The Markets.

Carefully Corrected Each Week.

Oats	35 to 35
Peas	73 to 73
Barley	45 to 45
Wheat	70 to 70
Hay	5 00 to 6 00
Potatoes per bag	60 to 70
Butter	20 to 20
Eggs fresh	21 to 21
Turkeys	14 to 14
Ducks	10 to 10
Geese	10 to 10
Chickens	7 to 8
Old Fowl	6 to 7

Merchant Tailoring

NEW SUITINGS
OVERCOATINGS
TROUSERINGS

Just to Hand.

PRICES LOW FOR CASH.

A. ALEXANDER.

FLESHERTON - ONTARIO

XmasGoods

At Wrights there is a complete fresh stock of good candies and nuts, oranges, lemons, layer rasins, dates, etc. We always keep on hand a full stock of fresh Christies Soda Biscuits. NUTS—Shelled Walnuts, blanched almonds, filberts and peanuts. CANDIES—Mixed candies, from 10c to 13c per lb., Creams, Chocolates, Bon Bons, Candy Toys, and Stockings of assorted candies.

Fresh Apricots, Fine Table Syrup, Canned Goods of all kinds, Cranberries only 15c a lb., Lamp Chimneys. Bran, Shorts, low grade flour. At

Wright's

School Children's Eyes Supply Their Intellect

Defective eyes stunt the mind Can you expect fair progress in school or success in business if so handicapped?

Examination of children for glasses is a special feature of our Optical Department.

W. A. Armstrong,

JEWELLER AND OPTICIAN

FLESHERTON.

"Canada's Greatest Nurseries"

WANT

A Local Salesman for Flesherton

To sell High Class Nursery Stock in Fruits and Ornamental. Largest List of NEW SPECIALTIES ever offered. START NOW AT THE BEST SELLING SEASON. Big inducements, Liberal Pay, Handsome Free Outfit, Territory Reserved. WRITE FOR TERMS and Catalogue and send 25c for our ALUMINUM POCKET MICROSCOPE (magnifies 4½ times) and 50c for our HANDY SAW, just the thing for trimming trees (cuts iron as well as wood.)

Stone & Wellington

(OVER 800 ACRES)

Toronto - - Ontario

WANTED! One Hundred more Young Men and women, who are ambitious and enterprising, to qualify in the

Elliott Business College

TORONTO, ONT.

for the many positions open to all those who are thoroughly prepared to accept them. A six months' course in this college means for a young man of the right kind, an educational equipment better than many trades or professions in money earning power. Students admitted at any time. Circulars free.

W. J. Elliott, Principal.
Cor Yonge and Alexander Sts.

It Quiets the Cough

This is one reason why Ayer's Cherry Pectoral is so valuable in consumption. It stops the wear and tear of useless coughing. But it does more—it controls the inflammation, quiets the fever, soothes, heals. Ask your doctor about this.

The best kind of a testimonial—"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of

Ayer's SARSAPARILLA. PILLS. HAIR VIGOR.

We have no secrets! We publish the formulas of all our medicines.

Hasten recovery by keeping the bowels regular with Ayer's Pills.

SEASONABLE GOODS

In Furniture

The largest and best stock of furniture ever shown in Flesherton. This without fear of contradiction. Come and see some of the nice things in

Sideboards
Dining Room Chairs
Parlor Setts
Bed Room Setts

A special reduction just now on everything in order to reduce the stock.

W. H. BUNT,

Furniture Dealer

Flesherton - Ont.

BUSINESS CARDS

CULLOUGH & YOUNG
Banker Markdale
Do a general banking business. Money loaned a reasonable rate Call on us.

R J SPROULE
Postmaster, Flesherton
Commissioner in H. C. J., Auctioneer Conveyancer, Appraiser and Money Lender Real Estate and Insurance Agent. Deeds mortgages, leases and wills carefully drawn up and valuations made on shortes notice. money to loan at lowest rates of interest. Collections attended to with promptness charges low. Agent for Ocean Dominion Steamship Company. A call solicited.

SOCIETIES

A O U W meets on the last Monday in each month, in their lodge room, Christoe's block. Flesherton, at 8 p.m. M.W., A. Harrison; Recorder, Jas. Felstead; Financier, W.J. Bellamy. Visiting brethren invited.

PRINCE ARTHUR LODGE, No. 333, A F & A M, meets in the Masonic hall, Strain's block, Flesherton, every Friday on or before the full moon. John Wright, W M.; C. N. Richardson, Secretary.

COURT FLESHERTON, 995, I. O. F. meets in Christoe's Block the last Friday evening of each month. Visiting Foresters heartily welcome. C. R., J. Cornfield; R. C. W. Buskin; Fin. Sec., H. A. Willett.
Please pay dues to H. A. Willett on or before the last day of the preceeding month.

CHOSEN FRIENDS—Flesherton Council of Chosen Friends meets in Clayton's hall first and third Wednesday of each mont 8 p. m Pay assessments to the Recorder on or before the first day of each month. Chief Councillor, T. Blakeley; Recorder, W. H. Bunt.

MEDICAL

DR CARTER
M C P & S Ont. Physician, Surgeon, etc
Office and residence—Peter st., Flesherton

DR. A. T. BOND
Graduate Toronto University. Member of Ontario College of Physicians and Surgeons. Maxwell, Ont. Successor to Dr. Scott.

J P OTTEWELL
Veterinary Surgeon
Graduate of Ontario Veterinary College, residence — second door south west on Mary street. This street runs south Presbyterian Church.

H. WILSON, Blacksmith
Graduate of the Veterinary Science Association. Residence, Durham street, opposite Boyd, Hickling's hardware.

LEGAL

LUCAS WRIGHT & McARDLE
Barristers Solicitors Conveyancers, etc
Offices—Owen Sound, Ont and Markdale Ont
W H WRIGHT, McARDLE I B LUCAS
N B—Flesherton office, Mitchell's Bank every Saturday.

DENTISTRY

E. C. MURRAY L. D. S., dental surgeon honor graduate of Toronto University and royal College of Dental Surgeons of Ontario. Gas administration for teeth extraction Office at residence, Toronto street, Flesherton

DR. E. F. ARMSTRONG, L. D.S., Honor Graduate of Toronto University and Royal College of Dental Surgeons of Ontario. Opposite Mrs. Bulmer's Photograph Gallery. Will visit Maxwell first and third Thursday of each month commencing July 5th.

Farmers' Institute.

About 100 farmers gathered in the town hall on Friday afternoon to attend the Institute meeting as advertised. In the absence of the president Mr Jos. Blakely occupied the chair. The speaker was Dr. Standish of Walkerton, whose subject was the selection and feeding of beef cattle. No report can do justice to the subjects handled, as very many questions were asked and answered, and a conversational tone pervades these lectures. Farmers should all make it a point to attend and hear it all for themselves. The following points were brought out and have been supplied us by the secretary:

The animal best suited for beef purposes should be wide between the eyes and wide at nostrils; eyes placid; horns slightly turned down and a little in; wedge-shaped to the shoulder, no dulap, and square brisket. The back should be level and the ribs well sprung to give a broad back. The top line should be level but the speaker did not object to the animal being a little high at root of tail, well covered with meat. The hind quarters should be well apart and straight; the twist should run well down the leg and straight on the side. The flank should come down also, the underline being parallel with the top. The chest should be large because the heart and lungs lie there and the blood which conveys food to all parts of the body, receives oxygen and is changed in color there. For a large lung there must be a large chest and wide between the shoulders. The legs should be well under the body, as this gives space for a large stomach, which is necessary for ruminating animals. A long, mossy coat of hair should cover the skin, which should be of medium thickness, and can best be tested just behind the shoulder, the animal standing straight. Plenty of bone is important. "A cross-bred animal should always go to the block," said the speaker, who also stated that the four best breeds for beef purposes were Shorthorn, Hereford, Polled Angus and Galloway. On feeding calves Dr. Standish said to always give new milk for a time. Milk is food and should be given pure. If necessary to give water for drink give it a terward by itself. As the animal grows older feed ground oats, peas and barley, and a little buckwheat, sugar beets, mangolds and turnips may also be given.

The president, Mr. Geo. Badger of Redwing, who occupied the chair in the evening, spoke on the co-operative apple packing in his district, and said that apples which would only have brought $1 per bbl. in the ordinary way netted them the past fall from $3 to $4 per bbl

Miss Duncan, the lady delegate, gave a very interesting talk on the selection and preparation of food, the points developed being as follows:

Economy in our everyday life is something which is not always practised. A few moments spent in thinking over our work will frequently save a great deal of needless work and worry.

In selecting our foods we do not always receive the greatest amount of nutriment for the money expended. A piece of sirloin at 20c. per lb. does not furnish as much nutriment for 25c. as a piece of neck at 6c. Or in other words, three times as much full value can be obtained for 25c from the neck.

The same will apply to fruits and vegetables when they first appear on the market. They do not contain any more value early in the season when they are expensive than later in the season when they are matured in the open air.

It is wise to study the foods we use daily, to know something of their composition, and the uses of the different constituents of food to the body. By so doing we can have better balanced diets. Of course there are other things which must also be considered—the climate, occupation, age, etc. People who are actively employed in the open air can use many foods which people of sedentary occupation find injurious to the system.

Nature has supplied us with foods in suitable condition, but we frequently make mistakes in selecting those which are best for our systems.

Mistakes are frequently made in preparing foods, and although there are good cooks throughout the country, even they sometimes make failures without knowing the cause—as for instance lumps in starch mixtures are caused by not having the grains of starch thoroughly separated before the hot liquid is applied.

The cheaper cuts of meat and the inexpensive but substantial groceries may be just as nutritious as the more expensive ones and when properly cooked just as palatable, so that we should not be ashamed to purchase them on that account. It is better to make a study of the more common foods and their uses in the body so that we do not overtax our systems in performing useless work, as well as the more approved methods of preparing them to receive the greatest amount of nutriment.

In the afternoon Miss Duncan spoke to a number of ladies in the basement of Methodist church on "Salads."

Dr. Standish's talk on "Training the young horse" was listened to with extreme interest. His hints are pretty well condensed in the following: He said the person thus engaged should fully resolve to not lose his own temper. Begin by haltering the young animal and never let it away trailing the halter. Never show fear of the animal, but handle firmly, kindly, even petting much. Never allow a dog to chase a colt for this gives it fear of dogs and causes it to bolt from them when being driven. Never whip him for shying, but lead him to the object of fear. Early begin to lift his feet so as to prepare him for shoeing and use only one word for each command. Teach him to stand square on his feet as this is necessary or snowing and selling. Bridle in the stall and teach him to back with command and touching him gently on the breast. After being accustomed to harness hitch with mate, not a dull old beast, but one of like temperment so as to move in unison. Teach to walk a good gait the first importance of which was pointed out by the speaker who said there are eight points for walking and only two for trotting. Teach him haw first, and then gee, also to stop promptly at the word whoa. Never start with a dash, but go off on a walk and then increase the speed. Always load light at first, and gradually increase, but not so as to have heavy loads going down hill which causes the colt to throw the hind part outward, an ugly habit to acquire. Never use tight check because it injures the crest and trains the colt to hold out nose unsightly. In conclusion Dr. Standish referred briefly to horse racing and speaking from experience advised his hearers to have nothing to do with the race course, as its habitues do not retain the high moral reputation they ought to have, nor their money either.

Dr. Standish has no use for stock foods in the rearing of cattle. Neither has he any confidence in the superiority of imported animals, believing we have as good a foundation in Ontario for stock as can be found in the world.

A Couple of Questions

To the Editor of The Advance.

I notice by your issue of Jan. 4, in the report of Eugenia Presbyterian Sabbath school, Mr. Hogg says in his report that with few exceptions young men do not attend the Sabbath school, and gave as his reason the bar room. Now, will Mr. Hogg kindly state through the columns of your paper for the benefit of the ratepayers of this township, in what way does the bar room prevent young men from attending Sabbath school? Also, how does he know?

Will the Rev. Mr. Thom state who enforces local option. Yours sincerely,

—RATEPAYER.

Flesherton Skating Rink

Skating to the public Tuesday, Thursday and Saturday. General admission 5 and 10 cents.

J. O PATTON, - PROP,

WINTER TERM AT THE

NORTHERN Business College

Owen Sound, Ont.

Begins Tuesday Jan 2, 1906. Four complete courses of study, suited to the needs of all classes of young people.

The Business Course for young men and women who wish a good business training to qualify them to do business for themselves and others. This course is useful to the business man, the farmer or the professional man also first class preparation for young people who wish to go into office work.

The Shorthand Course for young people who wish to become stenographers, reporters, etc.

The Telegraphy Course for young people who wish to become telegraph operators or to enter railway work.

The preparatory Course for those who are very far back in their studies. We teach reading, spelling, writing, arithmetic to grown up young men and women. Separate rooms for this department and separate desk for each pupil with plenty of personal help.

Full particulars sent free to any address.

C. A. FLEMMING, PRINCIPAL.

Farms For Sale

Part I, lots 55 and 56, con. 3 N. D. R. Osprey, composed of 160 acres; 78 acres well fenced, balance good maple bush, 11 miles from 2 railroads close to schools, stores, post office, church and desirable neighbors.

Part II, east half lot 7 and lot 8, con. 4 Osprey 150 acres; 110 acres cleared and well cultivated. 20 acres good bush, balance timber except wood taken off, 2 good wells, frame house and kitchen good stone cellar, new barn and stone stabling. Close to all conveniences, 8 miles from railroad

Part III lots 17 and 18 con. 7 Osprey about 85 acres well timbered bush, balance good state cultivation, soil clay loam, good barn and stables, 60x80 ft, windmill, ensilage cutter and grain crusher attached. Frame house new kitchen never failing well and wind mill attached well adapted for stock farm. 2 miles from villages of Maxwell and Feversham. Timber can be bought seperately being 1½ miles from 2 sawmills. Easy terms payment. Ill health causes owner to retire from business. For further information apply to

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Lock Box 919, Collingwood.

Buggies Wagons

If you are thinking of buying a fine buggy, wagon or democrat, it will surely pay you to call and investigate our stock, terms, etc., before making your purchase. We have a staff of expert workmen and can guarantee that you will be satisfied.

PLOUGH REPAIRS
ALWAYS ON HAND

Bicycle - Sundries
AND REPAIRING OF ALL KINDS

J. A. HEARD, - FLESHERTON.

D. McTAVISH

THE FLESHERTON CARRIAGE BUILDER

For First Class Buggies, Carts, Pleasure and Lumber Wagons, cutters, Sleighs. We keep a stock on hand to choose from.

ALSO HORSE SHOEING AND GENERAL BLACKSMITHING

and guarantee first class work.
We keep on hand Ploughs and Plough repairs, and also Massey-Harris and Noxon repairs for binders, Mowers, all kinds of machinery, also Binder Twine on hand.

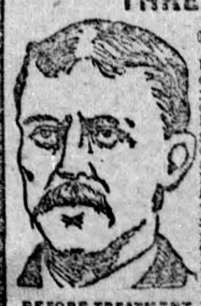
When in town give us a call

NERVOUS DEBILITY

OUR NEW METHOD TREATMENT will cure you, and make a man of you. Under its influence the brain becomes active, the blood purified so that all pimples, blotches and ulcers heal up; the nerves become strong as steel, so that nervousness, bashfulness and despondency disappear; the eyes become bright, the face full and clear, energy returns to the body, and the moral, physical and sexual systems are invigorated; all drains cease—no more vital waste from the system. The various organs become natural and manly. You feel yourself a man and know marriage cannot be a failure. We invite all the afflicted to consult us confidentially and free of charge. Don't let quacks and fakirs rob you of your hard-earned dollars. WE WILL CURE YOU OR NO PAY.

NO NAMES USED WITHOUT WRITTEN CONSENT.

THREATENED WITH PARALYSIS.



BEFORE TREATMENT

Peter E. Summers, of Kalamazoo, Mich., relates his experience:

"I was troubled with Nervous Debility for many years. I lay it to indiscretion and excesses in early youth. I became very despondent and didn't care whether I worked or not. I imagined everybody who looked at me guessed my secret. Imaginative dreams at night weakened me—my back ached, had pains in the back of my head, hands and feet were cold, tired in the morning, poor appetite, fingers were shaky, eyes blurred, hair loose, memory poor, etc. Numbness in the fingers set in and the doctor told me he feared paralysis. I took all kinds of medicines and tried many first-class physicians, wore an electric belt for three months, went to Mt. Clemens for baths, but received little benefit. While at Mt. Clemens I was induced to consult Drs. Kennedy & Kergan, though I had lost all faith in doctors. Like a drowning man I commenced the New Method Treatment and it saved my life. The improvement was like magic—I could feel the vigor going through my nerves. I was cured mentally, physically and sexually. I have sent them many patients and will continue to do so."

AFTER TREATMENT

CURES GUARANTEED OR NO PAY.

We treat and cure VARICOCELE, STRICTURE, NERVOUS DEBILITY, BLOOD DISEASES, URINARY COMPLAINTS, KIDNEY AND BLADDER DISEASES.

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