THIS MUSICIAN IS DELIGHTED

HIS KIDNEY DISEASE AND GRAVEL CURED BY DODD'S KIDNEY PILLS.

Tried many Medicines but got no Relief Till He Used the Great Canadian Kidney Remedy.

Rosedene, Ont., July 10.—(Special)—Mr. Samuel J. Crow, the well-known musician of this place, relates an experience that adds to the already great popularity of Dodd's Kidney Pills in this locality.

"I suffered for years with Kidney Trouble," says Mr. Crow, "which became aggravated with every attack of cold and caused me much agony. The disease developed into Gravel, when I was totally unfit for 7anything.

"I tried different remedies without the desired result and was in much misery when I decided to try Dodd's Kidney Pills, when to my astonishment and delight I immediately began to recover.

"After using five boxes the ailment had entirely ceased and I was again enjoying perfect vigor, all of which I owe to Dodd's Kidney Pills."

The fact that Gravel yields so readily to Dodd's Kidney Pills is good news indeed, as it does away with those terrible operations that were supposed to be the only relief from this trouble.

HUNTER OF PARASITES.

His Mission is to Find Natural Cures for Insect Pests.

He had just arrived in London from Brazil, and was off the next day to the Antipodes. I found him in the office of the Agent-General for Western Australia, says a writer in the London Daily Mail. He was carrying a little box containing a few commonplace looking beetles. Yet to find those beetles he had traveled fifteen thousand miles and searched far and wide.

For the bronzed and hardy traveler follows the least known profession on earth, that of the parasite hunter. For years he has been traveling, literally from China to Peru, in his search for insects that will aid the farmer in his war against pests.

"I am a tracker down of the natural cures for the insect pests that are doing damage costing hundreds of millions every year," said Mr. Compere, in answer to my questions. "Every country has its different plagues. How do these pests come? Here London affords you the simplest illustration. Millions of insects are carried into England every day in the merchandise that arrives from abroad, some in the sackings of eastern cargoes, some in the dried foliage around tropical produce.

"At any time one of these strange insects, carried here in such fashion, might find that the English climate suited it, and that one of your native products (possibly wheat) supplied it with a suitable food. If there were nothing to counteract it, it would in a few years spread all over England, breeding in great numbers several times a year. Before many had quite realized what was the matter, your wheat crop would be ruined.

"For some years my work has taken me to every land. Now I am in Spain, now in China, now in the heart of France, now in Central America. My method is this: When seeking an antidote I first find the native home of the pest I wish to attack. Then I go there, get into the country and examine. I watch the same pest there (where it is probably doing scarcely any damage), and I am almost sure to find that at some stage of its life another insect attacks and destroys it. Then I have found what I wanted—my parasite—and I take it away with me and breed it to fight the pest.

"Every pest has its parasite, and the right way to fight pests is through their parasites. Western Australia is setting the way here in practical fruit culture and farming, and others will benefit from its work."

COMES A TIME

When Coffee Shows What It Has Been Doing.

"Of late years coffee has disagreed with me," writes a matron from Rome, N.Y., "it's lightest punishment was to make me 'logy' and dizzy, and it seemed to thicken up my blood.

"The heaviest was when it upset my stomach completely, destroying my appetite and making me nervous and irritable, and sent me to my bed. After one of these attacks, in which I nearly lost my life, I concluded to quit and try Postum Food Coffee.

"It went right to the spot! I found it not only a most palatable and refreshing beverage, but a food as well.

All my ailments, the 'loginess' and dizziness, the unsatisfactory condition of my blood, my nervousness and irritability disappeared in short order and my sorely afflicted stomach began quickly to recover. I began to rebuild and have steadily continued until now. Have a good appetite and am rejoicing in sound health, which I owe to the use of Postum Food Coffee." Name given by Postum Co., Battle Creek, Mich.

There's a reason.

Read the little book, "The Road to Wellville," found in each pkg.

GIRL, CLERKS COLLAPSE.

High Pressure From New Invention Causes Breakdown.

An alarming outbreak of neuritis, amounting almost to an epidemic, has occurred among the women clerks in the telegraph department of the General Post-office, London, England.

The outbreak is due to the large reductions in the staff which have recently taken place, and to the fact that the existing staff of women clerks is terribly overworked.

Miss Mabel Hope, head of the women's branch of the Postal Telegraph Clerk's Association, who herself works in the telegraph department of the General Post-office, declares that a large number of young women were now absent from work owing to nervous breakdown.

"Ever since the introduction of what is known as the inter-communication switch," she said, "the girls have had to work at greater pressure, and cases of nervous breakdown have become much more numerous than was formerly the case.

"The department especially affected is the Metropolitan Gallery. I used to work there myself, and I found that the strain was almost unbearable.

"The girls themselves perhaps are partly to blame, for, while the men clerks will not do more than a certain amount of work, the women are much more industrious, and work at high pressure the whole time.

"The nervous complaint from which so many are suffering principally affects the arms, causing paralysis of the muscles.

"In the case of some of the older women who have broken down in this way, the authorities have acted generously enough, and have enabled them to retire with a pension. I know of a young, girl, however, who, the moment her eyesight became affected—which very likely was due to overwork—was discharged. She had only left a short time when she recovered completely, but they have never taken her back."

DIET AND INDIGESTION.

Even very abstemious people are often sufferers from indigestion caused by over-eating. The amount of food they take is not too much for the day, but it is distinctly too much at the time they take it. We will suppose the case of a woman who has had nothing since her light lunch, and who has come home tired and hungry with her day's work to a dinner at seven o'clock. She is thankful for a good meal, eats heartily, and is surprised to find after wards she feels rather worse than better for it. The reason of this is simple. She was tired out; her stomach, like the rest of her body was unfit for work, and the digestion of a meal means hard work for that important organ. Instead of dining directly she came in, she should have taken a cup of hot water with a tablespoonful of milk in it, and then sat down quietly for five minutes. Had she done this, and then begun to eat slowly, masticating thoroughly, all would have been well. The little pick-me-up would have enabled the stomach to do its work. If only people would more generally follow this plan, dyspepsia would be less frequent than it is at present.

To Those of Sedentary Occupation.—Men who follow sedentary occupations, which deprive them of fresh air and exercise, are more prone to disorders of the liver and kidneys than those who lead active, outdoor lives. The former will find in Parmelee's Vegetable Pills a restorative without question the most efficacious on the market. They are easily procurable, easily taken, act expeditiously, and they are surprisingly cheap considering their excellence.

SUNSHINE GIVES SLEEP.

All sufferers from sleeplessness should try sunshine as a cure for their woes; it is the very best soporific there is. Many women are martyrs to sleeplessness, and yet they avoid the sunshine as if it were an evil thing. They wear veils, carry parasols, seek the shady side of the road, and do everything to keep off the influence of kindly old King Sol, whose kisses may sometimes bring an unbecoming amount of color to their faces, but who gives them the beauty of health and cheerfulness. Pale and sickly-looking women may become blooming and strong if they will but seek the sunshine, and they should make the most of it and bask in it both indoors and out whenever it is possible, heedless alike of damage to carpets or clothes from its scorching rays.

TOO PRECIOUS.

A village clergyman has this choice bit among his annals. One day he was summoned in haste by Mrs. Johnson, who had been taken suddenly ill. He went in some wonder, because she was not of his parish, and known to be devoted to her own minister, the Rev. Mr. Hopkins.

While he was waiting in the sitting-room before seeing the sick woman he beguiled the time by talking with her daughter.

"I am very pleased to know your mother thought of me in her illness," he said. "Is Mr. Hopkins away?"

The lady looked unfeignedly shocked.

"No," she said. "Oh, no! we're afraid it's something infectious, and we didn't like to run any risks."

Sunlight Soap will not burn the nap off woolens nor the surface off linens.

SUNLIGHT SOAP REDUCES EXPENSE

Ask for the Octagon Bar.

PACIFIC COAST EXCURSIONS.

During June, July, August and September the Chicago and North Western Ry. will sell from Chicago, round trip excursion tickets to San Francisco, Los Angeles, Portland, Ore. (Lewis & Clarke Excursion), Seattle, Victoria, Vancouver at very low rates. Correspondingly cheap fares from all points in Canada. Choice of routes, best of train service, favorable stopovers and liberal return limits. Rates, folders and full information can be obtained from B. H. Bennett, General Agent, 2 East King St., Toronto, Ont. 31

WORK OF SALVATION ARMY.

The Salvation Army is at work in forty-nine countries and colonies, speaks thirty-one languages, has 7,210 corps, "circles," and societies; 13,493 officers and cadets; employs 2,566 persons, and has 45,339 local officers. It has sixty-three periodicals in twenty-four languages, with an issue of 1,208,000. There are 644 institutions for its social work, and in twelve months the Army supplied 4,573,399 beds and 7,213,506 meals.

"I wish to ask the Court," said a lawyer who had been put into the witness-box to testify as an expert, "if I am compelled to come into this case, in which I have no personal interest, and give a legal opinion for nothing?" "Yes, certainly," replied the judge; "give it for what it is worth!"

ENGLISH SPAVIN LINIMENT

Removes all hard soft or calloused lumps and blemishes from horses, blood spavin, curbs, splints, ringbone, sweeney, stiffles, sprains, sore and swollen throat, coughs, etc. Save $50 by use of one bottle. Warranted the most wonderful Blemish Cure ever known.

SHE KNEW HIS TASTES.

He—Why do you have all that fruit on your new hat? I don't like it.

She—Well, I couldn't very well have it trimmed with stuffed goose, even if you do like that better.

One trial of Mother Graves' Worm Exterminator will convince you that it has no equal as a worm medicine. Buy a bottle and see if it does not please you.

"But, my dear," remonstrated Mr. Meekun, "there's a good deal to be said on both sides." "No there isn't," answered his spouse. "I've told you what I think about it, and that's all that is going to be said."

Warrior Woes—Through damp, cold and exposure many a brave soldier who left his native hearth as "fit" as man could be to fight for country's honor, has been "invalided home" because of the vulture of the battle ground—Rheumatism. South American Rheumatic Cure will absolutely cure every case of Rheumatism in existence. Relief in six hours.—98

THE JAPS AND THEIR TEETH.

Japanese inns furnish fresh toothbrushes every morning free to every guest. The brush is of wood, shaped like a pencil, and frayed to a tufty brush of fibre at the large end.

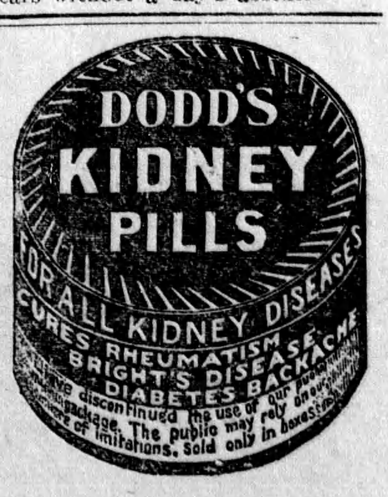
A Sure Cure for Headache.—Bilious headache, to which women are more subject than men, becomes so acute in some subjects that they are utterly prostrated. The stomach refuses food, and there is a constant and distressing effort to free the stomach from bile which has become unduly secreted there. Parmelee's Vegetable Pills are a speedy alterative, and in neutralizing the effects of the intruding bile relieves the pressure on the nerves which cause the headache. Try them.

NEVER TOO OLD TO LEARN.

Mr. Allison, who is seventy years old and who graduated at Missouri University in 1852, has re-entered the University in order to take a special course in surveying.

CASHIER'S RECORD.

Mr. John Watt, J.P., cashier in the Commercial Bank, George Street, Edinburgh, has retired after the record service of fifty-six and a half years without a day's absence.



WHY DON'T YOU QUIT?—

if you are using poor tea. Try

Blue Ribbon

and you'll see where the good comes in.

We Know the Quality is There, and We Want You to Know it Too. A TEST IS WHAT WE WANT.

Protect Your Property —WITH— THE DIAMOND FIRE EXTINGUISHER

A dry powder put up in metal tubes, 22 inches long. It will instantly extinguish the most furious flames of wood or oil. Price $3.00 each, $30.00 doz. Write for descriptive circular

The Diamond Dry Powder Fire Extinguisher Co., Toronto, Ont. AGENTS WANTED

"If," said the chemist, "you will give this new tonic a trial, I'm sure you will never use any other." "Excuse me," rejoined the customer, "but I prefer something a little less fatal."

No person should go from home without a bottle of Dr. J. D. Kellogg's Dysentery Cordial in their possession, as change of water, cooking, climate, etc., frequently brings on summer complaint, and there is nothing like being ready with a sure remedy at hand, which oftentimes saves great suffering and frequently valuable lives. This Cordial has gained for itself a widespread reputation for affording prompt relief from all summer complaints.

St. Catherine's Lighthouse, Isle of Wight, has just been fitted with a flashlight which is estimated to be equal to fifteen million candle-power.

How Dr. Von Stan's Pineapple Tablets Give Instant Relief.—They're handy to carry—take one after eating—or whenever you feel stomach distress coming on—sufferers have proved it the only remedy known that will give instant relief and permanent cure—no long tedious treatments with questionable results—best for all sorts of stomach troubles! 35 cents.—96

Lawyer—"Now, see here; before I take your case, I want to know if you're guilty?" Prisoner—"Am I guilty? D'yer s'pose I'd be fool enough ter hire the most expensive lawyer in town if I wuz innercent?"

Hard and soft corns cannot withstand Holloway's Corn Cure; it is effectual every time. Get a bottle at once and be happy.

Every inch of the Nyang Chu valley in Tibet is cultivated. "Nyang" means the "land of delicacies."

Lifebuoy Soap — disinfectant — is strongly recommended by the medical profession as a safeguard against infectious diseases. 22

A good deal of the consolation offered in the world is about as solacing as the assurance of the Irishman to his wife when she fell into the river: "You'll find ground at the bottom, my dear."

Itching Piles—Dr. Agnew's Ointment is proof against the torments of Itching Piles. Thousands of testimonials of cures effected by its use. No case too aggravating or too long standing for it too soothe, comfort and cure. It cures in from 3 to 6 nights. 35 cents.—95

LONDON'S BUSY BRIDGES.

In twelve hours 22,118 people cross Westminster Bridge on foot and 7,051 passengers go over by omnibus. At Blackfriars Bridge 31,385 pedestrians cross in twelve hours and 5,399 passengers in omnibuses. Every day 1,350 electric trams are run to and from Westminster Bridge, and last year a total of 53,000,000 passengers were carried. To Blackfriars Bridge there are 566 cars a day, and the number of passengers last year was 38,000,000.

A vast bed of coal, containing fuel enough to supply all the navies of the Pacific, has been discovered at Baron Koff Bay, at the extreme north end of Kamchatka.

Growell (in cheap restaurant)—"Here, waiter! Are these mutton or pork chops?" Waiter—"Can't you tell by the taste?" Growell—"No." Waiter—"Then what difference does it make what they are?"

FARM FOR SALE—640 ACRES, west ½ 17 and south ½ 18, 6, 14 west, in the famous Glenboro district; 525 acres under cultivation, balance hay and pasture; A1 wheat land, but would make a good mixed farm; always been free from frost and hail; abundance of good water, good frame house, stone elevator, capacity 12,000 bushels; other out-buildings, comfortable, nice maple grove. Also north ½ 13, 6, 15, 320 acres, a first-class grain farm; can plow every foot, all under cultivation, fair buildings. Plenty of good water. Write or call. W. A. Card, Glenboro, Man.

FARMERS ATTENTION. BEFORE you buy a farm, write us for our Farm Bulletin; we have a large list to choose from; we can save you money. Try us.

DO YOU WISH TO SELL YOUR farm? If you do, send us a full and complete description and lowest price and we will place it on our list and list it in our next Belletin, which will be issued soon. If we sell your farm, we charge you 2½ per cent. commission. If no sale is made through us, we make no charge. Rutherford & Rilett, Estate Agents, Hamilton.

BALLSTON LAKE—Country seat, stock and poultry farm, 117 acres, on lake front, new house, 11 rooms and bath; gravity water system in house; large barn, carriage house, poultry houses, yards, brooders, rabbit hutches; 10 minutes Saratoga and Schenectady trolley; beautiful site for hotel or summer boarding house; write for price. CHAS E. STEVENS, Ballston Lake, Saratoga County, N. Y.

FOR SALE.

2,000 acres of wood lands, en bloc or in lots to suit purchasers. Principals only dealt with.
E. W. HAY,
Falkenburg Station, Ontario.

YOUR OVERCOATS

and faded Suits would look better dyed. If no agent of ours in your town, write direct Montreal, Box 153
BRITISH AMERICAN DYEING CO.
MONTREAL.

AYRSHIRE CATTLE FOR SALE

20 Ayrshire Bulls—four to twenty months old; Ayrshire Females all ages; also improved Yorkshire pigs. Apply to HON. W. OWENS, Monte Bello, Que.

"Leonidas," said Mr. Meekton's wife, "look me in the eye and answer me one question. Have you ever deceived me about anything?" "Well, Henrietta," he answered, after much hesitation, "I must confess that I have not been altogether frank. On numerous occasions I have dissembled to the extent of trying to appear far more amiable than I really felt."

It Reaches The Spot.—There are few remedies before the public to-day as efficacious in removing pain and in allaying and preventing pulmonary disorders as Dr. Thomas' Eclectric Oil. It has demonstrated its powers in thousands of instances and a large number of testimonials as to its great value as a medicine could be got were there occasion for it. It is for sale everywhere.

Joskins—"I say, Hoskins, this is my first day at shooting. You might tell me in confidence what people shut one eye for when they're sighting anything." Hoskins—"Oh, that's perfectly simple, my dear fellow. You see, if they were to shut both eyes they wouldn't be able to see anything."

Too Many People Daily With Catarrh.—It strikes one like a thunder-clap, develops with a rapidity that no other disease does. Dr. Agnew's Catarrhal Powder is the radical, quick, safe and pleasant cure that the disease demands. Use the means, prevent its deep-seating and years of distress. Don't dally with Catarrh. Agnew's gives relief in ten minutes. 50 cents."—97

RAIN WHICH NEVER FALLS.

In the Colorado Desert there are rainstorms during which not a drop of water touches the earth. The rain can be seen falling from the clouds high above the desert, but when it reaches the hot, dry air beneath the clouds it is entirely absorbed. These strange rainstorms take place in regions where the thermometer often registers 128 degrees in the shade.

When you think you have cured a cough or cold, but find a dry, hacking cough remains, there is danger. Take

Shiloh's Consumption Cure The Lung Tonic

at once. It will strengthen the lungs and stop the cough.

Prices: 25c. 50c $1. S. C. WELLS & Co. LeRoy, N.Y., Toronto, Can. 305

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