HEALING POWER OF PINE

If you have ever taken a walk through a pine forest, you will remember how, almost unconsciously, the head was thrown back and lungs expanded as you drew in, with long deep breaths, the pine-laden air. How invigorating it was—how healing!

Thousands of men and women suffering from lung and bronchial affections, but whose circumstances prevent them from seeking renewed health in the pine forests, can be relieved and cured in their own home by using Virgin Oil of Pine (pure). This preparation contains all the health-giving properties of the forest trees, and will break up a cold in 24 hours and cure any cough that is curable. It is also a perfect neutralizing agent for uric acid, and affords speedy relief in cases of rheumatism, lame-back, or other affections resulting from disordered kidneys.

Virgin Oil of Pine is put up in ½-oz. vials only for druggists to dispense, each vial enclosed in a round wooden case to prevent breakage and exposure to light. This case is sealed with an engraved wrapper showing the name—Virgin Oil of Pine (pure). Prepared only by Leach Chemical Co., Windsor, Ont.—plainly printed thereon. It is well to get the genuine. Should your druggist be unable to supply you, you can have a ½-oz. vial mailed to you by sending 50 cents to the Leach Chemical Co., Windsor, Ont.

FROM ERIN'S GREEN ISLE

NEWS BY MAIL FROM IRELAND'S SHORES.

Happenings in the Emerald Isle of Interest to Irishmen.

Jas. F. M. Mullen, J. P., of Belmont, has been appointed High Sheriff of Cork for the present year.

Sir Charles H. Brett has been appointed president of the Belfast Chamber of Commerce for 1908.

Antrim road residents are agitating in favor of the purchase of the Camhill & Whitewall Tramway systems by the Belfast corporation.

Alderman Sir Robert Anderson has been elected mayor of Belfast, in place of the Earl of Shaftesbury. Councillor John McCaughey has been made high sheriff for 1908.

The corporation of the city of Belfast and the management of the Forster-Green Hospital have between them agreed to pay for twenty-five new beds in the institution.

Four men and two women have been arrested in Belfast, charged with the theft of £202 from the till of Dennis O'Flaherty's spirit store.

Two Belfast constables, sent to arrest a lunatic of the name of Dougan, had a strenuous time before they effected the capture. The man was armed with a razor, and both policemen received many bad cuts.

The Belfast health authorities report another outbreak of spotted fever in that city. Owing to the use of a new serum, the death rate has, however, been reduced to thirty per cent., as against seventy per cent. in last year's epidemic.

Investigation into the irregularities in the Belfast treasury department has revealed a defalcation of £6,800 in three wards alone. It is thought that the total shortage will be about £15,000.

Awakening from sleep, Rev. Lindsay Cullen, of Bangor, County Down, found the gas issuing from a broken pipe and the furniture in flames. Though almost overpowered, he managed to escape and turn in an alarm.

On the recommendation of the Earl of Carysfort, H. M. L. for the County of Wicklow, the Lord Chancellor has appointed Mr. Christopher Charles Herbert Hall, of Knockraheen, Roundwood, to be a justice of the peace for that county.

The bridge which connects Cruit Island with the mainland collapsed while a number of young people had assembled on it for a dance, many of them being thrown into the sea.

Since the institution of a bath at Ballymoney workhouse only eight tramps went through the ordeal, and were received in the workhouse, compared with fifty tramps received in the corresponding week of last year.

Mrs. Margaret Fagan, of Cummingstown, West Meath, has just passed away at the age of 104 years.

It is reported from Dublin that the Duke line of steamers has been purchased by G. & J. Burns for the sum of £140,000.

In an address in Belfast General Booth announced that a lady gave him £20,000 for his social work, and had earmarked it for that purpose.

At Doncaster Geo. Percy Finn, an under-footman at Milton Hall, was committed for trial, charged with stealing a diamond tiara, the property of his mistress.

In endeavoring to rescue his dog, which had located an otter burrow at Clonderlaw (Co. Clare), John Cassidy had his hand so badly bitten by one of the otters that an amputation had to be performed.

The committee of the Longford Agricultural Society propose to discontinue the annual show, in consequence of the land agitation. If they take entries from the graziers the people will object, and if they refuse such entries the Department of Agriculture will not give the annual grant.

The Dublin Gas Meter Factory was totally destroyed by fire last week. A hundred men have been thrown out of employment, but will be taken on again as soon as new quarters can be secured.

There died last week, Mrs. M. A. Nelson, of Carrick-on-Shannon, at the age of 103. Mrs. Nelson went through the Crimean War as one of Florence Nightingale's nurses. On her death she was in receipt of an annual pension of £24. rule be long used with the same patients.

If physical training is utilized, various methods are employed; music may be used to accompany the exercises, and the music and instruments may be varied. Baseball games interest the entire household and cause diverting conversation. The same is true, in these hospitals, respecting pool and billiard and bowling matches; and the benefits of patients' dances have been a matter of common observation and comment for years.

Rhythmic exercises, such as bicycle riding on level ground, are useful in states of partial exhaustion and in the spasmodic neuroses. Golf is frequently prescribed in many nervous disordens as a form of exercise, the dosage of which is easily regulated.

Calisthenic drills to increase the attention are apt to be too exhausting for mental cases unless sufficient reaction time is permitted, or the teacher accompany his commands with a performance of the same movements himself, thus permitting imitation, which is not accompanied by nearly as much mental exhaustion as the close and prolonged fixation of the attention demanded by following rapid commands only.

Duplicate whist I have found of immense value in many mental cases of long standing in which there is not much deterioration. It controls the attention for considerable periods, to the exclusion of annoying delusions and hallucinations.

Many hospitals are provided with pedagogic schools, the object of which is the awakening and re-education of dormant energies by actual participation in study or discussion. Spelling and mental arithmetic; geography of countries and places of special current newspaper mention; reciting or reading aloud—all have their value.

A GOOD TIME TO BUY CLYDESDALES

Those who know farmers who are paying for their farms and making money usually appreciate that to raise a few foals each year is a sure money maker. Clydesdale horses are recognized to be the best heavy draft herd of horses for Ontario and every up-to-date farmer should try this year, when prices are low, to procure a brood mare at the current prices. Quality and pedigree should always be considered when purchasing to breed from, so only high-class mares should be procured.

A number of chances in the way of auction sales have gone by, but there is an important sale to be held at Beaverton, March 12th, where many brood mares are to be sold, heavy in foal. This is an opportunity to be taken advantage of. These mares are owned by Messrs. Donald Gunn & Son, the proprietors of the famous Dunrobin Stock Farm. The reputation of these men is sufficient to guarantee a good sale and good animals. Farmers considering their own interests would do well to remember the date.

WOODEN-HEADED.

The prosecuting counsel had been very scathing in his treatment of the witnesses for the defence. So much so that one of these, a young doctor, determined to retaliate.

"You claim to be acquainted with the various symptoms attending concussion of the brain?" asked the lawyer.

"I do."

"We will take a concrete case," continued the counsel. "If my learned friend, counsel for the defence, and myself were to bang our heads together, should we get concussion of the brain?"

The young physician smiled slightly. "The probabilities are," he replied, "that counsel for the defence would."

HER ONLY CHANCE.

A clergyman twice refused to marry a couple who came before him, because on both occasions the bridegroom was intoxicated.

The clergyman said to the bride: "I cannot understand why you come to church with a man who is to be your husband in a state like this."

The young woman burst into tears and said: "I cannot help it, sir. He won't come when he's sober!"

Rats have disappeared from Little Cumbrae, where, before the recent experiments with a disease fatal to them, they were so thick as to almost preclude the habitation of the island.

10c. The latest success.

Black Watch

The big black plug chewing tobacco.

2265

BEGGAR'S BANK BOOK.

A Clever Gang Captured by the Berlin Police.

A clever gang of Turkish, Greek and Russian professional beggars, who have been "working" Berlin, Germany since the middle of December after a series of successful operations in other continental capitals, was captured by the police a few days ago. Their profits had amassed at such a rate that they were compelled to open a bank account for the storage of their ill-gotten gains.

Their scheme was to send out four of the youngest members of the gang, who made a house-to-house canvas of various neighborhoods in the guise of deaf and dumb persons. A printed appeal which the "mutes" presented told a harrowing tale of how, during the last Turkish-Bulgarian hostilities, their parental homes had been pillaged, and the tongues of all the children of the household cut out by bloodthirsty soldiers. Subsequent attacks of typhoid had then robbed them of their hearing.

"Help me, merciful Christian," concluded the plaintive prayer, and God will recompense you a thousand times." The "beggars" often came home at night with pockets clinking with gold and silver. The swindle came to light last week in consequence of a piece of bad management at the headquarters of the gang which resulted in one of the beggars applying by mistake at a house which a colleague had successfully "worked" a couple of days before.

FOUR HOSPITALS FAILED.

James Heard, of Morton Park, Ont., says: "While employed at the Specialty Works of Newmarket 6 or 7 years ago, I bruised my ankle, but through neglect this bruise turned to an ulcerated or burning sore which caused me a great deal of suffering. I tried a great number of doctors, and was in the hospital four times. I tried almost everything, but nothing did me any good. I could not sleep at night with the scalding and burning pain, but from the first application of Zambuk I never lost any sleep, and felt nothing more of it than if I hadn't had any sore at all. It started healing and gave me no further trouble. I persevered with it and my ankle is now as sound and well as ever it was. I cannot speak too highly of Zam-Buk."

Zam-Buk cures cuts, burns, chapped hands, chafings, cold sores, itch, chilblains, eczema, running sores, sore throat, bad chest, ringworm, piles (blind or bleeding), bad legs, inflamed patches, rheumatism, neuralgia, sciatica, abscesses and all diseased, injured and irritated conditions of the skin. Obtainable of all druggists and stores, 50c. or post-paid upon receipt of price from Zam-Buk Co., Toronto.

"Yes, dear," said the petted young wife, examining her birthday gift, "these diamond ear-rings are pretty, but the stones are awfully small." "Of course, my dear," replied the diplomatic husband, "but if they were any larger they'd be out of all proportion to the size of your ears."

Like a bad habit a skin disease grows. Scrofulous humors, eczema and all eruptions may be cured with Weaver's Cerate, assisted internally by Weaver's Syrup. All Druggists.

A REMINDER.

A cold wave always reminds a man that he ought to have ordered more coal a day or two before.

Bickle's Anti-Consumptive Syrup is an unparalleled remedy for colds, coughs, influenza and diseases of the throat and lungs. The fame of the medicine rests upon years of successful use in eradicating these affections, and in protecting mankind from the fatal ravages of consumption, and as a neglected cold leads to consumption, one cannot be too careful to fight it in its early stages. Bickle's Syrup is the weapon, use it.

The Beggar—"Please, sir, will you kindly assist a poor man who has three wives to support?" The Pedestrian—"Why; do you mean to say you are a bigamist?" The Beggar—"Oh, no, sir. Two of them are the wives of my sons-in-law."

PILES CURED IN 6 TO 14 DAYS.

PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

Two commercial travellers were comparing notes. "I have been out three weeks," said the first, "and have only got four orders." "That beats me," said the other; "I have been out four weeks and have only got one order, and that's from the firm to come home."

Hard and soft corns cannot withstand Holloway's Corn Cure; it is effectual every time. Get a bottle at once and be happy.

During a gale, a crane at Beardmore & Company's yard at Dalmuir, while lifting plates for the new battleship Agamemnon, was blown into the river. Two men were carried with it, and were drowned.

More Iron Needed in the blood of pale, run down people. "Ferrovim," the *best tonic*, will put it there. At all general stores and Druggists.

Little Girl—"My mamma is awful strict. Is yours?" Little Boy—"Orful." Little Girl—"But she lets you go anywhere you want to, and——" Little Boy—"Oh, she ain't strict with me." Little Girl—"Then who is she strict with?" Little Boy—"Pa."

The Central Nurseries

are supplying splendid value in Fruit and Ornamental Trees, Shrubs, Roses, Grapevines, New Herbert Raspberry, Rykman Strawberry Plants in varieties. All well grown. True, dependable stock. Send for our Free Priced catalogue. We ship direct to our customers, with satisfactory results. Try us. 28th year. Seed Potatoes: Climax, Eureka, Eldorado, Peck's Early, Early King, Gold Coin, and others. This ad. will not appear again.

A. G. HULL & SON, ST. CATHERINES, ONTARIO.

MENTION THIS PAPER

HEARTY.

"Take back the heart that you gavest,'
With a look of regret he said,
(To the waitress who stood beside him),
"And bring me liver instead."

DON'T OVERDRAW YOUR BANK ACCOUNT.

To overdraw your bank account, whether mentally or physically, is more suicidal even than to overdraw materially. Repair wasted tissues, strengthen shattered nerves and rejuvenate your rheumatic system by visiting the famous Mineral Salt Springs of the "St. Catharines Well" of St. Catharines, Ont. A postal card to J. D. McDonald; District Passenger Agent, Grand Trunk Railway System, Toronto, will bring illustrated descriptive matter.

NO DOUBT ABOUT IT.

Guest (in cheap restaurant)—Say, waiter, are you sure this is genuine turtle soup?

Waiter—Course it is. It was made from water taken from a pond in the park in which two turtles were kept a'l summer

TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

NOBODY WOULD KNOW.

Doctor (to his cook, who is just leaving—"Well, Miss, I am sorry, but I can only give you a very indifferent character."

"Well, sir, never mind. Write it just like you do your prescriptions?"

A Benefactor to All.—The soldier, the sailor, the fisherman, the miner, the farmer, the mechanic, and all who live lives of toil and spend their existence in the dull routine of tedious tasks and who are exposed to injuries and ailments that those who toil not do not know, will find in Dr. Thomas' Eclectric Oil an excellent friend and benefactor in every time of need.

AS USUAL.

Mother's buying diamonds,
And sister trinkets fine.
And brother's buying shares in
A "salted" copper mine;
Money fades like magic
It almost gives one thrills—
And father, poor old father,
He has to stand the bills!

What should be Forgotten? Everything that mars. What should *not* be forgotten? "The D & L." Menthol Plasters; a postive cure for muscular rheumatism and neuralgia.

Brown—"These cigars I am smoking are pretty expensive." Jones—"That's true enough; the last one you gave me cost me a doctor's bill."

One trial of Mother Graves Worm Exterminator will convince you that it has no equal as a worm medicine. Buy a bottle and see if it does not please you.

Stubbs—"Yes, the Colossal Wild Animal Show went to pieces. The creditors seized everything until they reached the creature in the last cage." Penn—"And why didn't they seize that?" Stubbs—"It was a porcupine."

ITCH, Mange Prairie Scratches and every form of contagious Itch on human or animals cured in 30 minutes by Wolford's Sanitary Lotion. It never fails. Sold by all druggists.

He—"Do you think blondes have more admirers than brunettes?" She—"I don't know. You might ask Miss Turnhair. She has had experience in both capacities."

A Recognized Regulator.—To bring the digestive organs into symmetrical working is the aim of physicians when they find a patient suffering from stomachic irregularities, and for this purpose they can prescribe nothing better than Parmelee's Vegetable Pills, which will be found a pleasant medicine of surprising virtue in bringing the refractory organs into subjection and restoring them to normal action, in which condition only they perform their duties properly.

Women enjoy wearing light clothes because it makes them feel so good when they take them off.

"A Grave.yard Cough" is the cry of tortured lungs for mercy. Give them Allen's Lung Balsam which is used with good effect even in consumption's early stages.

A DILEMMA'S HORNS.

The young lady sighed deeply and was almost affected to tears.

'Harold," she said, "declares that if I don't marry him he will end his life. And I am afraid he will."

She stifled a sob, then continued: "And Randolph declares that if I don't marry him he will go into politics and become great and famous, and then he says I shall see what I have missed. And I am afraid he will keep his word, too."

Overcome by emotion, she buried her face in her hands, not knowing whether to save a life or to spare the country another politician.

Customer (to grocer)—"I wish you would not give me such short weight for my money." Grocer—"I wish you would not give me such a long wait for mine!"

$1 SIGNET RING 12¢

To introduce our goods and that we may send you our catalog, which contains hundreds of bargains in every line of goods. We will send you this handsome Solid Gold Signet Ring, with raised scrolls on sides, suitable for men, women or children; are all the rage at the present time. Postpaid with our catalog for 12 cents. Hand engraved initials, 5 cents each extra.

THE GORDON CO., Dept G-2, Bridgeport, Conn.

WANTED

to hear from owner having

A GOOD FARM

for sale. Not particular about location. Please give price and description, and reason for selling. State when possession can be had. Will deal with owners only.

L. Darbyshire, Box 984, Rochester, N. Y.

An Important New Book by a Canadian Novelist:

THE ROAD TO DAMASCUS

By H. A. Mitchell Keays, author of "He That Eateth Bread With Me." A beautiful portrayal of the marital relation, with a powerful treatment of co-education. Pronounced by critics "EASILY ONE OF THE SEASON'S BEST NOVELS." At all bookstores, $1.50, or sent postpaid on receipt of price, by the publishers, Small, Maynard & Co. 1 Beacon St., Boston, Mass.

FEATHER DYEING

Cleaning and Curling and Kid Gloves cleaned. These can be sent by post, 10 per ox. the best place is

BRITISH AMERICAN DYEING CO.

MONTREAL.

TRADE MARK **VAL-VITO** MAKES NEW MEN

Strengthens! Develops! Invigorates!

If you suffer from weakness, shattered nerves, lost vitality, waning power, impaired memory, mental anxiety, melancholy, weak back or premature old age, Val-Vito will make you strong and vigorous.

Val-Vito will build up a system that *has run down*, no matter how long afflicted or what the cause; bringing both body and mind back to their normal condition.

Val-Vito *develops nervous force and virility; brightens the eyes, makes the step elastic and the spirit buoyant.*

Val-Vito contains no harmful drugs; it is a NERVE FOOD *that builds up, strengthens and restores* VITALITY *quickly and permanently.*

The price of this marvelous remedy is $5 a box (50 Pills), but in order to demonstrate its merits, orders received prior to April 1, will be filled for $1; sent postpaid in plain wrapper. Money back if not satisfactory. Correspondence solicited.

STERLING SPECIALTIES CO., Dept W, 45-51 Rose St., New York City.

CHILD'S DICTIONARY.

"Snoring—Letting off sleep."

"Apples—The bubbles that apple trees blow."

"Backbiter—A mosquito."

"Fan—A thing to brush the warm off with."

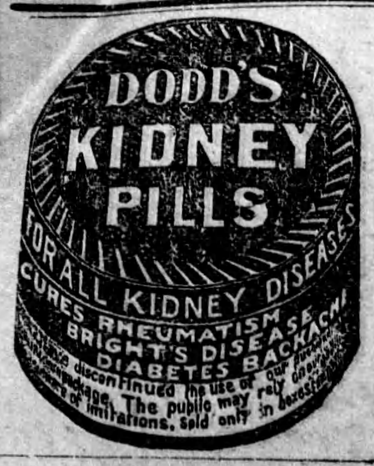
"Ice—Water that went to sleep in the cold."

WHAT CAUSES HEADACHE.

From October to May, Colds are the most frequent cause of Headache. LAXATIVE BROMO QUININE removes cause. E. W. Grove on box 25c

She—"The new tenor singer in the choir used to be a locksmith." He—"No wonder he always hits the right key, then."

Suffer No More.—There are thousands who live miserable lives because dyspepsia dulls the faculties and shadows existence with the cloud of depression. One way to dispel the vapors that beset the victims of this disorder is to order them a course of Parmelee's Vegetable Pills, which are among the best vegetable pills known, being easy to take and are most efficacious in their action. A trial of them will prove this.

LITTLE AND LONG.

One James Little loved a maiden
As did also one John Long;
Both would call with bonbons laden
And on flowers both were strong;
Best show tickets both kept buying,
Hoping thus to please the maid
Each one with the other vying—
Competition's good for trade.
Both of them the maiden artful
Used to meet with smiling eyes.
But when each poured out his heartful
Gave indefinite replies;
So she kept them both a-guessing,
But she hummed a little song
To herself her thoughts expressing:
"Love Me Little, Love Me Long."