

helpful "dos" & don'ts, and vegetable plate salads, and supper dishes were demonstrated. It was moved by Mrs Palmer, seconded by Mrs Wolfe that a vote of thanks be extended to Mrs Edwards and Mrs Carter for bringing all the vegetables and making the demonstration such a success.

Mrs Carter presented Mrs Popham with a prize for having the most balanced diet for the day, in a little competition in which points were given.

Mrs Carter thanked the members for appointing her as local leader, having enjoyed the classes very much, also spoke of an achievement day, which would probably be held, and hoped all members would be able to donate some appetizing dishes.

After the singing of "God Save the King", homemade cookies and coffee were served by the Home Economics Committee, bringing the evening to a close.

"attest" Ellen Selley "Secretary"
President