7 SUTHERLAND SISTERS SCALP CLEANER

is the only Dandruff Cure. For Shampooing it has no equal. Sold by all all druggists, 50c. or sent postpaid from the Seven Sutherland Sisters, 179 King St., Toronto, on receipt of price.

The Toronto Exhibition

of Hair Goods will be made by Prof. Pember at his new store,

127-129 YONGE STREET

Switches from $2.50 to $25.50, Pompadour Bangs from $6.50 up, and Wigs and Toupees from $20.00 to $50.00. Write for catalogue.

CHEWING THE FOOD.

Sixty or seventy chews to every bite of food is what we ought to give; instead of that, we scurry through our meals, we bite our food and hastily swallow it with the help of a mouthful of water or other fluid, and what is the result of this? First there is indigestion, from the stomach receiving improperly chewed food; secondly, all the evils which follow indigestion—namely, muddy complexion, red nose, and lustreless eyes. Then the teeth suffer from lack of use. The teeth are meant for chewing the food, and if not used for that purpose for which Nature intended them will surely decay. Note how much one's looks depend upon chewing one's food.

WAR LOSSES FROM DISEASE.

In a recent campaign of the French in Madagascar 14,000 men were sent to the front, of whom 29 were killed in action, and over 7,000 perished from preventable disease. In the Boer war the English losses were ten times greater from disease than from bullets.

A Sound Stomach Means a Clear Head.—The high pressure of a nervous life which business men of the present day are constrained to live make draughts upon their vitality highly detrimental to their health. It is only by the most careful treatment that they are able to keep themselves alert and active in their various callings, many of them know the value of Parmelee's Vegetable Pills in regulating the stomach and consequently keeping the head clear.

Coal Merchant (anxiously)—"Hold on! That load hasn't been weighed. It looks to me a trifle large for a ton." Driver—"'Tain't intended for a ton. It's two tons." Coal Merchant—"Beg pardon. Go ahead."

Children who are Pale and peevish want something that will make good rich blood; there is nothing to equal "Ferrovim" for this purpose. Mothers, be sure to get a bottle.

The Professor—"I want you children to go to my lecture to-night." Robert—"Couldn't you whip us instead, just this once, papa?"

Used according to directions, Dr. J. D. Kellogg's Dysentery Cordial will afford relief in the most acute form of summer complaint. Whenever the attack manifests itself no time should be lost in seeking the aid of the Cordial. It will act immediately on the stomach and intestines and ally the irritation and pain. A trial of it will convince anyone of the truth of these assertions.

'CAUSE.

Young Son—"Say, paw, when it rains hard, does the rain go into the cistern?"

Paw—"Yes, my son, of course."

Young Son—"Well, then, how does it come to be soft water?"

Paw—"You go on t' bed."

Black Watch
Black Plug
The Chewing Tobacco of Quality.
BLACK WATCH
2271

EMPRESS WAS HEROINE.

Dowager Empress of Russia Twice Saved Husband's Life.

The reported discovery of the Czarina of a "Terrorist death sentence" lying on the bed of her sleeping son recalls two similarly tragic episodes in the life of her mother-in-law, the Dowager Empress. On one occasion she found on her husband's dressing-table a curious and unfamiliar jewel case, and, on picking it up to examine it more closely, was both surprised and alarmed at its weight. Hurrying with it to her own room, she plunged it into a basin of water, and summoned the Prefect of Police, who pronounced the innocent-looking jewel case a bomb of a particularly deadly type. On another occasion, on entering Alexander's study, the Czarina fancied she heard a slight rustling sound behind the window curtains. With a rare presence of mind she took her husband away under pretext of bidding his children "good-night" in the nursery. On leaving the room she locked the door and gave the key to a party of soldiers, who on entering and examining the study, made the startling discovery that some one had made his escape through the window.

The Olympic Games
BOVRIL

Has been selected as the only Beef preparation to be sold at the

FRANCO-BRITISH EXHIBITION

Throughout the whole world there is only one BOVRIL. Don't take a substitute.

G. E. LARNER, winner of the 3500 metres walking championship, July 14, ALWAYS TRAINS ON BOVRIL.

The 2,000 metres tandem bicycle race, July 29, was won by A. Schilles and A. Auffray. Read what they say:

"Bovril is the best food for training that I have ever used."
(Signed) A. SCHILLES.

"Bovril is excellent for athletes and I use it exclusively."
(Signed) A. AUFFRAY.

BOVRIL gives strength to the weak and maintains the strength of the strong.

WISE OLD SOL.

Little Harold—"Papa, did Solomon have 700 wives?"

Papa—"I believe he did, my son."

Little Harold—"Was he the man who said, 'Give me liberty or give me death'?"

A Soothing Oil.—To throw oil upon the troubled waters means to subdue to calmness the most boisterous sea. To apply Dr. Thomas' Eclectric Oil to the troubled body when it is racked with pain means speedy subjugation of the most refractory elements. It cures pain, heals bruises, takes the fire from burns, and as a general household medicine is useful in many ailments. It is worth much.

Folks who make a lot of fuss over their faith would be more convincing if they simply would express it in terms of friendship.

Hard and soft corns cannot withstand Holloway's Corn Cure; it is effectual every time. Get a bottle at once and be happy.

LIKE FATHER, LIKE SON.

Father—"Got a fall, did you? Well, I hope you didn't cry like a baby."

Son—"No, dad, I didn't cry. I just said one word—the same as you'd have said!"

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THE TRUTHFUL BOY.

"Do you go to Sunday school, little boy?"

"Nope."

"Don't say 'Nope,' that isn't right."

"Well, if I said 'Yep' I'd be tellin' yer a lie."

In a certain London theatre there was on one occasion an alarm of fire. The first intimation received at the office was given by a man, who, all breathless, and tattered, landed with a bound in front of the pay box, shouting: "Theatre's afire; gimme me money back!"

The hand of fate is always ready to grasp an opportunity.

PROOF POSITIVE.

"Are you sure that occurrence was on the seventeenth of the month?" asked the lawyer, in a tone which seemed to imply that certainty upon such a point was almost beyond the reach of the human intellect.

"Yes," said the undismayed youth, who was being cross-examined, "it was the seventeenth."

"Now, remember," continued the lawyer, with increasing solemnity—"remember, you are under oath. How do you know it was the seventeenth?"

"Because the day before——"

"Be careful what you say, now. Go on."

"Because the day before was the sixteenth and the day after was the eighteenth."

A CONTEST WORTH ENTERING.

A Life Annuity of FIFTY-TWO DOLLARS is offered by the ORANGE MEAT people to the one sending in the largest number of bottoms of ORANGE MEAT packages before May 31, 1909. This means that the winner will receive One Dollar EVERY WEEK, or FIFTY-TWO DOLLARS every year, as long as he or she lives, or they can exchange it for a CASH PRIZE of SEVEN HUNDRED DOLLARS. Besides the above there is a second Cash Prize of ONE HUNDRED DOLLARS, also other Cash Prizes as follows:—

Ten Cash Prizes of TWENTY DOLLARS each.

Ten Cash Prizes of TEN DOLLARS each.

Twenty Cash Prizes of FIVE DOLLARS each, and ONE HUNDRED Cash Prizes of ONE DOLLAR each.

The only condition attached is that you cut out the bottoms of the ORANGE MEAT packages and send them in to ORANGE MEAT, Kingston. The bottom of a Jumbo package counts equal to Three of the smaller size. You should be able to win one of the above prizes if you start immediately and get your friends to help you. Send your name and address to ORANGE MEAT, Kingston, TODAY, and state that you are entering the contest. It is surely worth trying for.

A talking machine is all right if it does not talk machine politics.

One trial of Mother Graves' Worm Exterminator will convince you that it has no equal as a worm medicine. Buy a bottle and see if it does not please you.

Affable Barber—"You're very bald on top, sir." Self-conscious Customer (much annoyed)—"What if I am? You needn't talk so much. How about that squint of yours?"

Known to Thousands.—Parmelee's Vegetable Pills regulate the action of the secretions, purify the blood and keep the stomach and bowels free from deleterious matter. Taken according to direction they will overcome dyspepsia, eradicate biliousness, and leave the digestive organs healthy and strong to perform their functions. Their merits are well-known to thousands who know by experience how beneficial they are in giving tone to the system.

Peggy—"Was that P'liceman ever a little baby, mother?" Mother—"Why, yes, dear." Peggy (Thoughtfully)—"I don't believe I've ever seen a baby p'liceman."

Lingering, stubborn old sores are erased from the skin by Weaver's Cerate. The good work of blood-cleansing is completed with Weaver's Syrup.

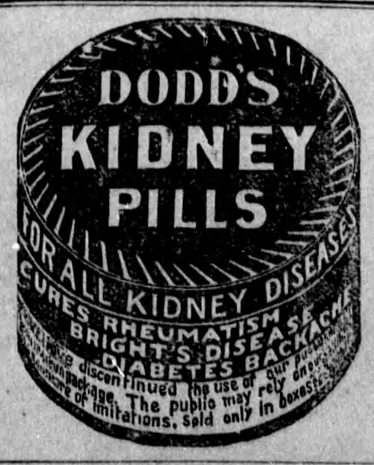
ON THE OUTSIDE.

"Please pass me the salt," said the first boarder.

"Salt shouldn't be taken with this course," said the second boarder.

"I know it. I'm not taking it with this course. I'm taking it with your last remark."

Dorothy, aged 5, who had been very ill, was much impressed with the wisdom of the family physician. "Why, mamma," she said one day, "if I wanted to die I couldn't, 'cause Dr. Blank wouldn't let me."



ISSUE NO. 33—08.

PILES

"I thought I must go on suffering from piles until I died: but Zam-Buk cured me," says Mrs. E. Reed, of Steenburg, Ont., and adds:—"I was so weakened that I could hardly move about, and a little work caused me great agony. Then I heard of this grand balm, and I am thankful to say that it has cured me."

Zam-Buk also cures cuts, burns, bruises, stiffness, eczema, ulcers, chafed places, sore feet, rough red skin patches, and all skin injuries and diseases. Druggists and stores at 50c. a box, or Zam-Buk Co., Toronto. 3 boxes for $1.25.

Zam-Buk

FITS Permanently Cured by DR. KLINE'S GREAT NERVE RESTORER

$2 TRIAL BOTTLE FREE

Sent through Canadian Agency. Permanent Cure, not only temporary relief, for Nervous diseases, Epilepsy, Spasms, St. Vitus' Dance Debility, Exhaustion. Founded 1871

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931 Arch St., Philadelphia:

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how much money he could save by using a Fairbanks-Morse Jack-of-all-Trades Gasoline Engine to saw wood, pump water, grind feed, &c., we would not be able to supply the demand.

Cut this ad. out and send to us to-day, and we will send you our free catalogue.

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100,000 shares are now offered to the public at 15 cents per share. Do not lose this golden opportunity of investing in one of the most promising properties in the district. For full particulars apply to

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