About the ....House

TESTED RECIPES.

Quick Potato Biscuits.—Mix and sift together one cupful of flour, one cupful of corn starch, one teaspoonful of salt, and two teaspoonfuls of baking powder. Have ready four large hot boiled potatoes. Peel, and put them through a potato press, adding two cupfuls of milk and two well-beaten eggs. Stir into this the dry mixture, adding as much more sifted flour as may be necessary to make a soft dough. Turn out on the board, roll, out in small thin rounds, brush the tops with milk, and bake in a quick oven.

Cornstarch Cake.—Cream two cupfuls sugar and one teacupful butter; add one teacupful cornstarch, and the same quantity milk; mix with two teacupfuls flour two teaspoonsfuls Price's Cream Baking Powder, and then add, following with the whites of seven eggs beaten to a stiff froth.

Almond Cake.—Beat one teacupful of sugar with half a teacup of butter; add half a teacup of milk; sift two teacupfuls of flour with a teaspoonful of Price's Cream Baking Powder, and add four whites of eggs, and one pound of blanched almonds chopped fine.

Grandmother's Pudding.—Crumble stale bread without crusts; tie up tightly in a pudding cloth; put into a saucepan of cold water, and boil for one hour. Serve with jam, marmalade, or sweet custard.

Hominy Pudding.—One cup of boiled hominy, one and a half pints of milk, two eggs, two tablespoonfuls of butter, three-fourths of a cup of sugar, one teaspoon of baking powder; bake in buttered pudding dish twenty minutes.

Indian Pudding.—Boil one quart of milk; set it off the stove, and stir in one cup of Indian meal; one cup of molasses and sugar (half of each), one egg, a little ginger and salt. Bake one hour.

Date Pie—Soak the dates over night, and stew until they can be strained; mix with a quart of milk, three eggs, and add a little salt and nutmeg. Bake with an undercrust only. One pound of dates will be sufficient for three pies, and the other ingredients are given in proportion for that quantity of dates.

Rice Cream.—Make a custard of one pint of milk, two tablespoonfuls of sugar, and the yolk of one egg; then dissolve it in one-half ounce of gelatine, softened in a little cold water; stir in one tablespoonful of boiled rice, flavor with vanilla or nutmeg if preferred. Rinse a mold with cold water, pack the cream in it, and let stand until firm enough to be taken out of the mold.

Boiled Rice.—Boiled rice forms the basic principle of nearly all rice dishes. It is, therfore, well worth any cook's while to master the art of preparing it. First of all, a superior grade of rice must be selected —the Carolina is the best in the market to-day—then it must be washed in several cold waters, and carefully picked over, after which it should be plunged into unsalted boiling water, allowing four quarts of water for each pint of rice. Cover the whole closely and boil rapidly for twenty minutes. Turn into a colander, and drain well; then stand the colander over a vessel containing a small quantity of boiling water, and steam until the rice is white and dry occasionally stirring lightly with a fork. The grains should be full and soft, and each one retain its form though twice its orignal size.

Potato Patties.—Take as many large, well shaped potatoes as it is intended there should be patties, wash well and bake them. Take them out before they are quite done enough, so that the skin may not be injured, carefully cut off the top, and scoop out the inside with a spoon. Mix withf the floury part two or three spoonfuls of thick cream, a little piece of butter, and a pinch of salt, together with sugar, the yolks and whites of two or three eggs, beaten and added separately. Put this mixture into the hollow potatoes, place them upright side by side in a buttered dish, and bake them in a hot oven. If liked savory instead of potatoes, patties can be made by mixing with the potato flour a little pounded veal and ham, cream, salt, lemon-peel, grated nutmeg, and mushroom catsup, added in suitable proportions. Time to bake, twelve to fifteen minutes. When meat is used, cook them a little longer.

HINTS FOR WIVES.

Don't make the evening repast a confessional for household troubles. Your husband has troubles of his own. You may be one of them.

Don't be the last to acknowledge his merits. Men love flattery as women do finery.

Don't put him on the fire escape to smoke. Suppose the draperies do get full of the fumes. Some day you may hunger for the smell of them.

Don't wear a chip on your shoulder. An ounce of forgiveness is worth a pound of pride. Give it. You can have your way when he is not looking.

Don't be ashamed to proclaim your love for him. Tell him often, and demand a response. It gives something to think about.

Don't antagonize his men friends. They may be better than they look.

Don't travel wide apart, or the chains will cut. The only way not to feel them is to keep close together.

Don't cook unless you know how. When his digestion goes, reform administration is dead.

Don't ask him for money; make him offer it. You know the way. If you do not, you should. Something in a man's constitutional make-up rebels when he is gsked to part with his money. Men shirk the things that are expected of them; but they will give freely of time, money, and labor when accredited with not only the thing done, but the impulse that prompts it. Men are generous enough, but they like large portions of glory.

Be prudent and as thrifty as you can. Men are attracted by ethereal means, but held by material methods. Wise economy, however, requires great tact. There is no economy in that course which leaves your linens limp, your personality shoddy, or your home conducted on poorhouse rations.

Don't listen to outside criticism, whether of friends or relatives-in-law.

Don't condemn these rules the first time they fail. They are good. The only question is, are we good enough to persevere with them until we get results?

THE FLOORS IN SUMMER.

Bare floors are preferable to carpet for the kitchen during the summer months, for they are easier to keep clean. It is a positive rest to one's eyes to see a room without the dust catchers, once considered so ornamental, with only the necessary furniture and bare floors. Keep out the flies with screens, and let the air and sunshine in. Paint or oil the floors, or if they are too rough to look well uncovered, get oil cloth or linoleum, but do not buy a woolen carpet for the dining room. A few minutes' work every few days will suffice to keep them clean and free from dust. Neither linoleum or oilcloth should be scrubbed with a brush or mopped with hot water. Heat the water until lukewarm and dissolve enough Gold Dust in it to make a good suds. Now wash the oilcloth, changing the water frequently as it grows dark. Nothing causes it to grow dull and grimy so quickly as washing with insufficient or dirty water. Mop a small place, then rinse with clear water, and wipe dry. Proceed in this way until the floor is clean. Oiled or painted floors are treated in the same way.

ST. VITUS DANCE.

MUST BE TREATED THROUGH THE BLOOD AND NERVES.

One of the Worst Cases on Record Cured Through the Use of Dr. Williams' Pink Pills.

St. Vitus dance is a nervous disease chiefly afflicting children. There are a number of signs by which it may be detected such as a twitching of the muscles of the face, shaky hands, or a jerky motion of the arms, a trembling or a dragging of the legs, irritability and restlessness. St. Vitus dance is caused by disordered nerves and blood—that is why it is always cured by Dr. Williams' Pink Pills. The pills fill the veins with pure, rich red blood, which in turn soothes and braces the nerves, making the sufferer well. Mrs. Luffman, Poucher's Mills, Ont., tells how Dr. Williams' Pink Pills cured her daughter, Louise. "I do not think it possible," says Mrs. Luffman, "that anyone could be afflicted with a more severe form of St. Vitus dance than that which attacked my daughter. Her arms and legs would twitch and jerk, her face was drawn, and finally her left side became numb as though paralyzed. Her speech became thick and indistinct and she could neither stand still nor sit down. Two doctors attended her, but gave her no benefit. The last doctor who attended her told me she would never get better. It was at this discouraging time we decided to give her Dr. Williams' Pink Pills. After taking two boxes we could see an improvement; she could sleep better and the spasms were less severe. From that on she steadily grew better, and was as strong and healthy a girl as you will find anywhere, and she has not had the least symptom of the trouble since."

Dr. Williams' Pink Pills are the surest cure for St. Vitus dance, hysteria, neuralgia, nervous exhaustion, paralysis, and all the nervous troubles of men, women and children. But you must get the genuine with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around every box. Sold by all medicine dealers or sent post paid at 50 cents a box or six boxes for $2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

BABY'S OWN TABLETS.

For Weak Sickly Children During the Hot Weather Months.

Thousands of infants and children die through the hot weather months, because summer complaints and stomach troubles come suddenly, and mothers do not have the means at hand to promptly check and cure them. In homes where Baby's Own Tablets are used these little lives can be saved, and no home in the land where there are children should be without the Tablets. They promptly cure all stomach and bowel troubles and give relief to teething children, and the mother has a guarantee that they contain no opiate or harmful drug. You can crush the Tablets to a powder and give them with perfect safety to a new born babe. Mrs. S. M. Black, St. Peters, N.S., says: "I have used Baby's Own Tablets for most of the troubles from which little ones suffer, and I find them the best medicine I have ever tried." All medicine dealers sell these Tablets or you can get them by mail at 25 cents a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

BUSINESS IN MANCHURIA.

A Russian traveller who recently made a tour through Manchuria on behalf of a scientific association gives a very interesting account of the business usages in that province. He says there are in a Chinese business house neither proprietors nor employes. All persons employed share in the profits of the undertaking. During the year each member receives, at certain intervals, a kind of salary, which, however, is meted out so sparingly as to be hardly sufficient to supply the necessities of life. At the close of the year the accumulated profits are divided. Very noteworthy, according to the statements of this traveller, is the exceptional honesty of Chinese merchants, who always and most promptly fulfil the engagements they may have entered into. Thus, for instance, the ten branch offices of the Russo-Chinese Bank located in China have since their establishment no record of a single protested note.

TO CLEAN PAINT.

Tea leaves may be saved from the table for a few days, and when sufficient are collected steep, not boil, them for half an hour in a tin pan. Strain the water off through a sieve and use this tea to wash all varnished paint. It removes spots and gives a fresher, newer appearance than when soap and water is used. For white paint, take up a small quantity of whiting on a damp piece of old white flannel and rub over the surface lightly and it will leave the paint remarkably fresh and new.

Pains in Back Now All Gone.

After Twenty Years of Suffering From Kidney Disease and Dyspepsia, a Perfect Cure is Made by

DR. CHASE'S KIDNEY-LIVER PILLS.

A medicine which will cure such a severe form of kidney disease as that described below can certainly be relied upon for any ordinary case of this ailment.

It seems folly to experiment with new and untried remedies when there are thousands ready to certify that Dr. Chase's Kidney-Liver Pills have positively cured them of this painful and fatal malady.

Mr. John Gearin, an old resident of Thorold, Ont., states:—"For twenty years I was badly afflicted with kidney troubles, indigestion and bladder derangements. During that time I was a great sufferer and had to get up six to twelve times nightly to pass water. I tried different doctors and used all sorts of meditines to no avail.

"Finally, I began using Dr. Chase's Kidney-Liver Pills and soon found relief. Thus encouraged I continued to use these pills and after having taken twelve boxes was again in perfect health and vigor. I can now sleep undisturbed, the pains in the kidneys and back are gone, and I am feeling well and strong. I consider Dr. Chase's Kidney-Liver Pills a great boon to suffering humanity, and had I known about them when I was a young man could have escaped suffering all the best years of my life."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, at all dealers or Edmanson, Bates & Company, Toronto. To protect you against imitations, the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

KING EDWARD'S CIRCLE

HE DELIGHTS IN FRIENDLY INTERCOURSE.

Loyal to His Chums, But Never Allows Political Affairs to Intervene.

It is often remarked that the King has outlived almost all the intimate friends of his youth and early middle age, writes a London correspondent.

It is true that the joyous coterie identified with Marlborough House a quarter of a century ago, Lord Carrington, Lord Charles Beresford and Mr. Henry Chaplin are the only names which occur in public journals.

Lord Blandford (afterwards Duke of Marlborough), Lord Aylesford ("Joe"), Lord Dupplin ("Duppy"), Lord Clonmell ("Earlie"), the Comte de Saint Priest, Count Jaracsweski ("Sherry Whiskey"), Colonel Oliver Montagu, Mr. Harry Tyrrwhitt Wilson, Mr. Augustus Savile, Mr. Christopher Sykes, Mr. Andrew Cockerell and others have all paid the great debt of nature.

Yet none of the men whose names are quoted reached the Psalmist's limit of life. Many of them were the juniors of their august companion.

Not one of this entourage was endowed with the wonderful constitution which has enabled the King to resist not only the demands which his exalted rank and station have continuously made upon him, but also the dangers of two serious illnesses.

To His Majesty's credit must also be placed his great activity of brain and body, an abstemiousness in the way of "strong waters" which can almost be classed as "emi-teetotalism," and an ability to undergo great fatigue without any depression of spirits.

These pre-eminently healthy habits are in a great degree the reason why the King can be adduced to-day as an admirable example of the "survival of the fittest."

PLEASURE IN SOCIETY.

But while the then heir-apparent took keen pleasure in the vivacious society which naturally formed around him, he did not neglect the culture of statesmen and men of learning. Such were, of course, mostly his seniors in age, and many of them are now but landmarks of a past era, though Lord Spencer, Lord Cadogan, Lord Redesdale and Lord Rosebery are still in the full vigor of years.

The entire absence of any sort of political bias was not the least admirable quality shown by Albert Edward Prince of Wales, during his forty years of public life before his accession to the throne. He was a frequent visitor at Hatfield and Hawarden, and while Queen Victoria showed, not unreasonably perhaps, marked signs of favor towards the Tory minister, the versatility of character which marked the "Grand Old Man" appealed very strongly to the sympathies of the heir-apparent.

His relations with Lord Granville and Lord Spencer were as cordial and constant as those with Lord Beaconsfield and Lord Iddesleigh, while his unswerving regard for the Duke of Devonshire has been wholly unaffected by party vicissitudes.

But although the Prince never allowed himself to criticize publicly the action of the government of the day, he would never suffer his personal friendships to be overshadowed by any political eclipse.

When that great South African proconsul, Sir Bartle Frere, was recalled by the Radical party in 1880 the first greeting which he received on landing in England was a gracious summons to Abergeldie Castle, the Highland home of the Prince and Princess of Wales.

During the years of physical suffering and political neglect which ensued for Sir Bartle the attentions of his royal master never varied, and when the tardy honors of a public funeral at St. Paul's Cathedral were accorded him, the Prince insisted that all the noblemen and gentlemen who had been associated with his tour in India should pay the last tribute of respect.

SPIRIT OF LOYALTY.

Yet all this time relations between Marlborough House and Downing-street were of the most cordial character, and no member of the government then or at any other time could complain of any indifference or hostility from this exalted quarter.

This spirit of loyalty and staunchness which King Edward has always shown to others is not perhaps the least of the claims which he is entitled to-day to exercise on the loyalty of his subjects.

There are even those who from misfortune or other and graver causes are no longer in personal contact with the Sovereign to whom kindly messages are sent testifying that former ties if necessarily loosened are by no means broken.

The many visits which the King has paid to almost every country in Europe and the cordial welcome he has always extended to distinguished foreigners have necessitated acquaintances of various racial characteristics, and our Sovereign's consummate knowledge of European politics is due in great measure to the international friendships he has formed and kept up by interchange of hospitalities or regular correspondence.

Nor has the King confined himself to any special social tratum or profession in the foreign conversations he has enjoyed.

In France, for instance, the Duc d'Aumale, M. Gambetta, General Galliffet, the Duc de Mouchy, the Marquis de Breteuil and M. Delasse represent such varying political and social types that it is possible to suggest King Edward stands alone in being able to claim each of them as personal friends.

GENUINE WORKERS.

The same desire to learn and to use to the highest advantage the best individual qualities a man may possess has influenced the King in the intimate friendships he has sought and found among the genuine workers in every profession.

Sir Harry Keppel, Sir George Higginson, Sir William Gull, Sir Charles Hall, Sir George Lewis, Sir Henry Irving, Sir Arthur Sullivan, Sir Charles Haile, Sir John Millais, never had a truer friend or a warmer advocate for their advancement than the exalted personage who interested himself in every detail of their work, and who never turned a deaf ear to any suggestion they might make for the advancement of their art or profession.

Of the divines of the church who have exercised any considerable influence on the present "Defender of the Faith" it is probable that Dean Stanley would stand foremost; but here again it is safe to assert that no sincerely religious movement or unaffectedly pious person has ever failed to find the heartiest encouragement and incentive at the hands of a ruler whose deep and sincere reverence for sacred things is a marked feature and one that cannot be too widely known.

It is impossible to place the Sovereign in the large category of those persons who can be judged by the friends who surround them, but it is certainly true that the wise deeds which have marked the present reign and the intense popularity of the monarch are due in great measure to his having gained his knowledge and experience of men at first hand.

NEEDLE-AND-THREAD TREE.

The wonders of botany are apparently inexhaustible. One of the most remarkable specimens is the Mexican maguey tree, which furnishes a needle and thread all ready for use. At the tip of each dark green leaf is a slender thorn needle that must be carefully drawn from its sheath; at the same time it slowly unwinds the thread, a strong, smooth fibre attached to the needle and capable of being drawn out to a great length.

BUNCH TOGETHER.

Coffee has a Curious Way of Finally Attacking Some Organ.

Ails that come from coffee are cumulative, that is, unless the coffee is taken away new troubles are continually appearing and the old ones get worse.

"To begin with," says a Kansan, I was a slave to coffee just as thousands of others to-day; thought I could not live without drinking strong coffee every morning for breakfast and I had sick headaches that kept me in bed several days every month. Could hardly keep my food on my stomach, but would vomit as long as I could throw anything up and when I could get hot coffee to stay on my stomach I thought I was better.

"Well, two years ago this Spring I was that sick with rheumatism I could not use my right arm to do anything, had heart trouble, was nervous. My nerves were all unstrung and my finger nails and tips were blue as if I had a chill all the time and my face and hands yellow as a pumpkin. My doctor said it was heart disease and rheumatism and my neighbors said I had Bright's Disease and was going to die.

"Well, I did not know what on earth was the matter and every morning would drag myself out of bed and go to breakfast, not to eat anything, but to force down some more coffee. Then in a little while I would be so nervous, my heart would beat like everything.

"Finally one morning I told my husband I believed coffee was the cause of this trouble and that I thought I would try Postum which I had seen advertised. He said 'All right' so we got Postum and although I did not like it at first I got right down to business and made it according to directions, then it was fine and the whole family got to using it and I tell you it has worked wonders for me. Thanks to Postum in place of the poison, coffee, I now enjoy good health, have not been in bed with sick headache for two years although I had it for 30 years before I began Postum and my nerves are now strong and I have no trouble from my heart or from the rheumatism.

"I consider Postum a necessary article of food on my table. My friends who come here and tarte my Postum say it is delicious." Name given by Postum Co., Battle Creek, Mich.

Get the book, "The Road to Wellville" in each package.

Piles To prove to you that Dr. Chase's Ointment is a certain and absolute cure for each and every form of itching, bleeding and protruding piles, the manufacturers have guaranteed it. Sent testimonials in the daily press and ask your neighbors what they think of it. You can use it and get your money back if not cured. 60c a box, at all dealers or Edmanson, Bates & Co., Toronto.

Dr. Chase's Ointment