RACED EIGHT THOUSAND MILES.

Two Sailing Vessels From London to Sydney and San Francisco.

One of the most exciting and closest ocean races ever engaged in was that between the British ships Arctic Stream and Cromdale, now in San Francisco. They left the starting point within five minutes of each other and, after battling against contrary winds for over 8,000 miles, there was only a difference of two hours between them at the finish.

Although a much smaller vessel the Arctic Stream held her own throughout, and on a tonnage allowance would have won hands down. Capt. Bowen is well satisfied with the showing made by his vessel and is of the opinion that if the race was run over it would be his vessel that would be two hours ahead at the end of the voyage.

The Cromdale and Arctic Stream left London on August 1 last. Down the channel the vessels scudded along under lower topsails and reefed foresail. As they disappeared from view there was not a hundred yards between them, and the tugboat captains remarked to each other that it was going to be a close race. Both vessels were bound for Sydney, N.S.W., and Capt. Andrew and Capt. Bowen sighted each other three times during the race. After getting clear of the channel they ran across each other again when fourteen days out. Then they lost sight of each other for a month and a half, and then on the third occasion when they were both making their easting from Tristan d'Acunha.

During the entire run of 8,403 miles the vessels were nearly all the time under two or three topsails and reefed foresail, yet, nevertheless, the average was 240 miles a day. The Cromdale and Arctic Stream both came to San Francisco from Sydney, N.S.W., the former with 3,111 tons of coal and the latter with 2,312 tons. On this occasion the Cromdale won easily, as she made the run in seventy-four days, while the Arctic Stream took eighty days to cover the distance. This was not a test of the sailing qualities of the two ships, however, as light and baffling winds prevailed nearly all the way from Australia to San Francisco. They are not likely to meet again for some time, as the Arctic Stream is going back to Sydney, N.S.W., with a load of wheat and the Cromdale remains in San Francisco.

THINK OF THESE THINGS.

It is good luck to pick up a pin only when you see one on getting out of bed.

Pick up all the pins one sees in the course of a day, else one will be cheated or lose a bit of money before nightfall.

It's good luck when the crackling sparks from a wood fire spring toward you.

When the palm of your hand itches rub it with the rough edge of a piece of money and you will soon receive money to rub that piece.

If you dream three times in succession of birds you will fall heir to a fortune within a year.

Something agreeable will occur in 12 hours if you happen, unconsciously, to put any garment on inside out. To reverse the garment changes the luck.

If you open a book upside down don't attempt to read anything in it or you will presently overhear something disagreeable of yourself.

Blue-eyed people are more lucky than dark-eyed ones.

Tell your secrets only to grey-eyed friends.

MAUD'S PRESENCE OF MIND.

Minnie—Did you hear of Maud Edith's wonderful presence of mind?

Mamie—Dear me, no. What was the occasion?

Why, when her wheel began to run away down hill she pulled back on the handle bars and screamed "whoa" as loud as she could.

Purified Blood

Saved an operation in the following case. Hood's Sarsaparilla cures when all others fail. It makes pure blood.

"A year ago my father, William Thompson, was taken suddenly ill with inflammation of the bladder. He suffered a great deal and was very low for some time. At last the doctor said he would not get well unless an operation was performed. At this time we read about Hood's Sarsaparilla and decided to try it. Before he used half a bottle his appetite had come back to him, whereas before he could eat but little. When he had taken three bottles of the medicine he was as well as ever." FRANCIS J. THOMPSON, Peninsula Lake, Ontario. Remember

Hood's Sarsaparilla

Is the Only

True Blood Purifier

Prominently in the public eye today.

Hood's Pills cure all liver ills, biliousness, headache. 25c.

Scott's Emulsion

of Cod-liver Oil, with Hypophosphites

acts as a brake to declining life. The downward course ceases and the climb upwards begins. At the top awaits a new lease of life.

Prompt action brings prompt results.

50c. and $1.00 at all druggists

A DOUBLE RESCUE

Two Young Ladies Brought Back to Health and Strength.

One Was Threatened With Consumption Following an Attack of Pneumonia—The Other Was in an Advanced Stage of Anaemia—Dr. Williams' Pink Pills Restore Health After Other Medicines Fail.

From the Truro, N.S., News.

Among the residents of Truro there are none better known or more highly esteemed than Mr. and Mrs. Jas. Turner. Mr. Turner is an elder in the Presbyterian church, and a man whose word is as good as his bond. In his family reside two young ladies, Miss Christie, an adopted daughter, and Miss Jessie Hall, a sister of Mrs. Turner. Both young ladies are known to have had trying illnesses, and were said to have been restored to health by a popular medicine, the name of which is a household word from the Atlantic to the Pacific. Judging that their story would be of popular interest, a reporter called upon them and asked for such information as they might choose to make public. Both young ladies were averse to publicity, but when it was pointed out that their experience might be helpful to some other sufferer gave a statement for publication. Miss Christie, whose case is perhaps the most remarkable, is given precedence. She said: "I am now 19 years of age and have never been very strong. On the 26th of July last I was attacked with pneumonia, brought on by a severe cold. I was confined to bed for almost eight weeks, when I was able to get up once more. During these weeks I was under treatment by our physician, and still continued taking his medicine. I did not appear to recover my strength however, and on the 14th of Nov. was again forced to take to my bed, this time suffering from great weakness and nervous prostration. The doctors medicine now seemed to do me no good, and I grew gradually worse. I became so low that it seemed hardly possible that I could live long. The doctor said that I was in consumption and that medicine was of no more use to me. At this time an article was published in the paper concerning the cure of a young lady in Toronto by the use of Dr. Williams' Pink Pills, and Mr. Turner at once brought some. After I had used about six boxes I began to get gradually better, my strength began to return, my appetite improved, and I had sound refreshing sleep at night. I have now used fifteen boxes of Pink Pills and have no hesitation in saying that they have effected a wonderful cure in my case.

In the case of Miss Hall the Pink Pills have also accomplished marvels. She was attacked with dizziness, severe headaches and fainting spells, followed later by swelling of the feet and limbs, together with other symptoms of anaemia. After having been treated by a physician for some time without noticeable improvement she decided to give Dr. Williams' Pink Pills a trial. After using a few boxes of the pills there was a decided improvement in her condition, and with the continued use of the medicine full strength, health and activity returned, and Miss Hall is now feeling as well as ever she did in her life. Both Mr. and Mrs. Turner were present during the interview, and strongly endorsed what the young ladies said, and expressed their thanks for what Pink Pills had done for them.

The experience of years has proved that there is absolutely no disease due to a vitiated condition of the blood or shattered nerves, that Dr. Williams' Pink Pills will not promptly cure, and those who are suffering from such troubles will avoid much misery and save money by promptly resorting to this treatment. Get the genuine Pink Pills every time and do not be persuaded to take an imitation or some other remedy from a dealer, which for the sake of the extra profit to himself, he may say is "just as good." Dr. Williams' Pink Pills cure when other medicines fail.

THE KILLED AT ABBA CARIMA.

An estimate of the losses sustained by the Italian troops in the disastrous battle of Abba Carima, in Abyssinia, has been made. There took part in the engagement five Italian generals, of whom two were killed Da Bormida and Arimondi, one was taken prisoner, Abbertone, and two returned to headquarters, Baratieri and Ellena. Two of the seven colonels engaged were killed, one was captured and four "retreated." Fifteen out of twenty-four commanders of battalions were killed. The total number of Italians who went into action was 9,500, of whom only 3,000 have returned, many of them wounded, while only 400 are prisoners. On the battlefield 5,600 Italians were left dead or wounded. With the 4,400 native troops similarly accounted for, the total loss in killed of the white and black regiments engaged in the battle reaches 10,000 men.

WEST SHORE THROUGH SLEEPING CAR TO NEW YORK.

One of the handsomest sleeping cars that had ever been turned out of the factory is now running from Toronto to New York without change via the popular West shore route. It is a buffet car, and refreshments can be obtained en route, if desired. This car leaves Union Station, Toronto, every day except Sunday, at 4.55 p. m., reaching New York next morning at 10.10 a. m. On Sundays the sleeper runs from Hamilton only, connecting with the through train from Toronto. Call at any Grand Trunk office in Toronto for information or space in sleeping car. Reservations can be made in advance if desired.

AN EXTRAORDINARY CASE OF INDIGESTION

SUFFERS SO SEVERE PAINS THAT HE COULD NOT MOVE AT TIMES.

A CURE COMES THROUGH SOUTH AMERICAN NERVINE.

Unequivocal Testimony of John Snell, of Wingham, Ont.

This is a case of confidence. Mr. Snell had been severely afflicted with kidney disease, and was cured of this trouble by South American Kidney Cure. He liked the name, and when indigestion took hold of the system in some of its worst forms he was naturally drawn to South American Nervine as a cure for the disease. He tried the medicine, and, though he had suffered intensely, it required only two bottles to entirely cure him. It is not possible in cold type to describe the terrible hold that this trouble had taken on Mr. Snell's system, for as a matter of fact the pains in the upper part of the stomach were at times so severe that the whole system became paralyzed. But there is an explanation for the surprising cures that Nervine effects. Its great discoverer got at the root of disease when he proved that healthfulness depends on the condition of the nerves centres. From these flow the life blood that create health. Nervine does not act the part of pain killer in the sense of temporarily removing disease at one part by, perhaps, aggravating some other part, but it strikes at the nerve centres, and gives life and health to them, and then, like a stream purified at the source, the whole system soon becomes purified.

A word spoken in season, at the right moment, is the mother of ages.—Carlyle.

Recipe—For Making a Delicious Health Drink at Small Cost.

Adams' Root Beer Extract	one bottle
Fleischmann's Yeast	half a cake
Sugar	two pounds
Lukewarm Water	two gallons

Dissolve the sugar and yeast in the water, add the extract, and bottle; place in a warm place for twenty-four hours until it ferments, then place on ice, when it will open sparkling and delicious.

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to make two and five gallons.

The useful and the beautiful are never separated.—Periander.

$100 Reward $100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address,

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

W.P.C. 814.

THAT.... BEAUTIFUL WHITENESS

WHICH YOU SO MUCH DESIRE TO SEE AFTER THE CLOTHES HAVE BEEN WASHED, CAN BEST BE SECURED BY USING ....

SUNLIGHT

SOAP

It is also well to remember that clothes washed with this Soap are saved from any injury; so are the hands. This Soap cannot hurt anything. It is pure. Try it.

Books for Wrappers. For every 12 "Sunlight" wrappers sent to Lever Bros., Ltd., Toronto, a useful paper-bound book will be sent, or a cloth-bound for 50 wrappers.

BEST--Your name in Agents' Directory and 10c. book 6 cts. J. B. Johnson, Box 14, Ca s River, N.S. **YET**

No. 1

Every Woman

Should Enjoy Life.

How Many do?

Many are miserable, weak and sickly, and suffer untold miseries through ailments peculiar to their sex.

IT IS WRONG. The cause of most all these ills is easily reached, and effectively removed by the great woman's medicines,

MILES' (Can.) VEGETABLE COMPOUND and Miles' Sanative Wash.

Prices 75c and 25c. They impart vitality and energy, and make the life of the "Mother Sex" worth living. For sale by all Druggists.

Explanatory pamphlet, "Woman's Triumph," sent free on application.

"A. M. C." MEDICINE CO., 378 St. Paul St., Montreal.

Ryckman's Kootenay Cure.

Positive Cure for Rheumatism and Paralysis.

$500.

Five Hundred Dollars will be given to the charitable institution first named by the mayor of any city in Canada if any ingredient is found in the medicine KOOTENAY that is injurious to the system. Read what it does:

1. Besides curing chronic rheumatism and blood diseases it has a wonderful effect upon liver and malaria if taken in time, and we challenge the production of a case of long standing sore, or hemorrhage of the kidneys Kootenay will not cure.

2. It is a splendid tonic and makes you eat and sleep. It cures indigestion.

3. It is a microbe killer and when used for the effects following the use of morphia preparations removes every trace of the poison from the system, as also mercurial deposits and the results of nicotine from the cigarette habit.

4. Mr. Chas. McCracken, 184 Adelaide Street West, former night clerk at the Palmer House, Toronto, says that he was greatly troubled with eruptions on his face, in fact his skin was literally covered with pimples and blotches, which was attributed to cigarette smoking. Ordinary medicine did no good. One bottle of Kootenay left his skin entirely free from every trace of them. Write the S. S. Ryckman Medicine Co., Hamilton, for pamphlet of startling cures.

G. DUTHIE & SONS

SLATE, SHEET-METAL, TILE & GRAVEL ROOFERS

Sheet Metal Ceilings, Terra Cotta Tile, Red Black and Green Roofing Slate, Metal Cornices, Felt, Tar, Roofing Pitch, Etc. Gutters Downpipes, &c., supplied the trade.

Telephone 1936. Adelaide & Widmer Sts TORONTO

CONBOY'S IMPROVED CARRIAGE TOPS Received the highest award at the World's Fair, Chicago. All the leading Carriage Builders sell them. Conboy Patent Roller Top combines all the latest improvements, and has to be seen to be appreciated, as it has merits and advantages exclusively its own. It has every good point you can think of. Order your new Buggy with a ROLLER TOP.

Stylish, DURABLE, COMFORTABLE FOOTWEAR, SOLD BY LEADING DEALERS. ASK FOR THEM.

ONE MINUTE HEADACHE CURE 10¢

WHALEY-ROYCE PIANOS

GUARANTEED FOR 7 YEARS — SEND FOR CATALOGUE

MUSICIANS PRONOUNCE THEM UNEQUALLED IN TONE, TOUCH, DURABILITY, WORKMANSHIP AND BEAUTY OF DESIGN.

WAREROOMS. 158 YONGE STREET, TORONTO · CANADA ·

THE "MONEY-MAKER" KNITTING MACHINE

ONLY $10 — ASK YOUR SEWING MACHINE AGENT FOR IT, OR SEND A 3 CENT STAMP FOR PARTICULARS, PRICE LIST, SAMPLES, COTTON YARN, &c.

THIS IS GOOD FOR $2.00 SEND TO CREELMAN BROS, Mfrs GEORGETOWN, ONT.

Iron Fencing

Office & Communion Railing, and all kinds of IRON AND WIRE WORK.

TORONTO FENCE AND ORNAMENTAL WORKS TORONTO, CAN.

HAVE YOU TASTED

"SALADA"

CEYLON TEA.

IT IS DELICIOUS. Sold Only in Lead Packets.

Rough on Rain.

This new preparation when applied to ordinary clothing will make it PERFECTLY RAINPROOF, and will not alter the feel or appearance of the goods. Invaluable to cyclists, sportsmen, farmers and others. A fortune for tailors and FIRST-CLASS AGENTS. Prepared for R. W. HANNAH, Toronto.

FOR TWENTY-SIX YEARS.

DUNN'S BAKING POWDER

THE COOK'S BEST FRIEND

LARGEST SALE IN CANADA.

A Pleasant Sense

Of Health, Strength and Comfort, follow the free use of

St. Leon Mineral Water

One of the best known medicines for dyspepsia.

St. Leon Mineral Water Co. Limited

Head office, King St. West TORONTO.

EBY'S ELECTRIC SALVE

Cures Salt Rheum, Old Sores, Sore Eyes, Piles, Boils, Sore Nipples, Burns, Scalds, etc.

THE

Wall Paper King

OF CANADA.

IF YOU THINK OF PAPERING a Residence, Church, Office, Lodge Room, Public Hall, Hotel or Store,

WRITE A POSTAL TO

C. B. Scantlebury,

Box 740, Belleville, Ont.

Mention the Rooms you think of papering, about the price you want to pay, and where you saw this "ad."

You will get by return mail large sample books of choice Wall Paper at the lowest prices known to the Canadian trade, and our booklet "How to Paper."

We pay express charges on all orders and guarantee satisfaction or your money back.

References, Can. and Dom. Express Cos.

The Best Bicycle is None too Good For You.

RIDE A STEARNS

WHERE'ER ONE TURNS HE FINDS A STEARNS.

AMERICAN RATTAN CO. TORONTO, ONT. CANADIAN SELLING AGENTS.

WHAT IS SAPOLIO?

It is a solid handsome cake of scouring soap which has no equal for all cleaning purposes except in the laundry. To use it is to value it...

What will SAPOLIO do? Why it will clean paint, make oil-cloths bright, and give the floors, tables and shelves a new appearance. It will take the grease off the dishes and off the pots and pans. You can scour the knives and forks with it, and make the tin things shine brightly. The wash-basin, the bath-tub, even the greasy kitchen sink will be as clean as a new pin if you use SAPOLIO. One cake will prove all we say. Be a clever housekeeper and try it.

BEWARE OF IMITATIONS. THERE IS BUT ONE SAPOLIO.

ENOCH MORGAN'S SONS CO., NEW YORK.