TONIC TREATMENT FOR INDIGESTION

The Only Sensible Way to Cure Stomach Troubles and Give New Health.

When the stomach is feeble the food lies in it undigested, decays and throws off poisonous gases that distend the walls of the stomach, and causes serious interference with other organs, especially with the action of the heart and lungs. These poisonous gases have other ill effects. They are absorbed by the blood and so weaken and corrupt it as to cause aches in remote parts of the body and the formation of unhealthy tissue everywhere. General bodily weakness and loss of weight is the result. The nerves and the brain are disturbed, and discomforts such as dizziness, hot flashes, sleeplessness, irritability and despondency originate from this source. Experience shows that these troubles vanish just as soon as the stomach is made strong enough to digest the food. In other words it needs a tonic that will rouse it to do the work of changing the food into nourishment. The tonic ought to be one that will agree with the most delicate stomach, and this is exactly what Dr. Williams' Pink Pills do. Here is a bit of strong proof:

Miss Lizzie Macdonald, Harbor-au-Bouche, N. S., says: "Dr. Williams' Pink Pills have done for me what no other medicine did or apparently could do. For almost three years I suffered untold agony from indigestion. I would have the most distressing pains in the stomach after eating. I could not sleep at night and I would rise in the morning feeling tired and worn out. I lost in weight and was almost reduced to a shadow. I was under doctor's treatment almost constantly, but with no benefit. One day I read the testimonial of a lady who had been cured of dyspepsia by Dr. Williams' Pink Pills and decided to try them. The first two or three boxes I took did not show any apparent relief and I began to fear the medicine would not help me, but as I had bought a half dozen boxes I decided that I would use them up anyway. To my joy, before they were all used I began to improve and I got three boxes more. By the time I finished these I was again in the best of health, and had gained 12 pounds in weight. I have not since had a twinge of this terrible trouble, and am more grateful than words can say for what Dr. Williams' Pink Pills have done for me."

You can get Dr. Williams' Pink Pills from any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

NOT TO BE PUMPED.

The Paul Pry of a certain town, who loved to find out everything about the new residents, espied the son of a new neighbor one morning in the local druggists.

"Good-morning, little boy," he said. "What is your name?"

"Same as dad's," was the quick reply.

"Of course, I know, little boy; but what is your dad's name, dear?"

"Same as mine, sir."

Still he persisted.

"I mean, what do they say when they call you to breakfast?"

"They don't never call me; I allus gets there first."

QUITE SO.

Newcomer—"You told me Miss Yellowleaf was as pretty as she could be. Why, she's a perfect fright!"

Crawley—"Nevertheless, she is as pretty as she can be."

LITTLE LIVES LOST HOW TO SAVE THEM.

The annual report of the Registrar-General for Ontario shows that for every thousand children born one hundred and eleven die before they reach the age of one year. Most of these deaths are due to disorders of the stomach and bowels, and most of these little lives could be saved if mothers kept always at hand a safe and simple remedy like Baby's Own Tablets. These Tablets cure all stomach and bowel troubles, but better still an occasional dose will prevent these troubles coming on. Mrs. N. Shaffer, The Brook, Ont., says:—"I have used Baby's Own Tablets for stomach and bowel troubles and always find them satisfactory. I feel that my little ones are safe so long as I have this medicine in the house." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

WOMEN BUTCHERS.

An Unusual Feminine Occupation Followed in Paraguay.

The butchers in all parts of Paraguay, South America, are women. In the public slaughterhouses the cattle are despatched by men. This is the only part of the work done by men. The animal is skinned and otherwise prepared by women who are dexterous in the use of the saw and knife. It is served out to the customers by women — not generally by weight, but by the piece—and the price is very low.

Women of all ages act the part of butchers. Some are young and pretty, others old and wrinkled. The women are great bargainers and keen to pull a new arrival almost to pieces in the hope of securing his custom. These women butchers earn good wages, and many of those in business on their own account acquire a modest fortune.

The cause of this state of things is the heroic war waged by Paraguay more than thirty years ago against the overwhelming forces of Brazil, the Argentine Republic and Uruguay combined. This war, which lasted five years bore many similar points of resemblance to the recent Boer war. It ended in the almost total annihilation of the able-bodied male population of the country.

When the war was over the people had been reduced to the most abject poverty and were on the verge of starvation. Worse still, owing to the destruction of the male population, perfect anarchy prevailed, and all the work formerly performed by males fell on the fair sex. They rebuilt the houses which had been burned down, tilled the fields and wove for themselves rough homespun clothing from the cotton grown in their own fields.

RE-TRIAL ORDERED.

A soldier was recently tried by a court-martial for stealing money, the property of the canteen.

The case was fairly gone into, and eventually the court found him not guilty, and told him that he left the court without a stain on his character.

After a little while a sergeant came in and said to the president: "Please, sir, Private Murphy (the late prisoner) would like to speak to you."

Private Murphy was marched in, and, saluting the Bench, he said: "Beg pardon, sir; I wish to thank you for your kindness, and to ask you what I ought to do with the money?"

Bickle's Anti-Consumptive Syrup is the result of expert chemical experiments, undertaken to discover a preventive of inflammation of the lungs and consumption, by destroying the germs that develop these diseases, and fill the world with pitiable subjects hopelessly stricken. The use of this Syrup will prevent the dire consequences of neglected Colds. A trial, which costs only 25 cents, will convince you that this is correct.

It's easier to lead a balky horse to water than to drive him to a waggon.

Month After Month a cold sticks, and seems to tear holes in your throat. Are you aware that even a stubborn and long neglected cold is cured with Allen's Lung Balsam?

After a man has finally landed a government job he begins to kick because it is not more remunerative.

The Crick in the Back. — "One touch of nature makes the whole world kin," sings the poet. But what about the touch of rheumatism and lumbago, which is so common now? There is no poetry in that touch, for it renders life miserable. Yet how delighted is the sense of relief when an application of Dr. Thomas' Eclectric Oil drives pain away. There is nothing equals it.

ONE FOR MARY JANE.

Mrs. Tartly and Mary Jane had arrived at the parting of the ways, and the mistress thought she could with safety indulge in a few caustic remarks.

"Now that you are going, Mary Jane," she said, "I hope you will leave in a respectable manner. You remember when you came your box was brought in a wheelbarrow. I would not have mentioned it, but I am afraid some of our friends might see you."

"That's all right, mum," answered Mary Jane, serenely. "My new master and missus are coming for me down the street."

"Why don't they drive up to the front door?" asked Mrs. Tartly.

"Well, mum," said Mary Jane, blandly, "I expect they don't want people to think they are visiting here!"

The solemnity of the meeting was somewhat disturbed when the eloquent young theologian pictured in glowing words the selfishness of men who spend their evenings at the club, leaving their wives in loneliness at home. "Think, my hearers," said he, "of a poor, neglected wife, all alone in the great, dreary house, rocking the cradle of her sleeping babe with one foot and wiping away her tears with the other!"

AFTER FIVE YEARS OF SUFFERING

DODD'S KIDNEY PILLS EFFECT ANOTHER GRAND CURE IN NOVA SCOTIA.

Mrs. Margaret Brady Tells How They Relieved Her of Rheumatism and Made Her Stronger in Every Way.

Green's Brook, Pictou Co., N.S., Feb. 1st (Special).—That diseased Kidneys are the cause of the ills from which so many women suffer and that they are cured completely and permanently by Dodd's Kidney Pills, is once more proved in the case of Mrs. Margaret Brady of this place.

"For five years," says Mrs. Brady when interviewed regarding her sickness and cure, "I was ill with Kidney and Liver complaint, which caused Rheumatism, Neuralgia and Heart Flutterings. My nervous system was affected and my blood seemed to lack vitality.

"I tried medicines and was under the doctor's care, but received no benefit till I used Dodd's Kidney Pills and Diamond Dinner Pills. They relieved me of Rheumatism and made me stronger and better in every way. These remedies and no other cured me."

Dodd's Kidney Pills always cure diseased Kidneys and all diseases that are caused by diseased Kidneys or impure blood.

SCIENTIFIC.

To say that love is a disease
Arouses thoughts ironic;
But every scientist agrees
That it is rarely chronic.

They Advertise Themselves.—Immediately they were offered to the public, Parmelee's Vegetable Pills became popular because of the good report they made for themselves. That reputation has grown and they now rank among the first medicines for use in attacks of dyspepsia and biliousness, complaints of the liver and kidneys, rheumatism, fever and ague and the innumerable complications to which these ailments give rise.

Mrs. Yale—"I am very sorry, doctor, you were not able to attend the church supper party last night; it would have done you good to be there." The Doctor—"It has already done me good, madam; I have just prescribed for three of the participants."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

You may have observed that the man who boasts that he can drink or let it alone usually drinks.

Missionaries in All Lands are friends of Painkiller. Hundreds of letters testify to the fact. For accidents and sudden emergencies, such as sprains, cuts and bruises, they find it invaluable. Avoid substitutes, there is but one "Painkiller", —Perry Davis'—25c and 50c.

The more an egotist a man is the more difficult it is for him to see his faults.

They Cleanse the System Thoroughly. — Parmelee's Vegetable Pills clear the stomach and bowels of bilious matter, cause the excretory vessels to throw off impurities from the blood into the bowels and expel the deleterious mass from the body. They do this without pain or inconvenience to the patient, who speedily realizes their good offces as soon as they begin to take effect. They have strong recommendations from all kinds of people.

If there is any knocking to be done let opportunity do it.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Give some people their pick and they'll pick flaws every time.

"A Grave-yard Cough" is the cry of tortured lungs for mercy. Give them mercy in the form of Allen's Lung Balsam, which is used with such good effect even in consumption's early stages. Never neglect a cough.

He who thinks only of himself hasn't any too much to think about.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

NOT IN THE MEDICAL BOOKS.

A visitor to an hotel was impressed with two boarders—one a pretty, delicate-appearing young lady, and the other a plain-faced maid. Meeting the maid in the hall one morning, he said, sympathetically:

"Your young lady seems very ill."

"Yes, sir; she suffers sadly."

"Consumption, I should fear?"

"No, sir; I am sorry to say it is of the heart."

"Dear me! Aneurism?"

"Oh, no, sir; it is only a lieutenant in the Navy."

Mamma—"Now, Tommy, you will be a good boy." Tommy (earnestly) —"Yes, mamma." "And you won't fight with the little boy next door?" Tommy (still more earnestly)—"No, mamma, I won't. He walloped me last night, and he said he would give me another walloping if I gave him any more cheek, so you may depend on me being a good boy, mamma."

GREAT MEN WHO HAVE PROVED ZAM-BUK.

Scientist, Analyst, and War Correspondent all Testify.

Men and women great in point of knowledge, position and experience, say that Zam-Buk stands superior to all other healing substances. Read the opinions of the following eminent men:—

Mr. Frank Scudamore, the famous war correspondent, who has gone through twenty-nine battles, and whose dispatches during the Boer War were so eagerly read from coast to coast in Canada, says:—"Owing to the poisonous dye from an undergarment penetrating a slight scratch, my legs broke out in ulcers. At one time I had seventeen deep holes in my left leg, into each of which I could put my thumb; and had fourteen similar ulcers on my right leg. Remedy after remedy failed to heal these, and I was well nigh worn out with pain and lack of sleep. Zam-Buk was introduced, and I am glad to say that it gave me speedy relief. A few weeks' treatment resulted in a perfect cure of all the ulcers."

Dr. Andrew Wilson, whose reputation as a scientist is world-wide, in a book recently published ("Homely Talks on First-Aid") says:—"Zam-Buk may be relied upon as an antiseptic dressing which requires no preparation, and has the particular advantage of possessing unique healing properties."

Mr. W. Lascelles-Scott, the famous analyst to the Royal Commission for Victoria, says:—"I have no hesitation in certifying the entire purity of Zam-Buk. It is of great healing power for open wounds or injuries."

All druggists and stores sell at 50c. a box; 3 for $1.25; or post free from Zam-Buk Co., Toronto, for price. You are warned against harmful imitations.

NEARER STILL.

Phrenologist—"Um! Were your ancestors eccentric?"

Visitor—"No; but my wife is. Examine the small bumps, please."

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

Time flies, and no airship has been able to beat it.

Repeat it:—"Shiloh's Cure will always cure my coughs and Colds."

The man who has no vocation doesn't need a vacation.

Much distress and sickness in children is caused by worms. Mother Graves' Worm Exterminator gives relief by removing the cause. Give it a trial and be convinced.

Some men sit on others while trying to stand up for themselves.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

All the world's a stage upon which most of us make a show of ourselves sooner or later.

All Women Know what is is to have violent pain. Some take one thing and some another. Our advice is to place "The D & L" Menthol Plaster over the seat of the pain; it will do more to give you comfort than anything.

Maude—"I'm a little uneasy in my mind. Ned asked me to marry him, and I told him I might, some day. Now, would you call that a promise?" Marie—"No, I should call it a threat."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Jones—"Why did you leave your new lodgings? I thought the landlady promised to treat you like one of the family?" Smith—"Yes; that's why I left."

Holloway's Corn Cure destroys all kinds of corns and warts, root and branch. Who, then would endure them with such a cheap and effectual remedy within reach?

LUCK.

"When a man talks about luck," said Uncle Eben, "he nearly allus means hard luck. 'Cause when he's prosperous he's gwinter take all de credit foh his own smahtness."

ISSUE NO. 6—09.

FACTS ABOUT THE BRAIN.

Hard Thinking is Done at the Back of the Head.

Common opinion has it that the thinking is done in the front part of the brain, so that a high forehead means a lofty intellect. Common opinion, it turn out, is precisely wrong, remarks a scientific man. More hard thinking is done at the back of the head than anywhere else.

Much of the rest is done in a region just above the ears. When the thinking involves action the sides and top of the head play their special part. In fact, about the only portion of the outer layers of the brain substance that have never been found to have the least connection with any sort of thinking is that lying above the eyes.

There is another curious fact about the thinking apparatus. Nine men out of ten at least do all their thinking on the left side of the brain, and might, so far as their purely mental operations are concerned, get on just as well if the entire right half were removed.

There have been men who have lost a cupful of brains out of the right side of their heads and retained all their mental faculties unimpaired. There have been other men in whom the loss of a half thimbleful from the left side has rendered them for the remainder of their lives unable to recognize by sight their own wives.

The phrenologists, of course, have the entire brain mapped out like building sites—combativeness here, order there. This part of one's brain operates when he puts away his shoes in the closet, and when he thrown them at the cat.

Now, as a matter of fact, we have "faculties," in the mind and "organs" in the brain about as much as we have a football-playing muscle and a wood-sawing muscle, and still another muscle for standing still. The brain acts as a whole, just as the body does. We use all our muscles to play football, and we use them all to saw wood.

And the average small boy dislikes to part his hair almost as much as a man dislikes to part with his.

CALVES Raise Them Without Milk. Booklet Free. Steele Briggs Seed Co., Ltd., Toronto

SURE HEAVE CURE

Our guaranteed Heave Cure will save your horse. Has completely cured many cases pronounced incurable. Send for copies of testimonials and further information. **Four Brothers, Restoule, Ont.**

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150 OLD TIME SONGS

Words and Music Complete.

110 COMIC RECITATIONS, THE PRACTICAL POULTRY KEEPER, 10 cents each or 3 for 25 cents, post paid, and our Catalogue of 400 Book Bargains FREE.

The R. G. SMITH CO., Dept. C, Orillia, Ont.

Is Pe-ru-na Useful for Catarrh?

Should a list of the ingredients of Peruna be submitted to any medical expert, of whatever school or nationality, he would be obliged to admit without reserve that each one of them was of undoubted value in chronic catarrhal diseases, and had stood the test of many years' experience in the treatment of such diseases. THERE CAN BE NO DISPUTE ABOUT THIS WHATEVER. Peruna is composed of the most efficacious and universally used herbal remedies for catarrh. Every ingredient of Peruna has a reputation of its own in the cure of some phase of catarrh.

Peruna brings to the home the COMBINED KNOWLEDGE OF SEVERAL SCHOOLS OF MEDICINE in the treatment of catarrhal diseases; brings to the home the scientific skill and knowledge of the modern pharmacist; and last but not least, brings to the home the vast and varied experience of Dr. Hartman, in the use of catarrh remedies, and in the treatment of catarrhal diseases.

The fact is, chronic catarrh is a disease which is very prevalent. Many thousand people know they have chronic catarrh. They have visited doctors over and over again, and been told that their case is one of chronic catarrh. It may be of the nose, throat, lungs, stomach or some other internal organ. There is no doubt as to the nature of the disease. The only trouble is the remedy. This doctor has tried to cure them. That doctor has tried to prescribe for them.

BUT THEY ALL FAILED TO BRING ANY RELIEF.

Dr. Hartman's idea is that a catarrh remedy can be made on a large scale, as he is making it; that it can be made honestly, of the purest drugs and of the strictest uniformity. His idea is that this remedy can be supplied directly to the people, and no more be charged for it than is necessary for the handling of it.

No other household remedy so universally advertised carries upon the label the principal active constituents, showing that Peruna invites the full inspection of the critics.

For a free illustrated booklet entitled "The Truth About Peruna," address The Peruna Company, Columbus Ohio. Mailed postpaid.

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Shipments to us this year, to date, almost double last year. THERE'S A REASON. Over two hundred trappers and shippers who had previously shipped elsewhere have been added to our list. WHY NOT YOU? We pay best prices, shipping expenses and remit cash same day. Price list on application.

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WHY DO So many Institutions devoted to the higher Education select Bell pianos? The fact that they use and prefer the Bell is evidence of distinct merit! One follows professional advice in acquiring an education, why not follow professional custom in buying Bell pianos? The only pianos with the Illimitable Quick Repeating Action.

ART PIANOS

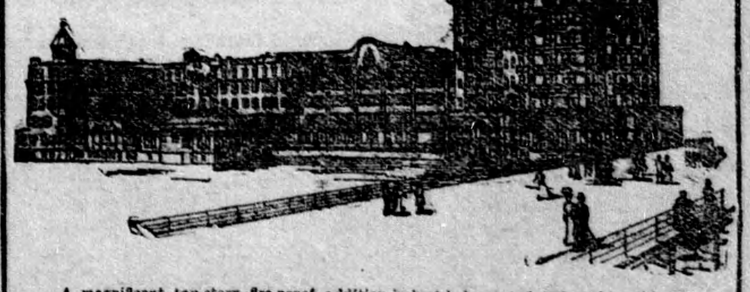
Send for (free) Catalogue No. 75.

The BELL PIANO & Organ Co., Limited GUELPH, ONTARIO.

HOTEL TRAYMORE

ON THE OCEAN FRONT.

ATLANTIC CITY, N. J.



A magnificent ten-story fire-proof addition is just being completed, making this famous hostelry the newest and most up-to-date of Atlantic City Hotels. A new feature is the unusual size of the bed rooms, averaging 19 feet square.

Every room commands an ocean view, bath attached with sea and fresh water. Cheval-glass in every chamber. Temperature regulated by Thermostadt, the latest development in steam heating. Telephone in every room. Golf privileges. Capacity 600. Write for illustrated booklet.

CHARLES O. MARQUETTE, Manager. TRAYMORE HOTEL COMPANY, D. S. WHITE, President.