GIVES TWO REAL GOOD REASONS

FOR BELIEVING DODD'S KIDNEY PILLS CURE ALL KIDNEY AILMENTS.

Cured His Backache of Twenty-five Years Standing and Satisfied Everyone He Recommended Them to.

Economy Point, N. S., May 15—(Special).—Geo. S. McLaughlin, of this place, gives two splendid reasons for his belief that Dodd's Kidney Pills are the one remedy for Kidney ailments. Here are the two reasons in his own words:

"I was troubled with lame back for 25 years or more, sometimes so severe that I could not turn myself in bed. One box of Dodd's Kidney Pills cured me, and I have had no return of the trouble since.

"I have recommended Dodd's Kidney Pills to a number of persons who had Kidney Trouble. All who have used them have been benefited or cured."

Dodd's Kidney Pills not only relieve all Kidney Diseases, from Backache to Bright's Disease, but they absolutely cure them. But sometimes where one or two boxes relieves it takes more to make a complete cure.

COLD FEET AND INDIGESTION.

Coldness of feet and limbs is almost invariably an evidence of indigestion. The coldness is not due to weakness of the heart or feebleness of circulation, as is generally supposed, but to the contraction of small arteries, preventing blood from entering the parts. There is generally an irritation of the abdominal sympathetic nerve centres which control the circulation of the lower extremeties. This difficulty is not to be removed by exercise or by any special application to the limbs, but by removal of the causes of the irritation. This may be a prolapsed stomach or chronic indigestion. Hot and cold foot baths are valuable. These act, not simply on the feet and limbs, but reflex action affect beneficially the abdominal sympathetic centres, which are in a diseased condition.

Rubbing of the feet and legs is also an excellent method of overcoming spasm of the blood vessels, thus preserving the normal circulation. The rubbing should be from the feet towards the body. The surface should be well lubricated with vaseline. To avoid irritation of the skin care should also be taken to clothe limbs very warmly. In many cases this is necessary, even in the summer season.

Stern Parent—"Young man, I saw you kissing my daughter as I passed the parlor door, and I want you to know that I don't like it. What have you to say about it?" Young Man—"All I've got to say is that you evidently don't know a good thing when you see it."

It is usually the coward who does the most talking about discretion being the better part of valour.

COFFEE HEART.

Very Plain in Some People.

A great many people go on suffering from annoying ailments for a long time before they can get their own consent to give up the indulgence from which their trouble arises.

A gentleman in Brooklyn describes his experience, as follows:

"I became satisfied some months ago that I owed the palpitation of the heart, from which I suffered almost daily, to the use of coffee, (I had been a coffee drinker for 30 years) but I found it very hard to give up the beverage.

"I realized that I must give up the harmful indulgence in coffee but I felt the necessity for a hot table drink, and as tea is not to my liking, I was at a loss for awhile, what to do.

"One day I ran across a very sensible and straightforward presentation of the claims of Postum Food Coffee, and was so impressed thereby that I concluded to give it a trial. My experience with it was unsatisfactory till I learned how it ought to be prepared—by thorough boiling for not less than 15 or 20 minutes. After I learned that lesson there was no trouble. Postum Food Coffee proved to be a most palatable and satisfactory hot beverage, and I have used it ever since.

"The effect on my health has been most salutary. It has completely cured the heart palpitation from which I used to suffer so much, particularly after breakfast, and I never have a return of it except when I dine or lunch away from home and am compelled to drink the old kind of coffee because Postum is not served. I find that Postum Food Coffee cheers and invigorates while it produces no harmful stimulation." Name given by Postum Co., Battle Creek, Mich.

There's a reason.

Ten days' trial proves an eye opener to many.

Read the little book "The Road to Wellville" in every package.

THE CHARMS OF TIBET.

Sir Frank Younghusband, the leader of the recent British expedition to Lassa, the sacred city of Tibet, brushes away, in an address, the delusion that Tibet is a rainless country. After marching over the elevated plateau in the face of bitter winds and blizzards, the expedition reached the valley of Gyantse, where willows and poplars were bursting into foliage before the middle of April, and the banks of the river were covered with masses of purple iris plants. On resuming the march for Lassa, July 14th, heavy rain fell, and frequent rains were experienced until September, and the size of the rivers showed that this part of Tibet has a good rainfall. Lassa was found lying in a "lovely valley covered with trees, rich with cultivation, and watered by a river as broad as the Thames at Westminster," and "hidden away by range after range of snowy mountains."

A MODEL PUBLICAN.

The death occurred recently of Mr. Sam. Hey, the landlord of a public-house in the Girlington district of Bradford, England, whose boast was that, though he had kept one house for thirty years, a drunken man had never been seen inside it. He knew all the "wage days" in his locality, and if any working man came in on that day, and asked for liquor, Mr. Hey would say, "You can have one drink; then you must go home and give your wife your wages. You may then come back and have another, when you have washed yourself and brushed up." He allowed no bad language in the house.

Bright's Disease—Insidious! deceptive! relentless! has foiled hundreds of trials by medical science to stem the tide of its ravages—and not until South American Kidney Cure proved beyond a doubt its power to turn back the tide, was there a gleam of anything but despair for the victim of this dread form of kidney disease.—54

No one ever saw a henpecked man with a double chin.

Minard's Liniment Cures Distemper

A woman couldn't help feeling proud at having on her best nightgown if a burglar came.

Corns cause intolerable pain. Holloway's Corn Cure removes the trouble. Try it, and see what amount of pain is saved.

Wash greasy dishes, pots or pans with Lever's Dry Soap a powder. It will remove the grease with the greatest ease.

The only thing worse than having no sense of humor one's self is to have to live with those who have none.

C. C. RICHARDS & CO.

Dear Sirs,—Your MINARD'S LINIMENT is our remedy for sore throat, colds and all ordinary ailments.

It never fails to relieve and cure promptly.

CHARLES WHOOTEN.
Port Mulgrave.

MURDERERS GET FREE.

Strange Sequel to a Murder Trial at Melbourne, Australia.

The sequel to a remarkable murder trial at Melbourne is brought by a recent Australian mail. An astonishing feature of the story is that a self-confessed murderess stands at present beyond the reach of the law.

Rose Hubbard, a handsome young woman, twenty years of age, was accused of poisoning her mother, with whom she and her step-father lived in Melbourne. The defence was that the stepfather, a man of sixty-five, named Robins, was the real criminal. After an exacting quarrel the girl was acquitted and discharged.

In conversation with a detective a short time afterwards the girl admitted that she had murdered her mother, and gave as her motive the fact that she had fallen in love with her stepfather, and was bitterly jealous of her mother.

Subsequently, accompanied by the man Robins, she went to the police station and made the following statutory declaration:—

"I, Rose Hubbard, of Percy street, Kersington, Melbourne, solemnly and sincerely declare that I remember making a statement to the police in jail accusing Robins of murdering my mother. That is absolutely untrue.

"My reason for making that statement was to save myself from being convicted. I now admit giving my mother quicksilver and arsenic at intervals, as she often struck me and was jealous of me.

"I was sorry for what I did to my mother, but she annoyed me and called me such terrible names that I was determined to do it to her. I am making this statement to clear an innocent person."

The police have satisfied themselves that the confession is true, but in face of the verdict of not guilty they are unable to take any steps against the murderess.

They cannot move forward who will not say farewell to some things.

More than half the battle in cleaning greasy dishes is in the soap you use. If it's Sunlight Soap it's the best. 6B

No Breakfast Table complete without

EPPS'S COCOA

An admirable food, with all its natural qualities intact, fitted to build up and maintain robust health, and to resist winter's extreme cold. It is a valuable diet for children.

The Most Nutritious and Economical.

Never put off until to-morrow what you can do to-day is a pretty good rule, but it does not include saying unkind things.

FOR OVER SIXTY YEARS.

Mrs. Winslow's Soothing Syrup has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, allays pain, cures windcolic, regulates the stomach and bowels, and is the best remedy for Diarrhoea. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup." 22—04

A man feels very hard up after he has had a dream where he was making lots of money.

Minard's Liniment Cures Colds, &c

It's a wise barber who never illustrates his stories with cuts.

Baby Humors.—Dr. Agnew's Ointment soothes, quiets, and effects quick and effective cures in all skin eruptions common to baby during teething time. It is harmless to the hair in cases of Scald Head and cures Eczema, Salt Rheum and all Skin Diseases of older people. 35 cents.—55

The Chaperon (angrily)—"If you allow that young man to kiss you in my presence I'll turn my back on you." Ernestine—"Why, that's just what we want you to do."

Some persons are more susceptible to colds than others, contracting derangements of the pulmonary organs from the slightest causes. These should always have at hand a bottle of Bickles Anti-Consumptive Syrup, the present day sovereign remedy for coughs, catarrh and inflammation of the lungs. It will effect a cure no matter how severe the cold may be. You cannot afford to be without a remedy like Bickle's, for it is the best.

Some rules have been published for discovering counterfeit bank-notes. What the average man wants are a few simple rules for discovering the genuine article.

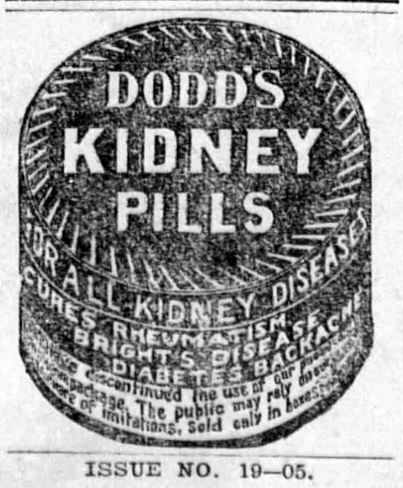
Little but Searching.— Dr. Von Stan's Pineapple Tablets are not big nauseous doses that contain injurious drugs or narcotics—they are the pure vegetable pepsin—the medicinal extract from this luscious fruit, and the tablets are prepared in as palatable form as the fruit itself. They cure indigestion. 60 in a box, 35 cents.—56

Mrs. Wedsoon (poutingly)—"Mrs. Oldwife next door has had two new dresses to my one." Mr. Wedsoon (spouse No. 2)—"Yes, my dear, but you've had two new husbands to her one."

Just the Thing That's Wanted.— A pill that acts upon the stomach and yet is so compounded that certain ingredients of it preserve their power to act upon the intestinal canals, so as to clear them of excreta, the retention of which cannot but be hurtful, was long looked for by the medical profession. It was found in Parmelee's Vegetable Pills, which are the result of much expert study, and are scientifically prepared as a laxative and an alternative in one.

ROADSIDE ORCHARDS.

In the Grand Duchy of Baden apple cherry, pear and walnut trees are planted along both sides of highways, at a distance of 32 feet apart. Thus shade is furnished, and when the fruit is ripe it is sold by public auction, the money thus obtained being applied to the maintenance and the extension of the system.



ISSUE NO. 19—05.

You Don't Know Good Tea

UNTIL YOU HAVE TRIED

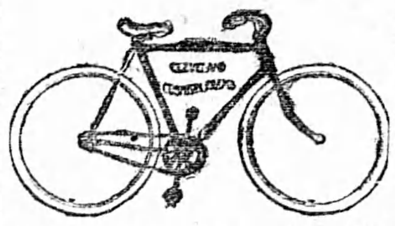
Blue Ribbon

It's Fresh, Natural Fragrance pleases the most critical and will be a **REVELATION** to you.

ONLY ONE BEST TEA—BLUE RIBBON'S IT

Try the Red Label.

The Bicycle is King



Every person realizes now that there is no other vehicle so convenient in the country, town or city as the wheel. The wheels we sell are the best in the world.

CLEVELAND
MASSEY-HARRIS
BRANTFORD
WELLAND-VALE

THE CUSHION FRAME

is the new feature. It has brought bicycling again into popular favor—**Makes Rough Roads Smooth.**

The Sills' Hygienic Handle Bar

a companion invention to the Cushion Frame. Write for our new catalogues, and new picture cards. Mention this paper.

PAIR OF SKATES FREE.

We desire to get in touch with every owner of a bicycle in Canada as we wish to place before them all, the advantage of the improvements now to be found on the bicycles we handle. For this reason we want as many persons as possible to send in from their locality a good list of bona fide owners of bicycles who should be interested in the purchase of a new bicycle with the modern improvements. The lists will be received in regular order and to the writer of each twenty-fifth letter in the order received, we will send free of charge one pair of our improved Hockey "Cycle" Skates, manufactured by us, sold regularly at $2.00 per pair. The lists must be clearly written out with address and name of make of present bicycle and should be addressed as follows: Department B Canada Cycle & Motor Co. Ltd., Toronto Junction, Canada. Lists must be received not later than May 24th.

Canada Cycle and Motor Co., Limited,
"Makers of the World's Best Bicycles,"
Canadian Headquarters for Automobiles. TORONTO

A sentimental poet writes: "How can I meet my darling?" After some deliberation over the question we have come to the conclusion that he can meet her by approaching her from an opposite direction.

Nip Disease in the Bud.—It is difficult to eradicate a disease after it has become seated, therefore it is wise to take any ailment in its initial stages and by such remedies as are sufficient, stop it in its course. Cold is the commonest complaint of man, and when neglected leads to serious results. Dr. Thomas' Eclectric Oil will cure the severest cold or most violent cough.

Sometimes a man is despised for twenty or thirty years because he is so stingy, and then envied all the rest of his life because he is so rich!

Minard's Liniment Cures Diphtheria

Pauline (sarcastically) — "Jack struts along as if he owned the earth." Elvira (sweetly)—"No wonder. Last evening I promised to let him become my husband."

One Short Puff Clears the Head.—Does your head ache? Have you pains over your eyes? Is the breath offensive? These are certain symptoms of Catarrh. Dr. Agnew's Catarrhal Powder will cure most stubborn cases in a marvellously short time. If you've had Catarrh a week it's a sure cure. If it's of fifty years' standing it's just as effective. 50 cents.—57

Seedy—"Some people are always howling for more, no matter how much they have. Don't you think you'd be satisfied with enough?" Greedy—"Dare say I should if I could get it."

A Cure for Fever and Ague.—Parmelee's Vegetable Pills are compounded for use in any climate and they will be found to preserve their powers in any latitude. In fever and ague they act upon the secretions and neutralize the poison which has found its way into the blood. They correct the impurities which find entrance into the system through drinking water or food, and if used as a preventive fevers are avoided.

Disgusted Uncle—"I shall leave my money to the poor and needy." No-good Nephew—"Heaven bless you, uncle; I always said you wouldn't leave me out."

ENGLISH SPAVIN LINIMENT

Removes all hard soft or calloused lumps and blemishes from horses, blood spavin, curbs, splints, ringbone, sweeney, stiffles, sprains, sore and swollen throat, coughs, etc. Save $50 by use of one bottle. Warranted the most wonderful Blemish Cure ever known.

SAXON SKELETONS FOUND.

While digging for the purpose of erecting a children's swing at High House, Winchester, England, workmen have laid bare five or six human skeletons in good preservation. One was that of a man of gigantic stature, and on the ribs was found a Saxon spearhead. In another hole was the skeleton of a man equally tall, and here was found another spear-head, as well as the remains of a belt-fastening. In another place was a fine silver ring of splendid workmanship. The site is one on which Saxon and early Norman political offenders were executed. Stigand, an Archbishop of Canterbury, being one who suffered there.

Dinner Sets Free
FOR CASH TRADE.
BENEFITS THE MERCHANTS
BENEFITS THE CUSTOMER

A Merchant in your neighborhood is showing his appreciation of cash trade by giving absolutely free, these DINNER SETS.

If you do not know this Merchant, write us and we will not only tell you who he is, but forward you a handsome souvenir FREE

The British Canadian Crockery Co., Ltd. TORONTO, CANADA.

Stump and Tree Pullers

Self-anchoring and Stump-anchored. Something new. Pull an ordinary stump in 1½ minutes. 1 to 5 acres at a setting. Different sizes to suit all kinds of clearings. For illustrated catalog address

Powerful, Handy, Low Priced.

Milne Mfg. Co. 875 Ninth St., Monmouth, Ill.

CHENILLE CURTAINS and all kinds of house Hangings, also **LACE CURTAINS** DYED & CLEANED LIKE NEW. Write to us about yours. BRITISH AMERICAN DYEING CO., Box 158, Montreal

FOR LAMP OIL ECONOMY USE **Sarnia Prime White OIL**

No real need to buy the more expensive oils if GOOD BURNER is used and KEPT CLEAN.

If you want a BIG LIGHT—THREE OR FOUR GAS JETS IN ONE—

TRY A **Queen City Oil Lamp** BEAUTIFUL LIGHT

The Choicest Oil Made is **PRATT'S ASTRAL**

For Sale by Dealers.

THE QUEEN CITY OIL CO., LIMITED Toronto

It is a base life to which nothing is real but the objects of sense.

Minard's Liniment Cures Garget in Cows

In matters of opinion the beaten track is most likely to lead astray.

The superiority of Mother Graves' Worm Exterminator is shown by its good effects on the children. Purchase a bottle and give it a trial.