

Thurs.
Sept. 29/66

Editorial

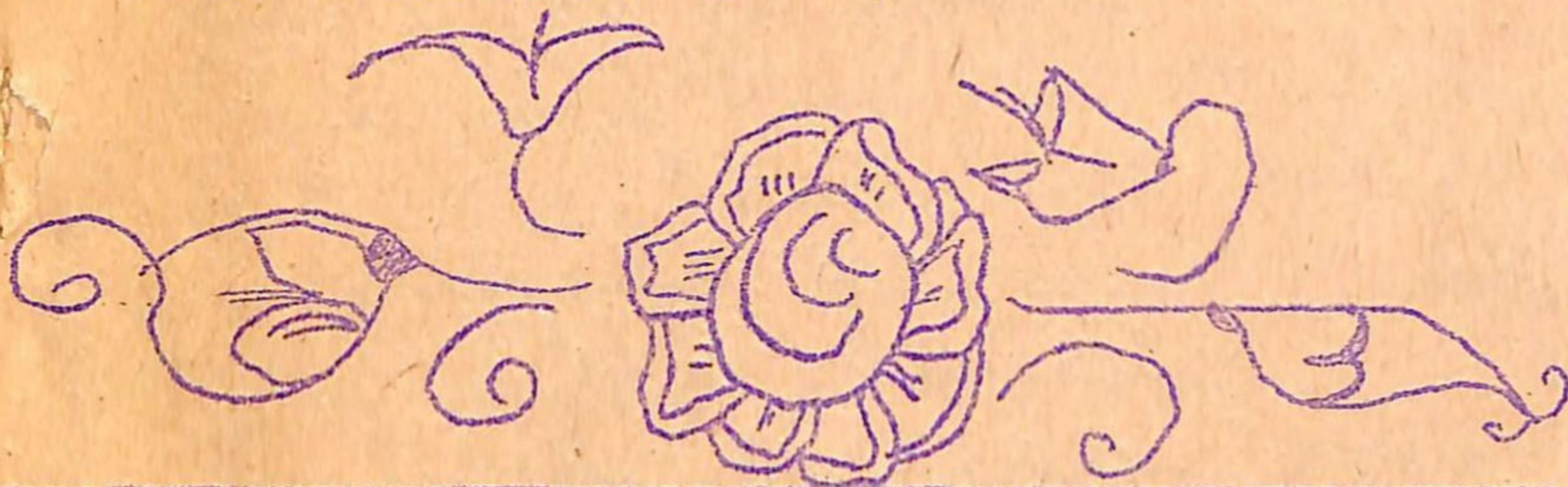
Editor - G. Helen Wollny
P. F. Manfred Wollny

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"Fear knocked on the door -
Courage answered - there was no one there"

There are, of course, many factors which work together to send folk into mental homes. Some are due to mental processes you and I cannot control. But I would say that if you want to become a mental patient FRET! That, I think, is the short cut to mental illness ... fretting, fretting continually; dwelling on a trouble; turning in on yourself.

And if you want to keep out of a mental home, be cheerful; keep busy doing things, thinking about others, looking out at the world instead of into your own sad heart.



Poetry Corner

If you can't be a pine on the top of the hill
Be a scrub in the valley - but be
The best little scrub by the side of the rill
Be a bush, if you can't be a tree.

If you can't be a highway, just be a trail
If you can't be the sun, be a star;
It isn't the size, that you win or fail --
Be the best of whatever you are.

Douglas Mallock

Set yourself earnestly to discover what you are made to do, and then give yourself passionately to the doing of it. This clear onward drive toward self-fulfillment is the length of a man's life.



Church News

CHRIST CHURCH (ANGLICAN) LAKESIDE

REGULAR SERVICES

9.45 a.m.

EVERYONE WELCOME

Sunday, October 2nd is World-Wide Communion Sunday. Lakeside 9.45 a.m. - Harrington 11.15 a.m. Let us come and enter into a renewed fellowship with our Lord and with fellow Christians around the world.

Lakeside United Church Bazaar

Thursday, October 6th

2.30 p.m.

Bake Table, Dry Goods,
Candy Table

Everyone Welcome

The 105th Anniversary Service of The East Nissouri Union Church was celebrated on Sunday, Sept. 25th at 7.45 p.m. The service included the Nissouri Recorder Ensemble and the Moddy Science colour film, "The City of The Bees". This film will be used at the Sermons from Science Pavilion at Expo '67.

Harrington Presbyterian Ladies invite the Broadview United Church Ladies to a meeting on September 28th at 8 p.m. in the Church. A Student from India, training in London, will speak.

Population of Lakeside - 86.