INCURABLE DRUG HABITS.

INTERVIEW WITH DR. FORBES WINSLOW.

Results of Inquiries as to the Progress of the Habit in England.

Public attention has recently been drawn to the drug habit by cases in the courts. Some time ago a man and woman were placed in the dock together. Their condition of nervous distress was pitiable, and they implored the magistrate to allow them to have morphia. Their sufferings were so acute that the request was eventually agreed to, and the immediate result was marvellous. Their misery and dejection disappeared, and, for a time at least, they seemed perfectly restored. More recently a man charged with dishonest dealing told the magistrate that he was a victim to cocaine, and while under the influence of the drug did not know what happened. Inquiries show that the vice is much more common that is generally imagined. Naturally, it is intended to be a secret sin, but the victim of the habit quickly becomes mentally and physically demoralized to an extent which renders the services of the doctor imperative.

On this subject Dr. Forbes Winslow speaks with the authority of one who has made a close study of the disease for many years. To a reporter of the London Daily News he entered into the matter at some length, and during the interview quoted from a number of works which he has written on the subject. "In my opinion," he said, "one of the chief causes of degeneration in the human race is indulgence in opium or the drug habit. In China there are upward of three millions of opium eaters, and the number is gradually increasing. In one year the value of opium which was sent into England

WAS OVER £400,000.

One curious thing in reference to the drug is that it takes hold of the individual absolutely; it degenerates him, and makes him quite unfit for the ordinary duties of life. The first symptoms are feelings of content and slight excitement, followed by laughter of an involuntary nature. At the first stage the smoker has feelings of delight, while the temperature is increased. Circumstances which happened long ago present themselves in all their originality, and the future appears bright. As the habit increases this feeling of exaltation is followed by depression. At first the complexion, and particularly the eyes, present a brilliant appearance, but afterward the face becomes intensely pale, and generally insensibility supervenes."

"Do these conditions apply also to those who are addicted to cocaine?"

"Yes, entirely. When I was in New York, some time ago, I spent a good deal of time in the Chinese quarter, and it was a most ordinary thing to see European women there, who had become fascinated by the habit, hanging out of the windows. They had become its victims to such an extent that they were incapable of leaving the quarter. Many of them were ladies.

"Does the drug habit assume serious proportions here in England?"

"Yes, it is a very common thing, chiefly among ladies. Usually it is taken in the beginning to allay pain. Without doubt a large amount of laudanum is consumed by the upper classes in conjunction with alcohol. It is a hard and fast rule that a dipsomaniac is also addicted to the morphia habit, but not vice versa.

"You mean that a dipsomaniac who is deprived of drink would try to get drugs, but that a victim of the drug habit does not care about alcohol?"

"Exactly."

"Is the habit increasing in this country?"

"Very much. As long ago as 1872 no less than 356,211 pounds of opium were imported into England, and if the indulgence was measured by this standard the decline and fall of the social system might be confidently predicted."

"WHAT ABOUT THE EFFECTS?"

"Well, they are many. As I have already stated, in the early stages the drug produces beautiful feelings and visions. The feelings of the eater are not merely pleasurable; he experiences great delight and brilliant fancies which transcend all real and healthy impressions. Without doubt many painters have done fine work under the influence of opium.

"At first only a small quantity is taken, but as the fascination takes hold of the victim the size of the dose is increased, and among the most frequent effects are hallucinations of hearing. The idea of being in communication with Satan is most common in these cases. But eventually the victim becomes degraded in mind, physically demoralized and mentally diseased. In some asylums in America 33 per cent. of the patients were opium eaters. There is no doubt also that it stimulates to crime. Frequently it happens that the victims of drugs will steal things when there is no inducement to do so. In Singapore 80 per cent. of those confined in the House of Correction were opium smokers, and the offences of which they were guilty were nearly all against property."

"And the cure?"

"The usual method taken by doctors is to reduce the amount of the dose by a sliding scale. The victim deprived of the drug is often in a state of mania, and without relief would frequently lose his reason. It is a well-recognized fact by all the leading authorities that inasmuch as inebriety can be dealt with by suggestion, so the same applies to the drug habit. That is the only effective treatment of what is really an incurable disease."

"How do these people manage to get hold of the drugs?"

"They make all sorts of excuses. Of course, they have to get a doctor's order, but they reveal very great cunning and resourcefulness in securing their ends."

Sunlight Soap will not burn the nap off woolens nor the surface off linens.

SUNLIGHT SOAP REDUCES EXPENSE

Ask for the Octagon Bar. 29 t-f

GOOD NEWS FOR HIS OLD HOME.

VERNON BROMLEY CURED BY DODD'S KIDNEY PILLS.

For Years He Was Crippled by Rheumatism and Sciatica — Dodd's Kidney Pills Made Him a New Man.

Morristown, N.Y., Oct. 26.—(Special).—Vernon Bromley, now of this place, but formerly of Trenton, Ont., relates an experience that will prove of great interest to his old friends in Canada.

"I have been a great sufferer from Rheumatism and Sciatica for years," Mr. Bromley states. "The citizens of Trenton will remember what a cripple I was. I could neither work or lie down, the pain was so great.

"Reading of cures by Dodd's Kidney Pills, finally led me to try them and from the second box I began to feel relief. I continued to use them till I had taken twelve boxes, when I was completely cured.

"Dodd's Kidney Pills have made a new man of me."

Rheumatism and kindred diseases are caused by uric acid in the blood. If the Kidneys are sound they will take all the uric acid out of the blood. Dodd's Kidney Pills make sound Kidneys.

JUST TRY RUNNING.

Will Give Color to the Girl Who Practises it Daily.

To take a mile run daily, as a man in training would do it, is the best way in the world for a girl to get color into her cheeks and sparkle into her eyes.

"If girls would turn their attention to running, they would find it the most exhilarating pastime in the world, as well as one of the most healthful," says an authority on athletics. "Besides adding roses to the cheeks and inches to the lungs, running is the stout woman's best resource.

"Let her take a brisk run daily, beginning with a few yards, and getting up to a mile or thereabouts and she will not need to resort to a diet—that most melancholy and depressing method of reducing avoirdupois."

If a run cannot be taken daily out of doors, the running track found at every well equipped gymnasium should be utilized. A run out of doors, however, is the ideal practice, for fresh air is one of the important factors of the sport. It is fresh air that gives a girl bewitching color in her cheeks and purifies every drop of blood in her body.

After a little practice a girl can run half a mile without stopping. Then let her pause for a two-minute rest before doing the next half mile. Run briskly, but not at top speed.

Without question, one of the best exercises in the world for girls is running. It contributes for one thing that elasticity without which grace is impossible, and spurs every bodily function to its appropriate duty.

Other things being equal, the girl who knows how to run, and does run, will outclass in general attractiveness the girl who does not. She will carry herself more gracefully. Her pose will be easy; she will be better set up, and generally better able to take care of herself in society or out of it.

THE MISSION OF MONEY.

Effect of Improving People From the Inside and Outside.

Canon Barnett, warden of Toynbee Hall, one of the many Englishmen who have worked for the betterment of the people who live in the grimmest and most unlovely part of London, was once asked what he would do "if he were a millionaire"?

"I would not subscribe to give men that which, by energy or self-control, they could one day gain for themselves," he replied. "I would spend my money on objects which would create in them a desire for fulness of life—for the knowledge and energy which hitherto have been the portion of the few."

That is, Canon Barnett, with his million, would improve man from the inside by giving to every seeker after knowledge the best and most sympathetic teaching by which to develop his intellectual and artistic faculties. After that, with the new and higher sense of dignity that had been given him man would do the rest for himself.

To emphasize this point of improving people from the inside, the story of a Scotch nobleman may be told. He had a sense of the duties of a man in his position, and as soon as he came into his large estates set about providing better housing for his people, who were living in an abominable way, huddled together like animals in one-roomed cottages. He built a row of pretty, comfortable cottages. In a little time each family was living, as before in one room and letting the rest of the house. That is the effect of improving people from the outside.

Minard's Liniment Cures Colds, etc.

CURIOUS OLD ENGLISH LAW.

It is interesting to recall in connection with railway accidents that only a few years back any instrument which by accident was the immediate cause of human life became in English law "deodand"—that is, became forfeit to the Crown, to be devoted to pious purposes. This law applies to locomotives, but in course of time coroners' juries, instead of claiming the forfeit, inflicted a fine. So recently as the year 1838 a locomotive on the Liverpool and Manchester line, which, by exploding, caused the death of its engineer and fireman, was fined £20, while the following year another engine on the same line was fined £1,400.

SHIPS OF THE WORLD.

The shipping of the world is said to consist of 29,943 steamships and sailing vessels, representing a tonnage of 33,643,131. The 29,943 are made up of 17,761 steamers and 12,182 sailing vessels, with tonnages of 27,183,365 and 6,459,766 respectively. Great Britain owns 16,006,374 tons, the United States coming second with 3,611,953 tons. There are 326 British vessels of over 5,000 tons, 119 of over 7,000 tons, and forty-eight vessels of over 10,000 tons.

SYMBOLISM IN EGGS.

Among the curiosities recently acquired by the department of Egyptian and Assyrian antiquities in the British Museum is an ostrich egg pierced for suspension and covered with traces of a painted design, probably of a predynastic period. According to the experts of the department, this egg is certainly nearly six thousand years old, as the design was made not later than B. C. 4000. The egg of the ostrich is said to have possessed some religious significance even in the predynastic period.

$100 Reward, $100

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address,
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Hall's Family Pills are the best.

"How are you getting on with your music?" "Well, of course, it wouldn't be proper for me to compliment myself, but some of the neighbors have told me that they have stayed awake at night for hours listening to my playing."

Minard's Liniment Cures Diphtheria.

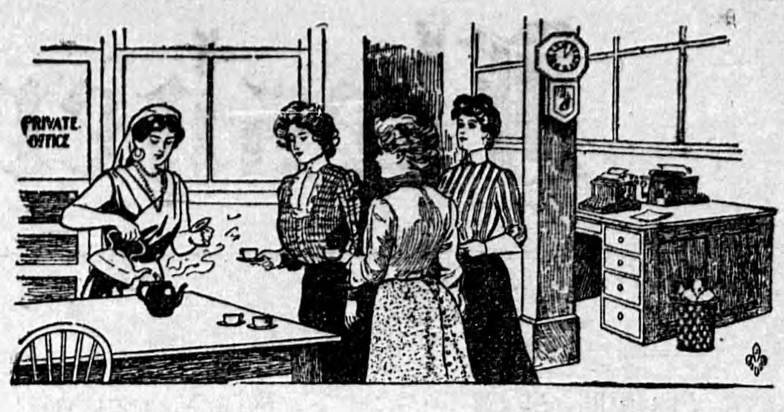
"I can't get up early," said a wealthy gentleman to his doctor. "Oh, yes, you can," was the reply, "if you will only follow my advice. What is your usual hour of rising?" "Nine o'clock." "Well, get up half-an-hour later every day, and in the course of a month you will find yourself up at four in the morning."

Minard's Liniment Cures Distemper.

He—"It's only a week since I met you, Miss Mabel, yet I feel as if I'd known you for years, and years, and years." She—"Well, you needn't pile years on so thick. I'm only nineteen."

Catarrh for twenty years and cured in a few days.—Hon. George James, of Scranton, Pa., says: "I have been a martyr to Catarrh for twenty years, constant hawking, dropping in the throat and pain in the head, very offensive breath. I tried Dr. Agnew's Catarrhal Powder. The first application gave instant relief. After using a few bottles I was cured. 50 cents.—1

Sufferer—"Do you extract teeth without pain?" Dentist—"Not always. I sprained my wrist on one a couple of days ago, and it hurts yet."



There's nerve nourishment in Blue Ribbon Tea.

There's rest for tired brains and worn-out bodies. There's food for impoverished blood.

The most delicate and fragile leaves of the tea plant are in this tea—that's why it is so fragrant and aromatic.

Blue Ribbon Tea invigorates the faculties—makes the mind clear, gives new zest to living.

Blue Ribbon Ceylon Tea

411

Black, Mixed Ceylon Green 40c. should be Fifty Ask for the Red Label

t-1

MAYOR'S JUBILEE.

Moulins-sur-Orne has the distinction of having had one mayor for half a century in the person of M. Germain-Lacour. Moulins-sur-Orne is in the arrondissement of Argentan, and the people have just celebrated this unique event by holding a fete in honor of their mayor. Argentan has been represented in Parliament by the same Deputy for forty years.

"I assure you, madam," said he, "that I would not be begging my bread from door to door if I could but procure employment at my profession." "Poor man," replied the good woman, as she handed out a pie, "what is your profession?" "I am an air-ship pilot, madam."

Two Years Abed.—"For eight years I suffered as no one ever did with rheumatism; for two years I lay in bed; could not so much as feed myself. A friend recommended South American Rheumatic Cure. After three doses I could sit up. To-day I am as strong as ever I was."—Mrs. John Cook, 287 Clinton street, Toronto.—2

If there is anything that worries a man who wears patent leather boots it is to have bootblacks trying to convince him that he wants a shine.

For Over Sixty Years

MRS. WINSLOW'S SOOTHING SYRUP has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, allays pain, cures wind colic, regulates the stomach and bowels, and is the best remedy for Diarrhœa. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "MRS. WINSLOW'S SOOTHING SYRUP." 23-74

RAILWAY PASSENGERS.

The total number of passengers carried on railways in the United Kingdom last year was 1,188,219,269. One in 9,211,002 passengers was killed and one in 466,700 injured. From causes other than accidents to trains 123 passengers were killed and 1,814 injured. In the twelve months 443 railway servants were killed and 3,713 injured.

"Thought it meant death sure."—Mrs. James McKim, of Dunnville Ont., says of her almost miraculous cure from heart disease by Dr. Agnew's Cure for the Heart: "Until I began taking this remedy I despaired of my life. I had heart failure and extreme prostration. One dose gave me quick relief and one bottle cured me. The sufferings of years were dispelled like magic."—3

Wife (sleepily)—"What is the matter with baby?" Husband (on the walk)—"I think he is suffering from an attack of yeller fever."

C. C. RICHARDS & CO.

Dear Sirs,—I have great faith in MINARD'S LINIMENT, as last year I cured a horse of Ring-bone, with five bottles.

It blistered the horse, but in a month there was no ring-bone and no lameness.

DANIEL MURCHISON.
Four Falls, N.B.

7-79

Fond Mother—"Are you not somewhat astonished at my daughter's singing?" Professor—"I certainly am. But then she is young yet."

Lever's Y-Z (Wise Head) Disinfectant Soap Powder is a boon to any home. It disinfects and cleans at the same time.

"If one horse can run a mile in 1 min. 50sec. and another in 2 min, how far would the first horse be ahead in a match race of two miles?" A scholar returned the question with this attached:—"I will have nothing to do with horse-racing."

Minard's Liniment Cures Garget in Cows.

Patient—"I wish to consult you with regard to my utter loss of memory." Doctor—"Ah—yes—why—er—in cases of this class I always require my fee in advance."

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RAW FURS AND CENSING wanted. Send for price list. 38-61

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Guaranteed for one year

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FOR SALE.

WINTOM AUTOMOBILE TOURING Car, new springs all round, machinery not worn in the slightest, tires new this spring, spring cushions, duplicate parts. For sale at great sacrifice. Cost $2,500. Box 7, Truth Office, Toronto.

FOR SALE, CHEAP FOR CASH.

1 Buffalo pressure blower, No. 4—9 in. outlet.
2 Globe valves—4 in. flanged.
1 Globe valve—6 in. flanged.
1 Earl steam blower—10 in. inlet.
4 Ten branch cast iron headers for 1 in. pipe.
2 Iron pulleys—30x12.
2 Iron pulleys—32x12.
1 iron pulley—22x6.
2 Iron pulleys—18x6.
Also an assortment of iron cone pulleys.

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