About the ....House

DOMESTIC RECIPES.

Brown Bread—When the sponge is ready for white bread, take 1 qt. out and add to it ½ cup molasses. Have two dozen blanched almonds and 4 dozen boiled chestnuts pounded to a mortar; stir into the above mixture, add 1 tablespoon softened butter, ½ teaspoon salt and 1 teaspoon soda dissolved in a little cold water. Mix all well together, add enough whole wheat flour to make the dough quite stiff and finish the same as white bread.

Something Good.—Pick over 2 qts. strawberries, squeeze them through a colander, and add two teacups white sugar. When the sugar is all dissolved, add 3 tablespoons gelatine that has been soaking an hour in ½ a cup tepid water, Place it on ice, stir smooth, and when it begins to set, stir in one pint whipped cream. Put into molds and serve with whole strawberries around it.

Colcanon.—Boil separately potatoes and cabbage. Mash the former and squeeze the latter dry in a clean cloth, then chop fine; mix thoroughly and to 1 qt. of the mixture add 1½ teaspoons salt. 1 saltspoon white pepper, and dot with 4 tablespoon of butter after turning into a buttered mold. Brown in a hot oven.

Carrot Pudding—Mash or squeeze 1 lb. boiled carrots, add 1 lb. flour, ½ lb. each of raisins and currants, 1 oz. sliced citron, butter size of egg, 1 teaspoon each of salt, cinnamon and ginger and 1 lb. sugar. Mix together, putting 2 teaspoons baking powder in flour. Steam two hours, and serve hot with hard sauce.

Rhubarb Custard Pie—Stew rhubarb slowly until tender, then put through a flour sieve or beat with a spoon until smooth and fine. To 1 cup of this allow 1 cup sugar, 1 tablespoon cornstarch, 2 eggs and a piece of butter. Bake with an under crust. Sift sugar on top when placing in the oven. We think it is fine.

Steak Stewed with Walnuts—Place 1 lb. steak in a stewpan with ½ pt. water, 1 onion and a pinch of red pepper; let stew for one hour. Pound smooth 2 pickled walnuts and stir into liquor. Add salt to taste. Place on a hot platter, garnish with potato balls.

A Delicious Salad Course.—Take a new cream cheese, and with a pair of butter sticks, which must be very wet, roll it into little balls or pats in the same way butter is molded to serve individually. A cup of milk must be close at hand into which the sticks should be dipped each time a fresh piece of cheese is to be molded. If the cheese is rather dry, enough milk should be added to it to make it soft and pliable. Carefully wash, dry and pull apart a head of crisp bleached lettuce. Twist each leaf into a shallow cup, place one or two of the little cheeses in it, and moisten with French dressing. Serve very cold with dainty sandwiches made by putting together a slice each of brown and white bread, which have been spread with soft butter and finely chopped English walnuts. For the French dressing, take 1 saltspoon salt, ½ saltspoon pepper, 3 tablespoons salad oil (melted butter may be used if the oil is not liked), 1 tablespoon vinegar and a dash of cayenne pepper. Mix oil and vinegar very slowly, stirring carefully all the time.

HINTS FOR THE LAUNDRY.

Sometimes a lawn, muslin or organdie gown or waist has faded so that it is no longer pretty, though too good to discard. Try bleaching it white. Boil in a good pearline suds and hang in the hot sun to dry. A little chlorine water will operate to the same purpose. Or cream of tartar in the water in which the boiling is done will also bleach it. Percale waists, aprons, etc., may be made white in the same way. Rinse thoroughly.

Rub grass stains with molasses, and they will wash out with no further trouble. Or pour alcohol through them.

Oxalis—common sour or sheep sorrel—will remove iron rust if a lemon or oxalic acid is not to be had. Rub the spots with the leaves. This takes out the rust. Then take out the green stains by washing in alcohol, and finally wash in soap suds.

Blood stains on silk can be removed by soaking in a fairly strong solution of borax.

Soaking in sweet milk (and patience) will take out the stains of coffee, tea and cocoa in table linen. Rub, soak and squeeze till the stain disappaers.

Fruit stains may be taken out by pouring boiling water through them, or by dipping in boiling milk. If water is used, it must be actually boiling; if not quite at the boiling point it sets the stain.

Mildew can be removed from white linen and cotton with a weak solution of chloride of lime. The fabric must be well rinsed to remove the lime or it will rot it.

Diluted ammonia will remove mildew from woolen goods.

To renew silk, pour a pint of boiling water on a tablespoonful of alcohol and let it stand till just warm then sponge the silk with it.

SANITARY CELLARS.

Too much cannot be said on the necessity of keeping the cellar perfectly dry and in a wholesome condition. It is more important to have the cellar, kitchen and other rooms of utilitarian value, perfect in cleanliness and sanitation, than to have the parlors attractive and pretty. In most cellars there is more or less dampness, and it is unwise to clean the woodwork with water as it will become mouldy before it dries. The cellar walls after they are brushed down should be whitewashed, and all the woodwork rubbed with a dry cloth dipped in kerosene. Obstinate spots can be scoured until removed. The cellar windows should be wiped off first with a cloth and rubbed thoroughly with alcohol and a chamois skin. It is entirely unnecessary to use any water. The alcohol alone cleans and polishes the glass beautifully. Only a little is needed at a time—just enough to wet a small corner of the chamois skin. Windows in other parts of the house may also be cleaned in this way. Alcohol is better than ammonia, because ammonia makes the glass cloudy, and harder to polish. A gill and a half of alcohol will be enough for a small houseful of windows.

All portable pieces of woodwork in a musty cellar should be taken up about once a year and placed near the kitchen stove to dry out. Where there is danger of mould unslaked lime should be used freely. Place it in small boxes in out-of-the-way corners. Equal parts of powdered glass and cement (thoroughly mixed together) will permanently stop up all rat holes. All fruit stored in the cellar for any length of time should be carefully wiped off before it is eaten. As has often been stated, the almost invisible mould clinging to it can be a cause of diphtheria.

DID YOU EVER?

Did you ever try canning pie plant with cold water? If not, you'll find it worth your while. Just wash and peel the stalks, then cut into inch pieces and fill your cans with the fruit. Cover with cold water and make each can airtight. When you wish to use it next winter or spring, you have only to pour off the water and sweeten to taste.

Did you ever put horse-radish through the meat chopper, instead of grating it? It's fully as good and twice as easy. Cover with vinegar, and if you sprinkle a bit of sugar over it, when you take it upon your plate, you will find it much more palatable.

Those who are fond of caraway seed in cookies will find them equally good in gingerbread. Did you ever try it?

Did you ever cover pineapple with cold water, when preparing it for the table? It keeps it very tender. Pare the fruit, and cut it up in small pieces and place in the fruit dish, with water to cover it. When ready to serve, add the sugar. If you add the sugar at first it extracts the juice, but hardens the fruit.

THE HOME BANK.

The home with a steady income should have a family bank. From this all living expenses should be paid. Each member of the family should have his or her own pocketbook. The profits above living should be equally divided between man and wife, after each child has been given an allowance. Money borrowed from one another should be paid back with interest, as at bank.

Required Help to Move in Bed

Was a Great Sufferer and Almost in Despair—New Hope and Strength Came With the Use of

DR. CHASE'S NERVE FOOD

This great food cure is doing wonders for weak, worn-out and discouraged women.

Many medicines which are prescribed in such cases are merely stimulants which give temporary relid and arouse false hope.

Because Dr. Chase's Nerve Food actually forms new, rich blood and increases the vitality of the body, its benefits are thorough and lasting and its cures permanent.

Mrs. M. A. Clock, Meaford, Ont., writes:—"Three years ago I became very much run down in health and suffered from weak, tired feelings, indigestion and rheumatism. At times I was so badly used up that I required help to move in bed. While sick and downhearted I received Dr. Chase's Almanac and sent for some of Dr. Chase's Nerve Food.

"Under this treatment I soon began to improve, and by the time I had used eleven boxes of Dr. Chase's Nerve Food I was happy to find myself strong and well again. I often think of what a lot of money I spent for medicines which did me no good, and believe I owe my life to Dr. Chase's Nerve Food. I hope women who suffer as I did will benefit by my experience and use Dr. Chase's Nerve Food."

Dr. Chase's Nerve Food, 50 cents a box, at all dealers, or Edmanson, Bates & Company, Toronto. To protect you against imitations, the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

NERVOUS TROUBLES.

Promptly and Permanently Cured by Dr. Williams Pink Pills.

There is no torture more acute and intolerable than nervousness. A nervous person is in a state of constant irritation by day and sleeplessness by night. The sufferer starts at every noise, is shaky, depressed, and, although in a constantly exhausted state, is unable to sit or lie still. If you are nervous or worried or suffer from a combination of langour and irritation you need a nerve tonic, and Dr. Williams' Pink Pills are absolutely the best thing in the world for you. You can only get rid of nervousness through feeding your nerves with rich, red blood, and Dr. Williams' Pink Pills actually make new blood. There is no doubt about this—thousands can testify to the blood-making, nerve-restoring qualities of these pills. St. Vitus dance is one of the most severe forms of nervousness, and Mrs. H. Hevenor, of Gravenhurst, Ont., tells how these pills cured her little boy. She says: "At the age of eight my little boy was attacked with St. Vitus dance, from which he suffered in a severe form. His nerves twitched to such an extent that he was almost helpless and had to be constantly watched. He was under several doctors at different times, but they did not help him, so I decided to try Dr. Williams' Pink Pills, and these have completely cured him, and now not a sign of the trouble remains."

When you buy these pills always look at the box and see that the full name, Dr. Williams' Pink Pills for Pale People, is printed on the wrapper, and refuse to take anything else. You can get these pills from all medicine dealers or they will be sent by mail at 50 cents a box or six boxes for $2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

HOW LANDSEER WORKED.

An Incident in the Life of the Great Painter.

The man who can accomplish work at a dash is probably the one who has spent patient years in preparation for it. An enthusiastic English sportsman, Mr. Wells, of Redleaf, Penshurst, had engaged Landseer to paint the portrait of his favorite dog. But the artist was one of those who put off their duties as long as possible, and one day Wells, who had been growing more and more impatient, showed his feeling by some sharp expression.

"I know I have behaved shamefully," said Landseer, "but I will come down next Thursday and stay till Monday, and the picture shall be done before I leave."

On Thursday he arrived, just in time to dress for dinner, and his first remark was, "Oh, your man tells me you are going to drag the great pond to-morrow! Hurrah! I am just in time. That is a subject I have often meant to plant, and I shall get any number of sketches done."

This was an unpleasing announcement; but the host bore it. Landseer did a capital day's work for himself, and the next morning, when he came down to breakfast, he said: "Mr. Wells, I hear you are going to shoot to-day. I've been looking forward to that for a year or two." So it went on until Sunday morning and then Wells, who was very particular about seeing his guests at the early service, said to Landseer:

"I suppose you are going to church?"

"I don't feel like going," said Landseer. "I think you must excuse me."

"Oh," said Wells, in a blaze, "do just as you think best! You know well enough that this is liberty hall—for you, at all events."

"Thank you," said Landseer. "And I am going to ask you to let me keep Charles Mathews with me, to amuse me."

Wells vouchsafed no answer, and away the people went, leaving these two to their own devices. The minute the house was clear they hurried to another room, which Landseer had specially arranged for the purpose. The head gamekeeper was there, holding the dog, and Mathews assisted when there was need, at the same time amusing Landseer. When the party returned from church the picture was painted, finished, and framed on the wall. Written on the trunk of a tree in the background were the words:

"Painted at Redleaf in two hours and a half."

ALLIGATORS IN HARNESS

CURIOUS USES FOR ROOSTERS, BEARS AND MONKEYS.

In Peru Monkeys Gather Nuts—Dogs Draw Carriages in Belgium.

Mr. Lee, who lives near the St. John River, Florida, has to go six miles down the river to post a letter and perform other necessary errands, and the journey impressed him with two facts—namely, that it was hard work to pull a boat against stream, and that the river teemed with alligators that had nothing to do. After a little further observation, he learnt that these alligators swim well and easily against the tide. Then he remembered that somebody of his acquaintance once had a tame alligator.

He got two baby alligators and kept them in a good-sized pond, teaching them to swim with a piece of timber attached by a line fastened round the shoulders. As they grew, he made the floating burden heavier, and finally fixed reins to their teeth and taught them to answer the pull. His neighbors laughed, but he persisted and at length tried them in the river with his heavy boat behind them.

There is more intelligence in the alligator than in some horses, and these amphibians did the journey of six miles and back in good style. They were kept hungry and fed with a good meal as soon as they returned from a trip, so that they quickly learnt to go to their destination and back, without stopping on the way to have larks with the other members of their species who have not enjoyed the benefits of civilization. Mr. Lee is delighted with the success of his experiment, and now has

SIX ALLIGATORS IN USE.

Draught animals and beasts of burden are almost exclusively confined to those which tread the earth, but the above-mentioned is one exception, and a native of Thuringia furnishes another. In the latter case a gull, the descendant of a bird from the coast, has been trained to fly steadily along with a collar and a trace, or line, by which holds a cord attached to the collar round the neck, and uses this primitive guide-rope in order to keep the bird under control.

Dogs or goats drawing baby carriages are among the ordinary sights of great cities, but a Cochin China fowl doing duty in like capacity also comes within the scope of novelty. Mr. Plomesen, of the State of Iowa, has a lot of splendid Cochin roosters and one of them is a giant of its kind, and the majestic manner in which it strutted about induced its owner to try an experiment.

He made a light harness, consisting of a collar to go round the breast—or the lower part of the neck, whichever we may please to call it—from which run the traces, and another smaller collar that goes round the bird's nose, with reins attached. The rooster was then yoked to a baby cart, and rapidly learnt to draw it steadily and obey the pull on the rein. Two of the owner's children usually ride in the vehicle—a baby and an elder girl who drives.

ONE OF THE OLDEST TEAMS

ever seen was that which recently met the eyes of Lord Curzon, the Viceroy of India, at a State meeting; this was composed of a pair of rhinoceroses, with gay harness and ridden by postillions, drawing a gorgeous conveyance in which an Indian nabon was comfortably seated. The brutes were as docile as elephants.

An Austrian farmer, not far from Vienna, has an elephant to drag his plough. He bought the animal from a bankrupt showman, and he declares that he finds it better than a horse; it does more work in a given time with the plough, and has been trained to pick up and carry faggots and pile them in a cart, which it afterwards pulls, between the shafts, to the shed in the farmyard, and then unloads the faggots, where they are ready for use as fuel.

Travellers in Belgium will not fail to notice the milk and fruit carts, with dogs yoked to them, which, indeed, form one of the characteristic features of the country. In the old coaching days it was uncommon for some eccentric individual to turn out with a light trap and four or six dogs harnessed thereto, and race the coach along the Great North Road for miles.

There was one man known as "Old Lal," who took a delight in this sport about a century ago, while a certain Dumsdell, more recently, did a similar thing with a four-in-hand of greyhounds. On one occasion, as it is recorded, this team did the journey to Brighton and back in a little more than twenty-four hours, including stoppages for refreshment and rest.

Probably the quaintest turn-out of that kind was the experiment of a man named Doller, of Vienna, who astonished and terrified the inhabitants of the Austrian capital by driving out in a carriage drawn by

A COUPLE OF BEARS,

and with another member of the Bruin family sitting on the box by his side.

Doller retired for a while from the public gaze at the request of the public, but he was not idle, and soon reappeared with a couple of wolves attached to his carriage. Once again vehicular and pedestrian traffic in the streets of Vienna was dislocated and the police had to step in; after this rebuff Doller retired for good.

In England, the only instance of a curious team is that of the Rothschild zebras, which Mr. Walter Rothschild has tamed and drives about his country seat. There are four of them. He is not the first to tame zebras or to employ them in the place of horses in England, for a pair of zebras were to be seen in the London streets more than fifty years ago.

A pair of quaggas, a similar animal, formed the sensation of the day in the vicinity of Hyde Park at a still earlier date, and were much admired as they drew an elegantly appointed carriage. The ostrich as a saddle horse may be seen in South Africa.

A gentleman once did the journey from Lismore to Fermoy in an oyster tub set on wheels and dragged by a pig, a hedgehog, two cats, and a badger.

A planter in Peru has about one hundred and fifty acres of nut trees, and when the time comes for plucking the nuts, the work is done entirely by apes, which he keeps.

The apes are separated into groups of four, and each quartette ascends a tree, after depositing a basket at the foot to drop the nuts into. Two or three foremen walk about the groves, playing lively tunes on some musical instrument, to encourage the workers, who are

VERY PARTIAL TO MUSIC.

They work for several hours at a stretch, then they have a rest, with food and more music.

A monkey as a look-out man on shipboard is a curious instance of the strange uses to which animals may be put. This occurred on a derelict vessel some months ago, when the Dutch ship, Geertruida Gerarda, was sighted about six hundred miles from Fremantle, West Australia.

The crew of the rescuing vessel saw a monkey up the yards on approaching the derelict, and their surprise may be imagined when they observed the intelligent creature waving his hairy arm to attract attention, and learnt that it was the moneky's cries that had reached them.

The three men left on the vessel—because they thought it safer than following the rest of the crew into the boats—told the rescuers that the action of the monkey was voluntary; it had seen one of the men go up and try to signal a passing ship, and had taken that duty upon itself during the remainder of the luckless voyage.—Pearson's Weekly.

FRETTING CHILDREN.

When a child frets and cries almost continously the root of the trouble in nine cases out of ten lies with the stomach or bowels. Fermentation and decomposition of the food means colic, bloating and diarrhoea—the latter is especially dangerous and often fatal during the hot weather months. Baby's Own Tablets are just what every mother needs to keep her little ones healthy. These Tablets gently regulate the bowels, cure constipation, prevent diarrhoea, cleanse and cool the stomach, and promote sound, natural sleep. The Tablets can be given with safety to a new born babe. Mrs. J. Mick, Echo Bay, Ont., says: "I think Baby's Own Tablets the best medicine in the world for the ailments of little ones. No mother should be without them." Sold by all druggists or sent by mail at 25 cents a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

COST OF A BICYCLE.

He was deep in a mathematical problem.

"No," he said at last, "it isn't settled yet."

"What isn't settled?" they asked.

"Whether it costs more to buy a bicycle one piece at a time or all together. You see, I bought my boy a bicycle, paying cash for the whole machine. Then he broke the pedals and I got some new ones. After that he punctured a tyre and a bought a new tyre. A bad fall twisted the handlebars and called for a further investment. And so it has gone on for a month or more, but I haven't had time to replace the frame or the hind wheel yet, and I don't know what they would cost, so I'm not quite sure which way a bicycle is the more expensive."

WORLD'S BIGGEST PORTS.

Antwerp, according to an official return recently published by the Department of Commerce and Labor at Washington, stands third on the list of the world's ports, with a total tonnage of 16,721,011 tons, entered and cleared. London is first, with a total tonnage of 17,564,108 tons, and New York the second port in the world, with a total tonnage of 17,398,058 tons. These figures refer to ocean-going traffic only.

Daisy—"Where my brother goes he's usually asked to call again." Dolly—"He must be very popular." Daisy—"No. He's a bill collector."

Piles To prove to you that Dr. Chase's Ointment is a certain and absolute cure for each and every form of itching, bleeding and protruding piles, the manufacturers have guaranteed it. See testimonials in the daily press and ask your neighbors what they think of it. You can use it and get your money back if not cured. 60c a box, at all dealers or Edmanson, Bates & Co., Toronto.

Dr. Chase's Ointment