

Miss Bain is associated with the Kenora Keewatin Area Health Unit in Kenora. Miss Bain spoke on Maternal Care. The most important point in pregnancy is to have very competent medical ~~judgment~~ ^{supervision} - See your Dr. early in ~~not~~ only mothers having their first baby is this important but each following pregnancy. It is important to have good health habits. The most essential food is milk. A question & answer period followed Miss Bain's talk. She was ~~at~~ thanked by Mrs. G. Driam. The travelling prize which brought in \$2.50 was won by Mrs. J. Robinson. The next meeting is to be held at the home of Mrs. C. Olson on Nov. 11/59 at 7.30 p. m. Each member is to bring the history of their present home. After a social period with lunch served by the hostess the meeting closed with "The Queen".

Miss L. Danielson
Vice-President

(Mrs. J.) Fanny Robinson
Sec-Treas.

Nov. 18/59.

The regular monthly meeting of the Bellad-Lachar W.S. was held on Nov. 18/59 at the home of Mrs. V. Clancy. The vice-pres. Miss L. Danielson called the meeting to order with the Ode and the Mary Stewart collect. The roll call "Just a Joke" was answered by 5 members. The Sec'y, Mrs. J. Robinson, read the minutes of the previous meeting which were adopted. Treasurer reported a bal. of \$23.75. Correspondence read and discussed. Members were pleased to know the Miss A. Spencer was returning as our instructor for the Glove making course which will be held on March 6, 7 & 8. It was decided not to send a