SCOURGE OF THE AGE IS KIDNEY DISEASE

Terrible Increase in the Number of Deaths from This Ailment.

It is Common to All Classes and Conditions of People.

It Creeps Stealthily into the System and Develops Into Many Diseases.

Bright's Disease, Heart Disease, Diabetes, Dropsy and Rheumatism, are Among the Forms it Takes.

Dodd's Kidney Pills the One Remedy That Never Fails to Cure it, No Matter How or Where It is Found.

Of all the diseases the human body has to comabt in its struggle for health, the one that is steadily growing in strength and terrors is Kidney Disease. Quietly, stealthily as a serpent, it creeps on its victim till the latter is enveloped in its folds, and the greatest physicians the world has ever known stand helpless before it. As the last fold goes around the struggling victim and the doctor shakes his head and whispers "Bright's Disease," hope fades to nothing, and the sorrowing friends feel that death has marked their loved one for its own.

The alarming increase this terrible disease is making is evidenced by the columns of almost every newspaper. For not among the lowly of the earth alone does it look for its victims. Statesmen, judges, eminent lawyers, and honored divines are numbered among those who in recent months have gone down to their graves with the fell marks of this dread disease upon their bodies. In fact, so prevalent has the disease become that a celebrated New York specialist stated recently that not one person in a hundred was free from some taint of Kidney Disease.

WORKS IN SECRET.

It is the secrecy of Kidney Disease that makes it the more dreaded. You can fight an enemy in the open with some chance of success, but if he is lying in wait to take you at an unwary moment your chances of successfully fighting him are terribly diminished. So it is with Kidney Disease. Its first warnings are so faint as to be hardly noticeable, a slight pain in the back that is charged up to over exertion, a slight discoloration of the urine or a burning sensation while urinating that hardly attracts attention. That is all. But that means that Kidney Disease is at work gradually eating its way into your system. The pain in the back grows more severe, the urinary trouble more complicated, swellings under the eyes and of the limbs denote the coming of Dropsy, sharp shooting pains in the joints and muscles tell that Rheumatism has you in its grasp, or perhaps a day or two's illness leads to the calling of the doctor, and suddenly the terrible truth is forced upon you—Bright's Disease has you in its grasp.

WAY OF ESCAPE.

With this silent, relentless enemy slowly but surely eating its way into prominence and marking that prominence by a yearly increase in the length of its death list, the demand of the day, of the hour, is "Show us the way of escape." Nature never put mankind in a critical condition without providing a way of escape—providing mankind were wise enough to take the way provided. In this case the way of escape is a simple vegetable remedy. It has been before the people of Canada for thirteen years, and, like all the great relievers of nature, has been first received and first appreciated by the lowly in life, those known as common people of Canada.

Is it the common people of Canada who die of Bright's Disease? No, it is the bright and shining marks, those who are stationed above the heads of the masses. Ask the reason of this! Go to the people who are practically exempt from Kidney Disease in its worst form, and ask them. With almost a single voice they will reply: "We cure our Kidney ailments with Dodd's Kidney Pills, and they never get a chance to develop into that terrible disease that carries so many prominent men into the grave."

ON WITH HIS WORK.

And so it is; the man who does manual labor must heal his slightest aches or they hinder him in his work. When he has backache he cures it with Dodd's Kidney Pills, and goes on with his work; when he feels a twinge of Rheumatism he drives it out of his body with Dodd's Kidney Pills—and goes on with his work. Necessity has taught him that he must cure his Kidneys to get rid of his pains, for he must work to live. He has not been educated to that standpoint where a prescription to cure must be written by a specialist at a cost of dollars to every letter. He may not even know that there never was a disease that took in all classes of the community but what nature provided a cure within the means of all classes of the community. What he does know is more to the point than all this. He knows that Dodd's Kidney Pills will cure all aches which experience has taught him come from the Kidneys. He takes Dodd's Kidney Pills, and goes on with his work.

SOME EXCEPTIONS.

Of course, there are exceptions to every rule. Even among common people there are those who neglect the early warnings of Kidney Disease. It takes exceptions to prove the rule—but many of these exceptions prove more—they prove that no case of Kidney Disease is too far gone for Dodd's Kidney Pills to cure. Bright's Disease, Diabetes, Dropsy, Heart Disease—all the varied forms of Kidney Disease in its advanced stages—have been met by Dodd's Kidney Pills, and never once has Canada's great Kidney Remedy had to admit defeat. From the Atlantic to the Pacific, and from the Great Lakes to Hudson Bay, Dodd's Kidney Pills are used, and wherever used they have triumphed over Kidney Disease in its every form. Thousands of Canadians are shouting their praises of the conqueror.

Just a few of those who have neglected the early symptoms, reached the more advanced stages of Kidney Diseases, and found a cure in Dodd's Kidney Pills are given below. There are thousands of others. Ask in your own immediate neighborhood. You will not have to go far to meet men, women and children who have either warded off or cured the terror of the present age by using the old Canadian stand-by—Dodd's Kidney Pills.

BRIGHT'S DISEASE CURED.

Bright's Disease has invariably yielded to a treatment of Dodd's Kidney Pills, no matter how firm a hold it had secured on its victim. Possibly the most talked of case of recent date is that of Alice Maud Parker, of Shubenacadie, Hants Co., N.S. The full story of this case will be found in the current number of Dodd's Magazine. Herewith a short statement from the young lady's mother is appended:

Two doctors pronounced my daughter's illness Bright's Disease, and gave her up to die. Her eyelids swelled till she could hardly see; her legs from her ankles to her knees swelled. Her belt in health was twenty inches, when she was at her worst it was 48 inches. Then she gave up all other treatment and started to take Dodd's Kidney Pills. By the time she had taken the first box I saw a change. It took a long time to bring her back to perfect health, but Dodd's Kidney Pills did it. To-day my daughter is in perfect health.

Mrs. T. G. Parker,
Shubenacadie, Hants Co., N. S.

DIABETES CURED.

Diabetes is another of the most fearful and fatal forms of Kidney Disease that has been cured by Dodd's Kidney Pills, and by no other medicine. Among those cured of this terrible ailment is Mr. Charles Gilchrist, for fifteen years Chief of Police of Port Hope afterwards for twenty-two years Fishery Overseer under the Dominion Government. He makes the following statement:

I was a sufferer for ten years with Diabetes and Kidney Disorder. At times my urine was of a dark bricky color, and I would suffer something awful, while passing. I tried doctors and medicines, but could get no help till I tried Dodd's Kidney Pills. They have made me a new man. The citizens of Port Hope all know me and can vouch for the above.

Chas. Gilchrist,
Ex-Chief Coast and Fishery Overseer,
Port Hope.

HEART DISEASE CURED.

Heart Disease is a result of Kidney Disorder. Bad Kidneys mean impure blood, the action of impure blood on the heart causes Heart Disease. Dodd's Kidney Pills cure it:

I suffered for years with Heart Disease, Bright's Disease, and Rheumatism. I was so feeble I was unable to do anything. There were three months I abandoned all medicines, and resolved to let myself die. Then I was led to try Dodd's Kidney Pills, and the good the first box did me surprised me. I have taken twenty boxes in all, am well of my Heart Disease, my Bright's Disease, and my Rheumatism.

Dame Louis Provosts,
St. Magloire, Que.

DROPSY CURED.

Dropsy, another disease caused by diseased Kidneys failing to do their work and remove the surplus water from the blood, is another ailment Here is an example:

I was a total wreck before I started to use Dodd's Kidney Pills. In the mornings before I got out of bed I could hardly put my feet to the floor they were so much swollen from Dropsy. My arms used to swell at times so that I could not put on my coat. I had to be tapped to be relieved from my terrible pains. On the advice of a friend I started to use Dodd's Kidney Pills. Before I had finished the second box I felt much better. Seven boxes cured me completely. I don't know what it is to be sick since I used Dodd's Kidney Pills.

George Robertson,
392 St. James St.,
Montreal, Que.

RHEUMATISM CURED.

Rheumatism and kindred Kidney Diseases, such as Lumbago, Sciatica, and Gout, are caused by uric acid in the blood. If the Kidneys are put in working order they strain all the uric acid out of the blood, and the Rheumatism goes with it. Take the case of W. G. Cragg, of Dresden, Ont. Here is his statement:

For eight years I was troubled with Inflammatory Rheumatism. I could scarcely get around to do my duties in my store. I had some of the best doctors I could get, but nothing I tried would ever give me relief. I was also troubled with Gout. I started using Dodd's Kidney Pills and had only taken six boxes when I was completely cured.

W. G. Cragg,
Ex-Reeve of Dresden, Ont.

ALL KIDNEY DISEASES CURED.

These are only a few cases taken from thousands to show the efficacy of Dodd's Kidney Pills in advanced stages of Kidney Disease. In other forms of Kidney trouble, such as Urinary troubles, Gravel, Female Weakness, etc., Dodd's Kidney Pills have the same record. They always cure. As for Pain in the Back—the first symptom of Kidney trouble—ask your neighbors. You'll find the majority of them look on Pain in the Back as a danger signal, and on its first appearance safeguard themselves against this terribly fatal Kidney Disease by driving it away with the old Canadian stand by—Dodd's Kidney Pills.

HIGH COLLARS: HEADACHE.

Moreover, They are Bad for One's Nerves, This Man Says.

"You may not know it, old fellow, but there is a very intimate connection between the high collar and the headache," said an observant man; "and I have proved my faith in the statement by refusing to wear collars of the high sort. It is a bad business, my boy. High collars choke up the veins and arteries and interfere to some extent with the circulation of the blood in the neck and head. Do not understand me to be knocking any particular brand of high collars. So far as the appearance of the high collar is concerned, I confess that I like it.

"In my own case it has been a great blessing in at least one way, for felows with long necks, you know, do not look so well when you harness them up in low collars. My neck is long, long as a crane's, and the high collar has kept me from leaving too much of it exposed. Why, I've got so much neck that when I first began to wear low collars I was almost ashamed to venture out into the street. I felt like I was but half dressed, and the feeling was not so far wrong at that, for the low collar does leave a good part of my anatomy open and above board, as it were. But this fact does not bother me now. I simply don't care at all. Exposed neck is a whole lot better than headaches, and you know, old chappy, I was speaking of headaches just now, That's what I wanted to tell you about. The high collar does something more than interfere with one's circulation. It scratches and irritates the skin, keeps one's chin at an unreasonable, uncomfortable and unnatural angle, and causes one to acquire a nervous frigidity sort of habit.

"When you meet your friend who is in the habit of wearing a high collar pay particular attention to the way he moves and holds his head. It isn't at all natural. It is all due to the high collar. Mark you, there are high collars, and high collars. Some of them approach rationalism in neck dress. Others are about as far from it as it is possible to get without engulfing the whole head. But, of course, every fellow to his own liking in these matters. I wear low collars because they are comfortable, and because I believe the high collar is a producer of headaches, and a bad thing for one's nerves generally.

REFORMING THE R.A.M.C.

The Advisory Board of the War Office, which has already instituted several important reforms in the army medical system, has taken a still more important step in regard to the comfort and treatment of sick and wounded soldiers. The R. A. M. corps are to be divided into four sections. The first and highest will be formed of men intellectually capable of becoming proficient in nursing duties. The other sections will be devoted to cooking, clerical and general duties. The men will be carefully taught the duties falling to each particular section, and greater efficiency will thus be secured in each.

Many men call their own carelessness and inactivity fate.

HOME.

THE HOME FURNACE.

It is a common experience with housewives, at this season, to find themselves with smarting eyes and choking breath. All this because of the smoke, dust, and sometimes gas that pours through the registers when the furnace fires are first lighted.

If the furnace is in good condition this annoyance will not arise, it being caused by some crack or faulty seam in the inner lining of the furnace. Dust and fine ashes escape through such cracks and fill the pipes that convey the heated air to the registers. The easy remedy for this annoyance is a clean cellar and a furnace in perfect condition.

A room in which there is no escape for the air will always be hard to heat. The more closely the door and window casements fit, the greater the difficulty, unless there is in the room some other outlet—a fire-pla e or transom over the door. The warm air from the register will not freely enter a room where there is no such opening to create a draught, and cold rooms may often be cured by applying the principle of not too rigidly barring all entrances for the cold.

It used to be that the careful housewife regarded filling the water pan as a duty imperatively necessary to the health of the household. The water pan is placed in the air chambers of the furnace, the evaporation of the water in it supplying to the air issuing from the register that moisture supposed to be

A HYGIENIC NECESSITY.

This theory has been largely discounted by modern authorities on matters of this kind. The warm, moist atmosphere prevailing in houses where the water pan is always filled tends to keep opened the pores of the skin, thus causing a tendency to cold, and being liable to produce the enervating effects inevitably found in hot, moist climates. Dry warmed air is more healthy, providing always that it is free from dust and is supplied to the furnace from the outside of the house—not owing to leaks or badly adjusted fittings supplied from the cellar

The economical management of furnace is an art in itself. An imperfectly heated house may to often prove an expensive luxury when the amount spent upon doctor's fees s placed against the money saved upon the coal bill. An extremely hot house is equally unhealthy, however; parsimony and extravagance in this respect may be bracketed together as things to be religously avoided during the winter.

The thrifty housewife has long appreciated that to secure the efficient results the firepot should be filled with coal which is kept burning under a moderate draught. A large surface moderately heated will warm a greater quantity of air passing over it than a small space, which, though it be red hot, can influence only an amount of air in proportion to its size. In addition to this,

A SMALL HOT FIRE

may prove a source of additional expense by cracking the firepot or other breakages of this description.

A cold hall on the first floor is very often the result of a misplaced register. The cold air, entering by means of doors or stair-cases blows over the iron place, counteracting the source of the warm current from the furnace below. A hall register should always be built under the staircase, where it will be protected from draughts coming from any direction. When it is impossible to change the opening to such a sheltered position the warming of the halls may be greatly helped out by placing a chair or a table before it to protect it as far as possible from the draughts from door and stairs.

European tourists have seen and probably wondered at the curious "gill stoves" used to supply heat for the English cathedrals. No simpler or more satisfactory device can be found to solve the problem of warming a large house for which the heating capacity of the average furnace is inadequote. The heated air which blows through the registers of our house is made by the contact of cold air passing over a hot furnace. The larger the surface, the more air it will heat and as the firepot and drums of the average furnace have a small furnace for the air to pass over its heating capacity is proportionately small. These English gill stoves, to meet this difficulty are made with deep curving folds one above the other thus multiplying the heated surface many times and admitting of a proportionate increase in the heat supplied. The principle of these stoves is somewhat modified for house furnaces the curves of the gill stove being replaced by deep crevices.

HINTS TO HOUSEKEEPERS.

When potatoes are scarce and high, rice can be used in bread-making more economically and with as good results. Boil two tablespoonfuls of rice in a quart of water until the grains are soft. Use this instead of the potatoes, water and all.

Rice is one of the most nutritious and most easily digested of foods, and ought to be freely used in every family, especially where there are children and old people.

The digestibility of beans in considerably increased by parboiling them with a little soda, in the proportion of a half teaspoonful of soda to a pond of beans and two quarts of water.

New tin utensils should be rubbed over with lard and then thoroughly heated. This, it is declared, will prevent their ever becoming rusty.

To remove the odor of fish from dishes in which it has been cooked boil a bit of soda as large as a walnut in the water in the pan. If this fails, rub the inside of the dish with the freshly cut quarter of a lemon.

DR. A. W. CHASE'S CATARRH CURE ... 25c.

is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. Blower free. All dealers, or Dr. A. W. Chase Medicine Co., Toronto and Buffalo.

DOMESTIC RECIPES.

Delicious Baked Apples.—Choose fair, medium-sized apples: wipe them and set them in a deep baking dish Put a cup of sugar with a cup of water and turn over them. Bake for a long time—two or three hours—in a moderate oven, dipping the syrup over the apples occasionally. They are luscious, rich and juicy.

Spiced Gingerbread.—One cup each of molasses and brown sugar, half cup of shortening (lard or lard and butter mixed), three and a half cups of bread-flour, or four of pastry flour, three eggs, cup sour milk, teaspoonful salt, half teaspoonful soda, one rounded tablespoonful each of cinnamon and ginger, or even teaspoonful of nutmeg and one of cloves and allspice mixed. Put the molasses, sugar and shortening together and bring to a boil; mix the salt with the flour and turn over it the hot ingredients. Beat well and add the milk. Beat the eggs, whites and yolks together, add them and beat well, then put in the soda, dissolved in a little cold water, with the spices. Bake in a moderate oven. Try this; it is good.

Which is Your Weakest Point

In Regard to Health? —Where Do You Tire Most Easily? What Organ Gives Out First?

Most people are not constructed like the deacon's one-horse shay, which was equally strong at every point, and showed no sign of weakness until it all went to pieces.

It may be weak action of the heart lungs or stomach, pain and weakness of the back, failure of memory, eyesight or hearing—some weak point of which you at times feel conscious.

Dr. Chase's Nerve Food is most valuable, because of its strengthening and building-up influence.

The two mediums of the blood and nerves are the only ones by which the body of man can be influenced in health or disease.

It is by forming new blood and creating new nerve force that this great food cure sends new strength and vigor to every organ of the body. It searches out the weak spots and makes them strong.

By noting your increase in weight while using it, you can prove that new, firm flesh and tissue are being formed.

Mrs. Chas. Keeling, sr., Owen Sound., Ont., writes:—"It is a pleasure to tell what benefit I have derived from Dr. Chase's Nerve Food. I am about fifty-five years old and for about five years my life was one of great suffering from nervousness, weakness and extreme physical exhaustion. I could not sleep and hot flushes would pass through my body from feet to head. I consulted my family physician and two other doctors, but they told me that about my time of life I was likely to be troubled that way. I continually grew worse and despaired of ever being cured. Dr. Chase's Nerve Food came to my notice and as we have Dr. Chase's Receipt Book I have confidence in the Doctor. I was so surprised at the help I received from the first box that I bought three more. They built me right up and made me feel healthy and young again. They have proved a great blessing to me and I hope this testimonial will be of help to some weak nervous women suffering as I did."

Dr. Chase's Nerve Food, 50 cents a box, six boxes for $2.50, at all dealers, or Edmanson, Bates & Co., Toronto. To protect you against imitations the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.