithfully. At last the officer remarked:

"Well, my man, you have stuck by me well to-day."

"Yes, sorr," replied Pat. "Shure it was my mother said to me, says she, 'Just you stick to the colonel, Patrick, me bhoy, and you'll be all roight. Them colonels never get hurted.'"

In the British Museum there are on exhibition books written on oyster-shells, bricks, tiles bones, and ivory.

WAS TAKEN SICK FROM CATCHING COLD PE-RU-NA RELIEVED.

MISS ERNESTINE BOUVARD, Duck Lake, Saskatchewan, Can., writes:

"At the close of 1903 I took sick as the result of catching cold. I became very weak and could not do anything.

"I consulted a doctor who had me take various kinds of medicine, but I did not find any relief from my suffering. At the advice of a friend, I wrote to you and you advised me.

"After I had taken two bottles of Peruna there was noticeable improvement. I combined the use of Peruna, Manalin and Lacupia and after taking several bottles of each I find myself entirely cured.

"I can certify that it was through your medicines that I recovered my health. I advise every one who is similarly afflicted to obtain Dr. Hartman's advice and be benefited."

Mrs. Wilda Mooers, R. F. D. No. 1, Lents, Oregon, writes:

"For the past four years I was a wretched woman, suffering with severe backaches and other pains, leaving me so weak and weary that it was only with difficulty that I was able to attend to my household duties.

"I used different remedies, but found no relief until I had tried Peruna.

"Within two weeks there was a change for the better, and in less than three months I was a well and happy woman.

"All the praise is due to Peruna."

Peruna is not a local remedy, but an internal systemic remedy. It will relieve catarrh in its most obstinate form.

AN IDEA.

In developing the idea of truthfulness, a teacher asked the question, "What is the best thing in the world to do, and at the same time the hardest?" A little girl raised her hand timidly. "Well, Emma?" "To get married."

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

On the ocean of life many a woman sails under false colors.

They Wake the Torpid Energies.—Machinery not properly supervised and left to run itself, very soon shows fault in its working. It is the same with the digestive organs. Unregulated from time to time they are likely to become torpid and throw the whole system out of gear. Parmelee's Vegetable Pills were made to meet such cases. They restore to the full the flagging faculties, and bring into order all parts of the mechanism.

A young man doesn't begin to rise in the world until he settles down.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Fresh children, unlike fresh paint, should be sat upon.

For Chilblains, Frost Bites, Bruises, Sprains, nothing equals the famous old remedy, Perry Davis' Painkiller. Keep a bottle always on hand. Equally good to check Chills and break up Colds. At all druggists.

Some people believe everything they hear and a lot they dream.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

SEEKING A REPUTATION.

"Dem Johnsings," said Mrs. 'Rastus Black, "doan nebbah hab chicken fo' dinnah no mo'."

"No," replied her husband, "since dey begin makin' a li'l money dey bin tryin' meck beliebe dey kin affo'd ter buy in bro'd daylight all de grub dey need."

"It says here," began the lady who could do more talking in one day than six phonographs and five parrots combined, "that after a balloon has ascended to the height of six miles its occupants dare not open their mouths." "Will you go up, Maria, if I buy a balloon?" asked her husband, desperately.

Some fellows haven't enough push to master a wheelbarrow.

THE FIRST FUNCTION.

"I'm living in a new neighborhood now."

"Have your new neighbors offered you any attentions?"

"Well, I think some of them in-

These two desirable qualifications, pleasant to the taste and at the same time effectual, are to be found in Mother Graves' Worm Exterminator. Children like it.

"I am going to marry your daughter, sir," said the positive young man to the father. "Well, you don't need to come to me for sympathy," replied the father, "I have troubles of my own."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Patient—"I wish to consult you with regard to my utter loss of memory." Doctor—"Ah, yes! Why—er—in cases of this nature, I always require my fee in advance."

Allen's Lung Balsam, in which there is no opium, cures sore throat and sore lungs, as it allays the inflammation and rids you of the mucous that stops up the air passages. 25c, 50c, $1.00 bottles.

Little Ella—"I'm never going to Holland when I grow up." Governess—"Why not?" "'Cause our geography says it's a low lying country."

When all other corn preparations fail, try Holloway's Corn Cure. No pain whatever, and no inconvenience in using it.

Many a woman prides herself on her ability to understand things without giving them a thought.

Sure Regulators.—Mandrake and Dandelion are known to exert a powerful influence on the liver and kidneys, restoring them to healthful action, inducing a regular flow of the secretions and imparting to the organs complete power to perform their functions. These valuable ingredients enter into the composition of Parmelee's Vegetable Pills, and serve to render them the agreeable and salutary medicine they are. There are few pills so effective as they in their action.

A fellow may turn as red as a lobster without being one.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

SIMPLE SIMON.

One Sunday morning, when everybody had gone to church, a traveller undertook to show the landlord of a country inn how to draw three different sorts of wine from the same cask.

The two went down into the cellar, and the stranger bored a hole in the cask, over which he asked the landlord to place his thumb; he then bored a second hole, which mine host had to stop up with his other thumb.

He then set to work on the third hole, when it apparently struck him that the landlord would not be equal to the task of stopping that also, and he ran out of the cellar to "fetch a tap."

He never returned, and the innkeeper had to wait by the side of his cask until his family had returned from church. The rogue had by that time, of course, decamped with all he could lay hands

Many patent medicines have come and gone, but Bickle's Anti-Consumptive Syrup continues to occupy a foremost place among remedies for coughs and colds, and as a preventive of decay of the lungs. It is a standard medicine that widens its sphere of usefulness year by year. If you are in need of something to rid yourself of a cough or cold, you cannot do better than try Bickle's Syrup.

Kind words never die—and the other kind live forever.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

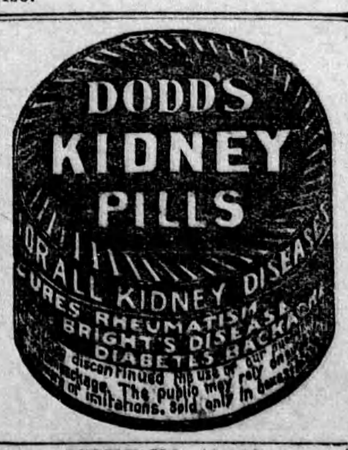
Leap before you look—then look foolish.

Put up in $1 Yard Rolls. The famous "The D & L" Menthol Plasters, which cure lumbago, backache, sciatica, neuralgia, etc., are always put up in one yard rolls for physicians and family use. Davis & Lawrence Co., Montreal.

CERTAINLY.

"What would you say," says the prophet of woe, "if I were to tell you that in a short space of time all the rivers in this country would dry up?"

"I would say," replied the patient man, "go and do thou likewise."



ISSUE NO. 10—09.

CALVES Raise Them Without Milk. Booklet Free. Steele Briggs Seed Co., Ltd., Toronto

6 LOVELY EASTER OR BEAUTIFUL FLORAL POST CARDS With your NAME or TOWN in GOLD or VELVET 10c. Agents wanted. Beautiful Premiums or Large Commissions given. N.B.—This ad. will not appear again.
SOUVENIR ART CO., CLINTONVILLE, CONN.

Some mighty big men have been known to crawl out of some mighty small holes.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Blessed is the silent man, for he is able to keep the lid on his ignorance.

No Alcohol In It.—Alcohol or any other volatile matter which would impair strength by evaporation does not in any shape enter into the manufacture of Dr. Thomas' Eclectric Oil. Nor do climatic changes affect it. It is as serviceable in the Arctic Circle as in the Torrid Zone, perhaps more useful in the higher latitudes, where man is more subject to colds from exposure to the elements.

Hunker—"Hallos, Ricketts, when is your marriage to Miss Flirte coming off?" Ricketts—"It has been indefinitely postponed." "What's the trouble?" "Oh, she married another fellow."

An Inheritance of weak lungs is a serious handicap, but Allen's Lung Balsam, taken at the first sign of a cough will ensure immunity from this dangerous defect. Don't trifle with unknown cure-alls.

NOTHING SERIOUS.

"Say, Rufe, what dis I hear 'bout your son Gabe gettin' in trouble at church last Sunday night?"

"'Taint nothin' serious, parson. He jes' musin' hisself some. Broke up de meetin' wid a axe handle, and carve he's name on three of them deacons' face wid a razor. Dat's all."

"Do the new neighbors annoy you as much by borrowing as their predecessors did?" asked Mr. Blykins. "No," answered his wife. "They haven't run over to borrow a thing. I never saw anybody quite so haughty and unsociable."

WE WANT RELIABLE MEN AND WOMEN all over Canada to work for us during their spare hours selling our high grade Perfumes, Toilet Requisites, Teas, Coffees, etc. No experience necessary. Work pleasant and remunerative. The Home Specialties Co., Dep't. W, Trabny Avenue, Toronto, Canada.

FRUIT LAND.
Five acres, close to rail and Vancouver, B. C. Price $500, terms. Also city and suburban lots and acreage.
GEORGE A. KENDALL, Dealer in Realty, 616 Hastings St. W., Vancouver, B.C.

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Can be done perfectly by our French Process. Try it
BRITISH AMERICAN DYEING CO.
MONTREAL, TORONTO, OTTAWA & QUEBEC

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of Shorthorn bulls, cows and heifers, at
WOODSTOCK, ONT., MARCH 4th, 1909
in Sale Pavilion. Forty head are in the offering. Farmers and breeders in need of herd bulls will find them at this sale. Apply for catalogues to H. J. Davis, Woodstock
Capt. T. E. Robson, Auctioneer.

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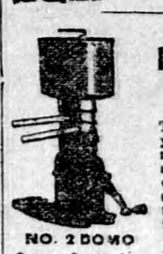
33-35 SCOTT STREET, TORONTO,
Stock Brokers & Financial Agents
COBALT
and other stocks bought and sold on commission. Correspondence invited. Orders may be wired at our expense.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to your home for 10 days' Free Trial.
The Trial will not cost you a penny. I sell my machine strictly on its merit, and it has to be better than others (not simply as good) to stand a chance in competition. It is better, and is introduced in a square-deal way. My Free Trial and examination plan should interest you.
Write for Circular "W" to
J. H. MORROW,
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DR. HUNT'S BUST DEVELOPER
Will develop your bust from two to three inches in a very short time.
ABSOLUTELY HARMLESS. Price $1.00 prepaid. Communications strictly private.
THE EDWARDS MEDICINE COMPANY
611 Bathurst St., Toronto, Ont.

BURNS & SCALDS

DAILY MISHAPS MAKE ZAM-BUK A DAILY NEED.

ACCIDENTS will happen in the best regulated homes; and having a box of Zam-Buk handy is a precaution that has saved thousands of families much worry and expense. There is never any knowing what a small injury may lead up to if neglected. The stoppage of the bleeding, or the pain from a cut, burn, or scald, lulls many people into a false sense of security. Dust getting into a wound may set up festering, inflammation, and blood-poisoning. In a similar way, a tiny cut may be the starting point of itching and irritating eczema; and the spot your child scratches on his head, the unsuspected beginning of ringworm or some other hair-destroying scalp disease.

Zam-Buk, while such a perfect healer, is also the inveterate enemy of skin-disease. A burn, scald, cut, or bruise promptly and regularly dressed with this rare and rich balm cannot "turn the wrong way"; and any tendency of the skin to become itchy, inflamed, or "mattery," is speedily checked. This is because Zam-Buk not only grows new, healthy skin, but, being so refined, is absorbed by the pores, and its healing essences make perfectly healthy all the underlying tissues. Always keep a box of Zam-Buk handy, for daily mishaps make Zam-Buk a daily need.

BAD SCALD CURED.
Mrs. W. Corkey, 35, Richmond Square, Montreal, says:—"My little grandson was severely scalded on his right leg from the knee to the ankle. This injury was very serious, and demanded great attention. We used nothing but Zam-Buk, and it was wonderful how cooling and soothing it proved. It was some weeks before the leg was finally healed, but there was not a scar left to show where he had been scalded. As the home 'first-aid,' I think Zam-Buk is without equal."

CHILD BURNED BY STOVE LID.
Mrs. H. Girdlestone, of 106, Rawdon Street, Brantford, Ont., says:—"I find Zam-Buk a splendid healer of children's injuries. My little boy burned his foot very badly on the red-hot lid of the stove. The skin was completely burned off, and he had a shocking foot, the wound turning to a running sore, festering and discharging. I applied Zam-Buk, and it effectively checked all discharging and festering, drew out the inflammation, and finally healed the wound nicely."

Zam-Buk is a positive and certain cure for cuts, burns, bruises, sprains, piles, festering sores, ulcers, scalds, blood-poisoning, eczema, scabs, chapped hands, cold-cracks, chilblains, ringworm, scalp sores, bad leg, diseased ankles, and all other skin diseases and injuries. Rubbed well into the parts affected, it cures neuralgia, rheumatism, and sciatica. All Druggists and Stores sell at 50c. box, three for $1.25, or post free from Zam-Buk Co., Toronto, for price.

Zam-Buk

RAW
FURS and HIDES
Write for Weekly Price Lists. Shipments Solicited.
JOHN HALLAM - TORONTO, ONT.

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WHY DO
So many Institutions devoted to the higher Education select Bell pianos? The fact that they use and prefer the Bell is evidence of distinct merit!
One follows professional advice in acquiring an education, why not follow professional custom in buying Bell pianos?
The only pianos with the Illimitable Quick Repeating Action.
ART PIANOS
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The BELL PIANO & Organ Co., Limited GUELPH, ONTARIO.