LA GRIPPE'S VICTIMS

Left Weak, Miserable and a Prey to Disease in Many Forms

La Grippe starts with a sneeze—and ends with a complication of troubles. It lays the strong man on his back; it tortures him with fevers and chills, headaches and backaches. It leaves him a prey to pneumonia, bronchitis, consumption and other deadly diseases. You can avoid La Grippe entirely by keeping your blood rich and red by the occasional use of Dr. Williams' Pink Pills. If you have not done this, and the disease lays you low, you can banish all its evil after effects with this same great blood-building, nerve restoring medicine. Here is proof of the wonderful power of Dr. Williams' Pink Pills over disease:

Mr. P. E. Paulin, Collector of Customs at Caraquet, N. B., says: "In the winter of 1907 I had a very severe attack of la grippe, which broke me down entirely. I had to take to bed for several weeks. During that time I employed a doctor, but without benefit, in fact I seemed to be getting worse and worse. I did not sleep; suffered from night sweats, and had no appetite. I was really a physical wreck. On a former occasion I had used Dr. Williams' Pink Pills for general debility, with great benefit so I decided to again try them. I sent for half dozen boxes and began to use them at once. When taking the second box I began to feel quite a change in my condition. I was able to walk about the house and my appetite was improving. From that on I gained strength every day, and before the six boxes were done I was able to return to the office and attend to my work. Now I enjoy the best of health, and although 63 years old, am feeling quite young. I think Dr. Williams' Pink Pills a splendid medicine for troubles of this kind."

Dr. Williams' Pink Pills are a blood-making, nerve-restoring tonic. In this way they cure anaemia, indigestion, rheumatism, neuralgia, St. Vitus' dance, and partial paralysis. They are the best medicine in the world for the ailments of girlhood and womanhood. Sold by medicine dealers or by mail at 50 cents a box or six boxes for $2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

PENITENTIARY REPORT.

The Dominion Department of Justice report for the last fiscal year has appeared. It shows a slight falling off in the penitentiary population of Canada. The number serving sentence last year was 1,418, a decrease of 15. There were 215 prisoners released on parole during the year covered by the report, 20 prisoners were pardoned, and 6 in British Columbia escaped. It is stated escapes were due to lack of discipline and disregard of prison regulations.

The report notes that the proportion of youthful prisoners is greater in the east than in the west. Convicts under twenty years of age form 19 per cent. of the population of the Dorchester Prison, 17 per cent. at St. Vincent de Paul and in Manitoba only three per cent

Sixty per cent. of all convicts are Canadian born, 16 per cent. British and 10 per cent. from the United States. The greatest increase has been in the case of Italian convicts. Six hundred and ninety-one of the convicts profess adherence to the Roman Catholic Church, 319 to the Church of England, 151 to the Methodist, 144 to the Presbyterian, 66 to the Baptist, 43 to the Lutheran, 17 to the Buddhist, 8 Jews, 2 Mormons and 20 unclassified.

Dominion Parole Officer Archibald reports that since 1899 there have been 1,135 prisoners who completed their sentences on parole, and there are 784 ticket-of-leave men still reporting. There have been 92 paroles cancelled and 35 have been forfeited by subsequent convictions.

A MOTHER'S AID IN THE NURSERY.

Every mother should be able to treat the minor ailments of her little ones. Prompt action may prevent serious illness—perhaps save a child's life. A simple remedy always at hand is therefore an absolute necessity, and there is nothing else so good as Baby's Own Tablets. These Tablets promptly cure all stomach and bowel troubles, break up colds, cure simple fevers, expel worms and make teething easy. Good for the new born baby or the well grown child, and guaranteed to contain no opiate. Mrs. L. W. Smith, St. Giles, Que., says:—"I have used Baby's Own Tablets for constipation and other ills of childhood, and find them the best medicine I have ever given my little ones." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

FROM BONNIE SCOTLAND

NOTES OF INTEREST FROM HER BANKS AND BRAES.

What is Going on in the Highlands and Lowlands of Auld Scotia.

In Leith last year the building trade was very dull.

Portobello Free Library is said to have about 2,000 books which have never been read.

In Edinburgh there were 3,228 claims lodged for old-age pensions, and 2,790 were allowed.

Provost Cuthbert has promised to do something to relieve the distress of the unemployed in Perth.

There were 3,026 marriages registered in Edinburgh city last year, being over 90 less than in 1907.

The deposits in the Savings Bank in Edinburgh now aggregate $5,000,000 more than they did ten years ago.

Miss Bridget M. Davidson, Wardie, has left the Leith Hospital $2,500, and the Longmore Hospital for Incurables $2,500.

There were 273 joint stock companies registered in Scotland last year, with an aggregate capital of nearly $30,000,000.

The Eclipse Tool Manufacturing Company, Glasgow, have contracts for the erection of new works at Linwood, near Johnstone.

At a recent graduation ceremony in Glasgow, a student was capped in full Higland costume, probably for the first time in the history of the University.

A young man employed in a warehouse in Glasgow is charged with stealing $750 worth of fancy vests, furs, boots, dressing gowns, corsets, bronze ornaments, and watches.

The state of trade in Aberdeen during last year showed that depression was the keynote, except in the white fishing industry. The quantity of fish landed constituted a record.

In consequence of the opening of the tramways to Balloch, it has been found necessary to provide an additional constable for the district to assist in preserving order, especially on Sundays.

The little girl of a plowman at St. Cyrus, Kincardineshire, was fatally burned through her nightgown taking fire. The nearest doctor was five miles away, and could not be reached owing to the snow storm.

The late ex-Provost Yellowlees left $100 to each of the employes in the leather works at Queen street, Stirling, and to a former clerk, now in Coatbridge, and $250 to each of six Stirling institutions.

The late Dr. Paterson, Arden, has bequeathed $500 to the coal fund for the poor, and $500 for prizes in connection with the public school, in addition to other bequests for religious and charitable purposes.

Workmen have been employed upon Stirling Castle to make secure parts which were in a dangerous condition. Improvements have been made in the buildings known as the Douglas Block, Argyll's Lodging, and Mar's Walk.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

PREPARATORY.

In times of peace a lot of otherwise sensible people make preparations to get married.

Just the Thing That's Wanted.—A pill that acts upon the stomach and yet is so compounded that certain ingredients of it preserve their power and act upon the intestinal canals, so as to clear them of excreta the retention of which cannot but be hurtful, was long looked for by the medical profession. It was found in Parmelee's Vegetable Pills, which are the result of much expert study, and are scientifically prepared as a laxative and an alternative in one.

ANNOUNCEMENT.

The minister regarded his congregation with the light of a happy thought on his countenance.

"Next Sunday," he said, "I will preach from the choir loft."

There was a stir in the church, and the more understanding ladies flushed.

"Yes," the minister added, "and this will be continued until the style in hats once more enables my congregation to see me standing here."

ON THE SAME TERMS.

Diner (who has run up a heavy bill)—"You are manager here, eh. Well, six months ago I dined here, and unfortunately, being unable to pay my bill—er—you kicked me downstairs!"

The Manager—"Very sorry, indeed, sir, but business you know—er—I had to—er—

Diner—"Oh, that's all right, old chap—but—might I trouble you again?"

Hunker—"Halloa, Ricketts, when is your marriage to Miss Flirte coming off?" Ricketts—"It has been indefinitely postponed." "What's the trouble?" "Oh, she married another fellow."

HATFUL OF DIAMONDS.

Wonderful Stories from German South Africa.

A recent arrival at Cape Town from Luderitzbucht (German Southwest Africa) has supplied interesting information regarding the remarkable diamond finds in that territory. The newly-found fields, writes a correspondent at Cape Town, are situated about seven miles from the coast, and claims have already been pegged out over a considerable area, the pegs in one claim being at high-water mark actually under water.

A writer in The Frankfurter Zeitung describes the impressions of a visitor to the diamond fields:

"It is marvellous. With my own eyes I have seen a whole hatful of little diamonds, beautifully bright and glittering, and at present prices worth 24s. a carat.

"Col. Harris, a director of the De Beers Company, tried to get 25,000 £1 shares, but was refused them, as the syndicate does not want to have a single De Beers Company director in its undertaking.

"A leading expert from Johannesburg has also been on the spot, and after examining the place for a whole ten days returned quite amazed. It is extremely curious that German capital has moved so slowly and refused so absolutely to give any help at the outset.

"It will be no wonder if other people rush in and skim off the cream. We shall have the same old experience—the accursed Britisher snatching everything away before our eyes."

The Frankfurter Zeitung publishes these cheerful reflections, with the remark that the reports are beyond doubt exaggerated, and that the diamond fever seems to have got the better of cool calculation.

COAL BUCKET FELL ON HIM.

Couldn't Walk for Two Months.

Worker Owes His Restoration to Zam-Buk.

Mr. Daniel Goddard, of Bay Street, Sault Ste Marie, Ont., says:—"While employed superintending the unloading of a coal vessel at Cohen's Coal Dock, a heavy coal bucket in descending into the vessel to be re-filled suddenly overturned, grazing my left leg and scraping the flesh off to the bone. I was compelled to discontinue work and go home for treatment, where I was confined for about two months.

"When able to get out again I got cold in the wound, inflammation started, the wound opened again, and for another month I was unable to move about. I tried all manner of things to get ease and get the wound to heal up, but nothing seemed able to do it. Not only did everything I tried seem useless so far as healing went, but I could get no ease from the aching and the burning pains. At times I was just about crazy with the intense throbbing pains, and night after night got no sleep whatever.

"Not until my wife began applying Zam-Buk did I find relief. When applied to the injured member this balm quickly soothed the pain, and as we continued using it each day brought an improvement. The throbbing pains were soon banished, the inflammation and soreness relieved, and the wound thoroughly cleansed of all poisonous and unhealthy matter.

"Healing then began, and in a wonderfully short time—considering the seriousness of the wound—Zam-Buk effected a complete and lasting cure. I have since had no trouble with the limb at all, and it is as sound and strong as before the injury."

Zam-Buk is a sure cure for cuts, lacerations, burns, eczema, ring-worm, cold-sores, chapped hands, poisoned wounds, festering sores, bad leg, and all skin injuries and diseases. It is also a cure for piles. Druggists and stores everywhere sell at 50c. a box, or post free from Zam-Buk Co., Toronto, on receipt of price. You are warned against harmful imitations sometimes represented as "just as good and cheaper."

NEXT MORNING.

His Mother — "Johnny, it's 8 o'clock. When are you coming down to breakfast?"

Johnny (in a feeble voice)—"Tomorrow morning, mamma."

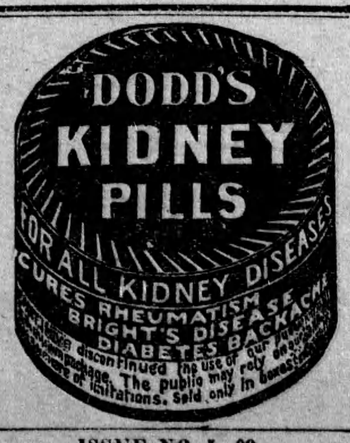
Repeat it;—"Shiloh's Cure will always cure my coughs and colds."

In Vienna, it is necessary for a man to obtain his wife's consent before he may ascend in a balloon.

We Must Go from heated rooms to the cold outer air, and the change sets us coughing. Curing winter colds is not hard if you take Allen's Lung Balsam. A neglected cold is troublesome and dangerous.

Reefer—"Dumps looks awfully down in the mouth. What's the matter with him?" Banks—"Well, the other evening he was doing the amiable to his sweetheart, don't you know—petting her and all that, and he absent-mindedly called her Kitty." Reefer—"Well, what of that?" Banks — "Her name's Eva."

New shoes sometimes pinch the pocket book.



ISSUE NO. 5—09.

HE KNOWS FROM HIS EXPERIENCE

THAT DODD'S KIDNEY PILLS WILL CURE BRIGHT'S DISEASE.

Postmaster Cote Tells How the Great Canadian Kidney Remedy Cured Him After Doctors Had Given Him Up.

Le Petit Bois Franc, Temiscouata Co., Que., Jan. 25 (Special).—Mr. Charles Cote, postmaster here, is firmly convinced that Dodd's Kidney Pills will cure Bright's Disease or any other disease of the Kidneys. He knows it from his own experience. Hear what he says:

"For over four years I was troubled with Backache, Rheumatism and lack of ambition, and my urine was of a dark unnatural color. I was attended by three doctors who did me no good. The last one told me it was only a waste of money to try anything else as I could not live more than a year at the outside.

"At the verge of death I decided to give Dodd's Kidney Pills a trial. I used eighteen boxes and to-day my Rheumatism, Backache and Headache are gone. My urine is like that of a child. I feel I owe my life to Dodd's Kidney Pills."

Postmaster Cote had all the symptoms of Bright's Disease. The doctors evidently knew he had Bright's Disease—the most deadly form of Kidney Disease. Dodd's Kidney Pills cured him. They will cure any form of Kidney disease.

HEROIC.

"A hero," says the Philosopher of Folly, "is a man who does something on the spur of the moment that he wouldn't do if he had time to sit down and think it over."

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

'NUFF SAID.

Doctor—"Good-morning! How are you to-day?"

Patient—"I got your bill this morning."

A Cure for Fever and Ague.—Parmelee's Vegetable Pills are compounded for use in any climate, and they will be found to preserve their powers in any latitude. In fever and ague they act upon the secretions and neutralize the poison which has found its way into the blood. They correct the impurities which find entrance into the system through drinking water or food and if used as a preventive fevers are avoided.

"To what do you attribute your success as a ruler?" After a moment's thought, the South American President replied: "Largely to bad marksmanship."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

In Brazil, every man of twenty-one to forty-four years is subject to military service. Those who object on religious grounds are absolved, but lose all political privileges.

Be Sure you get the kind you have always had. "The D & L" Menthol Plaster. For rheumatism, neuralgia, etc., nothing is better. Made only by Davis & Lawrence Company.

Quack—"So you prefer me to Dr. Pail?" Mrs. Mulligan—"Och, indade, dochter, dear, ye're a dale betther than the other old humbug."

There is no medicine on the market that can compare with Bickle's Anti-Consumptive Syrup in expelling from the system the irritating germs that colds engender in the air passages. It is suicide to neglect your cold. Try the cheap experiment of ridding yourself of it by using Bickle's Syrup, which is a simple remedy, easily taken, and once used it will always be prized as a sovereign medicine.

A NEW DEFINITION.

The class was studying grammar. "Now," said the teacher, "can anyone give me a word ending with 'ous,' meaning full, as in 'dangerous,' full of danger, and 'hazardous,' full of hazard?"

There was silence in the class for a moment. Then a boy sitting in the front row put out his hand.

"Well, John," said the teacher, "what is your word?"

"Please sir," came the reply "'pious,' full of pie."

REALLY, HOW COULD HE?

Dentist to garrulous woman in the chair:

"Now, madam, if you want me to fill this tooth you will have to keep your mouth shut!"

TOO MUCH FOR HIM.

Smithson used to labor under the impression that he was a born humorist, but he has given up trying to be funny now.

He called one day on an old school friend, and was shown into a room where his chum's sister was busy arranging a quantity of dried grass which she had collected.

"What a quantity of dried grass you have collected, Miss Ritchie!" he said. Then his humor burst forth. "Nice room for a donkey to get into——"

"Make yourself at home, Mr. Smithson," said the girl, pleasantly.

When he arrived home all the humor was crushed out of him forever.

NERVOUS PROSTRATION.

Of nervous prostration we hear much now-a-days, and it is comforting to know that there are places specially equipped and located for combating this phase of modern life. On the main line of the Grand Trunk Railway System, at St. Catharines, Ontario, are located the curative Saline Springs known as the "St. Catharines Well." Connected with the Springs is "The Welland," where treatments for nervous prostration, rheumatism, etc., are given by skilled attendants in charge of a resident physician. St. Catharines is the mildest point in Canada during the winter months. For further information and all particulars apply to J. D. McDonald, D.P.A., Union Station, Toronto.

LAZINESS.

Some men are too lazy to go out and meet returning prosperity half way.

'Tis Well to Know a Good Thing, said Mrs. Surface to Mrs. Knowwell, when they met in the street. "Why, where have you been for a week back?" "Oh, just down to the store for a bottle of Dr. Thomas' Eclectric Oil," and Mrs. Surface, who hates puns, walked on. But she remembered, and when she contracted a weak back there was another customer for Eclectric Oil.

About 4,500,000,000 passengers are carried on the world's railways annually.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Give a stubborn man his way and he will credit you with having good judgment.

Chilled to the Bone? A teaspoonful of Painkiller in a cup of hot water sweetened will warm you and avert a cold. Avoid substitutes, there is but one "Painkiller"—Perry Davis'—25c and 50c.

"The pleasure of having cured myself of insomnia," remarked the heavy-eyed man, "is so great that I lie awake all night thinking about it."

Repeat it;—"Shiloh's Cure will always cure my coughs and colds."

Although India annually produces over 2,000,000 tons of sugar-cane, it imported last year over $25,000,000 worth of sugar.

THERMOS BOTTLE

Necessity for every Home, Mother, Baby, Mechanic, Miner, Farmer, Hunter, Fisherman, every body.

Keeps contents HOT 24 HOURS OR ICE COLD 3 DAYS

Without Fire or Ice.

BRIGHT AGENTS make big money selling Thermos.

Where we have no dealer. Write for particulars.

Canadian Thermos Bottle Co. Limited, Montreal.

1,000,000 sold 1908

RAW FURS.

Shipments to us this year, to date, almost double last year. THERE'S A REASON. Over two hundred trappers and shippers who had previously shipped elsewhere have been added to our list. WHY NOT YOU? We pay best prices, shipping expenses and remit cash same day. Price list on application.

A. & E. PIERCE & CO.,
507 ST. PAUL ST., MONTREAL.

CALVES Raise Them Without Milk. Booklet Free. Steele Briggs Seed Co., Ltd., Toronto

Dyeing! Cleaning!

For the very best send your work to the "BRITISH AMERICAN DYEING CO." Look for agent in your town, or send direct.

Montreal, Toronto, Ottawa, Quebec.

A. J. PATTISON & CO.

33-35 SCOTT STREET, TORONTO.

Stock Brokers & Financial Agents

COBALT

and other stocks bought and sold on commission. Correspondence invited. Orders may be wired at our expense.

FACT!

The washtub heroine may not look so romantic, but frequently she's the real goods.

Only those who have had experience can tell the torture corns cause. Pain with your boots on, pain with them off—pain night and day, but relief is sure to those who use Holloway's Corn Cure.

Lots of people believe it is better to grab than wait till they are served.

No Reasonable Man expects to cure a neglected cold in a day. But time and Allen's Lung Balsam will overcome the cold and stave off consumption. Cough will cease and lungs be sound as a new dollar.

And the man who thinks he knows it all soon shows how little he really does know.

Repeat it:—"Shiloh's Cure will always cure my coughs and Colds."

In a lifetime of 70 years a man grows fingernails which, if left uncut, would be 7 feet 9 inches long.

One of the greatest blessings to parents is Mother Graves' Worm Exterminator. It effectually expels worms and gives health in a marvellous manner to the little one.

RAW **FURS and HIDES**

Write for Weekly Price Lists. Shipments Solicited.

JOHN HALLAM - TORONTO, ONT.

BELL

USED IN

Leading Conservatories, Colleges, Schools, Theatres, and in thousands of homes where a piano of distinctive merit is appreciated. The Bell is the only piano with the Illimitable Repeating Action.

ART **PIANOS**

Send for (free) Catalogue No. 75.

The BELL PIANO & Organ Co., Limited GUELPH, ONTARIO.

HOTEL TRAYMORE

ON THE OCEAN FRONT.

ATLANTIC CITY, N. J.

A magnificent ten-story fire-proof addition is just being completed, making this famous hostelry the newest and most up-to-date of Atlantic City Hotels. A new feature is the unusual size of the bed rooms, averaging 19 feet square.

Every room commands an ocean view, bath attached with sea and fresh water. Cheval-glass in every chamber. Temperature regulated by Thermostats, the latest development in steam heating. Telephone in every room. Golf privileges. Capacity 600. Write for illustrated booklet.

CHARLES O. MARQUETTE, Manager. TRAYMORE HOTEL COMPANY, D. S. WHITE, President.