



RENFREW SOUTH DISTRICT WOMEN'S INSTITUTE NEWSLETTER

SIXTH ISSUE - NOVEMBER 2004

Women's Wellness October 10, 2004

(Joanne McDonald, Karen Pender, Betty Comba & Lyle Larone)

It was a privilege to work on this committee with women so committed to bring information to others to better their health. Although it was difficult to know how many attended, it was thought to be between 250-300 women and a few men. The door prize was beautifully put together by **Karen Pender** using gifts from W.I. and the Health Unit. It was won by **Patsy Stewart** of Burnstown. The workshops were all well attended and much appreciated. We are grateful to the presenters for their donated time as well as the many displays present. We are looking forward to another one in 2006.

Congratulations.....

....to **Allison Kubiseski** from Balsam Hill W.I. who was awarded two (2) scholarships to help with furthering her education at Teacher's College.

Helen McKercher Award

FWIO 90th Anniversary Award.



WI Fall Courses

Thank You to **Sheila Gibbons** for a very successful day on October 30th 2004. The workshops were very interesting and the day most enjoyable. Looking forward to the next one. Sheila is always looking for new workshop ideas so please do not hesitate to drop her a line with your suggestions.

A Big Thank You....

...to **Jo-Anne Camelon** for arranging the Volunteer Award Ceremony in Petawawa. Renfrew South District is the only W.I. to recognize their volunteers. Congratulations to the 50 years recipients - 3 - all from RSDWI!!! The entertainment, food and bus ride made a fun evening.

Area Convention Highlights

1. Looking for quilts - 2006
2. 7 disbanded Institutes in the past year
3. Poetry books almost gone - there were 10,000 published
4. Our volunteer hours represented \$6,000,000
5. Attendance at Rose sessions low.
6. Older members - don't want to be leaders
7. New members means new interests and more dollars
8. Ask prospective members often to come to meetings and you will have new members
9. Offer to pick them up /have interesting meetings/look at flexible times
10. FEES WILL NOT RISE IN 2005
11. Area Voting Delegate (replacing PAC) is Ann MacDougall
12. New Area Treasurer is Peggy McLeod (Cobden)
13. Scholarship awarded to **Andrew Clelland** (son of Lynn and Ian) Balsam Hill W.I.
14. Bernice Noblett Awards:
Cross Stitch: 1st Allison Kubiseski (Balsam Hill), 2nd Ina Mills (Lorne Sutherland)
Tale My Parents Told Me: 1st Lorna Stewart,
2nd Gayle Reid (Balsam Hill), 3rd Ruby Proudfoot
Covered Kleenex Box: No Entries

Entertainment for the day included ways to accessorize with jackets, scarves, jewelry and fancy purses. This was followed by a fashion show of a different kind - ask your delegate how to make a 'pill-box' hat or a 'Sear-sucker' skirt!

The 2005 Area Convention will be held in Renfrew area. **Mae Craig** will be looking for ideas for another successful day so please do not hesitate to contact her.

The Federated Women's Institutes of Ontario Presents

FIGHTING FOR HOME AND COUNTRY (WOMEN'S WAR STORIES)

FWIO members have provided their perspective of WWII.

A candid view packed with emotional excerpts and highlighted pictures in a must read book of 2004.

Available - November 17th.

Just in time for Christmas.

The book retails for \$21.95 + shipping & GST.

