

- 4. To encourage co-operation and community efforts.
- 5. To initiate nation-wide campaigns in accordance with the objectives of the Federation.

Work of the Institutes.

The war record of the Women's Institutes was outstanding. Members were represented on many war-time boards and commissions. They provided ambulances, mobile kitchens and canteens, Station wagons, and vast quantities of hospital and medical supplies, clothing and knitted goods. Thousands of dollars worth of vegetable seeds were sent as gifts to British Institutes and hundreds of tons of jam were made and sent overseas. Cash contributions to various war charities were substantial. In addition to their war work, during these years the Institutes maintained their regular program of study and action in the fields of health, education, social welfare, home-making, and citizenship.

Much of the work of the Women's Institutes has always been directed towards securing improved health services in rural areas. Among the projects being stressed this year are establishment of school clinics, measures for the control of tuberculosis, cancer and venereal disease, and immunization of children against infectious diseases. Many Institutes are sponsoring the Blue Cross Hospitalization Plan in their communities. The provision of school lunches is receiving wide-spread attention.

The provision of scholarships to enable rural girls to attend colleges of Household Science had been a regular feature of the work of several Provincial Institutes for some years.

In Ontario, the birthplace of the Women's Institute movement, members celebrated their 50th anniversary by creating an "Adelaide Headless Fund". Their objective is \$36,000, and the fund will provide scholarships to enable girls from Ontario farm homes to study Home Economics at the provincial Agricultural College.

A COPY OF THE FIRST REPORT OF THE FIRST WOMEN'S INSTITUTE

Report of the women's Institute of Saltfleet.

The Women's Institute was organized February 19th, 1897, Mrs. Headless being the promoter. The officers elected were as follows:

- Honorary President-----Mrs. John Headless.
- President.....Mrs. E.D.Smith
- 1st Vice-Pres.....Mrs. Nelson.
- 2nd Vice-Pres.....Mrs. J.Dean
- Secretary.....Miss M.Nash
- Treasurer.....Mrs. J.H. McNeilly

The object of this Institute is to promote that knowledge of household science which shall lead to improvement in household architecture, with special attention to home sanitation, to a better understanding of the economic and hygienic value of feeds and fuels, and to a more scientific care of children with a view of raising the general health of our people. For the better carrying out of the objects of this Institute, it shall be divided into six divisions, namely: 1. Domestic Economy; 2. Architecture, with special references to sanitation, light, heat, etc.; 3. Physiology, hygiene, medicine, calisthenics, etc.; 4. Floriculture, horticulture; 5. Music and Art; 6. Literature and Sociology, Education and Legislation. One director is appointed for each division to arrange for papers, essays, addresses, etc., for each division at each meeting. We have a paid membership of 76. There have been 6 meetings held, which have been found very interesting as well as beneficial. We have been favoured with an excellent address from Mrs. S.T.Rorer, of Philadelphia, the great scientific cook of America; a very interesting paper by Dr. Mabel Henderson, also a paper on the value of feeds by Miss Watson, a graduate of Mrs. Rorer's cooking school. Mrs. Headless has given some interesting talks, and the papers given on subjects in the different divisions by members of the Institute, also discussions on the same, have made the meetings a great success.

(Signed) Mrs. E.D.Smith,
President.

(Signed) M.E.Nash,
Secretary.