

**NORTHERN Business College**  
 Owen Sound, Ontario.  
**Is The Very Best**  
 PLACE IN CANADA TO GET A  
 Thorough Business Education.

**Take a Round Trip** and view all other Business Colleges and Commercial Departments in Canada, then visit the Northern Business College; examine everything thoroughly. If we fail to produce the most thorough, complete, practical and extensive course of study: the best college premises and the best and most complete and most suitable furniture and appliances, we will give you a full course FREE. For Annual Announcement, giving full particulars, free, address  
**C. A. FLEMING, Principal.**

**Eugenia Mills**  
 —AND—  
**Carriage Works.**  
 Carriages made and repaired, also Planing and Matching, Band Sawing, Wood Turning of every description. Planing and Grain Chopping done while you wait, for the Beaver turns the wheel.  
**T. W. WILSON Manager**



**A FAMILY GROUP**  
**THE FLESHERTON**

**PHOTOGRAPH GALLERY**

Is fully equipped with requisites for turning out a perfect class of work. All kinds of pictures taken and finished in a style equal to any city work, while the prices are lower.

**Picture Framing**  
 done in all its branches.

If you have shopping to do and pictures to get taken on the same day please attend to the latter first. Careful attention will be given to copying other pictures.

**Mrs. Bulmer.**

**TO THE PUBLIC.**  
 Having rented Whittens' blacksmith shop for a term of years, I am now in a position to serve all wants in my line.

**Horseshoeing a Specialty.**  
**SATISFACTION GUARANTEED.**  
 For anything in the blacksmithing line call on  
**F. A. BUNT,**  
 opposite Richardson's Hardware store.

**Business Cards.**

**MARRIAGE LICENSES.**  
 Issued day or night at the office or residence of the undersigned.  
**DIVISION COURT CLERK, COMMISSIONER**  
 in H.C.A. Conveyancer, &c. Notary Public.  
**JOHN W. ARMSTRONG, FLESHERTON.**

**McCULLOUGH & YOUNG,**  
 Bankers, Markdale. Do a general banking business. Money loaned at a reasonable rate. Call on us.

**M. R. HAMMOND.**  
 Post Master, Kimberley. Commissioner for taking Affidavits etc. Insures and loans money at lowest rates. Executes Leases, Deeds, Wills, etc. promptly, cheaply and efficiently.

**R. J. SPROULE,**  
 Postmaster, Flesherton, Commissioner in B. R. Lic used Auctioneer, Conveyancer, Appraiser and Money Lender, Real Estate and Insurance Agent. Deeds, Mortgages, Leases, and Wills drawn up and Valuations made on shortest notice. Auction Sales attended to in any part of the County. Money to loan at lowest rates of interest. Collections attended to with promptness and despatch. Charges low. Agent for the Dominion Steamship Company, cheap tickets from Flesherton to Liverpool, Glasgow, London or any of the British ports. Parties intending to visit England, Scotland or Ireland, will please ask rates before purchasing their tickets elsewhere.

**Music.**  
**MISS EDITH RICHARDSON.**  
 Pupil of Robt. Mahr, of Berlin, Germany, (violin); Mrs. Bradley, of Toronto Conservatory Music, (Voice culture); Prof. Morrison, late of Toronto, (Piano); will receive pupils in SINGING, VIOLIN, PIANO and ORGAN.

**Medical.**  
**DR. EUTTON.**  
 M. D. C. M., M. C. P. & S., Ont., Pricerville. Residence and office one door west of the Methodist Church, Kinross St. Office days, Tuesdays and Saturdays.

**DR. CABLER.**  
 M. C. P. & S., Ont. Physician, surgeon, etc., Flesherton office—Strains block. Residence—Munshaw's hotel.

**JOHN A. SCOTT, M. B.**  
 Member College Physic. & Surgeons, Ontario Graduate in Medicine of Toronto University, Fellowship Diploma, Post Graduate Medical School and Hospital, Chicago. Diseases of eye, ear, nose and throat specially treated. Residence Maxwell, visits Feverisham Thursdays 1-2.

**J. F. OTTEWELL,**  
 Veterinary Surgeon. Graduate of Ontario Veterinary College. Residence—Next door south of Moore's planing factory.

**J. F. HALSTEAD,**  
 M. D., M. C. & S., Ont., practices at Kimberley. Rheumatic diseases a speciality.

**Dentistry.**  
**J. P. MARSHALL,**  
 L. D. S., M. D. S., Dentist. Visits Markdale the 1st and 3rd Wednesday of each month. Flesherton—Each trip on the day following.

**Legal.**  
**J. W. FROST,**  
 Barrister, Solicitor, Conveyancer, Etc. Flesherton office—Next the post office Sproule's building, on Thursdays. Owen Sound office—Frost's building.

**LUCAS & WRIGHT,**  
 Barristers, Solicitors, Conveyancers, etc., Owen Sound, Ont. Markdale, Ont. W. H. WRIGHT. I. B. LUCAS. N. B.—Flesherton office, Mitchell's Bank, every Wednesday.

**SOCIETIES.**

**A. O. U. W.**—meets every first and third Monday in each month, in their lodge room (Christie's Block, Flesherton, at 8 p.m. Geo. Johnston, M. W.; W. J. Bellamy, financial; W. Irwin Recorder. Visiting brethren invited.

**ROYAL TEMPLARS OF TEMPERANCE.**  
 Regular Council meets every first and third Tuesday evening in each month, in Sproule's block at 8 p. m. Select degree (insurance) meets monthly, the Wednesday preceding the 22nd of each month.

**SONS OF TEMPERANCE.**—This society meets in Dr. Christie's Hall every Wednesday evening at 8 p.m. Visiting brethren invited. Insurance in connection.

**Y. M. F. B. A.**, meet in their hall, Christie's Block every first and third Thursday in each month. Wm. Sharp, Master. T. Clayton, Secretary.

**PRINCE ARTHUR LODGE, No. 333, A. F. & A. M.**, meet in the Masonic Hall, Strain's Block, Flesherton, every Friday on or before the full moon. A. S. Vandusen, W. M., R. J. Sproule, Secretary.

**USE THE CELEBRATED B. Laurance SPECTACLES and EYEGLASSES**  
**F. G. Karstedt,**  
 Sole Agent.



The happy period of the school children, the long summer holiday, is over. Today the bell rings that calls them back to work, and we see them, the embryo men and women, with their dinner baskets on their arms, plodding up the hill that leads to our picturesque seat of learning. They are going back to their little world of toil with much the same feelings, doubtless, that the man of the world brings when he returns to his office from his outing in Muskoka or his tramp through the Highlands. It is well that they should learn thus early that there must be something in life besides pleasure. Far from feeling hard towards mother Eve for having brought upon us the necessity of toil, I believe this same necessity to be the greatest boon that has fallen upon mankind. But it seems to me that we commence in the school to unduly exalt the work of the head over that of the hand. If anyone doubts this let him note the percentage of young men and women who are regardless in many cases of fitness, choosing as their occupation in life head-work instead of hand-work. Yet why should it be more honorable to draw up a deed than to make a gate, or to administer chloroform than to sow a field with grain? In school a child sits through six hours a day, thus forming a habit of physical inactivity which in after life he finds it next to impossible to overcome.

A bright woman said to me the other day, "For many years after I left school I was lazy. I fought against it, grieved over it, I sought the cause, but all in vain until one day it occurred to me that I had sat six hours a day from my eighth until my nineteenth birthday. Eleven years of sitting." She said pathetically, "Is it any wonder I grew lazy?" I ask, is it natural for a young healthy child to be inactive? Does not the little chick early learn to seek its food? The little pig burrows and grunts about with its mother through the long summer day. We do not find any parallel in nature for the physical inactivity that is thrust upon children. We recognize that it is difficult thus to keep children quiet when we lay such stress upon the teacher's ability "to keep order." This same stress on quiet, order and physical inactivity in the school room has developed many a bright young child into a nervous wreck with, a highly trained brain at the expense of an overwrought, puny, sickly body. When will we learn that the body must keep pace in development with the brain if we are to have symmetrical manhood and womanhood? Mabel Genness, in her admirable work on physical culture, says "A stream cannot rise higher than its fountain, neither can the mental and moral faculties rise higher than the source from which they derive their strength."

We must exonerate the teacher largely from blame in these matters. She must carry out school law, and many a teacher as she looks at the listless face, hollow chest, rounded back, and puny legs of the ones before her, realizes that something is radically wrong with our school system. If she is courageous she will raise her voice in protest, and then proceed to lengthen the recess to the utmost limit; to personally supervise the games in the yard, eliminating gradually the meaningless ones and substituting these with purpose and aim; she will take a few minutes each half day for teaching the children to breathe healthfully, and walk and stand properly. More than this she cannot do, for the present educational tree needs pruning until it will be hardly recognizable.

Talking a few days ago to a thinking Toronto man, I said, "Well what is your latest thought?" Without a moment's hesitation he replied, "I shall run for school trustee next year and try to extend the Kindergarten through the entire public school system." He had struck a thought that had been working in my own mind a long time. We want more training of the mechanical and inventive genius in our children. We want them to love to work with their hands and to respect the man or woman who

makes their tools as truly as the one who makes their laws or mixes their drugs; to realize that there is no good reason why the one should not be as much a thinking being as the other. We would have every child escape the great disgrace and self loathing of being a parasite or a drone in this beautiful earth hive in which each of us should delight to be living and doing.

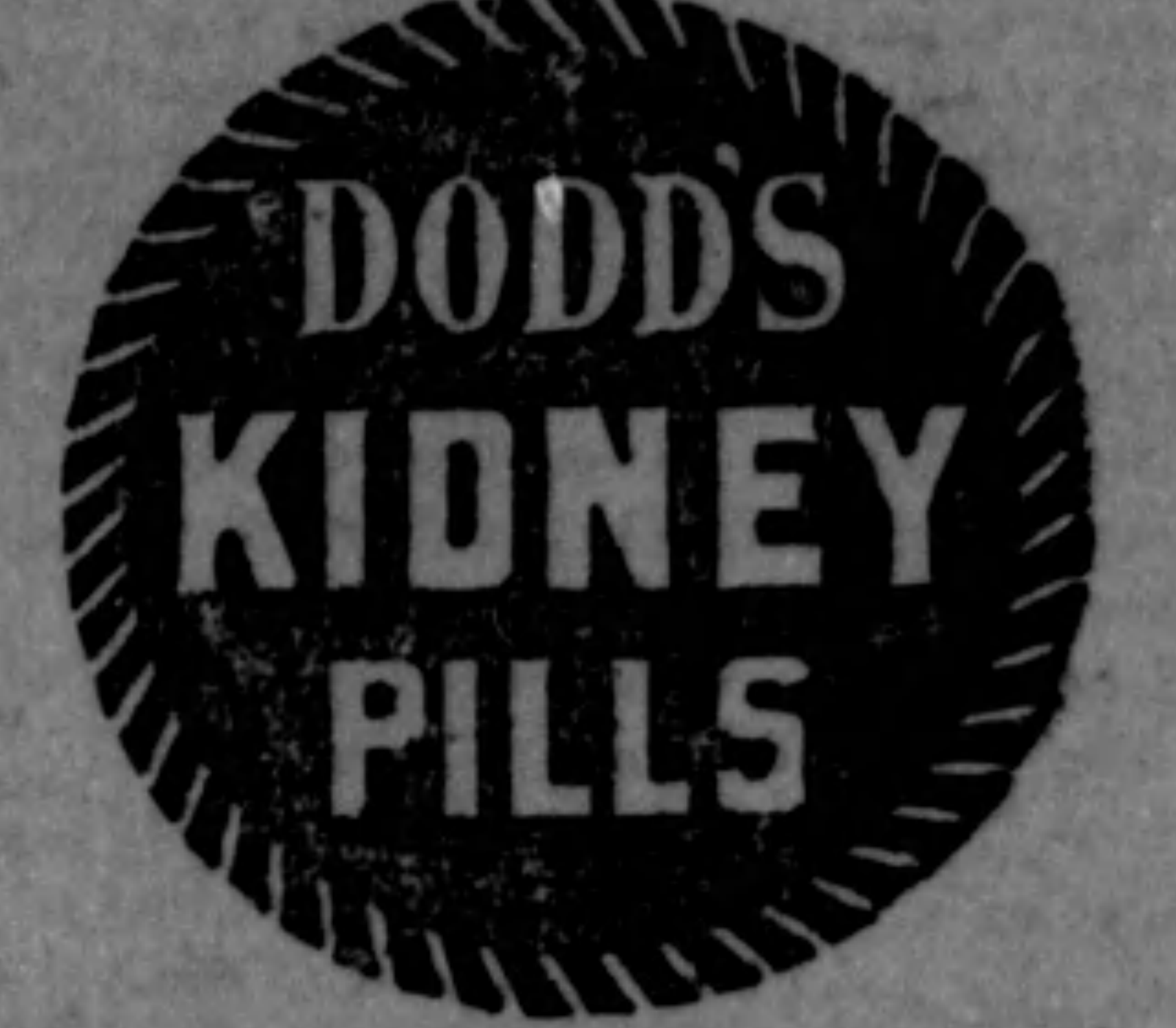
**Rheumatism Cured in a Day—**South American Rheumatism Cure, for Rheumatism and Neuralgia, radically cures in 1 to 3 days. Its action upon the system is remarkable and mysterious. It removes at once the cause and the disease immediately disappears. The first dose greatly benefits. 75 cents. Sold by W. E. Richardson, Druggist.

A. D. Gaudaur, brother of J. G. Gaudaur, the oarsman, died in Creemore Sunday night, after two or three days' illness.

**Heart Disease Relieved in 30 Minutes—**Dr. Agnew's Cure for the Heart gives perfect relief in all cases of Gorgonic or Sympathetic Heart Disease in 30 minutes, and speedily effects a cure. It is a peerless remedy for Palpitation, Shortness of Breath, Smothering Spells, Pain in Left Side and all symptoms of a Diseased Heart. One dose convinces. Sold by W. E. Richardson.

Joseph Steffler, aged sixteen, living near Teeswater, accidentally shot himself in the leg Monday. The limb was badly shattered, but there is little danger of a fatal result.

**DON'T DESPAIR**



**WILL CURE YOU**

We guarantee Dodd's Kidney Pills to cure any case of Bright's Disease, Diabetes, Lumbago, Dropsy, Rheumatism, Heart Disease, Female Troubles, Impure Blood—or money refunded. Sold by all dealers in medicine, or by mail on receipt of 1 rice, 50c. per box, or Six boxes \$2.50.  
**DR. L. A. SMITH & CO., Toronto.**

**DIAMOND DINNER PILLS**  
 CURE  
**CONSTIPATION, BILIOUSNESS, DYSPEPSIA, SICK HEADACHE, REGULATE THE LIVER.**  
 ONE PILL AFTER EATING INSURES GOOD DIGESTION.  
 PRICE 25 CTS. THE DODD'S MED. CO. TORONTO.

**Goes to Europe for Treatment**

**Suffering For Years from Insomnia and Nervous Debility—Prostrated, Exhausted—No Vitality—No Rest Until "Nature's Sweet Restorer."** South American Nervine Tonic, Built up the Nervous Organism, and Gave Back to the Worn and Exhausted Nerve-Centres their Wonted Vigor.



**ADOLPHE LABODIE, B.C.L., J.P., OF THE WELL-KNOWN LEGAL FIRM OF LABODIE & LABODIE, MONTREAL.**

For four generations the remarkable family of LaBodie have been prominently identified with the legal and professional life of Montreal. A long line of active, intellectual men, whose ambition to rise to prominence meant a constant drain upon the nerve forces and a tremendous demand for brain power. Mr Adolphe LaBodie, B.C.L., J.P., etc., has for seventeen years been actively engaged in the legal profession, living, as the duties of intellectual men of this fast age demand, beyond the reserve limit of natural nerve force, requiring more of the nerve centres at the base of the brain than they can possibly fulfil, which always results in nervous prostration, dyspepsia, hot flashes, insomnia, constipation, and attendant evils.

Mr. LaBodie spared neither time nor money to obtain relief, went to Europe for special treatment, all to no purpose. His attention being directed to South American Nervine Tonic, he concluded to try it. Result—immediate relief from insomnia, and a perfect and permanent cure from all other disorders, with but five bottles of the Nervine.

Mr. Adolphe LaBodie, under date of April 27th, writes from Montreal:—"I was suffering from insomnia and nervous debility; prostration and exhaustion, rather than rest, followed a night's experience. I took five bottles of South American Nervine, and am wholly recovered, and now enjoy restful nights. I have tried many remedies, have been treated in Europe, and can say with truthful emphasis that the South American nervine has cured me."

There is reason in all things: business reasons in business, truthful reasons in truth. Mr. LaBodie's statement herewith is the truthful reason why, if South American Nervine Tonic cured him, it will cure you. It is the nerve builder for brain workers. Brain and stomach cannot both work at the same time with beautiful and happy issues. One must suffer. Intense intellectual activity produces indigestion because the brain is consuming all the nerve power. South American Nervine Tonic holds nature to a happy poise, and life and its duties swing to fruitful success.

For Sale by Wm. Richardson.