



—Free Press Woodstock Bureau  
 Provincial honor winners at the regular 4-H Achievement Day at Tavistock on Saturday were, left to right: Joan Innes, RR 3, Embro; Susan Hewitt, Harrington West and Mary Holden, RR 3, Lakeside.

*Dec. 2, 1967*

Mrs. Roy Sutherland and Miss Mary Holden are leaders of Centennial Chef 4-H Club with Laura Brandenburg, president, Nancy Holden vice-president, and Betty Mills secretary, Cheryl Gates and Lynda Gates, press reporters. The unit is "A world of food in Canada." The first two meetings were held at the home of Miss Mary Holden. The first lesson topic was Indian menu, the second meeting was French menu, the third meeting at the home of Laura Brandenburg was English menu. Centennial Chef 4-H Club girls are planning to complete this unit with a Centennial dinner with parents as their guests.

*September*

## LAKESIDE

### 4-H Club Met

The second meeting of Lakeside Lillibet 4-H Club opened with repeating the 4H pledge. The hostess Mrs. Clayton Kew entertained the members at her home. Betty Ann Langdon read the secretary's report, followed by roll call answered by eight members. Barbara Langdon demonstrated how to make a meat pie. Mrs. Clayton Kew, 4-H Club leader, discussed Food Guide for Health. Jane Kew demonstrated how to make sugar dumplings. The unit is "A World of Food in Canada." The lesson topic was "The Heritage from New France." French and English names were used in the menu.

*1967*

Mrs. Anna Sutherland and Miss Mary Holden, leaders of No. 2 Lakeside 4-H club were in charge of the Achievement Day exhibit in Tavistock Hall. The exhibit of the 8 members was "Come Dine in Holland." Laura Brandenburg, the commentator, wore wooden shoes and costume of the people of the Netherlands.

*Dec. 67*



Provincial honors winners at Woodstock 4-H Achievement Day were, left to right: Marie Johnson, Embro; Marilyn Lowes, Bonds and Barbara McCall, Embro.

## Woodstock 4-H awards presented

Free Press Woodstock Bureau  
 WOODSTOCK — 4-H Homemaking Clubs of Bonds, Drumbo, Innerkip West, Embro, Plattsville, Innerkip East and West Oxford had their achievement day program at Huron Park Secondary School, Woodstock, Saturday. Home economist Miss Mary B. Bothwell was in charge.

Receiving provincial honors were: Marilyn Lowes, Curries, Margaret McCall, Lakeside, Marie Johnson, Embro.

County honors went to Linda Dale, Curries, Karen Kitchen and Marianne Riach, Woodstock, Vickie Goodwin, Eileen Elmes, and Dianne Morrison, all of Drumbo; Marion Beggs and Lynda Ball, Embro, Carol McIntyre, Woodstock; Norma Brooks, Innerkip, Rosemary Schlaepfer, Woodstock, Joanne Smith and Nancy Strickler, Bright; Sharon Waldie, Plattsville.

## 4-H Homemaking clubs hold achievement day

Free Press Woodstock Bureau  
 4-H Homemaking Clubs of Braemar North, Braemar South, Brooksdale East, Brooksdale West, Brown's W.I. Harrington West, Hickson South, Hickson Centre, Lakeside 1, Lakeside 11 and Princess Elizabeth, Tavistock, held their achievement day program at the Tavistock Hall, Tavistock on Saturday. Home economist Miss Mary E. Bothwell was in charge.

Mrs. Gordon Knox, president of North Oxford W. I. presented the provincial and county honor certificates and pins.

Receiving provincial honors were: Joan Innes, RR 3, Embro,

Susan Hewitt, Harrington West, both of Harrington West Club and Mary Holden, RR 3, Lakeside, of the Lakeside 11 Club.

County honors went to: Donna Knudsen, RR 5, Embro, Barbara MacKay, RR 5, Embro, Elizabeth Walton, RR 5, Embro, Darlene Walters, RR 2, Embro, Jean Fraser, RR 1, Embo; Marlene Pielt, RR 1, Embro; Marlene Sharp, RR 3, Lakeside and Ruth Steinman of RR 1, Bright.

The theme "A World of Food in Canada" was displayed by several skits and demonstrations put on by the various clubs.