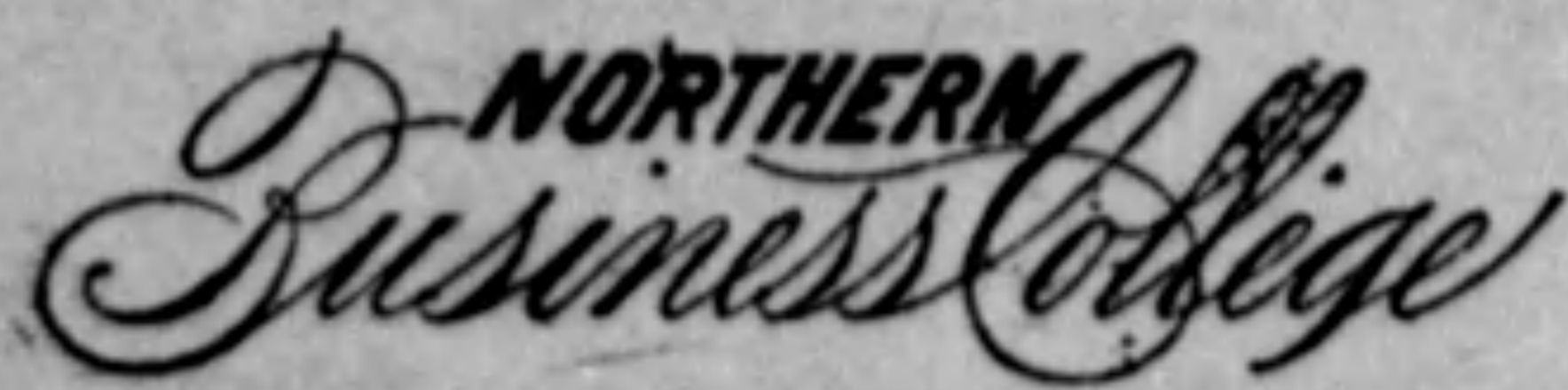


Time Table.

GOING SOUTH.	
Markdale—6.40 a. m.	4.40 p. m.
Flesherton—6.53 a. m.	4.53 p. m.
GOING NORTH.	
Flesherton—11.48 a. m.	9.17 p. m.
Markdale—12.04 p. m.	9.30 p. m.



NORTHERN Business College
 OWEN SOUND, ONTARIO,
The Very Best
 PLACE IN CANADA TO GET A
Thorough Business Education.
Take a Round Trip and view all other Business Colleges and Commercial Departments in Canada, then visit the Northern Business College; examine everything thoroughly. If we fail to produce the most thorough, complete, practical and extensive course of study; the best college premises and the best and most complete and most suitable furniture and appliances, we will give you a full course FREE. For Annual Announcement, giving full particulars, free, address
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Principal.

Eugenia Mills
 —AND—
Carriage Works.

Carriages made and Repaired, also Planing and Matching, Band Sawing, Wood Turning of every description. Planing and Grain Chopping done while you wait, for the Beaver turns the wheel.
T. W. WILSON Manager



Result of a Neglected Cold. DISEASED LUNGS

Which Doctors Failed to Help,
CURED BY TAKING
AYER'S Cherry Pectoral.

"I contracted a severe cold, which settled on my lungs, and I did what is often done in such cases, neglected it, thinking it would go away as it came; but I found, after a little while, that the slightest exertion pained me. I then

Consulted a Doctor

who found, on examining my lungs, that the upper part of the left one was badly affected. He gave me some medicine which I took as directed, but it did not seem to do any good. Fortunately, I happened to read in Ayer's Almanac, of the effect that Ayer's Cherry Pectoral had on others, and I determined to give it a trial. After taking a few doses my trouble was relieved, and before I had finished the bottle I was cured."—A. LEFLAR, watchmaker, Orangeville, Ont.

Ayer's Cherry Pectoral
 Highest Awards at World's Fair.
 Ayer's Pills Cure Indigestion.

50,000 lbs. WOOL WANTED
 —AT THE—
Flesherton Woollen Mills

For which the highest possible price will be paid in cash or trade in all kinds of woollen or union goods such as tweeds, flannels, full cloth, blankets and all kinds of yarns, etc.

CUSTOM WORK
 Will be promptly attended to in all its branches. Spinning, roll carding, weaving, fulling, dyeing, etc., etc.

GIVE US A CALL.
John Nuhn, Prop.

DOT'S CORNER.

Sick-Nursing.

I suppose there is nothing which falls so universally to the lot of woman as sick nursing. Married or single, old or young, unless a confined invalid, sooner or later she will have it to do. And is there any thing for which she is so illy prepared? If all education should be shaped upon lines of the most usefulness to the one educated, it would seem that a course in sick nursing would be of all things the most desirable for all women. A woman who had once been wealthy but has since "come down in the world" took up the course for professional nursing and has since declared that though she had millions of money and had many daughters, every one of them should take that two years' course to prepare them for the vicissitudes of life. But pending that happy day when all women will be so equipped, a few hints to those who cannot afford that delightful luxury—a trained nurse—from one who has often been sick herself and who has not entirely escaped having to nurse, may be acceptable.

In the first place it is commonly asserted, and I believe it to be true, that good nursing is of more importance than good doctoring. What doctors have to complain of most in their practice is the very indifferent way in which their instructions are carried out during their absence from the sickroom, and I might just hint that on the other hand the public have reason to complain that doctors do not give explicit enough details nor are they emphatic enough in delivering their orders. For instance: In a home where there has been little or no experience of sickness he finds a man laboring under high nervous strain and fever; he orders that the patient must be kept very quiet. Now his conception of keeping quiet and that of the poor inexperienced wife are two very different things. She thinks that if she prevents the sick one rising and dressing, and always speaks in a whisper when she comes in the room, she has kept him quiet. Whereas the doctor means that that bare floor should be covered, that the creaking door hinge should be oiled, that the noisy children should be packed off to the neighbor's, that the nurse's feet should be clad in cat's paw slippers and that silence should reign and not even a change of nurse allowed, for to one who is very weak even that is an excitement. Now for the hints: In the first place, for pity sake don't be afraid of fresh air and sunshine. That "darkened sick room" nonsense is played out. A good current of air should be allowed to sweep through the room every morning, and if it is too strong for the patient cover him up well until the air has been thoroughly changed, when a lesser draught may be sufficient and he may emerge from his extra coverings. The sun has a life-giving power which should not be ignored and is a splendid microbe killer. That most people are not half sensitive enough on the score of foul air, is painfully apparent. Fewer drugs and more pure air would give better results.

Pure air being assured, good nursing consists in first doing with scrupulous exactness what the physician orders, and next those hundred and one little services which no doctor will think of ordering. To the restless, feverish sufferer, frequent gentle laving of hands, face and feet, and even of the whole body, is a relief and not only helps to pass the time and direct him from his misery, but it is a very good means of allaying thirst where cold drinks may not be given with safety. The gentle stroking of the head and quiet leisurely combing of the hair conduces to slumber, as does also the gentle drip, drip of cold water over the hands for half an hour or more at a time. These means of wooing slumber are not only more natural, but often more effectual than narcotics. Remember, a disorderly room gives a feeling of unrest to a sensitive sick one, and so militates against recovery; and as for soiled water, soiled clothes, etc., nothing of the kind should be allowed to remain in the sickroom, but freshness, flowers and prettiness should prevail. Do not come around asking in a helpless sort of way, "What will he have to eat?" and "Won't he eat a little something?" etc. Like as not he will ask for oysters in July and feel aggrieved that he cannot have them. Now rack your own brain, not that of the poor weak one. Think up some delicacy, prepare it carefully, serve it on your finest china and daintiest linen and in a small quantity, not bringing to the disgusted sick enough to feed a coal heaver. And if the appetite is capricious always make your little

dishes as surprises, unless he should voluntarily specify what he desires for food. In short, whatever tends to the comfort and cheerful spirits of the sick makes for recovery. **DOT.**

W. O'Dwyer of the 22th con., Minto, had 17 sheep so worried that they had to be killed, while four of his neighbors lost eleven between them. One dog was shot. The farmers are up in arms.

A Boon to Horsemen.—One bottle of English Spavin Lament completely removed a curb from my horse. I take pleasure in recommending the remedy, as it acts with mysterious promptness in the removal from horses of hard, soft or caloused lumps, blood spavin, splints, curbs, sweeny, stifles and sprains.

GEORGE ROBB, Farmer, Markham, Ont.
 Sold by W. E. Richardson, Druggist
 Thomas Hanna, lot 15, con. 6, West Garafraxa, assisted by his two sons, was getting a little sand out of a pit on his own farm on Wednesday to finish a new house that is being built, when the pit caved in, covering him to a depth of about two feet. When taken out in about five minutes' time he was dead, and it was afterwards found that the weight of the sand had broken his ribs and driven them into his heart.

Catarrh Relieved in 10 to 60 Minutes.—One short puff of the breath through the blower, supplied with each bottle of Dr. Agnew's Catarrhal Powder, diffuses this powder over the surface of the nasal passages. Painless and delightful to use, it relieves instantly, and permanently cures Catarrh, Hay Fever, Colds, Headache, Sore Throat, Tonsillitis and Deafness. 60 cents. At W. E. Richardson's.

According to a Liverpool comic paper, a young man was arrested in that city charged with kissing a lady against her will on the public highway. The prisoner pleaded that she was in bloomers, and he mistook her for his long-lost brother. The magistrate discharged him, and it is said that local tradesmen can now scarcely supply the feminine demand for bicycles and bloomers.

Heart Disease Relieved in 30 Minutes.—Dr. Agnew's wr Cure of the Heart gives perfect relief in all cases of Gorgonic or Sympathetic Heart Disease in 30 minutes, and speedily effects a cure. It is a peerless remedy for Palpitation, Shortness of Breath, Smothering Spells, Pain in Left Side and all symptoms of a Diseased Heart. One dose convinces. Sold by W. E. Richardson.

FLESHERTON ROLLER MILLS

Are now complet and are running regular.

CHOPPING done every afternoon as usual.
P. LOUCKS.

A BIG RUN
 —ON—
Ladies' Fine Boots and Slippers

—ALSO—
Men's Plow Boots
 FOR FALL WEAR

Selling away down in price for a time. If you want bargains in these lines now is the time to secure them. This is a genuine sale at low prices.

Repairing Promptly Done as Usual
Jos. Smith - Flesherton

PHOTOS! PHOTOS!

If you want photos taken go to the **FLESHERTON PHOTOGRAPH GALLERY,**

where nothing but first-class work is turned out, and prices lower than charged for city work. Careful attention given to copying other pictures. Babies' photos a speciality.

Picture Framing
 in all its branches promptly and neatly done.
Mrs. Dalmer - Sydenham St.



D. McTAVISH, FLESHERTON

HORSESHOER AND GENERAL BLACKSMITH, KEEPS ON HAND
 Repairs for Massey Harris, and Noxon, Fleury and Wilkinson
 Farm Implements.

Plows:—Fleury and Verity—on hand all the time, also all kinds of repairs for the same. We manufacture Wagons, Buggies, Cutters, Sleighs, etc. Horseshoeing promptly attended to. Special attention to tender or cracked feet. Logging and Plow Chains constantly on hand.

A Soft Thing



When you are driving is always enjoyable. Our buggies are easy and pleasant to ride in, neatly finished, strong and durable. Call and examine our stock. Carts and democats on easy terms. Painting, trimming and finishing done to order. I claim to sell as durable and good a vehicle as there is on the market.

R. T. WHITTEN.

"I TELL ALL MY FRIENDS."

A Lady of Shelburne, Ont., Permanently Cured of Indigestion After Using Two Bottles of South American Nervine
 —Glad to Let Everyone Know It.



MRS. A. V. GALBRAITH.

With indigestion it is not only that one suffers all imaginable torments, physical and mental, but more, perhaps, than anything else, an impaired digestion is the forerunner of countless ailments that in their course lead to the most serious consequences. Let the stomach get out of order and it may be said the whole system is diseased. When the digestive organs fail in their important functional duties, head and heart, mind and body are sick. These were the feelings of Mrs. Galbraith, wife of Mr. A. V. Galbraith, the well-known jeweller of Shelburne, Ont., before she had learned of the beneficial results to be gained by the use of South American Nervine Tonic. In so many words she said: "Life was becoming unbearable. I was so cranky I was really ashamed of myself. Nothing that I ate would agree with me; now it does not matter what I eat. I take enjoyment out of all my meals." Here are Mrs. Galbraith's words of testimony to South American Nervine, given over her own signature:

common to this complaint. South American Nervine was recommended to me as a safe and effective remedy for all such cases. I used only two bottles, and am pleased to testify that these fully cured me, and I have had no indication of a return of the trouble since. I never fail to recommend the Nervine to all my friends troubled with indigestion or nervousness.

"Mrs." A. V. GALBRAITH.

The testimony of this lady, given freely and voluntarily out of a full heart because of the benefits she experienced in her own person, have an echo in thousands of hearts all over the country. South American Nervine must cure, because it operates at once on the nerve centres. These nerve centres are the source from which emanates the life fluid that keeps all organs of the body in proper repair. Keep these nerve centres sound and disease is unknown. There is no trick in the business. Everything is very simple and common sense like. South American Nervine strengthens the digestive organs, tones up the liver, enriches the blood, is peculiarly efficacious in building up shattered and nervous constitutions. It never fails to give relief in one day.

Shelburne, Ont., March 27, 1894.
 "I was for considerable time a sufferer from indigestion, experiencing all the misery and annoyance so
For Sale by Wm. Richardson.