THE TORTURES WOMEN SUFFER

Can Be Relieved by Keeping the Blood Supply Rich With Dr. Williams' Pink Pills.

A woman needs a blood building medicine regularly just because she is a woman. From maturity to middle life, the health and happiness of every woman depends upon her blood, its richness and its regularity. If her blood is poor and watery she is weak, languid, pale and nervous. If her blood supply is irregular she suffers from headaches, backaches sideaches and the other unspeakable distress which only women know. Some women have grown to expect this suffering at regular intervals and to bear it in hopeless silence. But women would escape much of this misery if they took a box or two of Dr. Williams' Pink Pills to help them over each critical period. These Pills actually make new blood. They help a woman just when nature makes the greatest demand upon her blood supply. They have done this for thousands of women throughout Canada, why not for you?

Mrs. Joseph Kinney, Gilbert's Cove, N. S., says:—"For ten years I suffered from nervousness and those troubles that make the lives of so many women one of almost constant misery. At times I would be confined to my bed for weeks. I spent sleepless nights and seemed to lose all courage. I tried several doctors, but they failed to give me any relief. The last doctor I consulted told me frankly that he could not undertake my case unless I would undergo an examination. It was then I decided to give Dr. Williams' Pink Pills a trial. After taking six boxes I was much improved in health, but I continued to take the Pills for a couple of months more when I felt like a new woman, and was enjoying such health as I had not experienced for ten years before. I have had no return of the trouble since, but I have used the Pills once since that time for the after effects of la grippe and the result was all I hoped for. These are plain facts from my own experience and I have always felt that I cannot too strongly recommend Dr. Williams' Pink Pills to the many women who suffer as I did."

You can get these Pills from any dealer in medicine or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

FROM ERIN'S GREEN ISLE

NEWS BY MAIL FROM IRELAND'S SHORES.

Happenings in the Emerald Isle of Interest to Irishmen.

Abraham Black, D.C., Ballypatrick, Cushendom, has been appointed a magistrate for Co. Antrim.

Very Rev. Dr. Cummins, D.D., Adm., Sligo, was given a hearty welcome home from Rome by the townspeople.

William Gerety, Ballymahon, has been elected rate collector for his home district by the Longford County Council.

Chevalier O'Loughlin, who had been on an extended visit to Kilkenny, has left that city on his return journey to Australia.

The Local Government Board have sanctioned the erection of 174 cottages out of 300 proposed by the Tipperary Rural Council, No. 1.

Omagh Guardians have granted the master of their union an increase of salary amounting to $75 per year, making the actual salary $325 per year.

Longford Guardians have granted a pension of $400 per year to Dr. Edward Winslow, who resigned some weeks ago after forty-eight years' service.

The major portion of the great Scully ranch in Co. Kilkenny has been broken up and many evicted tenants on the Tullaroan part have been reinstated.

The Local Government Board have sanctioned the appointment of Margaret Looby as infirmary night nurse in Tipperary workhouse at a salary of $125 a year.

At Goresbridge, Co. Kilkenny, James Byrne, of Rathcash, was returned for trial to the winter assizes on a charge of murdering his brother, William Byrne, by shooting.

While out hunting recently with the King's County pack, of which he is popular master, Mr. Assheton Biddulph fell from his horse and sustained severe injuries.

A motion to increase the salary of the matron of the Clonmel District Lunatic Asylum from $400 to $500 was defeated by seven votes to five at a meeting of the committee recently.

[illegible] Porter Rocksmount, [illegible] has obtained for the [illegible] in succession the [illegible] paid for flax sold in Coleraine market this season, $15.36 per cwt., for less than a ton.

Donegal Guardians have decided to erect open air shelters for consumptive patients, the cost to be defrayed by loan. They are the first body in the country to act on such progressive lines.

The Congested Districts Board have purchased the farm of Ballyglass, Co. Galway, six miles from Castlehea. The farm, which contains over three hundred Irish acres, was owned by M. J. P. Mulligan, J.P., Roscommon.

While two men named William and Patrick White were engaged felling a tree at Behamore, near Cloughjordan, a child named Thomas Hassett, four years, ran under the trunk as it was falling and was instantly killed.

The various branches of the U.I. L., in County Sligo, are unanimously co-operating in the movement towards erecting a memorial to the late John Stinson, who was shot by the police in a recent encounter with the people.

SEALERS' ADVENTURE.

Eighteen Spent Twenty Days on a Lonely Island.

Eighteen Scots, sealers from the Island of Lewis, have just met with adventures such as one reads of in "Robinson Crusoe."

In small boats, on a day when the sea was as calm as a lake, the men set out for the Island of North Rona, 45 miles distant. They drew up their boats in the only safe landing place, and the whole band at once set out to hunt the seals. They found hundreds of them, and, getting between them and the seashore, killed 320, and secured the skins.

Preparations were made to return home the next day, but during the night the weather broke, and instead of launching their boats they had to haul them 100 yards farther up. So rough was the weather that the sealers set about building temporary shelters. Crusoe-like they carried all they could from the boats, and soon had two comfortable houses built. Their beds they made of grass.

For the first few days the men were well provided, but they took the precaution of putting themselves on short rations. For light and fire they used seal blubber. The provisions at last gave out, and the men killed a sheep, of which there are a few on the island, and caught the sleeping sea birds on the rocks.

Twenty days passed before the weather was fit for the men to take to their small boats again. They are now safe at home, greatly to the delight of their wives and families.

MOVING IN CAIRO.

Long Line of Carriers, Each With Single Article of Furniture.

One of the strangest sights of Cairo streets is a household moving, says Leslie's Weekly. There are no vans for the purpose. When a family wishes to move the head of the house contracts with a native mover, and on the day appointed this man with his assistants, sometimes as many as 30 or 40, appear on the scene. One takes a chair and starts off, another seizes a sofa, five or six or even ten or twelve men get under a piano and march along, and one by one the others follow, each one bearing some piece of household goods. The things are put in place as they reach the new house, and in a few hours the moving has been accomplished and everything is in shipshape. The human vans seldom walk unless their load is unusually heavy. A man with a sofa or with four or five chairs piled on his back will keep up a continuous jog trot for hours without appearing to tire.

FISHERY.

The person who is always fishing for compliments is a nuisance of the first water.

Women are naturally foolish; they are more afraid of mice than they are of men.

An End to Bilious Headache. — Biliousness, which is caused by excessive bile in the stomach, has a marked effect upon the nerves, and often manifests itself by severe headache. This is the most distressing headache one can have. There are headaches from cold, from fever, and from other causes, but the most excruciating of all is the bilious headache. Parmelee's Vegetable Pills will cure it—cure it almost immediately. It will disappear as soon as the Pills operate. There is nothing surer in the treatment of bilious headache.

The right kind of a man doesn't have to spend half his time looking for a job.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

The wind frequently turns an umbrella, but a borrower seldom returns it.

HIS PAINS AND ACHES ALL GONE

DODD'S KIDNEY PILLS CURED CHAS N. CYR'S RHEUMATISM.

Statement of a Man Who Suffered for a Year From Different Forms of Kidney Disease and Found a Speedy Cure.

New Richmond Station, Que., Dec. 28 (Special)—In these cold fall days when Rheumatism, Sciatica, Backache and other Kidney Diseases are working havoc in every corner of Canada, thousands will be interested in the statement of Mr. Chas. N. Cyr, the well-known barber of this place.

"I had been a sufferer from Rheumatism and Backache for a year," Mr. Cyr states. "My head also troubled me and it was hard to collect my thoughts. I heard of cures made by Dodd's Kidney Pills and made up my mind to try them. The marvellous effect of the first box on my system at once raised my hopes and by continuing to take them I am now a sound and well man. All my pains and aches are gone and I am able to do my work without pain."

Mr. Cyr is only one of thousands whom Dodd's Kidney Pills have cured of Rheumatism, Sciatica and Backache. For Dodd's Kidney Pills always cure sick or disordered Kidneys. And if your Kidneys are well you can't have Rheumatism, Sciatica or Backache.

NOTHING THERE.

Augustus—I'm quite afraid to call on Miss Smarteigh. They say she's a mind reader.

Maria—Oh, you needn't get nervous about that.

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E CURRAH, Windsor, Ont.

CORRECTED.

"Well, Sally, did you eat your ice cream with avidity?"

"No, I eat it with a spoon."

They are Not Violent in Action. Some persons, when they wish to cleanse the stomach, resort to Epsom and other purgative salts. These are speedy in their action, but serve no permanent good. Their use produces incipient chills, and if persisted in they injure the stomach. Nor do they act upon the intestines in a beneficial way. Parmelee's Vegetable Pills answer all purposes in this respect, and have no superior.

TO BE HOPED FOR.

Mrs. Stubb—Now, women are not impulsive, like you men. They always measure their words.

Mr. Stubb (with a sigh)—Oh, if some of them would only give short measure!

Repeat it.—"Shiloh's Cure will always cure my coughs and colds."

"Before we were married," said Mrs. Chatterton, "you used to tell me how much you loved me, but you never do now." "Of course not, my dear, "replied the masculine end of the matrimonial combine. "Since our marriage you haven't given me a chance to tell you anything."

As Fire Spreads in dry grass, so does an inflammation in the throat grow down into the lungs. Deal promptly with a cold as with a fire, and when you begin to cough use Allen's Lung Balsam.

The young man had gone to the heiress's father—always a ticklish job—but he took his courage with an iron grip. "Sir," he blurted out, "I want to ask you for your daughter's hand." The old man, not in the least disconcerted, said:—"Which hand? The one she signs cheques with, I suppose?"

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

SAFE SENTENCE.

Some of the West Indian islanders have learned that when a foreigner misbehaves himself on their shores it is better to suffer in silence than to mete out punishment at the risk of a visit from a gunboat from the miscreant's native land. A judge in Haiti recently took occasion to pay off old scores to redeem his self-respect in the case of an offender brought before him. To his first question, as to the nationality of the accused, the interpreter answered that the prisoner was from Switzerland.

"Switzerland!" said the judge. "That country has no sea-coast, has it?"

"No, your honor," replied the interpreter.

"And no navy?"

"And no navy, your honor."

"Very well then," said the judge, "give him a year's hard labor!"

"A FRIEND TO THE GOVERNMENT."

Very few people have any idea of the enormous value of the tobacco crop to the world in general.

It is more extensively used than any other product grown in the world with the exception of tea.

In 1904 the total production of tobacco for the world was estimated at 4,100,000,000 pounds valued at $400,000,000.

The amount of duties collected is estimated at one billion of dollars.

There are hundreds of different types grown, and every country, every state, every province, almost every county has a peculiar type of its own.

Some sections raise pipe tobacco only, others raise chewing tobacco only, and others cigar tobacco only.

When cigars are mentioned every smoker naturally thinks of the Island of Cuba, the Island that makes the standard for the world, for cigars. All other countries have tried to imitate, but none have ever equalled.

All Cuba tobacco, however, is not good tobacco and each province in the Island grows a type of its own, in fact each district or parish.

Few people realize how painstaking a manufacturer must be in the selection of the Cuban leaf in order to produce a satisfactory cigar, not only must he be particular as to the ash, the burn, the aroma, but above all to the taste. Some types possess all the desirable qualities except the taste. It may be a little flat, a little seedy, lacking that spice necessary to satisfy the palate, the same as cabbage needs vinegar, consomme need Worcester sauce, or steak needs salt. In order to obtain the necessary spice the manufacturer has to select, from another district, a spicy tobacco, to blend with the other desirable qualities already obtained, in order to secure the perfectly satisfactory palatable cigar.

All manufacturers strive to obtain the blend that will suit the majority, but for obvious reasons many fail in the attempt.

It requires a long and careful study of the section of the country from which the tobacco originates, a study of its fermentation, of its blending, of its workmanship, and the manufacturer making the study must personally have a very discriminating taste.

Mr. J. Bruce Payne, of Granby, is an enthusiastic tobacco student, and a recognized authority on Tobacco. When smoking one of his Pharaoh cigars you can feel assured that you are enjoying one of the choicest blends in domestic ten cent cigars.

THERE ISN'T ANY.

Misery loves company, but who ever heard of any company that liked misery?

Give Holloway's Corn Cure a trial. It removed ten corns from one pair of feet without any pain. What it has done once it will do again.

Sentinel (on guard): "Halt! Who comes there?" The Colonel: "Fool!" Sentinel: "Advance, fool, and give the countersign."

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

Six thousand workers are employed on one of the electrical plants in Germany.

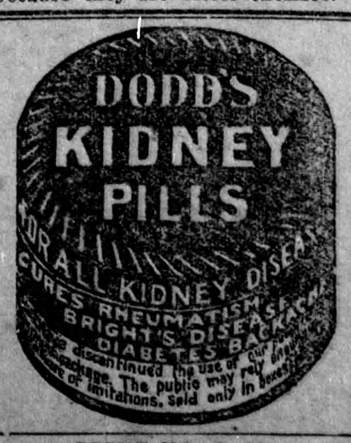
What is the Best Thing to strengthen weak back? "The D & L" Menthol Plaster. It will cure lumbago and rheumatism. $1 rolls make seven 25c. plasters. Davis & Lawrence Co., Montreal.

Only one man in the City of London outside the Tower possesses the password which enables him to answer the challenge of the sentries at any time. It is the Lord Mayor and the password is given to him by authority of the King.

Pleasant as syrup; nothing equals it as a worm medicine; the name is Mother Graves' Worm Exterminator. The greatest worm destroyer of the age.

"Pa," said the blooming daughter of the household, "I wish you wouldn't call young Mr. Softleigh a popinjay." "And why not?" "Because he isn't a jay, and there doesn't seem to be any hope of his 'peppin'."

It sometimes happens that two women are apparently good friends because they are bitter enemies.



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ALL TO THE GOOD.

How many ways a moral sees
To gain a luring prize;
There are three thousand recipes
For making pumpkin pies.

It is an Elixir of Life.—Since forgotten time, men have been seeking for the Elixir of Life, which tradition says once existed. Dr. Thomas' Eclectric Oil is an Elixir, before which pain cannot live. It is made up of six essential oils, carefully blended so that their curative properties are concentrated in one. It has no equal in the treatment of lumbago, rheumatism, and all bodily pains.

No woman who cares for appearances can afford to weep unless she has a dainty handkerchief to use as a tear mop.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

SMALLPOX PURIFIES BLOOD.

Smallpox is a dreaded scourge; so much so that, if it be reported that a case exists in a neighborhood, a thrill passes through the whole community. Yet those who suffer from smallpox, and recover, usually live to a green old age. It seems to renew life in some mysterious way by thoroughly purifying the blood.

Painkiller in winter checks chills, prevents colds and thus prevents Bronchitis, Lagrippe and Rheumatism. Unequalled as a liniment for frost bites, chilblains, bruises, sprains. Sold by all druggists. Only one Painkiller—Perry Davis'.

Doctor—"Do you talk in your sleep?" Patient—"No. I talk in other people's. I'm a clergyman."

The greater the irritation in the throat the more distressing the cough becomes. Coughing is the effort of Nature to expel this irritating substance from the air passages. Bickle's Anti-Consumptive Syrup will heal the inflamed parts, which exude mucous, and restore them to a healthy state, the cough disappearing under the curative effects of the medicine. It is pleasant to taste, and the price, 25 cents, is within the reach of all.

Tramp—"Give me something to eat, lady!" Lady of House—"Would a chop suit?" Tramp (suspiciously)—"Mutton or firewood, lady?"

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

"And we have one baby," said the meek man who was applying for lodgings. "Will you mind it?" "Mind it?" snapped the thin-faced lady. "Of course not. Do you think I'm a nurse?"

Allen's Lung Balsam is especially intended to break up neglected coughs, and many hopeless cases have been saved by its use. Contains no opium in any form.

TROUBLES OF BIG CITIES.

London't trouble is her fog, Tokio's trouble is earthquakes; in her worst 200,000 residents were killed. Calcutta's trouble is cholera, and the bubonic plague is the trouble of Bombay; each city pays to her trouble an annual tribute of 9,00 lives. Madrid's trouble is the solan, a summer wind from the southeast; it is exceedingly hot, and is accompanied by blinding, choking clouds of dust, so that, notwithstanding a temperature of 105 or 110 degrees, all windows must be closed. The mistral is the trouble of Marseilles, an east wind that increases the city death rate 50 per cent. Bagdad's trouble is the "Bagdad button," a sore that attacks practically every resident and visitor, leaving a button-shaped permanent scar.

RENEW YOUR YOUTH.

Never before has the struggle for social and commercial success been so keen as in our own day, and to the victor and the vanquished alike comes a time when nerves and body cry for rest. Nature and science have combined to produce an environment where tired men and women may renew their youth. On the main line of the Grand Trunk Railway System, at St. Catharines, Ontario, is situated "The Welland" where the ills of life are alleviated by bathing in the Saline Springs of the "St. Catha[illegible] Well," under proper medical [illegible] and attendance. A[illegible] James street, Mont[illegible] et and further infor[illegible]

Applicant: "[illegible]m, I couldn't work where [illegible] was children." Mrs. Keephouse: "But we advertised for a girl who understood children." Applicant: "I do understand 'em, ma'am. That's why I wouldn't work where they are."

LIQUOR AND TOBACCO HABITS

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75 Yonge Street, Toronto, Canada.

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Rev. N. Burwash, D. D., President Victoria College.
Rev. Father Teefy, President of St. Michael's College, Toronto.
Right Rev. A. Sweatman, Bishop of Toronto.
Rev. Wm. MacLaren, D. D., Principal Knox College, Toronto.
Dr. McTaggart's [illegible] liquor and tobacco habits are healthful, safe, inexpensive home treatments. No hypodermic injections, no publicity, no loss of time from business, and a certain cure.
Consultation correspondence invited.

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MEN WANTED In every locality in Canada and the United States to advertise our goods, tack up showcards in all conspicuous places and distribute small advertising matter. Commission or salary $83 per month and expenses $4 per day. Steady work the year round; entirely new plan; no experience required. Write for particulars.
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Razor Sharpener.

Do not throw away your money in buying a new Razor because your old one will not work, but buy a cake of our "Perfection Razor Paste," which will keep your Razor in perfect cutting condition, and with care will last you a lifetime. If your Hardware or Drug Dealer does not handle this, send us 25c. and we will forward same post-paid.

CANADA HONE COMPANY, Wawanesa, Man

RAW FURS.

Shipments to us this year, to date, almost double last year. THERE'S A REASON. Over two hundred trappers and shippers who had previously shipped elsewhere have been added to our list. WHY NOT YOU? We pay best prices, shipping expenses and remit same day. Price list on application.

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